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GENERAL ELECTION 2020

Election candidates express their views on pages 12 and 13

Huge investment at South Tipperary General Hospital

A €20 million investment in South Tipperary General Hospital is the biggest in the hospital since the historic 2007 amalgamation of medical and surgical services in

Clonmel.

The 40 new beds will bring the total bed complement to over 200 at the hospital.

It will create 109 new jobs consisting of nurses, doctors,

health and social care professionals, healthcare assistants, along with clerical and support staff.

"The new department will mark a significant improve-

ment for patients and will be a welcome addition to the in-patient services, enabling the hospital to accommodate patients in an environment that can cater to complex needs," says hospital manager Maria Barry.

When the handover of the unit is completed this Thursday, cleaning, stocking and equipment commissioning will commence. It will be able to accommodate patients within weeks.

"The equipment has been secured and is in storage and the staff are ready to go," says Ms Barry.

She says that recruitment for the new unit is now in its final stage. A good number of the new staff have already been on site since Christmas.

The new facility will provide 40 single ensuite rooms.

Twenty beds will open first on a Surgical 3 ward and some weeks later a further 20 beds will open on Medical 4.



Newcastle Figure Dancers Abbie O'Leary, Amy O'Dwyer, Emma Wyse, Orlaith Dalton, Clara English, Ellie McNamara, Sarah English and Niamh O'Farrell celebrating success at the Munster Scór na nÓg Finals

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'CLONMEL NO LONGER SEEN AS THE CAPITAL OF TIPPERARY'

The only way for motorists in neighbouring counties to find directions to Clonmel was by using sat nav or Eir-code addresses, it has been claimed.

Cllr. Siobhan Ambrose said that Clonmel, as the regional town in Tipperary, should have its name reinstated on the road signs on the M50 and in neighbouring counties.

Speaking at a meeting of

Clonmel Borough District, she said that the signs for Clonmel at the access points in other counties had been removed by Transport Infrastructure Ireland (TII) when road upgrade works were carried out in recent years. In the

past, when you left Waterford or Limerick the first road sign motorists would see was for Clonmel, but that was no longer the case.

Cllr. Ambrose said she had gone on a delegation to TII with the late council engineer

Peter Britton about this.

Some changes had been made but the job wasn't completed. Massive projects were planned for Clonmel and they were trying to increase tourism.

Cllr. Pat English agreed

that this was part of the downgrading of the town and it had continued over the last number of years. Clonmel was no longer seen as the capital of Tipperary in the eyes of many people.

'Are you satisfied by what is happening in your parish?'

The Bishop of Waterford and Lismore Most Rev Alphonsus Cullinan has asked where the church is going as it starts a new decade.

In a pastoral letter, he calls for prayer for marriages and for vocations to the priesthood or religious life.

Bishop Cullinan says in the coming weeks and months he will be visiting pastoral councils around the diocese, which covers Waterford and parts of South Tipperary, to outline details on his plan for the future. He points out that his plan includes the appointment of a youth ministry officer and a faith development officer.

"Are you satisfied by what is happening in your parish? Are you happy that young people have so few to minister to them?" he asks.

"Are you happy with the way society is going? As a church where are we going? What, as it were, is the sign on the bus? What is the vision?"

"The vision I see is of a church where people have a real and living relationship with Jesus; are seeking holiness in their daily lives; are reaching out to their sisters and brothers; and using their gifts from the Holy Spirit to bring the mercy and healing

love of God to others.

That is the sign on the bus. It is a vision of a church which, starting from a relationship with Jesus, looks outward rather than inward.

"About 90% of our people are not coming to church regularly, so we must go out 'and seek the lost' (Lk.19:10). If we take a close look at the culture around us, we see the great need for God's grace and our cooperation with that grace.

"There is now a new culture which is trying to undo the truths of the entire Judeo-Christian system from the ground up by redefining the meaning of personhood, of marriage, of the family, classifying people on the basis of their sexual preference, raising individual rights over those of the unborn and denigrating the sacredness of human life to its natural end. We must wake up to what is happening and with the grace of God change the culture from within.

"If you and I want a culture which is healthy, where family life is helped and supported, where people have hope and can live in freedom to love God and their neighbors as themselves, then we must play our part," he continues.

He says that in the Pastoral

Plan of June 2019, a way forward until 2024 has been mapped out with material gathered during the listening process throughout the diocese in 2017/18.

"There are specific things to do and targets to reach. Will you play your part? You too have a vocation - married life, the single life, the priesthood or religious life. Through your vocation, you have a part to play in building up God's Kingdom.

"God has put you where you are to do good. In the next weeks and months I will be visiting the parish pastoral councils to encourage as many as possible to implement our plan.

Part of that plan was to appoint a youth ministry officer and a faith development officer. Both of these appointments have been made but, as the successful candidates are both in employment and study until the summer, they will begin work in the Autumn," he says.

Bishop Cullinan says the Alpha Programme is proving popular across the diocese. The five NET ministers are

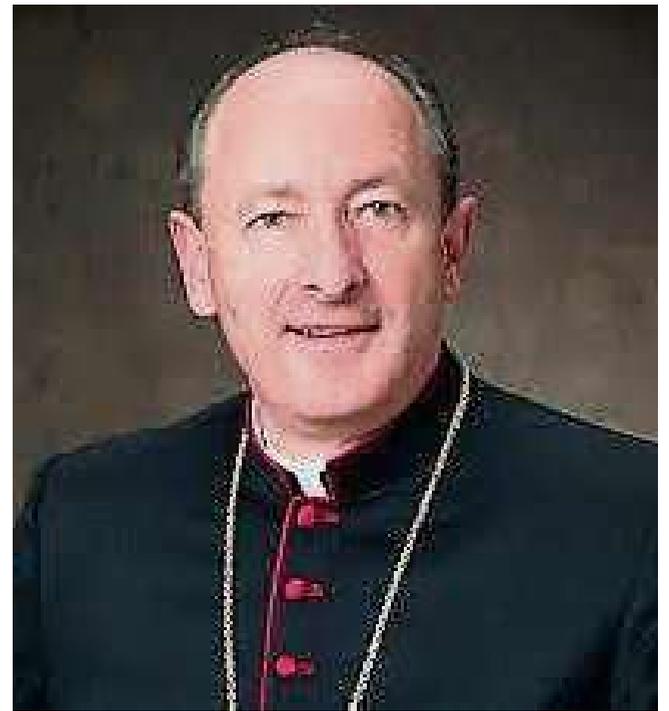
going around to schools and some parishes giving their faith testimonies, animating people's faith to strengthen their relationship with Jesus.

"In the past year we have welcomed two new religious orders to the diocese. The Holy Family Mission in Glencomeragh is flourishing. For growth to happen we need prayer.

"Pope Francis writes in *Evangelii Gaudium*: 'Without prolonged moments of adoration, of prayerful encounter with the word, of sincere conversation with the Lord, our work easily becomes meaningless. We lose energy as a result of weariness and difficulties, and our fervour dies out'.

"The church urgently needs the deep breath of prayer, and to my great joy groups devoted to prayer and intercession, the prayerful reading of God's word, and the perpetual adoration of the Eucharist are growing at every level of ecclesial life.

"Pope Francis is asking us to fall in love with Jesus Christ the Saviour and bring him to others. The Diocesan



Bishop Alphonsus Cullinan has issued a pastoral letter to the diocese

Eucharistic Adoration Committee is trying to encourage more hours of adoration in parishes across our diocese. Nothing good is possible without prayer. There are so

many good things going on across the diocese and so many more possible. You can keep up to speed with events through the monthly diocesan e-newsletter," he says.

€118 million broadband investment announced for County Tipperary

€118 million is to be invested in County Tipperary as part of the roll-out of the national broadband plan, reaching 9,000 premises in the county.

The major broadband hubs will be in Clonmel, Tipperary Town and Roscrea.

Once the national broadband plan roll-out begins in the coming months, a total of nine broadband connection points in remote areas of the

county will be prioritised for high speed fibre broadband. The locations within the county are Killurney, Moyglass, Rossmore, Drom, Aghlish, Curreeny, Killea, Kileen and Killoscully.

At the monthly meeting of Tipperary County Council on Monday in Clonmel, director of services said representatives of the national broadband plan would make a full presentation on its roll-out at an upcoming council meeting.

John Butler laid to rest in his hometown of Carrick-on-Suir

The tragic death of a 48-year-old man at his home in Portlaw last Saturday has caused deep shock and sadness in his hometown of Carrick-on-Suir.

The late John Butler, a native of Treacy Park, was laid to rest at St Mary's Cemetery in Carrick-on-Suir on Wednesday.

He was remembered by those who knew him as an unassuming, lovely person and a gentleman with a happy-go-lucky temperament.

Mr Butler had lived in Portlaw for a number of years, where he worked at the Dr Martin Day Care Centre.

However, he still regularly visited Carrick-on-Suir, where many members of his family live.

He died at Waterford University Hospital shortly before 4am on Saturday.

His 21 year-old son, Stephen, is due to appear before Carrick-on-Suir District Court on Thursday, January 16, charged with assault causing harm.

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'Over the moon' couples celebrate their New Year's Day babies

Dylan White and David Hurley

dylan.white@iconicnews.ie

There were joyous scenes at South Tipperary General Hospital as two babies entered the world in the early hours of New Year's Day.

Cahir's Paddy Barrett and Tina O'Meara welcomed Michael Joseph, who weighed 3.4kg, at 00.54am. The couple are "over the moon", with Michael Joseph enjoying life at home.

Baby girl Remi, born to parents Calvin and Chia Leong, later arrived at 3.30am on New Year's Day. She weighed 3.3kg.

The second baby born at

Limerick's University Maternity Hospital on New Year's Day was to a mother who runs a bar and guesthouse in County Tipperary with her partner MJ Buckley.

Ashley Barron, whose first baby was born at 4.33am, is delighted with her new arrival and say it's the best start possible to the new decade. Ashley and MJ operate The Junction Gastro Bar and Guesthouse at Limerick Junction.

The couple have named their newborn Amelia Rose Buckley.

Ashley, 33, arrived at the hospital on the previous Sunday to be induced but reveals their daughter, who weighed 2.8kg, decided to wait until New Year's Day to make an appearance.



A proud Ashley Barron, who runs The Junction Gastro Bar and Guesthouse at Limerick Junction, with her new newborn daughter Amelia Rose Buckley. They are pictured with University Maternity Hospital, Limerick, staff members Geraldine Monahan, Rachel Rigney and Rebecca Hannan after the birth at 4.33am on New Year's Day



Calvin and Chia with Remi at South Tipperary General Hospital



Paddy Barrett and Tina O'Meara with baby Michael Joseph at South Tipperary General Hospital

Call to increase opening hours at Killenaule Library

A renewed appeal has been made to the county's libraries chief to increase the opening hours of Killenaule's public library, which currently opens only one day a week.

Ballingarry councillor and Fianna Fail general election candidate Cllr Imelda Goldsboro issued the appeal to County Librarian Damien Dullaghan at Carrick-on-Suir Municipal District's latest monthly meeting.

Killenaule Library based at the Slieveardagh Heritage Centre on Killenaule's River Street formerly opened three days a week.

However for the past few years it is only open to the public on Wednesdays for six hours.

The Library covers a large catchment area including Fethard, Drangan, Mullinahone, Cloneen, Ballingarry and Gortnahoe.

Cllr Goldsboro said she had a big gripe with the low number of opening hours for Killenaule Library.

She visited the library the day before the Carrick MD meeting and there was a "full house" of library users there. It was the same the previous week.

"It's one of the busiest libraries around and I would ask you please to consider upping its opening hours," she said.

Mr Dullaghan responded that everyone would like more opening hours for libraries but significant resources were involved in manning a library branch.

But he added: "I hear what you are saying. I will do my best on it and see what we can do."

"Opening hours are an issue in every district."

Cllr Goldsboro pointed out that they shouted loud in Tipperary town for more library services and she was now doing it for Killenaule.

People sleeping under Main Guard 'a poor reflection' on Clonmel

The sight of people sleeping under the arches of the Main Guard "night after night" was "a poor reflection" of the premier building in the main street of Clonmel, it was stated at a meeting of Clonmel Borough District.

Cllr. Niall Dennehy, who made that claim, asked why were people sleeping rough in that area of what was the premier town in the premier county

He made it clear that he wasn't casting aspersions on the work of council staff to help the homeless.

Cllr. Richie Molloy said the sight of people sleeping overnight at the Main Guard was "bringing the town centre into disrepute".

People had been sleeping there for the last year and the numbers had increased in the last month or so.

The area was sometimes used as a toilet and this wasn't the place for that behaviour.

He said you couldn't have an historic building like that used in this way.

"Are these people genuine? If so the state agencies should assist them, and if not something else should be done," said Cllr. Molloy.

The public was looking to the council to see what it was doing in this regard.

Cllr. Pat English said that homelessness was an ongoing problem and he requested the District Manager to have a look at it again.

Some homeless people

were very vulnerable and when they visited the council offices were asked to leave because they hadn't the paper work in order.

Cllr. English said he knew some people who were living for the past six weeks in a car, while others were living in the former Eircom building (which is now empty) in Clonmel.

He said the council should have a serious look at the way homeless people who visited the front desk at the council offices were treated.

Cllr. Siobhan Ambrose said it was regrettable to see people, such as those at the Main Guard, living in such circumstances.

However, she said that council staff went above and beyond the call of duty to help people who she knew were homeless.

District Manager Sinead Carr said the vast majority of people who presented as homeless were helped.

The council had a very robust homeless structure in place that provided supports

for those in need.

The council provided whatever assistance it could in terms of basic human needs.

She said she could sit down with Cllr. Dennehy and go through the issues connected with those sleeping under the arches of the Main Guard.

The council had three clinics a week in Clonmel for those who presented as homeless, and also assisted people who had difficulty dealing with paperwork.

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Helen tops the class while battling breast cancer and dealing with redundancy

By DYLAN WHITE
e-mail: dylan.white
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A County Tipperary woman made redundant while battling breast cancer ended 2019 top of her class at Griffith College, Dublin.

Cashel's Helen Shanahan, who was the manager of Cahir's The Craft Granary before its closure last June, was left "totally shocked" with her breast cancer diagnosis in April 2018.

"There was no lump or anything. I just went for a BreastCheck screening in Clonmel. Before I knew it, I was on my way to Cork for an ultrasound and biopsy on the same day. It happened so fast that I was oblivious to it all," Helen tells South Tipp Today.

Helen initially graduated from the University of Limerick with a bachelor degree in electronic engineering in 1989, going on to work in the sector with Hewlett-Packard in Edinburgh and California for 14 years.

Returning to her Tipperary roots in 2003, she sought a new challenge. "I didn't want to go straight back into engineering when I returned home. I was building a

house locally at the time and wanted to find employment nearby," she says.

Helen secured the manager's role at The Craft Granary in November 2003, which she held for the next 16 years. Despite being diagnosed with breast cancer, she continued working until her surgery, running a community employment scheme with 12 employees along with managing the retail outlet and art gallery.

Physically unable to work but desperate to keep her mind occupied, Helen enrolled on a Springboard-funded blended learning Postgraduate Diploma in Pharmaceutical Business and Technology in September 2018. The Level 9 course consisted of two weekly online lectures and two Saturdays a month at Griffith College, Dublin.

"I was always interested in pharmacy. After developing breast cancer, I became very interested in the medications used to reduce the risk of getting breast cancer and the medical side of things," she says.

Ironically, Helen now believes breast cancer was the "best thing" to ever happen to her. "Breast cancer made get



Cashel's Helen Shanahan finished top of her class at Griffith College

off the treadmill that I was on and realise that I don't need to have a full salary for a while and that I can survive off illness benefit. If I hadn't been off work with breast cancer and doing the course, I would have been like 'what am I going to do now?' when The Craft Granary ran out of money and had to close," she

explains.

A year on from getting diagnosed with breast cancer, doctors discovered a lump and sent Helen for another ultrasound and biopsy. "Thankfully it was negative, but I got an infection which lasted about six weeks and I was on very heavy antibiotics. It was worse than the surgery

I previously underwent, and I was trying to deal with the final exams at the time," she says.

Not only did Helen's resilience help to overcome this latest juncture on the road to recovery, but she also received the President's Prize for Best Academic Achievement in her class. "It was just unbelievable. There were pharmacists, doctors, chemical engineers and people who have worked in the pharmaceutical industry for 20 years on the course so I had to work extra hard. I remember having to Google all the scientific terms that the lecturer was on about in the first class, not having a clue of even the basics," a proud Helen laughs.

"The course was a huge distraction. I didn't have time to think about cancer because of all the assignments. Anyone going through cancer should consider doing some sort of course," she advises.

Helen is grateful for the support lecturers, classmates, professionals working in the pharmaceutical industry, doctors, neighbours, friends, family, those battling cancer that she met along the way and many others have

shown her on the road to beating breast cancer.

"I cannot say enough good things about the BreastCheck system. Once I was diagnosed, it was only a matter of a few weeks before surgery. I then went for radiotherapy down in UPMC Whitfield in Waterford every day for five weeks. The South East Radiotherapy Trust run a bus for everyone getting radiotherapy and it picked me up in New Inn, which was a huge help. It was great craic on the bus and it was so supportive heading down to the hospital with people in the same boat," she says.

A candid Helen, who is currently seeking work in the pharmaceutical sector locally or alternatively considering starting a PhD, adds: "Going through this journey, I realised who my real friends were and those who were superficial. It was a huge learning experience, and there were some people who were really disappointing to me and who I thought would rally round. On the flip side, there were people like my neighbours who were simply amazing. It really showed who was on my side when shit hit the fan."

Michael Murphy 'absolutely committed' to EU role as head of Irish delegation of CoR

Cllr. Michael Murphy is to continue serving in his role as head of the Irish delegation to the EU Committee of the Regions (CoR).

Cllr. Murphy was informed by Housing Minister Eoghan Murphy that he had been nominated as a full member of the committee for its next

five-year term, which begins on January 26.

On behalf of the government, Minister Murphy thanked him for his contribution over the past few years and for "the valuable public service you performed in that regard during the current CoR term".

Clonmel-based Cllr. Murphy, Cathaoirleach of Tipperary County Council, said he

was delighted and honoured to be reappointed.

"I'm looking forward to the opportunities and challenge ahead and being the voice of Irish regions at the EU table. Be assured that I will be giving the role the absolute commitment it deserves".

At a recent meeting of Clonmel Borough District, Cllr. Murphy said that Brexit posed a

huge threat to the economic landscape of Tipperary, with so many SMEs (small medium enterprises) in the area.

Really choppy waters lay ahead because Brexit is far from being sorted, he stated.

Ireland has nine full members and nine alternate members on the committee.

Right: Michael Murphy making his points in Europe



Proposal to display 17th century gold coin hoard replicas in Carrick

Tipperary County Council is to investigate a proposal to get replicas made of the Carrick-on-Suir hoard of gold coins so they can be exhibited in the town where they were discovered seven years ago.

The 81 coins dating from the 17th century are currently on display at the Tipperary Museum of Hidden History in Clonmel but for security reasons it's not possible to

showcase them in Carrick-on-Suir where they were found by building workers carrying out renovations on Cooney's Pub on Main Street in January, 2013.

Cllr Kieran Bourke proposed at the monthly meeting of Carrick-on-Suir Municipal District councillors that replicas of the coins be commissioned and exhibited at Carrick-on-Suir Town Hall or Ormond Castle.

He made the proposal to County Librarian Damien

Dallaghan of Tipperary Co. Council's Culture, Library & Emergency Services Directorate, who was attending the meeting to update councillors on developments in the county museum and other cultural services under the directorate's remit.

The National Museum has loaned the Carrick-on-Suir coin hoard to Tipperary Hidden History Museum for a period of five years. They are one of the museum's key exhibits since it re-opened in

October following a €500,000 revamp that included improved security standards for valuable artefacts.

Cllr Bourke said it was wonderful to have the coins back in Co. Tipperary and he realised a lot of security was required in moving them out of the county museum and bringing them to Carrick-on-Suir to showcase them to local people in the town they were discovered.

In view of this, he wondered could the Irish

mint produce replicas of the coins for putting on show in the town they were discovered.

The Carrick-on-Suir councillor asked if there was also a possibility Tipperary Hidden History Museum could become the permanent home for the Carrick-on-Suir coin hoard.

He pointed out that while they were in the National Museum they weren't on public display.

Mr Dallaghan said Cllr

Bourke's replicas proposal was "excellent" and he promised to put it to the curator of the Tipperary Hidden History Museum.

He also said it was their goal to make the Tipperary Hidden History Museum the permanent home for the Carrick-on-Suir coin hoard. "It's our aspiration to keep them permanently. I would say we have a good chance and we will see in five years."

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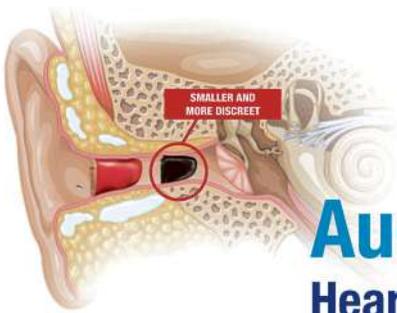
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'Amazing investment' of €2 million set to transform Tipperary community

A Tipperary community has got a €2 million windfall for vital parish developments.

Boherlahan Dualla Community Development Group has been allocated the funding from the Immigrant Investor Programme (IIP) for a variety of community development projects across the parish.

The programme is administered by the Department of Justice to facilitate inward investment into Ireland by people wishing to obtain residency in Ireland.

The investment approved is phased over the next two to three years, with an initial €400,000 approved for the first quarter of 2020.

The selected projects cover the entire parish, including the redesign and refurbishment of Boherlahan community centre, the modernisation and expansion of Dualla Community Centre, the development of a community all weather sports facility in Boherlahan, and the



Steering committee members Mary O'Donnell, Oliver Ryan, Sean Trainor, Mary Newman Julian, Fergus O'Dwyer, Liam Burke, Peter Gleeson and Joan Kennedy at Boherlahan Community Centre

enhancement of leisure facilities at Dualla community field.

Work is due to begin on these projects in the next couple of months with a tar-

geted completion date in mid-2022.

A steering committee of Oliver Ryan, Liam Burke, Fergus O'Dwyer, Peter Gleeson, Sean Trainor, Mary

O'Donnell, James Ryan and Joan Kennedy co-ordinated the development of a business plan to secure funding for the identified projects.

Parish council chair Sean

Trainor said an investment of €2 million into any community is very significant, but for a rural community in Tipperary with a population of 2,000 people, this investment can and will deliver amazing benefits and have a truly meaningful impact on people's lives.

Dualla community association chair Joan Kennedy said the collaboration between the local community and elected representatives worked very well and produced excellent results for the community.

Boherlahan Dualla Community Development Group received support at an early stage from councillors Michael Fitzgerald and Louise McLoughlin, and these were very supportive and provided invaluable assistance in arranging meetings with Tipperary County Council in the preparation phase of the application.

Approaching Tipperary Fine Gael general candidate Mary Newman Julian for as-

sistance and guidance at an early stage in 2018 was hugely beneficial and crucial to the overall success of the application. Her contacts with people familiar with the operation of the IIP process helped progress the project and her assistance in arranging meetings with relevant Government officials helped greatly in arriving at a successful outcome.

"This is an amazing investment of €2 million secured by Boherlahan Dualla Community Development Group and it has been an absolute privilege to work with such a fantastic team, who have such a clear vision and purpose of how to make their community a better place for all to live and work in," Mary Newman Julian says.

"The determination and drive of the steering group in bringing this project to a successful outcome is a great example of community spirit in action and is to be highly commended."

Blow for Tipperary Town in latest litter survey

Tipperary Town has failed to retain its Clean status in the final litter survey of 2019 by business group Irish Business Against Litter (IBAL).

It is 'moderately littered' in 29th position in the ranking of 40 towns and cities, the same spot it occupied in last summer's survey.

The survey showed overall litter levels in Ireland's towns were up on a year ago.

The An Taisce report stated: "With six top ranking sites, you would expect Tipperary Town to retain its Clean status but the presence of a litter blackspot and a seriously littered site brought down the overall ranking.

"By far the most heavily littered site was the fine old building with Bank Place signage (lock on the gate) - the basement had been used as a

dumping ground.

"The Bring Centre at Tesco (Limerick Road) was not quite so bad, but non-recyclable items had been discarded around the recycle units.

"The Field with IDA signage has had a big clean up since the previous survey, but now fencing was discarded within - a potential hazard for horses grazing in the field.

"Top ranking sites in-

cluded the approach roads, Tipperary Town Shopping Centre and the Main Street, despite the latter having a very high number of vacant/closed down properties, many of which presented very poorly."

Kilkenny topped the IBAL litter rankings for a record fourth time, having last won in 2014. It finished ahead of Killarney and Swords at the

top of the table.

In all, 21 of the 27 towns inspected were deemed clean, down on previous years. Galway edged out Waterford to claim cleanest city as it enters its year as European City of Culture.

The past decade has brought a 13% reduction in litter levels in our city centres, while litter in towns has remained constant over

the same period. Sweet wrappers, chewing gum and cigarette butts remain the most common forms of litter on our streets.

From next year, an EU directive will force tobacco manufacturers to cover the cost of cigarette butt collection and processing in an effort to drastically reduce the numbers of cigarettes disposed of in the environment.

'We are just being careful and doing things slowly'

A Fianna Fail councillor vented his frustration at Carrick-on-Suir Municipal District's latest monthly meeting over the continued delay in re-installing the bust of Éamon de Valera and wall plaques listing the past urban district and town council

chairpersons at Carrick-on-Suir Town Hall.

Carrick-on-Suir Cllr Kieran Bourke was informed at the November meeting of the District's councillors that the de Valera monument and wall plaques would be erected at the recently renov-

ated Town Hall by the end of the year.

But at the Municipal District's December meeting Cllr Bourke was angry that the monument and wall plaques were still not restored to the Town Hall.

He complained that it was

agreed in February that wall plaques and the de Valera monument were to be re-installed and now nearly a year on it hadn't happened.

District Administrator Martin Nolan responded that the de Valera monument was being renovated at a monu-

mental sculptor and he promised to follow up on it. He said the council was obtaining new wall plaques in keeping with the character of the new look Town Hall.

"We are just being careful about it. We are doing things slowly," he explained.

Cllr Bourke pointed out that the Town Hall was extended and renovated within 13 months and this small job was taking nearly a s long as that.

"We should be making a better effort to get these put back," he complained.

Councillors concerned that new road surface 'bumpy and uneven'

Concerns have been raised about the condition of the road surface on the bypass road in Clonmel, after re-surfacing work had taken place.

Cllr. Siobhan Ambrose told a meeting of Clonmel Borough District she took it for granted that the

final surface dressing hadn't been laid because the surface was bumpy and uneven.

She asked if the council could contact Transport Infrastructure Ireland (TII) about this.

Cllr. Michael Murphy asked if the

council was concerned about the road and if there were any plans to carry out clinical tests.

He agreed that the surface on the stretch from the Cashel Road roundabout to the Cahir Road roundabout was bumpy.

Mayor Garret Ahearn also said that questions had been raised about the road surface, and he asked if any assessment would take place.

District Engineer Eoin Powell said the final surface had been laid. The road would be assessed

under the terms and conditions of the contract but the council had no plans to carry out any tests.

District Manager Sinead Carr said that the concerns of the members would be brought to the attention of TII.

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WILD ABOUT SOUTH TIPP

Spring in the hills

Wildlife Matters

Albert Nolan

albert.nolan@rocketmail.com
Tel 089 423 0502

I was visiting my mum and while they headed into town to do some shopping I slipped away for a badly needed walk.

I took the entrance by Clanwilliam Rugby Club and paused to peek into a garden. The owners always keep a fabulous garden, which includes plenty of space for nature.

There was a long bird feeder full of nyjer seeds hanging between the very early flowering roses. This had attracted a charm of colourful and hungry goldfinches. They love these seeds and bring a memory of the still distant summer on their beautiful wings.

Next door the gardens were one of the longest in town. A mature hedgerow divides the gardens and house sparrows roost here during the winter nights.

The yellow flowers of wild cabbage brighten up a still bare garden. These flowers usually appear on recently disturbed ground. Their leaves are edible and give off a strong cabbage smell when crushed.

Jackdaws and rooks are carefully landing on the windowsill. I couldn't see what they were eating but it was probably the remains of lunch. They kept on arriving until everything was gone.

Feeding birds brings nature right into the heart of home and thankfully lots of people get great enjoyment from this simple but life-saving act.

Later I met a woman out walking with her dog. He was



Blackbirds keep a socially acceptable distance from each other, but this tolerance decreases with each passing day

a healthy looking 15-year-old and was also a rescued dog. They walk in the hills every morning and the big birds are waiting for them by the entrance for their breakfast. The clever smaller birds roost in the ivy, bramble and honeysuckle, and get plenty of seeds and nuts.

Unseen acts of kindness and caring towards nature takes place throughout our communities each day.

A pair of collared doves were gently cooing on the roof of a house. These only arrived in Ireland within the last generation and are now widespread in urban areas. In a tree, I counted 20 house sparrows. This was one of the largest flocks that I have recorded in a long time.

Some wildflowers have bloomed through the winter. Ox eyed daisy, ragwort and yarrow are normally summer plants but both have bright fresh flowers.

On the pitch, I counted ten rooks, one hooded crow and one male blackbird. I also saw several redwings. These are winter migrants who leave

their frozen homes in Scandinavia when natural food runs short and wait until spring to return home to breed.

I heard a great tit calling as he moved through the garden trees. These are restless spirits and are continuously on the move in their search for food. A magpie flew noisily across the path. They are always on the lookout for an easy meal.

Several blackbirds were out feeding on the extensive greens and along the base of the bordering hedgerows. They keep a socially acceptable distance from each other, but this tolerance decreases with each passing day. Shyer dunnocks stay within the safety of the hedge and I heard their squeaky calls.

The local residents group put up bird feeders each winter and this is a lifeline for many birds. There is also a well-positioned seat nearby where you can sit and enjoy nature and also have a good chat as the world rushes by.

I sat for a minute enjoying the antics of a hooded crow as he tried to get at the seed. But it was too cold to linger even though the entertainment was really good.

Wood pigeons were flying into the ivy growing along the hedgerow. They were eating the last of the black ivy berries and they will spread ivy far and wide.

The pretty dark blue flowers of common field speedwell brook up the endless grass. This wildflower sprawls over the landscape. Feeling refreshed, I collected the kids. And I now can't wait to get out again and discover more wildlife.

Comments/questions to albert.nolan@rocketmail.com or 089-4230502. Albert is also available to give walks/talks to schools, tidy towns, youth and community groups.

LEGAL ADVICE

Lynch ³⁰
solicitorsNew Year - New You!
Considering legal resolutions for 2020

John M Lynch

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With a New Year inevitably comes new plans and resolutions. It's interesting to see that the first working Monday of the Year is traditionally known as "Divorce Day".

While it might sound like hokum, we actually do see a spike in divorce enquiries made in the first working week of the year.

Our own website www.lynchsolicitors.ie has seen a sharp increase in enquiries.

A New Year for some couples means a rethinking of their future.

What are some of the legal New Year's resolutions we should consider?

MARRIAGE OR SEPARATION?

There are several reasons to explain why there is a surge in Divorce enquiries in early January - people may just want to have one last Christmas and New Year's Eve before saying goodbye or the stress of the holiday period may have exacerbated any conflicts in the relationship.

Whatever the reason, if you made the decision to part ways there are some things to consider.

The Family Law Act 2019.

This law amends the law on Divorce, and commenced in late 2019.

The Act reduces the minimum living-apart period specified in the Family Law Divorce Act 1996 to two

years.

A Court will allow this two years period for couples who continue to live under the one roof, be have lived separate and apart - i.e. if they do not live together as a couple in an intimate and committed relationship.

GETTING MARRIED IN 2020? THOUGHT ABOUT A PRE NUP?

Pre nuptial agreements are increasing steadily in Ireland since their introduction in 1965.

We have seen a growth in the number of pre nuptial agreements being sought by farming and other asset rich business families. It is no surprise that over 70% of farmers support calls to make prenups formally recognised legally in Ireland.

It is important to remember that courts are not bound to give pre nuptial agreements full effect. If the Court considers that the agreement does not make adequate provision for a spouse or dependant the Court may vary the agreement.

However, if a Pre-Nuptial agreement is fair, there is every chance that it will be honoured by the parties and it will be considered favourably by the Court.

TAKING A MEDICAL NEGLIGENCE CASE?

The New Year can also see an increase in people enquiring about Medical negligence cases.

What's important to remember if you are to succeed in a claim, is that you must show both negligence and causation.

In other words, you have to show that there is a duty of care, that there has been a breach of that duty and that such breach caused your situation that gave rise to your injuries.

VAGINAL MESH SCANDAL - THE BIG CASE TO HIT 2020?

It is now emerging that thousands of people in Ireland and worldwide have suffered traumatic complications as a result of vaginal mesh surgery.

A number of women recently won their class-action lawsuit in Australia against Ethicon, a subsidiary of

Johnson & Johnson. This was one of Australia's largest ever product liability class actions.

The Australian Federal Court found that Ethicon (a subsidiary of Johnson & Johnson) had been negligent and had engaged in misleading conduct and hid the risks associated with the implants from patients.

WHAT ARE VAGINAL MESH IMPLANTS?

Vaginal Mesh implants are non-absorbable implants, made of synthetic netting that are implanted in a surgical procedure to treat a number of conditions, most commonly pelvic organ prolapse and stress urinary incontinence.

WHAT ARE THE POSSIBLE COMPLICATIONS?

The Australian Federal Court listed the adverse events of the implants:

Infection

Erosion of the mesh into the vaginal canal resulting in infection which may be difficult to treat and cause offensive vaginal discharge and pain

Erosion of the mesh into surrounding organs such as the bladder, urethra or rectum which may cause pain and damage those organs

Damage to nerves in the scar tissue surrounding the implant or elsewhere;

Chronic pain, which may be severe

Painful sexual intercourse, which may be severe and may become chronic or inability to have sexual intercourse

Leg weakness

Recurrent incontinence

Difficulty voiding and

Vaginal discharge.

We published an article on this in recent weeks but if you would like more information or would like to enquire about taking a case, you can go to our website or call our office on 052 6124344

For further advice or if you wish to discuss any other legal area please contact reception@lynchsolicitors.ie or telephone 052-6124344.

The material contained in this blog is provided for general information purposes only and does not amount to legal or other professional advice. While every care has been taken in the preparation of the information, we advise you to seek specific advice from us about any legal decision or course of action.

Maxi Zoo supporting Irish wildlife

Maxi Zoo is kicking off the New Year celebrating the brand's 30th birthday, marking the occasion by giving back to Irish wildlife.

Ireland's largest pet retailer has announced its Heart for Wild Birds campaign, which will see the retailer donate 10% of sales from its MultiFit Sunflower Seed Hearts to Wildlife Rehabilitation Ireland (WRI) for the full month of January.

WRI promote wildlife rehabilitation and help to improve wildlife welfare and conservation in Ireland.



"Wild birds are in decline in Ireland, so it's imperative that we help where we

can. A simple way to do this is by feeding them. When the temperatures drop to below freezing and hard ground hampers the search for food, many animal lovers can help out native birds by providing them with extra food rations throughout the winter to help sustain the wild bird population," says Maxi Zoo marketing manager Anthony Cremin.

"It was a natural fit to partner with WRI, as animal lovers we commend them on their commitment supporting rehabilitators who work in this field and we are delighted to donate a percentage of our sales to help vulnerable wildlife."

DID YOU KNOW THAT 27 PEOPLE DIE OF HEART ATTACK IN IRELAND EVERY DAY?

Heartfelt Cardio Screening is coming to your area soon, with the revolutionary BPro pulse wave analysis device, providing affordable and accurate heart and artery screenings. The BPro device is a completely mobile test kit, comprising a wrist sensor and a laptop. It can be brought to any location, including your workplace or organisation which makes it ideal for sports clubs, health centres etc.

Screenings are carried out by a Healthstats certified technician and a full printout of the results are given on the day. The procedure is non-invasive and completely pain-free. The information provided by our BPro screenings can help doctors decide whether more invasive investigations are required thereby saving patients further unnecessary trauma. Our BPro heart screening is a major advance in science for monitoring the cardiovascular health of people without the need for invasive and traumatic procedures.

The BPro and A-Pulse Casp was developed by Healthstats in Singapore and can calculate a person's Central Aortic Systolic Pressure (CASP) (blood pressure closest to the heart) accurately and non-invasively. The A-Pulse has been validated in clinical trials to have an accuracy of 99.17%, as compared to the angiogram. The BPro Cardio Pulse-Wave screening measures the aortic pressure as well as the flexibility of your arteries.

BPro Technology has been validated by the Association of Advancement of Medical Instrumentation (AAMI) and the European Society of Hypertension as well as the National Heart Centre of Singapore. It is FDA (Food & Drug Administration) certified, CE (Conformité Européene) approved and also approved by the British Hypertension Society.

The cost of an individual BPro test is €50 per adult with a 10% discount (€90) for a couple. There is also a 20% discount for groups of 12 or more people e.g. Sports Clubs, Credit Unions, Business Screening etc.

Heartfelt Cardio Screening will bring the BPro to the following venues during the next few weeks:

Thursday 16th January - Radisson Blu Hotel, Ennis Road, Limerick

Thursday 23rd January - Rivercourt Hotel, Kilkenny City

Thursday 30th January - Clonmel Park Hotel, Clonmel, Co Tipperary

Thursday 6th February - Park Hotel, Dungarvan, Co Waterford

Wednesday 12th February - Radisson Blu Hotel, Ennis Road, Limerick

Thursday 20th February - Rivercourt Hotel, Kilkenny City

Thursday 27th February - Clonmel Park Hotel, Clonmel, Co Tipperary

For further information or to make an appointment, please contact:

Anna on 0864135555 or Jimmy on 0862566422 | Email: heartfeltcardioscreening@gmail.com

Website: www.bproheartfeltcardioscreening.com



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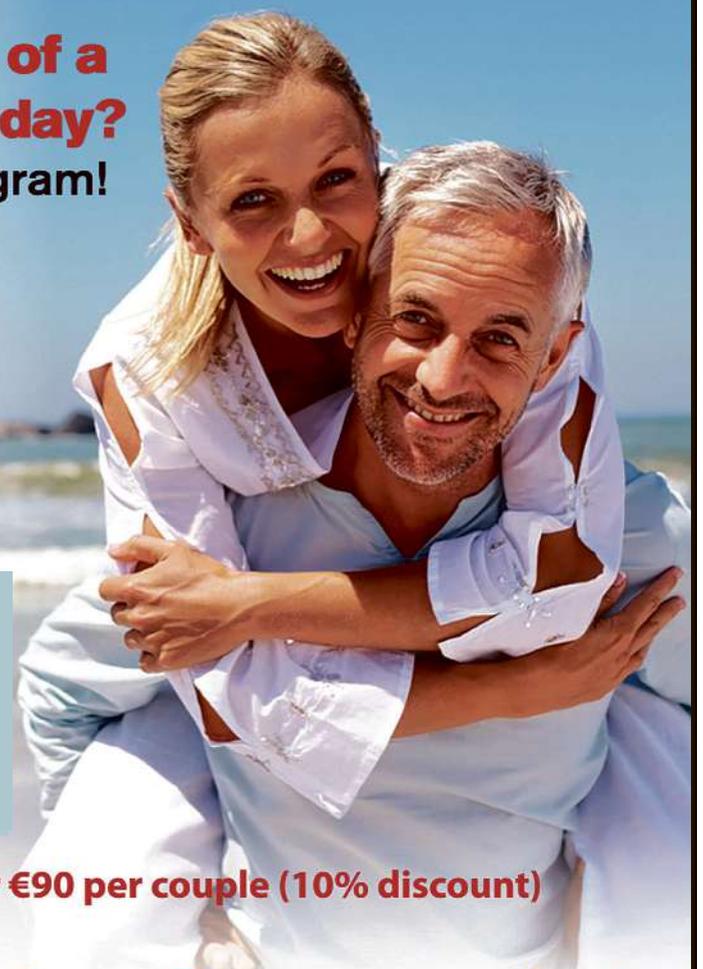
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ELECTION 2020

General election 2020 has been confirmed for Saturday February 8. Meet the candidates seeking election

Garret Ahearn Fine Gael

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: I am seeking your number 1 vote so that I can represent you in Dáil Éireann and ensure that Tipperary's needs in jobs, education, health, housing, agriculture, and environment are a priority for the next government.

Q: What should be the key local priorities for the Tipperary constituency in the next Dail?

A: We need someone positive who is willing to enter government to deliver real results and secure investment for Tipperary in areas like infrastructure, jobs and supporting town centres.

Q: Why should people vote for you?

A: As a councillor, I have proven that I can deliver real results for my constituents including €8.2m for Clonmel Sports Hub and the Kickham Barracks Redevelopment, €2.6m for the Fethard Town Park, Jigsaw Mental Health service centres to be located in Clonmel, Thurles & Nenagh, investments in rural schools and sports clubs, and the setting up of a task force for Tipperary Town. By voting to elect me as a Tipperary Fine Gael TD, you will be voting for a fresh and strong voice with a proven track record and ability to deliver results that make a



positive difference for the people of Tipperary

Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: Give people all the incentives they need like well paid jobs, excellent health care and a wide range of amenities so that if people want to they can choose to live, work and raise their family in Tipperary.

Q: Who will top the poll in the Tipperary constituency?

A: Very hard to say because every election is different.... But as a total guess I'll go with my Mattie!

Jackie Cahill Fianna Fáil

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: The Government has failed to address the key issues affecting the country including health, housing and the development of rural Ireland. The election will be fought in my view on the record of this Government. Their abject failure in addressing the crisis in the health service. Tipperary patients on trolleys at Clonmel, Waterford and Limerick Hospitals while Our Lady's in Cashel and Nenagh Hospital remain under utilised. People are cynical at this stage that the modular unit at STGH, which has been announced on half a dozen occasions over the past two years, will ever see full capacity. There has been a

complete failure to deliver on mental health services for Tipperary also. I have been advocating acute mental health beds for Tipperary as a bare minimum to address the problem. Housing will also be a key issue in the election. This Government sees the solution to housing as a problem for market forces to resolve and this is a serious mistake. I believe the state needs to lead, in conjunction with Local Authorities, a house building programme that will deliver social housing and also affordable housing. Young families on a reasonable level of income must be able to buy a home and families with lower levels of income must



be given access to affordable and appropriate rental accommodation.

Q: Why should people vote for you?

A: I am asking the people of Tipperary to vote

for me because if elected I will continue to represent the people in an honest way and do my best to help to solve the issues that are affecting our county.

Q: Who will top the poll in the Tipperary constituency?

A: I think I will leave it up to the people of Tipperary to decide whom they believe should top the poll on this occasion.

Imelda Goldsboro Fianna Fáil

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: Housing and lack of affordable housing, homelessness, health issues - including trolley numbers and the length of time people are left waiting for appointments, lack of services for elderly and those with mental health issues, rising insurance costs, loneliness and rural isolation.

Q: What should be the key local priorities for the Tipperary constituency in the next Dail?

A: More garda resources in all areas of the county. A drugs taskforce to deal with the drug epidemic in all towns and villages, more capacity at STGH, more services and ASD units for our schools. More

community initiatives to combat loneliness and rural and urban isolation.

Q: Why should people vote for you?

A: I am a dedicated, committed and on the ground full time public representative working with individuals and groups in the area, thereby recognising the real needs of the people. I have a proven track record of delivery. I also have an understanding of difficulties and challenges people face on a daily basis. Tipperary needs a new voice, new choice and someone with new ideas and I am that person.

Q: If you had the power to make one big thing



happen, locally or nationally, what would it be?

A: Correct wrap around supports to be provided for our elderly population, which includes home care supports, timely access to fair deal scheme, more access to and more respite facilities for those with disabilities, providing readily available services to those with mental health issues. Independent living facilities in all our villages and communities.

Q: Who will top the poll in the Tipperary constituency?

A: Imelda Goldsboro. I am a new voice, a new choice and I have lots of new ideas for our county and country.

Martin Browne Sinn Féin

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: The main issues will be our health service, the housing crisis and the restoration of mental health services in county.

Q: What should be the key local priorities for the Tipperary constituency in the next Dail?

A: One of the key priorities is the continued overcrowding in South Tipperary General; on a daily basis it is in the top two or three hospitals for this problem and the fear is that a serious accident is only waiting to happen. While this continues we see the A&E in Nenagh closed and also Our Lady's Hospital in Cashel in darkness come five in the evening. There

has been enough lip service with this problem, it is now time for all five TDs who will get elected to work together. In west/mid Tipperary the continued traffic problems in Tipperary Town needs to be tackled once and for all. The N24 Tipperary town bypass must be put back high on the agenda of any government that's elected. This road also is a major issue in Carrick-on-Suir. There needs to be a bigger drive to help our small towns and rural villages, these are dying in front of us. Another priority would have to be the establishment of a drug's task force.

Q: Why should people vote for you?

A: If the public put their trust in me they can be assured of



a hard working representative who will work night and day to improve their living conditions. Tipperary deserves to have a TD who will continue to take on the vested interests of those who have heaped untold hardship on to low paid and middle income families.

Q: If you had the power to make one big thing happen, what would it be?

A: It would be to make those who caused the crash in this country be held responsible, and to be part of delivering a 32 county Republic.

Q: Who will top the poll?

A: Sinn Fein's Martin Browne, why not, let's change things together

Sandra Farrell Fianna Fáil

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: Health, housing, mental health, the elderly, the environment, rural crime, broadband, farming, and jobs.

Q: What should be the key local priorities for the Tipperary constituency in the next Dail?

A: My campaign slogan is A Better Way for Tipperary - which means better public services in health, housing, mental health, and how we care for the elderly. Restoring 24-hour emergency services at Nenagh Hospital is a priority. After nine years of Fine Gael government, we have record homelessness and record rents.

Q: Why should people vote

for you?

A: As the only female candidate in North Tipperary, as a businesswoman, nurse, and community activist for 20 years, I offer solutions not soundbites. On health, for example, we have 540 consultant vacancies because Fine Gael cut new consultant's pay by 30% in 2012. We have pensioners waiting 48 hours on trolleys because one third of our EDs don't have enough emergency department consultants. I would restore this pay, and lift the recruitment ban.

Q: If you had the power to make one big thing happen, locally or nationally, what would it

be?

A: Introduce my ME Time policy in schools. We have PE - physical education - now we need ME - a mental education programme to help students cope with the stresses of social



media and reality tv, both of which assail our children with false notions of perfection, exacerbate bullying and lead to low self-esteem and an increased prevalence of suicide and eating disorders. As someone who overcame an eating disorder in my teens, I am passionate about this mental health policy.

Q: Who will top the poll in the Tipperary constituency?

A: Fianna Fáil.

Joe Hannigan Independent

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A Health, climate change, agriculture, housing and the division between rural Ireland and the greater Dublin area. The common theme between all these issues is the concern people have about their future and the future of their children. That is why it is so important that I'm elected because I care about the people of Tipperary, I understand their concerns and I will fight on their behalf to address these issues.

Q: What should be the key local priorities for the Tipperary constituency in the next Dail?

A: Solve the A&E crisis, ensure the creation of quality

employment opportunities in the population centres of the county and ensure that the agricultural sector prospers in an environmentally and economically sustainable fashion.

Q: Why should people vote for you?

A: I have served my apprenticeship as a councillor, I have been chairman and a member of numerous sporting and community organisations all over Tipperary and have consistently headed the poll at local elections. I am in constant touch with all sections of our electorate and have a distinguished track record in resolving their issues. I have the passion, energy and drive to make



things happen.

Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: Absolutely no doubt, to solve the A&E crisis: Imagine never again hearing the phrase "waiting on trolleys" in news reports. A radical new approach is required, as clearly, we have failed dismally up to now. **Q: Who will top the poll in the Tipp constituency?** A: Who tops the poll is irrelevant. The most important thing for me is that I get elected so that I can represent the people of Tipperary and make a real difference. It's time for change.

ELECTION 2020

Seamus Healy Independent

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: Health and housing remain at a never-before-seen crisis point presided over by the current government. Other issues of great concern are, the scourge of drugs in our communities, sub-standard water supply in Clonmel, the need for action on climate change and the restoration of local democracy.

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: Open the 40-bed unit in South Tipperary General (overdue by 2 years); re-open Our Lady's in Cashel; re-open 30 closed beds at St. Johns; re-open Nenagh & St Johns

Emergency Departments; build promised 50 bed unit at South Tipperary General.

Mental health - the immediate re-opening of St. Michaels. The JIGSAW services announced with great fanfare for Tipperary youths must actually be delivered on. A new crisis house, the full-resourcing of CAMHS and disability services are also extremely important.

Q: Why should people vote for you?

A: I challenge the government's wilful neglect of Co. Tipperary and I demand a fair, equitable society with equal access to services and opportunities. I stand up for the vulnerable, disadvantaged and working people.



Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: I would declare the housing and homelessness crisis to be a national emergency and pass my Housing Emergency Measures in the Public Interest Bill of 2018 into law. By doing so it would give the state emergency powers to freeze repossessions, introduce rent controls and build social and affordable housing.

Q: Who will top the poll in the Tipperary constituency?

A: That is for the people to decide.

Michael Lowry Independent

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: The main issues coming up on the doorsteps will consist of the health, housing, job creation, insurance, environmental and climate change.

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: Local priorities should consist of continued investment in our hospital and healthcare services, funding for development of social and affordable housing units, increased garda resources, ensure the future viability of the farming community and

improved supports for the elderly.

Q: Why should people vote for you?

A: As an elected representative, I can stand over my track record of service and delivery. Over the years I have successfully promoted many significant projects in the areas of health, education, transportation, communications, employment, agriculture, community development projects, the arts and sporting facilities. The people of Tipperary need a strong influential voice and a representative with



experience who will continue to ensure essential services, investment and funding are a priority for Tipperary.

Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: At a national level I would strongly like to resolve the current issues with hospital and the healthcare services.

Q: Who will top the poll in the Tipperary constituency?

A: That will be the choice of the people of Tipperary.

Mary Newman Julian Fine Gael

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: The provision of healthcare. Almost 2,000 beds were removed from the health system from 2005 to 2012 and Fine Gael are steadily increasing the number, with an additional 600 beds now in place and more coming online such as the soon to be opened 40 bed modular unit in Clonmel.

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: Provision of acute mental health beds; roll out of rural broadband; continued investment in rural development; continued support for businesses,

farmers and families to help mitigate against climate change in terms of switching to renewable energy and microgeneration; Tipperary and Thurles ring road; increased allocation of funding for rural roads.

Q: Why should people vote for you?

A: I believe we need better public representatives. We need solution driven politicians, representatives who are willing to work with everyone to get a job done, at both local and national level. As mother of four young children, working full time (as a vet) for 20 years, I am aware of the challenges that



many families in Tipperary and rural Ireland face. I see the opportunities that are there, and I want to deliver those solutions to improve the quality of life for everyone in our communities.

Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: Full and speedy implementation of Sláintecare, the 10-year plan for delivery of healthcare in Ireland.

Q: Who will top the poll in the Tipperary constituency?

A: Fine Gael.

Alan Kelly Labour Party

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: The main issues are health, housing, education, public services, job creation, infrastructural issues, rural living and farming. Health and housing are among the largest issues at a Tipperary level. The fact that the two hospitals servicing Tipperary have the worst overcrowding shows how discriminated we are when it comes to acute hospital services. The lack of mental health services; the long waiting lists for community services: the lack of early intervention for children with autism; the need for more nursing home beds are all issues that have to be addressed in our county. In relation to jobs we need to make more progress,

particularly in towns that haven't benefited such as Carrick on Suir and Tipperary. We need to push on the plans for the N24.

There is a need for more investment in nursing homes, mental health facilities, schools, primary care centres, waste and water facilities, childcare facilities, transport services, garda facilities, broadband etc. As a country we need to deal with rural regeneration and protecting farming families.

Q: Why should people vote for you?

A: I have a track record of delivering for Tipperary and nationally. I have consistently delivered whether in government or in opposition



in the areas of jobs, health, education, tourism and public infrastructure.

Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: At a national level I would implement Slaintecare. Investment in community services would help to treat people more quickly and alleviate the overcrowding in our acute hospitals.

Q: Who will top the poll in the Tipperary constituency?

A: The candidate who gets the most votes! And the best of luck to all candidates.

Mattie McGrath Independent

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: Health (hospitals, home help hours, carers, mental disability) and housing related issues will be the priorities. Also, agriculture, roads/infrastructure, crime, climate change, supports for SME's, schools and the fall-out of Brexit.

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: Addressing the chronic dysfunction within the wider physical and mental health services. Bringing about rapid growth in social and affordable housing.

Increasing garda numbers/visibility. Ensuring we have a properly functioning Local Authority that adequately responds to concerns and promotes county wide growth, infrastructure and economic development.

Q: Why should people vote for you?

A: My track record in getting the work done. My total commitment to delivering on my constituents concerns and my clear, strong independent voice and work ethic locally and in Dáil Eireann.

Q: If you had the power to make one big thing

happen, locally or nationally, what would it be?

A: I would make government at national and Local Authority level remember that its job is to serve the people; to raise their quality of life and increase their

opportunity for health and prosperity.

Q: Who will top the poll in the Tipperary constituency?

A: It would be arrogant and presumptuous to pre-judge what the people in their wisdom will do on polling day. The people are sovereign. They will make that call, not me or anyone else.



Rob O'Donnell Green Party

Q: What do you think will be the main issues coming up on the doorsteps in Tipperary now that the election campaign is under way?

A: We see report after report about how well the economy is doing, but that isn't being felt by most people. We need a total re-think to our approach to governing, and that means putting people's quality of lives first over economic growth.

Q: What should be the key local priorities for the Tipperary constituency in the next Dáil?

A: Policies that allow us to create prosperous communities for future generations. This means making lives easier for people, and attracting more people to live and stay in our county. A

real healthcare service, proper funding for early-years education and childcare, and initiatives to revive towns and villages. Initiatives to tackle climate change can also bring a lot of positives to Tipperary, if we do it right.

Q: Why should people vote for you?

A: I'm not a politician, and I truly do care about helping people and making a difference. I'm results focused, and want to work with people to make Tipperary a better place. I believe Tipperary has too many Independent TDs, who are extremely limited in their power of making a real difference in the Dáil.



Q: If you had the power to make one big thing happen, locally or nationally, what would it be?

A: Decriminalization of drugs and treating drug usage and addiction as a health issue. The current policy or "war on drugs" is failing. Young people are dying at festivals, homeless people overdosing on our streets. The current approach is totally inhumane, and it's costing lives.

Q: Who will top the poll in the Tipperary constituency?

A: Michael Lowry seems to have been able to create an "us vs them" mentality with his supporters and it seems to work again and again for him...

Clonmel Park Hotel 'standing out' and 'making an impact'

The team at Clonmel Park Hotel are celebrating after receiving the Accredited Service Excellence Business Award.

Clonmel Park Hotel is now part of an elite and small group of hotels in Ireland to receive this award by Fáilte Ireland.

"Ireland and the Irish hospitality sector is currently experiencing very strong competition internationally, so we need to look at ways of standing out, making

ourselves different and making an impact on tourists' experience while visiting Clonmel and the wider Tipperary region," says Clonmel Park Hotel sales and marketing manager Laura Jones, who is also a director at the Chamber of Commerce.

"The Accredited Service Excellence programme saw all the front-line staff and the management team trained by Fáilte Ireland, with a focus on encouraging tourism business by maximising their potential in customer

engagement and satisfaction.

The more tourism businesses that can participate in the Accredited Service Excellence programme going forward, then the better it will be for the hospitality industry in general," Laura adds.

Fáilte Ireland believes that by providing excellence in customer care, it can have major benefits for both visitors, staff and businesses. Benefits include business growth, repeat business, positive recommendations and visitor spend.



The Clonmel Park Hotel team celebrating receiving the Accredited Service Excellence Business Award



Beat Breakfast's Vincent Bradley and Ken Doherty with Sports Star winner Amee-Leigh Murphy Crowe

Amee-Leigh Murphy Crowe's rugby exploits recognised with South East Sports Star Award

A Tipperary woman was crowned the overall winner of the Beat South East Sports Star Awards recently at The Set Theatre in Langton House Hotel, Kilkenny.

May monthly nominee Amee-Leigh Murphy Crowe beat stiff competition to claim the overall award in what was a celebration of South East sporting success.

The 24-year-old was named Irish Women's 7s Player of the Year for the third time in 2019, after becoming this year's World Series leading try scorer – touching down an incredible 35 times.

"It's such an honour to win the award ahead of so many amazing nominees. It's a fantastic end to a phenomenal year. I've worked so hard with the Irish team who I must thank tonight as they've got me to where I am to today. I can't wait to bring the

trophy back to Tipp," said Crowe.

Former world snooker champion Ken Doherty joined Beat Breakfast's Vincent Bradley on stage as the special guest at the event.

The list of nominees, all voted for by the public in monthly online polls on beat102103.com, showcased the diverse array of sports that continue to thrive across Wexford, Carlow, Kilkenny, Waterford and South Tipperary.

Joseph Guthrie's life transformed by hair transplant

A County Tipperary man has opened about his hair loss "misery" and how going under the knife changed his life for the better.

Clonmel's Joseph Guthrie, of Get Your Locks Off, underwent a hair transplant at the Ailesbury Hair Clinic, Dublin.

He was suffering from androgenic alopecia, commonly referred to as male pattern baldness.

"Back in October 2016, I met a consultant at the clinic because it was affecting my mental health and happiness," Joseph tells South Tipp Today.

"I had receded on both sides of my temples and it was getting harder and harder to

hide."

Joseph was advised to start taking non medical DHT blocks to strengthen hair growth, booking hair transplant surgery for March 2017.

Recalling the life-changing surgery, he says: "I was met by the head surgeon and her team. As I had some breakfast, the surgeon explained the procedure again. It was lovely to chat with everyone and it was reassuring that I was in the hands of an Irish-based award-winning medical team.

"I was brought down to surgery at 8.20am. It was all very relaxing. The anaesthetist gave me a pinch like the dentist but once I was numb I felt nothing. I was

continuously asked if I was ok. While the medical team prepared for implantation to the temples, the nurse sat with me while I was having my brunch.

"Before I left, the surgeon sat down with me and explained the aftercare routine, giving me their personal mobile number if I needed to contact them. This was the deal breaker. I knew that I could call someone directly if I needed to.

"I was brought back down again to surgery for plantation, got a local anaesthetic and away we went. I couldn't believe it was coming towards the end of it and how it wasn't a big deal. I was out of surgery by 1pm. This was even with a 40-minute break.

"I can't describe how I felt after having it done, only joy and that I should have done this a long time ago. Why did I leave myself in such misery? I wouldn't go swimming in case my hair got wet and showed lightness.

"I have to say when I returned to work two days later, I didn't make any bones about having a hair transplant. Quite frankly, I told people I had one, including clients who were doctors. They were amazed at the procedure and still to this day they even say how great it was. I saw results after four months and at 10 months I had a high density reconstructed hairline," he says.

Joseph says the Ailesbury Hair Clinic was the "perfect



Joseph Guthrie of Clonmel's Get Your Locks Off underwent a hair transplant at the Ailesbury Hair Clinic, Dublin

fit" for his needs. The experience inspired him to qualify as a consultant trichologist, specialising in hair loss issues.

"I didn't want a formal, im-

personal treatment. I wanted a professional procedure but with a kind and caring approach, and that I was given at the Ailesbury Hair Clinic," he adds.



Five ways to get fit and stay healthy this year!

Clonmel Park Hotel can help you!

We spoke with the Clonmel Park Hotels Leisure Centre Manager – Anthony Hewitt at the award-winning Leisure Centre in the Clonmel Park Hotel on his advice with starting your fitness regime in the New Year.

Below Anthony gives us 5 simple steps on how to help you lose weight & tone up!

1. BAN FAST FOOD

Fast food may be convenient, but it's overloaded with empty, fatty calories. One meal can contain all of the calories you're supposed to consume in an entire day! Ban fast food!! This is one of the most important, effective ways to lose weight. SIMPLE!

2. COUNT 'EM UP

Calories work very simple. In order to lose weight, you must consume less calories than the calories you burn. For example, if you eat something that is 500 calories then you must do a workout that exceeds 500 calories to lose any weight. Yes, you all knew this already – so do it! No procrastinators here!

3. TAKE THE STAIRS

Many of you reading this will encounter a stairs or two during your working day. Do yourself a huge favour and take it! Maybe even count how long it took to climb those stairs and try to beat it

the next day. Dodging this obstacle is a big mistake. Give it a week's trial and tell me you don't feel better?

4. KICK UP THE CARDIO

If you already have a good cardio workout, kick it up a notch to make it an even more effective way to lose weight! Add a little more resistance on the elliptical, set a higher ramp on the treadmill, take a Zumba class in addition to your Pilates class.

5. ADD WEIGHTS

Add weights, to your training! Almost any cardio workout, can be kicked up by adding hand or ankle weights (or both). No Fail, No Gain! –

ignore repetitions every so often and just do as many as you can until you 'fail'. Give it a go. Warning! Side Effects: You may feel better. You may get more toned! You may lose more weight! #no-brainer!

If you follow my five easy steps you'll definitely be on your way to a leaner toned body and healthier lifestyle.

For more information on kick starting your new fitness regime or popping in for a free trial please call Anthony or any of the team on 052-6188733, email leisure-centre@clonmelparkhotel or check us out on line www.clonmelparkhotel.com

Kick-start 2020 with this great offer at Kilcoran Lodge Hotel

Kilcoran Lodge Leisure Centre, Cahir, Co. Tipperary

New Year New YouRight? Sign up today! We have the right option for you to get your year off to a flying start

2020 Offer of Adult 1 month + 2 Personal Gym sessions €70, Adult 3 months + 6 Personal Gym sessions for €180. Students/OAP 1 month + 2 Personal Gym sessions for €60 and 3 months + 6 Personal Gym sessions for €160. We have an Aqua Aerobic

class on Tuesday mornings at 10.30am and on Tuesday and Thursday evenings at 7.30pm.

We do Adult and Children swimming lessons. Our classes are full at the moment but we have a waiting list in place. We have a 10m pool, newly refurbished gym, sauna, steamroom and jacuzzi.

Speak to Josephine and the team at Kilcoran Lodge Leisure Centre today on 052 7443950.

Kilcoran Lodge
Leisure Centre

**New Year,
New You!
Sign Up Today!
We Have The Right
Option For You**



2020 Offer

Adult 1 month + 2 Personal Gym sessions €70
Adult 3 months + 6 Personal Gym sessions for €180
Students/OAP 1 month + 2 Personal Gym sessions for €60
Student 3 months + 6 Personal Gym sessions for €160

We have an Aqua Aerobic class on Tuesday mornings at 10.30am and on Tuesday and Thursday evenings at 7.30pm
Also Adult and Children Swimming Lessons (subject to wait list)

Opening Times: Monday-Friday 7am - 9.30pm | (Adults only from 8.30pm - 9.30pm) | Saturday & Sunday 9am - 7pm | Bank Holidays 9am - 7.30pm

PLEASE CONTACT US AT 052 7443950

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Reduce cravings and inflammation

Improve hormone functions and energy levels

And most importantly the Keto diet gives you control over your eating habits that will last for life.

If we replace high glycaemic (GI) foods with healthy fats we can put our bodies into ketosis, where fat, and not carbohydrates are your primary fuel.

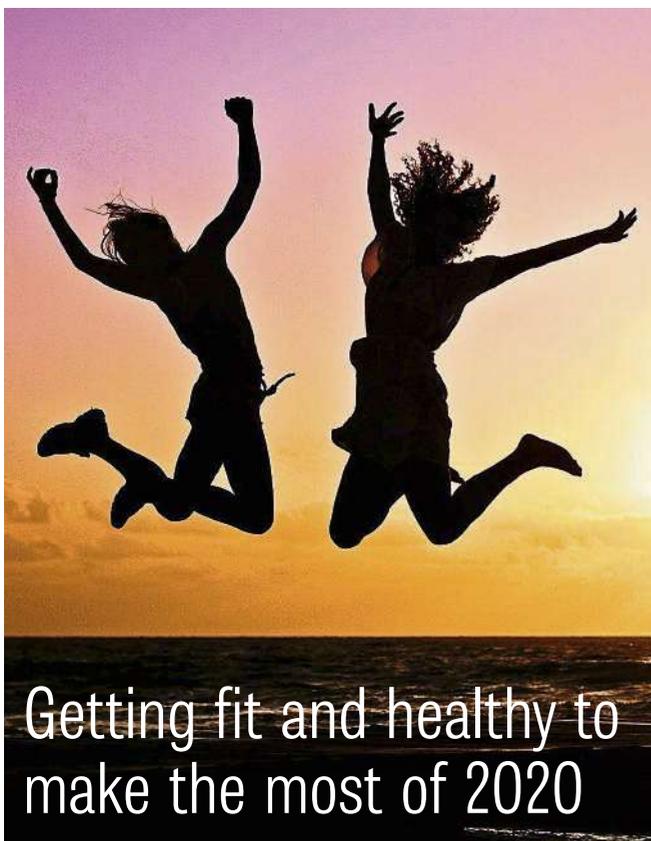
At Keylife Health you will get expert advice and guidance with a Nutritional Biochemist on all aspects of a healthy ketogenic diet. We use the latest technologies to provide you with your Body Fat %, Metabolic Age, Muscle Mass, and Visceral Fat levels amongst other readings so you can see at each session it is fat weight you are losing!

We now know that a bad diet causes many health issues, but we can also use diet to undo a lot of this damage. Take control today with the Keto diet. You will be amazed by what your body can do!

Call us in Mitchelstown to book a one to one private consultation. We can also cater for groups up to 3 people. 085-7430757 "We are happy to answer any questions you may have"



A Keto Diet can help us put our bodies into ketosis, where fat, and not carbohydrates are your primary fuel



Getting fit and healthy to make the most of 2020

Pilates, Toning and indoor cycle classes available at Kool School, Clonmel



Clonmel's Kool School offers a variety of healthy classes for everyone

Kool School, Clonmel

Kool School exercise classes offer you the chance to keep fit in a friendly, professional relaxed atmosphere. Instructor with over 15 years experience, choose from a variety of classes from indoor cycle, Pilates and Toning classes.

All classes are adaptable to all fitness levels so whether your trying it for the first time or just looking to get back in routine after a break then why not give them a try.

Classes are, pay as you go (except Pilates) which means you don't have to sign up for weeks or months on end but rather fit in to your own lifestyle. No screaming or gruelling sessions that push you to almost exhaustion you will be encouraged to work to your max but yet not over do it which can sometimes happen when starting a new fitness regime at this time of the year. This can often lead to you giving up or stopping exercise, which is not what we should be aiming for but instead, sustained regular bouts of activity that becomes part of our routine and everyday lives.

So if this sounds like what you're looking for get in touch.



Kool School

September 2020

Adult Fitness Timetable

MONDAY

6.30pm-7pm High Intensity Interval Training

7pm-7.45pm Step Aerobics

7.15pm-8pm Indoor Cycle

TUESDAY

6.30pm-7.15pm Indoor Cycle

WEDNESDAY

6.15pm-7pm Indoor Cycle

7.15pm-8pm Fitness Pilates

THURSDAY

6.15pm-7pm Super Strength & Tone

7pm-7.45pm Step Aerobics

7pm-8pm Indoor Cycle & Core

FRIDAY

6.15pm-7pm Indoor Cycle

Cost
€5
per class



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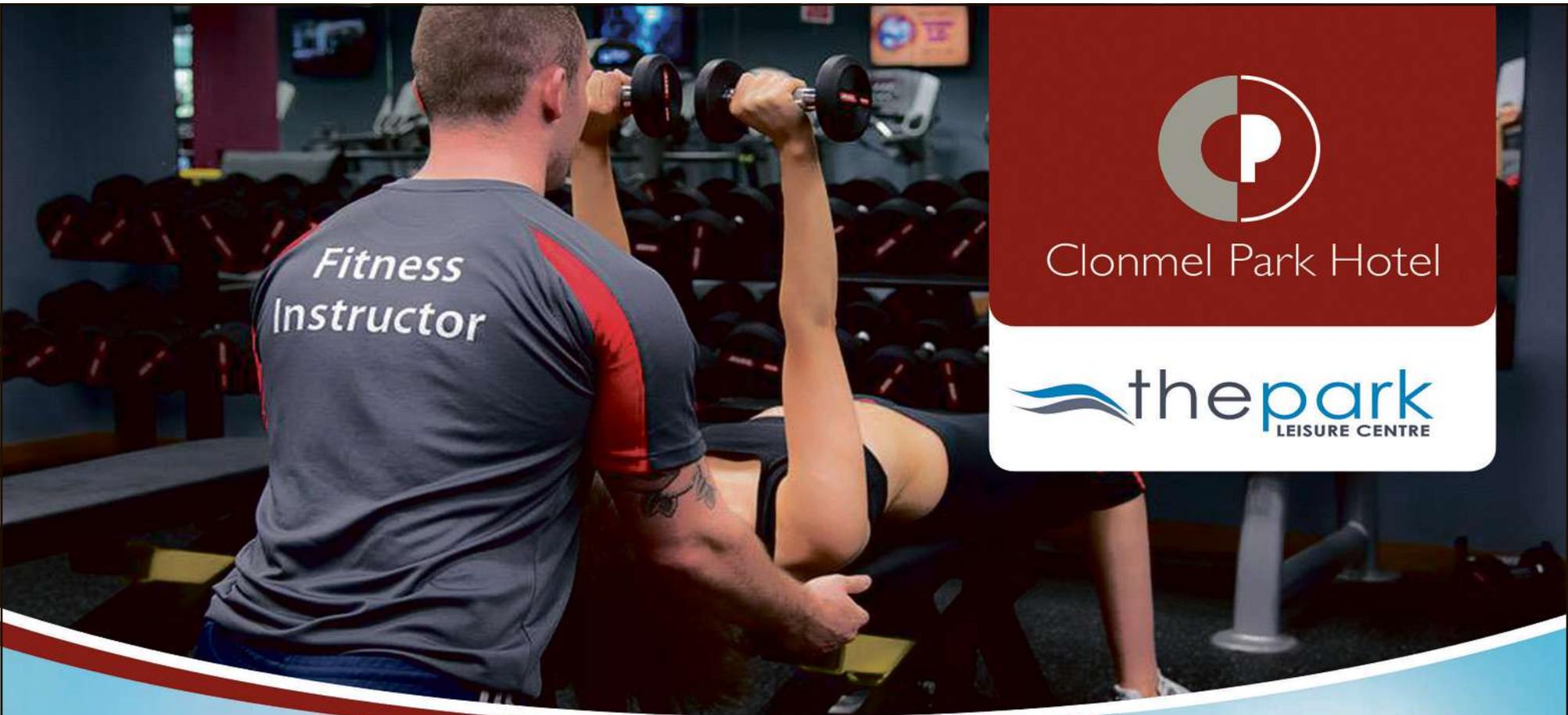
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Dancing star Rachel O'Shea dreams of moving to London for transition year

By **DYLAN WHITE**
e-mail: dylan.white@iconicnews.ie
Twitter: @TipperaryLive

A young Clonmel dancer is dreaming big for 2020.

World dance champion Rachel O'Shea is balancing her Junior Certificate studies at Gaelcholáiste Chéitinn, Clonmel, with striving for more glory on the dancefloor.

Rachel, who is the daughter Miranda and John, currently holds three world medals.

Her family, friends and dance teachers at On Your Toes feel the sky's the limit for the talented 14-year-old, who dreams of moving to London for transition year to pursue

her passion.

"I was never interested in hurling and football when I started school," Rachel tells South Tipp Today.

"Dancing was different, and I started dancing competitively when I was five-years-old and knew this was what I wanted to do. I trained hard over the years, and I got to travel Romania for the Dance World Cup in 2015, which is the biggest dance competition in the world. We had gone to the two previous competitions as spectators, and it became my dream to dance at the Dance World Cup. I invented a performance called 'Dream' and I won my first gold medal," the contemporary and lyrical dancer fondly recalls.

Rachel and her teammates at On Your Toes Dance Academy proudly represented Ireland at the 2017 Dance World Cup finals in Germany, taking a silver medal back to Clonmel after impressing with their 'Playground Bully' masterclass.

Rachel then completed a trio of world medals at the Dance World Cup finals in Braga, Portugal, last year when she won bronze.

Following a 2019 which also saw Rachel receiving a European industry award for best lyrical dancer, in addition to claiming a slow dancer of the year award at a freestyle competition in Mayo, she has recommenced a rigorous training programme with a dream move to London in

mind.

"You get knockbacks in dancing but you have to push through them. Dancing isn't recognised as a major sporting event, but dancers have to train constantly. I have had to put a lot of work into my physical fitness in the gym to be a dancer, which is something I don't think people realise. Circuits, core work and cardio fitness. Gillian Hewitt-Fitzgerald and Majella Forte at On Your Toes have been very, very supportive over the last 10 years and make sure I'm ready for every competition," she says.

"Moving to London would give me a taster before I go and commit to being a dancer full-time when I finish school," she adds.



Clonmel teenager Rachel O'Shea has a trio of world dancing medals



The organising committee at the launch of the charity concert at Clonmel Park Hotel

'Very popular' charity event at Park Hotel for three worthy causes

Clonmel Park Hotel will host a charity concert for three worthy causes next month.

The annual concert will take place on February 7, featuring the Pearly Whites, the Waheys and Supersoul Machine.

Funds raised will go towards C-Saw, South Tipperary Hospice and the sensory autism classroom at Clerihan National School.

The concert was established by local man Willie Bourke and a hard working committee who organise it every year. "It really is a big night out and is always a very popular event. The concert has raised €56,000 in the last seven years for seven different causes and

every penny goes to charity," says Willie.

Willie thanks Clonmel Park Hotel sales and marketing manager Laura Jones for hosting and supporting the concert. He also says the members of the three bands are brilliant to give up their time for charity. "They are all very much in demand, and to give up their time and talent for the concert every year to help out worthwhile causes is absolutely fantastic," he says.

"Every year we get a big crowd because it is a great night out and also because of how highly-regarded the causes being supported are held in the community," he adds.

Clonmel Credit Union provide over 8,000 loans every year

Did you know that Clonmel Credit Union is one of the largest in the country with more than 30,000 members?

"Clonmel CU differs from other financial services providers because we are owned by members, not by shareholders, and we deliver for our members every single day," a spokesperson says.

"Another difference is that everything we generate goes straight back into the

credit union to our members. A few weeks back, in December 2019, we returned €2.2 million to savers and borrowers. In fact, our borrowers received a full 30% rebate of all the interest they had paid on their loan in 2019. No one else does that, but Clonmel Credit Union does.

"We also approve up to 98% of loan applications weekly. Again, unique and all about members.

"Credit is what we are about and we deliver 160-plus loans each and every week, which is around 8,000 in a year. These loans enable our members to do all sorts of things, including educating their kids, improving their homes, planning their wedding, going on that special holiday or getting a new set of wheels.

"Are you a member yet? If not, we would love to have you join our tribe and avail of the benefits, those special things that make Clonmel CU different."

Visit www.clonmelcu.com/Member-ship.



WHAT'S ON

Have you got news for South Tipp Today?
Email dylan.white@iconicnews.ie

Meath band set for pilgrimage to Raheen House Hotel

Clonmel World Music presents a phenomenal seven-piece band from County Meath on January 25 at Raheen House Hotel.

Strongly influenced by bluegrass, old time country and folk music, and fused with traditional folk songs from this side of the Atlantic, Pilgrim St. will bring a warm and lively atmosphere to Clonmel.

Doors for the show will open at 8pm, and the show starts at 9pm. Tickets are available on www.clonmelworldmusic.com, in Marians Bookshop and from Gerry Lawless on 086-3389619.

Pilgrim St. will play at Raheen House Hotel, Clonmel, on Saturday, January 25



Former RIC officer to be honoured at Annacarty event

A former RIC officer will be honoured at a ceremony hosted by the Third Tipperary Brigade Old IRA Commemoration Committee in Annacarty at 11am on Friday.

A week after the controversy over the planned RIC and DMP ceremonies as part

of the decade of commemorations, the Tipperary group will honour a man whom they say died in the fight for Irish freedom.

Sergt Cornelius O'Sullivan, a Kerryman station at Annacarty RIC barracks during the War of Independence, passed on vital informa-

tion to the volunteers during the conflict.

"Cornelius was a true Republican who wore an RIC uniform. He was not the only freedom fighter to do so. He fought alongside, and to the same end, as his comrades in the Third Tipperary Brigade throughout the War of Inde-

pendence. He reported to the Brigade Intelligence Officer," says a committee spokesperson.

"Cornelius was a member of the RIC in name only and a member of the Third Tipperary Brigade in all but name. He put his life at risk for the Republic, and we will

gather to remember him and his role in the fight for Irish freedom and all the good men of the RIC who fought this secret war on behalf of the Republic."

It is believed he was killed by the Black and Tans or the RIC forces as a result of his efforts.

He was buried in an unknown location and his body was never found.

"We will remember an RIC man who played a role in the overthrow of British Imperial Rule in 26 of our 32 counties, a role which has hitherto been neglected."

Seth Mulder and Midnight Run will perform at The Coachman on January 22

Tennessee bluegrass band to rock The Coachman

Clonmel Folk Club's next concert will take place on January 22 at The Coachman featuring the very entertaining Seth Mulder and Midnight Run.

Doors open 7pm, with the concert starting at 8pm.

Midnight Run is a high-energy, Tennessee-based five-piece bluegrass band tied to the rich traditions of bluegrass music and offering a fresh approach to the High Lonesome sound.

Each member draws from different genres including bluegrass, country and rock n' roll.

Together they create a powerhouse of music that you do not want to miss.

Tickets are €15 from the club's website, The Coachman and Ger Ambrose Jewellers.



The Coachman,
Parnell St., Clonmel. | Tel: 052-6121299

Thursday 16th January Crazy Night in Aid of South Tipperary Hospice Music By: ONE WAY ROUND Jackpot: €310/€100/€50/€40
Friday 17th January THE LONERAGNS
Saturday 18th January SONIC
Sunday 19th January FOOTLOOSE
Wednesday 22nd January CLONMEL FOLK CLUB PRESENT SETH MULDER & MIDNIGHT RUN
Thursday 23rd January Crazy Night in Aid of South Tipperary Hospice Music By: BIG GUYS
Friday 24th January PAT HOLLAND
Saturday 25th January FIESTA
Sunday 26th January TERMINAL 2
Friday 14th February REBEL HEARTS

Win Tickets to MIKE DENVER and Guests at CLONMEL PARK HOTEL

Mike Denver

CONCERT TOUR 2020



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CLONMEL PARK HOTEL Thursday February 6th

8pm Tickets €30 at Hotel

Tel 052-6188700 And Ticketmaster.ie

Question:

Name one of the guests with Mike Denver at Clonmel Park Hotel?

Answer:

Name _____

Address _____

Phone _____

Replies to Mike Denver Competition, Clonmel Nationalist, Queen St. Clonmel.

South Tipp TODAY Trader

Contact:

Gemma Foran 052-6172537 | gemma.foran@nationalist.ie
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12 Nissan Note 1.5 Diesel Grey 5DR
12 Nissan Qashqai Diesel * CHOICE X 2
12 Toyota Avensis 2.0 Diesel Silver
11 Toyota Corolla 1.4 Diesel Saloon 4DR
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PLANNING NOTICES

TIPPERARY COUNTY COUNCIL
We wish to apply to the above authority for planning permission to erect an extension to the rear and side of our existing cottage, at Green Road, Rathduff, Thomastown, Golden, Co. Tipperary
Signed : Trevor & Laura Mc Inerney
The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during public opening hours.
A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within a period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL
I Aidan Kelly Agricultural Design & Planning Services (ADPS ,085 7466211, www.adps.ie) intend to apply to Tipperary County Council on behalf of my client Thomas Moloney. Permission to construct Loose shed and all associated site works at Kilballyboy, Clogheen, Cahir, Co Tipperary The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL
I, Kay Crowe, T/A Time to Plan am applying to the above Authority on behalf of my client Kevin O'Keeffe for permission to retain extension to rear of dwelling at Ballyhane East, Cappawhite, Co. Tipperary.
The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the planning authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee of €20 within the period of five weeks beginning on the date of receipt by the Authority of the planning application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

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DEATHS

O'SULLIVAN

(Memorial Mass)

In memory of my daughter Nollaig O'Sullivan, late of Bianconi Drive, Clonmel, who died on 19th December 2019.

Sadly missed by her loving Mam.

Memorial Mass will be celebrated on Sunday 26th January at 12 noon in St. Oliver's Church, Clonmel.

ACKNOWLEDGMENTS

COMMINS

(Acknowledgement & Months Mind)



The family of the late Kitty Commins of Knockinchash Ballypatrick would like to thank most sincerely all those who sympathised with them on their sad loss.

A sincere thank you to relatives, friends and neighbours. The caring staff of Rathkivean Nursing Home for looking after Kitty so well during her time there. Fr. Carey for celebrating Mass, Andrea Ruth for her lovely singing, Joseph O'Donnell for his wonderful rendition of Slievenamon at the graveside. O'Donoghue's Undertakers and the gravediggers.

The Months Mind Mass for Kitty will be held on Saturday 18th January in Gambonsfield Church at 6.15pm.

Refreshments will be served in Killurney Hall. All are welcome.

HOLDEN

(Acknowledgement & 1st Anniversary)



In loving memory of my parents John and Mary Holden, Wheatfields, Clonmel who sadly passed away on January 23rd and February 9th 2019 respectively.

I would like to thank most sincerely all those who sympathised with the loss of my parents, especially to friends and neighbours for their kindness and support during a difficult time.

Always loved and remembered by your son John, Mary's brother Tommy and sister Alice, nephews and nieces, relatives and friends.

First Anniversary Mass will take place in St. Mary's Church, Irishtown on Sunday January 26th at 10.30am.

IN MEMORIAM

BRANNIGAN

(Anniversaries)

In loving memory of our Dad and Mam, Roger and Bridie Brannigan, late of Baron Park, Clonmel whose anniversaries occur at this time.

Also remembering their beloved daughter Trisha.

As time goes by, as life goes on, but from our hearts ye are never gone. Your memories we treasure, with thoughts that are dear, we think of you always.

Will those who think of them today, a little prayer to Jesus say.

Always remembered and sadly missed by your extended family. xxx

Anniversary Mass in St. Oliver's Church on Sunday 19th January at 12 noon.

BROWNE

(11th Anniversary)



In loving memory of Charlie Browne, late of Powerstown, Clonmel, whose anniversary occurs on 12th January.

To us you were someone special, someone set apart. Your memory will live forever, engraved in our hearts.

Lovingly remembered and never forgotten by his wife Margaret, son John, daughters Geraldine and Martina, daughter-in-law, sons-in-law, grand children and great-grandchildren.

Mass offered.

BROWNE

(11th Anniversary)



In loving memory of a dear father and grandfather Charlie Browne, whose 11th anniversary occurs on 12th January.

January is here with sad regret, the day the month we won't forget. Quickly and sadly came the call, without farewell you left us all. You went so suddenly without goodbye, but memories of you will never die.

Never forgotten by your son John, Fiona, grandchildren Colin, Jason and Keith, great-granddaughters Leah, Taylor and Holly.



IN MEMORIAM

FITZGERALD

(7th Anniversary)



Sandra

Boherduff, Clonmel, late of Stradbally, Co. Waterford

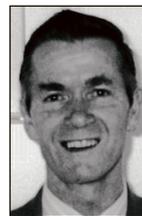
Who died on 14th January 2013.

Beautiful memories woven in gold, that is the picture, I tenderly hold. Deep in my heart your memory is kept, to love, to cherish, to never forget.

Love always - Raymie, Hazel and Tommy xxxxx

FURLONG

(29th Anniversary)



In loving memory of Johnny, late of 90 Elm Park, Clonmel, a loving Husband, Dad, Grandad and Great-Grandad who died 27th January 1991.

In the silence of my broken heart where no one else can see, your face, your smile, your memory, is kept so tenderly. Sometimes with a tear, but always with my love, despite the passing years.

- your loving wife Eileen xxx

Dad, a date that's filled with sadness, returns to us today, to mark the day you left us in such a peaceful way. Memories are a gift to treasure, ours of you will last forever.

Sadly missed by your sons, daughters, sons-in-law, daughters-in-law, grandchildren and great-grandchildren.

Also remembering our two Angels in Heaven Ciara and Cori. xxxxx

Anniversary Mass in St. Olivers Church, on Saturday 25th January at 7.30pm.

THANKSGIVINGS

O JESUS who has said "Ask and you shall receive, seek and you shall find, knock and it shall be opened", through the intercession of Mary, your Most Holy Mother, I knock, I seek, I ask that my prayer be granted. (make your request).

O Jesus who has said "All that you ask of the Father in My Name, He will grant you" through the intercession of Mary Your Most Holy Mother, I humbly and urgently ask your Father in your name that my prayer will be granted. (make your request)

O Jesus who has said, "Heaven and earth shall pass away but My word shall not pass away," through the intercession of Mary Your Most Holy Mother, I feel confident that my prayer will be granted. (Make your request) 9 consecutive hours. JR

IN MEMORIAM

HIGGINS

(27th Anniversary)



In loving memory of our dear grandmother Kattie Higgins, late of Knockacoola, Ballymacarbry, Co. Waterford who died on January 9th 1993. RIP

One day we will meet again, but only when the time is right. When you stop out of the darkness, we will be standing in the light.

Always remembered by your loving family.

Mass offered.

HOGAN

(16th Anniversary)



In loving memory of Paul, late of Fr. Matthew Terrace, Clonmel who died on January 21st 2004

If memories bring us closer, we are never far apart, for you are always with us, in our prayers and in our hearts

Lovingly remembered and sadly missed by your loving wife Lily, Mark, Sharon, Claire and their families, extended family and friends.

Anniversary Mass in Powerstown Church on Sunday 19th January at 10.45am.

JULEFF

(11th Anniversary)



In the Arms of the Angels Lewis Juleff

If only we could see you, for just a minute or two. You would tell us if you're happy and we would be happy too. We'd put our arms around you and kiss your smiling face, and the pieces of our broken heart would fall back into place.

Dearly loved by Mam and Dad, Gillian and Christian, and all your family.



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IN MEMORIAM

JULEFF
 (11th Anniversary)



In loving memory of our nephew, Lewis, late of 43 Abbey Meadows, Clonmel.

Each of us in our own way, have special thoughts of you today.

Deep in our hearts your memory is kept, to love and cherish and never forget.

Sadly missed and always remembered by the Power family.

KELLEHER
 (nee Sullivan)



Lily
 (6th Anniversary)

Treasured and precious memories of a wonderful mother, grandmother and mother-in-law, Elizabeth (Lily) Kelleher, late of 12 College Avenue, Clonmel whose anniversary occurred on 13th January RIP.

Deep are the memories, precious they stay. No passing of time can take them away. They bring a smile, sometimes a tear, but always a wish that you were still here.

Precious memories, tears unseen, still wishing your absence was only a dream.

To know, to love and then to part, is the saddest fate of a human heart.

Will those who think of her today, a little prayer to Jesus say.

Sadly missed and remembered with love always - your daughter Marcella, son-in-law Donal and grandson David.

Anniversary Mass in the Friary Church on Saturday 15th February at 7pm.

Another Leaf Has Fallen

Another leaf has fallen,
 another soul has gone.
 But still we have God's promises,
 in every robin's song.
 For he is in His heaven,
 and though He takes away,
 He always leaves to mortals,
 the bright sun's kindly ray.
 He leaves the fragrant blossoms,
 and lovely forest, green.
 And gives us new found comfort,
 when we on Him will lean.

IN MEMORIAM

KELLEHER
 (6th & 14th Anniversaries)



In loving memory of Lilly and Eddie Kelleher, late of 12 College Avenue, Clonmel, whose anniversaries occur at this time.

Those we love don't go away, they walk beside us everyday. Unseen, unheard but always near. Still loved, still missed and very dear.

Always remembered by your son Brian, Helen, Ian, Ruth and Liam

Anniversary Mass offered.

LONERGAN-MAHER
 (29th Anniversary)

In memory of Mary (Ciss) Lonergan-Maher, late of Shanbally, Lisronagh, Clonmel whose anniversary occurs on 8th January and whose birthday occurred on New Year's Day.

Rest in Peace

MCLOUGHLIN
 (1st Anniversary)



In loving memory of Catherine (Marie) (Tootsie) nee Cunningham, late of John Paul Place, Clonmel, and formerly Cattaganstown, Killenaule, who died on 14th January 2019 RIP

I love you now, as I loved you then. We will always be together, as you made me who I am.

Love Jimmy

You often used to say to me, you'll miss me when I'm gone. But believe me, Mother, I never knew, the heartache would last so long.

Sadly missed by your loving children and grandchildren.

Anniversary Mass on Wednesday 29th January at 1pm in Ss Peter and Paul's Church.



IN MEMORIAM

O'DONNELL
 (2nd Anniversary)



Gearoid O'Donnell

Loughloher, Cahir,
 Co. Tipperary
 & 26 Gould Street
 "The Lough" Cork City.

Treasured memories of dear Gearoid whose second anniversary occurs on the 7th January 2020 RIP.

Your name is often spoken, we talk about you still. You haven't been forgotten, you know you never will.

No words or verse could ever say, how much we miss you every day.

Deep in our hearts your memory is kept, we love you too dearly to ever forget.

Sadly missed always by Dad, Mom, Tommy, John, Ciarán, Elisse, Christie and Helen, nephews Conan and Haden Gearoid xxxx

Anniversary Mass will be celebrated by his Godfather Fr. Jimmy O'Donnell in St. Mary's Church, Cahir on Friday 31st January at 7.30pm.

O'FLAHERTY
 (6th Anniversary)

In loving memory of our beloved brother Walter, late of Clonmel and Limerick who died on 14th January 2014. Also remembering his loving wife Joan who died on 9th May 2014 and his dear mother Bridget (nee O'Shea) late of Carrick-on-Suir who died on 31st January 1943 RIP.

Deep in our hearts your memory is kept, to love, to cherish and never forget.

Sadly missed by Angela, Francis and their families.

O'MEARA
 (20th Anniversary)



In loving memory of Patrick (Whack) O'Meara late of 35 Heywood Close, who died on 20th January, 2000.

January is here with sad regret, the day, the month we won't forget. Deep are the memories, precious they stay, no passing of time can take them away. No matter how life changes, no matter what we do, a special place within our hearts, is always kept for you.

Sadly missed by his wife Nancy, sons, daughters, sons-in-law, daughters-in-law, grandchildren and great-grandchildren.

Mass offered.

IN MEMORIAM

PURCELL
 (7th Anniversary)



In loving memory of my wonderful husband Nicky, Elm Park, Clonmel and formerly of Drimnagh, Dublin, who left this world on 13th January 2013.

Death is not extinguishing the light, but putting out the lamp, because the Dawn has come.

I love and miss you so much Nicky. There are no words to write how my heart aches for you. My friend, my soulmate, until we meet again.

Loving you forever - Teresa. xxxxxxxx

PURCELL
 (7th Anniversary)

For our wonderful Dad and Grandad on his 7th Anniversary away from home.

Our lives go on without you, but nothing is the same, we have to hide our heartache, when someone speaks your name, sad are the hearts that loved you, silent are the tears that fall, living without you is the hardest part of all. You did so many things for us, your heart was kind and true, when we needed someone we could always count on you.

Missing you always. Forgetting you never

Love Nick, Samantha, Karen and your Grandchildren Mikey, Jay, Lily, Lee, Nicky, Keelan and Freya

REALE
 (6th, 43rd, 65th & 1st Anniversaries)

Fifth anniversary of our dear brother Michael, whose anniversary occurs on 19th January. Also remembering our parents, mother Johanna and father Michael Charles, late of Glenconnor and Cashel. Also remembering Garry Tobin on his First Anniversary.

In the silence of our minds where no-one else can see. Your smile, your voice, your memory are kept so tenderly.

Padre Pio and Mother of Good Counsel look after them.

Fondly remembered with love, smiles and tears.

Sadly missed by Maria, Violet, Carmel and their families.

Mass offered.



I am Still With You

If it seems that I am far away on this empty and solemn day,

Just open your heart and know it's true,

that I am still right here with you.

If during the day things are going wrong,

please don't feel sad and alone.

Just open your heart and know it's true,

that I am still right here with you.

When nighttime falls and the day is done.

If you are feeling alone and sleep won't come,

Just open your heart and know it's true,

that I am still right here with you.

Close your eyes, and feel the warm embrace.

Sleep peacefully in the wings of grace.

If sadness finds you in the morning light, if you feel alone,

don't give up trying!

Hold this feather close and know it's true,

that I am always here with you.



LOCAL SPOTLIGHT

CLONMEL

Borough meeting

At least one raised platform should be inserted at the pedestrian crossing in Lisronagh to reduce the high speed of traffic passing through the village, Cllr. Siobhan Ambrose has stated.

She told a meeting of Clonmel Borough District that parents in Lisronagh were concerned for their children's safety. A raised platform would work because motorists would slow down for fear of damaging their vehicles, she said.

District Administrator Michael Moroney said the council would establish the speed of vehicles passing through the village. He said that quite a number of measures were already in place in Lisronagh, both on the approach roads and within the 50kmh zone, to address potential speeding in the area.

Dolphin Swimming

Training at Ferryhouse has resumed on Fridays from 7-8pm.

Table quiz

A quiz night in aid of The Hope Foundation will be held this Thursday, January 16, at 8pm in Moynihans, Clonmel. A table of four costs €20 and there are great prizes to be won. A raffle will also be held.

Arts Group

The primary section (9 years to Sixth Class) of South Tipperary Art Group (STAG) is now fully booked. There are four places still available in the senior section (First Year to Leaving Certs). This winter session continues on Saturday mornings (10.30am to 12 noon) in the Art Room of the Infant School at Ss Peter and Paul's Primary School, Clonmel for the next five weeks up to and including Saturday February 15. Adult STAG Art is now accepting new and former members. Anyone who dabbles, draws or is into drawing/painting in any way is most welcome on Tuesday nights at 7.30pm in the Art Room of the Infant School at Ss Peter and Paul's Primary School, Clonmel, and on Wednesdays m 10.30am to 12.30pm in the Arts Centre on Nelson Street. STAG doesn't use a tutor at these sessions. Contact Maureen Purcell at 086-8096823.

Franciscan Order

A new formation course for those interested in joining the Secular Franciscan Order is starting this Saturday, January 18, at 11am in the Friary Hall, Clonmel. The group will meet on the



Anna Myers won the St. Stephen's Day car treasure hunt in aid of Family Carers Ireland's Clonmel branch. She is pictured receiving her prize from carers support manager Cllr Richie Molloy, who says the event raised over €700

third Saturday of the month. All are welcome.

Meeting

A Pastoral Council meeting in St. Mary's Parish will be held next Monday, January 20, in the Pastoral Centre at 8pm.

Golden wedding

Congratulations are extended to Joe and Margaret O'Sullivan, Knocknagow, Western Road, Clonmel, who recently celebrated their 50th wedding anniversary.

CARRICK-ON-SUIR

Macra na Feirme

Carrick-on-Suir Macra Club members past and present will celebrate the club's 50 birthday at the Carraig Hotel on Saturday, January 25. The anniversary celebration will begin with a Mass for deceased former members in St Nicholas Church at 7.30pm and will be followed by a meal. There will be an extensive photo collection on display at the function, which will bring back many happy memories to former members of the clubs' achievements and activities over the past 50 years. Anyone interested in attending should book tickets as soon as possible by contacting a member of the organising committee at 086-854650, 087-2551789 or 086-0496934.

Carrick AC

There were outstanding performances from Carrick-

on-Suir Athletic Club athletes who competed in the Munster Junior and U-23 Indoor Championships at Nenagh Indoor Stadium on January 5. Results: Jnr. Women 60m Sprint - 3rd Kellie Bester 8.37; U-23 Men 60m Sprint - 2nd Jake Vermeer 7.71; Jnr. Women 200m - 1st Kellie Bester 27.44; Jnr. Women 400m - 2nd Miriam Daly 1.01.05; Jnr. Men 1500m - 3rd William Tyrell; Jnr. Women LJ - 3rd Lorna O'Shea 4.73, 4th Rachel O'Shea 4.57; Jnr. Women TJ - 1st Rachel O Shea 10.15; Jnr. Women's 4x200m Relay - 1st Carrick-on-Suir 1.51.99; Team - 1. Lynn Vermeer 2. Kellie Bester 3. Lorna O'Shea 4. Rose Ann Fitzgerald.

Retirement Club

Carrick-on-Suir Active Retirement Club will meet in the Nano Nagle Community Resource Centre's chapel this Thursday from 2pm-4pm. All are welcome to join in and enjoy the music, singing, dancing and tai chi gentle exercise class and tea served.

Poetry Plus Night

Poetry Plus Night for creative writers with Margaret O'Brien and friends returns to Brewery Lane Theatre on Friday, January 17, at 8.15pm. Contact Margaret at margaret-writing@gmail.com.

Event

A large crowd gathered in the Carraig Hotel last Saturday night to enjoy the music of Joe Dolan and

Daniel O'Donnell at a charity tribute night in aid of the South East Radiotherapy Trust (SERT). DJ Gerry Casey played the two music legends' favourite songs and the dance floor was full all night. The Joe Dolan and Daniel O'Donnell fans who flocked to the event also enjoyed hot refreshments and a raffle with a large number of spot prizes. The event was organised by Marion Norris and Kay McAuley, who were delighted with the public support the event received, the sponsored prizes donated and help with ticket selling. SERT board member Denis Fahy explained the service's work providing free transport for cancer patients undergoing radiotherapy treatment at Whitfield in Waterford and at Cork University Hospital. The transport service is run by volunteers and has been in operation since 2005. SERT has a team of 300 volunteer drivers of seven mini-buses in the South East region, making two trips per day to and from the hospitals. In Clonmel there are now 42 designated voluntary drivers who cover County Tipperary towns and villages, picking up passengers from Bansha, Cappawhite, Cashel, Clogheen, Ardfinnan, Clonmel, Carrick-on-Suir as well as Piltown, Fiddown and Mooncoin in Kilkenny to transport them for treatment and home again.

Denis praised the volunteer drivers for their dedication and teamwork, and assured the highest confidentiality for all those availing of the transport services. He recalled that one of the very first fundraisers for SERT was organised by Treacy Park residents in Carrick-on-Suir.

Denis also paid tribute to the HSE, which contributes to SERT by providing fuel for the buses and secure parking in some locations. He said the service SERT provides is a support to family members who may not always have the time off to accompany or drive the patients to the hospital for treatment, which can span between 20 and 40 days.

Awards

Brewery Lane Drama Group and Carrick-on-Suir Musical Society members are nominated for a string of gongs at the inaugural Green Room Drama Awards that will take place in Waterford's Theatre Royal on February 2. Brewery Lane's productions of It's The Real McCoy and Gaslight last year are both up for multiple awards. Both productions are in the running for the Best Set

prize while It's The Real McCoy is nominated for Best Amateur Play. Neill Bourke's performance in It's The Real McCoy is nominated for the Best Male Comic Performance award.

It's The Real McCoy's director Colm Power is nominated for Best Director in an Amateur Drama while Roseanne Glascott is nominated for her direction of Gaslight.

Neill Bourke is also nominated for Best Male Performance in an Amateur Drama for his role in Gaslight while Eugene O'Keeffe is nominated in the same category for his performance in It's The Real McCoy. Meanwhile, Suzanne Dunne is nominated for the Best Female Performance in an Amateur Drama award for his acting in Gaslight and Maria Clancy is up for the same gong for her acting in It's The Real McCoy.

Walter Dunphy is nominated in the Best Supporting Actor award in an Amateur Drama category for his role in It's the Real McCoy and Barry Comerford is also in the running for this prize for his performance in Gaslight. Suzanne Dower is nominated for Best Supporting Actress in an Amateur Drama for her role in It's the Real McCoy and Jacqui Ahern Slater is nominated in the same category for her acting in Gaslight. Carrick-on-Suir Musical Society is in the running for a number of awards for its production of Chicago at the Strand Theatre last March. The show is nominated in the Best Musical category; its director Liam Butler is nominated for Best Director while Fergal Carroll is nominated for the Best Musical Director gong. Edel Quinlan is shortlisted for the Best Choreographer award and Louise Mulcahy, who played Roxie Hart in the show is nominated for Best Female Performer.

Irene Malone is nominated for the Best Supporting Female Performer award while Caolán Deehy-Power is nominated for Best Supporting Male Performer. John O'Donoghue is nominated for Best Set.

Swan Club

The Swan GAA Club received word from the South Board last Friday evening that its U-21 South Football Championship opening match due to take place on Saturday was called off at the request of the County Board while clarification is awaited from Croke Park on age guidelines for the U-21 grade.

The U-21 football team is due to play Knockmealdown Gaels in Ned Hall Park,

Clonmel on Saturday at 2pm.

A large crowd attended the club's AGM in the new clubhouse last Wednesday.

The club thanks the volunteers who helped clean the new clubhouse in preparation for the AGM. They were Natasha Kennedy, Terry Lonergan, Yvonne O'Halloran, Bobby Lonergan, Dick Lanigan, Tom Kennedy, Seamus Walsh, Willie Hahessy, Jim Bourke, James Hogan and Sean O'Shea.

If you'd like to get involved in coaching, mentoring, or helping out with juvenile teams, please reach out to any team mentor, committee member or contact the club through its Facebook page.

U-16 camogie players resumed training this week in the Juvenile Hall. If you'd like to start or return to playing with the team, please attend training on Tuesday nights.

The club congratulates Jamie Holloway and Noel Obilor, who are with the Tipperary U-20 football team at the moment.

Last week's lotto jackpot of €10,500 wasn't won. Eight people matched three numbers and won €30 each. Numbers were 01, 10, 21, 24. This new jackpot is €10,750. The club extends its deepest sympathy to the Russell /Doran family, Manor Close, Carrickbeg on the passing of Cillian. The club also extends condolences to the Power family, The Hill, Carrickbeg, and Butler family, Treacy Park and Portlaw, on their recent bereavements.

Carrick United

Carrick United has appointed Darragh Gibbs as its academy coaching director. The club said Daragh will be a big addition to its team of coaches as he has a wealth of coaching experience. Mr Gibbs said he was excited to be back at Carrick United.

"I've been coaching with the club since I was 16 and playing since I was six. This is a massive move for me and I can't wait to help bring the club forward in their plans."

Public meeting

A public meeting to kick-start the drawing up of an action plan to tackle biodiversity loss in Carrick-on-Suir will take place in the town's Sean Healy Library on Wednesday, January 29 at 7pm.

This meeting is being organised by Carrick-on-Suir and District Lions Club, which has been awarded funding by the Community Foundation for Ireland to prepare a Community Biodiversity Plan by March 2021.

LOCAL SPOTLIGHT

Have you got a story for South Tipp Today?
Email dylan.white@iconicnews.ie



Onora Grace, Teresa Connolly, Teresa Power, Anne Holden, Ger Moore, Joan O'Dwyer and Emily Comerford at the Joe Dolan and Daniel O'Donnell Tribute Night in aid of the South East Radiotherapy Trust in Carrick-on-Suir



Castleview Lawn Tennis Club's Peter Baker and Zach Murphy delighted visitors with a spectacular exhibition match in Carrick-on-Suir



Osas, Martina Walsh, Marian landers, Natasha Pillay and Marie Fitzpatrick at the Bridgewater House Christmas party



Ann Marie Power, Imelda O'Keeffe and Ann Marie Walsh at the Joe Dolan and Daniel O'Donnell Tribute Night in Carrick-on-Suir



Helen O'Dwyer, Michelle Bradley, Kay McAuley, Marion Norris, Denis Fahy, Tina Murphy, Geraldine Power and Marian Landers at the Joe Dolan and Daniel O'Donnell Tribute Night in aid of the South East Radiotherapy Trust in Carrick-on-Suir



Ken Moloney, representing this month's sponsor Heineken, presenting the Mentor of the Month Award to Carrickbeg's Helena Walsh, who is a P.E. teacher at the Patrician Presentation Secondary School in Fethard. The presentation was made at the Butler's Bar Fethard Sports Achievement Awards for December on January 10

LOCAL SPOTLIGHT

CAHIR

Party

The Cahir Garda Districts 20 Annual Senior Citizens Party will take place in Cahir House Hotel this Friday at 5pm. There will be music, dancing, refreshments and spot prizes. Ring Cahir Garda Station on 052-7445630 if you require transport.

Operation Transformation

Cahir Meet and Train is back on the streets with the couch to 5km programme. There are two groups to decide on your level of fitness, but a third group has been created by Aisling Downey who will run an Operation Transformation programme.

Meet at Duneske at 7.30pm every Tuesday and Thursday. Saturdays at 9.30am are also part of the plan. On January 18, the national walk will take place, with registration at 10.30am in Duneske for an 11am start.

Historical society

Lecture on January 23 will be delivered by Dr. Kieran Hickey on The Vulnerability of Ireland to Extreme Climate Change. The lecture will commence at 8pm in Cahir House Hotel. Admission is €3 for members and €5 for guests.

Panto

Cahir Pantomime Society is preparing for Little Red Riding Hood, which will take place from February 6-9 at Cahir community Centre.

Tidy Towns

The Group put away their Grotto for another year and looked back on a hugely successful Christmas. Every day of the holiday break was covered for litter picking with all members doing their bit. Last weekend the group started back with putting manure on some flower beds with the help of Carmel and Tim Casey.

Active Retirement

Meeting on February 5 in Cahir House Hotel at 2.30pm.

Christmas tree

Christmas tree recycling is still ongoing at the Cahir County Council depot in the business park on the Tipperary road National school

In the recent Scare in Cahir 2019 Art Competition, third class pupils of Our Lady of Mercy Girls National School were the lucky winners. The girls were the winners of a class trip to Mitchelstown Caves for their efforts. The delighted pupils were presented with their prize by Friends of the Playground Cahir committee members Aoife Wade and Cllr Andy Moloney. Friends of the Playground Cahir is a community group established to ensure the Cahir playground is open and accessible to all children. Fundraising is ongoing with plans to upgrade the current playground.

Camogie

Congratulations to the Coláiste Dún Iascaigh camogie team who overcame Ballinacollig on a scoreline of 5-11 to 1-10 last weekend. The school is now through to the All-Ireland semi-finals where it will play the winners of the Leinster and Connacht clash at a home venue.

Parish news

Candle mass on February 2, the Blessing of the Throat on February 3, Ash Wednesday on February 26 and Easter Sunday on April 12. The Servant Sisters of the Mother of the Home Foundation Day will be on February 2 on the Feast of the Presentation of Our Lord. The religious sisters will move into the Parochial House this week. They will be formally welcomed to the parish at 11.30am mass by Bishop Alphonsus Cullinan on February 2.



Locals at the Texas Hold'em Card League at Butler's Bar in Fethard. Back from left: Ronan O'Donnell, Philip Butler, Eoghan Hurley, Stephen O'Meara, Johnny Ryan, Tom Arnold, Richard Hayes. Front: Steven Harrington, Keith Woodlock, Anne Marie Butler, Kenneth O'Donnell, Niall Hayes. The overall winner of the Annual League for 2019 was Niall Hayes



The Fethard Rugby under-16 girls won the last round of the Munster League in wet and muddy conditions against a strong Clonakilty team

Have you ever considered becoming a foster carer?

Have you ever considered becoming a foster carer?

If so, Compass Fostering Services would love to hear from you. Compass Fostering Services recruits, trains and supports individuals and families interested in becoming foster carers.

"We develop foster carers that are capable of caring for vulnerable and complex children and young people in care," a spokesperson says.

"We feel that placing an increasing emphasis on the support given to foster carers

and their requirement to engage in them will in turn promote the foster children and young people in their care to reach their full potential and developmentally grow throughout their placements."

The main aim for foster carers is to provide a stable, warm home environment, develop secure attachments, and establish trustworthy caring relationships with children and young people who have experienced neglect, trauma and abuse.

"We are looking for people to care on a long-term basis,

short-term basis and planned respite for children and young people aged zero to 17-years-old. What we ask of people interested in becoming foster carers is that they have previous experience with children and young people either in an employed capacity, voluntary basis or experience within their family and friends circle. Also, they must have a spare bedroom in their home and be able to bring the child to school every day.

"We will ensure that all applicants wanting to be-

come foster carers are trained through comprehensive training programme and supported through their fostering assessment with us and thereafter."

Support services provided include 24/7 round the clock support, a support worker who works closely with your family and foster child, professional supervision, carer team meetings, and carer support groups.

"Our guiding principles are to view each child first and foremost as a child capable of being cared for by those willing and committed

to provide them with unconditional positive regard or love. Other important principles that guide us are promoting the development of a child or young person in partnership with foster carers; providing a holistic family centred service; being accessible, flexible and responsive to foster carers' needs; valuing and empowering foster carers; ensuring the delivery of reliable and well-established interventions; and finally ensuring best practice principles are identified and adhered to.

"If you can deal patiently and consistently with behaviours that challenge, understand the needs of young people who have disrupted family situations and can be present when it becomes difficult, then fostering is the role for you."

The process to becoming a foster carer can be quite thorough and comprehensive, which could take a minimum of six months depending on individual circumstances.

Contact the team on 061-622040, email Fostering@compasscfs.ie or visit www.compasscfs.ie.

LOCAL SPOTLIGHT

Send photos to dylan.white@iconicnews.ie



Presentation Clonmel teacher Gus Flynn won €15,000 on Winning Streak. Pictured with Linda Branock and Helen McGrath (ticket selling agent XL Automobile Power in Carrick-on-Suir), co-hosts Sinead Kennedy and Marty Whelan, and The National Lottery's George Canavan



Aine Guerin and Esther Wills on duty for the Cahir Pantomime Society trolley giveaway. Little Red Riding Hood runs from February 6-9



Our Lady of Mercy Girls National School third class pupils with Friends of the Playground Cahir committee members Aoife Wade and Cllr Andy Moloney, teacher Ms. O'Sullivan, and principal Mrs. Carroll



Poulmucka Ploughing Vintage competitor Hohn O'Brien with his grandsons James O'Brien and Jack Hanrahan



Intensive Care Band members Pat Buckley, Gary Brahan and Paul Nugent will support the upcoming Little Red Riding Hood panto in Cahir Community Centre from February 6-9



The Cahir Pantomime Society chrous getting ready for Little Red Riding Hood

LOCAL SPOTLIGHT

CLOGHEEN

Drama Group

We would like to welcome our new director Anne Williamson to our Drama group. Readings took place last Sunday for this years production of The Play Boy Of The Western World. Going by the readings this is going to be a brilliant play production. The play will take to the stage the last weekend of March.

Married in Prague

A big congratulations to Claire Reardon, Shanbally, Clogheen and Rob Lenehen, Cork, who got married in Prague recently. Claire is daughter of Pakie and Agnes Reardon. We wish the happy couple many years of health and happiness together.

Home to China

We wish the proprietors of the Panda Chinese Take Away, Clogheen, a very enjoyable and well deserved break as they journey to China to celebrate the Chinese new year from January 14 to February 14. They would like to apologise for any inconvenience caused.

Vee Rovers F.C.

Shanbally United were away on Saturday to Peake Villa at Thurles. Fielding a depleted side for various reasons. We reached half-time scoreless. Dean Sullivan gave us the lead early in the second half from the penalty spot and Peake Villa equalised soon afterwards. Zac Keating restored our lead and we missed some other chances to widen the gap. We almost paid the price for this as Peake Villa missed a penalty near the end and so we came away with all the points on offer. The Juniors were at home on Sunday to Glengoolie in a vital league fixture. Played in excellent conditions despite the recent weather chances were at a premier and goals were hard to come by. The visitors opened their account on 35 minutes when they caught the home defence napping and doubled their lead four minutes later when Rovers failed to clear their lines. The home side dominated possession in the second half but failed to breached Glengoolie United defence and so it was the away side who took the spoils on the day.

Clogheen Notes

If you have notes for to be included in this paper, please forward them to p.j.english@hotmail.com or phone or text me on 087 798 4929 or drop them into the Vee Valley Fruit and Veg Shop Clogheen before 6pm Saturday.



Rachel O'Meara, Erica McGrath and Josie Ivors ringing in the New Year in Fethard

NEWCASTLE

Tractor Run 2020

The "Little Bobs Tractor Run" was set up as an appreciation to the late Robbie Power who died in tragic circumstances in 2011 and its obvious by the support shown each year the effect that "Little Bob" had on people's lives. He was a true gentleman and a friend to young and old, always ready to lend a hand or share a laugh and a joke. Bob's passing has left a huge void amongst his family and friends.

In all 150 tractors, 10 trucks and one motorbike completed this years tractor run along scenic routes around Touraneena and Newcastle. We had a huge crowd of supporters with people also donating money and time to this great cause. Refreshments were served afterwards in the Touraneena Community Centre and spot prizes and vouchers were also given out on the day.

The grand total raised this year was €4500 which will be donated to Positive Steps Together, Newcastle - a group made up of members of the Newcastle Community and parents of young adults with intellectual disabilities. The aim of the group is to build a facility to provide a day care and residential service for adults with intellectual disabilities/autism spectrum disorder in the South Tipp/West Waterford area. Also, this group aims to promote the treatment, training, education and general welfare of children & adults with intellectual disabilities.

Monies will be presented on Saturday the 18th of January 2020 in Mary Ann's Pub in Newcastle, with plenty of music and fun on the night. All are welcome!! This phenomenal amount and the success of the tractor runs to date would not be possible without the support and generosity of drivers, sponsors, spectators, people preparing and serving refreshments, stewards and all the people that help to make this day so special every year. The Power Family along with the organising committee wish to sincerely thank everyone that contributed in any way to the day, you outdid yourselves once more and we look forward to seeing you all again on New Year's Day 2021. May you all have a happy and peaceful 2020.

Badminton Club

The Badminton club will be holding a Tea/coffee evening in Tigh na Daoine in the next few weeks. More details later..

Road Race

Our Annual 5 k race on Sunday next, January 19. Registration from 10.30 am in the Community Hall with race starting at 12.30pm. Entry fee is €10. Prizes include the Stephen O'Connor Shield. All support appreciated.

BURNCOURT

Commemoration

The Kit Conway commemorative event will take place in Burncourt village on Sunday, February 23 at 1pm.

"Down Your Way"

"Down Your Way" will be recorded in Ryan's Bar Burncourt on February 28.

Drama Group

Rehearsals are in full swing and Burncourt Drama Group will take to the stage on Saturday, March, 14. A night of hilarity guaranteed.

Bottles & Clothes

It would be appreciated if people would use the Bottle Banks and Clothes Banks located in the grounds of the Community Hall in the proper manner. It's not acceptable to leave boxes of bottles and bags of clothing beside the bins and expect others to dispose of the them. Cooperation in this regard would be welcome.

Toddler Group

Burncourt Parent and Toddler Group meet every Thursday in Burncourt Community Hall.

Sympathy

There was much sadness in the area last week at the news of the death of John Cagney, Glengar. Our sincere condolences to his wife Assumpta and son John Michael. We extend our sympathy to John's sister Kathleen, nephews, nieces, brothers in law, sister in law, relatives, neighbours and friends. One of life's gentlemen, John was dearly regarded by his family, relatives, good friends and neighbours. R.I.P.

BALLYLOOBY/ DUHILL

Seniors Party

The 20th Annual Cahir Garda and District Senior Citizens Party will take place in Cahir House Hotel

this Friday, January 17, at 5pm.

If you require transport contact Cahir Garda Station on 052-7445630 and leave your name address, eircode and phone number. Transport will be arranged between 4 and 5pm on the evening of Friday 17. Neighbours and friends, who bring and older person are welcome to stay and enjoy the evening.

Local lotto

Recent Draw on January 7: Lucky numbers drawn: 5, 7, 11, and 16. No jackpot winner, Next week's jackpot €5,400. Five 'Match 3' winners: Fiona Reidy, Larry Fitzgerald, Brenda Walsh, Nelly Flaherty, and Deborah Ryan.

Duhill Card Drive

The 45 Card Drive continues every Sunday night at 8.15 sharp. Thanks for your continued support.

Sympathy

Sympathy is extended to Tom and Margaret O'Brien on the death of Margaret's brother John O'Gorman, Lismore who passed away Sunday January 12. (May he rest in peace).

GAA Club 25 Drive

Ballylooby/Castlegrace Juvenile GAA 25 Drive every Monday night in Ballylooby Hall at 8.30pm.

Congrats

Congratulations to local girl Isabelle O'Donnell and all the girls in the U14 County Panel.

New Year's Party

There was a good attendance at the Annual Duhill New Year's Party last Sunday. Well done to everybody who helped, Eileen Condon who cooked the meal and the Music was supplied by the Pat Tobin.

Drama Group

Duhill Dramatic Society will perform Fish out of Water by Jim Keary in aid of Positive Steps Together on February 1 in Newcastle Community Hall.

Kilsheelan/Kilcash

Killurney S&S Club

Happy New Year to all our committee, knitters, walkers, and supporters and we hope 2020 will be a successful one for all. Our AGM is pencilled in for January 27 and we would be delighted to get new faces involved - so make a note of the date.

We offer our sympathy to committee member Philly Cahill on the death of his sister-in-law Rita who was laid to rest during the festive season.

Parish Draw

Promoters are currently on

their rounds for the Parish Draw as the first draw of the New Year will take place early February. We hope that you will continue to join - remember if you're not in you can't win.

Sympathy

What a sad note with which to start the New Year when news broke of the untimely death of Maurice Fehilly as a result of a traffic accident in County Limerick.

Sincere sympathy in particular to Lorraine, Shane, Holly and Sam on their terrible loss and our thoughts and prayers are with you and the extended family and his many friends at this time.

God grant his soul peaceful rest.

We also record the death of Nuala Farrell, Seskin, after a short illness and express our condolences to Liam, Denis, Damien, Louise and Conor together with her extended family on their sad loss.

May Nuala's soul rest in peace.

Powerstown/Lisronagh

Sympathy

We extend our sympathy to the family of Phil Begin, especially to his wife, Patricia, son, Gerry, daughters, Geraldine and Catherine, brother, Vincent, grandchildren, Daniel, Thomas and Dara, relatives and friends.

Rathkeevin Cards

Winners of the weekly card game held on Thursday January 9: David Blissett & Paddy Franey on 14 games. Dick Lonergan & John O'Connor on 12 games. Table prizes on 19th & 20th games: Paddy Kennedy & Kate Hallinan with Michael Prendergast & Margaret Quinlan.

Beginners or seasoned card players are welcome to our well run card game. Partners available if required.

Next game on Thursday, January 16, at 8.30 pm.

FETHARD

Dancing

Fethard Ballroom continues its social dancing on January 19 to the music of Muriel O'Connor & Fran Curry. Dancing from 9pm to midnight. Admission is €10, which includes tea and cakes. Contact Eileen Coady on 086-0776420.

Jake Carter

Jake Carter will perform at the Abymill Theatre on March 7 at 8pm to raise funds for Cappanagarrane Horse Rescue. Tickets are €25 each from Anne on 086-0834208.

LOCAL SPOTLIGHT

GOATENBRIDGE

Ballybacon church

The Parish Office opens Tuesday through to Friday from 10am to 1pm at Ardfinnan Church. Tel: 052 7464408 or please note the new email: parishofabg@gmail.com

Sunday's Mass

Sunday 19 January - Minister of the Word: Danny Maher. Minister of the Eucharist: Philip McGrath.

Lights Up!

The Ardfinnan Lights Up 8-week walking programme every Wednesday from 7.30pm to 8.30pm at the GAA field. Registrations from 7pm.

'The Chaser'

Saturday, February 22 will see the Ballybacon/Grange GAA Club fundraiser 'The Chaser' coming to Cahir House Hotel. It's not to be missed.

This show is for one night only and tickets are now on sale. We would like to thank all our exhibitors thus far and all our advertisers for coming on board and we are actively seeking more.

If your business or any business you may know want to be involved contact any club member or private message the Ballybacon/Grange GAA page or Ballybacon/Grange Camogie Club page. All businesses and their details can be found on our Local Service Directory pinned to our social media feeds for the coming year. We would ask you to support these local businesses. More details will follow in the coming weeks.

Goatenbridge Notes

Please note that the new contact details to have notes or notices included in the Goatenbridge Notes are goatenbridgeballybaconda@gmail.com or 087 6497083. Please have contributions submitted prior to 12 noon on the Sunday prior to publication.

NEW INN

Parish Links

The Parish Links held their annual Christmas Party on Sunday, January 5 in the NICC starting at 12 noon with a beautiful mass celebrated by Fr Bobby Fletcher. The committee would like to thank Joe Ahern and his staff for the lovely meal; Mary O'Donnell, New Inn for supplying the excellent Christmas cake; and John Landy for taking photographs of the occasion. Tony and Liam in the band brought much enjoyment to the day and together with local man John Barnaville provided great entertainment.

Also, we had "Lucy Burgess" Irish dancers: Christina Rose Longworth, Lucy Mai Longworth, Grace O'Dwyer and Leah Lonergan who put on a lovely display.

Congratulations to Charlie Smyth, Chamberlainstown winner of the hamper (on display in The Shop, New Inn) kindly sponsored by Michael Purcell.

A big thank you to Michael Purcell, Ollie's Bar and committee members for selling the lines of the hamper which raised much needed funds for the Parish Links.

Thanks also to the local businesses, clubs and individuals who donated spot prizes on the day too numerous to mention.

Great credit is due to all involved, especially the hard-working committee who put a great effort in year after year and thanks also to the Hall committee.

A great day was had by all, with over 80 parishioners meeting up with old friends and making new ones.

New Inn Lights Up!

GAA clubs nationwide will be coming on board with RTE's Operation Transformation and turning on their floodlights/lighting systems. Every Wednesday until February 19, Rockwell Rovers clubhouse will be open and lit up for you, your family and friends can come and register from 7pm, warm-up at 7.20pm and walk from 7.30pm. Just bring your hi-vis vest! We want everyone to come and join New-Inn Lights up 2020.

All are welcome to come to this event.

Women's Group

Monthly meeting on Tuesday 21 January at 8.30pm in the NICC. Theme of the meeting is "Fun & Games" and there will be refreshments afterwards. All are welcome! After the success of their last Tea party, the woman's group are organising another afternoon tea party in the New Inn Community centre from 3pm to 6pm on Sunday 26 January. It is in aid of the Community Centre.

If any group/individuals are interested in hosting a table, please contact MF Barron ASAP on 052 7462252 or mbl no 087 7595512. Your support would be much appreciated! All are welcome!

Grandparents Mass

We are extending an invitation for all Grandparents to attend a Grandparents Day Mass on Friday, January 31 in New Inn Church at 10am.

Basketball Club Table Quiz

The New Inn/Rosegreen Basketball Club will be



Bridget, Hannah, Kitty and Helen O'Reilly celebrating New Year's Eve in Fethard

having their annual table quiz in Barron's pub, New Inn on Saturday, February 8. Table of 4 is €30.

This is the club's only fundraising night of the year.

You can help us in any of the following ways: Organise a table of 4 people to attend the quiz; Donate prizes, funds or hamper items; or Purchase raffle tickets on the night. So, grab a group of friends and come along for the craic! We look forward to seeing you there.

Camogie Club

The adjourned meeting was held on Tuesday, January 7. The following officers were elected/returned; Chairperson: John Fogarty, Secretary: Gillian Hayes (new), Ass secretary: Annette Carroll, Treasurer: Tara Stafford (new), Co. board delegates: Annette Carroll, PJ Moloney & Colm Heaney, Registrar: Tommy Flynn (new), Child Protection Officer: Maria McGrath. Dates for your diary. The club are taking part in Afternoon tea party on Sunday, January 26 in the NICC.

If anyone would like to take part, table of 8, please contact Annette Carroll for details.

U13 presentation night in GAA club house on Sunday, February 9.

Zumba dance class take place every Tuesday in the NICC from 7 to 8pm for five weeks. Registration night on Tuesday February 11 in the NICC from 7 to 8.30pm. Monday nights see the return of Strength & Conditioning in Rockwell College at 7.30pm sharp.

Knockgraffon Cards

Joint winners on Wednesday, January 8 were John Cooney & Liam Harty, Paddy Freeney & Margaret Quinlan and Timmy & Pat Fitzgerald with 11 games each. Well done all! Cards start at 8.30pm. Tea and refreshments.

Fr Mathew Players

Rehearsals for the Play "The Cripple of Inishmaan" are now in full swing. Date for your diary: Wednesday, February 19 to Sunday February 23 in the New Inn Community Centre.

Lotto Results



Dallon Shine, Paul Webster and Nathan Costin enjoying New Year's Eve

Saturday January 11 results from Ollie's Bar. Numbers: 2, 11, 14 and 18. No winner. Lucky Dips x 4: Sharon Burke, Ashleigh Peters, Sean Murphy & Jim Maher to be entered into a monthly draw for €500 on Saturday, February 1. Sellers x 4: Ollie's Bar, Ml Purcell, John Hally & PJ Moloney to be entered into a monthly draw for €100 on Saturday, February 1. Jackpot now €16,400. Next draw in Barron's Pub on Saturday January 18.

MULLINAHONE

Mullinahone FC

Last weekend was a spectacular one for soccer in Mullinahone. Our U13 schoolboys defeated Clonmel Town A to win the final of the Tipperary Cup. The Mullinahone lads hadn't read the Clonmel script and roared into action from the kick off. Unlucky not to score in the first half, it was 0-0 at half time. Despite missing a penalty early in the second half, Mullinahone went on to record a comfortable 2-0 win thanks to two great goals from centre forward Adam O'Connell.

The squad was as follows Adam O'Connell, Liam Doyle, Matthew Direen, Finn Morrissey, Oran Gahan, Conor Brett, Cillian Direen, Eoin Treacy, Adam O'Connell, Sam Rowan, Adam Doyle, Ned O'Meara, Dylan Maher, Conor Maguire, Mike O'Dwyer. Coach Aidan Morrissey, Asst. Seanie O'Connell. The junior team had a comprehensive 5-1 over Killaule in the Paddy Purtill Cup. Goals from Liam Hicks (2) Alex Maher (2) and Wayne Laslett (1) made this a deserved victory.

The juniors defeated Kilsheelan on Sunday by 1-0. This win coupled with Clonmel Celtic's draw pushes Mullinahone ever nearer the top of the league table. They are now two points behind Celtic, but have two games in hand.

Split The Pot

Congratulations to Valerie Egan who was our winner of Split the Pot last week. Valerie won €215 at our draw in The Stack of Barley.

Monthly Meeting

The monthly meeting of Mullinahone Community Council will take place in the Knocknagow Community Centre tonight (Thursday January 16) at 8pm. If you have any views you'd like to contribute to local development within our community, then we invite you to attend.

C J Kickham's GAA

The adjourned AGM of the club took place in the GAA Centre on Friday night last. Some of the news flashes from the meeting were as follows. Some good news for well known member Martin Cody of Poulacapple. Martin won €1000 in the most recent Tipperary Clubs Draw. Congrats Martin.

The Club elected Michael Walsh as Secretary to succeed Kevin O'Meara. Kevin announced that he would be retiring as Secretary last month. We wish Michael every good luck in his new position.

The club elected Sean O'Meara as manager of our senior hurling team for 2020. Sean was manager of the senior hurling team which won the South Tipp senior hurling title in 2019 and was unlucky not to win the O Riain Cup. We wish him better luck in 2020.

A manager and selectors are being sought to look after our adult footballers who have been promoted to Intermediate ranks this year having won the County Junior Championship in 2019.

Managers were also appointed for U 20/21 hurling/football and U17/U18 teams. Names of these and their selectors will be published next week.

Local Lotto

The last local lotto jackpot draw took place on January 6. We had no jackpot winner. Two people shared the Match 3 Prize of €150. Congrats to Celina Sheehan and June Dunne who each won €75.

Next draw will take place on Monday, January 20 when the jackpot could be worth €12,650. It could be won for €2.

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