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Tipperary school principals slam 'shoestring budgets'

By DYLAN WHITE
e-mail: dylan.white@iconicnews.ie
Twitter: @TheNationalist

The principals of five Tipperary Town primary schools providing education on "shoestring budgets" have aired their grievances with Minister Patrick O'Donovan.

Following the raising of a Green Flag at St. Joseph's Primary School, the Minister of State for Finance, Public Expenditure and Reform held a private meeting with Tipperary Fine Gael general election candidate Garret Ahearn, Cllr Michael Fitzgerald and principals Louise Tobin (St. Joseph's), Eoghan Breathnach (Gaelscoil Tiobraid Arann), Íde Mooney (St. Michael's GNS), Pat O'Halloran (The Monastery CBS) and Siobhán Verdon (St. Michael's Junior Boys School).

The principals voiced frustration at their schools being excluded from the Delivering Equality of Opportunity in Schools (DEIS) programme, which provides supports for communities at risk of disadvantage and social exclusion, despite Tip-



Minister Patrick O'Donovan, the five primary school principals, Fine Gael's Garret Ahearn and Cllr Michael Fitzgerald at St. Joseph's Primary School in Tipperary Town.

perary Town having a deprivation index of -12. They pleaded with Minister O'Donovan to raise their case at the "highest political level to ensure the resources and supports are put in place" for the children at the five schools.

"We are missing loads of resources, and we have to fundraise for additional English readers and PE equipment. Everything is on a shoestring because we don't have enough funding. We don't have enough staff to

deal with children from very disadvantaged homes and who have developed social and communication issues because of their home background. They are coming to school at a deficit and non-nationals are coming with a language barrier. We are getting the same resourcing as the schools in Blackrock, County Dublin. There are schools with DEIS status in less disadvantaged areas, such as in Carrick-on-Suir, that have everything - extra staffing, extra funding, lunch and ac-

cess to loads of services. We have the Breakfast Club," voiced principal of St. Joseph's Primary School Louise Tobin.

Minister O'Donovan told South Tipp Today that he doesn't know why the five schools have been excluded from the scheme, but committed himself to raising the issue with the Department of Education and Skills and Minister Richard Bruton.

Continued on Page 4.

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Patricia Sweeney shares her journey with Motor Neurone Disease

By DYLAN WHITE
e-mail: dylan.white@iconicnews.ie
Twitter: @TheNationalist

A Tipperary Town woman says Motor Neurone Disease (MND) has changed her life "enormously".

Patricia Sweeney (née Bowes) spent six "very happy years" teaching at Presentation Primary School in Carrick-on-Suir, 22 "wonderful years" at Presentation Primary School in Clonmel and nine years working with the Visiting Teacher Service for the Blind and Visually Impaired before "reluctantly" taking early retirement two years ago after being diagnosed with MND.

59-year-old Patricia, who lives with her husband Eugene in Clonmel, can no longer go for walks with her friends around Powerstown Park or sing with St Mary's Folk Choir because of the progressive neurological condition which attacks the nerves in the brain and spinal cord.

"Eugene and I used to regularly walk around Marlfield Lake. We loved to watch the wild birds and their young, in particular the swans and their cygnets, and I was always up to date with their progress. I miss all those things," Patricia tells South Tipp Today.

"I am no longer independent and rely on Eugene for assistance and need help from family and friends when I am out. I can't walk independently and rely on a rollator or crutches to walk short distances and a wheelchair for anything longer.

"My voice has become un-

recognisable from the voice I once had and I have to work hard to make myself understood. Singing is impossible. My hands are now beginning to suffer stiffness and are weaker for certain tasks. Thankfully, I presently have only very mild swallowing difficulties and my breathing is only compromised a little to date. My deterioration is much slower than many others with MND, so I am very lucky," continues Patricia, who is encouraging the public to Drink Tea for MND Awareness Month.

Patricia's "positive outlook on life" is helping her cope with MND. "Along with this I have the most amazing husband, family and good friends who I know will journey with me in good times and bad, so I am really blessed. They have all rallied round to make life easier, more enjoyable and to make sure I get out as much as possible and that my diary is generally full.

"Thanks to the brilliant organisational skills of my son and his girlfriend, we managed to take the family trip of a lifetime to Taiwan and Japan last October – something I thought would never happen when I was diagnosed in 2016.

"Everything in life now has to be carefully planned, taking my needs into account in terms of transport, accommodation, facilities and accessibility. My husband, son and daughter happily take on these tasks – remember I can't even ring around to check these things myself because of my speech difficulties. I require assistance for everyday tasks we all take

for granted and my husband gave up work to be there for me and also to take on all the household tasks that we previously shared. He also has the wonderful gift of making me laugh, even when things get tough. I am so lucky," the mother of James and Clara smiles.

Patricia says support from the Irish Motor Neurone Disease Association (IMNDA) has been invaluable. "MND is a lonely diagnosis as it is not all that common and more than likely your GP will not have met another patient with it. Once I made contact with the IMNDA I was no longer alone. They sent out a very comprehensive information pack and arranged a home visit from the motor neurone nurse who was able to answer my questions and advise me on supports I might need. She also arranged for a monitored panic alarm, which I wear all the time at home in case of a fall or any other difficulty. Should you want it the association will also arrange some counselling sessions for you and one member of your family.

"As the disease progresses you have the security of knowing they will provide you



Patricia Sweeney with her daughter Clara, husband Eugene, son James and his girlfriend Eva on a family trip of a lifetime to Taiwan and Japan.

with a loan of any specialised equipment you may need and some additional home care. They organise a conference every year where you can listen to very informative talks and get an update on research that is going on. Most importantly, the conference gives you a chance to meet other people with MND. They work tirelessly to support the needs of people with MND, their families and carers and

yet they rely on fundraising for 82% of their income as they only receive 18% of their finances from public funding," Patricia explains.

Patricia attends Beaumont Hospital in Dublin every few months to meet with a neurologist and takes part in MND research. She also undergoes physiotherapy, occupational therapy, and speech and language therapy locally. She is living "from day to day" and

doesn't think too much about the future. "Although no cure has been found to date for the disease they can alleviate the symptoms and make you more comfortable through medication and equipment. I will be assessed soon in the Central Remedial Clinic and I may need to aid my communication in the future as my speech deteriorates," she adds.

Fundraiser kick starts Ahenny and Faugheen defibrillator project

The Ahenny and Faugheen Defibrillator Group are feeling proud after raising €875.50 at their recent cake sale and raffle in Faugheen.

The money, which includes anonymous donations, will be spent on mounting the new defibrillator in Ahenny and the existing one in Faugheen outdoors where they will always be accessible. The defibrillator in Faugheen requires servicing and this can now go ahead thanks to the gener-

osity of the people of both villages.

A training course for local volunteers is being organised for next month. Further funding will be required to maintain the skills and the defibrillator in both locations, but the cake sale has put the project in a sound financial position to start with.

Teresa Power, Eileen O'Shea, Florence Phelan, Brigid Driver and Barbara Fleming helped organise the

cake sale, while Maggie Fleming sold tickets for the hamper in Flemings Pub. The winners of prizes were Edmond Cody (hamper), Brigid Driver (hamper), Kitty English (hair appointment), Joan O'Dwyer (wheel alignment), Ann Cronin (tennis camp), Brigid Driver (mini facial) and Jane O'Driscoll (tennis lesson).

A fundraising concert is being organised for Brewery Lane Theatre on September 28th.



Lily Fitzgerald, Roisin Raggart and Mollie Fitzgerald.

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'DEIS funding for Tipperary Town schools one of the most important issues in the county'

By **DYLAN WHITE**
e-mail: dylan.white@iconicnews.ie

Continued from Front Page.

Minister O'Donovan, who worked as a primary school teacher before first being elected to the Dáil in 2011, acknowledged that parents and teachers at the five schools are "anxious that their children get the best possible start in life". He stated that Tipperary's lack of representation in Government was a "big problem" for the county, promising the five schools campaign for DEIS status "absolutely nothing" and hitting out at Tipperary TDs.

"It's not the first time that I have crossed the border to Tipperary and I feel sometimes that I'm taking on a dual role but I'm doing it because we are anxious to see that this county has the proper representation in Government that it deserves. To do that, people like Garret need a hand to make sure that the concerns of people like the principals of the five schools in the town can be heard. They feel there is a problem and I have given an undertaking that there is a re-

port going to be done up by Garret and I will bring it before the Department of Education and the Minister for Education whose decision it will ultimately be to decide the best way forward.

"From speaking to the principals, there appears to have been an opportunity missed in 2011 when the opportunity was presented in the first place for applications. That's water under the bridge now and I don't think anybody is interested in a rear view mirror. I'm more interested in seeing if there is something that can be done in the short-term to alleviate the problem that Garret has identified with the principals and if there is he will liaise through me, the Minister for Education and Government. That's the only commitment and promise I've made! I know some people knocking around Tipperary have promised the sun, moon and stars from the cheap seats in opposition. Easy for them - you would swear that there is an election in the offing," Minister O'Donovan added.

Garret Ahearn said securing DEIS status for the five schools is "one of the most important issues" within the

county. He emphasised that additional funding would greatly benefit the children of Tipperary Town.

"I have been to St Joseph's three times in as many months and I have listened to the concerns and frustrations that the schools have and in my view they have a very credible case. You only have to look at the numbers and compare them to other schools around the county with DEIS status. It just doesn't seem right that Tipperary Town has been left out. Anyone who knows the county of Tipperary will know that Tipperary Town is first on the list of disadvantaged areas.

"We had Minister for Education Richard Bruton down in Tipperary recently and Fine Gael representatives, councillors and myself told him that it is a huge issue for the area and needs to be solved. He told us that there is review taking place, there isn't a timeline on the review yet and that the 2016 Census figures will be used instead of the 2011 Census figures. My understanding is that it strengthens the case for the schools.

"This is something that



Minister of State for Finance, Public Expenditure and Reform Patrick O'Donovan officially raising St. Joseph's Primary School's 9th Green Flag.

myself, Cllr Michael Fitzgerald and all the councillors in the area are determined to solve. We are not going to run away from it, and we will do our utmost to represent the principals, teachers, parents and pupils of these schools," Ahearn

added.

Cllr Michael Fitzgerald said DEIS status would be a "huge advantage" for Tipperary Town. "This is something that would solve a lot of problems in the five national schools. There is a brilliant case being put forward

and it's just not being accepted at Government level. We have to keep fighting until it happens.

"DEIS status would start a new move to re-energize the town," Cllr Fitzgerald underlined.

'Retirement village would allow people to live in safety and security'

A local woman has proposed the establishment of a retirement village at the former Army Barracks in Clonmel.

Mairead O'Donnell from Seskin, Kilsheelan, says that the former Kickham Bar-

racks would be an ideal location for older people.

"I don't think that houses for the elderly in new housing developments are a good idea, because many other residents are out at work all day and the elderly can find them-

selves isolated," she says.

"The former army barracks would be an ideal location because it's near a bus stop, and with the new Garda station being located nearby older people would feel safe and secure. It's also within walking distance of many amenities.

"Older people like to walk to shops and spend money in town. They don't buy goods online like the younger gen-

eration," she continues.

Mairead O'Donnell believes that a retirement village in Clonmel should be considered for inclusion in the next County Development Plan, and could be modelled along the lines of McAuley Place in Naas.

In January 2000 a group of professionals, all living in Naas and aware of their own ageing, came together to plan the type of environment they

would choose to live in if they could no longer remain independent at home but did not need full nursing care.

They decided that they might not be able to manage a three or four-bedroomed house and garden but could easily manage a one-bedroomed apartment if it was located in the heart of the town.

They committed themselves to developing an alternative to institutional residential care for older persons and a model that would create a society for all ages.

Located in the former Convent of Mercy in the heart of Naas, McAuley Place consists of 53 self-contained, one-bedroom apartments; Convent Tea Rooms; an Arts and Culture Centre; a Community Centre; a Volunteer Centre and a Health through Learning Centre, while an associated garden is being planned.

Visiting McAuley Place six years ago, President Michael D. Higgins stated that it should be used as "an exemplar nationwide".

"Older people could live with dignity in a retirement village like this," says

Mairead.

"Larger houses would be freed up for younger families, and there would be a saving for the state if fewer people were moving into nursing homes".

Tipperary County Council purchased the eleven-acre site at Dillon Street/Davis Road occupied by Kickham Barracks after it was vacated by the Department of Defence in March 2012.

A new Garda station will be built on the site, while the Tipperary Education and Training Board (ETB) has plans to consolidate and deliver a purpose-built campus at Kickham Barracks.

Limerick Institute of Technology (LIT), which provides a number of business and speciality multimedia courses, proposes to develop a new campus within the site and provide more accommodation and room for expansion of their multimedia courses.

A civic plaza is also included in the plans for the former army barracks.

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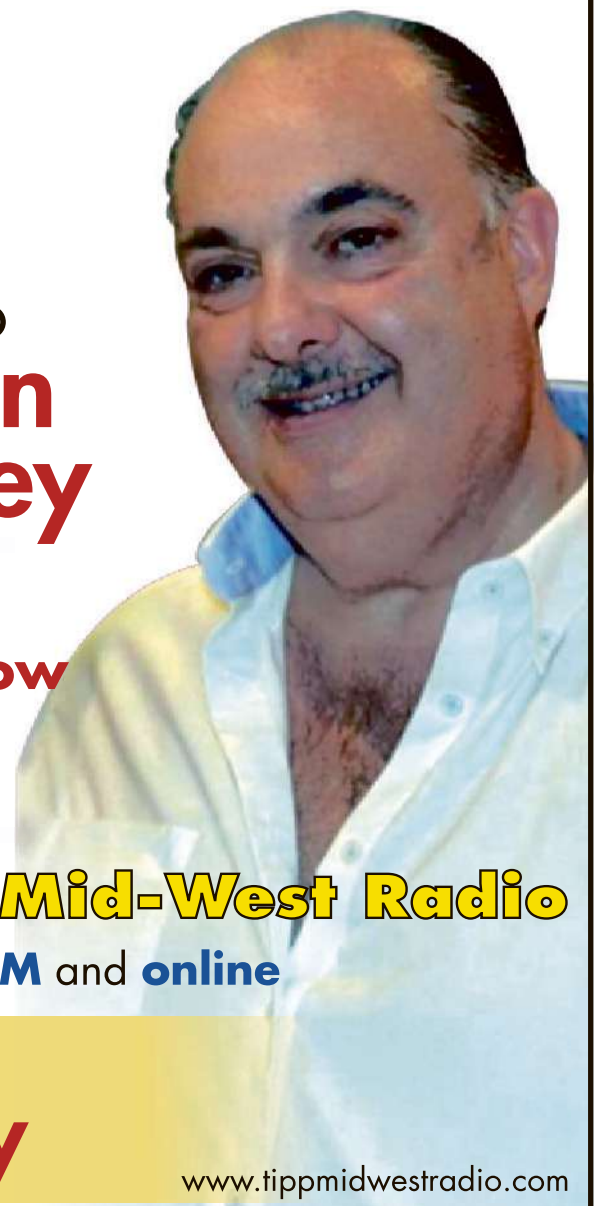
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'Defence Forces training helped me change lives'

By **DYLAN WHITE**
e-mail: dylan.white@iconicnews.ie
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A Clonmel fitness nutritionist has credited military training for helping him change lives across the world.

Defence Forces sniper instructor Peter O'Halloran won Ireland's Best Fitness Nutritionist/Dietician award at the recent Irish Fitness Industry Awards and a few days later took the prize for Best Use of Social Media by a Gym/Personal Trainer at the Social Media Awards 2018.

The 32-year-old, who worked as a trainee cook and on building sites before joining the army 13 years ago, says the "mental side" of military life prepared him to help others reach their fitness goals. He studied personal training and nutrition in the evenings and on the weekends in Cork, followed by a further three years studying nutrition, before launching PPT Fitness and Nutrition online in 2015.

"Recruit training was physically very tough and demanding. Cardio is a huge thing in the army - when you are climbing to the top of a mountain you can't stop and you have to overcome the doubt in your mind telling you to give up. It shows you that the body is important but the brain is more important.



Corporal Peter O'Halloran is based at Kilkenny's Stephen's Barracks and also runs an award-winning online business from his home in Clonmel.

Learn to control the mind and you can control your body. It has given me an extra edge and has pushed me to achieve more. We have fitness tests every year in the army, and having to stay in good condition got me more and more into fitness and bodybuilding," Peter tells South Tipp Today.

Peter shares some motivational advice for people trying to lose weight.

"People need to understand that losing weight is like a long car journey - you will always have to stop for whatever reason and you

might 'fall off the wagon'. But remember, just because you stop doesn't mean you have ruined your journey. Some people losing weight think if they have a bad day the whole thing is ruined. It's not!

"Think about it this way - if you are driving a car at 100km/h and take your foot off the pedal, it just slows down. The car is your body and slowing down won't ruin everything straight away. Get your foot back on the pedal and you will get back to speed in no time.

"Remember that you are still further on from where

you started. Do not let these stops get in your head because life will always get in the way. If you want to stop for a bit then do but don't get obsessive. Get back in the car again, and it does not matter how fast you go - it's a long road at times but keep going until you reach your destination," the corporal, based at 3 Infantry Battalion in Kilkenny's Stephen's Barracks, continues.

In addition to his military pedigree, Peter's "in-depth knowledge of fitness and nutrition, combined with funny fitness videos on Facebook" has seen his popularity soar in the fitness industry. He slams personal trainers who put their clients on low calorie, restrictive diets. "A lot of people do a PT course and learn the basics of nutrition. They can advise you on what to eat, but they are not really supposed to sell plans. Some of them will get into fitness and get a coach who will do up all the plans for them. They will get the body, the photoshoot and go on stage and then use their photos to get clients. People think they must be really good, when half the time it's their coach who has got them in such good shape.

"A lot of trainers don't have the knowledge when it comes to how food affects hormones and how the body holds water at certain times. They give you an 800 calorie diet and tell you to lose weight. The



Award-winning fitness nutritionist Peter O'Halloran is a Defence Forces sniper instructor.

first two weeks you are going to lose weight anyway because of the drastic calorie deficit. The body will eventually go into starvation mode, your metabolism will slow down to accommodate the food you are taking in and you will hit a plateau. Your body will start to store half the food it's taking in because it doesn't know when it's going to get fed again. Your body and brain become sluggish, and eventually you give up, make up eat and the weight piles back on. Think of it this way - if I ask you to hold your breath, you can hold it for a certain amount of time but eventually your brain will take over and make you breathe for sur-

vival. It's the same way with food," Peter explains.

Peter, who trains at Clonmel's Nitrous Gym and Fitness Centre, praises his "loyal following" for helping him achieve national recognition. He takes pride in watching his clients across the world benefit from his tailored online plans. "Without my clients I would just be a guy making plans - they have to put in the work. I have a good following and a loyal following. My clients listen to what I have to say, they follow my direction and they get the results. Also a special thanks to my wife Emma, who is the brains behind most of the social media side of things," Peter smiles.

The battle women must overcome when losing weight

When it comes to losing weight women face a harder psychological battle than men, writes award-winning fitness nutritionist Peter O'Halloran.

We all know that testosterone is the male hormone and oestrogen for women. Luckily for men, testosterone levels can stay level enough throughout our lives but slowly drop with old age. However, women face a hormonal, emotional and physical battle on a monthly basis.

So what has this got to do with weight loss? Have you ever been that woman who is on a diet and doing great for two weeks and then the third week get on the scales and your weight has stayed the same or has gone up? You think to yourself 'how on earth has this happened? I stuck to it 100%'.

You get upset and say 'To hell with this, I'm eating junk food!' or as some call it you

'fall off the wagon'.

The reason your weight has gone up is due to water retention coming up to your menstrual cycle. Yes ladies, water retention!

Your body can store anything from one to ten pounds of water a week before your cycle. This is due to the rise of oestrogen in the body. After a few days progesterone will then rise and oestrogen will drop and that's when the water retention will begin to drop off.

Think of it as your body's natural survival mechanism. It knows it is going to be losing fluid so it takes on fluid to survive. Information like this is crucial when you are on a diet as the rise in oestrogen will not only store water but it will also affect your mood and then seeing the numbers on the scales go up can tip you over the edge.

Some of you are probably on contraception and don't go through a menstruation cycle, but water retention still happens. Even though

you are taking contraception, the body will still go through the process of a rise in oestrogen so water retention can still happen.

For some strange reason people have become reliant on scales. You must remember scales are not an accurate representation of fat loss as they measure everything like water, bone, organs and fat - everything that makes up your body is shown as one number.

My advice

Make a calendar! Track your progress and log when you start to retain water. You will notice that after a while you will be able to determine when you will start to retain and can usually judge how much.

Once you know this you can rest assured that if you're sticking to your diet, your fat loss is just being masked by water retention.

Scales are only an aid and you should also take body measurements as these will



Peter O'Halloran at the Irish Fitness Industry Awards. His award-winning online business, www.pptfitnessandnutrition.com, continues to go from strength to strength.

give you a more accurate representation of your loss.

I go into issues like this in more detail on my Facebook

page 'PPT Fitness & Nutrition'. Also visit my Instagram ([ppt_fitness](https://www.instagram.com/ppt_fitness)), Snapchat (Fitness-ppt), Twitter (@Petero-

Halloran) and www.pptfitnessandnutrition.com for more tips and tricks.

MISS ELLIES

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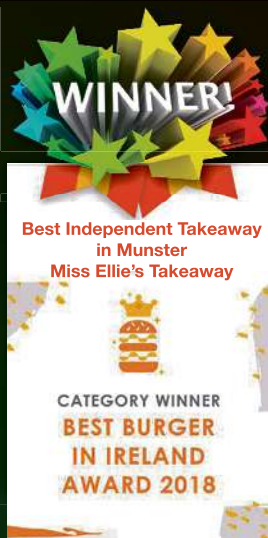
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Free Summer Book Bus a 'golden opportunity' for kids

Excitement is building as Tipperary Library Service's Summer Book Bus takes to the road again this July and August.

Children will be welcomed onboard to join the library and explore its wonders. If they are already members, just come along and choose books from exciting collections.

Each child will be invited to register for the Summer Star Reading Adventure while aboard. They will be given a Summer Stars Reading Card to record their progress, with rewards and incentives along the way. The book bus provides equal opportunity to all children to take part in this exciting adventure and to have access to a diverse choice of books to

fulfil all needs. Invitations will be extended to them to attend an awards event at one of the local libraries in September, when they will be presented with their own Summer Stars Certificate.

Membership is free and young children must be accompanied by an adult. Book stock is suitable for children up to 14 years of age. If your child has special or additional reading needs, please contact Ellen Kilmartin on 0761066100.

"We are encouraging as many families as possible to bring their children along to avail of this golden opportunity to keep their reading skills up over the summer. The benefits are huge and past experience highlights the enjoyment and fun the children have each year with

our Summer Book Bus. It also provides an invaluable service to families who may not live in close proximity to a library," a Tipperary Library Service spokesperson says.

The book bus for Clonmel and Carrick-on-Suir has been supported by the South Tipperary Development Company. Summer Book Bus locations include Clogheen Community Centre every Tuesday from 10:30am - 12:30pm from July 10 - August 14; Mullinahone Health Centre car park every Tuesday from 2:30pm - 4:30pm from July 10 - August 14; 27 Comeragh View, Carrick-on-Suir every Thursday from 10:30am-12:30pm from July 12 - August 16; Clonmel's Elm Park Community Centre every Thursday from 2 - 4pm from July 12 - August 16; and



Children in Skeheenarinky are looking forward to visiting the Summer Book Bus.

Newport Community Centre every Wednesday from 10:30am - 1pm and 2 - 4pm from July 11 to August 15. Dogs

Trust Ireland will visit the Summer Book Bus in Clogheen on July 10 at 11am, Mullinahone on July 10 at 2pm, Carrick-on-Suir on July 12 at 11am and Clonmel on July 12 at 2pm.



Kids in Mullinahone are excited about the Summer Book Bus arriving on July 10.



The Summer Book Bus is very popular in Clogheen.



Children in Ballyporeen are big fans of the Summer Book Bus.

Tipperary EuroMillions syndicate winners take over National Lottery HQ

Dublin's Abbey Street came to a standstill on Friday (June 15) as members of a lucky 32 member syndicate from Thurles, Co Tipperary, arrived at Lotto HQ to claim a mega €17 million EuroMillions jackpot prize.

The winning Stakelum's Hardware Store syndicate were on top of the world as they arrived by bus at the National Lottery office to collect their winnings from the EuroMillions draw of Tuesday, June 5. Each syndicate member stands to get a whopping €531,250 each.

National Lottery staff formed a guard of honour to lead the excited group into the building where they were welcomed by National Lottery CEO Dermot Griffin.

This is the 13th Irish EuroMillions jackpot, with a payout of €630 million since the game was launched in Ire-

land in 2004. The first EuroMillions winner was Dolores McNamara from Limerick who won an incredible €115 million in 2005.

The Stakelum's syndicate has been in existence for over 25 years and includes present and past staff of the large hardware and homeware store.

Spokesperson for the 32-member syndicate, Gerard Sammon, spoke of the group's surprise and delight at winning the mammoth jackpot. "At first we simply couldn't believe it. We were stunned, but we have had over a week to let the good news sink in. It has been an absolute roller-coaster. We are all absolutely delighted - it will make a huge difference to all of our lives.

"In particular we have all been blown away by the goodwill there has been towards us from our colleagues in Stakelum's and by people in

the town in general. Everybody is genuinely happy for us. It is great that this massive jackpot is being shared amongst 32 people. That is 32 families who will benefit," Gerard continued.

Gerard said the journey to Dublin to collect the winning cheque was a happy one. "There was great crack on the bus and everybody is in super form. We couldn't have been treated better by the team in the National Lottery who have guided us through the prize payment process and who have welcomed us here with open arms. This will be a day we will all remember," he added.

Owner of Eason's in Thurles Shopping Centre which sold the golden ticket, Tom O'Toole and his wife Catherine, joined in on the celebrations at Lotto HQ. Eason's is on a winning streak at the moment as the shop sold a winning Lotto jackpot



ticket worth €7.5 million eight months ago.

Meanwhile a County Tipperary man, who wishes to remain anonymous, struck gold the same week as the

Thurles syndicate by winning €500,000 in a Daily Million Plus draw. The golden ticket was bought at Texaco Spar Service Station on John Street, Carrick-on-Suir. The

owner of Texaco Spar, Sean Heaphy, said he was stunned and delighted at the win. The winner plans to buy a new home for his young family.

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Glen of Aherlow nature walk

BY ALBERT NOLAN

The bank holiday weekend lived up to its billing and glorious sunshine accompanied us on our journey.

Our destination was the viewing point, next to Christ the King statue in the Glen of Aherlow. While the braver and fitter souls sweated up the slopes of the Galtees, we took a gentle stroll through its nature.

After parking and slipping into wellies and wet gear, we watched as showers brushed off the mountains and forced us into the shelter of the trees. The kids played king of the mountains, and it always amazes me how some games can span the generations. The nature walk brings you through a changing woodland, as the conifers trees are slowly being replaced by oak and birch. Your ears are also essential here as bird songs and calls are often the only clue of their presence.

The kids found some frog-hoppers and soon had a whole family on their hands. These greenish insects are found in what is commonly called 'cuckoo spit'. The frog-

hopper nymph creates the spit to protect itself from predators and the drying effects of the sun.

Flowers in a woodland habitat have to like shade, and our first plant was Herb Robert. Its older name of 'cranes bill' is far more descriptive, as its flower head does indeed look like the bird. It is a member of the Geranium family, and when crushed its leaves do smell like its household cousin.

One of the best experiences of nature is when something new pops up or something that is usually long forgotten. I was stumped by a pretty plant with white flowers (and it was not a daisy). Later, after consulting our flower guides we discovered that it was a sanicle, a member of the carrot family.

As we slowly descended the steep steps we heard a chaffinch singing. This common garden bird is equally as happy in a woodland setting. The first tree we stopped at was the holly. This needs a male and female to produce berries, and we examined the tracks of leaf miner on the leaves.

After the heat of the car, the air in the woods felt cool

and fresh. Tall scots pine trees stretched up into the sky. Red squirrels frequent these trees and eat the seeds from the cones and also the berries from the holly. Their rough bark is home to countless insects, and these are gently picked out by the curved beak of the tree-creeper.

The paths are kept open with regular pruning of any offending branches. These have been stacked by the side of the path, creating a natural home for bugs and even hedgehogs. A healthy woodland needs a mixture of living trees and decaying wood.

Lots of oak and birch saplings are growing, and this is another healthy sign of the changing woodland. Squirrels help spread oak trees. They bury the acorns for winter food but in about 20% of cases forget the location. If the tree can avoid the deer for a few years, it will be tall and strong enough to reach the forest canopy. Holly again plays its part by proving a thorny defence that shelters small trees during their tender first years.

The oak might eventually reach 100 feet but on its leaves is a home for the smallest of creatures. We ex-

amined a small lump on one of the leaves and when we broke it open found a tiny wasp larva inside.

Honeysuckle is plentiful in the woods, with its dusk time scent attracting night time creatures like moths. An older name is woodbine and this is still widely used. We reached the old Bianconi road, but the only wheeled traffic were two tourists on bicycles.

The damp woodland scene of towering beech and oak trees were a similar view experienced by travellers over a 100 years ago. By a fast

stream the kids have great fun fishing with the butterfly net. The oak here is also known as the hanging tree, and thankfully the only thing hanging from its branches were mosses and polypody ferns.

On the return journey, we discussed the important need to bring young children out to explore the natural world. Afterwards as the kids were eating their picnic, I got chatting to American tourists from Atlanta. They were at the end of a 13 week tour that has taken in most of Europe and Ireland. They

were very interested in the wildlife and the lakes of the Galtees. Unfortunately their holiday is over but they joked that they will have to come back and take a stroll through the woods and maybe up to lakes.

Their parting comment - 'we often take what is right on our doorstep for granted' - rings through in any country.

Comments/questions to albert.nolan@rocketmail.com or 089-4230502. Albert is also available to give walks/talks to schools, tidy towns, youth and community groups.

LEGAL ADVICE

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Statute of Limitations

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The Statute of Limitations is an integral part of every legal process. The classic example of the statute in practice arises in cases concerning adverse possession, where the person making a claim of ownership must have occupied the property in question for a period of 12 years. The court has taken varied approaches, at times imposing a strict and somewhat harsh interpretation of the statute and in others a more lenient approach is adopted. However, it is important to bear in mind in any case, where an issue may come before a court, time is of the essence.

Does the statute favour the defendant?

It is commonly opined that in cases where a person has wrongfully suffered injury or harm, imposing a time limit on their ability to take a case is unfair or unjust. One must remember that the Statute of Limitations exists in order to balance the rights of the person taking the claim with the rights of the contesting the claim. From a commercial point of view, it acts as a safeguard in preventing a claim being made long after the event occurred. It ensures the problem is dealt with in a fair and timely manner.

At what stage does time begin to run ?

Each area of law operates under different limitation periods which are based on fixed periods. In certain cases, an extra dimension comes into play: known as the knowledge principle. This principle comes to the fore in

cases involving medical negligence and personal injury which as a starting point sets out a strict time limit of two years for an action to be brought before the court. However, if you didn't know or had no way of knowing that there was a problem, the two-year limitation period may not begin until you first had knowledge that something was wrong.

A classic example is where people who became ill due to their previous work with asbestos. It was not until later in life that they discover that their illness was due to asbestos. Therefore, they have two years from the discovery date to begin proceedings. In a recent Court of Appeal case, a man contracted MRSA as a result of undergoing an operation in hospital. A relative watched a television programme and informed the man that his symptoms were akin to those discussed during the show. Following the show, the claimant contacted a victim named in the programme. He then contacted this person's solicitor. The solicitor requested medical records and an expert opinion. The key question was the date from which you calculated the two-year limitation period. On the facts of the case, the majority of the judges decided that it was from a date after receipt of the medical records or even from the date of the expert report. When the legal process began, it had been three years from the time he was in hospital and the defence naturally argued that the limitation period had passed.

From this case, an inter-

esting lesson can be learned. If you are unsure if you have a claim, you should issue what is known as a protective writ. In a sense, this stops the clock and acts as a precaution if you think something is wrong and you are conscious that time may run out.

Is the limitation period ever suspended by the court?

The court has retained an inherent jurisdiction even when proceedings are issued within the time allowed but are progressed slowly. If the court decides that there is inordinate and inexcusable delay which has prejudiced the person defending the claim, the court may dismiss the case for want of prosecution.

On the other hand, the limitation period can be suspended due to disability i.e. if someone is injured to the extent that they are not capable of managing their affairs. For an incident concerning a minor, the limitation period begins once the child has reached maturity (18 years of age). A further suspension can occur if there is fraud or if a case is not taken on the basis that the defending party leads a claimant to believe that they have admitted liability.

What should I do if an issue arises?

If you believe there is an issue, it should be flagged immediately. You must begin your investigation and be conscious of time restraints. It must be highlighted that the Statute of Limitations comes into effect when you know that there is an issue and not that there is a legal case to pursue. This may be considered as a certain 'grey area', however the importance of the statute most certainly is not.

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LOCAL SPOTLIGHT

Send community news/photos to dylan.white@iconicnews.ie

CLOGHEEN

Happy Birthday

Congratulations to Nan O'Meara on celebrating her 90th birthday and Caroline Broadhurst on celebrating her 70th birthday recently.

Collection

€260 was raised at the recent collection for the Irish Cancer Society.

Workshop

A free workshop on responsible dog ownership by Heather and Ted takes place at Clogheen Community Centre on July 10th at 11am.

MARLFIELD

Mass at the Well

Mass with Fr Billy Meehan will be celebrated at St Patrick's Well on Thursday 28th June at 7pm. Very limited seating available and people who need seats should bring their own.

Adopt a Task

Marlfield Village Committee want villagers to adopt a task in an effort to make the village a special place to live in. Presently a questionnaire is being delivered to all houses in the Marlfield Loughtally area asking for your views and help with the many projects that are in progress. Please fill in the form and return it to any one of the committee or drop it into Bernard Lennon's letter box.

Missing a Key

Call the village secretary on 086-2937220 if you mislaid a key when visiting Sandybanks recently.

Welcome David

Cead Mile Failte to new Tús worker David Sheehan who has got off to a flying start in cleaning and removing the fallen branches and debris after tropical storm Ophelia. David will be a familiar sight as his yellow high vis vest will be a marker as he reclaims the damage

done by the long winter.

P'TOWN/LISRONAGH

ICA

Monthly meeting will be held on Wednesday 4th July at 7:45pm in Monroe Sports Complex. All members are requested to attend. Muireann Morris from Source Yoga Ireland will be the guest speaker. New members are welcome.

NEW INN

Special Olympics

The Special Olympics Flame of Hope visited Scoil Mhuire Gan Smál, New Inn, recently to raise awareness about the Special Olympics Ireland Games. The torch was welcomed to New Inn in the presence of Rockwell Rovers players, Jackie Cahill TD, Superintendent Carmel Banville, and Tipperary senior camogie players Cait Devane and Orla O'Dwyer. Athletes from Scoil Aonghusa, Cashel, were also in attendance with Team Munster equestrian athlete Dylan Reilly carrying the torch for the final leg of the run through the school grounds. Niamh Luddy, a previous bronze medal winner with the Special Olympics basketball team, was also present. The school entered a nationwide fundraising competition, managing to raise an impressive €550. The Student Council - made up of students from 4th, 5th and 6th classes - organised a cake sale for the school.

CYCLE FOR CHARITY

The annual Fr Colm O'Brien Memorial Cycle takes place on Saturday 11th August. Route one leaves Ss Peter and Paul's, Clonmel, at 11am and route two leaves Kingfisher, Waterford, at 12:30pm. This year's nominated charities are Assisi House Day Centre for the Elderly, Waterford, and Lisa Power Support Fund, a

mother fighting stage four cancer. Visit www.frcolmobrienmemorial-cycle.com.

CLONMEL

Gig

The Frank and Walters play Clonmel's Bakers Bar on Thursday 5th July as part of the Clonmel Junction Arts Festival. Tickets are €20 from Hearn's Hotel.

Art Group

South Tipperary Art Group's 50th anniversary exhibition with guest speaker Irish artist Robert Ballagh takes place on Thursday 21st June at 7pm in Tipperary County Museum.

Alcoholics Anonymous

Clonmel Alcoholics Anonymous are holding an open public meeting in St Mary's Hall on Monday 2nd July at 8:30pm. Light refreshments will be served. All are welcome.

DRANGAN

Progressive 25

Winners on Thursday 21st June were Joan Boland and Jimmy Gleeson; Marie Cudihy and Lory Byrne; Margaret Fallon and Bridget O'Dwyer. Jackpot winners for May were Bernie Myles and Alice Quinn.

St Patrick's GAA

Junior B hurlers play Mullinahone on July 15th at 12pm in Killenaule. Junior A footballers play Ballylooby-Castlegrace on July 1st at 7pm in Marlfield. Junior B footballers play Ballyporeen on July 8th at 12pm in Ned Hall Park Clonmel. Under 14 hurlers are at home to Fethard on June 28th and away to Mullinahone on July 5th, both at 8pm. Under 16 hurlers are away to Kilsheelan-Kilcash on July 2nd and at home to Mullinahone on July 9th,



New Inn Women's Group came first in the parade with their theme 'Save our Magical and Mystical Planet' at the festival in the village recently.

both at 8pm.

Recent church gate collection in Cloneen raised €401. €8,000 is up for grabs at the lotto draw on July 3rd at 9pm in Anner Park.

P'TOWN/LISRONAGH

Sympathy

Sympathy to Nuala Stannard on the death of her brother Larry O'Neill.

Baptisms

We welcome Grace McCarthy, Teagan Kuzma and Jack Ryan into the community and congratulate their parents Paul and Amy, Gabriel and Joanne, and

Kevin and Christina.

Wedding

Congratulations to Aisling Dower and Allan Macfarlane on getting married in the Nire Church recently.

Collection

The annual collection for the Diocesan needs and Peter's Pence takes place this weekend, June 30th/July 1st, in Powerstown and Lisronagh.

Pastoral Council

Parish pastoral meeting takes place on Monday 2nd July in Powerstown.

Pope's mass.

The parish are organising a

bus to the Papal mass in the Phoenix Park on Sunday 26th August. Booking with Jenny Hayes and Susan Phelan. Tickets are free.

Rathkeevin cards

Winners on June 21st were Billy O'Brien and John O'Connor on 13 games; Jim and Mary Garrett; Phil Hackett and Mary Moloney; Paddy Franey and David Blissett; and Pat and Ann Butler - all on nine games. Table prizes on 19th and 20th games went Joe and Helen Aherne, with Phil Hackett and Mary Moloney. Cards again on June 28th at 8:30pm.



Are you recently engaged and looking for the perfect contemporary and stylish wedding venue to host your romantic wedding?

Then make sure to come to Clonmel Park Hotel's Wedding Showcase and Consultation afternoon on Sunday 8th July from 12-5pm. The hotel's ballroom, civil ceremony room and bridal suite will be fully on show in all their splendour.

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Kids having fun in the sun at the New Inn Festival.

LOCAL SPOTLIGHT

Want South Tipp Today to cover an event? Contact dylan.white@iconicnews.ie

NEW INN

Papal mass

Anyone interested in getting a bus from the village to the Papal Mass in the Phoenix Park on Sunday 26th August should contact Emma on 087-2802106.

Festival

A great day was had by all at the New Inn Festival. The festival committee wishes to thank all those who gave up their time to help out on the day, especially new members and those who contributed sponsorship in any way. The wonderful parade was led by the Cashel Brass Band and finished with the Vintage Motorcade.

Results: Floats in the Parade - 1st Women's Group 'Save our Planet', 2nd Rockwell Rovers GAA Club 'Remember the Eviction and Famine of the 1840s with Cyril and Donkeys Willie and Richie, 3rd Coolmine Moyglass Vintage 'Mrs Browns Boys', 4th Knockgraffon Coursing.

Mary Moloney's Tea Room Hamper Raffle - 1st Anita O'Dwyer, 2nd Bernadette Hally, 3rd Trish Noonan. Pet Show - Elizabeth Holohan, Mary Lonergan, Andrea Carroll, Anita O'Dwyer, Caroline Gras, Tom Noonan and Teresa Korean all received rosettes for their pets. Horticultural Tent Raffle - 1st Michael Nugent, 2nd Mary Flynn, 3rd Catherine McGrath Skittles - Conor English (u7), Sean Usher (over 7), Louis O'Donoghue. DIY and Pick the Spuds - Mathew Tobin. Knickers Challenge - Danielle Murphy.

Bash The Rat - Killian Brophy. Hang Tough - Sean Sarrion. Rolling Ball - Sean Usher. Cylinder - Arianna. Penalty - Colin Bourke. GAA skills - Liam Moloney. Speed Kick - Colin Bourke and Andrew Tobin (men u14); Harry Fitzgerald (age 15-17); Jack Murphy (men's 18 plus); Lisa Blair (women's u14); Danielle Murphy (age

15-17); and Andrea Carroll (women;s 18 plus).

Tidy Towns

The group meets up on Saturday at 11am at the car park.

Knockgraffon 25 cards

Winners on June 20th were John Buckley and Vincent Phelan and in joint second place were Maisie O'Grady and Mary Gleeson and Paddy Holleran and Eileen White.

Lotto

Jackpot of €17,400 is up for grabs at The Rovers Inn on June 30th.

Rockwell Rovers

Many thanks to those who helped with the annual church gate collections in aid of the camogie club in Golden and New Inn over the weekend. The u6 and u8 teams took part in a festival blitz over the weekend against Fethard and Boherlahan-Dualla. The u10s take part in a county blitz on June 30th at 9:30am in Cahir.

Féile

Rockwell/Rosegreen under 14s participated in a provincial Féile tournament in Coolderry recently. Having lost the county Féile final narrowly, the players and mentors looked forward to this tournament. Five clubs competed in the round robin tournament - Rockwell/Rosegreen, Ahane (Limerick), O'Callaghan's Mills/Bodyke (Clare), Castleknock (Dublin) and Éire Óg Corra Choill (Kildare).

Castleknock beat Rockwell/Rosegreen in the final, 0-11 to 0-2. Panel: Dylan Adcock, Daniel Keating, Colin Geraghty, Karol Geraghty, Colin Bourke, Padraig Quinlan, Gerard O' Dwyer, Patrick Colville, Padraic Ryan, Jason O'Gorman, Matthew Tobin, Oisín Cummins, Joe Lawrence, Peter Heaney, Cian O'Brien and David Bergin. Mentors: Enda Brady, Raymie Ad-

cock, Paddy Anglim and Matt Geraghty.

TIPP GAA SCENE

Minor Hurling

The immediate and main event on the horizon for the Premier County is the Electric Ireland Munster Hurling Minor Championship final against Limerick in Semple Stadium on Sunday next, July 1st, with throw-in at 11:30am.

It will be a rematch of their round 1 encounter where Tipp were in command for most of the match and unfortunately after a fine display were caught near the end, losing out 1-17 to 2-12 with Seán Hayes (Kiladangan) scoring both Tipperary goals.

There have been 15 previous Munster finals between the teams with Tipp winning on 12 occasions - 1953, 1954, 1957, 1959, 1973, 1976, 1980, 1982, 1983, 1991, 2015 and 2016.

Limerick have three wins - 1963, 1965 and also in 1984 which was their one and only final win against Tipp in Thurles.

The finals in '57, '73, '80, '82, '84 and '15 were all held in Thurles, while Limerick hosted the '53, '54, '63, '65, '83 and '16 finals with Cork Athletic Grounds hosting the '59 final and Páirc Uí Chaoimh the '76 and '91 finals. Tipp also won the All-Ireland final meeting in 2016.

In total Tipperary has won 39 Munster and 20 All-Ireland titles whereas Limerick has won 7 Munster and 3 All-Ireland titles.

In championship head to head, there have been 55 previous meetings with Tipp in front on 43 wins to 11 for Limerick and there was one draw which was in 2000.

The referee on Sunday will be Thomas Walsh (Waterford) and extra time will be played if necessary.

Senior football

In Round 2 of the All-Ireland Football Championship last Saturday, a superb display by Tipperary was not enough to see them through as Mayo found an extra gear, spurred on by an unexpected goal, to take the honours on a 1-19 to 1-11 scoreline. Michael Quinlivan (Clonmel Commercial) was the Tipperary goal scorer and also produced the score of the game when scoring a point into the town end goal after an outstanding display of skill. After a terrific league campaign which almost brought the side to Division 1 football and last Saturday's performance, the team and management will have



Winner of the Mary Moloney Tea Room Hamper Raffle at New Inn Festival Anita O'Dwyer with Caroline Moloney, Shari-Anne O'Donnell and Adrian O'Dwyer.

many positives to reflect on before they regroup later in the year for the 2019 adventure.

Under 21 hurling

The Tipperary U21 hurlers got off to a winning start by unseating All-Ireland champions Limerick in the Bord Gáis Energy Munster semi-final 1-22 to 1-13. A second half goal by David Gleeson (Ballinahinch) put Tipp firmly in the driving seat as they took a deserved victory. Congratulations to Mark Kehoe (Kilsheelan-Kilcash), scorer of 0-5, who was named Bord Gáis Man of the Match.

It's shoulders to the wheel now as the side will have switched focus towards the Munster final where they will take on Cork in Páirc Uí Chaoimh on Wednesday, July 4th, with throw-in at 7:30pm.

Referees

Best wishes to our referees in action this week. In the EirGrid Under 20 Munster Football Championship final, Sean Lonergan (Moyle Rovers) takes charge when Kerry and Cork meet in Austin Stack Park Tralee this Friday, June 29th. Then on Sunday, Fergal Horgan (Knockavilla-Donaskeigh Kickhams) will be in the middle for the Leinster Senior Hurling final between Galway and Kilkenny in Croke Park.

Semple Stadium

Semple Stadium will hold the Munster senior hurling final as Cork and Clare meet in this year's decider on Sunday next, July 1st, at 2pm.

Celtic Challenge

South Tipperary defeated Clare Blues in the Corn John Scott semi-final in Caherlohan Co Clare, last Saturday on a score line of South Tipperary 1-17 Clare Blues 2-13. Conor Vaughan from Ballingarry received the Best and Fairest Award.

South Tipperary will play West Cork in the final this Saturday, June 30th, in Bord na Mona O'Connor Park, Tullamore, at 12:30pm.

Camogie

Well done to the Tipperary senior camogie team who put in a terrific performance by defeating Wexford 1-14 to 2-8 in the Liberty Insurance Senior Championship last Saturday.

Race Day

It's full steam ahead for the Team Tipperary GAA Race Day at the Galway Races on Monday, July 30th. This is our fourth Galway Races venture, continuing very successful outings for the past 3 years. Development plans for 2018 and onwards are in progress and the Team Tipperary GAA Race Day is now firmly established as a successful fundraising venture. A new car park in Dr. Morris Park for 200 cars is nearing completion, which will be a major benefit to all. Planning is being submitted too, hopefully by mid-2018, for new facilities in the Kinane (Old) Stand as part of the

Centre of Excellence adjacent to Dr. Morris Park. Tipperary GAA is also supporting LIT on their Thurles Campus plans which are well advanced for a new all-weather pitch. Contact Tim Floyd on 087-2591747 or secretary.tipperary@gaa.ie for bookings and further details.

Draw

The Tipperary GAA club draw for July takes place in Cappawhite on Friday, July 13th.

TIPP GOLF CLUB

Lady Captain's Prize takes place on Sunday 1st July. All members are invited to the coffee morning at 10:30am in the clubhouse. The Junior and Minor cup teams are back in action on the same day. Both teams are at the quarter final stage of the Munster district. The Junior cup team are playing against Ballykisteen in Dromoland and the Minor cup team are playing against Doneraile in Dundrum.



Tipperary family carers enjoying a trip to Kilkenny during National Carers Week.



Carrick-on-Suir Foróige's Ashling Dunphy attended the European Youth Event (EYE) at the European Parliament in Strasbourg recently. The event was attended by 8,000 young people from across Europe, who exchanged ideas and discussed their perspectives on youth-related issues, and took part in workshops on a variety of topics including equality, sustainability and political parties. Ashling is pictured with Mairead McGuinness MEP, vice-president of the European Parliament.

Cashel Community School students honoured at annual awards ceremony



Cashel Community School's annual student awards ceremony brought the academic year to a close recently. It was a proud occasion for students, staff and parents/guardians alike as the school celebrated its 21st awards event.

This year's guest speaker was Dearbhla Ryan, a past pupil from Dundrum who went on to obtain a BDS Honours Degree in Dentistry from University College Cork.

Archbishop of Cashel and Emly Kieran O'Reilly also celebrated graduation mass. He spoke of the importance of family and remembering our roots.



Pet Love...

Mary Widger is delighted to join John Hennessy and the team at **FETHARD VETERINARY CLINIC**

Mary Widger grew up on a dairy farm in Killeffernan, near Clonmel, and decided at a very young age that she wanted to be a vet. She was watching a caesarean section on a cow at home with her dad and was fascinated. That sense of wonder hasn't left her either.

She went on to study in UCD, qualifying in 2008. She started working in Tipperary in a mixed practice, where she found her feet and really enjoyed all aspects of the job. She then moved onto an exclusively small animal role and enjoyed the new challenge.

Small animal veterinary has been her focus over the past few years, where she has worked and studied areas of special interest like veterinary dermatology and cardiology. Mary particularly enjoys the bond between owners and their pets, and meeting new people every

day. She has learned many things in her career so far, especially to take her time with every patient- large or small. She is delighted to join John and his growing successful team in Fethard, and has enjoyed it immensely so far. She would like to use her experi-

ence to grow and develop the small animal side of the practice, as well as assist John with the farm animal aspect. South Tipp Today wish Mary every success for the fu-

ture and are sure she will prove a major asset to the practice. Call Fethard Veterinary Clinic on 052-6131374.

MAXI ZOO'S ADVICE ON CARING FOR YOUR FUR BABIES THIS SUMMER

Cats and dogs are very sensitive to the sun and can suffer from sunburn and heatstroke.

Don't rely on their natural instinct to protect from the sun. If your cat or dog is lying in the blazing sun and panting heavily, you should intervene and usher them into the house or at least into the shade. You should also try

to prevent your pet from sunbathing in the midday heat.

Help them cool down. Take your pet indoors and open up doors to cooler rooms such as the bathroom. You can also give dogs a rub with a damp towel or set up a doggy paddling pool in your garden. But please don't forget to put up a sun umbrella for shade. Ruffle your

cat's fur with wet hands so that the cool water also reaches the hot skin beneath.

Pets can get sunburnt too! When sunbathing, their coat does not fully protect them from the sun's rays. The best way is to avoid strong sunlight and to keep cats and dogs indoors or in the shade around midday. You should also apply sun cream to the areas at risk.

Heavy drooling and panting are typical tell-tale signs that your dog has heat stroke. If a dog is drooling heavily and smacking his lips, this is an indication that he is unwell. Cats also pant heavily and may display signs of breathlessness. Palpitations and increased body temperature may also occur at this stage. Take your pet to the vet immediately or call the animal rescue service. Heatstroke can be fatal in an animal and every minute

counts - it is essential that your pet is treated by a vet.

For more Responsible Pet Ownership information, call in to Maxi Zoo's Clonmel store and speak with a pet expert today. Visit www.maxizoo.ie.



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Risk of death!

A CASE REPORT FROM CLONMEL VETERINARY CLINIC AND CAHIR VET CLINIC

Holly was always a lively nine-year-old Bichon Frise, the life and soul of the household. Last week she was brought into our clinic by the concerned owners, as she had vomited a few times and started to get very tired and dull.

After a thorough examination we found that Holly was quite depressed and had a high temperature. Her eyes and gums looked strange.

Holly had been due her annual booster in March, but due to a family bereavement this was missed at that time. Holly had contracted leptospirosis, which is an aggressive bacterial disease and is very hard to treat.

We initiated the appropriate antibiotic and fluid therapy and kept Holly in the clinic for three days. Thankfully she gradually improved and was discharged back to her happy family. She is one of only a few of these cases we were able to save. Sadly, a lot of pets with leptospirosis cannot be treated successfully and will end up not coming home. We would urge every dog (and cat!) owner to remember the annual booster vaccinations, as these can be vital to keep your beloved pet healthy for many years.

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Southview Veterinary Hospital in Irishtown is always proactively in the vanguard of developments in the pet welfare and health management fields. With a highly qualified, young enthusiastic team of vets, support staff and ample parking, this purpose built facility is a great choice for pet owners.

Their Preventative Healthcare Plan was launched three years ago and has already proved to be very popular and successful. It al-

lows pet owners to ensure their pet gets vaccinated and treated for worms, fleas and ticks for the whole year. Prices range from €13 to €29 per month, depending on the size of your pet. Pet health plan members can also avail of discounts on food, grooming, microchipping, dentistry and neutering. There's a free 2kg bag of Hill's pet food bonus when signing up your pet and also a 10% discount for pet insurance with An Post through Southview.



Southview offers advanced ultrasound, which allows a detailed look inside your pet's abdomen without sedation. This can result in early detection and management of certain serious conditions. Electrocardiography can now help diagnose cer-

tain serious conditions of your pet's heart without the need of sedation or referral. Orthopaedic surgery including pinning, bone plating, cruciate and TTA surgery is also available.

Call 052-6121429 or 052-6121712.

Experienced team at Brittas Veterinary Hospital

Brittas Veterinary Hospital at Upper Green, Clonmel Road in Cashel is an exclusively small animal veterinary practice with an extensive hospital premises located in Thurles. Run by an experienced and caring team of veterinary surgeons, nurses and support staff, they have been providing the highest standards of care to pets in Tipperary and

beyond for over 30 years.

As well as having their own regular clients, they accept referral medical and surgical cases from all over Tipperary, Waterford, Laois, Offaly and beyond. Their vets and nurses work constantly to gain new skills and to keep abreast of the latest developments in veterinary care.

Among the services offered at the

clinic are vaccination, neutering, microchipping, pet passports, x-ray, ultrasound, orthopaedic and soft tissue surgery, dentistry, laboratory testing, echocardiography, blood pressure testing, and professional grooming.

A large selection of pet foods, toys, bedding and accessories are also available.



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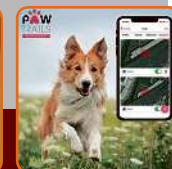
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Pet Planet specialises in natural dog foods and stocks one of the largest ranges in the country. Brands available include Canagan, Roberts Grain Free, Burns, Skinners,

Salters, Little Big Paw, Forthglade and Natures Menu frozen raw food. Well known brands such as Kasko, Beta, Burgess and Hills Science Plan are also available.

Pet Planet offers a professional dog grooming service for all breeds in their modern in-store grooming studio. You will find a wide range of pet accessories and foods in-store, along with an extensive wild bird care section. Pet Planet are stockists of the

Versele Laga poultry range which includes feed for chickens, ducks and pheasants.

Open Monday to Saturday 9:30am to 6pm with free customer parking at the rear of the store. Call 052 6176766.



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Miss Ellie's wins Best Independent Takeaway in Munster

The team at Miss Ellie's in Clonmel are "absolutely thrilled" after scooping Best Independent Takeaway in Munster at the National Burger Day Awards 2018 recently.

Almost 17,000 online votes were cast in the build up to the competition for more than 500 outlets nationwide, with The Hungry Moose in Kilkenny winning the award for Best Burger in Ireland.

Miss Ellie's owner Amy O'Sullivan praises her customers for voting for the family-run takeaway, which is located at 35 Upper Irishtown. "My customers come in for the craic. We have serious banter with them.

They are lovely and we treat them like family. We are so grateful that they voted for us," Amy tells South Tipp Today.

Amy says Miss Ellie's legendary beef burger, which includes onion rings and barbecue sauce, is a huge hit. Amy took over Miss Ellie's from her parents in 2011 and employees ten people. "It is insane busy every day of the week. I literally thought at the start that I would have two or three staff and make a living for myself, but ten staff and seven years later the place is hopping. I have parties every weekend and it has just been brilliant," Amy smiles.

Enjoy life's precious moments at Mani Restaurant Clonmel

Mani Restaurant on Parnell Street, Clonmel, is cooking up a storm with diners across Tipperary.

Mani Restaurant guarantees phenomenal food and service in the surrounds of exquisite decor, with restaurant manager Catherine O'Donnell and her passionate team making each dining experience a memorable one.

With over 24 years in the industry, Mani new head chef Declan Hayes brings a wealth of experience to the restaurant. He has worked for award-winning restaurants in the United States, Limerick and across Tipperary, developing and continuously adding new recipes to his menu. His innovative, healthy approach to dining combined with

100% Irish meat and seasonal, organic ingredients from local producers are igniting taste buds and receiving rave reviews.

"The local products we use at Mani really compliment the different elements of our modern Irish menu, which caters for everyone. We get our vegetables from Tom Shanahan (Mitchelstown), some of our meat from Brendan Healy Artisan Butcher (Cahir), and cheeses from Cashel Blue Cheese and Cooleeney Farmhouse (Thurles). I am enjoying utilizing my experience and cooking my style of food at Mani Restaurant. The feedback has been very good and people are really enjoying it," Declan smiles.

Declan says Mani Restaurant offers diners



"something different" in Clonmel. "We are aiming to be the best restaurant in Clonmel quality wise. We want to give locals what they want and show them that they don't have to go out of town to enjoy great food," Declan adds.
Make a reservation online at www.mani.ie or call 052-6170007.



Norman Morrissey returns to Tipperary Mid-West Radio

The ever-popular broadcaster Norman Morrissey has made a welcomed return to Tipperary Mid-West Radio after a long absence.

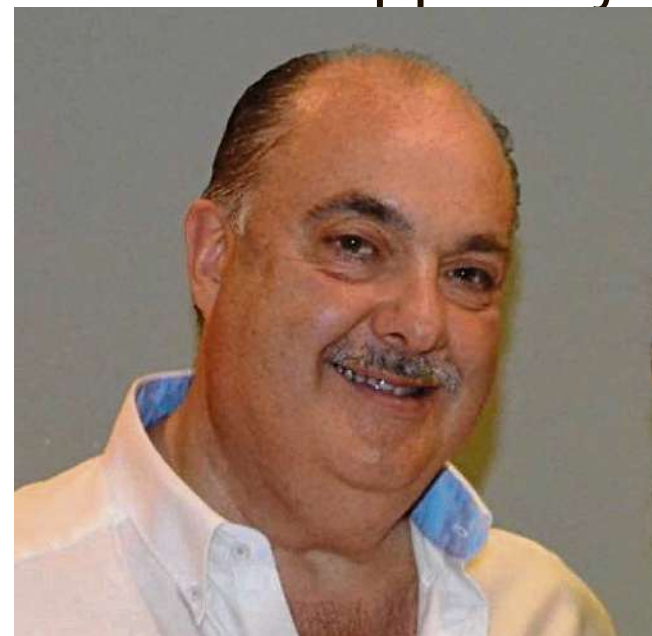
He presents The Breakfast Show Monday to Friday from 8am to 10am.

A proud Tipperary man from Bansha, Norman was a member of the very talented folk group The Morrisseys, who from the mid 70s through to the late 80s were very highly regarded on both

the national and international folk scene.

If you would like to join Norman on Tipperary Mid-West Radio, why not tune in on 104.8fm and 106.7fm or online on www.tippmidwestradio.com where you can be guaranteed an entertaining mix of humour and great music to wake you up throughout the week.

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Saturday 30th June	SHAUN O'DOWD with MARION
Sunday 1st July	BOG THE DONKEY
Thursday 5th July	Crazy Night in Aid of South Tipperary Hospice Music By: COLIN FAHY
Friday 6th July	DONIE O'SULLIVAN
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Sunday 8th July	LOOSE CANNONS

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Friday 29th June: The Waxies live at 10pm
Saturday 30th June: Chris + Ronan at 9.30pm
Sunday 1st July: Joe Sheehan live at 8.30pm
Monday 2nd July: Gleasons Open Jam at 9.30pm

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Excitement building for Après Match's special Clonmel show

By DYLAN WHITE
e-mail: dylan.white@iconicnews.ie
Twitter: @TheNationalist

As World Cup fever grips the nation, 20 years of Après Match stops off at O'Keeffes Comedy Club in Clonmel for a night of eye-watering comedy on Saturday 7th July.

Join Barry Murphy, Risteárd Cooper and Gary Cooke during the Clonmel Junction Arts Festival for cutting edge banter, with their all-new World Cup special show featuring a vast arsenal of characters from the worlds of sport, politics, media and

everything in between.

"If you are into comedy and impressions it's a really fun night. It's a funny and really good show, and we are the best at what we do accept no substitute," comedian Gary Cooke tells South Tipp Today.

Kitted out in full comedy attire, Cooke recalls a conversation he had with Terry Venables at the start of the World Cup. "I was talking to Terry Venables the other day and he said 'Alright, I'll tell you what mate, it's a dark horse of a World Cup because you got all

these different times zones around Russia. England didn't want to get out in a time zone that's in the middle of the day. They wanted to get into a time zone that's about ten o'clock in the night," he jokes.

Watch the boys rip the piss and deflate the egos of the high and mighty. From Bono to Graham Norton, nobody escapes their evil eye. "Football is alive, baby," adds Cooke, in the iconic tone of pundit Eamon Dunphy.

Tickets are €20 from Hearn's Hotel.



International Girls Day a huge success at Carrick-on-Suir RFC

International Girls Day was a huge success at Carrick-on-Suir RFC on Monday, with around 200 primary school girls from the town, Ballyneale, Crehana, Kilmacthomas and Portlaoise enjoying rugby, fun and games.

The promising young players got to meet international stars Joy Neville, Allison Miller, Leah Lyons, Fiona Reidy, Fiona Coughlan and Carrick-on-Suir's very own Kate O'Loughlin.

Munster Girls Officer Amanda Greensmith was also in attendance, keeping an eye out for future Munster talent.

The club's under 18 Munster and Ireland representatives - Maggie Boylan, Annie Laffan, Caoimhe Wall and Marlise Flynn - assisted the internationals on the field.

The day started with a parade by the schools, led by the under 15 girls and coordinated by the under 18

girls. Each school performed for the Internationals and had a picture taken with them.

The sea of colour and the fantastic display from each school was a sight to behold, with each school representing a country of their choice. The sound of 'Ireland's Call' in Irish by Carrick-on-Suir's Presentation Primary School saw them crowned winners of the parade.

The girls were then split into groups for skills sessions, demonstrations and fun games with the internationals. The under 16 and 18 girls formed a scrum and Joy Neville refereed it, threatening red cards for those not listening to her instructions.

"The sun shone in Carrick-on-Suir and it was fantastic to hear the laughter and excitement that bellowed

through the club all day. I would like to thank everyone who helped out in preparation for the day and on the day itself, and also to the principals and teachers of each school for bringing the girls and making the day such a success. This is sure to be an annual event, and next year will even be bigger," Carrick-on-Suir RFC Girls Officer Kathleen Fleming told South

Tipp Today.

"The event was televised on RTÉ news, which was fantastic as the ultimate goal was to promote girls rugby in Carrick-on-Suir and nationwide and with the help of television, the papers and social media, girls and women's rugby will get the recognition and respect that it so well deserves," she added.



Carrick-on-Suir Presentation Primary School pupils enjoying International Girls Day.



Carrick-on-Suir RFC under 16 players with Irish rugby stars at International Girls Day.



The Carrick-on-Suir RFC under 18 team with special guests at International Girls Day.

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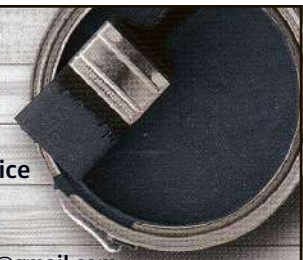
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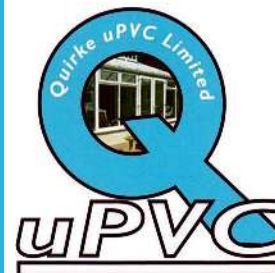
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PLANNING NOTICES

TIPPERARY COUNTY COUNCIL

Significant Further Information:

Under Planning Reference Number 18/600336, The Board of Management of Ballydrehid National School intend to apply to the above Authority for Planning Permission for a Portacabin classroom and all associated site development works at Ballydrehid National School, Ballydrehid, Cahir, Co. Tipperary.

Significant further information in relation to the application has been furnished to the planning authority and is available for inspection or purchase at a fee not exceeding the reasonable cost of making a copy, at the offices of the authority during its public opening hours.

The significant further information includes for (i) Modification of an existing agricultural entrance for use as a school entrance, (ii) new agricultural entrance, (iii) new car parking (iv) modification to application site boundaries as shown in the original application & (v) upgrade of existing waste water treatment system - and all associated site development works.

A submission or observation in relation to the further information may be made in writing to the Planning Authority on payment of the prescribed fee, not later than 2 weeks after the receipt of the newspaper notice and site notice by the Planning Authority. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

William Trehy & Associates wish to apply on behalf of our client Rhoda & Eamon Kinsella, for Permission construct a new relocated entrance and new stone wall, to replace existing entrance and hedging to the front of our existing dwelling, at Drishogue, Newchapel, Co Tipperary. The application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours and that a submission or observation in relation to the application may be made in writing to the planning authority on payment of the prescribed fee (20) within the period of five weeks beginning on the date of receipt by the authority of the planning application and such submission or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL We, William & Dorothy Connolly, intend to apply to the above authority for permission to construct a one and a half storey extension to the rear of our dwelling including minor modifications to the existing dwelling and all associated site development works at no. 8 Lower Green, Fethard, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee, 20, within the period of 5 weeks beginning on the date of receipt by the authority of the application, and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

We, William & Dorothy Connolly, intend to apply to the above Authority for Planning Permission to (i) Construct a new extension and to create separate living accommodation (granny flat) within the existing house, (ii) Modifications to the front elevation of the existing dwelling & (iii) Construct a new waste water treatment system & all associated site works at Skeheenaranky, Burncourt, Cahir, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

PLANNING NOTICES

TIPPERARY COUNTY COUNCIL

We are applying to the above Planning Authority on behalf of our client Nick Russell for Permission to Retain, (i) An existing dwelling as constructed and as located on the ground, (ii) A domestic garage / storage shed, and for planning permission to (iii) Complete the construction of a site entrance as originally granted planning permission under planning file ref. no. 02/1242, and including all associated site works at Ballyea, Cahir, Co. Tipperary. Signed Michael Mooney, Consulting Engineering and Architectural Services, Mayfield, Cashel, Co. Tipperary, tel. 087 - 6442633. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation may be made in writing to the Planning Authority on payment of the prescribed fee of 20 euro's, within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

I wish to apply to the above authority for planning permission for A. proposed 20 unit milking parlour with drafting area, collection yard and slatted dairy washings slurry tank, B. uncovered feed passage and feed area and C. widening of existing entrance to farmyard to allow for ease of access at Knockanglass, Moyglass, Co. Tipperary. Signed Conor Kavanagh This planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee 20euros, within the period of five weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

TIPPERARY COUNTY COUNCIL

We Anthony Condon & Aisling Carroll intend to apply to the above Authority for Planning Permission to (i) Construct a new extension and to create separate living accommodation (granny flat) within the existing house, (ii) Modifications to the front elevation of the existing dwelling & (iii) Construct a new waste water treatment system & all associated site works at Skeheenaranky, Burncourt, Cahir, Co. Tipperary. The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy at the offices of the Planning Authority during its public opening hours. A submission or observation in relation to the application may be made in writing to the Planning Authority on payment of the prescribed fee (20) within the period of 5 weeks beginning on the date of receipt by the authority of the application and such submissions or observations will be considered by the Planning Authority in making a decision on the application. The Planning Authority may grant permission subject to or without conditions, or may refuse to grant permission.

PUBLIC SECTOR

Office Manager Wanted for small busy garage

4 Mornings a week 9.30-1.30
Experience in the motor trade an advantage
Candidate must have book keeping knowledge (sage accounts), duties will include, statements, ordering parts, stock control and petrol & diesel sales.

Please email CVs with expressions of Interest to Job2010@live.ie



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Deadline: Tuesdays @ 11.00am



ACKNOWLEDGEMENTS

POWER

(Acknowledgement & 1st Anniversary)



Maura Power
(nee McDermott)

'Brenville', Western Road,
Clonmel
& formerly of Eyrecourt, Co. Galway.

June 23rd 2017

On Maura's First Anniversary, her sons Brendan, Dermot, Conor and Tony, together with their families, wish to thank all those who sympathised with them in their recent loss; those who attended her removal, Requiem Mass and funeral; those who sent floral tributes, Mass cards, funeral tributes, letters of sympathy, those who telephoned and called personally to the house. The help and support of our relatives, friends and very kind neighbours has been greatly appreciated and will always be remembered.

A special word of thanks to Fr. Billy Meehan of St. Mary's Church who celebrated her funeral Mass and to Fr. Leo Long and Fr. Anthony O'Connor, also Fr. Hegarty of St. Oliver's Church who celebrated her Months Mind. We would also like to thank Eileen Murray and St. Mary's Senior Choir who provided the beautiful music and hymns. We thank her GP Dr. Patrick Lynch and the staff of Riverside Medical Centre, Irishtown. Thanks to Anthony and David Fennessy and the staff of Fennessy's Funeral Home.

As it is not possible to individually thank everyone, we trust that this acknowledgement will be accepted by all as a token of our deep gratitude and appreciation.

The Holy Sacrifice of the Mass will be offered for the intentions and well-being of all.

Maura's First Anniversary Mass took place on Saturday last, 23rd June at 6.15pm at St. Mary's Church, Irishtown, Clonmel.

ACKNOWLEDGEMENTS

WILLIAMS

(Acknowledgement & Months Mind)



Thomas

44 St. Joseph's Tce.,
Elm Park, Clonmel.

6th June 2018.

The wife and family of the late Thomas Williams would like to express sincere thanks to everyone who sympathised with us. We are extremely grateful to all those who attended the removal, Requiem Mass and burial, those who telephoned, sent Mass cards, messages of condolences and floral tributes and also all those who called to the house.

Thanks to all the nurses and doctors at South Tipperary General Hospital for their care during his illness. Special thanks to Fr. Michael Hegarty. Thanks to Fennessy's Funeral Directors for their professionalism and for their handling of the funeral arrangements.

We trust this acknowledgement will be accepted as a token of our heartfelt thanks and appreciation.

Thomas Months Mind Mass will be celebrated in St. Oliver's Church on Sunday 8th July at 12 noon.

BIRTHDAY MEMORIES

DILLON

(14th Birthday Remembrance)



Sarah

A Birthday wish we send today, but not a card in the usual way. But written in gold on a cloud above and sent to you with all our love.

Happy 14th Birthday Sarah

Dancing with the Angels

Love and miss you so much - love always and forever - Mummy and Daddy
xxxxx



IN MEMORIAM

BRENNAN

(7th Anniversary)



In loving memory of our dear mother Margaret Brennan (nee Kenny), late of Raheen Road, Clonmel, who died on 3rd July 2011.

We hold you close within our hearts and there you shall remain. To walk with us throughout our lives until we meet again.

Memories are so special, they never fade away. We think of you always, especially on this day

Very sadly missed by your daughters Mary, Frances, Barbara, Marcella, Deirdre, Ruth, sons Liam, Patrick, daughters-in-law, sons-in-law, grandchildren, great-grandchildren.

Anniversary Mass on Sunday, July 1st at 12.30pm in Ss Peter and Paul's Church, Clonmel.

IN MEMORIAM

DALTON

(5th Anniversary)



Please pray for the repose of the soul of my dear sister Marie Brid, late of 33 College Avenue and Greenville Tce., Dublin South whose anniversary occurs on 23rd June.

Masses offered in Clonmel and Dublin

Sadly missed - Joan, John and family.

HENNESSY

(29th Anniversary)



In loving memory of a dear husband, dad, grandfather and great-grandfather, Martin (Murty) Hennessy, late of Kilmanahan, who died on 24th June, 1989 RIP

We hold you close within our hearts and there you shall remain, to walk with us throughout our lives, until we meet again.

As each day dawns we think of you, as each night falls we pray for you, and in between, no matter where, in our hearts you are always there.

Always remembered and loved by your wife Peg, sons, daughters, sons-in-law, daughters-in-law, grandchildren and great-grandchildren.

Also remembering our sons and brothers Maurice and Brian at this time.

Mass offered.

CONNOLLY

(24th Anniversary)



In loving memory of our dear mother Mary Connolly (nee Higgins) late of 24 Pinewood Drive, Kilmacomma, Clonmel, whose anniversary occurs around this time R.I.P.

Softly in the morning you heard a gentle call, you took the hand God offered and quietly left us all.

Will those who think of Mary today, a little prayer to Jesus say.

Always remembered by your loving family.

Masses offered

THANKSGIVINGS

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask You this special one (mention favour). Take it Dear Heart of Jesus and place it within your own broken Heart where your Father sees it. Then, in His merciful eyes it will become your own favour - not mine. Amen. Say this prayer for three days. Promise publication and favour will be granted. (Never known to fail). Must promise publication of prayer. Also thanks to St. Padre Pio for favours received. MM

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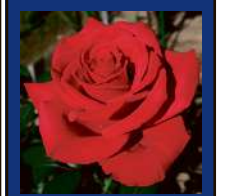
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Another Leaf Has Fallen

Another leaf has fallen,
another soul has gone.
But still we have God's promises,
in every robin's song.
For he is in His heaven,
and though He takes away,
He always leaves to mortals,
the bright sun's kindly ray.
He leaves the fragrant blossoms,
and lovely forest, green.
And gives us new found comfort,
when we on Him will lean.

Sacred Heart of Jesus,
I place all my trust in Thee.

Those we love,
We never lose,
For always they will be,
Loved, remembered, treasured
Always in our memory.

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Deadline: Tuesdays @ 11.00am



IN MEMORIAM

KENEFFICK

(33rd & 7th Anniversaries)



Treasured memories of our Dad and Mam, Maurice (Ken) and Margaret Kenefick, late of Upper Gladstone Street and Old Bridge Clonmel, whose anniversaries occur in July.

Your memories keep us together, we are never far apart. For you are always on our minds, and forever in our hearts.

Always remembered by Maurice, Shirley, Monica and their families.

Anniversary Mass in the Church of the Resurrection on Thursday 5th July at 9.30am.

KEYES

(Anniversaries)

In loving memory of our dear parents Henry and Mary Keyes late of 21 Garrymore, Clonmel, also our dear brother Henny and dear sister Peggy RIP

The ones we love don't go away, they walk beside us everyday. Unseen, unheard but always near. Still loved, still missed, still very dear.

Happy memories we keep forever, of days when we were all together.

Silent thoughts, sincere and true, from your family who thought the world of you.

Always in our thoughts, forever in our hearts - all your family in Clonmel and London.

Mass offered

THANKSGIVINGS

THANKSGIVING Thank you St. Joseph for a special favour.
MOB

ST. THERESA, THE LITTLE FLOWER Please pick a rose from the heavenly garden and send it to me with a message of love. Ask God to grant me the favour I thee implore and tell him I will love him each day more and more. Say with Our Father, Hail Mary and Glory Be for 9 consecutive days.

Thanks for favours received MOS

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask You this special one (mention favour). Take it Dear Heart of Jesus and place it within your own broken Heart where your Father sees it. Then, in His merciful eyes it will become your own favour - not mine. Amen. Say this prayer for three days. Promise publication and favour will be granted.(Never known to fail). Must promise publication of prayer. Also thanks to St. Padre Pio for favours received. MM

IN MEMORIAM

KEYES

(10th Anniversary)



In loving memory of my darling wife Kathleen Keyes, (nee O'Donnell), late of 85 Elm Park, Clonmel, who went to Heaven on the 6th of July 2008 R.I.P.

I remember the day I met you, the day God called you mine. I remember the day I lost you and will till the end of time.

I lost my life's companion, a life linked to my own, day and night I think of you, as I walk through life alone.

The house you left is lonely, and I am lonely too. Those left behind are good and kind, but my heart still belongs to you and it always will Kathleen.

I love and miss you each day.

- your loving husband, friend, soulmate Denis, sons Trevor and Darren xxxx

Anniversary Mass on Friday 6th July at 10am in St. Olivers Church.

KEYES

(10th Anniversary)



In loving memory of my mother Kathleen Keyes (nee O'Donnell) late of 85 Elm Park, Clonmel, who went to Heaven on the 6th of July 2008 R.I.P.

For those of you who still have your Mother, love and cherish her while you may, for I wish with all my heart that I still had mine today.

For you only have one Mother, patient, kind and true, no other friend in all the world will be the same to you.

Your life was love and labour, your love for your family true. Time goes by, but still you stay, as near and dear as yesterday. No longer in my life to share, but in my heart you are always there.

Thank you Mam for the years we shared, for the love you gave and the way you cared for me. You left a place in my heart no one can fill, I love you Mam and always will, until the day we are together again.

Love and missing you always - your loving daughter Tonia and grandchildren xxxxx

IN MEMORIAM

KEYES

(10th Anniversary)



In loving memory of my dear mother Kathleen Keyes, late of 85 Elm Park, Clonmel, whose 10th anniversary occurs on 6th July.

We think of you in silence, we often speak your name. But all we have are memories, and your picture in a frame. Your resting place we visit, and put flowers there with care, but no-one knows the heartache, as we turn and leave you there.

Sadly missed by your loving son Declan, Paula and grandchildren.

LONERGAN

(Anniversaries)



In loving memory of my parents Eileen and Ritchie Lonergan and my brother-in-law TJ Dolan.

Partings come and hearts are broken, loved ones go with words unspoken. Deep in our heart there's a memory kept of a mother and father we will never forget.

Some day we hope to meet you, some day we know not when. To clasp your hands in a better land, never to part again.

Lonely is our home without you, life to us is not the same. All the world would be like Heaven, just to have you back again.

Always loved, never forgotten
- Lilly, Jimmy and family.

THANKSGIVINGS

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask You this special one (mention favour). Take it Dear Heart of Jesus and place it within your own broken Heart where your Father sees it. Then, in His merciful eyes it will become your own favour - not mine. Amen. Say this prayer for three days. Promise publication and favour will be granted.(Never known to fail). Miraculous Prayer answered with thanks. CH

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you for many favours. This time I ask You this special one (mention favour). Take it Dear Heart of Jesus and place it within your own broken Heart where your Father sees it. Then, in His merciful eyes it will become your own favour - not mine. Amen. Say this prayer for three days. Promise publication and favour will be granted.(Never known to fail). Many thanks for favours granted. BH.

IN MEMORIAM

MEEHAN

(1st Anniversary)



In loving memory of Willie Meehan, late of Drumlemon, Clogheen, who died on 6th July 2017.

We have loved him in life, let us not forget him in death.

Sadly missed by his brother, sisters, nephews and nieces.

Anniversary Mass on Saturday 30th June at 7.30pm in Ballylooby Church.

MOLLOY

(9th Anniversary)



In loving memory of Michael Molloy, Kilmacomma, Clonmel who died on the 30th June 2009.

Dad - one gift in life you cannot buy is a gift that is rare and true. The gift of a precious father, like the one we had in you.

You gave us all you had to give, gifts both great and small. But most of all you gave us love, the greatest gift of all.

Sadly missed by your daughter Linda and your granddaughters Siobhan and Josephine. xxx

MULCAHY

(2nd Anniversary)



In fond memory of Esther Mulcahy, late of 22 Connolly Park, Clonmel, who died on Sunday 26th June 2016 RIP.

Forever in our hearts.

- your sisters Peggy and Chrissie, brother-in-law Tom, nephews Michael, Fergal and Ciaran, Debbie and Aoife, cousins and friends.

Mass offered.

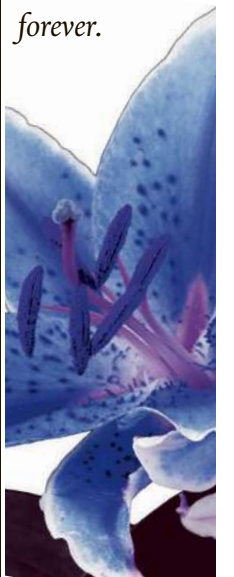


*Memories
Live
Forever*

*A bouquet
of beautiful
memories,
sprayed with a
million tears,
wishing God
could have
spared you,
if just for a few
more years.*

*It does not take
a special day,
for us to think
of you, each
Mass we hear,
each prayer we
say, is offered
up for you.*

*We cannot
bring the old
days back,
when we were
all together,
our family
chain is broken
now, but
memories live
forever.*





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IN MEMORIAM

O'DONOGHUE (1st Anniversary)



Mary O'Donoghue
Sraid Na gCuach
Cahir.

30th June 2017

Treasured memories of Mary

We miss you now, our hearts are sore,
As time goes by we miss you more.
Your loving smile, your gentle face,
No one can fill your vacant place.

Sadly missed, never forgotten from here
to the moon and back.

Always remembered by your loving
family.

First Anniversary Mass will be celebrated
on Sunday 1st July in St. Mary's Church,
Cahir at 11.30am.

IN MEMORIAM

RYAN (29th Anniversary)



In loving memory of Patrick (Pat) Ryan,
late of St. Patrick's Place, Fethard who
died on 5th July 1989 RIP.

You went away without farewell, you
never said goodbye to none. But
Heaven's gate was open wide, and a
loving voice said "Come" Beside your
grave we often stand, our hearts are tired
and sore. But through the gloom there
come the words "Not dead, just gone
before."

Always in our hearts, thoughts and
prayers.

Never forgotten by your loving wife
Nellie, sons, daughters, sons-in-law,
daughters-in-law, grandchildren, great-
grandchildren, brothers, sisters and a
large circle of friends.

Masses offered.

IN MEMORIAM

WHITELEY (4th Anniversary)



In loving memory of Patricia, late of 224
Elm Park, Clonmel, whose fourth
anniversary occurs on 27th June.

Falling tears and heartache, are the
things we have to bear, but losing you
the way we did, will always seem unfair.

Always loved - your partner Willie, sons
Paul and Jason, daughter-in-law Lisa,
grandchildren Robyn, Holly and Darragh.

Mass offered.

WHITELEY (4th Anniversary)

In loving memory of a very kind and
thoughtful person, Tricia, late of Elm Park
Clonmel.

No matter how life changes, no matter
what we do, a special place within our
hearts is always kept for you

Always remembered from Margaret and
Eddie

THANKSGIVINGS

OH GLORIOUS APOSTLE ST. JUDE

faithful servant and friend of Jesus, the name of the
traitor who delivered thy beloved Master into the
hands of His enemies has caused thee to be for-
gotten by many, but the Church honors and invokes
thee universally as the patron of hopeless cases--of
things despaired of. Pray for me who am so mis-
erable; make use, I implore thee, of that particular
privilege accorded thee of bringing visible and
speedy help where help is almost despaired of.
Come to my assistance in this great need, that I
may receive the consolations and succor of heav-
en in all my necessities, tribulations and suffer-
ings, particularly (mention your request), and that
I may bless God with thee and all the elect
throughout eternity. I promise thee, O blessed St.
Jude, to be ever mindful of this great favor, and I
will never cease to honor thee as my special and
powerful patron, and to do all in my power to
encourage devotion to thee. Amen MC

DEAR HEART OF JESUS

In the past I have asked for many favours, this time
I ask you this very special one. Take it Dear Heart
of Jesus and place it in your own broken heart
where Your Father will see it and then in His mer-
ciful eyes, it will become your favour not mine.
Amen. MC

THE MIRACULOUS PRAYER

Dear Heart of Jesus, in the past I have asked you
for many favours. This time I ask You this very
special one (mention request). Take it, Dear Heart
of Jesus and place it within Your own broken heart
where your Father sees it. Then in His mer-
ciful eyes it will become Your favour, not mine.
Amen. Say this prayer for three days. Promise
publication and favour will be granted no matter
how impossible (never known to fail) CC

O'GORMAN (6th Anniversary)



In loving memory of Ann O'Gorman, late
of Bridgewater House, Clonmel, who
died on 21st June, 2012.

Another year has gone, your happy
smile not here. My love for you is
always, my thoughts of you as well.

God is looking after you, your pain has
gone away. We keep you in our hearts
'till we meet again.

- your loving husband Peter, sister
Martina, brother-in-law Ian, nephews
Christopher, Evan, Peter and David.

WHELAN (7th Anniversary & Birthday Remembrance)



Breda Whelan
46 Heywood Road
Clonmel

In loving memory of our dear mother
and grandmother Breda, who died on
4th July, 2011 and whose birthday
occurred on the 25th June RIP.

We often pause in our daily tasks and by
our sides you'd be. A million memories
bring you back and you stay a while with
us.

Memory Lane is a beautiful place, where
thoughts and love are true. Again and
again we travel that lane, to sit and talk
to you.

We will always love and miss you

- your loving sons and daughters,
grandchildren and great-grandchild. xx

Breda's Anniversary Mass is on
Wednesday 4th July in St. Mary's
Church, Irishtown at 10am.



Another Leaf Has Fallen

Another leaf has fallen,
another soul has gone.
But still we have God's promises,
in every robin's song.
For he is in His heaven,
and though He takes away,
He always leaves to mortals,
the bright sun's kindly ray.
He leaves the fragrant blossoms,
and lovely forest, green.
And gives us new found comfort,
when we on Him will lean.



Miss Me

*When I come to the end of the
road and the sun has set for me,
I want no rites in a gloom-filled room.*

*Why cry for a soul set free!
Miss me a little, but not too long,
and not with your head bowed low.
Remember the love that we once
shared, miss me but let me go.*

*For this journey we all must take,
and each must go alone.
It's all part of the Master plan,
a step on the road to home.*

*When you are lonely
and sick of heart,
go to the friends we know
and bury your sorrows
in doing good deeds.
Miss me, but let me go.*

LOCAL SPOTLIGHT

Send community news/photos to dylan.white@iconicnews.ie

CARRICK-ON-SUIR

Athletics

Miriam Daly has been selected to compete for Ireland at the European Youth Championships in Hungary from July 5-9. Miriam will compete in the 400m hurdles and also the medley relay.

2018 has been a great season for Miriam, winning the National Indoor 400m title and the Irish Senior Schools 400m hurdles title. She also broke the Irish junior record u20 in the 4x4 relay.

Carrick United

A table quiz takes place this Friday 29th June at 8pm in O'Ceallachain's Pub. Table of four is €20 and all funds raised are in aid of Carrick United's schoolboys/schoolgirls.

Glasna Flower and Garden Society

Annual outing to the Wicklow Gardens leaves Grangemockler at 8:30am on Saturday 30th June. Contact Mary on 087-7963681 or Kathleen on 086-8659721.

Library

The pollinator project is off to a flying start. Many of the bee friendly plants have started to grow and even flower, and the wild garden grass is attracting many species to the insect hotel. The competition to name the insect hotel ends this month so make sure to get your entries in.

Bridgewater House residents are currently exhibiting posters, crafts and clothes that represent their journey through life. A new and improved children's section has been added to the Summer Stars campaign for 2018. The 'blues' are now in two categories, plain blue for the 7-9 reading age group and blue with an 'X' for the 10-12 reading age group.

Swan GAA

The senior hurlers made it three wins on the trot in the County League with a win over Cashel.

The under 14 team had a useful workout against Portlaw-Ballyduff last week where they played some fine hurling.

The under 8 and 10 teams were also in action against Moyle Rovers in Monroe. The under 6s travelled to Clogheen for a blitz last Saturday on what was for some their first match day outing in a Carrick Swan jersey.

Carrick news/photos

Send Carrick-on-Suir news/photos to ammagorrian@eircom.net.

CLONMEL AC

Energia 24-Hour



Mary Twomey, Anne Mari Crotty, Mary O'Gorman, Anne Marie Teehan and Eilish Smith (Family Carers Ireland) celebrating National Carers Week in Cahir.

Run

Five Clonmel AC athletes took part in the Energia 24-hour event in Belfast. Results included 23rd Shane Greene (103 laps, 169.99km), 39th Siobhan McHugh (98 laps, 161.82km), 44th Pat O'Connor (98 laps, 161.74km), 47th Noel Gillman (98 laps, 161.34km), 60th Mark Corcoran (89 laps, 147.65km) and 66th Neil Proven (87 laps, 143.95km).

Dromana 5 Mile

34th Barry Horgan (33:45) and 3rd woman Elaine Horgan (35:09) at the popular run from Villierstown to Cappoquin.

La Cheile International Track Meet

4th Kevin Maunsell (8:30.02) and 6th William Maunsell (8:31.88) in the 3,000m race.

Dave Fogarty 4 Mile

4th woman Aine Roche (26:11), 35th Ann Marie Bolland (27:24), 40th Michelle Doherty (27:43), 86th Eamonn Crowley (36:04) and 87th Myles McHugh (36:16).

Boston Scientific Half Marathon

Takes place on Sunday 26th August at 10am. Early bird fee of €25 closes on 1st July, after that the fee rises to €35.

Clerihan Road Races

Takes place on Friday 13th July with both the 5k and 8k chip timed. The 5k athletes will be brought by bus to their start. Both races will start at 7:30pm and entries will be taken on the night from 6pm at Clerihan Community Hall.

Munster champions

15 Clonmel AC athletes took part in the Munster u14 to u19 track competition recently. The conditions weren't ideal but that didn't deter Sam O'Sullivan winning the u14 2k walk and

Gavin English winning the u18 400m. Gavin also finished 3rd in the 800m. Daniel Slattery won silver in the 2k Steeplechase as did Grainne O'Connor in the u15 girls 2k walk. Colm McCarthy finished 4th in both the 800m and 1500m, Cailin Napier 4th in the girls u18 800m, Hannah Berry 4th in the girls u18 100m hurdles, Conor O'Loughlin 4th in the 200m heats, Saoirse Tracy 13th in the u15 800m, Brid Moynihan 10th in the u17 800m, Ruby Carroll 7th in the u14 1500m, Laura Cooney 9th in the u15 1500m, Oisín De Bara 5th in the u19 400m, Siobhan Whelan 5th in the u17 1500m and Lorcan O Keffe 6th in the u18 1500m.

CAHIR

Tidy Towns

Daily litter picking will continue for the coming weeks in order to have the town presented well for judging. We are creating a new flower bed in the car park behind the toilets.

We continue to expand the Fairy Trail and the recent addition of 32 doors from Cahir Park Preschool have added great colour to the grove. We will be adding clay to the base of the doors and planting seeds. We are hoping to make a new loop through the wood in this area. We are also planning to erect a handrail near the Ice House.

Finalising the names for the St. Paul's wild rose garden is currently taking place.

Call of Irish Water intervention

Anyone who has dealt with Irish Water has often come off the phone in frustration, Cllr Andy Moloney claimed at a recent meeting of Tipperary County Council. Cllr Moloney claimed that there was a disconnection between the call centre and

the engineers assigned to carry out repairs. He said the timescale for repairs in most cases was inadequate. Cllr Moloney felt that when the water and sewerage services was with the council, there was a better service as the local knowledge was paramount in sorting out the issue in real-time. In one case, Cllr Moloney referred to a resident who was waiting seven weeks for an issue to be resolved with a sewerage pipe. He asked Tipperary County Council to apply to Irish Water to have a similar system like the National Treatment Purchase scheme. He said this would allow residents to have the repairs carried out by a local plumber and the costs paid by Irish Water in a case where they are responsible for the original damage. The Irish Water rep agreed to look at that particular case and agreed that the lead time was unacceptable in this case.

Disco

A fully supervised kid's summer disco takes place in Cahir House Hotel on Friday 29th June from 7 to 9pm.

Comhaltas

The group will perform outside Cahir Castle on Sunday 1st July at 3pm for National Play Day. There is also another traditional music recital at Cahir Castle on Tuesday 3rd July at 4pm.

Half Marathon

Mooreabbey Milers AC host the Cahir Half Marathon and Team Relay on Saturday 7th July at 2pm in Cahir. Closing date for registration on www.runireland.com is Saturday 30th June.

Summer Festival

Tickets are now on sale from Cahir House Hotel for Cahir Social and Historical Society's Summer Festival at the Castle. The festival opens on Friday 6th July

with a lecture by broadcaster David McCullough. Admission is €10. Chattyboo Productions perform Will's Women on 13th and 14th July. Admission is €15.

Missing Dog

A long-haired black and tan male chihuahua has been missing since 1st June. Six-year-old Benji is micro-chipped and was seen in Mountrath, Co Laois, on 1st June and last seen in the Cahir area on 4th/5th June at the Castle car park. Benji belongs to a young girl called Ciara who is heartbroken and worried about him. Ciara has visited Cahir with her father five times since Benji went missing to talk to shop owners and look at CCTV.

Benji has a medical condition and is under veterinary care so it is vital he is found soon. Call 087-1167739 or 052-7441539 if you have any information. If you see a dog like him please take a photo and send it on. A large reward for safe return.

Day Care Centre

Open Days take place from July 10-12. The centre would like to thank New Inn Vintage Club for their very kind donation of €1363.50, the proceeds of their recent vintage run in memory of Walter Cleary. Special thanks to Mary Frances Barron for hosting refreshments on the day and the Cleary family for their help and everyone else who supported the cause. Many thanks to the people of Ardfinnan and Grange for their support at the church gate collections. Lucky dip winner Kathleen Marsh received €25 in the lotto draw.

Active Retirement

Outing to Spike Island on August 22nd. Cost €50. September outing is to the ARI National Bowls competition in Castlebar. Holiday

to Torremolinos from October 2-9. Results of card game on 22nd June: 1st with 10 games were Rena O'Connor and Breda Ryan, 2nd with nine games were Lexie Sheehan, Teddy Dillon, Sheila Slattery, Harry Tobin, Bob Condon and Red Burke. Raffle went to Red Burke. Next game takes place on Friday 29th June.

Cahir GAA

Cahir lost out to St Mary's in the Junior Hurling Championship 3-07 to 2-16. Team: Anthony Burke, John Sheehy, Aidan Casey, Dylan Walsh, Nicholas Reidy, Brian Enright, Johnny B. O'Brien, Dylan Fitzgerald (1-0), Benny Hickey (0-1), Tommy Magner (0-1), Tom O'Gorman (1-0), Eanna Heffernan, Gavin Berry, Johnny McMahon (1-5), Eoghan Quinlan. Subs used: Mark Casey, Rhys Chowtie, Kieran Carroll, Tiarnan McLoughlin, Patrick O'Donovan.

Cahir beat Ballyporeen in the Junior B Football Championship 7-21 to 2-02. Team: Anthony Burke, John Sheehy, Noel O'Gorman, Eoin O'Neill, James McGrath, Brian Enright (0-1), Keelan Looby (0-1), Daniel Moloney, Mark Casey, Tom O'Gorman (0-1), Benny Hickey (1-2), Nicholas Reidy (1-3), Rhys Chowtie (2-1), Johnny McMahon (2-8), Eanna Heffernan (1-0), Subs used: Eoghan Quinlan (0-4), Patrick O'Donovan.

The u12 B team beat St Patrick's and the u12 D side beat Fethard recently. Recent Draw the Joker were David O'Gorman, Margaret O'Donnell, Kitty Slattery, Pat O'Brien and John O'Connor.

Cahir news/photos

Contact Cahir correspondent Maria Taylor on 086-1022014 or email caplicetaylor@hotmail.com.



Cahir's Peggy and Liam Loughman enjoying the festival atmosphere at Ballyneale Field Day.

Top 100 Young University in the world vision gets approval from Waterford Institute of Technology's Governing Body

Waterford Institute of Technology's (WIT) Governing Body has given its approval to the institute's strategy for 2018-2021. The strategy will be one of the key pillars of the Technological University currently in development with IT Carlow.

The underlying goal outlined in the strategic plan is

for WIT to become a 'Top 100 young university' by 2030. The Technological University designation plans currently ongoing will be a stepping stone to this ranking and will place the college amongst the most attractive places to study and work in the world.

There are only three existing Irish universities in the Top 100 young universities

list—Dublin City University, Maynooth University and University of Limerick.

"The Governing Body was delighted to approve the Institute's strategy for the next three years. We are moving ever closer to having a university here, and we hope to have secured Technological University designation in the course of this plan. This will give us the necessary means to make an even greater contribution to the region's development and help realise the potential there is in the region," said Jim Moore, chair of WIT's Governing Body.

Prof Willie Donnelly, president of WIT, said: "WIT has, through its history, come to be known as one of Ireland's most innovative educational institutions. The time has now come for us to move to the next stage in our development as we transform into a university through the Technological University process. The Technological University of the South East will be a university for the entire region and will have significant impact nationally and internationally - it is our ambition that in time it will be amongst the top universities in the world and will lead the future economic, social and cultural development of the South



Pictured following official approval of WIT's Strategic Plan 2018-2021 are (l to r): Dr Richard Hayes (vice president for Strategy at WIT), Cllr Mary Hilda Cavanagh (vice chair of WIT's Governing Body), Prof Willie Donnelly (president of WIT) and Cllr Jim Moore (chair of WIT's Governing Body).



A special mass was held in St Oliver's Church, Clonmel, for the Society of St Vincent de Paul's (SVDP) world president Renato Lima de Oliveira recently. He is pictured with Cllr Richie Molloy, national president of SVDP Kieran Stafford, parish priest Michael Hegarty and Mattie McGrath TD.

East."

The 2018-2021 strategic plan puts WIT at the very centre of regional social, cultural and economic development. The college plans to continue to expand its innovation and research activity which to date has created hundreds of high quality jobs in the region in industries like pharmaceuticals and information technology. The plan also involves significant expansion of the Institute's part-time course offerings

and sees the college expanding its numbers of international students.

Dr Richard Hayes, vice president for Strategy at WIT, said: "This strategic plan has been developed through extensive consultation and debate across the Institute and in discussion with external partners such as business groups, employers, local authorities, and others. It is an ambitious plan, in keeping with the Institute's history and tradition, and will enhance the impact of the Insti-

tute on Waterford and the South East."

Vice chair of WIT Governing Body, Mary Hilda Cavanagh, added: "The Governing Body is particularly pleased that at the heart of the plan are students. We are conscious of the huge responsibility the Institute has to educate the next generation, but also to reach out to those who do not normally access higher education and give them a pathway that will lead to fruitful careers and secure employment."

Tipperary ranked third worst in RTÉ Investigates report on illegal dumping

Tipperary County Council is the third worst county in Ireland for the regulation and enforcement of waste services, an investigation for RTÉ has found.

When illegal dumpers pollute the environment, it's the Irish taxpayer who is left to foot the bill, so people rely on their local authorities to regulate a large portion of Ireland's booming waste industry.

The level of investment in waste regulation and enforcement varies significantly depending on the county you live in.

For the last six months, RTÉ Investigates went undercover investigating Ireland's Wild Waste, the ever increasing problem of illegal dumping and how councils regulate and prosecute waste offenders.

RTÉ Investigates analysed environmental data from the Environmental Protection Agency and Department of Housing to determine which councils take waste offences seriously and who is left lag-

ging behind for a special online report.

By examining rates of inspections, enforcements, prosecutions and staffing levels between 2014 and 2016, they created a ranking of the best (1) and worst (30) councils at managing the waste industry.

Tipperary County Council is ranked 28th of the 30 councils analysed. Between 2015 and 2016, Tipperary County Council spent €10.64 per person on waste services, €6.59 less than the national average of €17.22.

Tipperary is in the bottom three for non routine inspections, with the council conducting 294 inspections between 2014 and 2016, over 1,000 inspections less than the national average.

According to official statistics returned to the Environmental Protection Agency, local authorities together employ 150 people to regulate and enforce its part of the waste sector. Together these regulate more than 6,000 waste operations, carry out more than 25,000 inspections each year, initiate more



than 4,000 enforcement actions and pursue close to 400 prosecutions for waste related crimes annually. But this level of activity is far from uniform.

COUNTY COUNCIL RESPONDS

Tipperary County Council welcomes the focus which RTÉ Investigates has brought to bear on illegal waste activities around the country and the constructive debate that has been generated by this investigation.

"The programme underlines the complexity and challenges presented in the enforcement of good waste management practices and the various actions being taken by local authorities and

the Environmental Protection Agency," a Tipperary County Council statement reads.

However, it is the Council's view that an assessment of waste management performance based on metrics which include spend per head of population does not give a full picture of the extent or impact of our waste enforcement activities. "An assessment of Local Authority Enforcement Performance published by the Environmental Protection Agency for 2014, 2015 and 2016 shows that Tipperary County Council achieved the required targets for waste over the three year period.

"Tipperary County Council has issued 24 active Waste Facility Permits and nine active Certificates of Registration to operators in the county. Routine Waste Inspections and non routine waste inspections are conducted annually as part of Tipperary County Council's Environment Inspection Plan and these are returned to the Environmental Protection Agency.

"Every year, the Council undertakes over 3,000 environmental inspections for air, noise, water/wastewater and waste. The latest figures available for the county are for 2016 which show that Tipperary County Council undertook 1,040 such inspections related to waste permits and illegal dumping, of which 948 were planned and 92 were unplanned waste inspections (on-the-spot checks). In the same year, 2016, Tipperary County Council staff also investigated 1,366 waste litter complaints and 44 illegal dumping instances.

"On foot of its inspections the Council, in 2016, took ac-

tion by issuing 75 Warning Letters and 12 Enforcement Notices against persons carrying on the unauthorised transfer, collection, holding, recovery and disposal of waste, and, non-compliance with existing authorisations.

"Dealing with unauthorised waste activities requires a multi agency approach to tackling the issues and collaborating with other public agencies in order to secure compliance and, if necessary, successful prosecutions. The primary responsibility for compliance with waste regulations rests with waste operators.

"Members of the public have an important role to play by reporting unauthorised waste activities in their area to Tipperary County Council and ensuring their own waste is correctly and legally disposed of. The Council continues to work with community groups in transforming known black spots for waste disposal into community amenity facilities through the anti-dumping grant scheme," the statement concludes.

'Hard-working, motivating and inspiring' Jaden and Ellie honoured by Concern Worldwide

Two teenagers who raised funds to help alleviate world hunger and poverty were recently honoured for their efforts by Concern Worldwide, Ireland's largest aid agency.

Jaden Wootton (16) and Ellie O'Dwyer (15), who are going into third year at Scoil Mhuire, Carrick-on-Suir, won the Fundraising Newcomer Award at the 2018 Concern Volunteer Awards in Dublin.

The pair were highly praised at the awards by Concern's chief Executive, Dominic MacSorley, for their "inspiring" participation in a school ambassador programme for Concern's annual Fast fundraising campaign and for all

their hard work to raise funds and awareness.

"They are hardworking, motivating and inspiring students, who took on their role as Fast ambassadors with passion and enthusiasm," said Mr MacSorley.

"Jaden and Ellie went over and beyond in relation to the amount of fundraising they pushed in their school and local community. They organised a number of fundraising events including bake sales, street collections, bingo nights and much more in their efforts to spread awareness and raise as much money as possible for Concern," he added.

Jaden and Ellie attended

Concern's Volunteer Awards with Jaden's mother Winarmi, who said all in their community are "very proud" of what they have achieved. "They wanted to fundraise in their spare time. They would go to businesses to ask them for prizes for raffles and they would sometimes come home with plastic buckets full of coins. We are all very proud of them," she said.

Jaden said they are both "over the moon" to get the award from Concern, adding that they wanted to "raise funds for such a good cause".

Over a very short period during Concern's 2017 Fast campaign, which usually occurs in late November, Jaden

and Ellie raised around €1,800.

Concern's Volunteer Awards was created five years ago to celebrate the vital contribution made by the aid agency's volunteers in Ireland, which helps fund the organisation's overseas work that last year alone saw 27 million of the world's poorest people reached in 27 countries.

Concern was formed by volunteers 50 years ago in 1968 as part of a major humanitarian response to the Biafran famine in Nigeria caused by civil war – a milestone that is being marked this year by the organisation at a number of events around the country.



Emma and Lorna win Grant Thornton Emerging Business Award



Emma Murphy and Lorna Power won the Grant Thornton Emerging Business Award.

A final year Agricultural Science student at Waterford Institute of Technology (WIT) and her Cashel business partner won the Grant Thornton Emerging Business Award at the recent 2018 Enterprise Ireland Student Entrepreneur Awards in NUI Galway.

PROgress Equine began as a college project with advice coming from entrepreneurship, tech transfer and biotechnology experts at WIT.

Lismore's Lorna Power came up with the innovative business idea as part of the Rural Entrepreneurship module on the BSc (Hons) in Agricultural Science degree at WIT. She then developed a

business plan for a sustainably produced innovative equine feed with a higher than average protein concentrate over the course of the 12-week module. She collaborated on the idea with her friend Emma Murphy, a University College Dublin Business and Law student from Cashel and co-founder of PROgress Equine.

PROgress Equine is a company which formulates and produces concentrate feedstuffs for equines that is both environmentally sustainable and nutritionally superior to existing products.

"Our main focus is protein, a key nutrient for the healthy growth and develop-

ment of bone and muscle in equines. By using innovative ingredients, we have identified superior sources of protein. Our source contains a guaranteed 50-55% protein and higher levels of essential amino acids than existing protein sources, such as soya bean. By adding this innovative protein source to our formulations, PROgress Equine provides equine rations that are more nutritionally beneficial at a similar price to products currently on the market," Lorna explains.

One of the keys to the potential of PROgress Equine is a growing population. "By 2050, there will be nine bil-

lion people on the planet. Using our current method of producing protein, we will not be able to meet the planet's projected protein needs," Lorna continues.

Cashel's Emma adds: "PROgress Equine's protein requires substantially less land and water to produce, making it more environmentally sustainable than soya bean in the long-term. PROgress Equine aims to initially target large studs and equine breeders with a fully formulated ration in Ireland, Europe and the USA. Going forward, PROgress Equine's mission is to transform the landscape of how we produce animal feed, both now and in the future."

The two students reached the final from over 1,500 entries nationwide, having been supported and mentored by Rachel O'Dowd (lecturer in entrepreneurship at WIT), Ciarán Cullen (manager at WIT's ArcLabs), James O'Sullivan (WIT's technology transfer manager) and Philomena Treacy (WIT's Technology Transfer Office).

This year celebrated the 37th year of the prestigious Student Entrepreneur Awards, which are co-sponsored by Cruickshank Intellectual Property Attorneys and Grant Thornton and are open to all third level colleges across Ireland. The Local Enterprise Office also came on board as a co-sponsor for the awards this year. Grant Thornton will provide business plan development advice to the finalists, who also hope to apply to the Enterprise Ireland New Frontiers programme starting this autumn at WIT's ArcLabs research and innovation hub.

Fethard children go 'Strictly' for local school

Fethard's young dancing stars of the future raised the roof at Strictly Come Dancing in Fethard Ballroom recently.

Organised by Marina's School of Dancing, the fantastic proceeds of €4,090 were donated to Fethard's Holy Trinity National School.

The packed venue enjoyed a terrific display of contemporary ballroom dancing by the young boys and girls, who are taught by Marina Mullins.

The organisers would like to thank the many sponsors that supported the event.



Impressive 4 Mile for Carrick-on-Suir AC's Patrick Roche

Carrick-on-Suir AC's Patrick Roche won the over 40 category at the recent Dave Fogarty Memorial 4 Mile.

Hosted by Thurles Crokes AC, Roche finished 8th overall in a time of 22:41, followed by clubmate James Fox in 54th place in 29:54.

Dromana 5 Mile

15th Raymond Burke (31:02) and 25th Benny Hahessy (32:52) at the Dunganvan Leader Dromana 5 Mile, hosted by West Waterford AC.

Little South Run 4 Mile

Miguel Ponce De Leon (26:09) took part in the race in Kilmacow.

Michael Cahill 5k

Carrick-on-Suir AC results from the race in Ballinagarry included 8th Patrick Roche (17:22) who was 1st over 40, 50th Mary Molloy (21:42) and 86th Ann Cronin (27:24) who came 2nd over 55.

10 Mile Marker

Carrick-on-Suir AC results from the race at Danesfort, Co Kilkenny, included 36th Eugene O'Keefe

(1:11.09), 38th John Carroll (1:11.38), 47th Seamus Ward (1:13.22), 115th Derek O'Dwyer (1:25.16) and 116th Deirdre Power (1:25.16).

Stone Mad Half Marathon

8th Brian Graham in 1:37:30 at the Co Kilkenny event.

Pink Rock 10k

26th Miguel De Ponce Leon (42:34) and 47th Mary Molloy (47:01) at the race in Co Kilkenny.



Deirdre Power, Seamus Ward, Derek O'Dwyer, Eugene O'Keefe and John Carroll at the Mile Marker.



Ann Cronin came 2nd over 55 at the Michael Cahill 5k.



Thurles Crokes AC's Patsy Dorney presenting the over 40 prize to Patrick Roche at the Dave Fogarty Memorial 4 Mile.



Benny Hahessy approaching the finish line at the Dromana 5 Mile.



James Fox approaching the finish line at the Dave Fogarty Memorial 4 Mile.

Carrick-on-Suir Golf Club Prizewinners



Carrick-on-Suir Golf Club lady captain Breda Comerford presenting the Lady Captain's Prize and the Steele Perpetual Trophy to Anne Shanahan.



John and Maureen Murray and family celebrating a unique double in winning first prizes in the Men's Captain's Competitions 2018 at Carrick-on-Suir Golf Club.



Carrick-on-Suir Golf Club captain Roy Buchanan presenting the Captain's Prize 2018 to John Murray.



Captain Roy Buchanan presenting first prize in the Student Competition 2018 to Jack Keane.

Records to be broken at Dundrum AC's Coillte 10k

Dundrum AC's 33rd annual Coillte 10k takes place on Wednesday 4th July at 8pm. The chip timed race will consist of two laps of the BK5K loop, with a 5k race for junior athletes.

There is an added incentive for Tipperary athletes, who will compete for the Tim Crowe Memorial trophy.

€15 for the 10k and €10 for the junior race. All finishers will get the traditional hand embroidered souvenir hand towel. Note that 10k race is

not suitable for walkers due to the two laps.

DAVE FOGARTY 4 MILE

10 Dundrum AC athletes took part in the Dave Fogarty 4 Mile, hosted by Thurles Croke AC, last week. Club results included 3rd Dermot Hayes (21:37), 9th Eamon Morrissey (23:32), 23rd Donal Keane (25:24), 27th Michael Moore (26:22) who was 1st over 55, 36th Stephen McDonald (27:31) who was 1st junior, 37th Noel Casey (27:35), 41st Laura McCarthy Armstrong (27:45), 62nd

Christina Fryday (30:50), 84th Patricia Moloney (35:22) and 101st Orela Blake (41:30).

GRANT THORNTON 5K

Gareth McGlinchey (16:47) had a superb race to claim 1st place at the Cork city race, Dymphna Ryan (19:38) placed 36th overall and 2nd lady.

BILBOA 10K

Dundrum AC results from the race in Co Limerick included 17th overall and 1st over 50 Tony Delaney (41:04), 37th overall and 1st lady Brid Quirke (46:24), and 75th Patricia Moloney (55:20).

MICHAEL CAHILL 5K

Hosted by Coolquill AC in Ballingarry, Dundrum AC results included 4th overall and 1st over 50 Dermot Haye (16:26), 10th Eamon Morrissey (17:44), 14th Martin Keane (18:27), 17th Donal Keane (18:46), 29th overall and 4th lady Linda Grogan (19:31), 30th Stephen McDonald (19:31), 32nd overall and 2nd over 55 Michael Moore (19:45), 43rd John Moore (20:49), 47th Noel Casey (21:22), 53rd Ausra Mackeviciute (21:46), 100th Colette Alley (30:11) and 103rd Orela Blake (31:45).

MILE MARKER

Dundrum AC results from the Co Kilkenny race included 22nd overall and was 1st lady Linda Grogan (1:08.05), 66th Ausra Mackeviciute (1:17.28) and 96th Christina Fryday (1:21.59)

FIT4LIFE

Fit4Life continues on Monday at 7pm at the track, Scout Hall, Dundrum, and on Thursday at 7pm at the Duck Pond, Dundrum. Suitable for walkers, joggers and runners.



Dundrum AC's Stephen McDonald, Ausra Mackeviciute, Eamonn Morrissey, Linda Grogan, Michael Moore, John Moore and Brid Moore at the Michael Cahill 5k in Ballingarry.



Christina Fryday, Patricia Moloney, Orela Blake, Laura McCarthy Armstrong, Michael Moore, Eamon Morrissey and Stephen McDonald at the Dave Fogarty 4 Mile.



John Downes (former Irish and UK cross country champion) with Dundrum AC's Eamon Morrissey, Laura McCarthy Armstrong, John Kelly and John Moore at the recent Kilfinane 4 Mile.



Dundrum AC's Brid and John Moore at the Dromana 5 Mile in Co Waterford.



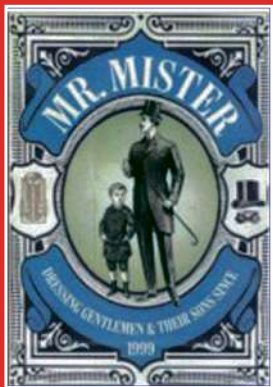
Dundrum AC's Linda Grogan was 1st lady at the Mile Marker 10 Mile in Co Kilkenny.



Colette Alley and Orela Blake at the Michael Cahill 5k in Ballingarry.



Brid Quirke and Patricia Moloney at the Bilboa 10k in Co Limerick.

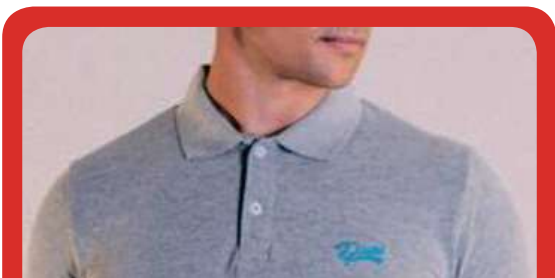


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