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## Tipperary woman wins top award in Toronto

By **DYLAN WITE**  
e-mail: dylan.white@iconicnews.ie  
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**A Tipperary woman in Canada is feeling exceptionally proud after receiving a top award.**

Originally from Knockavilla near Cashel, Geraldine Browne got a job as a nanny for 12 months in Toronto 27

years ago, loving the Canadian experience so much that she never came home.

Geraldine has been honoured with the Irish Person of the Year Award for her tremendous voluntary work in Toronto's Irish community, which she describes as "one big family".

Geraldine was presented with the award in front of over 300 guests from Irish associ-

ations across the city this month.

"Toronto is a great city with lots of things to do, and the Irish community here in particular is fantastic.

"It's like a home away from home. I'm here on my own, so it's great to have Irish people to hang out with," Geraldine tells South Tipp Today.

One of Peter and Kit Browne's 11 children, Ger-

aldine grew up surrounded by a family devoted to voluntary work and giving back to the community.

Geraldine and her siblings were involved with Knockavilla Donaskeigh Kickhams GAA Club and regularly took part in Scór competitions.

Continued on Page 2

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# 'I got a job as a nanny 27 years ago and never came back'

Continued from front page

She spent her first three years in Toronto as the Irish officer for Comhaltas, going on to hold the position of president for both the Irish Cultural Society and the Toronto Irish Players.

"We grew up seeing our parents volunteering in Knockavilla and we were always expected to do it.

"It gives me great pleasure seeing smiles on people's faces afterwards," she says.

Among those in attendance at the award ceremony were the Devane family from Clonoulty and the Karry/Adams family, both of whom Geraldine worked for as a nanny in Toronto.

Ambassador of Ireland to Canada Jim Kelly and Minister of State Seán Canney were also at the event to pay tribute to Ger-

aldine, who is one of the main organisers of the Open Door Céilís Toronto.

The event programme carried tributes from President Michael D Higgins, Canadian prime minister Justin Trudeau, premier of Ontario Doug Ford, mayor of Toronto John Troy and director-general of Comhaltas Ceoltóirí Éireann Labhrás Ó Murchú.

Geraldine, whose trademark homemade brown bread has become famous in the Irish community in Toronto, says the highlight of the memorable occasion was the surprise arrival of family members from Tipperary.

"A few tears were shed. I'm thrilled with the award. I love giving back to the community and as long as I'm healthy I will continue to do so."



Geraldine Browne celebrating receiving the Irish Person of the Year Award with her family in Toronto

## Extra funding for Clonmel projects 'a huge win' for the town

South Tipp Today can reveal that Tipperary County Council is expected to receive an extra €1.9 million for the Clonmel Kickham Barracks and sports hub projects next month.

Tipperary County Council received €2,897,000 from the first round of the Urban Regeneration and Development fund (URDF) last November.

The Department of Housing, Planning and Local Government, who has responsibility for the implementation of the URDF, is expected to make an announcement on the second

round of national funding in April.

However, South Tipp Today understands that approval is expected to be given to increase the total funding for the Clonmel project to almost €5 million.

Fine Gael local election candidate Garret Ahearn welcomes the news. "I have been in constant contact with the Taoiseach Leo Varadkar and Minister for Housing Eoghan Murphy regarding Kickham Barracks and the sports hub. I am very hopeful we will be successful when the announcement is made next month," he says.

The projects include the transformation of Kickham

Barracks from a military barracks site to a civic, cultural and educational centre, along with the development of a regional sports hub on the existing grounds of LIT. "These are projects which have planning permission approved and are ready to go. The news last November of Government funding was extremely welcomed and if Clonmel is successful again with additional funding it will be a huge win for the town."

Proposals for the Kickham Barracks site include a new pedestrian plaza, central square, new streets, public car parks and development of additional access points which will encourage movement through and within the site, along with critical integration with the town centre. The regenerated Kickham Barracks will have access of 1,000 people, which will enliven the site, introduce third



Tipperary local election candidate Garret Ahearn with Minister for Housing Eoghan Murphy

level education into the town centre, offer new opportunities to business and retail, and open a former enclosed and largely inaccessible site to the public, generating an

urban regeneration site of significant scale.

The existing LIT campus on the Frank Drohan Road will be developed as a regional sports hub, providing shared facilities for clubs and schools, and addressing a deficit in the town. The regional sports hub will provide Clonmel with a competitive advantage in developing the town as a destination and venue for regional and national events, helping to grow, retain and attach families and investment to the area.

The link between the sports hub and Kickham Barracks is a key part of this vision as LIT currently occupies the site, with the delivery of one dependent upon the delivery of another.

The URDF has an overall allocation of €2 billion to 2027 and is the largest urban re-

generation initiative in Ireland for decades, established to support more compact and sustainable development through the regeneration and rejuvenation of Ireland's cities and large towns in line with the objectives of Project Ireland 2040.

"This project has the potential to develop Clonmel's existing assets to their full potential, making Clonmel a more attractive place to live and visit. It will promote the population and economic growth required in order for it to achieve its full potential.

"It would not be possible without the support of the local community and in particular the local businesses and sports organisations that came on board. A lot of credit must also go to the executive of Tipperary County Council, led by their CEO Joe MacGrath."

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# Mixed reaction to ban on priests getting hospital list

**Hospital implements data protection directive:** Patients or family must request visit

**Dylan White**

dylan.white@iconicnews.ie

There has been mixed reaction from the public following news that South Tipperary General Hospital and the HSE will no longer provide priests and the clergy with a list of parishioners who are inpatients in the hospital.

The practice of Clonmel priests calling to the hospital daily and receiving a list of inpatients names has ceased following a HSE directive made in compliance with EU General Data Protection Regulation (GDPR).

Clergy members can still visit patients, on the condition that they have been asked by the family or the patient themselves.

Independent TD Mattie McGrath said families, in particular those of an older generation, are "angry and saddened" by the implementation of the HSE directive.

"This is a classic example of the inability of bureaucratic structures to achieve a respectful and common sense balance of rights," he said.

"Of course privacy needs to be respected, but so does

the integrity and selfless commitment of clergy acting in their capacity as chaplains.

"Clergy are de facto members of staff, even if they are not directly employed by the HSE. That needs to be taken into account, especially where decades-long experience and familiarity has been built up.

"A discretionary perspective needs to be applied here as a matter of urgency."

Many of South Tipp Today's readers took to social media to have their say on the issue.

Helen O'Clery described the decision as "disgraceful", adding: "When my parents were at the end of their lives, it was a great comfort to see a priest there."

Teresa Wynne Fahy said the decision is "total rubbish", while Helena McGee highlighted that she was "so grateful" of a priest's visits when her baby was in special care.

Thomas Keane said it's a "mad move" by the hospital and the HSE.

"I am the kind of person who likes to treat everyone the way I would like to be treated. If a priest or a



South Tipperary General Hospital decision follows a HSE directive made in compliance with EU General Data Protection Regulation (GDPR)

minister in any of the other churches came into me and sat down to talk, I would have no problem talking back.

"Maybe I might not talk the way older people would to a priest, but I certainly would talk away in general."

Majella O'Neill said some patients are "alone and unable" to request a visit from

a priest. "It's very easy to refuse a visit if you want to.

"However, the system of communication needs to be updated - maybe on admittance to give patients and families the option.

"Some of the reaction from the public has been quite selfish and doesn't take into account the many elderly

and religious people who don't have anyone to speak for them.

"They find a priest's visit very comforting."

Joanne St John said the decision is "correct" and that patients can arrange a visit if they wish.

Tracy Rufenia Ahearne said priests should not visit

patients unless they have been asked by them or their families.

"When I was seriously ill in hospital, I refused a priest coming over to bless me and his face just dropped. He looked at me like I had no right to refuse him."

Nollaig Lonergan said the "church and state need to be separated", adding: "I remember many years ago being a patient and at that time the rosary was called out over the loudspeaker system.

"I used get out of bed and stand outside the hospital until it ended. Fine if individuals want to meet their padre, but please don't inflict visits on the rest of us."

Tony Chearnley also supported the move.

"Hopefully the HSE will now ask patients if they want religious details recorded, because for far too long the default setting has been 'catholic' on forms."

Sinéad Blackmore has no issues with the decision.

"Anyone who wants a priest can ask for one. If a priest is going around to everyone in the hospital, he will be run off his feet.

"At least this way they might get to spend more time with those who want to see them."

## Meetings scheduled to consider diocesan report

Parishioners across the Archdiocese of Cashel and Emly have been discussing their faith and community since September 2017 and now their views are to be discussed at a series of meetings.

An extensive listening process has been undertaken in all 46 parishes of the archdiocese, which stretches east to west across Tipperary into east Limerick.

The process was designed to provide the opportunity for people to hear each other express how they feel encouraged and what makes it difficult to belong in their parish faith communities as well as to share their views on their future.

According to Fr Martin Hayes, the actual gatherings of people for the first time throughout the diocese to raise issues relevant to their parishes was a step into the

unknown which has, indeed, offered hope and encouragement, as more people have emerged who are willing to participate in planning for the future.

He said all the views expressed, the ideas and hopes, the present difficulties, and the shortcomings of the past have been carefully recorded and analysed in preparation for a diocesan listening process report, which is impressive in its detail and offers a valuable insight into the reality of church in Cashel and Emly at this time.

"The topics raised are presented in the report as key messages for us now, supported and illustrated by the actual words of people in our parishes," Fr Hayes said.

"The detail of the report on all the topics raised needs to be retained out of respect to all who participated in the



Archbishop Kieran O'Reilly

listening process.

"Our next step, to take full account of those findings, is to make it available to gatherings of local parishes throughout the diocese in the coming weeks so that people can then take it back to their own parishes to consider its detail and discuss its implications for their own

parishes.

"The copies of this report will be made available at those gatherings and online at [www.cashel-emly.ie](http://www.cashel-emly.ie).

"This 'ground up' approach will ensure that we draw upon the gifts and skills of parishioners who will have the opportunity to feedback their responses to the report in a series of similar gatherings during the year ahead as we move towards formulating a pastoral plan for 2020 onwards."

The schedule is:

Tuesday, March 19, at 7.30pm in Templemore Arms Hotel for the parishes of Thurles, Borrisoleigh and Ileigh, Drom and Inch, Loughmore and Castleiney, Templemore, Clonmore and Killea, Templetuohy and Moyne, and Upperchurch and Drombane.

Thursday, March 21, at 7.30pm in Ballykisteon Hotel

for the parishes of Hospital and Herbertstown, Galbally and Aherlow, Ballylanders, Emly, Kilbehenny and Anglesborough, Kiltelly and Dromkeen, Knockainey and Patrickswell, Knocklong and Glenbrohane, and Pallasgreen and Templebraden.

Tuesday, March 26, at 7.30pm in Fethard Ballroom for the parishes of Fethard and Killusty, Clerihan, Ballingarry, Drangan and Cloneen, Gortnahoe and Glengoole, Killenaule and Moyglass, and Mullinahone.

Tuesday, April 2, at 7.30pm in Holycross Community Hall for the parishes of Cashel and Rosegreen, Boherlahan and Dualla, Clonoulty and Rossmore, Golden and Kilfeacle, Holycross and Ballycahill, Knockavilla and Donaskeigh, Moycarkey, Two-Mile-Borris and Littleton, and New Inn and

Knockgraffon.

Tuesday, April 9, at 7.45pm in the Marian Hall, Tipperary, for the parishes of Tipperary, Annacarty and Donohill, Bansha and Kilmoyler, Cappawhite, Lattin and Cullen, and Solohead and Oola.

Thursday, April 11, at 7.30pm in The Millennium Centre, Caherconlish, for the parishes of Murroe and Boher, Ballina and Boher, Ballinahinch and Killoscully, Ballybricken and Bohermore, Caherconlish and Inch St. Laurence, Cappamore, Doon, Kilcommon, Hollyford and Rearcross, and Newport, Birdhill and Toor.

These gatherings will entail follow up meetings organised by individual parishes so that parishioners can continue to engage, ensuring that the emerging diocesan pastoral plan is relevant for the future.

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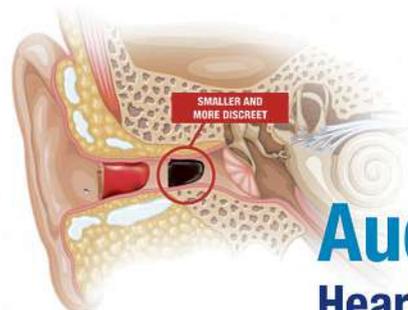
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# Carrick-on-Suir Town Hall reopens after €2.4m facelift

**The people of Carrick-on-Suir were invited to make use of the €2.4m revamped Town Hall as a venue to host local exhibitions and launches and do business at the official re-opening of the civic building.**

The invitation was issued by Carrick-on-Suir Municipal District director Pat Slattery who said this was very much a building for the people as well as a good working environment for the council and its staff.

The official opening ceremony took place in the new spacious high ceiling foyer of the Town Hall. Mr Slattery said the council hopes to use this space for civic activities such as exhibitions and launches.

He also mentioned the plans to use the Town Hall's new top floor as a Digital Enterprise Hub of work spaces with high speed broadband access for entrepreneurs and small firms. The council was working with Carrick-on-Suir Tourism and Economic Development Committee to develop this hub. It was an example of the local authority working hand in hand with the business community, he said.

Mr Slattery expressed the hope the refurbishment of the Town Hall will mark the start of the regeneration of the New Street area of Carrick-on-Suir and noted that they were already seeing this regeneration moving down the street.

He said Carrick-on-Suir has suffered in the past with unemployment and lack of development but the public sector has certainly taken the lead in investing in the town. "We need to follow up and encourage the private sector to join in investing in the town," he added.

The Town Hall was officially reopened by county council chairman Cllr Mattie

Ryan and Carrick Municipal District chairperson Cllr Louise McLoughlin.

The ceremony was attended by Tipperary County Council CEO Joe MacGrath, local councillors and dignitaries, council staff as well as past elected members of the former Carrick-on-Suir Town Council, whom Mr Slattery paid tribute to for supporting the Town Hall's refurbishment in the early days when it was first being planned.

The €2.4m facelift and three-storey extension to the side and rear of the Town Hall was finished shortly before Christmas. The project has doubled the size of the 19th century building and greatly enhanced the working environment for the 23 county council staff based there and made it more user friendly for the public visiting it on council business.

One of the key objectives of the project was to make the Town Hall fully accessible for people with disabilities.

Tipperary County Council chairman Cllr Mattie Ryan described the official re-opening ceremony as a "significant milestone" in the history of local government in the county.

He said it had taken nearly 15 years to deliver this project. The acquisition of land and the appointment of an architect took place in 2008, with planning permission granted in 2011 and construction work commencing in June, 2017.

Cllr Ryan paid tribute to the project's design team, the building contractor Tom O'Brien who ensured the project was completed on time and within budget, the sub-contractors, and council staff who project managed the revamp.

Carrick-on-Suir Municipal District chairperson Cllr Louise McLoughlin said the new state-of-the-art municipal district offices gave



Carrick-on-Suir Municipal District administrator Martin Nolan with Marie O'Gorman, Ger Walsh and Michael O'Brien

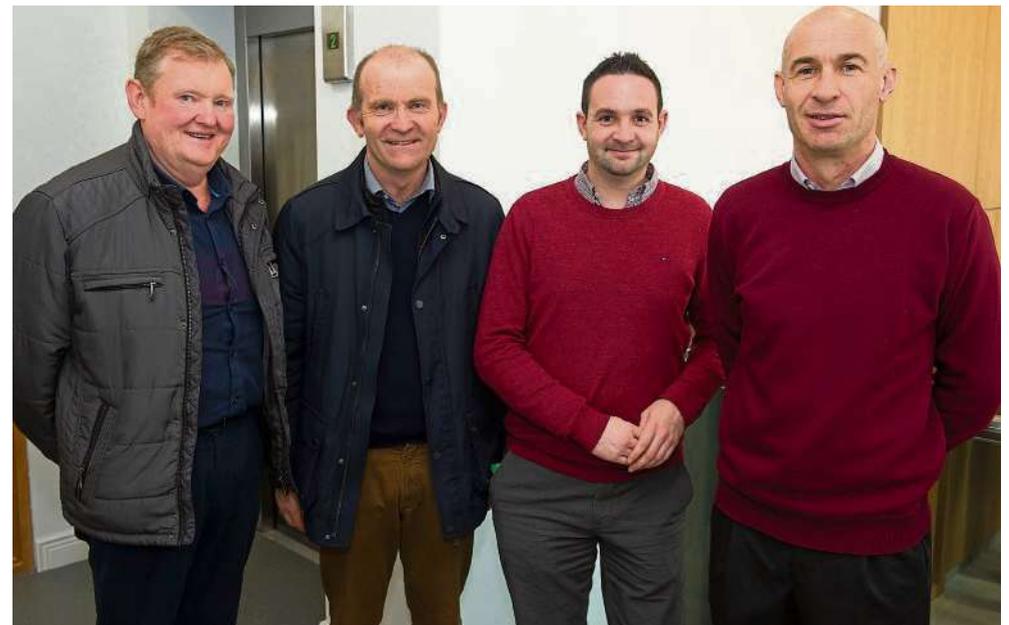
Carrick-on-Suir a status it truly deserves and showed the commitment of the local authority to the town.

She recalled the many roles the Town Hall building has fulfilled since it was built in 1843.

"It has been a band hall and a dance hall. It has been a branch library and a base for Town Commissions, the Urban District Council and Town Council. It has been the centre of political and public life in Carrick-on-Suir. It has been the place to go when in trouble.

"Although it has fulfilled different roles over the years and seen many changes, there is one thing it has always been - the centre of public service in Carrick-on-Suir and that's something that's not going to change," she declared.

Tipperary County Council CEO Joe MacGrath said the refurbishment of Carrick Town Hall was the final jigsaw in the county council's



Tomás Fitzgerald, Jimmy Horan, Aidan Fox and Barry Torpey at the official re-opening of Carrick Town Hall

strategy to upgrade its offices around the county over the past four years.

"Tipperary County Council has now in place the

most modern suite of offices of any local authority in the country. But the completion of this project goes far beyond the single objective of com-

pleting these offices. This secures the future delivery of local government services in this town and this district," he added.

## Buy a Brick to help fund building of school hall

Powerstown National School has launched its Buy a Brick campaign to help fund the building of the new school hall, which is due to be completed in May.

The campaign is part of an overall fundraising drive to raise €100,000. For pupils to develop both academically and physically, a school hall is an essential part of any school infrastructure and with over 350 pupils this facility is desperately needed.

"The Department of Education is not of-

fering funding for our school hall and the board of management along with the parents council are tasked with raising funds to complete the project. Whilst the majority of the funding for the hall is being provided by the board of management, the sum of €100,000 is needed to complete the building and this needs to be raised through local events and donations," a school spokesperson says.

The school is asking the community and past pupils to buy a brick for €10 to help the

school with the loan repayment. Payments can be made online or sent directly to Powerstown National School.

Committee chairperson Helen McGarry says that with support from the local community, the committee is confident that the target of €100,000 will be reached in the shorter term. "We are inviting and appealing to past pupils of Powerstown National School to become involved in this hugely beneficial project. By donating what they can at our fun-

draising page, the school's past pupils will, in a tangible way, give something back to their primary school by helping to further enhance the learning environment of this and future generations."

Donations can also be posted to Powerstown National School, Clonmel, Co. Tipperary or online <https://www.ifundraise.ie/powerstownhall>. Contact [powerstownparentscommittee@gmail.com](mailto:powerstownparentscommittee@gmail.com) for more information.

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# 'Immense contribution' of RehabCare service users honoured at awards night

**Dylan White**

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The "immense contribution" of service users at RehabCare Clonmel was recognised at its annual award nights in Hotel Minella recently.

"You have made both the service and your families very proud," said RehabCare community services manager Miriam Cleary in her opening address to the gathering.

"The awards not only celebrate the achievements of the service users but also give due regard to the values and principles of which these awardees exemplify, such as hard work, motivation and ambition for learning. Awards are a way in which we can encourage and acknowledge these realisations."

Awardees received their certificates for completing courses in food safety, literacy, numeracy, computer and IT skills, and programme participation. Others excelled in sports, arts and social events, while some service users took part in work placements at businesses including Abbott, Boston Scientific and Tesco.

Bridgewater House award winners at the occasion included Sarah Basquille, Ciaran Carroll, Graham Burke, Michelle Condon,

John Cullinane, Paul Crotty, Karen Daly, Geraldine Fahey, Orla Fahey, Dympna Farrell, Eileen Hennessy, Michael Hogan, Marie Johnson, Mary Kelleher, Laura Kenneally, Eileen Looby, AnnMarie Lynch, Paddy McCarthy, Jessie McGrath, Marcus McGrath, Garrett Meehan, Billy Mulroy, Geraldine O'Donnell, Patricia O'Donnell, Dabhorin O'Gorman, Kevin O'Leary, Joe O'Meara, Joan Norris, Marian Parsons, Michael Phelan and Emma Wallace.

The Suir Drop recipients included Mary Murray, Aisling Hill, Joan Norris, Sam Fehilly, James Donegan, Claire Ann Power, Nicola Guiry, Kellie O'Donnell, Niamh O'Connor, Mai O'Connor, Osman Awadalla, Luke Brennan, Paul Crotty, Thomas Barron, Thomas Parle, Dylan Maher, Karen Daly, Catherine O'Brien and Niamh Lynch.

Carrick-on-Suir gymnast Kellie O'Donnell, who will compete at the Special Olympics World Games in Abu Dhabi this month, also received RehabCare's Outstanding Achievement Award.

Boston Scientific supervisor Darren Gayson, who headed up an initiative which saw RehabCare service users visit the Clonmel site on work experience, paid tribute to the "unbelievable"



RehabCare Clonmel service users feeling proud at the annual awards night in Hotel Minella

awardees. Mr Gayson, who suffers from dyslexia, short-term memory loss and had a speech impediment as a child, said Boston Scientific is committed to making the transition into the workplace "seamless" for people with disabilities.

"We had some placements in the areas of logistics and packing of employee gifts [as part of our 20th anniversary celebrations last year]. That was over 900 jackets - different shapes, colours and sizes - all packed by the service users. It wasn't easy

and was probably the hardest work I have done in the last five years," he smiled.

"RehabCare users came up on the site for three days and the work that they done was unbelievable. What I really enjoyed was that everyone worked towards their strengths and abilities. People who were good at looking down through the list to see what jackets were needed were able to sit down and do that. Those who had the strength to stand up and talk in front of people called out what jackets were needed

next. And the people who wanted to burn off a load of energy like myself were able to run around collecting all the jackets. It was a fantastic opportunity and the craic was thoroughly enjoyed by everyone," he fondly recalled.

Some of the service users also took part in an "extremely successful" wellness programme with Boston Scientific personal trainer Niamh O'Connor, which "changed participants lives from a wellness perspective".

Mayor of the Clonmel

Borough District Cllr Richie Molloy, who is the area manager with Family Carers Ireland, praised the "great work" of RehabCare and its users on what was a "very important night". He added: "You deserve great recognition for the work that you do. A huge amount of work goes into doing any course and a lot of people drop out of courses as they go along. The very fact that you are receiving these certificates shows that you put in the 150 percent that's really needed to complete them."



RehabCare's Miriam Cleary and Mayor Richie Molloy with external tutors and community gardai



The Suir Drop service users celebrating after receiving certificates of achievement



Carrick-on-Suir gymnast Kellie O'Donnell with her mother, Tara, RehabCare's Miriam Cleary and Mayor Richie Molloy



Dabhorin O'Gorman receiving his certificate of achievement from Mayor Richie Molloy and Tesco Clonmel manager Martin Allen



Certificate of achievement recipient Joan Norris with Mary and John Norris at the awards night in Hotel Minella

# Peter helps woman on journey to having a baby

By **Dylan White**  
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**An award-winning personal trainer and nutritionist from Clonmel has helped a Dublin woman on her journey to having a baby.**

Dublin's Nikki Murphy was referred to hospital for IVF treatment after three years of trying and failing to get pregnant. Weighing in at just over 23 stone with a BMI of 46.6, she wasn't a suitable candidate for the treatment and was left devastated.

Nikki was put on a diet plan by the hospital but struggled to shed any significant weight. She was told that it would take 10 years before IVF treatment would be a viable option for her.

Nikki turned to fitness expert Peter O'Halloran, owner of online company PPT Fitness and Nutrition, who guided her on a life-changing journey. A non-commissioned officer in the Defence Forces, Peter addressed Nikki's "bad relationship" with food, helping her to drop eight and a half stone in 10 months.

"Someone gets to that size because their lifestyle isn't working for them. They are eating too many calories and

it's also having a mental effect on them," Peter says.

"A bad relationship with food takes time to change. If you put someone on a restrictive diet, it's not addressing the problem and they will crack. If someone drops calories too much, their metabolic rate will slow down to compensate, which is worse in the long run. They will become lethargic and give up."

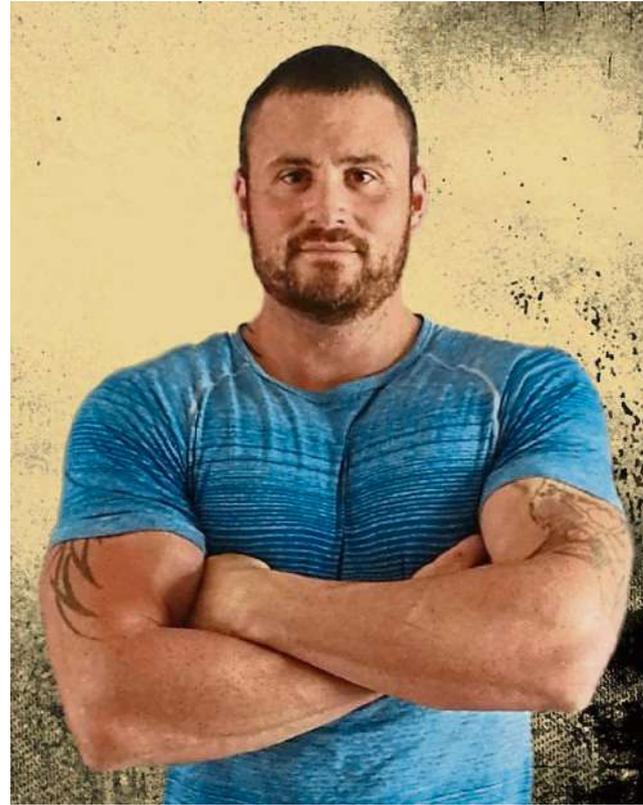
After taking Nikki's measurements, he put her on a "flexible" diet plan at first, followed by a gym programme. "I don't cut out all the crap food. If someone wants three 250 calorie snacks a day, I'll work that into the plan. By allowing someone to eat whatever they want, that gives them control on the journey while staying in a caloric deficit. Over time they will opt for something other than the chocolate and start making better choices. As long as they stay in a caloric deficit and hit their protein requirements, it works well. I will then adjust their calories every three or four weeks."

Peter says you can't out-train a bad diet. "In theory you could eat 1,500 calories of chocolate while remaining in a caloric deficit and still lose weight, but your body would

be in a terrible state and malnourished. You have to stick to the macronutrients (protein, fats and carbohydrates) in the plan. If you don't want 200 grams of chicken for dinner, have 200 grams of another meat. You can replace the potatoes on the plan with pasta, until you abide by the

calorie requirements."

Peter says weight training burns a lot more fat than cardio. He encourages people who are trying to lose weight to improve their non-exercise activity thermogenesis, which is the calories you burn from movement that isn't exercise.



Award-winning Clonmel fitness nutritionist Peter O'Halloran



Nikki Murphy was over 23 stone before she met Peter O'Halloran

"The more muscle you build in the gym, the more calories your body is going to use because more muscle requires more calories. I wouldn't recommend cardio to anyone who is very heavy. Along with gym work, try and get in those extra 1,000 steps throughout the day. Take the stairs instead of the elevator or park an extra 100 metres from work. Over time all these little things add up."

Nikki, who is now a candidate for IVF, is in awe at the progress she has made under

Peter's wing. She says losing weight has also given her mental health a huge boost. "There are no words to describe just how happy I feel when I look in the mirror," she smiles.

"If you want something bad enough, you will go get it no matter how hard it is. When your mind is right anything is possible, even a baby. I can now actually start a family and I really can't thank Peter enough for that. He's an absolute legend," she adds.

# Transformed McDonald's to reopen in Clonmel

The McDonald's restaurant on 8-9 Gladstone Street, Clonmel, which is owned by Cork man Jim Ronayne, has received a major €800,000 digital makeover that has created new jobs for the local area.

The innovations are aimed at improving the customer experience at the restaurant, which reopens to customers on March 19.

To improve the speed and ease of ordering, customers will have the option to use one of the restaurant's self-order kiosks. These allow customers to browse the menu, review nutritional information and personalise their meals, giving diners more time to consider their food and drink choices. New dedicated dining room hosts will ensure the ordering process is as quick and easy as possible.

Table service will also be introduced to take the hassle out of finding somewhere to sit when carrying food, potentially with children, bags and buggies. In restaurants where table service has been introduced previously, customer feedback has been positive,



McDonald's Clonmel business manager is local woman Gemma Lonergan O'Reilly

with families appreciating not having to leave children unattended while queuing and customers say it has given them more time to chat with friends and family.

Diners can also avail of on-site Samsung Galaxy tablets, which can be used to surf the web, keep up-to-date on the latest news headlines or play games. All of these digital improvements have been designed with changing customer needs in mind.

Franchisee Jim Ronayne,

who also owns and operates five other McDonald's restaurant said: "These changes are designed to make our customers' experience as enjoyable as possible, whether that's providing people with a chance to get to grips with using a tablet in a relaxed environment or giving parents an even easier way to order their food. When ordering at the new kiosks, customers will have the option to make more personalised food choices. For example, swapping fries for a side salad or

adding a fruit bag to their children's Happy Meal."

McDonald's Clonmel's business manager is local woman Gemma Lonergan O'Reilly. Gemma has worked for McDonald's for over 15 years. She became business manager last June.

"Gemma is a hard working

women who in her short term as a business manager of Clonmel has made a dramatic impact and will strive to ensure that the new and improved McDonald's will give amazing service to all its customers.

"Gemma and the hard working Clonmel team have

been redeployed to other McDonald's stores in Cork for the last few months during the refurbishment, travelling up and down every day so they are all really looking forward to seeing both old and new local customers and to see the amazing changes in the Clonmel restaurant."



Children from the junior classroom in Kilcass National School showing off their artwork with artist Ellis O'Toole. Ellis spent eight weeks working with children in Miss Cleary and Ms Prendergast's room as part of a teacher and artist partnership. Funding for this was secured by class teacher Miss Cleary following a summer course run by Waterford Teachers Centre

## DARKNESS INTO LIGHT

# Eight Tipperary towns to walk from Darkness into Light on May 11

**E**ight Tipperary towns will hold Darkness into Light walks on May 11.

They are Nenagh, Thurles, Clonmel, Tipperary Town, Roscrea, Cashel, Killaloe/Ballina and Carrick on Suir.

Almost 250,000 participants in over 200 venues across 19 countries and five continents will walk from Darkness Into Light.

Darkness into Light, organised by Pieta and supported by Electric Ireland since 2013, is a global movement dedicated to ending suicide and supporting those who engage in self-harm.

Pieta and Electric Ireland are calling on people from Tipperary to join the expected 250,000 participants across the globe.

Tipperary walkers can re-

gister online at [www.darknessintolight.ie](http://www.darknessintolight.ie).

By walking from Darkness into Light, everyone can play a part in removing the stigma around suicide and self-harm and spreading the power of hope throughout the world.

The unique event, which is symbolic of the journey from despair to hope, begins in darkness at 4.15am. Thousands of people will walk a 5-kilometre route into the light of dawn.

Funds raised from Darkness Into Light help keep Pieta's counselling services free of charge and freely accessible to those in suicidal crisis, people who engage in self-harm, and to those bereaved by suicide.

Darkness Into Light has grown from humble beginnings into a global movement

dedicated to raising awareness around suicide and self-harm.

Last year, walkers raised €6 million from the event. Pieta has supported over 40,000 people with face to face therapy.

Since opening its doors 13 years ago, Pieta has heard painful truths from thousands of people who have come to the organisation at the point of suicidal crisis or actively engaging in self-harm.

Worldwide close to 800,000 people die due to suicide every year, which is one person every 40 seconds. It is an international phenomenon and occurs at any point during a person's life.



Clogheen's Tommy Cleary, who passed away in January, would have celebrated his 100th birthday on March 9. His great friend Pat O Callaghan also passed away just over one year ago, aged in his nineties. Tommy would call into Pat every day for the chat and a cup of tea. May they Rest In Peace

## Plea to find missing dogs

**Two Tipperary rottweilers have been missing since March 9.**

They were last seen around the Burncourt/Kilcoran area. The male is called Diesel and is around the age of four/five

years old, while Bailey (female) is around 10 months. Bailey has a tale and Diesel doesn't.

Both are black with brown around the eyes, mouth and paws. Both dogs are micro-chipped and are wearing

chain collars.

The male is slightly bigger than the female. If anyone has any information or has seen them, please contact 087-1467558 or 087-2714582.

## LEGAL ADVICE

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# All the time in the world - Statute of Limitations

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### WHAT IS THE STATUTE OF LIMITATIONS?

The Statute of Limitations sets out the length of time a person has to make a claim as a result of an action or omission that gives rise to the claim.

Once the specified time has passed an action can no longer be brought.

The logic is grounded on common sense principles: after a certain length of time it is impossible to get accurate evidence – be it witnesses, people's recollection etc. and the threat of legal action cannot hang over a person for an indefinite time.

Therefore, the law stepped in with the concept of the Statute of Limitations.

### HOW LONG DOES A PERSON HAVE TO TAKE ACTION?

If a person is outside the limitation period, they cannot take an action.

Under our legal system there are strict time limits – known as 'limitation periods' – within which you are entitled to begin court proceedings seeking damages for personal injuries.

The consequences of failing to begin a court action within the allowed time limits are both stark and absolute: your entitlement to be compensated vanishes the moment the limitation period expires.

For personal injuries claims an injured party has, by and large, two years.

Although the Statute of Limitation for personal injury claims is two years, there is an exception where a person has no knowledge that

an injury is connected with a wrong committed by someone else.

### LEGAL SAFEGUARD TO PREVENT INJUSTICE

The law on the Limitations does include this safeguard to prevent limitation periods from expiring in unjust circumstances.

As a result, in most medical negligence cases the "date of knowledge" argument is often central to the case.

The 'date of knowledge' ensures that the time limit does not run out before a person knew or ought to have known that they have an injury/action.

The Statute of Limitations (Amendment) Act 1991 introduced the 'date of knowledge' for personal injury cases. The date of knowledge is applied when the date the wrong/injury takes place differs from the date the wrong/injury is discovered. This means that in situations where the injury may not be obvious at first the time limit for actions does not begin until the injured party is aware of the injury.

In case of medical negligence, a person may not have knowledge of the injury for some considerable time.

The 'date of knowledge' ensures that the time limit does not run out before a person realises they have an injury/action.

The 'date of knowledge' test provides that the two-year period within which one must bring a personal injury claim will not begin to run until the date upon which you

become aware of all of the following pieces of information:

You have been injured.

The injury which you have suffered is significant.

The injury was caused by the fault of someone else.

The identity of the person who caused you the injury.

### DOES THE STATUTE OF LIMITATION APPLY TO OTHER AREAS OF LAW?

The Statute of Limitation applies in almost all areas of law, for example, in contract, property or employment cases.

Here are some examples of the time periods:

If going after an account – 6 years

Tort other than personal injuries – 6 years

Contract – 6 years

Enforcing an arbitration award – 6 years

Estate – 6 years or 12 years depending on circumstances

Land - Adverse possession – 12 years, or 30 years if the State are taking an action

Unfair dismissal – 6 months

It is important to know that there is no 'date of knowledge' safety net in non-personal injury litigation.

You need to be diligent in making sure that you do not fall foul of such time periods.

The material contained in this page is provided for general information purposes only and does not amount to legal or other professional advice. While every care has been taken in the preparation of the information, we advise you to seek specific advice from us about any legal decision or course of action.

For further advice or if you wish to discuss any other legal area please contact reception@lynchsolicitors.ie or telephone 052-6124344.



# Truck driver fatigue cause of fatal County Tipperary crash

**The death of a young Thurles mother, on her way to hospital to see her baby when a truck collided with the back of a car in which she was a passenger, highlighted the need for truck drivers to take appropriate rest periods and avoid fatigue, a coroner has said.**

A garda technical expert who examined the stretch of motorway near New Inn where Nicola Kenny (26) was killed in 2016 concluded that "driver error" by a truck driver contributed to the fatal collision.

The car in which Nicola was a back-seat passenger, with her aunt driving and her mother in the front seat, was stopped on the hard shoulder of the M8 when a lorry approaching from behind collided with it, sending it down a grass embankment and killing the young woman instantly.

An inquest in Clonmel found that she died as a result of multiple traumatic in-

juries consistent with a road traffic collision and accidental death.

A deposition from one witness, Patrick Foley, heard that he was travelling north on the M8 at Dogstown, New Inn, between the Cahir and Cashel exits, when he saw a truck in the slow lane.

As he overtook this truck, he noticed the driving was "erratic" and the truck was veering towards the hard shoulder.

"I didn't have a good feeling," Mr Foley said of the driving of the truck.

As he continued ahead of this truck, he observed in his rear-view mirrors that the truck continued onto the hard shoulder and he then noticed a Ford Focus pulled in on the hard shoulder.

"I saw the front left of the truck collide with the back right side of this car." The Ford Focus ended up going down into a ditch, he said, and he phoned the emergency services.

The driver of the truck, Ciaran McBride from 38

Tivenmara Road, Carna, Keady, Co Armagh, was given a suspended prison sentence at Clonmel Circuit Court last year after he pleaded guilty to careless driving causing death.

The circuit court case heard at the time that Nicola Kenny, who was from Kennedy Park in Thurles, was being driven to Temple Street Hospital in Dublin to visit her new baby daughter, who had been transferred to Temple Street from South Tipperary General Hospital in Clonmel for medical attention.

It was also heard in court last year that Nicola's aunt, the driver of the Ford Focus, had pulled into the hard shoulder to allow Nicola take a call from Temple Street to tell her the baby was fine.

Garda Declan Corrigan told the inquest that the judge in the criminal case last year "said he believed driver fatigue was a contributing factor" to the fatal crash.

The coroner, Paul Morris, said: "On the signs we see on the motorway, 'Tiredness

Kills,' it does actually apply in this case."

Paramedic Michael McGrath said he was off-duty at the time of the crash, 12.30pm on September 5, 2016, but came upon the scene in his car.

He established that Nicola was deceased while her mother was injured and her aunt was seriously injured. A local GP, Dr William Ryan, pronounced Nicola dead at 1.42pm.

Neither of the other women in the car at the time was present at the inquest, but Nicola's father Paddy Kenny was present.

Sergeant Niamh Brosnan, a crash-scene expert, said she came to the conclusion following her investigation that "this collision was due to driver error".

The coroner then said that the case "really highlights that lorry drivers should obey their tachograph and take their rest".

A pathologist's report was read out in court and referred to injuries sustained by in-



Nicola Kenny was killed when a truck collided with the car in which she was travelling in

Nicola, which included multiple rib fractures, a fracture to the upper thoracic spine and lacerations to the lungs and liver.

The jury returned a verdict in line with the medical evidence, that death was caused by multiple traumatic injuries consistent with in-

volvement in a road crash, and accidental death.

They also added a recommendation that commercial drivers should abide by "safe driving times" and "appropriate rest periods" to avoid fatigue and causing danger to other road-users.

# Clonmel man jailed for life for 'shocking and outrageous' murder

**A Clonmel man has been jailed for life after a jury found him guilty of murdering a 90-year-old retired farmer, who was found beaten to death in his own home.**

The panel of eight men and four women rejected the claim of 28 year old Ross Outram that he repeatedly struck Paddy Lyons in "self defence" after the pensioner, who suffered from osteoporosis and only had the use of one arm, "attacked" him with a stick.

The trial heard that the farmer's body was discovered slumped in his armchair at his home. Blood was smeared down his face.

Pathologist Dr Margaret Bolster told the trial that Mr Lyons suffered multiple blows to his head and neck from a blunt weapon and had fractures of his hip joint, jawbone and ribs.

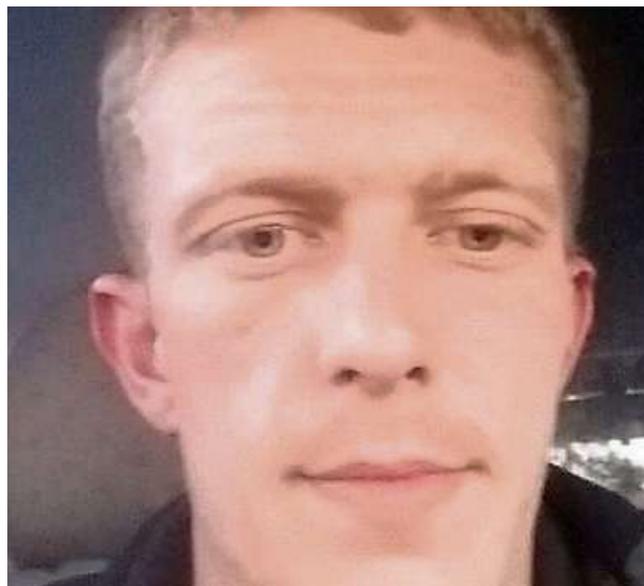
Mr Lyons lived alone on his farm and had "trusted everyone", the court heard, but became the victim of what was described as a "truly shocking and outrageous" attack by Outram, who has previous convictions for burglary and assault.

It was the State's case that Outram had carried out "a vicious and sustained attack on a defenceless old man" with a non-functioning arm and the defendant's claim of self-defence did "not bear thinking about".

Outram of Ferryland, Waterford Road, Clonmel, had pleaded not guilty to murdering Mr Lyons at Loughleagh, Ballysaggart, Lismore, Co Waterford, at a time unknown between February 23 and 26, 2017.

The jury took three hours and 29 minutes to come to a unanimous guilty verdict.

Mr Justice Paul Coffey thanked them before exempting them from jury ser-



Clonmel man Ross Outram has been jailed for life for murder

vice for a period of 15 years.

Defence counsel Michael O'Higgins SC told the court his client wanted to apologise for having killed Mr Lyons and he was remorseful for his

actions.

25 PREVIOUS CONVICTIONS  
The court heard that Outram had 25 previous convictions which include burglary, theft, possession of

stolen property and assault causing harm.

Mr Justice Coffey then sentenced Outram to the mandatory term of life imprisonment for murder.

The sentence was backdated to when he went into custody on February 27, 2017.

Addressing Outram, Mr Justice Coffey said his conduct was "a truly shocking and outrageous fatal attack on a defenceless 90-year-old man in his own home."

Outram told gardai in interviews that he had "fought back" after Mr Lyons hit him with a walking stick and shovel, and that he had taken up to 100 Xanax that day.

However, a pharmaceutical expert told the jury that there was "no proof" that Outram had taken Xanax.

The three-week trial heard medical evidence that Mr Lyons suffered a "stiffness or fusion" of his right shoulder during childbirth and could only keep it in one

position.

Before sentencing, a victim impact statement was read to the Central Criminal Court by the prosecution on behalf of Ms Lyons' home help in Lismore, Mary Fennessy.

She said she knew him for over 20 years and "if anyone deserved a place in heaven, it's Paddy."

"He was happy with simple things, had a great love for life and loved meeting people."

"He was a well known, well respected man of our community and he is greatly missed," she said.

Ms Fennessy explained that Mr Lyons was the oldest man in their village and he was a "very friendly and trusting man".

"He didn't drive a car but everyone in the village knew him and would give him a lift in and out of Lismore."

"Everyone liked him," she said.

# Clonmel school enjoy health and exercise lesson

**Gaelcholáiste Cheitinn in Clonmel recently stopped all normal school activities to engage the services of Health and Fitness Ireland for a day.**

This was a whole school initiative to educate and empower all the students in the areas of mental health, well-being, nutrition and exercise/ quality movement.

The school realises the importance of educating and empowering their students to make good lifestyle choices and instil healthy behaviours, which in turn will help each student feel mentally and physically stronger, able to cope with life's challenges and also help to identify how to reduce stress and anxiety.

Health and Fitness Ireland, based in Clonmel and

working to educate students and adults alike throughout the country, was established in 2016 by Darren Murray and Muriel Cuddy.

Both have a wealth of experience and knowledge in all areas relating to mental health and well-being, nutrition, exercise, and lifestyle choices. They have a number of professional tutors delivering workshops, programmes and health screens nationwide.

In Gaelcholáiste Cheitinn, a team of tutors which included a psychologist, psychotherapist, physiotherapist, nutritionist, exercise and health coach, sports performance coach, and a coordinator arrived at 8.15am to help empower and educate the students.

The Supersubs side of Supermacs came on board to provide healthy eat on the go

food options for everyone, including salads, whole-wheat wraps, healthy soups, fruit and water. This was prepared by the Health and Fitness Ireland nutritionist in front of the students, and they then got to enjoy the finished product.

In every part of the school, there was an activity or lecture in operation all day long with great engagement and interaction from every student.

Laura Kavanagh from Ferryhouse Swimming Club sponsored the end of day competition, where every class had the chance to win a surfing trip. It is based on max total step count and mini total screen time over the period of three weeks, which is proving to be a huge success.



First year students enjoyed learning about quality movement

# Pres schools had 'Stars in their Eyes'

**Presentation Primary and Secondary Schools, Clonmel joined forces for a major fundraiser, Stars in their Eyes, in Hotel Minella last Friday night.**

The event was sponsored by local company Camida and both schools really appreciate their support for the event.

A packed audience was entertained by 12 acts (six representing the Primary and six representing the Secondary school).

All 12 acts were outstanding and they all entertained a very enthusiastic audience.

The winning act Village People certainly electrified the show.

It was a spectacular event, with students from both schools providing entertainment during the show.

Both schools thank all the companies who sponsored an act or purchased an advertisement in the programme.

MC Brendan Cummins gave a masterful performance with his interaction with the three judges - Aoife O'Keeffe of AOK Dance Studio, Deputy Mattie McGrath and Owen Lonergan of Tipp FM. The show was excellently

produced by Diarmuid Boyle without whose advice, guidance and encouragement it might have floundered.

The generosity of the Nallen family ensured that the schools had access to such beautiful facilities.

Both schools are blessed to have very talented students, staff, parents and members of board of management who worked together on this historic and successful event.

The night was a resounding success and both schools are extremely grateful to everyone who made it happen.



ABOVE LEFT: Derek O'Mahony as Elvis. ABOVE RIGHT: Kate and John Corcoran as Kiki Dee and Elton John



The Weather Girls - Ciara Fogarty Compton, Barbara Doran, Carol Creighton and Alison Smith - on stage during Presentation Stars in their Eyes

# Phillipa Harold Barry is off to London to represent Ireland after Microsoft Word exam triumph



Rockwell College student Philippa Harold Barry

A Tipperary student has achieved the best Microsoft Word exam result in Ireland.

Rockwell College's Philippa Harold Barry fended off the challenge of over 15,000 other transition year students throughout Ireland to claim the honour.

Phillipa's teacher, Roisin Egan, praised the achievement. "I am delighted that her hard work, dedication and talent have been re-

warded. She is a worthy representative of Rockwell and Ireland," she said.

Phillipa, along with her teacher, will be flown to London where she will represent Ireland in the Four Nations Microsoft Word competition at the British Library on June 14.

The prize, should she be successful, is an all expenses trip to New York to represent the Four Nations.

# International Women's Day is celebrated in Clonmel with screening of an iconic movie

Tipperary Educational Training Board celebrated International Women's Day on Friday with over 40 learners and staff coming together in the Barracks Campus, Clonmel, to watch a screening of the 1985 film based on Alice Walker's novel *The Color Purple*.

"We chose this movie because internationally purple is the colour for symbolising women and the story covers 40 years in the

life of a black woman who endures incredible oppression at the hands of the men in her life, until she finally learns to stand up for herself and acknowledge her special gifts," said adult literacy organiser Mary Roche Cleary.

"It holds up the values that guide our lives and shape our approach to adult education – perseverance, dignity and following through."



Tina Looby, Dierdre Fraughen, Esther Wills and Ester Mackey at the film screening PICTURES: JOE KENNY



Joan Norris, Martin Love, Elaine White, Noel Fogarty, Brendan English, Fiona Sampson and tutor Christine Butler



Natasha Holohan, Sheila O'Connor, Shirley Costin and Ann Marie Sheehan at the celebration



Celebrating International Women's Day in Clonmel were Veronica Crowe (community education facilitator), Lavinia English (adult literacy resource worker) and Mary Roche Cleary (adult literacy organiser)

# Promoting Tipperary tourism at networking event for providers

Tipperary Tourism held a well attended networking event for tourism providers in Fethard last week.

It took place in the fabulous Fethard Horse Country Experience, itself one of the top tourism amenities in the area.

The event took place in conjunction with Local Enterprise Week.

Tourism providers met with Tipperary Tourism, Tipperary Local Enterprise Office, Munster Vales and Ireland's Ancient East teams.

It was a lively morning with much discussion on how tourism providers could avail of supports as well as a chance to catch up with others working in the sector.

Fethard Horse Country Experience provided attendees with the perfect opportunity to see their state of the art exhibition.

They also availed of an excellent tour delivered by

Terry Cunningham, Tipperary Tourism board member, and also of Fethard Historical Society.

There were a broad range of tourism providers from tour companies, hotels and bed and breakfast, to pubs and restaurants as well as videographers, tourism promoters and genealogy service providers.

It was interesting to note that people travelled from Birdhill, Nenagh, Holycross, Tipperary Town, Cashel, and Carrick on Suir as well as many of our smaller towns and villages representing a nice spread of tourism providers from across the county working together.

There was great support from locally based providers in Fethard who provided a warm welcome.

There will be a number of similar Tipperary Tourism networking events in other parts of the County Tipperary throughout 2019.



Photographed at the Tourism Seminar at Fethard Horse Country Experience were:

TOP LEFT: Shirley Quann and Johnny Fitzpatrick from Carrick-on-Suir Heritage Centre.

ABOVE: Triona O'Mahoney (Munster Vales) and Mairead Winters (Tipperary Tourism).

LEFT: Molly Standbridge (FHC), Mary Gleeson (Silver Spruce Lodge), Marie Murphy (Fethard) and Norah O'Meara (Genealogy Centre North Tipperary)

# Focus on Our Lady's Hospital - HSE responds to Cllr Tom Wood

Details have been furnished by the HSE concerning the exact capacity of all the facilities that comprise Our Lady's hospital in Cashel, and the HSE has clarified that mental health patients from Kilkenny can avail of the services in Cashel.

Cllr Tom Wood tabled a motion at the south east regional health forum concerning Our Lady's complex in Cashel: "What is the capacity of, occupancy rate, and average length of stay where applicable at the Rea Nua, Lorica, and Carraig Óir Units on Our Lady's Hospital Complex in Cashel?"

Kate Killeen White, chief officer south east community healthcare, responded: "Re Nua is a HIQA registered designated centre in Cashel. The HSE is the registered provider. The designated centre comprises of a large single story building that accommodates up to six residents who have intellectual disabilities.

Four residents have their own en-suite bedroom and two residents have self-contained open plan apartments.

The occupancy rate for Re Nua is 100%. In this instance the length of stay is not applicable for Re Nua as it is a residential unit, that is, the client's home.

## LORICA

Lorica is a 9-bed 24-hour nurse staffed residential unit under the remit of South Tipperary Mental Health Services. Seven beds are used to support service users with severe and enduring mental illness so that they can increase their living skills, integrate into the community and move to more independent accommodation.

Length of stay for this group has varied from three months to 12 years, with the average length of stay being five years. Occupancy rates (currently 78%) as service users' transition to service users own accommodation and having staggered occupancy in both places eg. four nights in Lorica, three nights in own accommodation. One bed is for planned respite use by service users from any sector in South Tipperary mental health services. Respite periods varied from two to seven nights at a time based on the need of the service user and their families.



MAIN PICTURE: Ré Nua, Lorica and Carraig Óir at Our Lady's complex  
INSET: Cllr Tom Wood

In 2018, 12 service users availed of respite on a rotating basis. The final bed is for planned respite and rapid access by the rehabilitation team.

Occupancy varies from 50% to 100% dependent on mental health status. Use as a rapid access bed diverts occupancy from the crisis house in Clonmel and Department of Psychiatry in Kilkenny where deemed suitable and appropriate by risk assessment. In 2018, eight rehabilitation team service users used this bed for respite or rapid access.

## CARRAIG OIR - MENTAL HEALTH SERVICES

Carraig Óir does not have any beds. It is a community mental health team base and day hospital for the Tipperary-Cashel catchment area."

Cllr Wood explained that he tabled the motion for the February meeting on the grounds that since the closure of St Michael's residential unit in Clonmel, and with St Luke's Unit in Kilkenny "evidently under pressure as regards sufficient accommodation to meet the demands, there might be an opportunity of facilitating more service users at Our Lady's Hospital Complex in Cashel.

Cllr Wood added: "in the course of discussing the issue further, I was told that 'if appropriate and relevant, service users from our area, who are facilitated in the acute unit in Kilkenny, could avail of the Cashel facilities. I was also advised that 'there are no plans at the minute for acute mental health services in Clonmel.'"

## Fáilte Ireland plans to boost Cashel

**Fáilte Ireland has convened businesses from across Cashel, County Tipperary, to set out plans to develop tourism in the town as part of shaping a long-term tourism plan for Ireland's Ancient East that will drive increased visitors and revenue to the local area.**

Over 50 businesses joined a workshop at Halla na Féile to input into a strategic and operational blueprint for the development of tourism over the next five years. The plan

will set out how local businesses and organisations can work together to create compelling visitor experiences which have the capacity to drive increased bed nights and revenue into the local community.

"Ireland's Ancient East brand is already making a significant impact on tourism across Tipperary. We are delighted to work with Fáilte Ireland to identify key opportunities to grow tourism and the many social and economic benefits it brings to the wider county over the

coming years," said CEO of Tipperary County Council Joe MacGrath.

"The workshop is the first step in our long-term development plan and it was great to see high levels of enthusiasm from Cashel businesses. Cashel has the potential to become a key hub and tourism driver for the area and we will be working closely with businesses to develop the tourism offering here to increase revenue and, ultimately, create more jobs."

## AROUND TOWN

## DAFFODIL DAY COFFEE MORNING

Daffodil Day coffee morning in aid of the Irish Cancer Society will be held in the home of Ned and Margaret O' Toole, Dualla Road, Cashel on Saturday, March 16 from 10.30am to 2pm.

Donations of confectionery will be most welcome. Further information from Margaret at 086 3116244. Please support.

## UPCOMING COURSES IN CASHEL - CLUB CHILDREN'S OFFICER

Tipperary Sports Partnership will hold a Safeguarding 2 club children's officer course on Monday, March 25, from 6pm-9pm in Spafield Family Resource Centre, Cashel.

A person appointed to the club children's officer position in a club must have completed safeguarding 1 (child welfare and protection basic awareness workshop) and should complete the NEW club children's officer 3 hour workshop.

This course will help the club children's officer to carry out the function of their role in the club and support the implementation of best practice in the club. Club children's officers should be child centred in focus and have as the primary aim the establishment of a child centred ethos within the club.

They are the link between the children and the adults in the club. They also take responsibility for monitoring and reporting to the club management committee on how club policy impacts on young people and sports leaders. Places are limited and bookings will be on a first come first served basis. Cost of course is €15 per person.

For further information & bookings please contact the Tipperary Sports Partnership Office 0761 06 6201 or log onto our website www.tipperarysports.ie

## CASHEL LIBRARY

Join our walking group every Monday, from 11am to 12 noon. This is a free event.

Our children's book clubs meet once a month on a Tuesday night. The boys club will start at 6.30pm with the girls meeting at 7pm. These book clubs are suitable for 7-12 year olds, and new members are always welcome! For more information, contact us on 062 63825.

The next meeting is on March 19.

## LARKSPUR PARK

Junior Tennis AGM is on Wednesday, March 20, at 8.30pm.

All motions to the chairperson by March 18 (Aidan Muldoon, 086 237 2488). We would ask parents/guardians of all junior members of the tennis club to attend.



Main Street, Cashel during last year's St. Patrick's Day Parade. This year's parade is set to be bigger and better than ever, with its theme of celebrating 700 years of the Town Walls.

# Cashel St Patrick's Day Parade to celebrate '700'

**This year's St Patrick's Day parade in Cashel is set to be bigger and better than ever, with its theme of celebrating 700 years of the Town Walls.**

Organiser Sean Laffey announced the plans on Thursday, saying: "we wish you all the best in your entry for 2019.

"It is our aim that the parade will be fun and above all else safe for everyone involved. For safety reasons the parade runs between the bus times for the Dublin-Cork and Cork to Dublin Bus Eireann service."

Saturday town car parking: please clear the space outside the Bank of Ireland from 4pm on Saturday,

March 16 to accommodate the review truck.

Sunday town car parking: Main Street - please remove cars from the main street by 12 noon on Sunday to allow erection of crowd safety barriers. Cars behind the barriers will be "locked in" until 3.45pm.

Wesley Square - please remove cars from Wesley Square by 12.30 pm to accommodate the Order of Malta Ambulance.

Advice for participants  
Timing - the parade cannot start any earlier as the road has to be open for the Bus Eireann service. We have to wait until the bus leaves town before we can close the road.

Keep it smooth

The aim of the stewarding crew is to produce a smooth parade with few gaps or bunching, this is not only for a good visual effect but for safety.

Performances are welcome in front of the reviewing stand and by the Plaza, please keep performances to three minutes. Long performances cause the parade to bunch up.

Music

If you have music to be played from the reviewing stand, please bring it to the parade before you start. The committee cannot guarantee our equipment will be able to play files or CDs, we can run a microphone however off your own portable audio gear such as

portable CD players smart phones etc. If you are dropping off a CD, please have it labelled with your group's name and a return contact number.

Please do NOT throw sweets into the crowd, small children may run into the road and not be able to move back to their parents behind the barriers, becoming trapped in the traffic.

Judging is at the reviewing stand, so put on your best show there.

Awards and prize giving at Halla Na Feile. This will allow floats time to return to the Dublin Road. Winners will be informed by text, log your mobile number with Declan Burgess.

## Thirty-two years of Daffodil Days in Cashel

Cashel Daffodil Day Committee appeal for the public support as they prepare to take to the streets on Friday March 22 to raise crucial funds for cancer patients.

On average 1,180 people in Tipperary are diagnosed with cancer annually.

Our fundraising efforts in Cashel are in full swing with sales of merchandise taking place each Friday at Tesco and in our primary schools.

Ned and Margaret O' Toole are holding a coffee morning in their residence on Dualla Road, Cashel on Saturday March 16 from 10.30am to 2pm. Donations of confec-

tionery will be most welcome. We encourage people to bring fresh daffodils to Vincent de Paul House on Thursday March 21 from 2.30pm to 5.30pm where they will be wrapped ready for distribution on Thursday evening and all day Friday at our 10 centers around the town of Cashel. We hope our loyal volunteers will turn out in force on these two days.

We welcome any volunteer helpers with an hour to spare to contact Margaret on 0877781702.

Looking forward to seeing you all and having a very successful Daffodil Day.

## Children's Hospital overrun will not affect Cashel

The cost overruns on the National Children's Hospital will not impact on new buildings planned for St Patrick's Hospital in Cashel by 2021, the HSE has assured a Cashel councillor.

At a regional health forum, Cllr Tom Wood requested: "will the HSE confirm that the significant excess expenditure on the National Children's Hospital will not affect the commencement and completion of the new buildings replacing the present St Patrick's Hospital in Cashel and due to be in place by the end of 2021 to

meet HIQA conditions."

Kate Killeen White, chief officer of south east community healthcare, responded: "south east community healthcare cannot comment on the National Children's Hospital overspend and/or impact."

Ms Killeen continued: "St Patrick's Hospital, Cashel, provides residential, rehabilitation and respite care to older adults in the south Tipperary area. The national capital plan includes the replacement of St Patrick's hospital.

"I am advised that the ar-

chitect and quantity surveyors have been appointed to the design team. The appointment of the services engineers and the structural engineers is underway and will be completed shortly. The aim is to have the building to replace the existing St Patrick's hospital, Cashel, completed by the end of 2021."

Cllr Wood added that Jim Daly, minister of state for mental health and older people, set out a similar position on St Patrick's new development in email correspondence last week.

AROUND  
THE TOWNFUNDRAISER FOR  
IRISH DANCERS

The Carrick-on-Suir based Higgins Academy of Irish Dancing is fundraising to send their dancers to the World Irish Dancing Championships in Greensboro in North Carolina next months.

This is the most prestigious event in Irish dancing and a massive achievement for the school students and parents to be able to attend.

The School would greatly appreciate the public to support its coffee morning bake sale in the Carraig Hotel, Carrick-on-Suir on Friday, March 15 from 10.30am to 12.30pm.

There will be a dancing display and raffle at the sale and a raffle.

SPRING RUNNING  
LEAGUE PRIZE  
WINNERS

Carrick-on-Suir Road Runners' eight week-long spring league has concluded and prizes have been awarded to the best competitors.

Results: Best Female Time Predictor: Eileen O'Connell, Best Male Time Predictor: Benny Hahessy, Best improved Female: Yvonne Walsh, Best improved Male: Danny Power.

1st team: James Fox, Ann Cronin, Derek O'Dwyer; 2nd team: Patrick Roche, Joe Gough, Sarah Gough; 3rd team: Tommy Falconer, Pat Nolan, PJ Guinan.

The Club thanks PJ Guinan and SuperValu Carrick-on-Suir for sponsoring and supporting the eight week event and James Sullivan, physical therapist and running/technique coach for providing a registration room at his business premises and pre-run warm up sessions.

The Club also thanks the Junction Bar for providing a room for prize presentations and refreshments as well as the stewards, people taking names and time keepers.

## BRIDGE RESULTS

Tuesday Night Bridge Club at Carraig Hotel, February 26: 1st Marcella Power and Honora Murphy, 2nd Marie Cooney and Ita Power, 3rd Milena Mullins and Kitty Mullins.

88 Bridge Club at Carraig Hotel, February 28: 1st Honora Murphy and Bernadette Cleary, 2nd Tess O'Shea and Aileen Brett, 3rd Bernie Casey and Marie O'Connor

## €194,000 extra for Dillon Bridge repairs

Tipperary Co. Council has secured €194,000 funding to carry out the second phase of repair works on Carrick-on-Suir's Dillon Bridge this summer.

Meanwhile, a contractor has resumed work on removing vegetation from the bridge after a break of several months. This is part of the first phase of the renovations.

News of the extra funding for the Bridge repairs was announced by

Carrick-on-Suir Municipal District Engineer Willie Corby at the monthly meeting of the District's councillors.

The €194,000 allocation will be used to repair underwater scour damage to the bridge. Scouring is the removal of river sediment from around the abutments and piers of bridges by fast moving water, which can compromise the integrity of the bridge's structure.

The Council set aside €70,000 last year for the

Dillon Bridge renovations. But the local authority discovered the project was bigger than initially thought and decided to divide it into two phases with the first tranche of funding allocated to repairs to the bridge's superstructure including the repair of railings and removal of vegetation.

Mr Corby indicated the Council hopes to start work on the second phase in May or June. Permission must first be obtained from An Bord

Pleanala to carry out the scouring repairs.

Mr Corby said the contractor currently working on removing vegetation from the bridge is expected to be finished in a few weeks time. He resumed work two weeks ago.

Carrick-on-Suir Fianna Fail Cllr Kieran Bourke said he hoped the Council wouldn't engage this contractor again.

"He did a Harry Houdini

job and disappeared for months.

"I hope the work (on the second phase) is not going to be done by this contractor because he let us down badly. I don't think we should tolerate that," he declared.

Mr Corby said they were putting extra pressure on the contractor to complete the work and indicated the Council wasn't impressed with what happened.

Carrick United FC's Munster  
Junior Cup campaign ends

Carrick United AFC bowed out of the Munster Junior Cup on Sunday following a 2-1 defeat to Limerick side Pike Rovers in a home game at Tom Drohan Park.

The Carrick team started brightly playing with the wind on their backs and could have taken the lead early on after Mark O'Meara's 25 yard shot was directed into Rory Finnegan's path but somehow the Pike Rovers

keeper got his feet to the follow up shot.

Pike Rovers took the lead shortly afterwards from the penalty spot but Carrick kept their composure even after play was suspended due to a heavy hail shower.

After the mini-break, Carrick drew level. A free kick from the left was helped on by Eric O'Halloran and spilled by the Pike Rovers keeper into the path of Dale

O'Mahony, who couldn't miss.

The second half was dominated by Pike Rovers players using the wind to pin a resolute Carrick in. This included a spell of six corners in a row but with no clear cut chances.

On a rare foray into Limerick side's territory, Carrick got a dangerous looking free kick 25 yards from goal. The free struck the

wall and the follow up shot was blocked and gave Pike Rovers the opportunity to break and secure a free kick 20 yards from goal. The kick expertly curled into the top corner giving Darragh Gibbs no chance.

Carrick pushed on in the remaining minutes but couldn't create a clear chance as Eric O'Halloran's last minute effort from 25 yards went wide.

Carrick AFC says hard luck to Alan Ryan, his management team and his squad for their great effort in this competition this year and it thanks all those who helped get the pitch in playable condition following some unbelievably heavy showers prior to kick off.

The Club wishes Pike Rovers the best of luck in the next stage of competition.

Carrick Wheelers gear up for  
St Patrick's Day races

Carrick Wheelers cyclist Ray Cullen finished eight in the A2 event in the 76km Rás Naomh Finian in Moyvalley, Co. Kildare last weekend.

At the other side of the country, Carrick Wheelers members Cathal Purcell finished fifth and Arminas Meskauskas finished 7th in the Lacey Cup 2.0 in Tralee, Co. Kerry.

It was a hard course that also included three laps of a

9km circuit in the middle of the race. There was a lot of attacking within the eight man break away group in the final 2km that included the two Carrick Wheelers cyclists.

New member Arminas Meskauskas followed up with a second place at the Rás Luimni in Caherconlish, Co. Limerick on Sunday. He and winning cyclist Dan Morrissey broke away from

the other leaders with 50kms to go.

ST PATRICK'S DAY  
RACES

The club's Bobby Power Memorial, Tommy Sheehan Memorial and Landy Cup races take place on St Patrick's Day.

This year's races will be run on a 20km circuit beginning in Clonea Power. In the A1/A2 race, the riders will

Carrick Wheelers cyclist Arminas Meskauskas, who finished second in Rás Luimni on Sunday.



complete six laps totalling 120km. The A3 event is a 100km race over 5 laps and

the A4 event is a 4 lap race totalling 80km.

## Volunteers needed for Daffodil Day campaign

Carrick-on-Suir's Daffodil Day Committee is looking for volunteers to man its fundraising collection points in Carrick-on-Suir and Piltown on national Daffodil Day on Friday, March 22.

The Committee met in the Nano Nagle Community Resource Centre last week to

organise the local campaign of the Irish Cancer Society's biggest annual fundraiser fundraiser.

The Committee discussed the local collection points and the team of volunteers who will man them.

Committee member Marie Walsh said an Irish Cancer Society pop-up

merchandise shop beside Bridgewater House on Carrick's Main Street will also be open on Daffodil Day.

All are welcome to call in and anyone who has an hour or two to volunteer on Daffodil Day at any of the venues, please contact Marie on: 087-056 4440.

Last year's Daffodil Day

collections in Carrick-on-Suir and Piltown raised €10,373. The funds collected locally remain in the area to fund services for cancer patients and their families.

Daffodil Day Committee members spoke about the exceptional support the Irish Cancer Society's night nurses

give to patients and their families and the volunteer driver service that transports patients to and from chemotherapy/radiotherapy appointments.

Funds spent each year by the Irish Cancer Society on cancer research, patient care and support, amount to an annual average of €14m.

# Join the St Patrick's Day Parade on your bike

Carrick-on-Suir's St Patrick's Day Parade organisers are encouraging the people of the town and district to get on their bikes this Sunday, March 17.

The theme for this year's parade is Cycle with St. Patrick and the organising committee is encouraging the people of the town to partake in the parade by getting on their bikes.

The parade will kick off at 3pm from the Glanbia Co-op in Carrickbeg and wind its way through Main Street and Kickham Street and conclude in the Town Hall Car Park.

Tomas Roche, organising committee member, is looking forward to a great day in the town. "This year we want to encourage members of the pubic and attendees of the parade to enjoy the wonderful scenery that surrounds the town.

"What better way than by bike. It's a great form of exercise, it's great for the environment and if you're aged eight or 88 you can



Ruth Raggett with young members of the Rising Stars Variety Group walking in a previous on St. Patrick's Day Parade in Carrick-on-Suir.

enjoy a pedal.

"We're also delighted to have some walking groups such as clubs and schools in the parade this year. We'll also be welcoming the Hope Field High School's U-16 and U-18 rugby teams all the way from the Western Cape in

South Africa.

"They'll take part in their first ever St. Patrick's Day Parade, but not before playing Carrick-on-Suir RFC in Tybroughney earlier that day at 11am."

"To keep the crowds

entertained, we also have some great events taking place before and after the Parade, so people can enjoy all Carrick-on-Suir has to offer. There will be food and craft stalls located at Town Hall Car Park and we'll have family entertainment provided by Dmax Events, with amusements and a fun fair, located at Town Hall Car Park right throughout the day."

Tomas is encouraging any groups, businesses or clubs to get in touch if they would like to take part in the parade or are interested in volunteering on the day.

He also urged the people of the town and district to turn out in large numbers to enjoy the local festivities.

For further details about the Carrick-on-Suir St. Patrick's Day Parade visit their Facebook page or if you are interested in taking part on the day or volunteering call David Dunne on 086 347 6317.

## Swan senior hurlers play St Mary's on St Patrick's Day and club lotto jackpot is won

Carrick Swan senior hurlers defeated Borrisokane by one point on Sunday in Davin Park in the opening round of the County Hurling League.

The game was played in horrendous weather conditions. The senior team's next game is against St. Mary's at 12 noon this Sunday, March 17 in Clonmel Sportsfield.

The Swan Minor football team's game against Anner Gaels was cancelled because there wasn't a pitch available last weekend. Their next game is against Cahir in Monroe at noon on St. Patrick's Day.

The U-14 South Feile hurling semi-final against Moyle Rovers was postponed on Saturday due to a bereavement in the Swan Club.

The U-12 C footballers were defeated by Ballylooby/Castlegrace on Sunday morning on The Green.

The Swan Club congratulates club camogie

player Angela McGuigan, who captained the Tipperary ladies Minor football team against Kerry at the weekend.

Thanks to club stalwart Frankie Power and his wife Breda for sending on photos from the Tipperary training camp in Alicante in Spain. The Swan colours looked great in the sunshine.

Thanks also to all who attended the Field Development information evening for tradesmen in the Swan Juvenile Hall.

And Congratulations to former Swan player Dale Grace and Emily McDonald on their engagement.

Swan Club members Willie Hahessy, Danny McNamara, Seamus Walsh and Sean O'Shea picked up 10 bags of litter along the Ballyrichard Road, Collins Park and down as far as the Mart Bridge last weekend.

The Club's juvenile lotto draw jackpot prize of €2,500 was won by Bernie Finn of 24 Clairin, Carrick-on-Suir last week. Numbers drawn were

02,09,13,16. Ten lotto players matched 3 numbers to win €20 each. This week's jackpot is €2,000.

The Club extends its deepest sympathy to the family of the late Mary Lonergan, who was a great supporter of the Swan Club all of her life.

She loved to take the bus from the club with her family members and attend Swan matches. She later supported the Swan Club in many different ways. Mary was a quiet lady and will be sadly missed by all her family but particularly by her surviving siblings, her sister Phylis and her brother John.

Carrick Swan Club also extends condolences to the Guiry family, Ash Park and England on their recent bereavement.

A mass will be celebrated this Wednesday, March 13 at 7.30pm in St. Nicholas Church to recognise the contribution of the town's sports clubs and remember their deceased members.

## Narrow defeat in Kerry for Carrick RFC

**Carrick-on-Suir RFC's U-16 team made the long journey to Castleisland in Co. Kerry to play Killarney on Sunday last and were unfortunate to lose by two points. Final score was Killarney 7, Carrick RFC 5.**

It was a close match. Carrick were 7-0 down at half time after playing into a strong wind. But Carrick player Sean Mullarkey score a try ten minutes into the second half.

The Carrick team spent the remaining twenty minutes camped in the Killarney 22 but could not get the winning score despite a great effort.

The U-16s play a touring South African team at their home grounds next Sunday at 11am.

They also have an East Munster semi-final again Thurles to look forward to.

## AROUND THE COUNTY

### NEW WOMEN'S GROUP

A social group for women of all ages is commencing at Carrick-on-Suir's Nano Nagle Community Resource Centre on Wednesday, March 27 at 10.30am.

The group will meet every week for refreshments, a social chat and pursue hobbies, arts, crafts, wellbeing, days out and whatever ideas the group members put forward.

All are welcome. For further information telephone: 051-642418 or send a message through the Nano Nagle Community Resource Centre Facebook Page.

### CARRICK ACTIVE RETIREMENT GROUP

Carrick-on-Suir Active Retirement Group's monthly meeting takes place in the chapel of the Nano Nagle Community Resource Centre this Thursday, March 28 from 2pm to 4pm.

New members are welcome to attend the gathering that will include gentle exercise, music, dancing, afternoon tea, planned outings, holidays and guest speakers.

The group meets every second Thursday of the month at the Nagle Centre. For further information, contact Eileen Mullins Tel: (051) 640464.

### PARENT SUPPORT PROGRAMME

A free 8-week parenting support course presented by the MDN Parent Support Programme takes place on Tuesdays from 9.30am - 12.30pm at Carrick-on-Suir's Nano Nagle Community Resource Centre beginning next Tuesday, March 19.

The course is called The Good Enough Parent (supporting parents of children aged 9 - 17yr olds) and is funded by the HSE and National Lottery and supported by a network of professionals.

The course will cover communication, conflict resolution, self esteem, setting limits, problem solving drugs and alcohol.

Places are limited and the closing date to register is this Thursday, March 14.

The course finishes on Tuesday, April 23. Contact the Nano Nagle Resource Centre Tel: 051-642418 to book.

For further information on the course, contact National Men's Development Coordinator Liam Bolger, Tel: 086-3897 498.



Above: Carrick-on-Suir AC's Miguel Ponce De Leon, Patrick Roche, Eugene O'Keefe and John Carroll took part in the Munster Four Mile Road Championships in Dundrum.

Below: Benny Hahessy, James Fox, Eugene O'Keefe, John Carroll, Sinead Dunne, Eileen O'Connell and Michael O'Sullivan participated in the Kilsheelan 10 Miler on Sunday last



## Busy St. Patrick's Day on the way

St. Patrick's Day in Clonmel will commence with the traditional flag-raising ceremony at St. Patrick's Well at 8.30am.

The morning parade leaves Emmet Street at 11.30am, following the unveiling of a plaque at 11am to commemorate Tipperary's four representatives in the first Dáil Éireann 100 years ago. This parade will proceed to St. Mary's Church in Irishtown, where Mass at 12 noon will be celebrated in Irish.

The starting area for the main St. Patrick's Day parade, which commences at 3pm, is Upper and Lower Irishtown and it will follow the same route through the town as previous years, finishing in Parnell Street outside the Town Hall.

Tipperary's national president of the Society of St. Vincent de Paul, Kieran Stafford, will be the grand marshal for the parade.

Organised by the St.

Patrick's Day committee, the parade will celebrate the tremendous work carried out by St. Vincent de Paul and its 11,000 members throughout the country over the years.

The parade will be led by Banna Chluain Meala and will include the grand marshal, councillors, visitors from Clonmel's twinned towns and representatives of town organisations.

The Clonmel Bianconi Twinning Committee are also working with visiting groups that will arrive for St. Patrick's weekend, culminating in Sunday's celebration of the national holiday. Trofaiach in Austria will celebrate the 25th anniversary of its twinning pact with Clonmel, and the mayor of Reading (another of Clonmel's twin towns) will also join the celebrations.

Keep up-to-date on the weekend's events by following the St. Patrick's Day Parade Facebook page.

# First Tipperary TDs to be honoured with new plaque

On Sunday morning next, St. Patrick's Day, the Clonmel Coiste Spiorad 1916 will unveil a commemorative plaque at the 1916 monument at the site of the old Borstal Gate in Emmet Street.

The plaque will bear the names of the four TDs who were elected to the first Dáil in December 1918 and which met for the first time in January 1919.

The four TDs who represented County Tipperary constituencies in this First Dail were:

South Tipperary - P.J. Molony, Tipperary Town.

Mid Tipperary - Seamus Bourke, Roscrea.

North Tipperary - Joseph MacDonagh, brother of executed leader, Thomas MacDonagh.

East Tipperary - Pierce McCan.

It is felt by the Coiste Spiorad 1916 that, after a



On Sunday morning (St. Patrick's Day) at 11 am at The Borstal, Clonmel, a commemorative plaque will be unveiled in honour of Tipperary's first four TDs who were elected to Dáil Éireann in December of 1918, and which met for the first time in January 1919 in the Mansion House in Dublin

century of government by Dail Éireann, the names of those who represented this county in the First Dail should be publicly

commemorated in the county which elected them.

The unveiling ceremony will take place at 11 o'clock on the morning of St. Patrick's

Day and the general public and particularly the relatives of the Clonmel Volunteers are cordially invited to attend.

- Seamus Leahy

## Notices

### ALL SHOOK UP

Rehearsals are well underway at the White Memorial Theatre where St. Mary's Choral Society is putting the finishing touches to their upcoming production of All Shook Up. Based on Shakespeare's Twelfth Night, All Shook Up is a musical comedy inspired by the music of the legendary Elvis Presley.

Directed by Des Henn, musical direction by Laura Cotter, choreography by Barbara Meany and vocal coaching by Mary Rose McNally, the show will be staged from April 6-13. Tickets for All Shook Up go on sale from March 19 at Marians Bookshop, Clonmel. Patrons are advised to book tickets as soon as possible, as last year's production of Grease made history with all eight performances being fully booked.

### FITNESS AWARD

Over 300 health and fitness professionals attended the 2019 NUTRAMINO Health and Fitness Awards in the Round Room at the Mansion House in Dublin last Friday.

The awards celebrated bloggers, vloggers, gyms, personal trainers and active workplaces across Ireland. Over 200 entries were received this year, demonstrating a remarkable boom within the Irish health and fitness sector.

Clonmel Park Hotel Leisure Centre manager An-

thony Hewitt made the trip to Dublin was shortlisted in the category of Overall Leisure Club Manager of the Year. T

With nominations been whittled down to only a handful of the country's best, it was with great pride that Anthony received the overall bronze award in this category.

### CARDIO SCREENING

Heartfelt Cardio Screening is coming to Clonmel Park Hotel on March 21 with the revolutionary BPro pulse wave analysis device, providing affordable and accurate heart and artery screenings. The BPro device is a completely mobile test kit, comprising a wrist sensor and a laptop. It can be brought to any location, including your workplace or organisation which makes it ideal for sports clubs, health centres etc.

Screenings are carried out by a Healthstats certified technician and a full printout of the results are given on the day. The procedure is non-invasive and completely pain-free. The information provided by our BPro screenings can help doctors decide whether more invasive investigations are required, thereby saving patients further unnecessary trauma.

The cost of an individual BPro test is €50 per adult with a 10% discount (€90) for a couple. There is also a 20% discount for groups of 12 or more people. Appointments are essential and are available from 11am until late.

### PLACE4U

Drop in lunchtime medit-

ation will take place each Thursday for the months of March and April in Place4U Café from 1.10 to 1.50pm. Cost €5 per session. Facilitator is Deirdre Brady.

A men's well-being programme entitled Spring into Health will commence on March 25 in Place4U for 10 weeks. This programme, which has been twice shortlisted for a national award, is run in conjunction with the ETB. Contact 087-4407935.

### PROBUS

Next meeting takes at the Vintage Car Museum, Gortnafleur, on March 21 at 10.30am. Michael Lavin will give a talk on vintage cars. Contact Jim Trehy on 087-9608713.

### GIG

High Plains Tradition return to the Clonmel Folk Club at The Coachman on March 27. Doors open at 7pm with a 8pm start.

### PREGNANCY TREATMENTS

Let's talk pregnancy treatments! During pregnancy your body goes through so many emotional, physical and hormonal changes. With this said, it is important to make sure you taking care of you and your growing bump.

When it comes to skincare ingredients that may have been fine to use pre-pregnancy, some will come under the don't use umbrella, such as salicylic acid, benzoyl peroxide, retinol (vitamin a) and accutane should all be avoided.

Eco Spa at Clonmel Park Hotel stock specific pregnancy brand Basq NYC. "Their mission, along with

ours, is to offer the best in maternity skincare and treatments by providing products free from questionable ingredients. No guesswork by you, just enjoy worry-free. Basq products that are manufactured in the US, where they are clinically tested to be allergy, irritant and sensitivity free. They never test on animals," a Eco Spa spokesperson says.

The Basq mantra is simple - produce products with the finest ingredients, decadent textures, addictive aromas and people will use it! The company is committed to giving back, whether in time, money or products. Basq actively supports non-profits making a difference for children and new parents in need.

"We are proud to offer five ultra-opulent Basq pregnancy treatments on our impressive menu of services. Kiera, our pregnancy therapist, has worked with this brand for over a year now. Within this time, she has enjoyed helping expectant mums along their pregnancy journey. Her favourite treatment to perform is the Head-To-Toe Experience, which gives a taster of all five of our Basq offering over 85 minutes of bliss."

Basq have acquired a large accolade of awards including Best Stretch Mark Butter 2018 and have a strong celebrity following, with Heidi Klum, Christy Turlington and Angelina Jolie all fans.

Don't forget, Mother's Day is just around the corner.

That goes for expectant mothers too!

For more information on purchasing some of these fabulous products or booking a treatment, please contact the team at the Eco Spa on 052-6188709 or by email on ecospa@clonmepark-hotel.com.

### WEST GATE DENTAL CLINIC

The friendly and highly qualified staff at West Gate Dental Clinic in Clonmel will ensure you receive the highest level of clinical care in a friendly and relaxed environment. Now under new management, the clinic has undergone extensive refurbishment in recent times which has enabled them to offer the very latest dental treatments in areas covering general family dentistry, cosmetic and preventive dentistry, root canal treatment, denture solutions, and bespoke treatments for professional and amateur sports persons.

The practice is open daily with late evenings and Saturday appointments available on request and subject to availability. It is closed on Sundays, but offers emergency dental treatment when required. General enquiries and appointments can be made by calling 052-612 2385. Private and PRSI Scheme patients welcomed.

### GIV

meeting at Clonmel Library on March 27 at 7pm.

### Carers Allowance

Carers Allowance pro-

cessing times is an issue that is consistently raised by carers.

"15 weeks is far too long to wait for a decision," says Tipperary carers support manager Richie Molloy.

He raised this ongoing situation with the carers section, receiving the following reply: "At the end of February 2019, there were 81,071 people receiving Carer's Allowance, caring for 88,996 care recipients. 2,789 people are in receipt of Carer's Benefit, caring for 3,226 care recipients.

"The department's pending figure (i.e. the number of Carers Allowance applications pending decision) is 3,762, which is the lowest monthly pending figure since February 2017. The average processing time is falling and now stands at 15 weeks. The department are currently processing applications received in the second week of January."

The department explained that "the discrepancy between the average processing time of 15 weeks and the current claims we are processing, which are just nine weeks old, is that there are many older claims in suspense awaiting documentation from customers. When these older claims are processed, it bumps up the average processing time. If every customer provided everything that is on the checklist, the likelihood is there claims would also be processed within nine to 10 weeks."

**WHAT'S ON**

Want South Tipp Today to cover an event?  
Contact dylan.white@iconicnews.ie

# Inspirational speakers lined up for Tipperary event

Disability rights campaigner **Joanne O'Riordan, No Limbs No Limits**, will be the key-note speaker at an event titled **Be Inspired**, which is being hosted by the Canon Hayes Recreation Centre in Tipperary Town this Friday (March 15) from 1pm to 2.30pm.

The event will also feature the All-Ireland winning Limerick hurling manager and Abbey CBS (Tipperary) principal John Kiely and the founder of the Circle of Friends cancer support centre in Tipperary Town Jennifer Jones Hickey.

Joanne O'Riordan (22) is the holder of a Criminology degree from UCC and is only one of seven people in the world living with a rare physical disability known as Total Amelia. This means she was born without all four limbs and even though there is no medical explanation as to why this happened, Joanne or indeed her family has never allowed it to hold her back.

She has used technology to enhance her abilities in both her education and through the wider social environment.

She has conquered enormous challenges at home, in school and around her local community and has spoken at the United Nations in New York City, giving an address on the use of technology and challenging those present to build a robot for her to use, for which she received a standing ovation.

Joanne attracted a lot of media attention in 2011 when she challenged the Government and the then Taoiseach



Joanne O'Riordan will speak at Friday's Be Inspired event in Tipperary

Enda Kenny on cuts to disability allowance.

She was chosen as Young Person of the Year in the People of the Year Awards in 2012 and was the youngest ever grand marshal at Dublin's St Patrick's Festival parade in 2016.

Her brother, Steven, made a film of her life, titled *No Limbs No Limits*, a story of how human resilience can conquer all by overcoming many obstacles to achieve what others would deem impossible.

Chair of the Canon Hayes Recreation Centre Martin Quinn says that they are delighted to welcome Joanne to the centre and to Tipperary.

"We all need inspiration in our lives and Joanne is an example to all able bodied and disabled bodies to live very happy, independent, fulfilled lives.

"The challenges that she faces get bigger and far greater to overcome every day, and I am very much looking forward to hearing her story and how she was inspired to challenge issues around disability and to bring these to national and world prominence."

The Canon Hayes Recreation Centre provides sporting and recreation facilities for Tipperary Town and its hinterlands. Opened in 1987, the centre boasts a wide

range of indoor and outdoor facilities along with the provision of childcare facilities.

Over the last number of months the centre has been engaged in upgrading to 3G all-weather floodlit pitches and to the two floodlit tennis courts. The upgrading of the tennis courts has been completed and the upgrading to the 3G pitches is well advanced. To mark the ongoing development, the centre will announce a major discounted promotion on the day.

Martin Quinn says that it is important to draw on the inspiration of others. "We have an opportunity here to draw on the inspiration of others and to learn from them. The building of the Canon Hayes Recreation Centre more than 30 years ago was a huge inspiration to many of what can be achieved by a community coming together and working to achieve a goal.

"Along with hearing from the inspirational Joanne O'Riordan, we will hear from John Kiely about inspiring a team to reach the Holy Grail of hurling and capture the Liam McCarthy Cup, and from Jennifer Jones Hickey on overcoming personal health struggles to inspire a community to provide a state-of-the-art cancer support centre. These are inspirational stories and should be heard by everyone."

The event will run from 1pm to 2.30pm and will also feature support stands and information from local organisations and providers. Tea/coffee will be served and entry is free and open to everyone.



All-Ireland winning Limerick hurling manager and Tipperary Town school principal John Kiely will address the event

## Jake named Tipp Town parade grand marshal

Ireland under 20 rugby international **Jake Flannery** has been announced as the grand marshal for Tipperary Town's St Patrick's Day parade.

The Bansha native was a key player for Rockwell College and guided the school to the semi-finals of last year's Munster Schools Senior Cup while studying for his Leaving Certificate, in which he achieved a maximum 625 points.

As a result, he was awarded the prestigious Naughton Foundation scholarship award and is now studying chemical engineering at the University of Limerick.

The Tipperary Town parade, in association with Tipperary Credit Union, will start at 2pm on Sunday from the Canon Hayes Recreation Centre. There is a new route this year due to road works on the N24 Davitt Street.

The route from the Canon Hayes Centre is turning right from Avondale Crescent up Bank Place, along Main Street (where the reviewing stand will be situated) and finishing at the top of O'Brien Street.

All walking groups are requested to be at the Canon Hayes Sports Centre for 1pm. No cars will be allowed into the sports centre. Floats are requested to line up on the Bansha road and heavy goods vehicles are to line up on the Link road - all for 1pm.



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08 Opel Zafira 1.6 SEATER Black,  
08 Kia Ceed 1.4 Petrol Hatchback 5DR  
07 Toyota Prius HYBRID 1.5 HB,  
07 Nissan Qashqai Black 1.6 H/B,  
07 Ford Focus AUTOMATIC 1.6 Blue,  
07 Seat Alhambra 1.9 TDI 7 SEATER,  
07 Mitsubishi Grandis 2.0 TD 7 SEATER,

TEL: 087 9425791 | TEL: 086 0877831

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## HOUSES TO LET

**THREE BED HOUSE TO LET** in Rathgormack area. Tel (086)3993142

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**HOUSE SWOP WANTED** from 3 bed Council house in Kilsheelan to Council house or apartment in Clonmel. Phone (089) 4388156.

## SITUATIONS VACANT

**EXPERIENCED, RELIABLE CLEANER REQUIRED** in Cappawhite/Dundrum area. Please apply to box no. 422, c/o The Nationalist Newspaper, Queen St., Clonmel, Co. Tipperary.

## SITUATIONS VACANT

**KIND, RELIABLE, PATIENT, EXPERIENCED CHILDMINDER REQUIRED** in children's own home, in Cappahite/Doon area. Must have references and be open to learning sign language. Own car essential. Non smoker. 3 to 4 days per week. Please apply to box no. 423, c/o The Nationalist, Queen St., Clonmel, Co. Tipperary.

**BUSY HAIR SALON** Tipperary Town requires a qualified stylist and technician full or part-time. Contact Sandra 062 82884 or 087 6548414

**CLEANER REQUIRED** for house in Ardinnan area. 2 hours per week. References essential. Call 087-6962023.

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**BREAKING NEWS**

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## PLANNING NOTICES

### TIPPERARY COUNTY COUNCIL

I am applying to the above authority for planning permission to decommission existing septic tank and effluent treatment system serving our medical centre and private dwelling, and to construct a pump chamber with pumped rising main and connection to the local authority foul sewer at Killenaule Thurles Co. Tipperary. Signed: Liam Meagher. The planning application may be inspected, or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, €20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

### TIPPERARY COUNTY COUNCIL

I Eric Flannery intend to apply to the above authority for Planning Permission to change the design of the proposed extension to my existing dwelling as granted under planning application reference number 18600725 and all associated site development works at Barnora, Cahir, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (€20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

### TIPPERARY COUNTY COUNCIL

I Shane Hennessy of Shane Hennessy Ltd., Agri- Business Consultancy (086 2479182), intend to apply to the above authority on behalf of my client Tim McCormack, for permission retention for development of the following; Slatted shed, Slatted cubicle shed, Slatted Shed, silage base, Roofing of two open yards, store shed, also permission for the development of the following; Extension to Calf house, Extension to milking parlour, new collection yard and slatted tank and associated concrete works at Ballymore, Gooldscross, Cashel, Co. Tipperary. The planning application may be inspected, or purchased at a fee not exceeding the cost of making a reasonable copy, at the offices of the planning authority during its public opening hours and that a submission or observation in relation to the application may be made to the authority in writing on payment of the prescribed fee, (€20), within the period of five weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

Contact 052 6172500

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Display Adverts Monday at 5pm

## PLANNING NOTICES

### TIPPERARY COUNTY COUNCIL

Significant Further Information:  
Under Planning Reference Number 18601292, We Stephen and Ann Marie Dunne intend to apply to the above Authority for Planning Permission to  
(i) change the use of an existing dwelling to a domestic garage, to  
(ii) construct a new dwelling, to  
(iii) construct an entrance & to  
(iv) construct a waste water treatment system - and all associated site development works at Gortarush Lower, Dundrum, Co. Tipperary.

Significant further information in relation to the application has been furnished to the planning authority and is available for inspection or purchase at a fee not exceeding the reasonable cost of making a copy, at the offices of the authority during its public opening hours.

The significant further information includes for

(i) the reduction in height of the proposed dwelling from a two storey dwelling to a storey and one half dwelling &  
(ii) to revert the existing cottage to a play room / library / home study room instead of a garage as proposed under the original application - and all associated site development works.

A submission or observation in relation to the further information may be made in writing to the Planning Authority on payment of the prescribed fee, not later than 2 weeks after the receipt of the newspaper notice and site notice by the Planning Authority. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

### TIPPERARY COUNTY COUNCIL

We, James and Martin Cooney intend to apply to the above Authority for planning permission to construct a New Cattle shed with underground slatted Tank and Associated works at Rathdrum, Fethard, Co Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made to the planning authority in writing on payment of the prescribed fee of €20 within a period of five weeks beginning on the date of receipt by the Authority of the application and such submission or observations will be considered by the planning authority in making a decision on the application. The planning authority may grant permission subject to or without conditions or may refuse to grant permission.

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SOCIETY of IRELAND**

## NURSE REQUIRED SOUTH TIPPERARY AREA

The Alzheimer Society of Ireland works across the country in the heart of local communities providing dementia specific services and supports and advocating for the rights and needs of all people living with dementia and their carers.

We are recruiting a Nurse (job sharing) to be based in our Day Care Centre 'Le Cairde' in Glenconnor Road, Clonmel, Co. Tipperary who will report to the Southern Regional Manager.

- Reporting to the Regional Manager the Nurse is responsible for day to day running of the Day Care Centre.
- To be successful in this role you will need experience of caring for the person with dementia.
- You will need to demonstrate leadership and communication skills and be able to work on your own initiative as well as part of a team. Knowledge of HIQA is desirable.
- You must be registered with the Nursing & Midwifery Board Ireland.
- A full driving licence is essential.
- Salary will be commensurate with the care sector and dependant on relevant experience.

If you are interested in applying for this post, please submit a full and up-to-date CV and covering letter explaining why you feel you could undertake this role and send it to:

**The Regional Manager, Jon Hinchliffe, Bessboro Day Care Centre, Bessboro, Blackrock, Cork. Email: [jhinchliffe@alzheimier.ie](mailto:jhinchliffe@alzheimier.ie)**

Queries about the role may be directed to Regional Manager on 021-4972504

**Closing date for applications is Friday 22nd March, 2019.**

The Alzheimer Society of Ireland is an Equal Opportunities Employer.

## PUBLIC SECTOR

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Previous pharmacy dispensing experience essential.

If you'd like to join our team, please email your CV now to **[niall@morrison-pharmacy.com](mailto:niall@morrison-pharmacy.com)**

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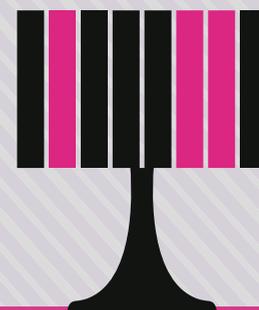
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**BREAKING NEWS**

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**Deadline: Tuesdays @ 11.00am**



## DEATHS

**FENLON** Frances (née Clifford), Baron Park, Clonmel, Co. Tipperary, peacefully on Thursday 7th March 2019 in the loving care of the nurses and staff of St. Anthony's Unit, Clonmel. (Predeceased by her husband Willie and son Martin). Very deeply regretted by her loving sons Liam, Jimmy and Kieran, daughters Marie, Renee and Theresa, daughters-in-law, sons-in-law, grandchildren, greatgrandchildren, nephew, nieces, relatives and friends. Funeral Mass took place in SS Peter and Paul's Church Clonmel on Sunday at 12.30pm with burial afterwards in St. Patrick's Cemetery.

## ACKNOWLEDGMENTS

### BRETT

(Acknowledgement & 1st Anniversary)



Paul Brett

Shanavine Way, Glenconnor, Clonmel.

28th March 2018.

On Paul's First Anniversary, his wife Bernie, sons Paul, Ciaran and our extended family would like to thank everyone who supported us on Paul's passing.

To Fr. Michael Toomey for the wonderful service and for all his help to us. To Fr. Billy Meehan, Fr. Pat Hayes, Fr. Bobby Power and Fr. Michael Hegarty for their help and prayers. To John O'Donoghue for his professionalism and excellent service.

A special word of thanks to my brother Cyril and to Paul's nieces Aisling and Marie for all their help to us and to Hospice Nurse Aisling and all at South Tipperary Hospice. Our thanks to the staff of St. Oliver's School, to all our friends and neighbours who were there for us.

As it would be impossible to thank everyone individually, please accept this acknowledgement as a sincere thank you to all.

Paul's Anniversary Mass will take place on Sunday 24th March in St. Mary's Church at 12 noon.

"Sadly missed"

## ACKNOWLEDGMENTS

### MORAN

(Acknowledgement and 1st Anniversary)



Muriel Moran (nee Shanahan)

Mountain Road, Clonmel.

14th March 2018

Muriel's husband Paddy, along with Kenneth, Yvonne and Barry and their families would like to acknowledge the many expressions of sympathy and kindness received from relatives, friends and neighbours during our sad loss.

To all who called, telephoned, attended the funeral home, Requiem Mass and burial, sent Mass cards or letters of sympathy and those who travelled to support us, we thank you.

Sincere thanks to our friend, Fr. Bobby Power for celebrating the Mass and providing huge support to us. Thanks also to Canon Brendan Crowley and Fr. Michael Toomey and to St. Mary's Folk Group who provided beautiful music for the ceremony.

Thank you to Dr. Patrick Lynch, Dr. Máire NicEoin and all in the Riverside Medical Centre and to the staff of O'Reilly's Pharmacy.

We are grateful to Dr. Elhassadi and the Haematology team in UHW and especially the nurses and care staff of the Oncology Dayward and Medical 4 for treating Muriel with such kindness and care throughout her illness.

Thank you to the undertakers Tony and David Fennessy for their guidance and professionalism and a special thank you to Siobhán Hennessy.

Sincere thanks to Waterford Civil Defence for enabling us to visit Muriel by transporting us to the hospital during the heavy snow.

We are very grateful to our extended family, neighbours and friends. Your continued support and kindness is very much appreciated.

As it would be impossible to thank everyone individually please accept this acknowledgement as a token of our appreciation.

The Holy Sacrifice of the Mass will be offered for your intentions.

Muriel's First Anniversary Mass will be celebrated on March 18th.

## BIRTHDAY MEMORIES

### GREENE

(Birthday Remembrance)



Birthday remembrance of a dear father, grandfather and great grandfather Peter Greene, Oakland Drive, Clonmel whose birthday occurs on 21st February.

We cannot send a birthday card, your hand we cannot touch. But God will take our greetings to the one we love so much.

Sadly missed by your daughter Tina, grandsons Darren and Billy, great-grandson Killian and great-grandaughter Mikayla xxxx

### STRAPPE

(Birthday Remembrance)



Second birthday remembrance for Patricia Strappe, late of 27 Clarke Villas, Clonmel, Co. Tipperary.

The gates of memory will never close, we miss you more than anyone knows, with tender love and deep regret, we who love you never forget.

Sadly missed by your children, grandchildren, sons-in-law, parents, brothers and sister.

## THANKSGIVINGS

### THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one (mention favour) Take it Dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then in His merciful eyes it will become your favour not mine. Amen. Say this prayer 3 days, promise publication and favour will be granted, no matter how impossible. (Never known to fail). Many thanks for favours granted. MM

### THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked many favours. This time I ask you this special one (mention favour) Take it Dear Heart of Jesus and place it within your own broken heart where your Father sees it. Then in His merciful eyes it will become your favour not mine. Amen. Say this prayer 3 days, promise publication and favour will be granted, no matter how impossible. (Never known to fail). Many thanks for favours granted. MM



## IN MEMORIAM

### AHEARNE

(1st Anniversary)



Cherished memories of our daughter Nicola Ahearne, late of 11 Liam Lynch Tce, Newcastle, Clonmel who died on 15th of March 2018.

You left us broken-hearted, not knowing what to do. But now we find such comfort in memories of you.

The legacy you left us was of happiness and love, and that shines on forever, from the glorious skies above.

You brought joy and beauty joy from the moment of your birth. Now in Heaven an Angel, just as you were on earth.

Miss and love you each and every day - Mam and Dad.

### Sister

A sister is a beautiful gift, one you think will always stay. You never think the day will come, when God will call her away.

And when that moment comes, when you must say goodbye, the pain just overwhelms you and all you do is cry.

You may be out of sight, Nicola, we may be worlds apart, but you are always in our prayers and forever in our hearts.

Miss you always from Pamela, Linda, Jason, Katie, partners Stuart, James, Ann-Maire and Peter.

### Aunt

We had a wonderful aunt, one who never really grew old; her smile was made of sunshine, and her heart was solid gold.

Miss you more and more love from Hailey, Rhianna, Luke, Caitlin and Lee.

### BARNETT

(6th Anniversary)



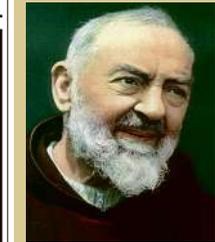
Keith

Late of Elm Park and formerly of Kilmacomma, Clonmel.

Died 20th March 2013.

Keep Keith close Lord as we say a prayer. Whisper softly in his ear that we love him and always care.

Always remembered by his loving partner Mary and family. xxxx



## GOD'S GARDEN

God looked around His garden And He found an empty place He then looked down upon the earth And saw your precious face

He put His arms around you And lifted you to rest; God's Garden must be beautiful He always takes the best.

He knew that you were suffering He knew you were in pain He knew you'd never ever Get well on earth again.

So He closed your weary eyelids And whispered "Peace be thine" Then He took you up to Heaven With Hands so gentle and kind.

It broke our hearts to lose you But you did not go alone, For part of us went with you The day God welcomed you home.



## Another Leaf Has Fallen

Another leaf has fallen, another soul has gone. But still we have God's promises, in every robin's song. For he is in His heaven, and though He takes away, He always leaves to mortals, the bright sun's kindly ray. He leaves the fragrant blossoms, and lovely forest, green. And gives us new found comfort, when we on Him will lean.

When someone you love becomes a memory, the memory becomes a treasure.

Author Unknown

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## IN MEMORIAM

### CALLANAN

(19th & 23rd Anniversaries)



In loving memory of our parents Kathleen and Thomas Callanan, late of 76 Baron Park, Clonmel whose anniversaries occur at this time.

No matter how we spend our days, regardless of what we do. Before we close our eyes at night, we always think of ye.

Time may hide the sadness, like a smile that hides a tear, but memories last forever, of two we loved so dear.

Sadly missed by your sons and daughters, grandchildren and great-grandchildren.

Mass offered.

## IN MEMORIAM

### CRONIN

(2nd Anniversary)



Michael Cronin  
(Mickey Hat)

43 Wilderness Grove,  
Clonmel

Treasured memories of a dear son and brother, who died on 16th March, 2017.

I often lay awake at night when the world is fast asleep and I think about you Michael with tears upon my cheek, I can't get over losing you no matter how I try, I will always keep you in my heart until the day I die.

Love always your loving Mam Carmel and your sister Laura xx

Anniversary Mass in Ss Peter and Paul's Church on Saturday 16th March at 1pm.

## IN MEMORIAM

### FARRELL

(13th Anniversary)



In loving memory of Peter Farrell, late of 14 Carrigeen, Cahir, who died on the 15th March 2006 R.I.P.

Peter, loved with a love beyond all telling, missed with a grief beyond all tears.

God saw the road was getting rough, the hill was hard to climb. He gently closed your weary eyes, and whispered 'Peace be Thine'.

Your painful days are over, your restless nights have passed. God gently closed your eyes and gave you peace at last.

Miss you  
- Mum, sister Katrina and family.

Rest in Peace.

## IN MEMORIAM

### GUBBINS

(7th Anniversary)



In loving memory of our dear mother Margaret (Maggie) Gubbins, late of Ballingarrane North, Clonmel, who died on 10th March 2012 RIP.

Your memory is our greatest treasure, to have, to hold, to keep forever.

Sadly missed by your loving sons - Michael, Frank, Shamie, Pa and their families.

### CONROY

(5th Anniversary)



Dano

They say there is a reason, they say that time will heal. But neither time nor reason, will change the way we feel.

For no-one knows the heartache, that lies behind our smiles. No-one knows how many times, we have broken down and cried.

We want to tell you something so there won't be any doubt. You're so wonderful to think of but so hard to be without.

Sadly missed by all your friends - Anthony, Gillian, Hayley, Donna, Sinead, Aoife, Mark, Eddie, Kenny, Caroline and John. xxxxx

### FARRELL

(4th Anniversary)



In loving memory of our dear mother Christina, late of 131 Elm Park, Clonmel whose anniversary occurs on the 17th March.

We close our eyes and see your face smiling at us from a beautiful place. You tell us you are never far away and that we will meet again someday. We ask if you could stay for a while, we miss your laugh, we miss your smile. Then you whisper sweetly in our ears, I will never leave you, I'm always here. x

Loved and missed so much by your sons, daughters, partners, daughters-in-law and grandchildren. xx

Anniversary Mass in St. Oliver's Church on Saturday 16th March at 7.30pm.

### FENNESSY

(2nd Anniversary)



In loving memory of Catherine Fennessy, late of Newcastle, Clonmel, whose Anniversary occurs on 14th March.

We're missing you a little more, each time we hear your name, we've cried so many tears, yet our hearts are broken just the same. We miss our times together, things in common we could share, but nothing fills the emptiness, now you're no longer there. We've so many precious memories, to last our whole life through, each one of them reminds us of how much we are missing you.

Always loved, forever missed - Michael, Paul, Laura, Cheryl, Philip and Conor.

Anniversary Mass in Newcastle Church on Saturday 23rd March at 6.30pm.

### KAVANAGH

(7th Anniversary)



Cherished memories of a dear husband and father Paddy, late of Pearse Park, Clonmel whose 7th anniversary occurs on the 19th March.

Safe in the arms of Jesus.

Sadly missed by your loving wife Maureen, daughters Siobhan and Ella and son-in-law Frank.

Anniversary Mass in Ss Peter and Paul's Church on Sunday 31st March at 12.30pm.

### LEAVY

(5th Anniversary)



In loving memory of Brenda Leavy, late of Clonmel and Kilsheelan, whose 5th anniversary occurs on 14th March RIP

No matter how we spend our day, no matter what we do. No morning dawns, no evening falls, without a thought of you.

Sadly missed and remembered by your Dad and Ann, brothers Kevin and Eoin, sisters-in-law Frances and Sharon, nephew and nieces.

Anniversary Mass on Sunday 17th March at 11.30am in Gambonsfield, Kilsheelan.

In Memoriam

Rest in Peace



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Email: sales@southtipp.today.ie  
 Post or Call to Queen Street, Clonmel, Co. Tipperary  
**Deadline: Tuesdays @ 11.00am**



**IN MEMORIAM**

**LEE**  
(5th Anniversary)



In loving memory of Gabrielle (Gaye) Lee, Griffith Avenue, Clonmel whose fifth anniversary occurs on 18th March.

Death changes nothing, I still miss the sound of your voice, the wisdom of your advice, the stories you shared. So no, time changes nothing, I miss you just as much today as I did the day you died. I just miss you.

From your heartbroken son Mark, daughter-in-law Michelle and grandchildren Grace, Sarah and Adam. xxxx

Anniversary Mass in the Friary on Saturday 16th March at 7pm

**MURPHY**  
(6th Anniversary)



In loving memory of our dear mother Mary Murphy, Glenaleamy, Powerstown, whose anniversary occurs on 16th March.

No special day is needed Mam, for us to think of you. For you were someone special and we wish we still had you.

Sadly missed and always remembered by your loving family

Anniversary Mass on Saturday 16th March in Powerstown Church at 6.15pm.

**O'DONNELL**  
(37th Anniversary)



In loving memory of a dear mother Catherine (Kitty) O'Donnell late of 74 Garrymore, Clonmel, who died 18th March 1982. RIP

For as long as we live, we will always be glad, for a very special Mother, we were lucky to have. We will never forget you Mam, we won't even try, we miss you more and more as times goes on.

Love always from your loving sons, daughters and their families. xxx

**IN MEMORIAM**

**O'FLAHERTY**  
(22nd Anniversary)



In loving memory of a dear brother, uncle and granduncle, Tom O'Flaherty, late of 23 Fr. Matthew Tce., Clonmel who died on the 6th March, 1997, RIP.

Always remembered by his sister Mary and family.

Mass offered.

**PYKE**  
(1st Anniversary)



Treasured memories of Michael, late of 12 Sheehy Tce., Clonmel who died on 8th March 2018.

"We never knew that morning, the horror the day would bring, when your heart of gold stopped beating Michael, and no one could do a thing.

It broke our hearts to lose you, but you didn't go alone, for part of all our hearts went with you, the night God took you home."

You were such a wonderful Husband, Dad and Grandad, you loved us all our lives and the love that you left within our hearts, will stay with us for life.

- your devastated wife Teresa, broken hearted family Derek, Jack, Michael, Josef, Paddy and Marylou, their wives and partner.

"Grandad, you loved us since we were born, watch over us now as we carry on.

Each of us in our own way, have lovely memories of you everyday."

- your heartbroken grandchildren Daniel, Luke, Laura Jane, Isabelle, Adam, David, Lucy, Emma, Lexie, Lauren, Matthew and Morgan.

"You're our hero Grandad."

**IN MEMORIAM**

**ROSSITER**  
(9th Anniversary)



Treasured memories of my dear husband Tom, late of Bianconi Drive, who died on 21st March, 2010. RIP.

I remember the day I met you and the day God made you mine, I remember the day He took you and will till the end of time. We made our vow together, till death do us part, but when God came and took you, my whole world fell apart. The years we spent together, I keep within my heart, for they hold precious memories which will never let us part.

Sadly missed by your loving wife Joan xx

Anniversary Mass on Saturday 23rd March at 7.30pm in St. Olivers Church.

**ROSSITER**  
(9th Anniversary)

In loving memory of our dear father, Tom Rossiter who died on March 21st 2010. R.I.P.

March comes with sad regret, it brings back a day we will never forget. We watched and we waited and we prayed in vain, that God would make you well again.

But He knew best and we had to part, He eased your pain but broke our hearts.

Dad, your memory is our greatest treasure, to have, to love and to keep forever. We will always miss and love you Dad.

Always loved and remembered by your sons, daughters, daughter-in-law, sons-in law, grandchildren and great-grandchildren.

**IN MEMORIAM**

**RYAN**  
(8th Anniversary)



Treasured memories of PJ, late of Wellington Street, Clonmel whose anniversary occurs on the 9th March.

I often am awake at night when the world is fast asleep. And I think about you PJ with tears upon my cheek. I can't get over losing you no matter how I try. I will always keep you in my heart until the day I die.

Love always - Gina xxxx

Happy memories we keep forever of days when we were all together.

Never forgotten - Patrick xxxx

Find the softest pillow Lord to rest his head upon. Place a kiss upon his cheek and tell him who it's from.

Always remembered - Jack xxxx

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*Sympathy Prayer*

*Dear Lord, please comfort those in grief,*

*Love them, lift them, give relief*

*For loss they've suffered, sadness felt,*

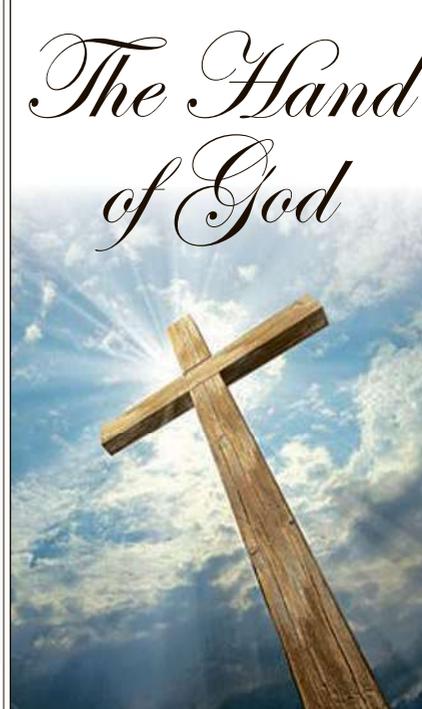
*Make this sorrow slowly melt.*

*Lord, let happy memories ease,*

*Creating peace like a gentle breeze,*

*And as you help them make it through.*

*Draw them closer, Lord, to you.*



*The Hand of God*

*Though today, you walk in sorrow  
 You will not be alone.  
 There is One whose loving wisdom  
 Is far greater than our own.*

*Put your trusting hand in His,  
 As a little child would do  
 And He like a loving father  
 Will guide and comfort you!*

*Day by day, there will come to you  
 New faith, new hope, new light.  
 You'll find that stars unseen by day,  
 Shine through the darkest night*

*And though your heart is longing,  
 For the dear one who's at rest.  
 You'll know before the journey's end,  
 That God's dear ways are best!*

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**When someone you love becomes a memory, the memory becomes a treasure.**

*Author Unknown*



## CAHIR CORNER

### 'PATRIOTS' FOR ST. PATRICKS DAY PARADE

Cahir Bingo Group will once again be the main sponsors of the St. Patricks Day Parade in Cahir with Cahir Development Association in a supporting role. Prizes will be awarded in the following categories: Best Community Float 1, 2 and 3 place prizes with a perpetual Cup, Best Commercial Float 1 and 2 place prizes, Most Entertaining Entry 1 and 2 place prizes, Best Youth Entry 1 and 2 place prizes and Most Unique Attempt wins a prize too.

With St. Patricks Day celebrations taking place this Sunday and the excitement building we remind all community groups and individuals to get involved in the Parade this year and the theme of the parade is 'Patriots'.

The parade will leave the Business Park on the Tipperary Road at 12 noon led again this year by members of Tipperary and Cahir Brass bands. All entries will get a few moments to stop in front of the viewing stand in the Square.

If possible we would like all entrants to have a small note ready to hand to the MC about the name of the entry/Group, when established and when they meet etc., a contact number would also be handy in case of winning a prize. The steward on duty at the stage will take this note to the MC on the day. Entry is free to the parade but anyone wishing to book in should contact Andy on 086 3609110 or Maria on 086 1022014 for further details.

The Ardfinnan Canoe Club will have a Canoe/kayak race from the Mall to the Inch Field after the parade and the Ceoltas Group will provide some street entertainment. It is hoped that groups and individuals are busy putting the finishing touches to their floats and costumes as they prepare to be involved in our National Day to make it an enjoyable family day.

Cllr Andy Moloney has informed us that the castle will once again be lit up in green for the St. Patrick's weekend



Powerstown National School was one of the teams that took part in the FAI Primary 5s in Cahir Park last week

again and thanks to the OPW for their continued support of the town.

### FAI CLUB MARK AWARDED TO CAHIR PARK

Cahir Park AFC was delighted to be awarded the FAI Club Mark Award recently. This Club is one of the first and very few clubs in Ireland to have achieved this award.

The FAI Club Mark is an award based on best practice in the governance, management and administration of a football club. Clubs start their journey at Entry Level, and can progress on to become a 1 star club. Each step challenges the club to implement policies and procedures in line with best practice.

This is a lovely compliment to the hard working members and volunteers of the club who do their very best to ensure everything is taken care of in a professional manner. We would like to thank the committee and coaching members who helped out in the process.

The next step is the one star and we are on our way to meeting the criteria for this. We would like to thank Vincent Foley of the FAI for all his help with the process to date.

### SOUTH TIPP HOSPICE COFFEE MORNING

A Coffee Morning in aid of South Tipp Hospice will take place on this Sunday March 17 (St. Patricks Day) in Cahir House Hotel from 9.30am -12.30pm. There is a raffle for lovely Hampers on the morning. Your support is appreciated.

### TABLE QUIZ FOR OPERATION WALK IRELAND

A Fundraising Quiz will take place on this Friday March 15 in the Shamrock Lounge, Cahir to raise funds for a volunteer who along with a group of health care workers will travel to Vietnam to do hip and knee replacements. The Table Quiz will start at 8.30pm. Entry is €40 per Table of 4 or €10 per person. Cash Prize of €120. Raffle on the night with prizes galore. Contact Margaret Sheehan on 086-1966126.

Operational Walk Ireland is an Irish-based charity whose mission is to perform hip and knee replacements for patients in Vietnam who otherwise would not have access to this life-changing surgery. In Vietnam a total joint replacement costs the equivalent of 3 years of an average

salary. Although a developing country of 93 million and a percentage of the population classified as "in poverty" fallen from 58% to 13% life expectancy is rising rapidly. This means there is a rapidly-increasing demand for joint replacement. It is estimated that as development proceeds, Vietnam will reach an annual demand of 260,000 joints per year.

These volunteers are changing lives, so support of this fundraiser is much appreciated.

### PAINTING CLASS

Artist Deirdre Dunne is to continue with her popular step by step painting workshop in the Craft Granary, Cahir. The next date is on this Saturday March 16. Times are from 10am to 1pm. Attend the workshop and bring home a painting. Cost is €35 and tea and coffee is provided. Booking is essential just call Deirdre on 085 7844305.

### CAHIR COUNTRY MARKET

The Market continues every Friday morning in the Community hall beside Cahir Post Office and opens from 9am to 11am. There are fresh eggs, breads, jams as well as

bedding plants, shrubs and vegetables and all are locally home grown/produced products. This Friday 15 March will be extra special morning with some lovely cakes being baked specially for St. Patrick's weekend. So come along and meet the producers and have the cup of tea & chat afterwards.

### NEW EXHIBITION IN CRAFT GRANARY

A new Art Exhibition by Reena Carroll Fanning (see picture below) has opened in the Craft Granary and will continue right up to April 9.

Artist Reena Carroll Fanning lives in Thurles and is married with three daughters and a son. Reena has tried her hand at many kinds of crafts but only started painting in 2007 when she met artist and teacher Catherine Daly at a painting class. Reena says Catherine's encouragement has carried her to exhibition stage and she has already amassed a great selection of stunning paintings. In this exhibition Reena uses acrylics although she has worked with oil paints and soft pastels previously. Her subject range is quite broad and this can be seen from the variety being exhibited.

Why not make some time out to view Reena's beautiful exhibits for free.

### CAHIR TIDY TOWNS

Last weekend was Tipperary Clean up your County day. This was a new initiative by Tipperary County Council for community groups to clean up their roadsides to get ready for the upcoming Tourist season. Community groups were asked to register their litter pick and participate in a county litter pick on last Sunday 10 March.

Cahir Tidy Towns were ready to go but a yellow weather alert prompted drastic action and the group were mobilized for Saturday evening instead. 23 bags of roadside litter were collected on the bypass and a further 15 on approach roads to the town. The amount of road-

side littering is at chronic stage now no matter what awareness campaigns have been raised and even 20 years of green school flags and national advertising can't seem to stop the rot.

The onus is on us all to keep our County Tidy and we would encourage everyone to keep an eye outside their own area for the coming months. We meet on this Wednesday evening in preparation for our St. Patrick's Day float. We would hope to see all members out for the parade to march with us. We will be back on normal duties next week and meet on Wednesday at 7pm.

### READING MAYOR TO VISIT CAHIR

The Mayor of Reading will visit Cahir on this Saturday morning of March 16. Lady Mayor Debs Edwards will visit the area following an invitation from Cllr Andy Moloney during a recent visit to the UK. The visit was to promote Cahir and the area as part of the twinning of Clonmel and Reading who have just celebrated 25 years of being twinned.

If there is anyone from Reading in the area who would like to meet the Mayor of Reading they can call 086 1022014 to arrange. Mayor Debs Edwards will visit the Swiss Cottage and Cahir Castle on morning of the March 16 March before heading off to complete a full itinerary of events over St. Patrick's weekend

### CAHIR BOYS NATIONAL SCHOOL

The Peace Proms Choir from Cahir Boys National School took part in the 2019 Peace Proms Concert in the University of Limerick on Saturday, March 2.

The boys were part of a group of 1000 children who performed along with various artists and the Cross Border Orchestra of Ireland, conducted by Greg Beardsell.

The concert was the culmination of many months of practice in the school, to learn the lyrics and the move-



LEFT: Cahir Park under 14 girls holding with FAI Club Mark Award. Back row from left to right: Vincent Foley (FAI coordinator), along with Cahir Park's Paul Darcy, David Doyle, Leo Coffey, Paul Conway, David Byrne and Steven Quinn

RIGHT: Reena Carroll Fanning - Artist Reena Carroll Fanning's exhibition is now open at the Craft Granary



ments for each piece of music. Well done to the boys and the organising teachers, Mr. Kevin Farrell, Mrs. Eimear Grogan and Mr. John Kennedy on being part of such a wonderful evening of entertainment.

World Book Day in Cahir Boys National School last week was wonderful fun. Pupils dressed up as their favourite characters from a book. The children put great thought and care into their costumes and it was fantastic to see such imagination shining through. The boys brought their favourite books into school, gave a summary of them and read their favourite section from it. They also designed a book cover, created World Book Day bunting and made their own bookmarks. As Dr. Seuss says 'You can find magic wherever you look. Sit back and relax, all you need is a book.'

**CAHIR ACTIVE RETIREMENT**

Our March meeting was well attended and included a very informative talk by Melanie and Claire from our local Credit Union about the many benefits and services available to customers. The first outing of the year is on March 29 to Foynes Aviation Museum, Maritime Museum and the Maureen O'Hara Centre with her Oscar. We will continue to Adare for lunch and shopping. A trip to Fethard History Museum and Coolmore is on Thursday May 30. Both trips have waiting lists but put your name on just in case. Spring break is to West Cork is on April 14 with three nights all inclusive with a coach, hotel, dining, entertainment and daily outings. The Cookery class starts Thursday March 21 in the old VEC Building at 10.30am for four weeks. Numbers are limited. Yoga is at a later date. For further information see our committee members or else at our monthly meetings.

Results of the Card Game on Friday March 8 in the McAuley Room are as follows; in first place with 10 Games were Jo Doyle and Tom O'Mahony. Second place with 9 Games were Peg Reidy and Agnes Hyland. The

next Game is on this Friday March 15. All are welcome.

**CAHIR MEET & TRAIN**

The weather has hampered training in the past week but we are encouraging all members and former participants of Meet & Train to get back in the swing of things in the next week as the Morrison 4mile that is coming up at the end of April. It would be a good target for the summer races. Since the Couch to 5km finished we have lost a few members but after the break we would love to see you all back on the wagon and continuing your road to fitness.

We meet as normal on Tuesdays and Thursdays at 7.30pm.

**CAHIR COMMUNITY LOTTO**

There was no winner of the Draw that took place on Wednesday March 6, 2019. The Draw was witnessed by Kitty Saunders. The numbers drawn were 16, 27, 30 and 31. The 4 lucky dips winners each receiving €25 were Kevin Rowe, Ballinamona, Cahir Rita Coffey, Carrigeen, Cahir Charlie Boland, C/o Kennedy's M.J.M, C/o Kennedy's. Congratulations to all.

The next Draw takes place on today Wednesday the March 13 in the Day Care Centre at 12 noon with results next week. The Jackpot is now €2,900 and tickets are available in the Enterprise Centre and in local shops too.

**PARISH NOTES**

On St. Patrick's Night - The Club Céile - Cahir Comhaltas, Cahir Ladies Football and Cahir Youth Choir will perform in Cahir House Hotel. A family fun night of music, song & dance for the night that's in it. Doors open at 7.30pm. Music is from 8pm till 11pm. Adult ticket prices are €10 and a Family ticket is €20. Ceol agus craic in Cahir. Raffle on the night also.

Notice: Parish Accounts 2018 - Parishioner copy is on all Notice Boards, Copy is available from Sacristy or Parish Office.

**LADIES GAELIC FOOTBALL**

The Club and Roisin

Howard starred in the O'Connor Cup Final. On last Friday March 8 and Saturday 9 The All Ireland College Finals took place in Dublin. Our Club was well represented, we had four girls participating in the competition. Rachel O'Donnell played with Mary Immaculate College (MICL) who were beaten in the Giles Cup semi final by University Ulster. Rachel played well. Aoife O'Donnell played with Waterford IT who were beaten in the Giles Cup final by University Ulster. Aisling Moloney played with Dublin (DCU) who beat NUIG Galway in the O'Connor Shield final and Aisling had a great game.

In the main event the O'Connor Cup Final, University of Limerick (UL) played University College Dublin (UCD) and Roisin Howard had a fantastic game with UL, scoring a hat trick on Friday in the semi final. Roisin was really looking forward to the O'Connor Cup Final on Saturday and it was a great game with both teams displaying great skill. Our club girl Roisin had a wonderful game in the final scoring four points and passing to her fellow forwards ensuring the win. Final score was UL 2.16, UCD 1.10. Well done Roisin, Áisling, Aoife and Rachel for representing the Club, and County and your College at All Ireland level, a wonderful achievement.

Our Senior League match was cancelled last Sunday due to adverse weather conditions.

**CAHIR PARK AFC**

Cahir Park B wins League in style - Cahir Park 7, Tipperary Town 0

On last Sunday the Cahir Park Junior B Team had a chance to win the Division 3 League Title and they did so in some style. Cahir dominated from the start and deservedly went ahead after 15 minutes with Paddy Wacks first of 4 goals on the day. Jonas Kerr got his first of two on 20 minutes and from then on it was plain sailing with Rhys Chowtie adding to the tally also. This has been a

great season so far for the Bs with plenty youths getting football and hopefully learning from the older guys in the squad.

U12 Girls- Cashel Town 0, Cahir Park 3- Our U12 girls got off to a winning start this season away to Cashel Town on a very wet and cold last Sunday morning. The girls put in a super performance.

FAI Primary 5s- The Club had the privilege of hosting the FAI Primary 5s tournament over the past couple of weeks with almost 200 schools taking part. There was a large numbers of boys and girls teams competing to get to the final in Aviva Stadium later in the year.

Youths in Munster Cup Q/F - This Saturday sees our double winning Youth Team make the journey to Tramore to play in the Munster Youth Cup Quarter Final.

**CAHIR GAA CLUB NOTES**

Braveheart Cahir - South Champions for 2019

The South final went ahead last Friday evening in Dr. Morris Park under lights against Clonmel Commercial.

With very harsh conditions on the night it was difficult for our lads but they played good football and just did not get the breaks. A free was converted in the first couple of minutes, but from there on and for the next ten minutes it was Commercial who were in the driving seat scoring 1-02. At the break the score board read Cahir 1-02 Commercial 1-05.

The second half saw Commercial go another point up on six minutes, Cahir responded with two points back then a black card for Cahir did not help the cause. But Cahir defended well and Commercial seemed to run out of ideas. On twenty-four minutes Conor O'Brien calmly pointed a free and did the same on the thirty minute mark to see Cahir finish out the game with a bravely fought win to become South Champions.

Full team and scorers from the South final: Patrick O'Donovan, Colin McEniry, Christopher McDonagh, Eoin Wyse, Nicholas Reidy, Patrick

Meehan, Tommy McDonagh (0-1), Ger Quinn, Kevin Grogan (0-1), Jake Kiely, Stephen Grogan (1-0), Dylan Fitzgerald, Conor O'Brien (0-4), Conor Cashman, Alan O'Connor. Subs Used: Sean Murphy (1-1), Francie Delaney and Darragh Heffernan.

U21 A County Semi-Final - Last Sunday at noon and we were in Dr Morris Park once again for the county semi-final to play the North champions Inane Rovers. What a contrast in just a few hours, it was a completely different game. With all respect to our friends from the north this was not Inane Rovers day. With goals from Sean Murphy, Alan O'Connor and Stephen Grogan in the first nine minutes this game was over as a contest. O'Connor would add another goal to his tally and points from all over the park would leave the score at the break 4-07 to 0-02.

The second half was a non event. Final score Cahir 5-13 Inane Rovers 1-5.

Well done to the panel of players and their manager John Cummins for two jobs well done. We would like to wish all involved with this team the best of luck in the County final which will be played soon, date and place will be announced ASAP.

Full team and scorers from the semi-final: Patrick O'Donovan, Colin McEniry, Christopher McDonagh, Darragh Heffernan, Nicholas Reidy, Eoin Wyse, Francie Delaney, Ger Quinn (0-1), Kevin Grogan (0-2), Jake Kiely, Stephen Grogan (1-1), Dylan Fitzgerald (0-3), Conor O'Brien (0-3), Alan O'Connor (2-1), Sean Murphy (1-1). Subs Used: Mark Casey, Eoghan Heffernan, Killian Halpin, David Clifford, Jake Fitzgerald (1-1)

Junior A County hurling league - We started our hurling season on last Sunday in Ned Hall Park when we played Clonmel Óg. Conditions were not the best but it was a tight game with both teams exchanging scores. The final score in this one was Cahir 1-09 to 0-10.

Full team and scorers: Keelan Hickey, Keelan Looby, Eoin Donaghy, Eanna Hef-

fernan, Mikey O'Connor, Ger Hally (0-1), Kieran O'Dwyer, Stephen Reilly, Darragh Howard, Liam Howard, Daniel Moloney, Johnny B. O'Brien, Sean O'Connor (1-1), Johnny McMahon (0-7) and Aaron Condon. Sub was Niall McKenna.

Joker Draw- This week it was the turn of the Abbey Tavern to host our weekly draw and thanks to John Bridie and Eddie for looking after us as usual. This draw Jackpot stood at €4,800. This week's winners are as follows: Sean Murphy, Whelans of Ardfinnan, Catherine Hyland, Jim Cantwell and Eddie Lonergan.

Juvenile News- The Parish League finals took place on Saturday 9 March, well done to all Players and Managers involved. A lot of hard work and effort goes into the organising of the Parish League and a big thank you to Tom Molan, without him it would not happen.

Results - U12A Football Championship Cahir v Ballingarry Saturday 9 March

Cahir hosted Ballingarry last Saturday for Round 3 of the championship; it was a tough match with both sides giving it their all. It was score for score throughout the game with Cahir eventually pulling through to win by a point, well done boys

U12D Football Cahir v Clerihan - This match was postponed due to pitch conditions

Fixtures- This Saturday 16 March U12A Football Championship with Cahir v Kilsheelan / Kilcash in Kilsheelan at 10am.

Well done to Conor Kirwan who attended the Munster GAA Goalkeeping Skills Workshop held in Mallow GAA last Saturday. The event was organised by Munster Camogie and the Guest Coach was Cork County Goalkeeper Aoife Murray.

Well done also to our Camogie U12 champions for 2018 who received their medals last week from Camogie chairperson Dan Casey in the club rooms. Well done girls and good luck for the year ahead.



Pupils of Cahir Boys National School dressed up for World Book Day



## LOCAL SPOTLIGHT

Send news/photos to [dylan.white@iconicnews.ie](mailto:dylan.white@iconicnews.ie)

### KILLENAULE

#### BRIDGE RESULTS

Change of Partner competition played February 28: 1st Marjorie O'Brien & Maria McCormack, 2nd Eileen Ryan & Noreen Kealy, 3rd Anne Connolly & Tom Simpson, 4th David O'Meara & Alice Gleeson.

Congratulations to David O'Meara and his partner Eileen O'Connor who came 3rd in a recent National Simultaneous-Bridge Game. An excellent finish, out of a combined playing group of 1,750 over a two night competition.

#### KILLENAULE MOYGLASS LADIES SOCCER

Killenaule U12 Girls soccer played Clonmel Town in Clonmel on Sunday morning. The game ended 12-0 with four goals each for Meah Cuddihy, Clodagh Delaney and Philomena Gillman. All the girls played great and a special thanks to our four U10s who played, Rachel, Tara and especially Claire the even younger girls Claire and Judy. Well done to all.

Team: Rachel Kelly, Holly Ryan, Ella Corbett, Tara Ryan, Clodagh Delaney, Ailise Fitzgerald, Meah Cuddihy, Claire Fitzgerald, Philomena Gillman, Judy Kelly.

#### SCOIL RUÁIN NEWS

Transition Year raise vital funds for Focus Ireland:

On March 1, Scoil Ruáin's TY year have performed a sleep out in the aid of Focus Ireland. The students camped out between the hours of 8pm on 1st and 8am on 2nd underneath the outer roof of the Main Guard in Clonmel. The number of homeless families has increased by 13% in the past year one in three people in emergency accommodation is under the age of 18. It is good to see that the Scoil Ruáin TY year is helping to raise money and awareness for such a righteous cause.

World Book Day March 7 Scoil Ruáin celebrated World Book day on Thursday, March 7 by organising various activities for both staff and students in the school's library.

Finally teachers participated in a quiz at lunch time which was greatly enjoyed by all. Congratulations to Ms. Bridget Carpenter and Ms. Sinead Burke who organised all the events. They were assisted by Fifth Year students.

### GRANGE

#### PROGRESSIVE 25 DRIVE

1st - Anne Hanrahan & Betty Collins; 2nd - Pat O'Connor & Pat O'Connor

Raffle: Dick Tarrant, John Phelan, Michael Lonergan, Kitty Slattery

#### BRIDGE RESULTS

1st - Tom O'Flaherty & Martin Kennedy; 2nd - Marian O'Donovan & Anne Marie Barlow



Principal Ellis Hennessy and students Jack and Charlie McGonigle of New Inn Boys School presenting a cheque to Kay McGonigle for €700 for Barretstown Children's Hospital. All the students and parents of New Inn Boys School raised the funds by organising a breakfast morning in aid of Barretstown

### GRANGE BADMINTON CLUB

Grange Badminton Club held their Annual Tea/Coffee Morning in the Community Hall, Grange on Sunday, March 10. All monies raised will go towards trophies and medals for the Annual School Tournaments which will be held shortly.

### ARDFINNAN

#### LOCAL HISTORY LECTURE

Ardfinnan Community Council is delighted to host a local history lecture by Paul Buckley which will be held in Ardfinnan Community Centre on Friday, March 15 at 8pm.

Paul who hails from Cahir is a graduate of University College Cork. He is an author and historian. The title of the lecture is Pieces Of Our History Through Paintings and Literature from a Local Perspective. Admission is free and light refreshments will be served.

#### ARDFINNAN GAA CLUB

Seniors: Training continues Fridays at the GAA field at 8pm.

Minors: Best of luck to our Minors in their Round 4 game of the South B championship against Kilsheelan kilcash at 12.00 noon in Marlfield on St. Patrick's Day.

Under 16s: Best of luck to our Under 16s who will begin their championship away to Grangemockler on March 16, time to be confirmed.

Under 14s: The Under 14s have got a Bye through to the semi-finals of the Peil. The championship is due to start in April.

Under 12s: Our 2nd Under 12 team started their championship on Sunday last. They were defeated in a keenly contested game by a strong Ballyporeen team. Credit the

panel of players who fought to the end in tough conditions for football. The final score was 1-03 to 0-02 in favour of Ballyporeen. The other team were also due to play this weekend but were awarded the game as Clonmel Og could not field a team.

Under 10s: Well done to our Under 10s who began the year with a blitz last Saturday in Rockwell at 10.30am. We had 2 teams entered in the blitz with all the boys playing great football in tough conditions. Training will take place this Friday, March 15 from 6-7pm at the All Weather pitch.

Under 8s: The Under 8s will start back later this month. Time and date will be communicated accordingly.

Under 6: Under 6 training will start on Friday the 22nd March in the All - weather at the GAA field. The time will be communicated closer the date.

5k/10k Fun Run/Walk: We hope to see a large turnout for our Annual St Patrick's Day 5k/10k which takes place this Sunday, March 17 beginning at 10.30am. Registrations from 9am.

#### LADIES FOOTBALL NEWS

Adult: Our Juniors have resumed training Sunday mornings at the All Weather Pitch from 10.30am.

U14/16 training takes place Tuesday at the All Weather Pitch from 6-7pm. U16s have their next game against Moycarkey on Sunday 24th March at 11am in Ardfinnan.

U12 training continues Tuesdays at the All Weather Pitch from 7-8pm

U10 training takes place Saturday, March 16 at the All Weather pitch at 12.00 noon. Best of luck to the girls in their Go Games Blitz on Monday, March 18 from 12pm

to 3pm in Bansha.

U6s/U8s training will be returning shortly.

LGFA Membership: Registrations for the coming year will be collected at the GAA field at training this week on Tuesday (6-8) Saturday (12-1). All members MUST complete the new membership forms. Prices are as follows: U6s - U10s: €20; U12s - U18s: €40; Players Over 18: €60; Non Playing Members €25.

### NEW INN

#### COFFEE MORNING FOR SOUTH TIPP HOSPICE

A Coffee Morning in aid of South Tipp Hospice will take place in Cahir House Hotel this Sunday, March 17, St Patrick Day from 9am to 12 noon.

#### COMMUNITY GAMES

Well done to New Inn U13 Girls Basketball Team who won the County Final last Saturday, 9 March in the Presentation Convent Sports Hall in Thurles for the second year in a row, by defeating Thurles on a score line of 32-8. New Inn were always in control and finished the game comfortable winners. They are now looking forward to representing Tipperary in the Munster Finals in Tralee on April 20.

Well done to the U11 Mixed Basketball team who played Thurles in the County Final of the Community Games. New Inn played well but lost to a stronger Thurles team.

The U13 Boys lost the County Semi-Final to a strong Nenagh team.

Thanks to the coaches and managers of all the teams, community games secretaries Jodi McMahon and Mary Collins for all their hard work behind the scenes and

to all parents for their support. All players are members of New Inn / Rosegreen Basketball Club.

Well done to New Inn U12 draughts team that secured a silver medal in the county final of the Community Games.

#### PROGRESSIVE 25

Joint winners with 10 games each last Wednesday evening, March 7 at the Old School, Knockgraffon were Marie McGrath & Anne Burke, Tommy Guilfoyle & Mary Gleeson and Tony Keating & Mary Anne Healy. Tea & refreshments afterwards. Cards start at 8.30pm.

#### GAA EASTER CAMP

Dates for your diary: Easter Camp is on from Tuesday, April 16 to Thursday, April 18 from 10am to 1pm at Rockwell Rovers GAA field. Camp cost is €30 per child and each child will receive a sliotar and football.

#### ROCKWELL ROVERS LOTTO

Results on Saturday 9 March, results from The Rovers Inn, the nos are 11, 12, 14 & 30. No winner.

Lucky Dips x 4 :(Online, Blue & White): Hally grandchildren, Ann McGeer, Clodagh Fitzgerald and Christy Clifford to be entered a draw for €500 on Sat 6 April. Sellers x 4: John Hally, Taylor Ryan, Tommy Buckley and John Hally to be entered a draw for €100 on Saturday April.

Next week's Jackpot is €7,600 and the draw will take place in Barron's Pub on Saturday, March 16.

#### CAMOGIE

It is our intention to have all ages back in the field over the next 2/3 weeks. Our strength and conditioning continue each Monday night at Rockwell college from 7.30pm to 8.30.

Our u14s and u16s are back and continue to train every Tuesday evening from 7.30 to 8.30pm. Matches are fixed and due to start next weekend, weather permitting. We would ask that anyone with registration forms and fees please get them in now asap.

#### SINCERE SYMPATHY

Sincere sympathy is extended to Willie and Betty Flood, Ballyslateen, Golden on the passing of Willie's brother James (Jim) Flood, Bishopwood, Dundrum.

Ar dheis Dé go raibh an anam.

### GOLDEN/ KILFEACLE

Lip Sync

Tickets are now available from all taking part in our upcoming spectacular event LIP SYNC. Just €20 each, Please support all our fantastic contestants by buying a ticket.

Don't forget Good Friday night April 19 at 8pm in the GAA Complex. Full Bar facilities with Disco to follow A

huge fundraiser for our GAA Club.

Anniversary bingo in the GAA Complex at 8.30pm on this Thursday March 14. Over €4,000 in prize money given out on the nite. Books usual price Tea/coffee/snacks on sale in our GAA Complex on the night.

#### GOLDEN/KILFEACLE FESTIVAL OF THE SUIR

A meeting will be held in the GAA Complex at 8.30pm on Wednesday, March 20 to organise our festival.

Anyone interested in helping out in any way with this event is cordially invited to attend.

New members and new ideas for this years festival would be most welcome.

### CLOGHEEN

#### SYMPATHY

Deepest sympathies are extended to the Lynch and Williams families on the recent death of Mary Williams River View Ballyporeen. Mary is survived by her husband William, son Kevin, brother Eddie, sisters Ann O Sullivan Clogheen, Jo, Eileen and all her extended family. Following requiem mass in Ballyporeen She was laid to rest in the adjoining cemetery. RIP.

#### ST MARYS NS THANK YOU

A big thank you to everyone who supported their recent fundraiser. Without your continued support this and other events would not be as successful as they are. Thanks again.

#### ST PAUL'S COMMUNITY HALL

The second of three programmes produced and filmed in St Paul's Community Hall, Clogheen will be on Saturday at 4pm.

#### SIVE COMING SOON

The JB Keane's play Sive is this years production by Clogheen Drama Group and will be on from March 28 to 30. Tickets are on sale in The Fruit and Veg Shop Clogheen, contact Margaret on 0527465951 or P.J. on 0877984929.

#### FR SHEEHY'S GAA

Result: County Hurling League Div 4 Group 2: Mullinahone 1-16, Fr. Sheehy's 1-6

Congratulations to Pat Ryan, Ryan's Bar Burncourt who won €1,000 in the monthly Tipperary GAA draw last Friday night.

Under 12 and 14 fixtures were postponed last weekend due to the pitches being unplayable. Keep an eye on our Facebook or Twitter accounts for fixtures this week.

Fr Sheehy's Lotto March 4: 2, 6, 15, 24. No winner, 5 match 3's (€30 each): Brendan O'Brien, Ardfinnan; Robert O'Brien, Newcastle; Raff O'Brien, Perth; Ailish Dowling, Burncourt; Paddy McGrath, Coolagarranroe.

Next week's jackpot is €5,700 in Ryan's Burncourt.

## LOCAL SPOTLIGHT

Send community news/photos to [dylan.white@iconicnews.ie](mailto:dylan.white@iconicnews.ie)

### MULLINAHONE

#### THANK YOU FROM ERIC

Eric "Bristo" Holland was recently engaged in some fundraising for St. Patrick's Special School in Kilkenny. He would like to thank all those who bought tickets and those who sold them.

Special thanks to Eric's mother, Myra Holland who was the principal sales person locally of the tickets. Eric is delighted to report that two of the winners came from Mullinahone.

#### MULLINAHONE BINGO

The March Bingo session in Mullinahone was very well supported and patrons are already looking forward to April Bingo on Thursday 4.

A special Bingo session is also being arranged for Good Friday night April 19. Memories flock back of Poker Classics of a generation ago on Good Friday night.

#### VILLAGE SPRING CLEAN

Mullinahone took part in the Tipperary County Council Spring Clean over the weekend. In spite of the inclement weather there was a good turnout of helpers. There may have been a few black spots where helpers were scarce, but Spring is not over yet, so it is expected that other areas will take part in the clean-up.

#### TIPPERARY GAA DRAW

Recent local winners were Micky Ryan, Ballinacloghy who won €5,000. His promoter, Tommy O'Sullivan won €400. Martin Tobin of Killaghy Street was one of the people who won €200 in a draw confined to Mullinahone GAA. The present Tipperary Draw is now drawing to a close.

#### LOCAL LOTTO DRAW

The last Mullinahone local lotto draw took place on Monday March 4. The numbers drawn were 1, 17, 29 and 30. We had no jackpot winners and Shane Byrne was on his own in winning the Match 3 prize of €150.

Next draw will be on Tuesday March 19 due to the Bank Holiday when the jackpot could be worth €6,350.

#### ST. MICHAEL'S NS MULLINAHONE

The local Green School Committee would like to thank everybody who came and supported our Fairtrade Coffee morning. It was a great success. The school are looking forward and working towards gaining our seventh Green Flag. The focus this year is on Climate Change and a portion of monies raised will go towards adopting an endangered animal.

#### OLIVER POWER RIP

We regret to report the recent death of Oliver (Ollie) Power Ballycullen. Ollie's death followed a protracted illness. Ollie was extremely popular and the large crowds which turned out at his re-



The Ardfinnan National School under 13 quiz team won stage one of the Credit Union table quiz competition in Cahir on February 1 and stage two in Carrick-on-Suir on March 3. They are representing the school in Dublin on April 7. Pictured from left: Mrs Celine Ryan, Clodagh, Andrew, Emma, Paudie, Ms Brid Quinlivan

positional, funeral mass and burial bore ample testimony to the esteem in which Ollie was held. May he rest in peace in Cloneen.

#### TABLE QUIZ

A table quiz in aid of Guide Dog for the Blind will take place in T.J. Mac's Bar on Friday night, March 15. Your support would be appreciated.

#### Kilsheelan/Kilcash ST PATRICK'S DAY

This year March 17 falls on a Sunday. Masses will be at the usual times ie. Kilsheelan on Saturday 6.15pm and Sunday 11.30am with Kilcash on Sunday at 10am.

#### KILCASH PARENT'S ASSOCIATION

The Parents Association are holding a St Patrick's Day Cake Sale in the Community Centre Kilcash on March 17th after 10am mass. Your support would be most welcome. Refreshments will be served and our local Ceoltas players will be in attendance.

#### KILSHEELAN 10 MILE RUN

Thank you to everyone who supported and helped out in any form with our second 10 Mile Run on such a challenging weather day.

Thank you to all of our sponsors who will be acknowledged later and to everyone who took the trouble to home cook - so well appreciated by all athletes, to all of the stewards, car parking attendants, those who took names and entered on computers, those who organised prizes, got the hall and route ready, the top class ladies group who organised a most welcome spread, to the Civil Defence, the local County Council staff and especially to the local Gardaí without whose help this run

would not be possible.

To everyone who helped, we thank you so much. It was so encouraging to see the athletes most gratefully appreciate the value of a hot shower and changing room - installed over the past twelve months.

We look forward to the Run becoming an annual fixture on the calendar and hope to have more improvements for next year.

The committee hope to start the ladies showers very soon, kitchen fit out will be completed shortly.

#### KILSHEELAN COME DANCING

Meanwhile all eyes turn to our so hard working dancers who are putting in so much effort and practise into our upcoming Kilsheelan Come Dancing in the Park Hotel, Clonmel on Friday and Saturday, April 12 and 13.

Tickets are available from Joanne on 085 1250626. Saturday night tickets selling like hot cakes at present. A wonderful night's entertainment guaranteed, we will start introducing the dancers to you next week, the dance committee working extremely hard behind the scenes to try and keep pace with the dancers. Letters gone out to potential sponsors, we most gratefully thank all who have supported the fundraiser so far.

#### BALLYLOOBY/ DUHILL DAFFODIL DAY IN DUHILL ON ST. PATRICK'S DAY

Duhill Community Centre is celebrating Daffodil Day with a Tea/Coffee morning on St. Patrick's Day after Duhill mass at 9.30am to 12.30am. Cake sale, Plants etc., and a super raffle. Those wishing to do some home baking will be much appreciated and can be dropped in on the morning or

when convenient. There will be a Special Guest Appearance on the Day. Please come along to support this very worthy cause. See you there!

#### BALLYLOOBY/CASTLEGRACE DEVELOPMENT LOTTO

Recent lotto results: No jackpot winner. Lucky no's: 1, 4, 5, & 9. Three match three winners: Caoimhe and Aisling Ryan, Tom Cunningham and Kathy Shone. Next week's jackpot €3,600.

#### DUHILL 45 DRIVE

Duhill 45 Drive continues every Sunday night at 8.15pm sharp. Thanks for your continued support. Sympathy is extended to the family and relatives of Michael Ahearn who died last weekend.

#### 25 DRIVE

Ballylooby / Castlegrace Juvenile GAA Club 25 Drive every Monday night in Ballylooby Hall at 8.30pm.

#### RACE NIGHT

Ballylooby/Castlegrace GAA Fundraising Race Night will take place in Kilcoran Lodge on April 5. Currently pricing is 10 per line €50 to sponsor Race. €40 half page ad and €60 full page advert.

#### BALLYLOOBY/DUHILL INVALID FUND

Afternoon Tea in aid of Ballylooby/Duhill Invalid Fund on Sunday May 12, 2019 from 2pm to 5pm in Kilcoran Lodge Hotel. €20 per person. Special prize for the Best Dressed Table. To host a table contact Mary: 087-6156999 or Rita: 086-3001876.

#### RUBY WEDDING CELEBRATION

Congratulations to Billy and Anne Flynn, Ballinahalla who celebrated their Ruby Wedding Anniversary with family and friends in the Glenview, Goatenbridge recently. We wish them good health and prosperity for many more years.

### G'mockler/Ballyneale

#### GRANGEMOCKLER COMMUNITY PLAYSCHOOL

Grangemockler Community Playschool is now accepting enrolments for September. For further information or to view the facilities please contact Aine Sheehan 087 2624695.

#### COFFEE MORNING

A coffee morning in aid of Grangemockler Community Playschool will take place on St Patrick's Day, March 17, at 11 am in the Cardinal Brown Hall, Grangemockler. Please support.

#### GRANGEMOCKLER NS

Parents of children starting school in September 2019 are invited to an enrolment meeting on Friday, March 15 in the Infant Room from 3-4 pm.

### NEWCASTLE

#### NEWCASTLE FIRST RESPONDER GROUP

First Aid Training Course - This course is designed to give First Aid providers the knowledge and skills needed to respond confidently and effectively in an emergency.

Dates - The course, run over two nights, Monday, April 1 and Thursday, April 4 - Venue: GAA Complex, Newcastle at 7.30 pm - Tutor: Donal Lonergan - Course Fee €40 includes certificate.

Name with deposit of €20 to Sean Byrne - 087 6618373 - Marian O' Dwyer - 087 1254882 or Ciara Lonergan - 086 3176953.

#### MONTHLY DRAW

Newcastle Muintir na Tire Community Council - Monthly Draw - If you intend renewing your membership of the monthly draw please do so as soon as possible as the first draw in the new series will be held on Wednesday,

March 20 in the community hall.

### BURNCOURT

#### BURNCOURT'S BIG BREAKFAST IS BACK

Wake up on Sunday morning, April 24 in anticipation of the Burncourt Big Breakfast Experience. Head for Burncourt Community Hall where the aromas of the Full Irish will be wafting from the kitchen and where the freshly baked scones and brown bread will await you. Breakfast at your leisure.

The Breakfast will run from 10am to 1pm.

#### GIG FOR MOUNTAIN LODGE

Last Friday night's "Gig For Mountain Lodge" in Ryan's Bar was a great success. Well Done to Theresa English and Maureen Creed for the ticket selling, to Burncourt Drama Group, Bobby and Lynda Gardiner, Tom Murphy, Pat Treacy and Michael Dunlea for the great entertainment and to Ryan's Bar for the hospitality.

A sum of €705 was raised.

### Powerstown/Lisronagh YOUNG FARMERS

The South Tipp young Farmers discussion groups next meeting is on Wednesday March 13 at 8 pm in Hearn's Hotel, Clonmel.

#### RATHKEEVIN CARDS

Winners of the weekly card game held on Thursday March 7.

Pat & Anne Butler; Jimmy Looby & Jim Phelan; Jim & Mary Garrett; All on 10 games.

Table Prizes on 19th & 20th games Ann Dowling & Mary Ann Healy with Helen Aherne & B Egan.

Cards again on Thursday March 14.

#### BAPTISM

We welcome into the Christian community Beau Thomas Butler and congratulate his parents, Graham and Chloe.

#### RATHKEEVIN ICA

The AGM Rathkeevin Guild will be held on March 20 at 8pm

Information Officer Helen Lannigan will attend.

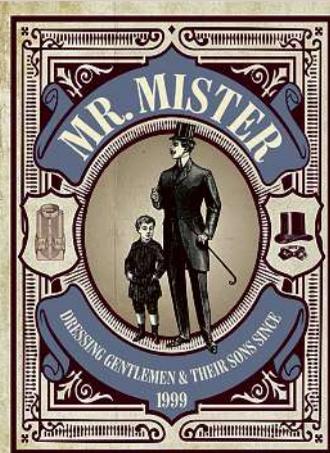
AGM Federation March 21 Halla na Féile Cashel 8pm Regional President Ena Howell will be in attendance.

"Rag Wreath Workshop" organised and facilitated by Ann Marie Farrell, Craft Promoter will be held in St. Oliver's Parish Hall on Saturday April 13 from 10.30am to 1.30pm.

Fee €10 each to be paid in advance at Federation meeting.

"Irish Dancing for Fun" facilitated by Jean Mackey will be held in St. Oliver's Parish Hall on Saturday April 27 from 10.30am to 1.30pm.

Fee €10 to be paid in advance at Federation meeting.



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& Monday 18th March  
for St. Patrick's  
Weekend