

# The Leader

Wednesday, March 20, 2019

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24-7



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Despite the inclement weather over the weekend huge crowds poured in to the city centre for the fireworks and parades. See inside for full coverage

PICTURE: TRUE MEDIA



## PARADES STRIKE THE RIGHT NOTE



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# City Tiles & Bathrooms

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There are three keywords constantly to the forefront at the spacious City Tiles and Bathrooms Limerick Superstore: Design, Elegance and Innovation. Add to those excellent prices and a customer service that is second to none, and you can see why, with stores also in Dublin and Cork, they have developed a nationwide reputation as one of Ireland's 'must-visit' destinations for customers seeking top quality yet affordable ceramic and porcelain tiles, bathroom sanitary ware, showering solutions and bathroom accessories. City Tiles & Bathrooms Limerick is the largest tile & bathroom superstore in the Midwest region, with an extensive range of products suited to every budget and taste. They have an outlet store just next door with huge discounts on end of line and ex display products which is definitely worth a visit while you're there.

### Design, Elegance and Innovation.

"We always aim to give our customers the best possible experience," explains Pat Roche. "Quite often they know they want to replace or renovate, but they're not sure what they want or how to go about it. That's where our experience and knowledge come in." Every member of staff has extensive experience and an avid interest in the household industry. Not only do they have a keen eye for style and design, but they have the technical information needed to assist you in converting your idea into a reality. Why would you go anywhere else when City Tiles & Bathrooms provide an informative shopping experience that they tailor to your needs? They even have their own catalogue entailing their collection, for you to take away and peruse at leisure.

### All Prices, Excellent Value.

And don't worry, you don't have to spend the earth. "You might be able to get what you want for as little as €199, while if you have a really major job in mind, you could spend €5,000 or more." All the big names in bathroom suites, fittings, furniture are here: Bauhaus, Burlington, Britton, Catalano, Crosswater, Grohe, Laufen, Laura Ashley, Simpsons, Vado, Vitra and our newest addition: Award-winning German design experts Pelipal. It just depends on what you want, and the extent of your budget. Then of course the Outlet store just next door has an extensive range of products at a huge discount, which is definitely worth a visit as it can be full of hidden gems. They definitely won't try to sell you something you don't need. "After all, we rely on customer satisfaction and recommendation to expand our business, and here every single individual gets personal attention." Overall City Tiles & Bathrooms has 25 fully trained staff with a total of 250 years experience in the field between them, so whatever your awkward questions, they'll have the answer.

Every member of staff at City Tiles & Bathrooms has at least one story about a time that they went above and beyond for a customer, because that is what they pride themselves on; providing their industry expertise and an excellent service to people who need it.

### Amazing Range.

You won't believe their range of wall and floor tiles. In fact, you might have gone in with one clear idea, and ended up with half a dozen must-haves that you can't live without. And once you start exploring their range of free-standing traditional baths, in everything from classic stone to acrylic, the designer washbasins, heated towel rails, superb showers, and so much more – well, the whole morning will have passed without your noticing. They are well used to customers coming in several times, doing some more browsing, and discuss possibilities before they make a final decision. "We really enjoy that. It's all part of the service."

### Outlet Store Next Door.

And as mentioned, just next door to City Tiles & Bathrooms superstore is their outlet store, entailing incredible value across all products. Here you will not only find ex display products from all brands, you can also find end of line products and tiles at a massively discounted rate. Sometimes you can find brands such as Burlington, Crosswater and Laura Ashley here in perfect condition, but solely for the fact that they are ex display they are sold at a discounted rate! If you are from the Midwest region and in the process of renovating or refurbishing a house, City Tiles & Bathrooms Limerick Superstore and their Outlet Store should definitely be the first places you visit and browse.



They have a stunning range of wood effect tiles.



Anna, Tim, Joe and Cathal.



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# PARTY FEVER FOR ST PATRICK'S WEEKEND

Huge crowds enjoy festivities in city

Ayana Daly, of the Limerick Filipino Community, taking part in Limerick's Saint Patrick's day parade. See more inside on pages 6 and 8 PICTURE: TRUE MEDIA

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**SPORT** Limerick face Dublin on Sunday for league final spot

**CRIME** Student avoids conviction over case of 'extreme bullying' at Villiers **P14**



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**PROPERTY** 20 pages of the best domestic and commercial property in the region **Inside**



**Gardens International office block officially opens P27**



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# LeadingOff

Setting the agenda in Limerick



**▲ GOOD WEEK**

**City traders**

Over 30,000 people visited the city centre for the weekend's festivities



**▼ BAD WEEK**

**UHL**

Yet again the local hospital has set a record for the number of patients being treated on trolleys



**☀ QUOTE OF THE WEEK**

"Something really needs to be done... I want my children and my children's children to have a world to live in." **Climate change protestor Saoirse Exton. See page 16**

**INSIDE THIS WEEK**



**HAPPY RETIREMENT**

Liam Croke on 'rich ratio' Page 26



**CAB DENTS DRUG GANG**

Cars and cash seized in raid Page 10



**SPEED LEAD TO DEATH**

Inquest into biker fatality PAGE 12



**ANOTHER STARBUCKS**

Third outlet for US franchise Page 27

## Who can control Zeus ruler of the heavens ?



The photo above shows a general shot of the band parade, which attracted a fine enthusiastic crowd



**WHAT WE THINK**  
**EUGENE PHELAN**

LEADER EDITOR

IT was a pity that Zeus the God of clouds, rain and bad weather decided to visit Limerick on the St Patrick's weekend of festivities.

While there has been a lot of criticism on social media regarding the St Patrick's Day parade, in fairness to the organisers a lot went against them and I am told that quite a few floats that entered pulled out at the last moment. I had

the pleasure of witnessing much the International Band Parade which had 10 entries from abroad, and I must say I was not only taken by the enthusiasm and talent on display, but the gusto and involvement of the spectators, who cheered everyone on despite the conditions.

Many people I spoke to felt the band parade was better

than the St Patrick's Day event. It was an hour longer and more entertaining, many felt.

It is easy to criticise and I am sure lessons will have been learnt from the whole weekend and while not inviting the All-Ireland hurling champions was undoubtedly a bad judgement call, no one can control the weather.

**WEATHER FOR THE WEEK**



**WEDNESDAY**

Cloudy with a shower in places and temperature high of 15°C



**THURSDAY**

Again, cloudy with a passing shower and a high of 14°C



**FRIDAY**

Damp showery conditions persist with temperature reaching 12°C



**SATURDAY**

Partly sunny today but shower expected - high of only 9°C



**SUNDAY**

Generally overcast throughout the day. High of 11°C



**MONDAY**

Again remaining cloudy throughout the day. High of 13°C



If you can't make it to Nowlan Park on Sunday you can still see Limerick take on Dublin on TV

**WEBTOPTEN**

1. Huge crowd pays last respects to daughter of Limerick GAA chairman John Cregan
2. Shock at passing of talented Limerick teenager, 18
3. County Limerick family targeted by con artists three times warn of 'new scam' doing the rounds
4. Sadness as three-time mayor of Limerick passes away
5. Speed vans causing 'unbelievable anger' say Limerick councillors
6. Television details confirmed for Limerick v Dublin Allianz Hurling League semi final
7. Accident on Limerick bound side of M7
8. Limerick woman charged in relation to burglary in county town
9. Limerick election candidate hopes to be a 'fresh and youthful voice' on council
10. Limerick Euromillions winner's Derg marina plans hit the rocks

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# MyLimerick

## Maeve Martin Kelly

General manager, Adare Heritage Centre

### What's your idea of a perfect day, or a perfect weekend, in Limerick?

After a leisurely breakfast at the Adare Manor with my girlfriends, a visit to the many wonderful boutiques in Adare village to view the latest fashions and then, a visit to Woodlands House Hotel for some relaxation time in the tranquil spa to be followed by a reviving afternoon tea.

### What's your first Limerick memory?

Attending races at Greenpark, meeting up with many friends and enjoying great company in Patrick Pitches. Racing people are great company and you get to meet many interesting characters. I now attend the new Limerick racecourse with my husband Tommy as often as possible.

### What's your favourite part of the city (or county) and why?

The many interesting productions Lime Tree Theatre has on offer, it is a wonderful amenity to have in the area and I attend as many productions as my work schedule allows.

### What about a favourite walk or view?

My favourite walk is the river bank walk in Adare. It takes you away from the main thoroughfare of the village along the river Maigue and magnificent views of the Adare Desmond Castle. I sometimes finish my work day with this walk to clear my head and give my voice a rest after a busy day conversing with the visitors to the Desmond Castle and Adare.

### What do you think gives Limerick its unique identity?

Limerick Bacon is world renowned and food tourism is now a very popular holiday choice with visitors. Limerick can now offer excellent artisan foods in the city and county and showcase its many producers at the popular Milk Market. I feel Limerick can benefit from this niche market with continued smart promotion and marketing. Also, accessibility of



Limerick to the country is quite unique.

### Do you have a favourite local restaurant or pub?

The bar in the Dunraven Arms Hotel holds many great memories for me, especially as we held our wedding reception there. I always enjoy a drink in the bar as the venue never disappoints and you just never know who will arrive into the Bar, it's a unique and special gem.

### How would you describe the people of Limerick?

Limerick people are very sociable, love their sport and fashion. They have their own unique sense of charm and I am always delighted to see the way Limerick Ladies showcase their terrific style and glamour wherever they go.

### How important do you think sport is to Limerick?

Rugby has been very good to Limerick and highlights Limerick in a positive light. Here in Adare we are still celebrating the All-Ireland Hurling victory and I am very proud of the team that represented us last year and hopefully we will be celebrating again this year.

### If you could add one amenity to Limerick what would it be?

I would love to see Adare bypassed as I believe it would enhance the village enormously and improve the tourism experience for everyone. Infrastructure such as extra parking and signage etc. to name a few items are required to empower a bypass however the positives of a bypass will outweigh any disturbances there may be to achieve this amenity.

### What's the biggest challenge facing the city (or county) today?

Limerick's image has improved enormously in the past five years, I feel the challenge for Limerick is the complete its project to revive Limerick City and County so as to appeal to as many visitors as imaginable and to encourage them to stay longer and enjoy all the amenities in Limerick

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## FRONT PAGES OF THE PAST

26 YEARS AGO  
APRIL 3, 1993

The big bold heading on the front page of the Limerick Leader read; "City Rubbish Crisis Mounts." Limerick Corporation faces a major crisis in the disposal of city refuse after Coillte announced that the proposal for a landfill site at

Knockshanvo, beyond Blackwater, on the outskirts of the city had been abandoned. the story revealed.

And main photo was of St Munchin's College players and coaches celebrating after they beat PBC 5-0 to win the Munster Junior Schools cup. One Peter Stringer was captain of the Cork side.



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As seen on TV3's XPOSÉ, Ireland AM & RTE's today Show



# Call for breastfeeding breaks for special needs assistants

**JESS CASEY**

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A LIMERICK special needs assistant (SNA) was told she cannot take the same breastfeeding breaks as her teaching colleagues, because SNAs nationally are not given the same breastfeeding entitlements as teachers.

Currently SNAs are not allowed to take breastfeeding breaks like teachers, who are given allocated time throughout the day.

“Teachers who breastfeed are given one hour a day to express outside of their lunch break but the same entitlement does not extend to special needs assistant,” Limerick Labour local election candidate Conor Sheehan said.

“I was contacted by someone who works as an SNA in a local primary school and was told she had to express on her lunch break while a teacher working the same hours is allowed specific breastfeeding breaks.”

“I have placed a number of Parliamentary Questions to the Minister for Education through my colleague Jan O’Sullivan T.D to the current and previous Minister,” he added.

“Both replies merely say that consideration is being given to extending the same entitlements to SNA’s and to date no progress has been made.”

“While numbers are increasing, Ireland continues to have one of the lowest breastfeeding rates in

Europe and discriminatory rules like this only serve to make the problem worse.”

“It won’t cost the Minister for Education a single penny to make this simple rule change which will make a massive difference to working mothers.”

“My Labour colleague Senator Kevin Humphreys, who co-authored the Labour Party breastfeeding policy, has kindly agreed to raise this with the Minister in the Seanad by way of a

Commencement matter.”

When asked if breastfeeding breaks for registered teachers in primary and post-primary schools apply to SNAs, the Minister for Education Joe McHugh said: “The extension of these provisions to SNAs is still under consideration.”

“Following consultation with school and staff representatives my Department issued Circular 60/2018 which increased the entitlement to breastfeeding breaks for teachers.”



Brendan MacGabhann carried out a comprehensive study of the 304 route last month PICTURE: ADRIAN BUTLER

## Bus Eireann agree to drive changes on 304

**Travel:** Company look set to change city centre route

**NICK RABBITTS**

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BUS Eireann’s top brass have agreed to drive changes which could save city commuters more than ten minutes at peak times.

That’s according to Green party local election candidate Breandán MacGabhann, who held meetings with management at the transport firm at its Roxboro depot.

It comes after he carried out a comprehensive study on the delay-ridden 304 bus service, which links Raheen, Dooradoyle, Castletroy and UL to the city centre.

His study ultimately concluded that services on this corridor would only run to time if no passengers at all were carried.

On foot of his study, he was asked to meet with Bláithín McElligott, and other senior figures within Bus Eireann. And he says they have taken on board a suggestion from him that upon arrival in the city from Castletroy at Roches Street, the

service does not loop around Henry Street and Sarsfield Street – instead going straight onto O’Connell Street and onwards to Raheen.

“As I understand it, it’s likely they are going to follow what I suggested and have the bus turn left from Roches Street onto O’Connell Street, rather than looping around Henry Street and Sarsfield Street. I think it would reduce times by around ten minutes – it could be even more at peak times. The bus can get stuck for quite a bit of time going around that loop. You’re quicker to walk from Roches Street to Debenhams in that time really,” said Mr MacGabhann, who is also a qualified geographer.

He has welcomed the move Bus Eireann bosses look set to make, adding: “They definitely didn’t agree with most of what I had written [in the study].”

However, it appears the semi-state firm is not for moving on a circuitous route which takes passengers through the back roads

and estates of Raheen – twice.

Mr MacGabhann believes this only needs to be done once.

But, he said: “They are going to keep the loop through Raheen as a two-way. I think this is the wrong decision. Their stated reason for keeping the loop in Raheen is they would be sitting at the terminus until the scheduled time of departure. But I feel they’d be sitting at the terminus for less time if they didn’t go back through the loop.”

Bus Eireann is expected to change its bus service timetables in the city in the coming weeks, as well as introducing a software upgrade to make boarding quicker.

In a statement, a spokesperson for bus firm said: “Currently route 304/304A operates a two way system via Avonmore Rd, Mulcair Rd, Dooradoyle Road and Ballycummin Road. This ensures that the service is designed to best meet the requirements of our customers who are looking to travel to and from the city centre and Castletroy.”

## Overcrowding peaks again with 76 treated on UHL trolleys

**FINTAN WALSH**

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UNIVERSITY Hospital Limerick has broken the record for highest level of overcrowding in 2019 for a third time, this Tuesday morning.

According to figures published by the Irish Nurses and Midwives Organisation, there were 76 patients being treated on trolleys at UHL.

This is one of the highest levels of daily overcrowding ever recorded since records began in 2006. The national record was broken by UHL on March 22, 2013 when there were 80 patients being treated on trolleys.

The second highest rate of overcrowding at UHL this year was 70 patients on February 26.

There were 35 more patients on trolleys at UHL than at Cork University Hospital, which had 41 patients on trolleys on

Tuesday.

The third highest level of overcrowding was at University Hospital Galway, with 34 patients on trolleys.

This high level of overcrowding comes amid growing concern by Oireachtas members over a delay in the delivery of the 60-bed modular block at the Dooradoyle site.

Estimated to cost €19.5m, Minister for Health Simon Harris has assured his Fine Gael colleagues that the crucial project will be included in the HSE’s capital plan for 2019.

The HSE announced on March 1 that €2m has been allocated to carry out enabling works and has indicated that the project will be completed by June 2020.

Hospital management has yet to indicate when the 96-bed block will be built, though it is believed it will be delivered sometime in the 2020s.

**76**  
UHL  
breaks  
trolley  
record  
for third  
time in  
2019



INMO figures show 76 patients were on trolleys this Tuesday



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# One giant leap for Limerick as thousands attend annual parade

**NICK RABBITTS**

nick@limerickleader.ie

AROUND 32,000 people descended on the centre of Limerick for the city's annual St Patrick's Day celebration.

Around 60 different floats entered the parade, showcasing some of the most creative aspects of Limerick life.

Despite chilly weather, which no doubt affected the attendance, there was a splash of colour from all the entries involved.

There was excitement in the air as award-winning street performing groups Lumen Street Theatre and Artastic entertained onlookers.

A ticker tape parade got the party into full swing, with Dr Norah Patten, who is bidding to be the first Irish astronaut, leading the way on O'Connell Street as Grand Marshal.

Dr Norah, who is a former student at the University of Limerick, said: "The whole thing has been fab. It's so exciting. It was raining when I was coming up, thankfully it stopped. I've spent 13 years here, and this is a massive huge honour for me. I'm really thankful for this."

She was followed down Limerick's main thoroughfare by the army flag.

Other highlights of the parade included the now-legendary giant tricolour flag.

There were appearances from a number of local brass bands, including Limerick's oldest group,



**Seoirse Byrne of Lumen was one of thousands of participants taking part in the annual St Patrick's Day Parade in Limerick** PICTURES: SEAN CURTIN/TRUEMEDIA

the Boherbuoy Brass and Reed Band, while there were also colourful entries from Munster Martial Arts and Siptu, who led an entry highlighting the fact it's the 100th anniversary of the Limerick Soviet. Community groups and sports teams represented included Na Piersaigh and St Patrick's GAA Club.

Mayor James Collins joined Dr Patten at the head of the parade.

He said: "There are great crowds here to support us. We had the fireworks last night which were fantastic. It's a day to celebrate being Irish and it's a day to support the kids taking part in the parade."

Members of Limerick's newest communities also took part, including groups from Nepal, Pakistan, the Philippines and China, helping to create a fantastic atmosphere along the route, which

stretched from the Roden Street junction with O'Connell Avenue all the way to Arthur's Quay.

A judging panel made up of young people decided the parade winners.

The prize for best overall performance went to the Chinese Association of Ireland, while Lumen Street theatre won the best creative performance.

The best youth group award

went to the expressive arts drama school with Artastic, and the best musical performance award was given to the wind band from Tartu, Estonia.

There was disappointment in some quarters that All-Ireland winning hurlers did not receive an invite. This, and less than perfect weather conditions, saw the attendance down on other years.

See more, pages 20 and 21.



**Callan Morrissey, Cratloe, enjoying Limerick's Saint Patrick's day parade**



**Moon rocker: A member of the Lumen Street theatre enjoying the day**



**Grand Marshal Norah Patten and Mayor James Collins leading the annual St Patrick's Day parade in Limerick**



**Molly Sheils, Expressive Arts**



**Adam Stapleton, Expressive Arts**



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# City rocks to beat of 20 marching bands from all around the world

**NICK RABBITS**  
nick@limerickleader.ie

THERE was a party atmosphere in the city on Sunday as the sound of marching bands filled the air.

Pipers, drummers, trombonists and break dancers were among the attractions as the 49th annual International Band Championship unfolded before a large crowd.

Around 30,000 people lined O'Connell Street for the parade, which brought the curtain down on this year's St Patrick's festivities.

And they were rewarded as more than 1,000 performers provided a spectacular musical backdrop, despite less than perfect conditions.

There were celebrations for the Charlotte High School band, who landed the overall title.

The group from North Carolina impressed judges with a performance of the Neil Diamond classic 'Sweet Caroline', before putting their own take on the 'Thunderer' marching track by American composer John Philip Sousa.

"I'm very pleased. Four years ago, we won best international band, so it was nice to win the overall band this year," said Timothy Cook of the group. "We really rehearsed a lot. We have been rehearsing since January. We have lovely new uniforms too. We were prepared. The students were very excited to perform. We will definitely be back!"

Elsewhere, there were awards for a number of other bands: the



**Winners alright! Charlotte Catholic High School, North Carolina, USA, have been named as the champions of the 49th Limerick International Band**

best youth band prize went to Banna Chluiaín Meala of Clonmel, who gave an emotional rendition of the Cranberries classic 'Dreams'.

Best international band went to the Slippery Rock University Marching Pride band from Pennsylvania, while the best musical performance accolade went to another American band, the Friendly Sons of the Shillelagh from New Jersey.

Mullingar Town Band secured best uniform, while the most entertaining performance went to the Clondalkin Youth Band.

There were special judges awards for the Killorglin and District Pipe Band, the Friendship Band, and another New Jersey group, the Glen Ridge High School Band.

Four bands flew the flag locally for Limerick, including the

Newcastle West pipe band, which won best local band.

The Boherbuoy Band once again, as is tradition, opened proceedings, while there were performances from the CBS Pipe Band and the City of Limerick Pipe Band.

Mayor James Collins said: "It was absolutely amazing, just exceptional musical talent on display. We had Limerick bands, Irish bands, American High School

and University bands, and those from Estonia and England. There was high energy and high entertainment. The people of Limerick came out to support it again despite the weather. The rain didn't stop anybody having fun, it was fantastic."

Plans are already in place for the landmark 50th staging of the International Band Championship next year.



**Friendly Sons of the Shillelagh travelled to Shannonside from New Jersey in America**



**Mayor James Collins presents the trophy for most entertaining performance to Eric Murphy and Sarah Heffernan of the Clondalkin Youth Band**



**Alfie the dog takes shelter from the rain**



**Clodagh Purcell of the CBS Pipe Band**



**Mayor Collins presents Sam Landis of Glen Ridge High School, New Jersey, with a Special Judges' Award**



# Metro-mayor welcomes life-saving park donation

**Community:** Fleming Medical device to go to Mungret Park

**NICK RABBITTS**  
X@limerickleader.ie

METROPOLITAN mayor Daniel Butler has welcomed a move by a local firm to donate a defibrillator to the Mungret playpark.

Dock Road company Fleming Medical recently donated a cardiac science power heart.

It's the only defibrillator on the market which provides customised shocks tailored to each patient needs to both include adults and children.

It also provides faster shock times and real-time CPR feedback with a unique CPR Device that instructs the correct pressure to be

applied when performing CPR.

Cllr Butler said he went about trying to source a defibrillator after a recent park run in the area, for which he was a volunteer.

"The core directors led admirably by Tonya O'Neill brought up the need for a defibrillator for the parkrun. So I committed to try and explore it but also looking at locating in the park permanently for all the park users," he explained. Mark Fleming, who founded Fleming Medical 30 years ago, said: "We are delighted to donate the Powerheart G5 to Mungret Park and Playground, this amazing facility is a fantastic example of a community coming together to



**Cllr Daniel Butler, mayor of the metropolitan district, accepts the defibrillator which was donated by Fleming Medical. Also pictured is Mark Fleming, the founder of Fleming Medical and local volunteers**

**“ Fantastic example of community coming together... ”**  
**MARK FLEMING**

promote exercise and healthy living for both adults and children”.

Cllr Butler added: "The donation is a fantastic resource for the both young and not so young who use the Mungret Park and Playground on a regular basis - knowing that there is

a defibrillator close to hand provides great reassurance for those who use the park, I would like to thank Mark Fleming for his generous donation. This has helped me achieve huge priority for me a local representative."



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LL

Limerick Leader



### LIMERICK CITY CENTRE GETS ITS THIRD STARBUCKS COFFEE SHOP

#### Imela Kenny

Would ye not put a Nandos or food restaurant in there ? There's a Starbucks right around the corner along with 50 other coffee shops



#### Mike McInerney

Please drink your coffee in Limerick owned coffee shops not multi-national chains. One Starbucks in town is too many.

#### Dean Bedford

Nice to see investment in the city centre

### DOG DISCOVERED IN 'SHOCKING CONDITION' IN LIMERICK DIES AFTER EMERGENCY TREATMENT

#### Anne Moloney

What a poor existence that dog had and I hope the owner is found and gets a harsh sentence.



#### Christopher Kirwan

It's is so so upsetting. I can't believe that someone would do this to a beautiful dog. What it must have suffered

### UNIVERSITY HOSPITAL LIMERICK SETS NEW RECORD FOR OVERCROWDING IN 2019

#### Sean Griffin

I was on a trolley for 4 days last week. I can't speak highly enough of the staff, especially Dr Margaret O'Connor. She was as pleasant at 10 o'clock at night as she was at 10 in the morning.



#### Lisa McCutcheon

Opening the other hospitals will solve the problem. UHL cant cope with Limerick,Clare and Tipperary people going there.

#### Margaret Murphy Ryan

It's nothing short of a disgrace. Limerick hospital is like a third world country now. Only difference is that the third world countries don't have the facilities that Limerick has.

### HUGE CROWDS PAY LAST RESPECTS TO DAUGHTER OF LIMERICK GAA CHAIRMAN

#### Monica Tynan

Condolences to all the family and friends so sad may she RIP



#### Ciara Hourigan

Lovely article, Norma. What a send off she got. On our minds and in our hearts. RIP Mary

#### Elizabeth Nicholas

Dreadfully sad, hope her family can take solace in the fact that she was such a courageous and inspiring woman.. Rip Mary



More than 100 cars were seized from a car dealership in the city during last Friday's operation

# CAB dents gang's drug dealing racket

**Raids:** Luxury cars, cash and Rolex watch seized

#### DAVID HURLEY

david.hurley@limerickleader.ie

GARDAI believe the activities of a criminal gang operating in the Limerick area have been dealt a significant blow following a major operation which saw cars, cash and other valuables being seized by the Criminal Assets Bureau.

Dozens of armed and uniformed officers, including members from several national units, carried out a number of searches – in Limerick, Tipperary and Dublin – as part of ongoing investigations into suspected drug-dealing and money laundering.

“The CAB investigation centres on an organised crime gang involved in the sale and supply of controlled drugs in the Limerick city and county areas, and which is suspected of being involved in laundering the proceeds of its criminal conduct

through a car sales outlet in Limerick city,” said a garda spokesperson.

More than 100 cars were seized from the lot of a car dealership in the city, while more than €40,000 in cash and a Rolex watch were also seized during the operation.

Armed gardai used an angle grinder to cut open the main gates of the dealership shortly after 8am last Friday and the operation to catalogue, photograph and remove the cars to a secure location took most of the day.

The vehicles seized, which have a retail value of hundreds of thousands of euro, include a number of luxury Mercedes, BMW, Volkswagen and Audi cars.

A number of private houses in Limerick were searched under warrant and detectives also called to a second car dealership – in Tipperary Town – as well as the offices of two solicitors firms in west

Limerick.

One of the houses which was searched is the home of the owner of one of the car dealerships who is the main target of the CAB investigation.

It's understood a significant amount of documentation and financial records – relating to a variety of property transactions – were removed from one of the offices.

A number of mobile phones and electronic storage devices were also seized during the operation and these will be the subject of technical and forensic examination.

Gardai say a court order was also secured freezing a bank account which is held by one car sales business. It's understood there is more than €30,000 in the account.

No arrests were made during last week's operation although gardai say it was a “significant” development in the ongoing CAB investigation.

## Almost €200,000 in cash seized by gardai

A FILE is being prepared for the Director of Public Prosecutions following the seizure of almost €200,000 in cash at a house in Garryowen last week, writes David Hurley.

A woman who was arrested following the seizure was released on bail after she appeared in court at the weekend – charged with drugs offences.

Aileen Cantillon, 42, of Reidy Court, Garryowen was brought before a special sitting of Limerick

District Court on St Patrick's day.

She was arrested on Friday afternoon following the seizure of a quantity of cannabis herb and a significant quantity of cash by members of the divisional drugs unit.

Gardai estimate the total amount of cash seized was around €196,000.

Ms Cantillon is charged with possession of cannabis herb, worth around €2,000, for the purpose of sale or supply.

During the brief court hearing,

Inspector Liz Kennedy said there was no garda objection to bail.

Judge Mary Larkin noted that directions are to be sought from the Director of Public Prosecutions and the matter was adjourned to June.

A man, aged in his fifties, who was also arrested during Friday's search operation was later released without charge.

Gardai say investigations are ongoing and it's understood they will be making efforts to establish where the seized cash came from.



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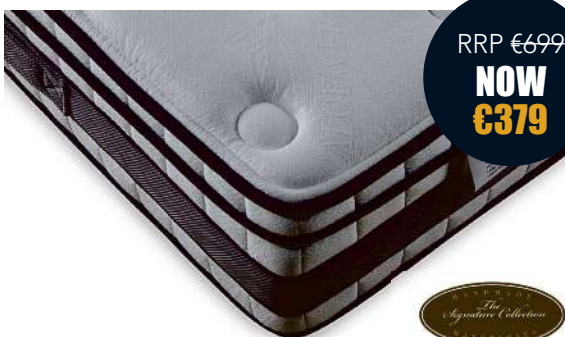
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## LEADER CRIME BRIEFS

BY DAVID HURLEY



## Man robbed by culprit who asked him for loose change

INFORMATION is being sought after a man was pushed to the ground and robbed after he was asked for some change by the culprit.

According to investigating gardai, the incident happened at around 9.45pm on Friday last – March 15.

“The victim – a man in his late 30s – was walking alone over O’Dwyers Bridge at Athlunkard Street when he was approached by another male who asked him for some change,” said a garda spokesperson.

“While taking out his wallet the other male



Gardai at Mayorstone Park are investigating

pushed him to the ground, grabbed his wallet and phone and ran off in the direction of Grove Island,” she added.

Gardai at Mayorstone Park are investigating the incident and are appealing to anybody who may have been in the Athlunkard Street or around Grove Island areas at around 9.45pm last Friday to contact them on 061 456980.

## Culprit who used fake note gets large amount of change

GARDAI are warning retailers and businesses that a number of counterfeit notes were handed in at shops in the city over the bank holiday weekend.

“In one case, a €100 note was handed in at a pharmacy and unfortunately a large amount of change was handed out (to the culprit),” said divisional crime prevention officer Sergeant Ber Leetch.

“There were two dud €50 notes handed into separate shops but in one of these shops the staff member was suspicious and kept the €50 note. Of course the young male that handed it in ran off,” she added.

## Stolen debit card used at seven locations after theft

A CONTACTLESS debit card was used at seven different locations in the city within minutes of it being stolen.

According to gardai, the victim had his wallet in the rear pocket of his pants when it was taken.

“The thieves then went on to use his card at seven different locations in the city by using the tap facility on the card,” said Sergeant Ber Leetch.

On each occasion the card was used to buy goods which were worth less than the €30 limit which applies for contactless cards.

“I was under the



The stolen debit card was used at seven locations

impression that I could only use the tap facility three times and then I had to put in my four digit (pin) code but now I realise that it depends on the bank. It’s no harm to be aware of this and it’s another reason to keep your property very safe and close to you,” she added, appealing to men not to keep wallets in their back pockets.

## Do you know your IMEI?

GARDAI are advising members of the public to keep a record of the IMEI code on their mobile phone in the event of the device being lost or stolen.

“It’s very easy to find on your phone, simply dial in \*#06# and it will come up on your screen. It’s a series of 12 or 14 numbers which should be kept some place safe but of course not on the phone,” said Sergeant Ber Leetch.

# ‘Speed significant factor’ in fatal motorbike collision



Thomas Whelan, 25, died following a single motorcycle collision in O’Malley Park on July 29, 2017

## Inquest: Neighbour ‘heard a bang’ on day of fatal crash

FINIAN WALSH & RYAN O’ROURKE  
news@limerickleader.ie

A MAN in his 20s was allegedly travelling more than twice the legal speed limit just seconds before a fatal motorcycle collision, an inquest into his death has heard. Thomas Whelan, 25, of Laurel Villas, South Circular Road, tragically died following the single vehicle collision in O’Malley Park on the evening of July 29, 2017.

Forensic collision investigator, Gda Mark O’Connor said that Mr Whelan, who was driving a 1998 Honda Fireblade motorcycle, was driving between 112 kph and 120 kph up to two seconds prior to the fatal crash.

Limerick Coroner’s Court heard that the speed limit in the estate was 50 kph.

However, the speed of the impact could not be ascertained, the inquest heard last week.

Gda O’Connor said the deceased was positioned on the footpath adjacent to an “impact boulder”. The inquest heard that there were three “large boulders” protecting a CCTV pole in the estate. But coroner John McNamara stated that it was “inconclusive” that Mr Whelan struck a boulder.

Gda O’Connor said that Mr Whelan was “on the incorrect side of the road” up to two seconds prior to the collision, and that the deceased “lost control” of the vehicle while negotiating a left-hand turn.

“It does look like speed was a significant factor”  
CORONER JOHN MCNAMARA

The investigating garda said that the front of the vehicle “suffered heavy impact” and that there was damage to the rider’s helmet.

Mr McNamara said: “It does look like speed was a significant factor.”

A member of the family said: “We reckon that the brakes were broke.”

However, Mr McNamara cited a report on the vehicle’s mechanical condition, which stated that the brakes “were in order prior to the collision”.

Peter Wallace, of O’Malley Park, said in his deposition that he attended the scene of the collision after he “heard a bang”. He said he “gently rolled” Mr Whelan over and removed his helmet.

Peter O’Toole, sub-officer at Limerick Fire Service said that he was at the scene of a fire in O’Malley Park when he saw a motorbike pass by “at speed”. When they were called to the scene of the crash, “the injured man was in cardiac arrest”.

According to medical evidence, Mr Whelan died as a result of a laceration of the aorta. A toxicology report showed that there were trace amounts of marijuana, cocaine, and prescription drugs in his system.

Mr McNamara said that this would have “affected his ability to handle the motorcycle”.

The coroner advised a six-person jury of two possible verdicts; accidental death or death by misadventure. The jury returned with a verdict of misadventure, following three minutes of deliberations.

“He had undertaken a risky event, if you want. It is not to cast any fault on Mr Whelan,” Mr McNamara said.



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**Willie O'Dea is 'dismayed by the slow pace of the review**

## 86,000 await pension decision

**RYAN O'ROURKE**

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ALMOST 86,000 pensioners are awaiting a decision on their entitlement to an increase in the State Contributory Pension according to Fianna Fáil Spokesperson on Employment Affairs and Social Protection Willie O'Dea.

A review is currently being conducted in relation to post Budget 2012 band rates.

Deputy O'Dea made his comments following a reply to a Parliamentary Question which revealed that as of March 8, 2019, only 4,254 reviews out of approximately 90,000 had been completed. That is less than 5%.

"Fianna Fáil pushed very hard for the government to address the anomalies in relation to the Contributory Pension that arose after punitive changes were introduced by Fine Gael and Labour in 2012.

"These changes resulted in thousands of people being denied their entitlement to a full state pension," Deputy O'Dea said.

"Whilst I am of course glad that reviews are underway and that a number of pensioners have received their revised payment I am dismayed by the slow pace of the review process," he added.

According to Mr O'Dea, he has been told that it will take a number of months to complete all reviews and that additional staff have been hired.

However, Mr O'Dea said that given that this review was announced in January 2018, some pensioners may end up waiting up to two years before a decision is finalised on their entitlement to an increase in the State Contributory pension fact he finds 'deeply unsatisfactory'.

# Young man set to avoid conviction over bullying

**Extreme:** Victim, 13, was dragged from room and stamped on

**DAVID HURLEY**

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A YOUNG man who was involved in the sustained bullying of a 13-year-old pupil at a Limerick school will avoid a criminal conviction if he pays €1,000 to charity.

The former student was previously ordered to write a 10,000 word essay on the effects of bullying on adolescents.

The now 21-year-old pleaded guilty, last year, to assaulting the boy at Villiers School, North Circular Road, on various dates in March 2015.

Limerick District Court was told the defendant was a fifth-year student at Villiers at the time and that the victim was in first year.

A number of other boys were also involved in the bullying but none of them were prosecuted as they accepted juvenile cautions from garda.

Judge Marian O'Leary was told the

victim, who was a boarder at the time, was dragged from his room on several occasions and that he was stamped upon and repeatedly beaten by older pupils.

Water was thrown in his face, his head was banged against a wall and, on occasion, he was directed to "kiss the shoes" of the culprits.

A medical report outlining the injuries he sustained was submitted to the court but was not read out in public.

Giving evidence during a sentencing hearing, the defendant said he was horrified and ashamed of himself having been ordered to re-read a victim impact statement which was prepared by the teenage victim for the court.

"Where did you learn that kind of behaviour?" asked the judge. "What does kiss my shoes mean?"

Sitting directly across from the victim, the young man replied:



**Limerick Courthouse, Mulgrave Street**

"Everyone was saying it, it got out of hand, it was in the heat of the moment."

The defendant said he wished to "apologise completely" for his actions and the hurt caused.

The accused, who has an address in Dublin, was previously directed to carry out eight hours of voluntary work a week with an organisation that helps abuse victims.

He also agreed to attend counseling and to complete an anger management course.

During a review of the case last week, solicitor Ted McCarthy said there had been "little or no supervision" of the students in the school at the time.

"If there was proper supervision, none of this would have occurred," Mr McCarthy said.

The university student was given 12 months to make a €1,000 contribution to the court poor box, in lieu of a conviction and a €1,200 fine.



**Aobh, Lua, Cuan Ceitin with Kerrie Louise Nolan, taking part in the launch of Daffodil Day, which takes place on March 22** PICTURE BRENDAN GLEESON

## Public called on to show support this Daffodil Day

THE IRISH Cancer Society has appealed for support, as local volunteers prepare to take to the streets of Limerick this Daffodil Day to raise vital funds for cancer patients, writes Jess Casey.

With more than 1,400 people diagnosed with cancer annually in Limerick, Daffodil Day funds crucial support services like night nursing and lifesaving cancer research, according to the society.

Public support for the annual fundraiser is crucial, according to Limerick

organiser Maura O'Flaherty who urged locals to show their support this March 22.

"People of Limerick have always been generous in their support of Daffodil Day," Ms O'Flaherty said.

"Not only will donations fund services like night nursing, but also cancer research to help more people survive cancer.

"Please help us by volunteering to sell daffodils, or simply by buying a daffodil on March 22," she added.

Last year in Limerick,

terminally ill cancer patients received 438 nights of care, allowing them to remain at home during their final days.

In order to provide the night nursing service and other free supports, the Irish Cancer Society needs to raise over €4m nationally on Daffodil Day this year.

Night nurses create a supportive and calm atmosphere for families during very difficult times, according to night nurse manager Mary Ferns.

"Losing a loved one to

cancer is heartbreaking. But I'm privileged to hear afterwards from many families what a source of comfort it was to spend those precious final moments at home with their loved one."

Daffodil Day pins can be purchased in local Boots Ireland stores or a €1 donation can be added when making a purchase.

To get involved in Daffodil Day locally contact Lorraine on 087-7936499.

For more information visit [www.cancer.ie/daffodilday](http://www.cancer.ie/daffodilday)



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Hundreds of students from across Limerick took part in Friday's protest led by Saoirse Exton, 13, and Caitlin Ni Chaoidealbhain, 14

# Students stand ground over climate change

**Climate change:** Hundreds of students take part in strike

**RYAN O'ROURKE**  
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STUDENTS from across Limerick made their voices heard as they joined global climate change protests last Friday afternoon.

The action saw around 300 pupils from schools across Limerick city and county, as well as students from the University of Limerick, Limerick Institute of Technology and Mary Immaculate College gather to take part.

They gathered at Arthur's Quay Park before marching down to City Hall shortly after 1pm.

Saoirse Exton, 13, led the protests with her friend Caitlin Ni Chaoidealbhain, 14, by her side.

"I have always been scared of global warming," said Saoirse.

"I think everyone in their right mind is scared of global warming. But I said to myself I can't do anything about it, and it's going to be alright. But it's not going to be alright. Our world is going to die if

we don't do anything," said Saoirse.

"Something really needs to be done, because we don't have a lot of time left. I want my children and my children's children to have a world to live in," she added.

Chants of protest were led by Saoirse, who had the crowds in the palm of her hand.

"We as teenagers can not directly take action because we are not environmental scientists, and we are not politicians. But we are

doing everything we can and yet, we are still being told we are drossing. They say we are not going to find solutions. I am not striking to find solutions. I am striking so the politicians listen to the scientists who have the solutions," said Saoirse.

"I'm striking for climate for those who can't. I'm striking for the animals, the polar bears that are going to die in my lifetime. The rodent who is already gone extinct. I strike for them," she added.

## Stray dog dies after emergency treatment

**FINTAN WALSH**  
fintan.walsh@limerickleader.ie

A STRAY dog in "shocking condition" that was brought into the care of Limerick Animal Welfare (Law) has died despite emergency veterinary treatment at the weekend.

Law announced the passing of the stray dog, named Hope, after members of the public had raised €1,869 for its treatment.

Hope was "very matted and [had] some untreated injuries", Law said on Facebook on St Patrick's Day.

"The dog is so badly matted it is impossible to tell if it is male or female. The dog is being taken straight to the vets for emergency examination as she has collapsed and is not able to move," it said on Sunday afternoon.

However, despite efforts to save Hope, the neglected dog died on Sunday night.

"Hope the dog found today collapsed and completely matted deserves justice for the amount of pain and suffering she has endured. This type of neglect should be prosecuted. Hope is matted with mud and twigs and debris. The mats are the size of an adults fist and the smell of her coat is putrid," Law said on Sunday.

A total of 131 people raised funds for Hope's care.

## Driver who 'took a chance' is facing community service

A MAN who "took a chance" by driving without insurance to visit his wife's family has been told he will avoid a prison sentence if he completes 160 hours of community service, writes David Hurley.

Shane Harty, 22, of Barr and Cnoic, Ormond Street, Nenagh, admitted driving without a licence or insurance at Ballysimon Road, Limerick, on September 16, last.

Inspector Liz Kennedy told Limerick District Court the defendant has five previous convictions for

driving without insurance and was disqualified from driving at the time.

He was asked to produce various documentation but failed to do so.

Solicitor John Herbert said his client had been visiting his wife's family in Limerick and was driving back to Nenagh when he was stopped by gardai at around 2.30pm.

"He took a chance," he said adding that his client accepts he had a poor record.

Despite his previous offending, Judge Mary

Larkin said she was willing to give him a chance to stay out of prison.

She indicated she was considering a penalty of 160 hours of community service in lieu of a four month prison sentence.

At the request of the Probation Service, the matter was adjourned to next month to facilitate an assessment of Mr Harty's suitability to carry out community service.

The defendant was fined €250 for driving without a licence and disqualified from driving for six years.

## Gardai target learner drivers

GARDAI in Limerick took part in a major operation last week targeting learner drivers as part of a road safety campaign.

Operation Learner Permit took place on Thursday, March 14. The operation saw members of the Roads Policing Unit out in force, conducting high visibility check points across the city and county. Sergeant Kevin Bourke of the divisional Roads Policing Unit was on hand at a checkpoint on the Condell Road.

"We are focusing on learner permit drivers. Learner permit drivers are required to drive with a qualified driver," said Sergeant Bourke.



Limerick gardai target learner and novice drivers during 24-hour operation PICTURE: MICHAEL COWHEY



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**No initiative from Simon Harris, pictured, says Deputy Willie O'Dea**

## TD says waiting list issue 'appalling'

**FINTAN WALSH**  
fintan.walsh@limerickleader.ie

FIANNA Fail TD Willie O'Dea has described the outpatient waiting list situation in the Mid-West as "appalling" as around 43,000 patients are waiting for an appointment in acute hospitals in Limerick, Clare and North Tipperary.

That is according to figures published by the National Treatment Purchase Fund on waiting list numbers within the UL Hospitals Group.

Deputy O'Dea said: "These figures make for grim reading, as they set another new record - the number of people on the outpatient waiting list jumped by over 3,000 in the last year.

"It's important though to put these numbers into perspective so that we get the real picture. There are now 43,361 people in the Mid-West waiting for an appointment with a consultant - this is almost equal to the capacity of the Gaelic Grounds. On top of this, 7,105 people are waiting over 18 months for an appointment at University Hospital Limerick alone.

"This is clearly a crisis yet we see no initiative from Minister Harris. We are still waiting for an action plan on waiting lists for this year. The promised plan for outpatients in 2018 never materialised. There is no sense of urgency. We can't continue with appalling waiting times like these in University Hospital Limerick or anywhere else in this country," Deputy O'Dea concluded.

According to the monthly outpatient statistics by the National Treatment Purchase Fund, the UL Hospitals Group was the best performing hospital group in the country when it came to lower numbers of patients seeking appointments.

# 'Children desperately in need of care': Quinlivan

**CAMHS:** Young people waiting for more than a year for services

**FINTAN WALSH**  
fintan.walsh@limerickleader.ie

SIXTY children in the Mid-West have been waiting for much-needed mental health services for more than a year, new figures show.

Figures received by Sinn Fein TD Maurice Quinlivan, show 245 children and young people in Limerick, Clare and North Tipperary were on a waiting list for children and adolescent mental health services (CAMHS) at the end of 2018.

Nationally, there were 2,560 children on the CAMHS waiting list, Deputy Quinlivan said.

Speaking in the Dail last week, he said that early intervention is "crucial".

"But early interventions in mental health cases are not possible when there are extensive waiting lists and a sheer lack of capacity within the

system. CAMHS is not meeting the needs of a large cohort of our children and young adults here in Limerick.

"Children and young adults who are desperately in need of care and help and who are reaching out for same are not getting the appropriate support in a timely manner.

"This is primarily due to the failure to recruit the staff needed to operate CAMHS teams."

He said that the 10-year A Vision for Change mental health plan, launched 12 years ago, "has ceased to have any real meaning because it has been left unimplemented for so long".

"Where children or young persons need care and help, they cannot be forced to stay on an extended waiting list that puts them and their mental health at serious risk.

"Every expert in child and adolescent mental health will tell you



**Maurice Quinlivan has hit out mental health services in Mid-West**

that early intervention is absolutely vital in avoiding enduring and worsening problems in the future.

"Mental health issues are emergency health issues; you would not expect anyone with a physical health emergency to wait over a year for treatment yet young people with mental health problems are expected to wait.

"These waiting periods are simply unacceptable and they put people at very serious risk.

"This current situation is unacceptable, we cannot approach every year in the same vain by paying lip service to mental health services and then not properly funding or staffing them. In 2019 there needs to be increased and targeted investment from this government to help ease soaring waiting lists for access to CAHMS services and save lives," he stated last week.



**Above: Front, Johnathan Bond, tutor Donna Horgan, Irene Rainsford, Jason Kennedy and Dean Kenny, back: Mike Duffy, Conor McDarby, Ann O'Mara, course co-ordinator and Valerie O'Connor, horticulture tutor**  
**Below, Deirdre O'Dwyer, Murroe, Dean Kenny, Tait House and Mary Ryan, Murroe**

## Volunteers raise money in city for Milford Care Centre

**THE work of a group of learners set to become the eco-warriors and food growers of tomorrow has been showcased at an event in Southill.**

Tait House has played host to a special course in horticulture, with the programme covering modules like growing vegetables and fruit, plant growing and maintenance as well as health and safety and personal development modules.

At an open day last week, those taking part in the course sold potted seedlings, and in turn helped generate over €400 for cancer charity Milford Hospice.

Tutor Valerie O'Connor said

the course again highlights the need for a greener Limerick.

"The question of where our food comes from is further and further from our lips as our relationship with what we eat has become so estranged.

"No longer are we digging potatoes from our gardens or picking apples from our trees - yet these are skills which can be so easily learned and they open doors to a new way of thinking," she said.

The course runs every Tuesday and Wednesday and is open to new participants from Easter.

Telephone 085-840545 for more information.





shannon AIRPORT

# The Leader

## COMPETITION WINNERS



January - Alicante - Mary Coll - 2 Ashbrook Park

February - Malaga - Alan Sheehan - Roo West Ardnacrusha

March - Ibiza - Lauren O'Haloran - Sarsfield Avenue Penneywell

April - Fuerteventura - Ger O'Flaherty - 72 Upper Careys Road Limerick

May - Lanzarote - Marie Costelloe - Limerick City

June - Krakow - Aoife Kellegher - Ballygriffin, Crecora, Co.Limerick

July - Stansted - Geraldine O'Donnell - Ballynanty, Limerick

August - Manchester - Mary Brennan - Newport, Co. Tipperary

September - Bristol - Krzysztof Zawienrucha - Fedamore, Co. Limerick

October - East Midlands - Ericka Castellon

November - Tenerife - Carmel Prendergast

December - Palma - Triona Moran - The Lodge Stradbally, Castleconnell, Limerick





**'I love St Patrick's Day!'** Three-year-old Jessica Flanagan, Sixmilebridge was having a whale of a time, as she took to the steering wheel of a Limerick Fire Brigade truck.

# All shades of Limerick life

There were fun and smiles as communities and voluntary groups from across the city took part in this year's St Patrick's Day parade

**Pictures:** Kieran Ryan-Benson **Words:** Nick Rabbitts



**Autism Assistance Dogs Ireland entered the parade for the first ever time**

**'It makes a life-saving difference':** Carla Ankiah, who is the charity's fundraising manager, said: "We have a good group of volunteers. It's the first time our mascot, Ace the Autism Assistance Dog, has been out. He's making his debut here in Limerick!" She said autism assistance dogs "make a life-saving difference. It helps children learn coping mechanisms, and get out in communities where they wouldn't have been able to do before."

**Limerick Marine Search and Rescue members John Brodrick, Tony Cusack, Joe Morgan and Tony Slattery**

**Parade mainstays:** Marine Search and Rescue, which provides a vital river rescue service on the Shannon, have taken part in the St Patrick's Day parade for 32 years. Joe Morgan said: "It's great. We get to bring our families in, we have a routine now, and it's a nice day to be out." He added it is a great way to raise awareness for the charity among the general public, as well as meet a few familiar faces.



**Aobhán Cusack 10, Conor Cusack 11, Shauna McLaughlin 9, Abbey McLaughlin 11, Leah McLaughlin 15 and Jamie McLaughlin 3 all get ready to take part**

**'Excited':** Castletroy girl Leah was taking part in the parade for the second time. "Sometimes they change things up, and it will really, like, wow you. So I'm excited for that."





### Bread, not profits

**Limerick Soviet:** To mark the centenary of the Limerick Soviet, Siptu organised a float to promote the 'Bread not Profits' play, which will take place from April 13 at former

# Candid Comment

By SPARTACUS

● SOCIAL Media, where would we be without it?

In a lot better place Spartacus believes.

But at the same time it was interesting to view some of the comments on the St Patrick's Day Parade and the general festivities in Limerick over the weekend.

Many people on social media were scathing of the St Patrick's Day parade, which was much shorter than usual.

But the international band parade which is unique to Limerick did not fare as bad, with many praising it.

With 10 overseas bands, it is good for hotels and general business in Limerick and it was nice to see how friendly and welcoming the Limerick crowds were to our visitors.

● Talking of social media, staff in the newsroom got a very worrying call from a concerned parent.

"My son went on and viewed the terrorist massacre at the mosques in New Zealand. He is genuinely not the same person since...how can this be allowed to be viewed?" he wondered.

Well that is a very good question. There is a beauty and a bane to the internet the hyper informative world it brings. However, while it opens a world of education for all, it can expose a dark realm of misinformation and explicit, unsettling content such as the New Zealand massacre to young sensitive minds.

Social media is unpredictable and, as a result, difficult to police from a parenting point of view. Spartacus may not have all the answers, but the advice is to remain vigilant and advise your young ones to refrain from looking at suspicious or unfamiliar material on the web.

● YOU have to hand it to the management at Colbert Station in Limerick, they

appear as one reader told us "to be making a fortune from the carpark at the side of the station."

But our caller was a little irked, which surprised Spartacus, as the parking facility offers great value at €4.50 a day.

"But," as the caller pointed out, "up to now you could leave the car there as long as you liked. You could get a train or bus to Dublin for a weekend, and come back at it was only €4.50."

"Now they have taken down the barriers where you paid the €4.50, and they have new pay stations, but it now costs €4.50 a day. And when I went there last week, I got soaked trying to pay because one of the new pay stations was not working," he complained.

Spartacus still thinks that for €4.50 a day it is a great value compared to disc parking especially for those working in the city and who have to regularly leave office to put up a disc.

The added advantage of the new system is that you can take your car out during the day and return later guaranteed a parking spot.

● THERE has been a deluge of commentary surrounding the very conspicuous Starbucks signage being erected on O'Connell Street this Tuesday.

Tongues are wagging and the opinions are sort of divergent. Some are saying that we should be supporting local coffee, while others are saying this new store will create jobs for locals. It has been argued that there are too many coffee shops in the city centre, particularly in that general radius.

One commentator opined that in the absence of local authority imagination, this is clearly better than another unit lying vacant on our main thoroughfare.

Well then. Spartacus hopes that this discussion will get a few innovative locals to start percolating and brew up a few hot ideas for Limerick's retail future.



**Darren Maher, Martin Shannon and Jimmy Gale with their entry put together by the Lumen Street Theatre Company**

**'A rocket ship to the stars!':** In keeping with the theme of the parade, Weston man Darren described himself as a "space cowboy". It was Martin who put together the float which turned out to be a winner on the day!



**Officers of the Order of Malta, Tom Lyons, Tony O'Mara regional director and Jim Keogh**

**Taking shelter:** Volunteers with the Order of Malta, which provides ambulance and first aid services, kept out of the rain under an umbrella as the parade was about to kick off. Tony said: "For us, this is all about paying it back to our community."



**Members of the Limerick Filipino community had a colourful float in the parade, as usual**

**'It's going to be fun!':** Mary-Ann Ahern, who lives in Ballynanty, said: "It's great to join the Irish celebrations. I know everyone is going to be festive."



# PET RESCUE



**Limerick Animal Welfare** based in Kilfinane, rescues animals in distress and helps to find pets a new home. Below are some dogs and cats available. LAW is open seven days a week from 12pm to 3pm. An adoption fee ensures that all pets come vaccinated, wormed, microchipped and neutered, and home checks apply. For more information, phone 087 6371044.

## Looking for a new home



The first pet is a three year old Shih-tzu named Rocky. Rocky is affectionate, good on the lead, house trained, good with other dogs and would suit a home with adults and older children over eight years.

The second pet is a super little Terrier mix named Woody. Woody is a super friendly boy and would make a great family dog or companion pet. Woody would like to be the only dog in the home or with another dog bigger than himself. Woody is good on the lead, great with people and playful.



The third pet is a lovely springer mix named Sandy. Sandy is the perfect pet: she is affectionate, very well behaved, good on the lead, loyal and would be devoted to her new family. Sandy came in with eight puppies and she was an excellent mother to them. All the puppies except one have been rehomed and Sandy is ready for her new home now.

## Find a new home for Benji

The fourth pet is another puppy named Benji. Benji is a Spaniel mix and is a friendly, well socialised pet. He is very friendly, playful and has a gentle nature. Benji is four months old and ready for his new home.



Bangaly Doumbouya doing what he does best in the kitchen

## Culinary arts student wins gold

A FORMER asylum seeker who now lives and studies in Limerick has beaten competition from across the country to take home the top prize in a prestigious cooking competition.

Bangaly Doumbouya, has added the gold medal from the prestigious Chef Ireland Competition to a growing list of accolades, all the while continuing as a second year Culinary Arts student at

Limerick Institute of Technology.

A former asylum seeker from Guinea, West Africa, Mr Doumbouya first came to the mid west of Ireland in 2007. LIT Culinary Arts Lecturer Jim O' Meara attributed Bangaly's success to "hours of practice, dedication and talent".

"Bangaly is an outstanding student and to win this competition is a testament to his hard work at LIT."

# 'Guerilla gig' at old Dunnes Stores site

**Music:** Event raises awareness of lack of action on vacant building

**NICK RABBITS**  
nick@limerickleader.ie

AN impromptu gig has been held at the old Dunnes Stores building in Sarsfield Street in protest at the lack of action on the site.

Well-known local musician Post Punk Podge joined a number of activists outside the doorway of the riverside site for the 'guerilla gig', while there was a collection for homelessness charity Novas.

"We are taking a stand here today, pointing out the waste which is left here. There are homeless people bedding down here regularly, a couple of nights a week, and nothing is being done about it. It's prime land. A lot of people feel it could be turned into an arts studio or music studio. They've done that in Cork, with an abandoned FAS building. Nothing has been done with this for over a

decade. It's just crazy," Post Punk Podge said.

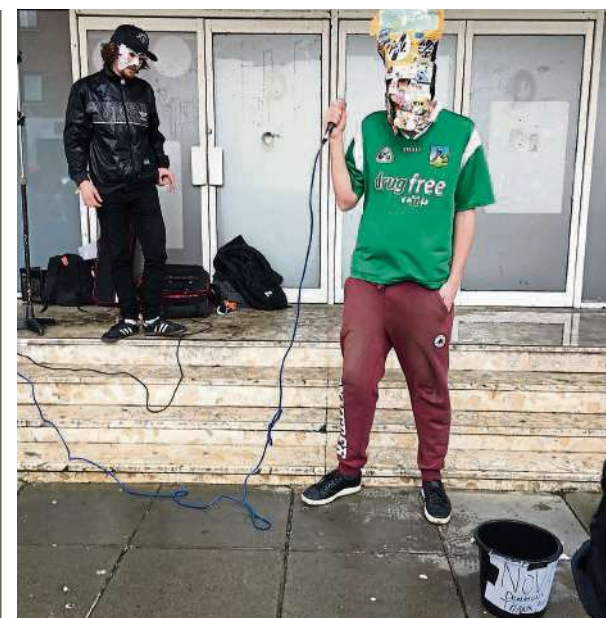
"We are showing defiance here, showing we are fed up with it."

Post Punk Podge said his group will also target other unoccupied buildings to hold gigs in.

Social Democrats local election candidate Kieran Walsh was a member of the old Limerick City Council when the Sarsfield Street site was last in use, back in August 2008.

He said: "It's a disgrace it's left like this. It's city centre property. It's prime retail, it's primed for an artist hub here. I think the Heffernan family need to do something about this. There are talks of opening one unit here for a charity shop. That's not good enough, not nearly."

Labour election candidate Anne Cronin, who has led a campaign to force Dunnes Stores' hand on the vacant site, said: "It's



Post Punk Podge at the Guerilla Gig over the weekend

PICTURE: VACANTDUNNES/TWITTER

great. It's another opportunity for people from Limerick to highlight the blight this building is on the city. People aren't going to give up. The night we had the campaign meeting, this was brought up, that local musicians and artists could highlight it in their own way. This is a great way of doing this."

Ms Cronin, who also

works for Novas, added: "We're not going to stop drawing attention to this. It's people power and today is another example of that."

Earlier this year, it emerged council had offered the retail giant €3m for the site. This formed a key plank of the firm's objection to a move to have the building placed on the vacant sites register.





# KEEP IT LOCAL!

Limerick businesses in the spotlight



## Metis Music raises funds and awareness

METIS Ireland recently held the second #MetisMusicForMentalHealth event in Dolan's Warehouse on January 12 last. The original gig in Jan 2018 was meant as a "one off" but the success and subsequent feedback meant that another was on the cards.

Fast forward to January 2019 and a line-up of local artists including Corpus Christi Choir Moyross, Dora Gola, Dylan Murphy, Conor Ward, Emma Langford, Louise O'Flanagan and Broken Cord, Stray Saints, David Hope, Shannon Gospel Choir with surprise guest comedian Jon Kenny together with Meghann Scully as compere and a packed Dolan's Warehouse guaranteed another fantastic night of entertainment.

This year the gig raised €21,000 and supported Limerick Suicide Watch, Pieta House and Corpus Christi Primary School Moyross in their daily endeavours to help others.



**Corpus Christi Moyross cheque presentation: Orfhlaith Prendergast, Jason Mac Namara, Caragh O'Shea, Meghann Scully, John Daly, Karl Daly (Metis Ireland) and the star pupils from Corpus Christi**

"Our firm Metis Ireland would like to thank ALL of Limerick Business who helped us raise this money and by attending packed out the venue and ensured a successful and enjoyable

evening. All the people who helped in organising the event and all the artists who took part at no charge. We are eternally grateful and we know that together people are good" said Karl Daly, Metis Ireland.

## Searching for that special venue for your special day?

NESTLED on the 450 acre Dromoland Estate and overlooking the panoramic Shannon Estuary, The Inn at Dromoland is the ideal venue for your wedding day celebrations.

Part of the Dromoland Castle family, wedding couples can expect the very highest levels of hospitality and service.

From lavish arrival receptions, to the highest quality menus which are locally sourced, the hotel aims to exceed every expectation, with the renowned service for which the hotel has long been known.

The Ballyhannon Suite is elegantly dressed with Ivory Drapes and both wedding packages include room décor with well-known local supplier, Grace Events. A wide array of table centrepieces, along with chair covers or Chivari Chairs with silk or organza bows complete the perfect wedding day look.

Couples can also enjoy the



**There are a limited number of prime dates still available in 2019 and 2020**

majestic backdrop of Dromoland Castle and Lough for those all-important wedding day shots, exclusive for their Bridal Parties. The Ballroom also benefits from its own Private Garden, which may also be used for arrival receptions or outside Civil Ceremonies.

The Inn at Dromoland has been approved by The Registrar's Office as a suitable venue to

accommodate civil marriages and partnerships.

There are a limited number of prime dates still available in 2019 and 2020. The hotel are delighted to offer a 10% discount for any couples wishing to get married on a Mid Week date.

To arrange a viewing of the hotel please call Claire Coughlan, Wedding Coordinator on 061 368161 or email [claire.coughlan@theinnatdromoland.ie](mailto:claire.coughlan@theinnatdromoland.ie)

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# Making Cents

**LIAM CROKE**

The Must-Read Guide To Saving Money

Email: [Liam@harmonics.ie](mailto:Liam@harmonics.ie) Twitter: @liam\_croke LinkedIn: [liamcroke](https://www.linkedin.com/in/liamcroke) Facebook: [liam.croke.96](https://www.facebook.com/liam.croke.96)

## Let the rich ratio light the path to happy retirement

There are a number of different methods, that are used to measure how good or bad your financial situation is, with some being more complicated than others.

The most common being what your net worth is, but even with that, it can be difficult to know if the calculation you're using is correct. Even if it's reasonably accurate, what purpose does it really serve?

I want to share with you a quick and easy to understand calculation that I like, and it's called the rich ratio.

The simplest tools, in my opinion, are the best and this one is particularly useful when looking at the amount of money you will have in the future, in relation to the amount of money you'll need. It's very useful to get a reference point or number you can benchmark your personal situation against and the rich ratio gives you just that.

The term rich ratio is a bit misleading, because the ratio applies to everyone, regardless of their income levels. In fact, the amount you earn in many ways is largely irrelevant.

The ratio is calculated by dividing your income by the amount you spend. And anything with a ratio over one is great; you have more than you can spend, and as a consequence you are likely to be a happy person, at least when it comes to your finances that is.

Anything less than one means you're spending more than you have, and understandably, you're probably unhappy with your financial situation.

Let's assume Peter is coming close to retirement and he has built up a pension that will pay him €21,000 per year. He is entitled to the maximum

state contributory pension of €12,000 and has €2,000 from another source as well.

Peter has a total annual income therefore of €35,000.

If the amount Peter needs to spend each year to have the life he wants is €30,000, then his rich ratio is 1.16 (€35,000/€30,000). Peter is likely to be a happy retiree.

Let's look at Paul who is financially much worse off than Peter, despite the fact he earned a higher income during his lifetime and saved a lot more.

How could that be you might wonder? Well let me explain.

Paul accumulated a pension fund of €1,500,000 during his working life which pays him an annual income of €60,000. When combined with other income sources, his total income is €72,000, so you would think he must have no worries and is blissfully happy.

That would be the case, if he spent less than €72,000 each year. But Paul likes to travel, he owns an expensive car, is a member of an expensive golf club, and has a lifestyle that costs him €85,000 each year. As, a result his rich ratio is 0.84.

So, even though he had a high income and high savings, because his rich ratio is < 1, he is not rich at all, simply because his outgoings exceed his income.

You could have saved a much lower amount over your working life than someone else but that doesn't mean you are worse off than them. In fact it could be the opposite. If your haves (income) are greater than your needs (outgoings) it doesn't matter how much you have saved – the key is how much you spend.

And that's sometimes lost when



**The ratio is calculated by dividing your income by the amount you spend**



### DID YOU KNOW?

**In Sweden you are allowed call the tax authorities and get the income details of a friend, neighbour, work colleague, partner or whoever you want. It costs about €30 to get access but the person you enquire about will know it was you who was looking.**

people look at how much they need at retirement; they think the key to a happy retirement is measured by how much they have accumulated. While that is important, what matters more is the amount you spend each year. That's the number you have to be most mindful of, because it influences how much you need to save.

If you want a quick and easy way to figure out whether you are on track to a happy or unhappy retirement, then consider using the rich ratio as your benchmark to measure how you are doing against.

It's simply:

Have (Income) / Need (Outgoings) = Rich Ratio.

If your ratio is > 1 then you are on track to have a happy retirement, if it's < 1 then changes need to be made.

Because a person's financial situation is a factor in whether they are happy or not, and we shouldn't pretend otherwise, it might just vary from person to person, the rich ratio can predict what someone's happiness and quality of life might be like when they are older.

You don't have to wait to find this out, when it's too late to do anything about it, or for a pension statement to tell you either, which they never do.

You can discover it for yourself very quickly and easily, and I would encourage you to figure out what your rich ratio is.

And keeping this number in mind and knowing what yours is and what side of 1 you're on, will give you a much better chance to stay on track or make changes now that will put you above one, and on the right path to a happier life and financial security when you're older.

### ASK LIAM

Our personal finance expert answers your questions ...

**Q: Liam, I'm an analyst earning €32,000 and my partner is an accountant earning €50,000. We are looking to save enough for a deposit on a house and take out a mortgage. Is it realistic to think we could take out a mortgage of €340,000? I've been looking at online mortgage calculators and it looks like €287,000 is the amount we'd be eligible for, but we need more for the area we like to live in. Any advice?**

**A:** Based on current lending guidelines, the maximum you can borrow is 3.5 times your combined gross income, but lenders have some discretion to increase this amount if they want to. Looking at your current incomes, the multiple you would need from them is 4.2, which isn't beyond their reach especially given both your professions and your future income earning ability. What would really help, at the time of applying for a mortgage is showing a bank you have the ability to repay a mortgage of €340,000 (monthly repayment of c. €1,523 over 30 years) and that could be evidenced by the amount you pay in rent and or the amount you save each month. If you could show this, then I think you'll be fine.

## SHOP LOCAL: GOOD DEALS AVAILABLE IN LIMERICK THIS WEEK

**Make the Zipyard, Thomas Street, Limerick your first stop for all your Communion alternations this year.**



**Sarah Lowry and her team at Sublime Hair & Beauty Lounge, Thomas St, have opened up their Hair Loss Clinic suitable for people with hair loss due to chemotherapy, radiotherapy, hormonal change and alopecia. HSE approved salon which means this service is free to anyone with a medical card. Call 061 313887 or 087 7765729 for a free consultation**



**It's spring and it is a great time to renovate or refurbish. Make City Tiles & Bathrooms Limerick your first stop. Spring sale event now on with up to 75% off for a limited time only. Open seven days a week at the Eastpoint Retail Park, Ballysimon Limerick. Ring 061 439640 for any questions.**





# LEADER BUSINESS

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## Gardens 'is a motif for the new Limerick'

**Development:** Big day for Twenty Thirty as first major scheme opens

**NICK RABBITTS**  
 nick@limerickleader.ie

IT was a red letter day for the Limerick Twenty Thirty company, as the doors were officially opened on the €18m Gardens International complex.

Former Finance Minister Michael Noonan was on hand to cut the ribbon at the 112,000 square foot development, alongside Mayor James Collins.

It's anticipated up to 600 staff members will be able to be accommodated in the multi-level complex.

The redevelopment of the office from a shell left abandoned in the midst of the recession kicked off in 2017, and is now seen as a striking example of "old meets new".

The scheme mixes the architecture of the early 19th century Roches Hanging Gardens, which included roof-top gardens of exotic fruits, the Mercantile Building, the former General Post Office developed there a century later and a gleaming new build

to the rear to form a brilliant architectural blend that sets a new standard for the city and region.

The first tenants at the multi-million euro development, the aircraft leasing firm Nordic Aviation Capital are set to move into the state-of-the-art complex shortly.

Mr Noonan, who helped get the project off the ground in his cabinet days, described this Tuesday's opening as "an important and proud day for Limerick".

"Today validates the commitment and courage shown by chairman Denis Brosnan, by Limerick City and County Council Chief Executive Conn Murray and others. They not alone had the ambition and the vision to go for this but today shows they deliver also. The first new tenant comes in here, shortly taking up over 50% of the space and I expect that the remainder will be let within the coming months, bringing new jobs and investment to Limerick."

Mayor Collins, who is also a board member of the Limerick Twenty Thirty

**Denis Brosnan, Deputy Michael Noonan, Mayor James Collins and former rugby international David Wallace at the opening of Gardens International this Tuesday** PICTURE: MICHAEL COWHEY



company said it represents a statement as to where Limerick is at today.

"It's a project that is a motif for a new Limerick. We've built the very best because we want to attract the best. It's a build that respectfully and brilliantly merges old and new. It has raised the bar, created a remarkable new structure and standard here in the centre of Limerick. And I want to thank the elected members of Limerick City and County Council who took the leap of faith to originally back the Limerick Twenty Thirty concept to deliver jobs for Limerick through projects such as this development."

Meanwhile, Mr Murray has revealed that the local authority will this week lodge a planning application for the €180m redevelopment of the Project Opera site in Patrick Street.

"The 46,000 sq metre site will, on top of this magnificent development unveiled today, bring Limerick to a new level, enabling it to compete on an international stage like never before," he said.

## Charity ball partner

THE St Gabriels School and Centre Dooradoyle has been chosen as the partner for Mayor James Collins' charity ball this year.

The black-tie event takes place on Friday, April 12, in the Limerick Strand Hotel, with tickets now on sale.

St Gabriel's School and Centre is dedicated to the care and education of children with disabilities.

It is located in Dooradoyle and has developed over the past half a century into what



**Mayor James Collins**

is today a modern, highly regarded, first choice disability organisation serving children and their families from across the mid-west region.

Mayor Collins said: "St Gabriel's is a charity which is very close to my heart."

More information on the ball from 061-556000.

## Belong at the Hunt Museum

THE Hunt Museum has launched a new corporate membership package, which is targeted at supporting its 2025 strategy.

Over the coming months several opportunities for collaboration and support will be unveiled.

Museum bosses have teamed up with the Limerick Chamber to market the packages.

Packages on offer range from unlimited free entrance for staff and family and use of the captain's room for corporate events.

On top of this, there are discounts in the Hunt Museum shop available, as well as invites to exhibition previews, events and drinks receptions.

For more information and to sign your company up for this offer, telephone the Hunt Museum at 061-312 833.

Alternatively, visit [www.huntmuseum.com](http://www.huntmuseum.com)

## Limerick set to get its third Starbucks

LIMERICK city centre looks set to get its third branch of coffee-shop chain Starbucks.

The former O'Sullivan's pharmacy unit, at the junction of O'Connell Street and Sarsfield Street is in the process of being refitted, and signage advertising the coffee shop giant's name was being erected on site this Tuesday.

Founded in Seattle back in 1971, Starbucks first opened in Limerick back in 2015, with its first outlet being at Colbert Station.

This was followed up with a second unit in the Thomas Street centre, also home to Uber, the following year.

Helen O'Donnell of the Limerick City Business Association has expressed concern at yet another coffee shop opening in the city.

She said: "We have enough coffee shops in the city right this minute. We have become a real cafe and food city which is great. But we'd just hope there



**The signage of Limerick's newest Starbucks is fitted this Tuesday** PICTURE: ADRIAN BUTLER

are enough people to frequent these places. It's tough going. Each franchise is independent, so while there are a number of Starbucks in the city, they are all independent owners. Best of luck to

them, but my goodness, it's a very crowded market."

Ms O'Donnell has bemoaned the fact that it is effectively another chain shop opening in the centre.

"We'd like to see independent businesses opening up, we want to support our local families. I feel this is a Starbucks too many, or indeed a coffee shop too many.

"While our city centre population has increased, it hasn't increased that enormously," she said.

Ms O'Donnell suggested a new masterplan needs to be put in place to promote a better retail mix.

Starbucks Coffee will join a Costa Coffee branch nearby, which operates at the former HMV unit in Cruises Street.

O'Sullivan's pharmacy itself moved to the former Munster store in the heart of O'Connell Street.

The Starbucks Coffee chain has been contacted for comment by The Leader.



# Recruitment

**Limerick Leader,  
54 O'Connell Street,  
Limerick**

**Email:** advertising@limerickleader.ie

**Web:** www.limerickleader.ie

**Call:** 061 214531/545/ 500

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[dentalnursevacancy@limerick@gmail.com](mailto:dentalnursevacancy@limerick@gmail.com)

## Bar Supervisor Vacancy

Full-time Bar Supervisor Required for  
Bar in South Limerick

Minimum 3 years bar experience at  
Supervisory level required

Email: [barvacancy@limerick@gmail.com](mailto:barvacancy@limerick@gmail.com)  
with your C.V.

## FARM MANAGER

required for a 100-cow pedigree Friesian herd with  
modern facilities in Rathkeale, Co. Limerick.

The candidate must have experience in dairy farm  
management and animal husbandry, but also have drive,  
initiative and good communication skills. €45,000 salary.

**Telephone 087 1329833**

HOMECARE  
**CareBright**  
IN OUR COMMUNITY



**WE ARE  
HIRING**

**Are you ready to become part of our organisation?**

**Homecare Manager (full-time) Limerick City - Closing Date: 22nd March, 2019**

**We are now looking for a Homecare Manager to join our growing team. The ideal candidate must be hardworking, ambitious and have the experience to manage a large caring team. This is a fantastic opportunity to work within a growing, community client focused organisation.**

The ideal candidate must have:

- A Registered Nurse with NMBI plus managerial experience essential (5 years or more)
- Experience of Community Care Services
- Have the ability to co-ordinate care of the older person in the community
- Possess the skills to manage a large team and to be an effective team player
- Be self motivated
- Possess excellent communication and time management skills

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homecare provider and the founders of  
Ireland's first purpose built community for  
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061-602700   

career progression  
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Permanent / Full-time

## ACCOUNTS AND ADMINISTRATION ASSISTANT

required for busy construction company.

- Must have experience with Sage Tasbooks system.
- Must work as part of a team but have the ability to work on own initiative.
- Fluent English speaker.
- Experience in construction not a requirement.
- Would suit a fresh, adaptable, smart candidate with drive.
- Salary negotiable to suitable candidate.
- Office based in Raheen, Limerick.
- Hours negotiable.

Contact  
**Siobhan @ [sody@drilltech.ie](mailto:sody@drilltech.ie)**



NCTS REQUIRE  
**A VRT  
ADMINISTRATOR**  
IN LIMERICK

The National Car Testing Service Limited is currently  
recruiting for a VRT Administrator in Limerick Test Centre  
working a minimum of 2 days a week on a 6 month fixed  
term contract working evenings and weekends.  
This role requires flexibility. You will be required to travel  
to surrounding test centres as and when requested.  
(Full clean driving licence essential).

If you are interested, please send your CV along with  
a cover letter and a copy of your drivers licence to:

**HR Dept., National Car Testing Service,  
3026 Lake Drive, Citywest Business Campus,  
Naas Road, Dublin 24**

(Please be advised that applications will not be  
processed without the required documentation)

**Closing date for applications is  
22nd March 2019**

*NCTS is an equal opportunities employer*

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[www.limerickleader.ie](http://www.limerickleader.ie)



# PROPERTY

## Leader

### HOME & INTERIORS

WEDNESDAY, MARCH 20, 2019

## Put a 'Spring' in your step



Springfield is in an idyllic countryside setting in the townland of Killonan, located just a couple of kilometres from Limerick's sought after suburbs of Castletroy/Monaleen/Annacotty

**Killonan:** Superb five-bedroom detached family home on acre site on outskirts of city

Springfield is a truly superb family home tucked away in this tranquil setting in the ever popular location of Killonan.

This exceptional private residence of c.3250 sq.ft. on approximately one acre has been restored and extended to a high standard throughout with beautiful period type features, offering gracious proportions and an abundance of light and space throughout.

The ground floor comprises a well appointed entrance hall with staircase leading to the upper level. Off the hallway is a large bright dining room with three rooflights making this an ideal place to entertain. On the opposite side of the hallway is a well proportioned living room with a door leading to the kitchen/breakfast room area. The kitchen has extensive wall and floor units

#### AT A GLANCE

##### Location:

Springfield, Station Road, Killonan

##### Description:

Five bedroom, detached family home on one acre site

##### Price:

€675,000

##### Seller:

Property Partners de Courcy O'Dwyer

##### Contact:

061 410410

throughout while the breakfast room benefits from a large open fireplace with free standing solid fuel stove and double doors leading to the walled courtyard. Beyond the kitchen is an office area with guest W.C. and a good sized utility room with plenty of storage space. To the back of the kitchen/breakfast room is a spacious sitting room with a door to the rear garden and a second stairwell leading to the first floor level. This completes the ground floor accommodation.



On the split level first floor there are five double bedrooms, two with en-suite bathrooms. In addition there is a shower room and a good sized family bathroom. All bedrooms have views of the surrounding countryside and beyond. The layout and circulation of this family

home works exceptionally well.

The property is accessed via a stone wall entrance with electric gates and driveway leading to the front of the house. The front garden has a large lawn area with mature trees and is well planted. Behind the stone wall to the

side of the property you will find a Liscannor stone and beautifully planted courtyard area with steps up to an outside swimming pool. This area is very private creating a sense of complete seclusion from the world. The courtyard can be accessed from both the breakfast and dining room.

The south facing rear garden is filled with mature trees and shrubs as well as a large garden shed. The mature grounds of this fine family home only serve to further enhance it.

This idyllic countryside setting in the townland of Killonan is located just a couple of kilometres from Limerick's most sought after and ever expanding suburb of Monaleen/Castletroy/Annacotty with all the services and amenities this area has to offer from local shops to shopping centres, pubs to hotels, cafes to restaurants and extensive

playing pitches for rugby, soccer, hockey and GAA. There are excellent national and secondary schools in the area and of course the ever expanding University of Limerick with its excellent academic reputation and outstanding amenities that include river walks, 50m pool, recently upgraded running track and playing pitches.

UL is adjoined by The National Technology Park with dozens of multinational companies on its 385 acres on a park land setting.

This location further benefits from nearby access to an excellent road network and public transport system into Limerick City Centre and beyond.

This property provides for a substantial private home which is sure to appeal to purchasers.

Early viewing is essential to fully appreciate all this fine home has to offer.



Tranquil maturity: An image of Springfield from the rear



**ENNIS ROAD, LIMERICK**

BER F

20 LANSDOWNE GARDENS

Semi-detached residence of approx 115 sq.m / 1,237 sq.ft only a short walk from the city centre being just off the Ennis Road. Hallway with porch, living room, sitting room, kitchen, 3 bedrooms, main bathroom and wc. Private rear garden. Whilst in need of renovation and modernisation, it presents an excellent opportunity for a house in an excellent location and boasting enormous potential. OFCH. BER No. - 111628111

€215,000

Briain Considine 085 2894166

**DOORADOYLE, LIMERICK**

BER D1

1 OAKVALE DRIVE,

Substantial extended detached property of approx. 159.76 sq.m. / 1719.49 sq.ft with beautifully landscaped low maintenance gardens situated in a private cul-de-sac. Recently redecorated, newly painted and all new carpets throughout. Accommodation comprises: Porch, hall, living room/dining room, living room 2, playroom/study, kitchen-diner, utility room, sun room. Upstairs: 4 bedrooms. En suite. Main bathroom. Gas fired central heating. BER No.111380085.

€325,000

Lisa Kearney 087 2633422

**CASTLETOWN, CO LIMERICK**

BER C1

ROSSMORE

Superior detached residence of approx. 2,217 sq/ft (206 sq/m approx.) located approx. 15 minutes drive from Adare/ 25 minutes drive from Limerick City. 2 reception rooms, open plan kitchen-dining-living area, utility, office, 5 bedrooms, 2 en-suites, main bathroom. 2.37 acre site. South facing patio. Magnificent landscaped gardens. Also located on the site are 3,842 sq/feet (357 sq/metres) of commercial space. Beautiful countryside views. OFCH. BER No. 108805300.

Briain Considine 085 2894166

**THE GERALDINE BAR**

BER C2

JAMES'S STREET, LIMERICK CITY

FOR SALE City Centre Bar/ Lounge with Off-Licence attached and residential accommodation on 1st floor. Substantial well-maintained pub / lounge on the ground floor. Off-Licence with own door from the street. 2 x 1 bedroom flats located on the 1st floor. BER No. 800583643.

€190,000

Gordon Kearney at Rooneys 061 413511

**SOUTH CIRC.RD, LIMERICK**

BER C1

7 ALANDALE ORCHARD, ASHBOURNE AVE

Spacious 3 bedroom townhouse in excellent condition. Entrance hall with guest wc, open plan Kitchen / dining room, living room, 3 large bright double bedrooms, ensuite bathroom and main bathroom. GFCH. Approx. 95m2 / 1,030 sq.ft. Management Company in place. BER no: 103740288.

€215,000

Lisa Kearney 087 2633422

**DOORADOYLE, LIMERICK**

BER C3

27 CLUAIN DUBH, FR RUSSELL ROAD,

Spacious 3 bedroom semi-detached residence of approx. 95.44 sq/m (1,127 sq/ft) adjacent to Raheen Business Park, University Hospital Limerick, schools, shops, M7 etc. In excellent condition comprising hall, living room, kitchen/diner, guest wc, 3 bedrooms, ensuite & main bathroom. GFCH. Large enclosed rear garden with side entrance. BER No. 111837605

€220,000

Briain Considine 085 2894166

**CANAL BANK, CLARE ST, LIMERICK CITY**

FORMER CARETAKER'S HOUSE,

For sale - Former Caretaker's House fronting onto Canal Bank in Limerick City which is now a Greenway walk & cycle route from Limerick City Centre to University of Limerick Campus. Excellent redevelopment opportunity. Site of approx. 0.115 acres. Property is currently a derelict dwelling. Superb opportunity to redevelop the lands (subject to the necessary Planning Permission) to residential or commercial use. GUIDE PRICE - €150,000

€150,000

Gordon Kearney 061 413511

**CORBALLY, LIMERICK**

BER E2

56 RICHMOND PARK

Superbly located 3/4 bedroom home in excellent condition, close to schools/ shops/ city centre. Hall, kitchen-dining room, living room, utility, playroom, study/bedroom 4, downstairs wc. Upstairs: 3 double bedrooms & main bathroom. Landscaped rear garden with decking area & sandstone patio. OFCH. Tastefully decorated throughout. BER No: 111838918

€249,000

Briain Considine 085 2894166

**DOORADOYLE, LIMERICK**

BER C2

101 DOORADOYLE PARK

Well maintained spacious 3 bedroom corner duplex unit. Living room, large open plan kitchen-dining room, guest wc, 3 bedrooms, en suite & main bathroom. Super location close to the Crescent Shopping Centre, Raheen Business Park, schools & M7/M20 Motorways. GFCH. Designated parking space. Management Fee: €1,100 per annum. BER No. 111809067

€175,000

Lisa Kearney 087 2633422

**BUNRATTY, CO CLARE**

BUNRATTY RETAIL/RESTAURANT CENTRE,

FOR SALE/ TO LET / JOINT VENTURE OPPORTUNITY. Refurbished landmark spacious retail/restaurant premises. Large car park and large site. Adjacent to "Durt Nelly's" and Bunratty Village. Site of approx. 1.5 acres. The subject property will lend itself to many commercial uses such as retail; restaurant/café; entertainment; educational etc. (Subject to any necessary planning permission). BER Number: 800181927

Gordon Kearney at Rooneys.



BER D2

**DOORADOYLE, LIMERICK**

BER D1

96 FOXFIELD,

Attractive two bedroom townhouse positioned in a cul de sac avenue - walking distance to local shops, Crescent Shopping Centre, schools etc. Hall, living room, kitchen, two double bedrooms & bathroom. Low maintenance rear garden. Approx. 68 sq/m (732 sq/ft). In excellent condition. GFCH. BER No: 111838975

€190,000

Briain Considine 085 2894166



# Victorian charm in Ballinacurra

## AT A GLANCE

**Location:** Belvedere, Ballinacurra Road, Limerick city

**Description:** Four bedroom, period home

**Price:** €489,000

**Seller:** 061 418000

**Contact:** Sherry Fitzgerald



Belvedere, Ballinacurra Road, is undoubtedly one of the finest period homes currently on the market in Limerick City. Sympathetically restored with attention to modern energy standards, this B3 certified property provides three floors of superb accommodation on an exceptional west-facing plot. Front and rear gardens stretch from Ballinacurra Road to the equally sought-after South Circular Road, offering private sun-drenched lawns and rear vehicular access.

Belvedere will suit those seeking the charm and

character of a Victorian home without sacrificing the comfort and specifications of a modern new-build.

The historic Ballinacurra Road is set adjacent to Limerick's South Circular Road, connecting the suburb of Dooradoyle with O'Connell Avenue. Centrally positioned between the city and county, Ballinacurra Road offers an idyllic setting in which to establish your family home. Within walking distance of the wealth of residential amenities afforded by the city centre, the area offers immediate transport links to the wider Limerick region, Crescent Shopping Centre and University Hospital

Limerick. A handful of Limerick's most renowned educational institutions are set within minutes by car or on foot, namely Mary Immaculate College, The Model School, St Clements College and Laurel Hill Secondary School.

Approaching the property via its extended front lawn, you enter the home under an over-light embossed with the property's name.

The entrance hall and reception spaces at ground level are laid in reclaimed pine white fir, stained with an oak finish to contrast the lighter tones at the skirting, walls and cornicing. The living room and



**Belvedere has the charm and character of a Victorian home without sacrificing comfort**

interconnecting dining room are superbly appointed, and of typical Victorian height and breadth. Finer details include two (thankfully retained) original fireplaces, picture rails, and a deep bay window extending toward the front lawn.

Both stylish and authentic, bespoke panelled shutters provide additional insulation, privacy and light control.

The remodelled kitchen is fully equipped, housing integrated appliances within

clean lines, fitted units and warm wood counter-tops. A breakfast bar and workstation dissect the space, with a Falcon range oven set into the traditional stove alcove as intended. The original quarry floor tiles are remarkably preserved, and a gentle reminder of the property's history. The ground floor is completed by a secluded study, utility and wet room.

On the first-floor return, Belvedere's owners have designed an exceptional

main bathroom around a generous laundry/linen room. Fully tiled, the bathroom is complete with dual wash-basins and faucets, a wood-panelled bathtub and separate walk-in rain-shower.

Two large double bedrooms complete the first floor, the master bedroom spanning the width of the front of the property. There are two additional double bedrooms on the third level, reinforced to support a home gym.

# Spacious Clonlara home in turnkey condition



## AT A GLANCE

**Location:** Starbrook, Coolistige, Clonlara

**Description:** Four bedroom, detached family home

**Price:** €315,000

**Seller:** DNG Cusack Dunne

**Contact:** 061 209000



disappoint and is truly a wonderful home which should tick all the boxes! Set on a 1/2 acre site, there are lawns to front and rear and vehicular access to the back of the house. Located a short drive from Clonlara village in a mature location and within easy reach of Limerick city, the University of Limerick and the motorway. House hunters will love this home and viewing is highly recommended.

### Outside

The property is set on a mature 1/2 acre site with lawn areas to front and rear. There is ample car parking to the front and vehicular access to the back of the house, tarmac driveway and shed.

Starbrook is a handsome detached property with superb accommodation at ground and first floor level.

This family home has a wonderful layout with a magnificent open plan reception area which opens into a large feature sun room. The property is in excellent decorative condition and offers spacious airy rooms throughout with excellent storage, built in wardrobes etc.

This property will not



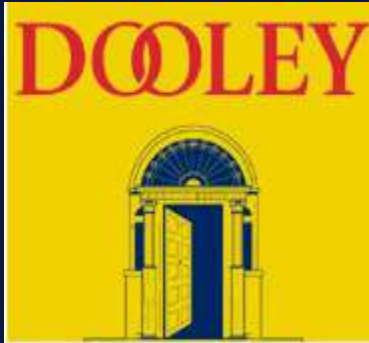
**This home in Clonlara on a half acre site is an impressive detached four bed property which also has a sun room extension**

### Features & Services

Impressive detached family home with superb accommodation. Turn key condition throughout with many interesting features. Sun room extension to the side with feature windows. 1/2 acre site with mature trees and lawns, four double bedrooms; two en-suites, two walk in wardrobes, alarm, PVC double glazed windows, oil-fired central heating, country setting but with neighbours nearby.







# DOOLEY GROUP

## AUCTIONEERS

PRSA NO: 003411

### Ballydoole, Pallaskenry, Co. Limerick



#### C. 36.5 ACRE NON-RESIDENTIAL HOLDING

Circa 36.5 acre non-residential roadside holding located approx 2.5KM from the village of Pallaskenry and only a short commute to N69 main Limerick-Listowel route. Most of the holding can be described as being of top quality grazing land with some lower lying areas which are excellent summer grazing ground. The property is well fenced into approx 5 divisions and is serviced by water. There is obvious site potential with good road frontage in a location with eye-catching kerb appeal.

Pat Dooley 087 6948942

POA

### Finlough, Toomaline, Doon, Co. Limerick



#### STUNNING DETACHED PROPERTY

Outstanding 4 bed detached residence standing on c. 1 Acre plot. Built in 2005, this amazing property offers spacious open plan living accommodation finish to the highest of standards and also boasts many defining features including master bedroom with ensuite & walk in wardrobe, attic conversion, detached garage & car port, Alarm system, automated gates etc. Acc: Hall, Playroom/ Bedroom, Sitting room, Living room, Kitchen, Dining room, reception room, Utility, WC, 4 Bedrooms, 1 ensuite, Bathroom

Pat Dooley 087 6948942

€395,000

### Ballinvirick & Ballyvockoge, Askeaton, Co. Limerick



#### AGRICULTURAL LAND C. 33.5 ACRES

These lands are set out in 1 lot and are located about 1 mile from the back entrance of Curragh Chase. The holding has road frontage with access from the public road. The land is a mixture of good fertile ground and also a portion which is of a heavier nature.

Pat Dooley 087 6948942

POA

### 58 Arra View, Newcastle West, Co. Limerick



#### TURN KEY CONDITION

Built in 2009, this well presented 3 bedroom terrace house is situated in the much sought after development of Arraview, Newcastle West, Acc. Kitchen, sitting room, hallway, Master bedroom, bedrooms 2 & 3, WC/whb and Bathroom. O.F.C.H

Pat Dooley 087 6948942

€133,000

### Ballyvegoue, Askeaton, Co. Limerick



#### AGRICULTURAL LANDS C. 16.5 ACRES

These lands have proportionally good road frontage. The land quality of this holding can be described at the higher end of top quality, dry and fertile.

Pat Dooley 087 6948942

POA

### 84 Arraview, Newcastle West, Co. Limerick



#### PERFECT STARTER HOME

3 bedroom terrace house in turn key condition situated in the much sought after development of Arraview, Newcastle West within walking distance to the town centre & all its amenities. Acc Kitchen, sitting room, hallway, 3 Bedrooms, 1 en-suite, WC and Bathroom.

Pat Dooley 087 6948942

€149,000

### Pound Cross, Loughill, Co. Limerick



#### STUNNING VIEWS

Beautifully designed house offering well proportioned rooms with high ceilings. The large windows offers abundance of natural light & significant & stunning views of the River Shannon. Acc: Hall, Kitchen, Sitting Room, Dining Room, Family Room, 4 Beds & Bathroom.

Pat Dooley 087 6948942

€135,000

### Grange Lower, Newcastle West, Co. Limerick



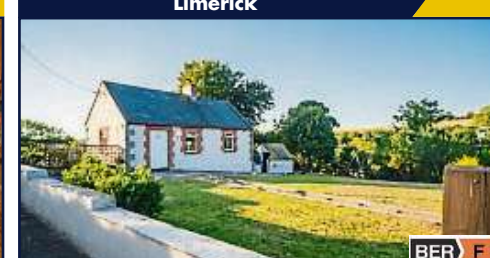
#### SUPERB DETACHED PROPERTY

Dooley Auctioneers are delighted to offer this 4 bedroom detached property in great condition with landscaped grounds and tarmac driveway. Located close to the N21 main road Limerick/Killarney route and only 5 minute drive to Newcastle West. This property stands on a large plot and is in turn key condition. Accommodation includes: Entrance Hall, Kitchen/Dining Room, Utility, Sitting Room, 4 Bedrooms and 2 Bathrooms. Enjoys the benefits of being fully alarmed.

Pat Dooley 087 6948942

€185,000

### Carrowbane Beg, Loughill, Co. Limerick



#### CHARMING BUNGALOW

This beautifully presented cottage is in turn key condition is full of old world charm originally built in the 1900's. Situated on a dry mature site. Located just off the N69 adjacent to Loughill village. Acc. Kitchen, Sitting Room, 2 bedrooms and a bathroom.

Pat Dooley 087 6948942

€80,000

### Churchtown, Newcastle West, Co. Limerick



#### DETACHED 3 BEDROOM PROPERTY

Located on the outskirts of the town of Newcastle West within short walking distance of the town centre and all the local amenities. Enjoys the benefits of O.F.C.H, parking and alarm. Acc: Kitchen, Utility Room, Sitting Room, 3 Bedrooms, Bathroom & WC

Pat Dooley 087 6948942

€200,000

### 47 The Paddocks, Newcastle West, Co. Limerick



#### PERFECT FAMILY HOME

4 bed semi detached property (former show house) situated in the popular estate of The Paddocks within walking distance to all amenities. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, Utility WC, Landing, 4 Bedrooms (Master En-suite) and Bathroom.

Jane Foley 087 4612241

€170,000

### Clogh West, Croagh, Co. Limerick



#### SITE WITH FULL PLANNING PERMISSION

This charming 1.1 acre with full planning permission until 2021 (for local needs). It is in a fabulous location set in mature countryside off the N21. Site has mature hedgerows and apple trees with an old style stone wall. Full housing plans available if interested.

Pat Dooley 087 6948942

€76,000

### 31 The Paddocks, Newcastle West, Co. Limerick



#### IDEAL STARTER HOME/ INVESTMENT

3 bed mid terrace property is situated in the popular estate of The Paddocks within walking distance of all amenities. Acc: Entrance Hall, Sitting Room, Kitchen/Dining Room, WC/whb, Landing, 3 Double Bedrooms (Master En-suite) and Bathroom.

Pat Dooley 087 6948942

€149,000

Dooley Auctioneers,  
86 O'Connell Street, Limerick  
Tel: 061 385852 / 087 9648942  
Email: info@dooleygroup.ie

Carnegie Centre,  
Bishops Street, Newcastle West, Co Limerick  
Tel: 069 61888 /087 9648942  
Email: ncw@dooleygroup.ie

www.dooleygroup.ie





**Oldtown, Hospital, Co. Limerick**



**NEW TO THE MARKET**

Dooley Group are delighted to bring to the market this 4 bedroom dormer style farmhouse residence with an abundance of character on 0.60 acres with various outbuildings. Acc: Entrance Porch, Kitchen, Living Room, Sitting Room, Shower Room and 4 Bedrooms. Property features fireplace with stove insert in living room, open fireplace in sitting room, oil fired central heating, shared walk in wardrobe between bedrooms 2&3, uPVC windows, own septic tank, fully alarmed, lawns front and rear with mature lawn shrubbery and scenic views.

Pat Dooley 087 6948942

€179,000

**156 Caislean Na Habhainn, Castletroy, Limerick**



**NEW TO THE MARKET**

Immaculate semi-detached property measuring an impressive 146.5 sq.m set over 3 floors. Built in 2008, No. 156 Caislean Na hAbhainn is situated down a quiet cul-de-sac and has everything to offer any discerning buyer with modern décor throughout, fully alarmed, landscaped lawn, double driveway to front, G.F.C.H., contemporary fitted Kitchen, 9ft. ceiling height on ground floor etc. Acc: Hallway, Sitting Room, Kitchen/Dining Room, Utility Room, guest W.C., 4 bedrooms, 2 Ensuite main bathrooms and two walk-in wardrobes.

Chloe Gough 087 1255406

€270,000

**Bell View, High Street, Caherconlish, Co. Limerick**



**NEW TO THE MARKET**

Four bedroom Townhouse in excellent condition throughout. Acc: Entrance Hall, Sitting room, Kitchen/Dining room, WC, 4 Bedrooms and Bathroom. Enjoys the benefits of O.F.C.H., solid fuel stove, solid oak doors, fully alarmed, enclosed rear garden with block built garden shed. Bell View is centrally located in the Village of Caherconlish adjacent to all amenities while only a 10 minute commute from the outskirts of Limerick City and less than 10 minute drive from the M7 motorway giving easy access to Cork, Galway and Dublin.

Pat Dooley 087 6948942

€175,000

**120 Ard Aulinn, Mungret, Co. Limerick**



**LUXURIOUS STARTER HOME/ INVESTMENT**

Immaculate end of terrace property for sale located in a much sought after area close to all amenities. Built in 2007, No. 120 Ard Aulinn is in turn key condition and has everything to offer with modern décor, high standard of fittings & fixtures, fully alarmed, contemporary fitted Kitchen, open plan living space, G.F.C.H., private enclosed rear garden with patio area, side entrance tarmac driveway. Acc: Entrance Porch, guest wc, open plan Kitchen/Living room/ Dining area, 2 double bedrooms and main Bathroom.

Chloe Gough 087 1255406

€199,000

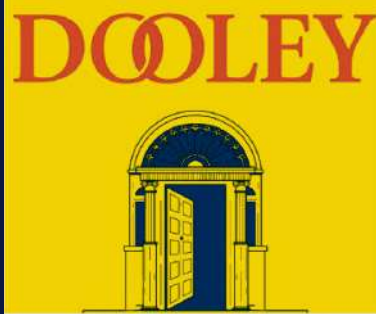
**DOOLEYS... TRUSTED AGENCY DEDICATED TO YOU**



Pat Dooley M.I.P.A.V TRV Director



Chloe Gough BSc M.I.P.A.V TRV Property Negotiator



Jane Foley M.I.P.A.V TRV Property Negotiator



Susan Byron Administrator

**Ballyyea, Fedamore, Co. Limerick**



**STANDS ON C.0.5 ACRES**

2 Bedroom residence on 0.5 acre site located in the village of Fedamore close to all amenities. Property is in need of modernisation/ renovation & has obvious site potential being within the development environs of the village. All services available.

Pat Dooley 087 6948942

€175,000

**Enaghroe, Fedamore, Co. Limerick**



**SPACIOUS DETACHED PROPERTY**

Spacious two storey residence with attached granny flat, set upon a large elevated site. Acc: Entrance Hall, Sitting Room, Living Room, Kitchen/Dining Room, Utility, WC, 4 Bedrooms (1 ensuite), Bathroom & Granny flat has own living area, bedroom & shower room.

Pat Dooley 087 6948942

€269,000

**Clogher East, Kilmallock, Co. Limerick**



**DETACHED BUNGALOW**

4 bed detached bungalow for sale with detached garage in turn key condition. The property is located on the Bruree to Kilmallock road. Acc. comprises of: Entrance Hallway, Sitting Room, Kitchen/Dining Room, 4 Bedrooms (1 ensuite) & Bathroom. OFCH

Jane Foley 087 4612241

€215,000

**Carrigkettle, Kiltelly, Co. Limerick**



**IMPRESSIVE DETACHED RESIDENCE**

Impressive residence in excellent condition throughout with landscaped gardens, gravel driveway, O.F.C.H., fully alarmed. Acc: Entrance Hall, Kitchen/Dining room, Sitting Room, Conservatory, Utility, WC, Office/bedroom, 4 bedrooms & main bathroom.

Pat Dooley 087 6948942

€280,000

**35 Moylish Road, Ballynanty, Limerick City**



**UNDER OFFER**

Do not miss out on this opportunity to acquire this modern 3 bed property built in 2008. Located just a short distance from Limerick City Centre & all amenities. Acc: Entrance Hall, Kitchen/Dining Room, Living Room, Guest WC, 3 bedrooms, Bathroom. G.F.C.H

Chloe Gough 087 1255406

€135,000

**Cool Avenue, Kiltelly, Co. Limerick**



**BEAUTIFULLY RENOVATED COTTAGE**

4 bed extended cottage style cottage with garage on circa. 0.5 acre site. It is within short walking distance of Kiltelly village which offers a range of amenities such as schools, shops and cafes. Situated about 25km south-east of the city of Limerick. The northern part of the parish is centred on the village of Dromkeen which is located on the N24 Limerick-Waterford Road, halfway between Limerick City and Tipperary town. Acc: includes: Hallway, Kitchen, Sitting Room, Utility, Living Room, Sun Room, Bathroom & 4 Bedrooms. O.F.C.H.

Pat Dooley 087 6948942

€225,000

**Elton, Knocklong, Co. Limerick**



**HIGH POTENTIAL**

Two bedroom extended bungalow on circa 1 acre site. Property is at 1st fix stage for any prospective purchaser to finish to their desired needs. Accommodation: Entrance porch, Living room, Kitchen/Dining room, 2 Bedrooms & Bathroom.

Pat Dooley 087 6948942

€85,000

**Dooley Auctioneers,**  
86 O'Connell Street, Limerick  
Tel: 061385852 / 0879648942  
Email: info@dooleygroup.ie

**Carnegie Centre,**  
Bishops Street, Newcastle West, Co. Limerick  
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PRSA NO: 003411

**www.dooleygroup.ie**







Declan Hannon, captain of the Limerick All-Ireland senior hurlers cut the ribbon to officially open Dooley Auctioneers new offices at 86 O'Connell Street, Limerick in the presence of Pat Dooley, Jane Foley-Murphy and Chloe Gough PICTURES: DAVE GAYNOR



Niamh Toland, EBS; Cllr Brigid Teefy, Malachy Carew, Rockbarton, Moire Maher, Herbertstown and Lucy Dooley



Susan Byron, Chloe Gough, Pat Dooley, Michael Liston, Ann-Marie Hanley and Jane Foley-Murphy



Declan Hannon with Pat Dooley at the opening of the latter's new offices on O'Connell Street



Deirdre Tuohy and Stephanie Guinane, AIB



Michael Liston, Newcastle West; Fergal Deegan, Limerick Leader, Pat Dooley and John Dooley, Bruff

# Dooley auctioneers celebrate move

One of the leaders of the local property market has announced expansion plans in County Limerick, following an exciting office relocation in the city centre.

Pat Dooley, owner and director of the Dooley Group, celebrated the move of Dooley Auctioneers from 92 O'Connell Street to number 86 in recent weeks.

Marking the "big step", Mr Dooley commented on how the property market has become increasingly busier in recent months.

"Business is busy, it has been very busy over the last month or two, especially after Christmas. January might have been very quiet, but in February and March, supply would seem to be easing up a bit. There seems to be more stuff coming in the market.

"The big elephant in the room is that there still aren't enough of houses to sell. Until that gets freed up, prices will still rise."

Not so long ago, said Mr Dooley, auctioneers had stock but there was an



Pat Dooley with his wife Margo and daughters Ellie, Katie and Lucy at the opening of Dooley Auctioneers new offices

inability to purchase, but now there is fewer stock and more prospective buyers.

"It has totally flipped. They used to come up in abundance, but unfortunately now it has totally flipped. It's a very tough market. Fees are always compromised, and I suppose there is nothing we can do about that, but only take it on the chin."

And while the future is very much at Dooley headquarters at number 86, the Limerick city business is

working on an expansion in Newcastle West.

"We have opened a second office, we have been involved in an acquisition with Michael and Ann Liston auctioneers in Newcastle West, who are taking a step back from the business. We will be going through that transition at the moment."

Pat says he hopes to continue the Listons' business in the same ethos that they have shown the people of Newcastle West during their careers.



Pat Dooley, Chloe Gough, Jane Foley-Murphy, Susan Byron and Ann-Marie Hanley



Mark O'Dwyer, Criona Russell and Ralph Marsh, Ulster Bank, at the opening



Liam McElligott, Ballybricken, John Leonard, Corbally, and Lee Breslan, Caherline



# GVM Auctioneers

PSRA Licence No. 002030 ipav  
www.gvm.ie



*Our Team: Tom Crosse,  
Declan Barry, Richard Ryan,  
John O'Connell  
& Audrey Fitzgerald.*



## The Grange, Raheen, Limerick



**FINAL PHASE OF SPECTACULAR NEW SHOWHOUSES OPEN VIEWINGS ON WEDNESDAYS 5PM TO 6PM AND SATURDAYS 12NOON TO 1PM**

A selection of quality "A" rated 3 and 4 bed semi-detached homes are now available to purchase.

Booking deposits now being accepted.

Three bedroom semi detached.....1065 sq ft

Four bedroom semi detached.....1646 sq ft

Developers :- Liam Neville Developments Ltd.

Full details contact Tom Crosse on 087-2547717

BER A3

Price on application

## Rower Beg, Adare, Co. Limerick



**For Sale by Public Auction (on the kind instructions of the Vendors Anne and Patricia Sparling). Auction on Friday 5th April at 3pm in our Limerick City Auction Rooms (UPS), 25/26 Glentworth Street, Limerick**

A Prime residential roadside holding extending to circa 42 st acres. This property is situated just 1 kilometre south of the hugely popular tourism and picturesque village of Adare. The lands are truly in superb quality, laid out in easily managed divisions and well watered and fenced. There is a piped and natural water supply. Very extensive road frontage to the main Limerick/Killarney Road. The two storey residence is in need of repair but offers huge potential. A large range of out offices are also located on the lands including a hay barn, loose shed and yard. Inspection of this magnificent property is very highly recommended.

Solicitors :- Valerie Noonan, MF Noonan and Co., Solicitors, Main Street, Rathkeale, Co. Limerick.  
Full details Contact Tom Crosse on 087-2547717 or John O Connell on 087-6470746.

Price on application

## 65 Shannonvale, Old Cratloe Road, Caherdavin, Limerick



BER C3

€199,000

GVM introduce to the market this three bedroom semi detached house on a private corner site in a very popular and much sought after development adjacent to schools, shopping centre, Limerick Institute of Technology and public transport. Easy access to motorway network. This property is in excellent condition throughout. Contact Declan Barry on 087-2026886

## 3 Greenview Close, Glencairn, Dooradoyle, Limerick



BER D1

€260,000

GVM present to the market this exceptionally well finished 3 bedroom family home set in one of Raheens most popular residential developments. This property has been tastefully decorated over the last few years and offers excellent living accommodation on both floors. Viewing comes highly recommended. Contact John O Connell on 087-6470746

## St. Laurence, Ballysimon Road, Limerick



BER E1

€250,000

GVM present to the market this stylish and spacious detached three bedroom bungalow maintained in excellent general condition throughout and situated immediately adjacent to a wide range of amenities and just 5 minutes walk from Limerick City Centre. Large detached garage with ample storage, generous parking area and landscaped gardens. Viewing of this modern home is very highly recommended. Contact John O Connell on 087-6470746

## Dolford, Greenhills, Crecora, Co. Limerick



€295,000

A truly magnificent 4 bedroom detached residence standing on a mature and private Circa 0.5 st acre site and located just 7 kilometres from Limerick City. Dolford enjoys the benefit of country living yet one is just 5 minutes drive from The Crescent Shopping Centre and all Southside amenities. Generous living accommodation and well proportioned bedroom space. Inspection of this superbly maintained home is very highly recommended. Realistic reserve. Contact John O Connell on 087-6470746

## Dromelia, Murroe, Co. Limerick



BER D1

€235,000

Deceptively spacious three bedroom extended cottage standing on a large site of approximately 1.2 acres with detached garage and located just 3 kilometres from Murroe Village and a 20 minute drive University of Limerick. Viewing recommended. Contact Declan Barry on 087-2026886

## 4 Glanntan, Golf Links Road, Castletroy, Limerick



BER D1

€215,000

A truly superb owner occupied 3 bedroom semi detached residence situated in a quiet cul de sac and located in a hugely desirable area in close proximity to University of Limerick, Plassey Business Park, Primary and Secondary Schools, Shopping Centre, Cineplex, Castletroy Golf Club and an array of top quality sporting amenities. Easy access to motorway and just 50 metres from a bus stop. Inspection of this quality and beautifully maintained home is very high recommended. Contact Declan Barry on 087-2026886

## 1 Exchange Street, Limerick City



€125,000

GVM Auctioneers are delighted to introduce to the market No. 1 Exchange Street. This extended two bedroom red brick end of terrace townhouse is ideally suitable to first time buyers or the buy to let market. Located just outside the city centre it is within walking distance to all main amenities and public transport is also on the doorstep. Viewing highly recommended. Contact Declan Barry on 087-2026886

## Kilmoylan, Doon, Co. Limerick



€50,000

Acquire a little piece of rural magic with the very quaint cottage located just 5 minutes walk from Doon and all amenities. This property is in need of repair but obviously has potential with garden space to develop and extend. For the DIY enthusiast or those with a eye for a bargain the gem is a must. For immediate sale at just a reserve price of € 50,000. Contact Tom Crosse on 087-2547717

## 36 O Curry Street, Kilkee, Co. Clare



BER E1

€125,000

This property is a substantial building on the main street with 5 rooms on the ground floor and 7 rooms on the 1st floor along with a bathroom and shower room. There is an entrance from the front, side and rear of this property and a restricted view of the bay from the first floor. Suitable for commercial or residential purposes. Needs modernisation throughout. Contact Declan Barry on 087-2026886

## 311 The Park, Lord Edward Street, Limerick



BER A3

€135,000

Spacious two bedroom apartment on third floor overlooking Edward Street with own private car park space located in a well managed complex next to Peoples Park and adjacent to the City Centre and a host of amenities. Ideal for first time buyers or investment opportunity. Viewing recommended. Contact Declan Barry on 087-2026886

## 121 Evanwood, Golf Links Road, Castletroy, Limerick



BER A3

€270,000

A beautifully maintained and very spacious 3 bedroom semi detached residence situated in this much sought after location in close proximity to the University of Limerick, Plassey Technological Park, excellent quality primary and secondary schools, shopping centres, cineplex, and an array wonderful sporting amenities. This magnificent family home has been tastefully fitted to the very highest standards, and is an ideal opportunity to acquire a "turn key" property in one of Limericks premier locations. Contact Declan Barry on 087-2026886

## 8 Spellacys Square, Wolfe Tone Street, Limerick City



BER G

€120,000

GVM present to the market this two bedroom mid terrace residence conveniently located just a short distance from Limerick City Centre and associated amenities. This property is ideal first time buyers or investors. Other local landmarks include The Peoples Park, Mary Immaculate College, Colbert Train and Bus Station. Viewing of this very pleasant home is very highly recommended. Contact John O Connell on 087-6470746



LIMERICK OFFICE: Tel: (061) 413522 • Email: limerick@gvm.ie

KILMALLOCK OFFICE: Tel: (063) 98555 • Email: kilmallock@gvm.ie



# 6 SHANNON STREET, LIMERICK

T: 061 418 111



## INVESTMENT OPPORTUNITY FOR SALE



### Milano's Harveys Quay, Limerick

BER E2

Attractive investment opportunity of approx. 185.8 sq m (2,000 sq. ft.), within Limerick City centre/waterfront location.

The property is leased to Agenbite Limited t/a Milano's, on a 25 year FRI lease from the 1st of August 2002.

Passing rent of €70,000 net per annum, without lessee provision to break.

Remaining upward only rent review by reference to Market Rent falling on the 1/08/2022.

Subject to contract, offers in excess of €890,000 are invited, equating to a NIY of 7.25%.

Tenant not affected. BER No: 800390221

CONTACT DERMOT HUGHES 061 418111

## INDUSTRIAL INVESTMENT FOR SALE



### K1 -K4 Eastway Buisness Park Limerick

BER B3

Industrial Investment Opportunity extending to 3,748 sq m / 40,343 sq ft) (GEA)

The subject property is currently subdivided into 3 no. separate units

Approx. 50% of the building is currently occupied and producing an income of €68,158 p/a The remaining 50% of the building is occupied under a short-term 'caretakers' agreement with the occupier of Unit's K1B & K2

Excellent Asset Management Opportunities

Extensive on site car parking and circulation space. Tenants Not affected

BER Nos. Available upon request

CONTACT: JOHN MURRAY 061 418111

## TO LET



### 1-5 Barrington Street, Limerick

BER C1

Fully Fitted office accommodation extending to a net internal floor area of approx. 990.34 sq.m. (10,660 sq.ft.)

The property is configured to provide office accommodation over Ground, First, Second and Basement floors.

Flexible floor plates available from approximately 206 sq.m. to 360 sq.m.

Internally the office accommodation is predominantly open plan throughout, with an element of cellular offices within the ground and upper floor levels.

Secure car parking available.

Ber No.s Available upon request

CONTACT: JOHN MURRAY / JOHN BUCKLEY 061 418111



### Lands At Clondrinagh Ennis Road Limerick

BER EXEMPT

The subject site comprises a development opportunity extending to approximately 3.22 hectares (7.95 acres).

The property benefits from approximately 250 metres of frontage onto the R445 servicing Shannon, Ennis and Galway.

The property adjoins the clondrinagh Industrial Estate to the south east.

Under the Limerick City Council Development Plan 2010-2016 (as extended) the site is located in an area zoned General Industry.

The Coonagh Cross Development is situated just east of the subject lands on the R445 Ennis Road between the Coonagh and Clondrinagh roundabouts.

CONATCT: CIARA MC CARTHY 061 418111



**LISNAGRY****AHANE****€589,000**

A stunning detached family home enclosed on a beautifully cultivated 2-acre site (approx) in one of Limerick's most exclusive residential settings. Entrance hall, kitchen/dining, living, family room, sunroom, study, w.c., utility, 4 bedrooms, 5 bathrooms. 219 sq m / 2,361 sq ft approx. BER No: 111894127.

CALL ORLA SHEEHAN ON 061 418000

BER C2

**CASTLETROY****CAIRNSFORT****€295,000**

'No. 36' is a tastefully presented home in truly immaculate condition, benefitting from a beautifully landscaped and private rear garden with extensive decking area. 3 bedrooms, 2 reception rooms, 3 bathrooms, kitchen/dining. 145 sq m / 1,561 sq ft approx. BER No.111662524.

CALL ORLA SHEEHAN ON 061 418000

BER C2

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**24 HOUR ACCESS****SEARCH****BOOK VIEWINGS****MAKE OFFERS****PROGRESS TRACKER**[mySherryFitz.ie](http://mySherryFitz.ie)**Sherry FitzGerald****RAHEEN****€280,000**

FATHER RUSSELL ROAD



'No. 26 Cragaun' offers superb accommodation and generous gardens to the front and rear. Entrance hall, living room, family room, kitchen/dining, utility, guest w.c., 4 bedrooms, 2 bathrooms. 135 sq m / 1,453 sq ft approx. BER No. 105158323.

CALL FRANK LYDDY ON 061 418000

BER C3

**BALLINACURRA****€265,000**

SOUTHVILLE GARDENS



'No. 12' benefits from a generous, west-facing end of row site. Entrance hall, living room, family room, kitchen/breakfast room, 4 bedrooms, 2 bathrooms. 121 sq m / 1,302 sq ft approx. BER No. 105363840.

CALL FRANK LYDDY ON 061 418000

BER E1

**CASTLETROY****€225,000**

GOLF LINKS ROAD



'No. 45 Ashfort' is a marvellous semi-detached home located in a quiet residential cul-de-sac in a highly sought-after location. Entrance hall, living, kitchen/dining, utility, 3 bedrooms, 3 bathrooms. 93 sq m / 1,005 sq ft approx. BER No. 110906344.

CALL SEAN MCGEE 061 418000

BER B3

**CASTLECONNELL****€210,000**

THE MEWS



'The Mews' offers well maintained accommodation with strong potential to extend. Entrance hall, living/dining room, kitchen/breakfast room, 3 bedrooms, 2 bathrooms. 118 sq m / 1,270 sq ft approx. BER No. 102729308.

CALL FRANK LYDDY ON 061 418000

BER C3

**CORBALLY****€199,000**

WESTBURY



'No. 21 Ashley Close' offers generous accommodation and a private south facing back garden. Entrance hall, living room, kitchen, dining room, utility, 4 bedrooms, 3 bathrooms (1 ensuite), internal garage. 133 sq m / 1,432 sq ft approx. BER No. 108379777.

CALL SEAN MCGEE ON 061 418000

BER C3

**ST. PATRICK'S ROAD****€165,000**

SRUTHAN AN PHADRAIG



This spacious 3-bedroom duplex comes to the market in pristine condition. Entrance hall, living room, kitchen/dining, 3 bedrooms, 3 bathrooms (1 ensuite). 109 sq m / 1,173 sq ft approx. BER No. 111866794.

CALL SEAN MCGEE ON 061 418000

BER C1

**MURROE****€165,000**

GARANBAWN



'No. 30 Garanbawn' is a beautifully maintained home within walking distance to the village of Murroe. Entrance hallway, w.c., living room, kitchen/dining, 3 bedrooms, 2 bathrooms. 110 sq m / 1,184 sq ft approx. BER No. 109631523.

CALL ORLA SHEEHAN ON 061 418000

BER C2

**CITY CENTRE****€149,000**

RIVERPOINT



'No. 6 Riverpoint' is located in the highly desirable city centre complex, offering secure living with panoramic views. Entrance hall, main bath, kitchen/living room, 2 bedrooms (2 double), 2 bathrooms. 70 sq m / 753 sq ft approx. BER No. 111899571.

CALL SEAN MCGEE ON 061 418000

BER C3

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PSRA No. 002183

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6 SHANNON STREET, LIMERICK T: 061 418 000



# Superbly finished family home



## AT A GLANCE

**Location:** 26 Cragaun, Father Russell Road

**Description:** Four to five bedroom family home

**Price:** €280,000

**Seller:** 061 418000

**Contact:** Sherry Fitzgerald



superb accommodation on both floors, excellent positioning within the development (facing toward an open green area), in addition to generous gardens to its front and rear.

Cragaun is an idyllic, family-oriented development serviced by excellent residential amenities in its surrounding area. The development is located adjacent to the Racefield Shopping Centre, which offers a Spar supermarket, a selection of restaurants, a pharmacy, dentist and master-butchers. The area is within immediate walking distance of St Nessian's National School, LET National School, and

Number 26 Cragaun is an exceptionally well finished 4/5 bed family home set in the heart of one of Dooradoyle's most popular residential developments.

Tastefully improved and presented in turn-key condition, No 26 offers



**No 26 Cragaun, Father Russell Road is in turnkey condition with generous gardens**

Limerick's newest secondary school - Mungret Community College. Crescent Comprehensive College and St Paul's National School are also just minutes by car.

Raheen Business Park is also within walking distance, as is the University Hospital Limerick. For those commuting further afield, access to the N69 and N18

road network is just 1km from entrance of Cragaun itself.

From the entrance hall, the living room is set to the right, with a generous family room to the left. The hall is

laid in bright ceramic floor tiles, and perfectly finished with an accompanying colour palette and elegant radiator covers. The living room contrasts dark-wood flooring with light, neutral colour tones at the walls and cornicing, with a bay window overlooking an open green area beyond the property's enclosed front lawn. French doors lead through to the open-plan dining area and kitchen toward the rear.

The beautiful solid wood fitted kitchen houses integrated state-of-the-art appliances throughout, complete with a composite worktop and breakfast bar, tiled splashback and raised Indesit convection ovens. An excellent utility offers further storage space and a laundry area, in addition to a guest bathroom. Outside, the generous rear garden is walled on each side and exceptionally private.

On the first-floor there are a total of four excellent bedrooms, three of which are notably generous double rooms. The main bathroom is fully tiled, as is the recently remodelled ensuite from the master bedroom.

Viewing comes highly recommended.

## Space and seclusion in city centre



## AT A GLANCE

**Location:** The Laurels, 26 Strandville Gardens, O'Callaghan Strand

**Description:** Five Bedroom, semi-detached home

**Price:** €320,000

**Seller:** DeCourcy Estate Agents

**Contact:** 061 415188



city centre, De Courcy Estate Agents, might have the answer for you.

Number 26 Strandville Gardens has just been brought to the market. It is situated in a lovely quiet cul de sac, just off O'Callaghan Strand, within walking distance of Limerick city centre and schools, and also within 150 metres of The Limerick Strand Hotel and leisure complex.

Accommodation briefly comprises hall, open plan sitting room/living room,

kitchen/dining area, utility room and toilet. Garage. Upstairs five bedrooms (built in wardrobes), bathroom, toilet, hot press. Outside shed and walled in garden.

### OTHER FEATURES

\* Oil heating, timber and PVC double glazed windows.

\* 130 sq metres excluding garage

\* Beautiful riverside walks nearby

\* Minutes' walk from City Centre



**Number 26 Strandville Gardens, O'Callaghan Strand, is in a prime city location**

IF you are looking for a home in a quiet estate, yet only a few minutes' walk from Limerick



**STARBROOK, COOLISTIGE, CLONLARA, CO CLARE**

Handsome detached property with superb accommodation at ground and first floor level. This family home has a wonderful layout with a magnificent open plan reception area which opens into a large feature sun room. The property is in excellent decorative condition throughout and offers spacious airy rooms throughout with excellent storage, built in wardrobes etc. This property will not disappoint and is truly a wonderful property which should tick all the boxes!

BER No. 100484930

**€315,000**

BER C2

**54 ASHBROOK, ENNIS ROAD, LIMERICK**

Detached family home located off the Ennis Road in a most sought after development which is exceptionally popular and ideal for family living. All amenities within walking distance including Thomond Park Stadium, The Gaelic Grounds, Jetland Shopping Centre and a choice of local primary and secondary schools.

BER No. 103919049

**€325,000****114 GLENSIDE, ANNACOTTY, LIMERICK**

Located in the very popular Glenside development and set in a quiet cul de sac, 114 Glenside is a wonderful 4 bedroom semi detached house which is beautifully maintained and decorated throughout.

BER No. 109727966

**€285,000****21 CLONMORE, KILTERRAGH, DOORADOYLE, LIMERICK**

Mid terraced two storey three bedroom home located in a quiet cul de sac setting overlooking a green area. This modern home offers spacious reception rooms with high ceilings and has a sliding patio doors to the enclosed back garden. The property is ideal for family living, first time buyers or investors as a lucrative investment.

BER No. 111850392

**€205,000****7 OLD THOMONDGATE, LIMERICK**

Located adjacent to King's Island, The Bishops Palace and The Treaty Stone in the heart of medieval Limerick City, this two storey 2 bedroomed terraced property has incredible views of the River Shannon and King John's Castle. The garden to the rear of the house leads down to the River Shannon and has a superb vista.

BER No. 102890761

**€150,000**

BER C1

**APT. 207 THE PARK, LORD EDWARD STREET, LIMERICK**

Set in one of the most desirable apartment complex's in Limerick City and with views over the People's Park, this desirable 2 bedroom, first floor apartment benefits from a secure enclosed underground car parking and a spacious enclosed common area courtyard.

BER No. 111855599

**€115,000****CAPPAKEA, O'BRIENSBRIDGE, CO. CLARE**

Standing on a most wonderful elevated site with stunning uninterrupted views over the surrounding countryside towards Keeper Hill, Ballyhoura and the Galtees. Easy access to the motorway surrounding villages and with a number of neighbours nearby. The property was constructed in 2006 and measures over 2,000 sq.ft., set on over .5 acres and comes to the market in turn key condition.

BER No. 111627550

**€315,000****43 STONEYHURST, DOORADOYLE, LIMERICK**

Tucked away at the end of a quiet cul de sac on a corner site, this wonderful three bedroom semi detached house is meticulously cared for throughout and is in excellent condition internally.

BER No. 100895119

**€175,000****5 THE PADDOCKS, BRIARFIELD, CASTLETROY, LIMERICK**

Tucked away at the end of a quiet cul de sac this three bedroom semi detached house has lots to offer including a large back garden with side area and a superb layout with a large living area overlooking the garden. A perfect home for first time buyers, investors or one wishing to downsize.

BER No. 104953526

**€168,000****GRANGE ROAD, BALLINA, CO TIPPERARY**

Attractive four bedroom modern detached bungalow with attic suitable for conversion (subject to Planning permission). Incredible vista over Lough Derg and the breath taking surrounding countryside with one of the most superb views in the area. Similar properties rarely come to the market.

BER No. 102845385

**€355,000****34 GLENDALE LAWN, OLD SINGLAND ROAD, LIMERICK**

DNG Cusack Dunne are delighted to introduce to the market this expansive, three bedroom family home for sale by public auction. Well situated in a sought after residential area and overlooking a large green area. Perfectly positioned, offering an unparalleled sense of convenience and within easy reach of a host of amenities. Auction will take place on 27th March at 11am in the Imperial Hotel, South Mall, Cork.

BER No. 108666769

**€170,000****RESIDENCE & FORMER EQUESTRIAN CENTRE, COONAGH, LIMERICK**

For Sale - Equestrian centre and residence situated on approx. 3.8 acres. Strategic location 4 km from Limerick City just off the Coonagh Roundabout in close proximity to the Motorway & Shannon Airport. Two storey 5 bedroom detached house approx. 2,500 sq. ft with large detached garage. Equestrian centre comprises an indoor arena (130 ft x 70 ft), outdoor sand ménage, all weather cross country course and 26 stables. Suitable for a number of business opportunities (subject to p.p)

BER No. 100508902

**€550,000****MONASTERY ROAD, DOON, CO LIMERICK**

For Sale excellent development opportunity - Site extending to approx. 1.7 acres with the benefit of outline planning permission for 4 serviced sites and associated works. Mains services available. Excellent location just outside the village. For sale in one lot.

BER Exempt

**€140,000****UNIT 2B ANNACOTTY BUSINESS PARK, LIMERICK**

To Let - Fully fitted office accommodation over ground, first & second floors. Accommodation includes 6 offices, kitchenette, toilets & stores. Total floor area approx. 3,300 sq.ft. Excellent accessibility to the City Centre and M7 Motorway.

BER No.

**Rent Negotiable****STEWART HOUSE, NTP, CASTLETROY, LIMERICK**

For Sale - Attractive office investment available in one or multiple lots. Lot 1 - Ground floor extending to approx. 4,811 sq.ft currently let to the Brothers of Charity producing €50,000 per annum Price €500,000. Lot 2 - Fully fitted vacant office approx. 2,777 sq.ft Price €350,000. Lot 3 - Entire €800,000. Large on-site car parking. Prices plus VAT. Tenant not affected

BER No. 800109944



# The cream of the crop in Crecora

## AT A GLANCE

**Location:** Dolford, Greenhills, Crecora

**Description:** Four bedroom, detached residence

**Price:** €295,000

**Seller:** GVM Auctioneers

**Contact:** 061 413522



A truly magnificent four bedroom detached residence

standing on a mature and private half acre site and located just seven kilometres from Limerick City, Dolford would make an ideal family home.

Dolford enjoys the benefit of country living yet one is just five minutes drive from The Crescent Shopping Centre and all Southside amenities. Generous living accommodation and well proportioned bedroom space.

Inspection of this superbly maintained home is highly recommended. Realistic reserve.



Dolford, Greenhills, Crecora is a magnificent four bedroomed detached residence, which would make an ideal family home



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**BER A3**

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# de Courcy

ESTATE AGENTS

'Proudly serving the Mid West for over 70 years'

## "THE LAURELS", 26 STRANDVILLE GARDENS, O'CALLAGHAN STRAND, LIMERICK



de Courcy Estate Agents are very pleased to introduce number 26 Strandville Gardens to the market, situated in a lovely quiet cul de sac, just off O'Callaghan strand, within walking distance of Limerick City Centre & schools, and within 150 metres of The Limerick Strand Hotel & leisure complex. Accommodation briefly comprises hall, open plan sitting room/living room, kitchen/dining area, utility room and toilet. Garage. Upstairs 5 bedrooms (built in wardrobes), bathroom, toilet, hotpress. Outside shed and walled in garden. Oil heating, timber and PVC double glazed windows. Viewing highly recommended.

€320,000

## 7 RATHMALE, MUNGRET, CO. LIMERICK



Situated in a very popular and sought-after area and maintained in a very good condition, this detached bungalow comprises porch & hallway, living room, kitchen/dining area, 2 beds (1 ensuite) main shower/toilet. Outside; garage, 3 sheds (one with wc). Mostly Alum. d.g windows. Oil heating, installed in 2012. Situated within 300 metres of Mungret village with good sized rear garden backing onto Mungret football club. Numerous schools within walking distance.

€220,000

## 6 CRAGAUN, FR. RUSSELL ROAD, LIMERICK



Detached family home situated in a mature and popular residential area off the Fr. Russell Road comp: Porch, hall, study/office, living room, dining room, conservatory, L-shaped kitchen/dining area, utility, shower/wc, play room/t.v room. Upstairs: 4 beds (1 ensuite), bath/wc. Stairs to attic room. PVC d.g windows. Gas heating. C. 2,250 sq.ft (excluding attic)

€415,000

## 14 GLENVIEW GARDENS, FARRANSHONE, LIMERICK



Situated within a short walk of Limerick City Centre, close to all local amenities and schools, comprising hall, shower/wc, sitting room, living room, kitchen/dining area, garage & utility. Upstairs 3 beds, bath/wc. Mostly aluminium single glazed windows. Oil and solid fuel heating. Outside: Walled in and south facing back garden.

€225,000

## 4 WALLERS WELL, UPPER ROXBORO ROAD, LIMERICK



This 3-bedroom mid-terrace house is an ideal starter home, located within walking distance of city centre in a sought-after residential area. Accommodation compr: living room, kitchen/dining area, utility, wc, Upstairs: 3 beds (1 ensuite), bath/wc. Stairs to attic room. This home is maintained in very good decorative condition. Viewing highly recommended

€170,000

## APT. 10 THE PARC, NORTH CIRCULAR ROAD, LIMERICK



Two bed first floor apartment situated in a Prime and much sought after location within easy commute to the City Centre, this apartment comprises hall, open plan kitchen/dining/living room (door to balcony), 2 beds, bath/wc. Aluminium d.g windows. Electric storage heating. Outside: ample car parking. Appliances and contents included.

€150,000

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## GREENFIELDS, ROSBRIEN, LIMERICK



## SUMMERVILLE AVENUE, SCR., LIMERICK



## BOWMAN STREET, LIMERICK



## CLONLARA, CO. CLARE





# Period splendour in the city centre

**St Joseph Street:** Recently renovated and decorated home has plenty of appeal

## AT A GLANCE

### Location:

2  
Parkview Terrace,  
St Joseph's Street,  
Limerick city

**Description:** Three  
bedroom, red brick  
period townhouse

**Price:** €210,000

**Seller:** Rooney Auctioneers

**Contact:** 061 413511



newly renovated and redeccorated only in the last few months to a high modern standard yet retains many beautiful period features. A new front door has been fitted along with a new gas boiler. The kitchen and bathroom have been fully insulated and newly renovated with new tiling and appliances. A new roof has also been fitted on the back extension of the house. No 2 is in turn key condition and ready for occupation.

Rooney Auctioneers are delighted to present No 2 Parkview Terrace to the market.

A superb 3 bedroom red brick period townhouse it is excellently located in a popular residential area of Limerick City Centre.

The property is within an easy stroll to the heart of Limerick city, all local amenities and to the People's Park. The property has been

The accommodation consists of a bright entrance hallway, spacious and bright front living room with feature bay window, dining room, newly fitted kitchen, newly fitted bath/wetroom and three bedrooms upstairs. To the rear there is a private enclosed yard with rear access. There is gas central heating and new double glazed Upvc windows.



This three-bedroom terraced home on St Joseph Street is in a brilliant location in the heart of Limerick city



This terraced property in Thomondgate has stunning views of the Shannon

## Home in medieval quarter with stunning city views

## AT A GLANCE

### Location:

7 Old  
Thomondgate,  
Limerick city

**Description:** Two-  
storey, terraced  
property

**Price:** €150,000

**Seller:** DNG Cusack Dunne

**Contact:** 061 209000



property for you.

Located adjacent to King's Island, The Bishops Palace and The Treaty Stone in the heart of medieval Limerick City, this two storey terraced property has incredible views of the River Shannon and King John's Castle.

The garden to the rear of the house leads down to the River Shannon and has a superb vista.

A real find in today's market at a very affordable price, this renovated house is

within walking distance of the city centre and close to beautiful river walks and local amenities.

The property offers a kitchen, living room, two bedrooms and shower room. There is a large back garden and patio area. Viewing is recommended to appreciate this special home.

Outside

Patio area to the rear with an additional large lawn area which runs down to the Shannon River. Simply

stunning river views and beyond to King John's Castle and the Bishops Palace.

### Features & Services

Stunning river views and views of King John's Castle. Rear garden leads down to the Shannon River. Modernised interior with two bedrooms. Walking distance to city centre. Gas heating, new boiler installed 2017. PVC double glazed windows. Mid terraced townhouse.



GVM Auctioneers have put a price tag of €250,000 on this property on St Laurence Road, Ballysimon Road

## Bungalow for sale on Ballysimon Road

## AT A GLANCE

### Location:

St  
Laurence Road,  
Ballysimon Road,  
Limerick city

**Description:** Three  
bedroom, detached  
bungalow

**Price:** €250,000

**Seller:** GVM Auctioneers

**Contact:** 061 413522



bungalow maintained in excellent general condition throughout and situated immediately adjacent to a wide range of amenities and just five minutes walk from Limerick city centre.

Large detached garage with ample storage, generous parking area and landscaped gardens. Viewing of this modern home is very highly recommended.

Contact GVM Auctioneers for more.

GVM presents to the market this stylish and spacious detached three bedroom





# Fab new family home in Mungret

## AT A GLANCE

**Location:** 66 Ard Thomain, Sli Na Manach, Mungret  
**Description:** Four bedroom, detached family home

**Price:** €370,000

**Seller:** REA O'Connor Murphy

**Contact:** 061 279300



REA O'Connor Murphy are delighted to introduce to the market this perfectly positioned and exceptionally well maintained four bedroom detached family home in a highly convenient and sought after residential area, offering an unparalleled sense of convenience and within a gentle stroll of a host of amenities.

If first impressions count, the minute you set eyes on this stylish residence, you know your viewing experience will be something very special.

Boasting all modern comforts any discerning purchaser would require whilst retaining a warm feel which enhances the property's already wide appeal.

Presented in turn key condition throughout, this home has been well cared for by its current owners. The contemporary designed accommodation briefly comprises; an inviting hallway; guest wc; double doors open in to a spacious living room with high gloss oak flooring, an attractive marble integrated stove fireplace and a large floor to ceiling window overlooking the front garden, which floods the room with natural light.

An open plan kitchen/dining area is located to the rear, featuring a modern and fully integrated cream kitchen with porcelain tiling. Off the kitchen is the Utility Room with access to the side.

As you go upstairs the large window on the turn of the stairs similarly injects light throughout the first floor.

With three double bedrooms all with built in wardrobes, an ensuite in the master bedroom and a single room also with built in units, which is currently being used as a home office. A family bathroom completes the accommodation at this level.

Outside, the meticulously maintained enclosed south facing rear garden, bordered by an wall, features a cobble lock patio area and lawn garden. To the side of the property there is gate access and steel shed.

To the front the cobble-lock driveway has space for two cars and a low maintenance garden.

To appreciate this excellent family residence viewing is essential!

Call Elaine Fitzpatrick for further details 061 279300 to view this exceptional property.



Stylish: This four bed detached home at Sli Na Manach, Mungret is in turnkey condition

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 Phone 061 279300





# PROPERTY PARTNERS

## de Courcy O'Dwyer



### 'Springfield', Station Road, Killonan, Co. Limerick.

**5 Double Bedrooms, 4 Bathrooms C.3.250 sq. ft.**

Springfield is a truly superb family home tucked away in this tranquil setting & ever popular location. This imposing residence on circa 1 acre of mature grounds has been restored and extended to a high standard, offering gracious proportions and an abundance of light and space throughout. This idyllic countryside setting in the townland of Killonan is located just a couple of kilometres from one of Limerick's most sought after suburbs of Monaleen/Castletroy/Annacotty with all the services and amenities this area has to offer including the ever expanding University of Limerick with its outstanding facilities.

€675,000

BER D2



### Ballycannon House / Development Site, Meelick, Co. Clare

**3 Bedrooms, 1 Bathroom**

Residential development opportunity. Ballycannon House on c. ½ acre along with 4.5 acres of zoned residential development land and c. 10 acres of zoned agricultural land. The house and lands are located at the edge of Meelick village and adjacent to Ballycannon Cemetery adjoining existing recently built housing estates. Meelick is situated just 8 km north of Limerick City in the Mid West Region. The village offers a rural setting however is just a short drive from Limerick City. According to the development plan the zoned lands offers low density detached houses similar to the adjoining estates.

€850,000

BER D1



### Kleinberg, South Circular Road, Limerick

**3 Bedrooms, 1 Bathroom**

Semi detached town house in a great location close to the city centre. This property which requires a full refurbishment has a large rear garden extending to c. 30 m which also offers the purchaser an opportunity to extend the property subject to any necessary planning permission.

€195,000

BER D1



### 32 Greenview Close, Glencairn, Dooradoyle

**3 Bedrooms, 2 Bathrooms**

Magnificent three bedroom semi detached residence located in this hugely popular residential estate, located close to a host of amenities. Accom: Entrance hall, guest W.C., Living room, family room, dining room, kitchen/breakfast room, 3 bedrooms, bathroom and ensuite.

€260,000

BER D1



### 33 Willow Park, Raheen, Limerick

**3 Bedrooms, 1 Bathroom**

A well presented 3 bedroom semi detached property located in this popular mature estate close to a host of amenities including Raheen Industrial Estate, University Hospital Limerick, The Crescent SC and many popular national and secondary schools.

€210,000

BER D2



### 76 Springfields, Dooradoyle, Limerick

**3 Bedrooms, 2 Bathrooms**

We are delighted to present for sale this spacious 3 bedroomed duplex unit which is ideally located within close proximity to The Crescent S C, Limerick City & Co. Co. Offices, Crescent Comprehensive School and just a short drive from the University Hospital Limerick.

€195,000

BER B3



### 12 Carn na Ree, Old Singland Road, Limerick

**3 Bedrooms, 2 Bathrooms**

No. 12 which is presented in show house condition is located in this very sought after residential development which is located within close proximity to the city centre and adjacent to a host of amenities to include schools, shopping centres, public transport and good road infrastructure.

€210,000

BER C2



### 9 Gerard Street, Limerick

**6 Bedrooms, 3 Bathrooms. C.1,614 sq. ft.**

6 Bedroom Student Investment property - In need of work - a mid terrace three storey property. Located on Gerard Street & close to Mary Immaculate College in Limerick City Centre. This location benefits from being close to all local services and amenities while being just a short walk to the city centre. BER G

€215,000

BER G



### 14 Clareview Terrace, Farranshane, Limerick.

**3 Bedrooms, 1 Bathroom**

Spacious 3 bedroomed mid terraced property which is located just a short stroll from Limerick City Centre and all its amenities. This ever increasing popular residential area which is much sought after offers the discerning purchaser an opportunity to refurbish and put their own stamp on this property.

€210,000

BER E2



### Lisarney, Ardnacrusha, Co. Clare.

**4 Bedrooms, 1 Bathroom**

Lisarney is a very comfortable escape from the hustle and bustle of city life. It is a deceptively spacious property in an ideal location for anyone searching for a home filled with character in an area with easy access to the local amenities around Ardnacrusha whilst only a short distance from Limerick City Centre.

€280,000

BER G



### 20 Salmon Weir, Annacotty, Limerick

**3 Bedrooms, 2 Bathrooms**

End of terrace property overlooking the Mulcair river in this popular development in the centre of Annacotty Village, close to University of Limerick and The National Technology Park along with all local amenities. Ideal family home or investment property.

€230,000

BER C2



### Mount Carmel, St. Nessian's Road, Dooradoyle

**4 Bedrooms, 2 Bathrooms**

A rare opportunity arises to purchase a detached dormer bungalow centrally located adjacent to University Hospital Limerick, The Crescent SC, Raheen Industrial Estate, numerous primary and secondary schools and only a short drive from Limerick City Centre. This 1940's property sits on a private site offering superb privacy.

€350,000

BER F



### 64 Cois Rioga, Caherconlish, Co. Limerick

**3 Bedrooms, 4 Bathrooms, C. 1,390 sq. Ft**

Well presented 3 storey home in this popular development in the centre of Caherconlish Village, close to all local amenities. The property has been decorated & maintained to an excellent standard by its house-proud owners.

€180,000

BER C2



### Castlecomfort House, Farnane, Murroe, Co Limerick

**5 Bedrooms, 2 Bathrooms**

A unique opportunity arises to acquire this substantial two storey Georgian residence C. 340 sq. m. (C. 3660 sq. ft.) built C. 1829 which has been recently tastefully extended with a large kitchen / dining / family room, utility room and bathroom. This stunning property is set on magnificent parkland of C 12.5 acres and has been rewired and replumbed to modern day standards.

€675,000

BER D1



# ENTERTAINMENT

YOUR **WEEKLY GUIDE** TO WHAT'S GOING ON IN LIMERICK

## Fresh Film Festival 2019

**'Young Storytellers':** Record number of entries as event returns for its twenty-third year

**JESS CASEY**

jess.casey@limerickleader.ie

A RECORD number of young filmmakers have entered this year's Fresh Film Festival, as the annual international film festival for young people returns to Limerick on March 25.

Now in its twenty-third year, the Fresh Film Festival encourages young people, aged 7 to 18 years, to create, exhibit and share films, according to festival director Jayne Foley.

"Fresh Film Festival is all about encouraging young people to tell their stories through film, so the record number of submissions this year shows we have a nation of young storytellers with something to say and the creative means to say it," Ms Foley said.

Taking place March 25 to 30, this year's Fresh Film Festival features screenings, workshops and masterclasses for budding filmmakers.

More than 1,700 entries were submitted to the Ireland's Young Filmmaker of the Year competition, one of the highlights of the festival's programme.

All films submitted to the Fresh Film Festival are also considered for a range of specialist awards including the Radharc Trust



**Pictured are young filmmakers from around the country, who are taking part in the 2019 Fresh Festival Festival** PICTURE: DERMOT CULHANE.

Award, the Boulder Media Animation Award, the RTE 60 Second Short Film Award and the RTE Factual Award.

Films screened at the festival will include the Academy-Award

nominated animated Persepolis, the Guillaume Senez film Keeper, and The General.

Workshops include an animation workshop with Boulder Media, a young

filmmakers day called SÚL ÓG, and an industry master class with The National Youth Film School. On March 30, The Spirit of Fresh Award will be presented to a young filmmaker whose work

reflects dedication to developing film skills. A full festival programme is available at [www.freshfilmfestival.net](http://www.freshfilmfestival.net).

Bookings and inquiries to [info@freshfilmfestival.net](mailto:info@freshfilmfestival.net).

## Mendelssohn magic at UCH

One of the most ambitious works of the great German composer Felix Mendelssohn gets an airing next month at the University Concert Hall.

In April, Jörg Widmann and the Irish Chamber Orchestra (ICO) present Mendelssohn's magnificent Second Symphony Lobegsang, his most ambitious symphonic achievement.

Hugely popular during his lifetime and now, in the hands of Widmann, this "symphony-cantata on words from the Holy Bible" (Mendelssohn) can be experienced in all its glory in Limerick's University Concert Hall.

Rarely performed, the Lobegsang is two-thirds choral, with an orchestral introduction of three movements followed by seven thrilling movements featuring the fabulous voices of acclaimed Austrian soprano, Genia Kühmeier,



**Soprano Genia Kühmeier**

sublime soprano Anna Devin and the extraordinary Canadian tenor Colin Balzer with Chamber Choir Ireland.

The Irish Chamber Orchestra under Widmann brings out the

lyricism, joy and infectiousness of this epic composition.

The prelude to Mendelssohn's masterwork is the popular Overture from Weber's Der Freischütz, another overnight sensation and a

cornerstone of romantic opera.

Full of mysticism, magic, danger, it has a strong sense of the supernatural brimming with Faustian fervour.

This exciting overture highlights

Weber's skill as an orchestrator and sets the stage for the drama that ensues.

University Concert Hall, Limerick April 11. Tickets on [www.irishchamberorchestra.com](http://www.irishchamberorchestra.com)

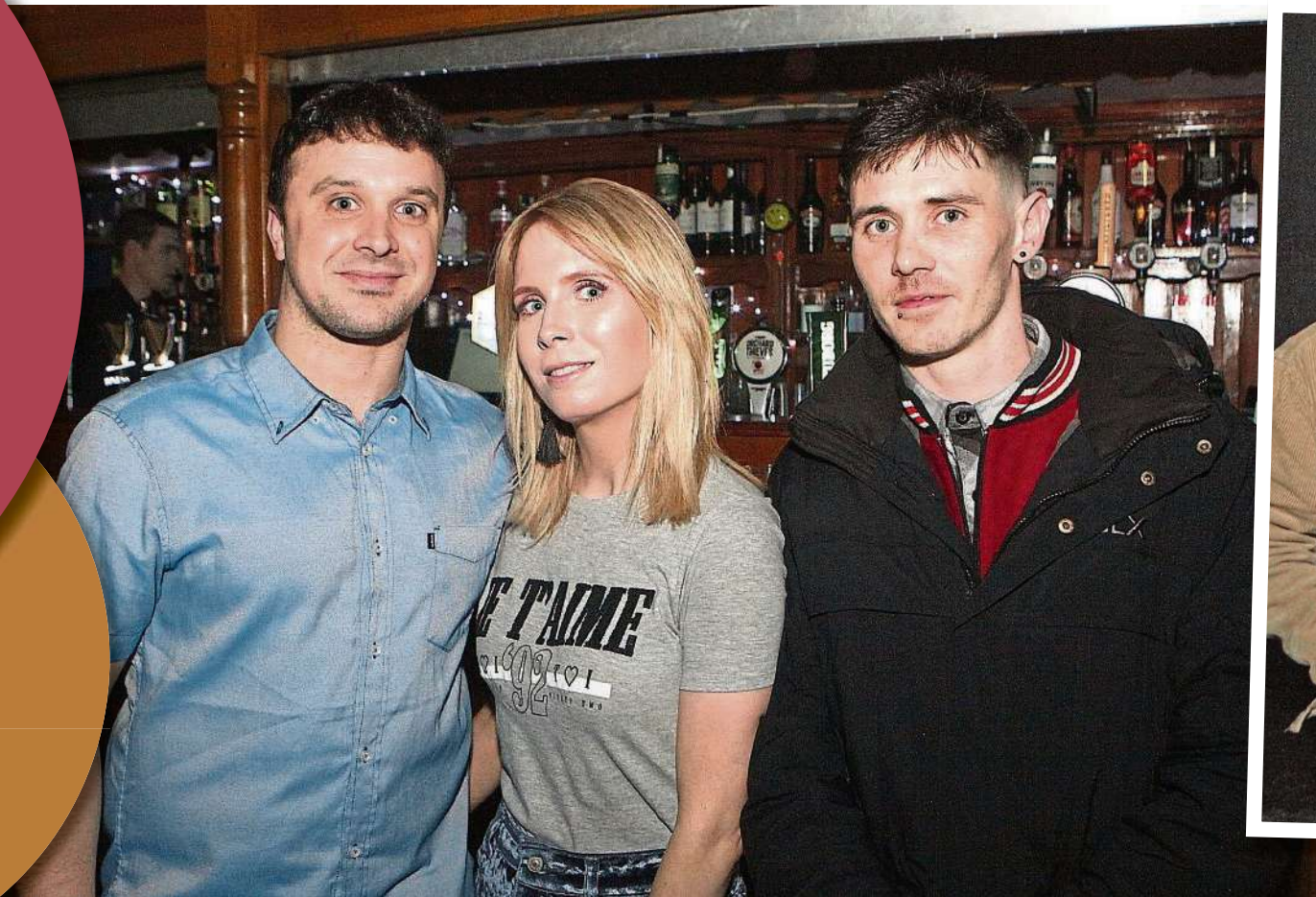


**Jörg Widmann and the Irish Chamber Orchestra perform Mendelssohn's Second Symphony Lobegsang at UCH**



# BIG NIGHT OUT @

**DOLAN'S WAREHOUSE PICTURES: DAVE GAYNOR**



**Darren O'Riordan, Claire Nash and Cyril Wilson at the K-Fest preview in Dolan's Warehouse**



**Dylan Murphy and Tinor Mohamed**



**Kieran Hurley, Henry Lowe and Aidan Lynch of the band The Slut Club**



**Laura Jones and Jade O'Connell**



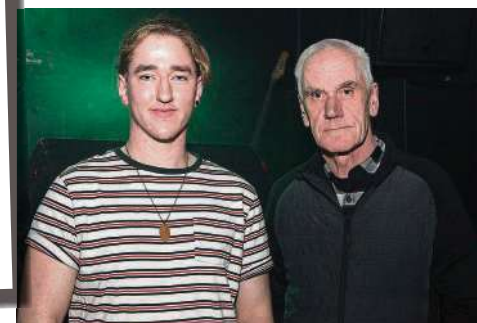
**Krisdeberg on stage at Dolan's Warehouse**



**Brid Murphy and Day Magee**



**Anne Jones and Donal O'Connell**



**Paul Cashin and Tom Jones**





Ciaran Higgins, Tony Godson, Brad Cullen and Aaron Cranley of the band Krisdeberg



Siobhan Martyn, Olivia Robinson and Kayleigh Ryall



Emma Sheehan, Rochelle Lucey and Hannah Gough, also at Dolan's



Saerlaith Molloy and Aoife Lee at Dolan's Warehouse



Niamh Gough, Nicole Mason and Liz Mason





Derry punk band Touts play the Kasbah on Friday

# THINGS WHAT ARE ON IN LIMERICK



ABOVE: Therapy play Dolan's Warehouse on Friday



RIGHT: Ink Master Nikki Simpson is at the International Tattoo Convention



A Chorus Line is at the Lime Tree from Wednesday to Saturday

**T**ATTOOS, metal and punk make this Limerick weekend something of a grungefest. To balance that out, you can pick from two Broadway musicals in the city, some classy gospel music and two orchestras on Sunday. Variety? Loads of it this weekend!

## Thursday (March 21)

Mary I Dramatic Arts Society are at the **Lime Tree Theatre** from Wednesday to Saturday with **A Chorus Line**. Set in the world of professional dance auditions, the musical was the longest-running production in Broadway history before Andrew Lloyd Webber took a chokehold on professional musical theatre. I thoroughly enjoyed the MIDAS production of Seussical The Musical last year so if they can hit the same standard - and between dance and song, this musical requires a very high standard - you shouldn't miss it. 8pm each night, tickets are €19 / €10 for students. There's also an €8 family-friendly matinée show on Saturday at 2pm.

**Limerick Musical Society** are performing Sister Act: The Musical for three nights this week at the **University Concert Hall**, starting on Thursday. Like the movie that spawned it, it's the tale of a hedonistic lounge singer who sees a murder and is placed in witness protection in the implausibly-comic location of a convent. It's become a very popular musical for amateur groups to stage, with over 20 productions in Ireland in the past two years. LMS have a great history of very competently staging headline shows, so their performance is likely to rise above the source material. I think their talent deserves a better musical, but that's just me. If you find nuns inherently funny, you have to see this show. 8pm each night, tickets are €23 / €21 concession.

With two musicals on offer this week, you might be wondering which of the two you should pick to

It's another #WeekendInLimerick – and what a weekend! **Seamus Ryan** has the lowdown

see. On paper, A Chorus Line is clearly the better show with better songs, which is why it ran for 6,137 productions on Broadway and won nine Tony Awards, compared to 561 performances and zero awards for Sister Act. MIDAS have forced themselves to attempt one of the finest musicals ever written while LMS are stuck with a show that should be beneath them. If your annual musical budget stretches to seeing two shows, go to see them both; if it doesn't, I recommend A Chorus Line.

It's been a quiet few months for Limerick's garage and house collective **WaGwan** but they return with a bang to **Pharmacia** this Thursday night. Celebrating the launch of their own record label, they'll be packing the venue with two floors of dance. You can expect some fine mixes from 40Hurtz and Cheesus. Doors at 9pm, tickets are €7.

## Friday (March 22)

Alternative metal giants

**Therapy?** are back in **Dolan's Warehouse** this Friday night. The Northern Ireland band have been on the road for long enough that we've all dated someone who wasn't born when they started, so you'd think they would be slowing down by now. That couldn't be further from the truth, as their 2018 album Cleave was an absolute head-banger, as feral and as angry as their first release, Babyteeth. After thirty years, they're still too metal for the indie crowd and a little too unpredictable for the hardcore metallers. I highly recommend that you see them live. Doors at 9pm, tickets are €27.

If you have space in your life for an unabashedly loud punk outfit, you need to see Derry trio **Touts** at the **Kasbah Social Club** this Thursday. They describe themselves as "A singer that can't sing, a mod that can't play bass & a drummer that can't see". That's shockingly modest. Singer Matthew Crossan could be Joe Strummer reincarnated and the

band sounds like the spiritual successor to the Stuff Little Fingers. They will be loud enough that the venue will need to check that the roof is still attached after the gig. It's almost annoying to see a band as young as this be as good as they are. This is the gig that you shouldn't miss this week. Doors at 9pm, tickets are €9.

## Saturday (March 23)

The **Limerick International Tattoo Convention** is at the **South Court Hotel** on Saturday and Sunday. It'll be a weekend-long display of the world's best-known tattooists and, yes, you can book a tattoo with any of them. Over 100 artists from 26 countries will be there. Confirmed attendees include Nikki Simpson and Ryan Ashley Malarkey of tattoo reality series Ink Master, as well as Limerick's best tattoo artists. Tattoos used to be rather unconventional but running an international convention in our small city demonstrates that

they've gone thoroughly mainstream. It runs from 11am each day. A day ticket will cost you €18 and you can get a full weekend pass for €27.

**Limerick Roller Derby** kick off their 2019 competitive season at the **UL Sport Arena** this Saturday with a three-header match against Team Ragnarok from Iceland and Munster composite team the Firequeens. Roller derby is a wickedly murderous sport to watch and in Ireland typically comes with a cake stall at the side of the room. Get to one match and you'll want to keep coming back. Doors open at midday and tickets are a fiver.

Fans of choral music are in for a treat this Saturday night as **Limerick Gospel Choir** are performing in the **Belltable**. Their core repertoire is made up of classic gospel songs but their cover version of Candi Staton's You've Got The Love is worth the ticket price on its own. 8pm, tickets are €12.

## Sunday (March 24)

You can pick up two orchestral performances for the price of one at **St Mary's Cathedral** this Sunday. The Tampa-based **Howard Blake High School Ensemble** are visiting Limerick for an evening with the Limerick School Of Music Senior Orchestra. The Limerick orchestra tends to concentrate on classical works while the visitors run the gamut of classical to catchy showtunes, so you're sure to hear something you like. It's at 8pm and tickets are €10 / €7 concession.

## All weekend

The 100 Years of Women in Politics & Public Life exhibition is at Istabraq Hall till March 29. The Limerick Printmakers exhibition at the Hunt Museum runs until April 22. The Poets & Painters exhibition is at CB1 until April 30. All free to visit.

That's your lot for this weekend and, as always, if you go to things, there will be more things!

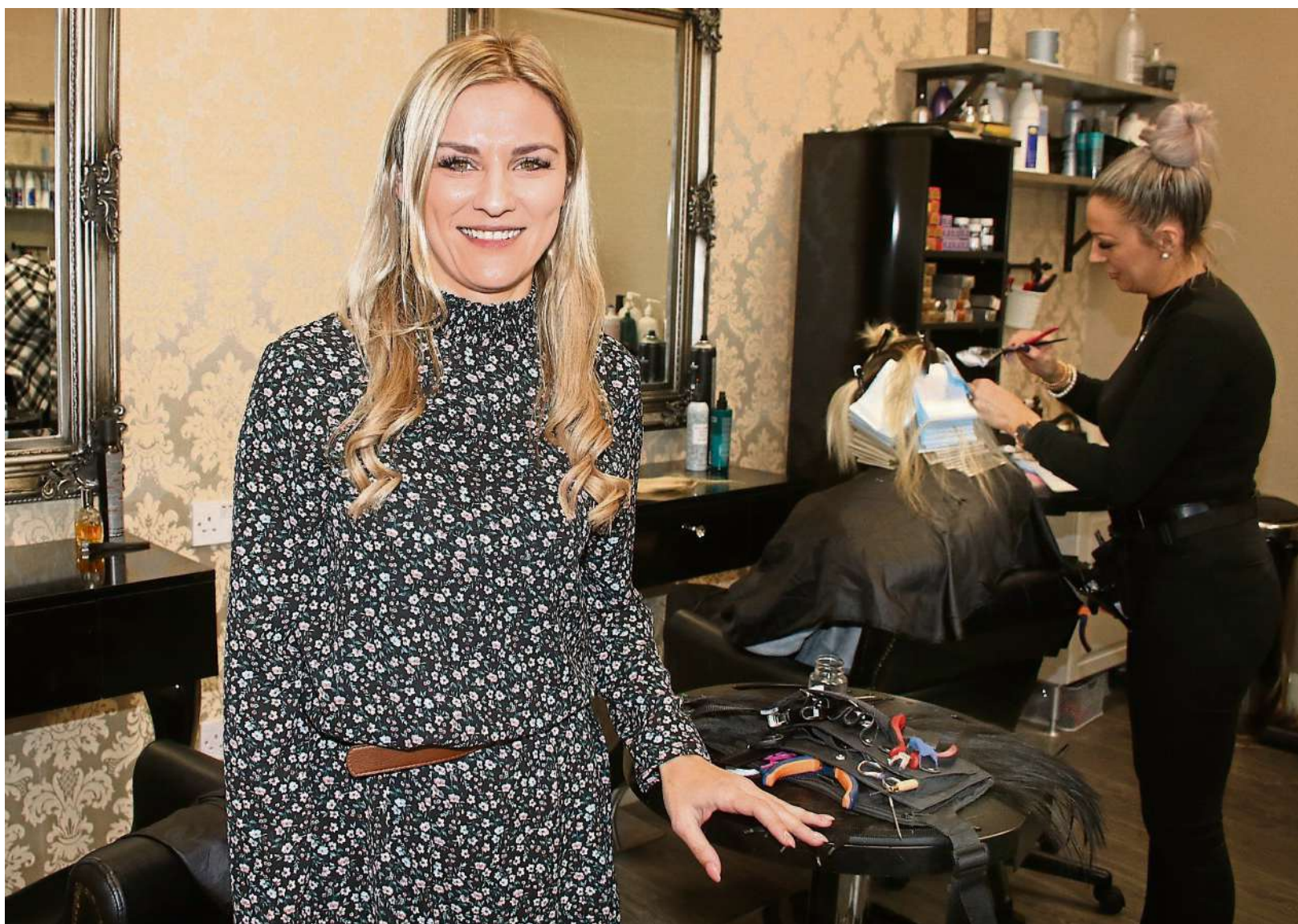


Limerick Gospel Choir perform at the Belltable on Saturday



# LEADER LIFE

\* Fashion, Beauty, Health, Fitness and more from Limerick's Best Columnists



## A Day In My Shoes

**Monika Rakoczy**

Long Hair Studio, Riverpoint

# Monika and company are a cut above the rest

### What time do you get up?

Usually 7.45am - Monday to Friday and I get to have an extra 15 minutes extra in bed on Saturdays - yay!

### What is your normal breakfast?

Something fast like cornflakes or a quick sandwich. Usually I am in rush to drop off my kids so I have to feed them first.

### Do you go for a walk or to the gym before/after the office?

Unfortunately not, I tried! I signed up last October to the gym and I ended up signing off three months after, haha.

You arrive at office at what

### time?

I'm in work at 9.30 usually as we are open from 10am.

### What are your first duties?

Checking appointments for the day, checking what need to be done and ordered in.

### How many cups of coffee/tea would you drink a day?

I'd say maybe two - never more than that.

### What is normal lunch - do you have a favourite place?

We all try to bring our own food to work as it's hard to take regulars breaks. Unless I bring something with me, I have nothing - as I don't have time.

### Do you have many meetings during the day?

Two to three per week that would be the max.

### What time do you finish up at?

Monday to Wednesday at 6pm, Thursdays and Fridays 8pm, but to be honest it never works like that. My partner always says that you need to add at least one hour extra into your day.

### Do you watch much television?

No, I don't watch television at all.

### Do you read the newspapers?

From time to time.

**Monika Rakoczy, Longhair Studio** PICTURE: ADRIAN BUTLER

### What do you do to relax?

Everyone who knows me - would say I work to relax, haha.

### Are you able to leave the office behind?

Yes of course, with the team I have I can leave everything behind and I know they will manage for everything 100 percent.

### What is a perfect work day?

When everything runs smoothly and all my clients are happy leaving the salon.

### Do you ever lose 'the cool' and if so what would make you annoyed?

No, I never lose it - I am a very easy going person.

## INSIDE THIS WEEK



### PITFALLS OF BURNOUT

Dr Eddie's on a growing problem  
PAGE 32



### TO THE MANOR BORN

TC collection launch in Adare  
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### TIED UP IN KNOTS

Patrick picks the perfect tie  
PAGE 38



### VOICE FOR CHANGE

BNest Incubator Showcase  
PAGE 40



# Shine bright but don't burnout



## MENTAL HEALTH MATTERS

### PROF EDDIE MURPHY

CLINICAL PSYCHOLOGIST  
ADJUNCT ASSOCIATE PROFESSOR  
UCD SCHOOL OF PSYCHOLOGY

IT'S interesting - to follow the end of Operation Transformation - with an article on the area of burnout; note to myself!

I have to say balancing competing priorities is more of a struggle this time of year than any other. I get a lot of requests for one-on-one sessions following Operation Transformation. I have to say no to manage my own stress levels, while saying yes to school, work and community talks.

Burnout is a state of emotional, physical, and mental exhaustion caused by excessive and prolonged stress. It occurs when you feel overwhelmed, emotionally drained, and unable to meet constant demands. As the stress continues, you begin to lose the interest and motivation that led you to take on a certain role in the first place.

#### ERODES YOUR SOUL

Burnout reduces productivity and saps your energy, leaving you feeling increasingly helpless, hopeless, cynical, and resentful. Eventually, you may feel like you have nothing more to give. The negative effects of burnout spill over into every area of life including: home, work and social life.

#### PRONE TO BURNOUT

My experience is that those who care, I mean really care, and are committed are prone to burnout. Often you see it in those in giving roles; mothers, carers, teachers, nurses and health workers. I have a strong interest in this area and will be speaking on 'self-care and Resilience' to the Social Care Conference on March 27 in Limerick; details on [www.socialcareireland.ie](http://www.socialcareireland.ie).

#### THE DIFFERENCE BETWEEN STRESS AND BURNOUT

Burnout may be the result of unrelenting stress, but it isn't the same as too much stress. Stress, by and large, involves too much: too many pressures that demand too much of you physically and mentally. However, stressed people can still imagine that if they can just get everything under control, they'll feel better.

Burnout, on the other hand, is about not enough. Being burnt out means feeling empty and mentally exhausted, devoid of motivation, and beyond caring. People experiencing burnout often don't see any hope of positive change in their situations. If excessive stress



**Burnout is a state of emotional, physical, and mental exhaustion caused by excessive and prolonged stress**

feels like you're drowning in responsibilities, burnout is a sense of being all dried up.

And while you're usually aware of being under a lot of stress, you don't always notice burnout when it happens.

#### SIGNS AND SYMPTOMS OF BURNOUT

Burnout is a gradual process. It doesn't happen overnight, but it can creep up on us. Think of the early symptoms as red flags that something is wrong that needs to be addressed. If you pay attention and actively reduce your stress, you can prevent a major breakdown. If you ignore them, you may eventually burn out.

#### PHYSICAL SIGNS AND SYMPTOMS OF BURNOUT

- \* Feeling exhausted, tired and drained most of the time
- \* Lowered immunity, frequent illnesses
- \* Frequent headaches or muscle pain
- \* Change in appetite or sleep habits

#### EMOTIONAL SIGNS AND SYMPTOMS OF BURNOUT

- \* Detachment, numb, feeling alone in the world
- \* Sense of failure and self-doubt
- \* Feeling helpless, trapped, and defeated
- \* Loss of motivation
- \* Increasingly cynical and negative outlook
- \* Decreased satisfaction and sense of accomplishment

#### BEHAVIOURAL SIGNS AND SYMPTOMS OF BURNOUT

- \* Withdrawing from responsibilities
- \* Isolating yourself from others
- \* Procrastinating, taking longer to get things done



**Burnout often affects those who care the most: mothers, carers, teachers, nurses and health workers**

- \* Using food, drugs, or alcohol to cope
- \* Taking out your frustrations on others
- \* Skipping work or coming in late and leaving early

#### PREVENTING BURNOUT - THE 'THREE R' APPROACH

**Recognise** - Watch for the warning signs of burnout and stress and engage self-care.

Recognition is the first act in preventing stress. Figure out how stress and burnout is impacting on you and develop your own self-care strategies. Self-care is not selfish it's something we need to do to protect ourselves. Sometimes when it comes to self-care we need to be assertive as others might not like us taking back control over our wellbeing. Set boundaries and say no. Stay the course.

**Reverse** - Undo the damage by

seeking support and managing stress. Social connection is nature's antidote to stress and talking face to face with a good listener is one of the fastest ways to calm your nervous system and relieve stress. The person you talk to doesn't have to be able to "fix" your stressors; they just have to be a good listener, someone who'll listen attentively without becoming distracted or expressing judgment. Reach out to those closest to you, such as your partner, family, and friends, unless they are toxic.

Limit your contact with negative and toxic people. Hanging out with negative-minded people who do nothing but complain will only drag down your mood and outlook. If you have to work with a negative person, try to limit the amount of time you spend together.

**Resilience** - Build your resilience to stress. This starts with sleep, rest, nutrition and exercise. Exercise is my go to but also the first thing that gets hit when I am stressed!

Burnout is an undeniable sign that something important in your life is not working.

Are you neglecting something that is truly important to you? This can be an opportunity to rediscover what really makes you happy and to slow down and give yourself time to rest, reflect, and heal.

\* Dr Eddie Murphy is a clinical psychologist, author and mental health expert. **ONLINE CBT - STOP DEPRESSION - STOP ANXIETY** - available at <https://stratushealth-care.ie/mental-wellbeing/>









# FIT4LIFE

## LEANNE MOORE

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# Foods to cure the hangover blues

**A**RE you still felling the effects of the St. Patrick's Day weekend? Have you been letting the weekend spill into your week and not managed to get yourself back to your healthy eating ways? Here are some foods to pop into your diet today to help kick those hangover blues!

#### 1: EGGS

The perfect breakfast! Eggs can actually fight alcohol induced toxins and they are protein packed to boot.

#### 2: COCONUT WATER

Don't reach for the sugary energy drinks. Coconut water helps rehydrate and rebalance electrolytes.

#### 3: BANANAS

Literally full of potassium and magnesium that will no doubt be depleted after consuming alcohol. A lack of potassium can lead to nausea and tiredness. Feeling nauseous? Tuck into a banana!

#### 4: WATERMELON

Alcohol can deplete blood sugar levels so filling up on watermelon can boost that with its fructose as well as rehydrate with its water content. Perfect!

#### 5: OATS

Oats will slowly help raise low blood sugar levels and add a little "soakage". Dress them up with fresh fruit and nut butters to make them extra appetising.



### It is best to avoid diuretics like coffee when fighting a hangover

It may be mid week but you're now armed with the information that will take you sailing through to

the weekend. I've also popped a healthy dinner recipe in as this weeks Recipe Of The Week so get

yourself prepped and feast on it tonight. Lastly try (no matter how much you don't want to) to get out

even for a light walk this evening. It goes a long way to resetting your mind and getting you refocused.

## Healthy Recipe

### Healthy Thai Green Curry

#### WHAT YOU NEED

Chicken Breasts  
 1 Tsp Grated Ginger  
 2 Cloves Garlic  
 1 small onion diced  
 2 Fresh Green Chillies  
 1/2 Aubergine  
 Small Handful of Water Chestnuts  
 50ml Gluten Free Chicken Stock  
 1/4 Can Low Fat Coconut Milk  
 1/4 Tsp Cumin  
 Coconut Oil  
 Fresh Coriander and Mint Leaves

#### WHAT TO DO

Dice chicken breast and fry lightly in coconut oil  
 Whiz the garlic, ginger, onions, chills, cumin and coriander in a food processor to



make a paste.

In a separate pan fry the paste in some coconut oil for 3-5 minutes.

Add the chicken stock and coconut milk and simmer for 10 minutes.

Add coriander, mint, chicken and aubergines and cook at a medium heat until they are cooked through.

Serve with brown rice or quinoa, some basil leaves and a wedge of lime.

## Moore2Life

What I'm loving this week

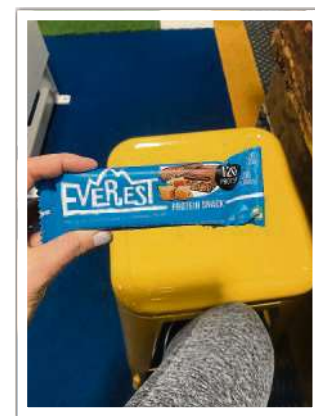
### RTE2fm at Go Gym Limerick

We were thrilled at Go Gym Limerick to welcome RTE2fm and the roadcaster on Thursday where radio DJ Tracy Clifford was on hand to broadcast her daily show. The whole day was in association with Paddy Power for the Cheltenham festival. Thrilled to have been involved.



### Everest Snacks

I have a new favourite protein bar. This Everest bar packs 12g of protein and is a delicious low sugar treat to add to your day. I'm always asked about what snacks or protein bars I like best - this is definitely up there.







# HEALTHY LIVING

**EVA HILL HAMILTON**

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## Think conservation this World Water Day

March 22 marks World Water Day. It never ceases to amaze me that in such a wet country like Ireland no efforts are made to conserve all that water and utilise it in our homes. Instead, we use many times recycled, chemical-dosed water both for consumption and in the bathrooms.

Did you know that 70% of the Earth is covered by water, but only 2.5% of it is fresh, and just 1% is easily accessible, as the rest is trapped in glaciers and snowfields?

Our body is around 60% water. It is distributed within and between our cells where

it is needed for communication, enzymatic function and nutrient assimilation. Our digestive system uses about 15 litres a day, and we need it to excrete unwanted materials. Optimum hydration is very important for health. It is recommended that we drink eight glasses of water a day – although this has just as little evidence as the “five a day” rule, it helps to prevent dehydration.

Your brain is strongly

influenced by hydration status. Studies show that even mild dehydration (1-3% of body weight) can impair many aspects of brain function, impact mood, concentration, memory and frequency of headaches. It may

have to do with its facilitating oxygen distribution throughout our body, collecting carbon dioxide and dissolving toxic gasses - allowing us to breathe effectively.

Proper hydration helps to flush out toxins from our

**DID YOU KNOW?**  
 Drinking 500ml water increases energy expenditure by 24% over the course of 60 minutes after ingestion



**Drinking plenty of water can boost your metabolism**

system; water-soluble ones through our kidneys and fat-soluble ones through our digestive system. A large amount of water is absorbed in the colon; therefore, dehydration leads to constipation and the reabsorbing of waste. These

then build up in our tissues, affecting their function. One such tissue sensitive to excess toxins and hormones is our skin.

Drinking plenty of water can also boost metabolism and help maintain weight. Some suggest to drink right

before meals to increase satiety – for physiological perspective this actually hinders digestion and may even lead to inflammation, thus weight gain, so drink half an hour before and an hour after meals. But studies show that drinking about two litres a day, especially cold water, can increase the energy expenditure by 96 calories – that equals about 15-20 minutes jogging!

Interestingly, the elderly tend to drink much less fluids, although they would need it the most. Water helps keep joints lubricated and muscles more elastic so joint pain and injuries are less likely. Adequate levels of fluoride-free water may prevent falls and reduce risks associated with osteoporosis, such as hip fractures. Regular water consumption may also improve blood flow and support the cardiovascular system.

## LIMERICK LEADER

For news and reviews, go online and check out our new **MOTORS** section.

[www.limerickleader.ie](http://www.limerickleader.ie)







# STYLE & FASHION

**CELIA HOLMAN LEE**

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**Models from the The Holman Lee Model Agency pictured at the launch of the TC Collection by Tipperary Crystal which took place at Adare Manor Hotel** PICTURES: MOLONEY/PRESS 22

## Stylish collection is crystal clear

**W**HAT an incredible location we have in Adare Manor when it comes to fashion events/ shows as illustrated at the recent launch of the Tipperary Crystal giftware and jewellery. The company recently added a new string by launching their TC accessories collection of stylish handbags and wallets with an eye to detail which is second to none, also their stylish collection of Sunglasses.

TC accessories joined forces with the top boutiques in the region with looks for spring/summer to complement the

collections.

Trench coats seem to be making a big impact this season and are a great buy as a wardrobe capsule piece because of the wearability you will get from it through the summertime.

Soft tailoring and clothes that just drape the body in florals, polka dot and stripes are also ideal for the summer months.

The tailored jacket for me is one of the strong staple pieces that can be worn with anything from skinny jeans to wide leg trousers to the look of the season which is the long midi skirt.

So happy shopping in our local boutiques.



The TC collection includes some of summer's must haves



The new TC collection has a great range of everyday bags



Classic chic: Adare Manor was the perfect setting for the launch of TC



Keeping it cas - lovely bags from the new collection



## CELIA SPOTTED

Looking good out and about in Limerick

**Name:** Eve Marie Donovan  
**Occupation:** Student  
**From:** Limerick

**I**would certainly call my style unique. I always love colour, I never tend to go with just black or white. I am quite daring in what I wear, I love mixing and matching outfits in my wardrobe to bring me from daytime to nighttime. The suit I am wearing can be transitioned to a casual day time style, that is what I love about fashion.

### EVE MARIE SAYS

**Full suit and shirt:** These pieces are from Zara I purchased this suit as I love royal blue. I love shopping in Zara as it is so versatile. I think suits are so on trend at the moment and you can't go wrong as it can bring you from casual day style to a classy girls night out look. As for the shirt I have worn this with casual jeans and skirts before it has always looked so chic.

**Bag:** This bag is from Mango. I always love adding a pop of colour to any outfit it always gives it that extra edge. I would turn the bag into a clutch when wearing on a night out.

**Shoes:** I paired this look with heels as I wanted to dress up this look it could equally be paired with on trend runners or loafers.



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**Jacinta O'Brien**

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Limerick City



**Look out for Celia's 'My Week' column in the Limerick Leader every Thursday**





# MAN ABOUT TOWN

## PATRICK McLOUGHNEY

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# How to pick the right tie

**W**HEN it comes to dressing for a wedding or an event, women have far more to worry about than us guys; we know we'll be putting on some incarnation of a suit and a dress shirt.

But when it comes to adding the finishing touch – the tie – some guys have difficulty picking one that will complement their outfit. Far from being a one-size-fits-all accessory, the right tie allows you to pull together a smart outfit with a touch of texture or complementary colour. The wrong tie, on the other hand, can be just as bad for your look as an ill-fitting suit or gaudy shirt so it pays to know how to choose wisely. Read on for some tips that will help have your dressing game all tied up.

### "NICE TIE"

A tie is the first thing people notice – their eyes can't help but go there. But it also creates a trap that's easy to fall into – which is, buying a tie that looks great all on its own but doesn't match any of the clothing in your wardrobe. Your tie should never be a novelty piece, it's there to speak to the rest of your outfit, not to stand out on its own or

clash with the rest of your ensemble. Match your tie to your clothing, not your clothing to your tie. Coordinating your suit, shirt and tie isn't rocket science but it does require an understanding of width, length, colours and patterns, which can be used to build a versatile and interchangeable wardrobe.

### WIDTH & LENGTH

Every style-conscious guy knows that one of the secrets to a great outfit is proportion. While most people know how to dress for their body shape, proportion often gets overlooked when it comes to ties. Necktie proportion relates to the tie's width and length in relation to a man's build and clothing. A broad gentleman is going to look best with a wider tie to match his larger shoulders. Skinnier guys have the opposite problem and should look to slimmer ties (around two inches) to compliment their narrower body type. For those who fall into the average size category the easiest way to gauge your ideal tie width is matching the width of the tie to the width of the lapels on your jacket – slim for slim, wide for wide – which should already have been matched

to your frame. As for the length, let your beltline guide the way. The tip of your tie should always reach the beltline of your trousers. Any lower and it looks sloppy, while too high looks cheap.

### COLOUR

There's no easy answer to what colour tie works best with any given outfit. There are many factors that determine the right colour for a man including the suit, the shirt, the complexion of the man and the message he wants to send. Ties are a point of focus, so they're immediately noticeable and people will often judge you on them. For a more muted sophisticated look, try pairing a semi-solid lightly patterned blue or green tie with a blue coloured suit. If on the other hand, you want to stand out, opt for the contrast of a bold red or burgundy on a light coloured shirt. As far as picking a colour that works with your complexion, it's best to try and mimic your natural contrast levels. Guys with fair hair and fair skin have low contrast and should, therefore, go for pastel and monochromatic colour combinations. Guys with dark hair and light skin have high contrast and are better off picking colour combinations that have clearly defined lines. Those who have dark hair and sallow skin can pull off both low and high contrast shirt and tie combinations. In general, the aim should be for the tie to be at least one shade darker than the shirt so you can make life easier by keeping a few deeper shades of blue, grey and burgundy to hand. You can start to build a solid tie rotation with these staple colours, which can be dressed up or down depending on your choice of shirt.

### PATTERNS

The key to wearing a patterned tie is making sure that the pattern is not already present in the clothing you wear it with. A thin



The first thing people will notice is a nice tie

striped shirt should not be combined with a thin striped tie for example. However, that same thin striped shirt will work with a polka dot or a solid tie. The thinking behind this is that similar patterns worn close to each other can create a distorted visual effect (the illusion of movement for example). If you're not sure about what's ok with what, then the easiest way to wear a patterned tie is to ensure that both your shirt and your suit are pattern-less. A crisp white shirt makes for a perfect blank canvas to set your patterned tie against. As for the pattern itself, there are so many prints, colour combinations and textures to consider that it's hard to say what's good and what's bad but some patterns are easier to work with than others. Best advice is to stick to two-tone patterns like stripes or polka dots. They're more muted in design and are therefore easier to match with a shirt and a suit.

### OCCASION

I've written about workplace, social and formal dress codes many times in the past and it almost goes without saying that knowing the occasion you are dressing for is the first commandment of style. Picking the right tie for the occasion is no different from picking the right suit or shoes. Different ties suit different occasions and they're subject to the same dress code rules. Silk ties in block colours are the most formal and really don't lend themselves to much else other than a suit. Recently, guys looking to add a modern twist to their tailoring have turned to knitted ties. These are much less formal and are versatile enough to be worn casually with a cardigan or a leather jacket. Personally, I'm a huge fan of knitted ties and have a little collection in different colours. If it's black tie then it's bowtie, not necktie. You can get away with a black silk tie but you really shouldn't.

## Grooming Perspirex for Men

A big thank you to the Works PR company for sending me out the brand new Perspirex for Men antiperspirant. Perspirex is a range of high-performance antiperspirants engineered specifically for people with special sweat control needs and give up to five days of superior protection against sweat and odour with just one application. It's clinically proven to provide superior and long-lasting protection; Perspirex is able to solve any sweat problem. The new men's range is available in two strengths – regular and maximum. To use Perspirex for men, apply to dry and unbroken skin at night. Allow it to dry fully after application. Wash off in the morning with soap and water and apply a regular scented deodorant. Use every night until the desired effect is achieved (usually takes one week). Perspirex for men is now available from pharmacies nationwide.



## Watch This Space Rolex Oyster Perpetual 39

My watch of the week is the Rolex Oyster Perpetual 39. In 2015 Rolex launched the Oyster Perpetual 39, a bare-bones, simple steel, entry-level timepiece that was still pure Rolex. Initially offered in a range of colourful dials, last year the Oyster Perpetual family expanded to include these white and black dial variants, and they are simply outstanding. The case is Rolex's classic Oyster case, which hasn't changed too

much over the decades. Made from Oystersteel, it uses Rolex's twin-lock crown and is rated for 100m. The bracelet is excellent – like all Rolex bracelets. It's an Oyster bracelet, with brushed links. The clasp is a regular Oysterclasp, a superb (and deceptively simple) piece of mechanical engineering. While the individual elements



of this watch are all outstanding, where they really sing together is as a whole. There's a reason this design has been fundamentally unchanged for the last 80-or-so years. It just works. And you can really feel that on the wrist. You'll purchase this amazing Rolex watch for €5350.





Jane O'Brien, Alanah Kirby, Mayor of Limerick, James Collins, Ciara O'Brien and Katie Graham, attending the Launch of Daffodil day which takes place on Friday March 22 next

# LAUNCH OF DAFFODIL DAY

**Pictures:** BRENDAN GLEESON



Gillian and Kerrie Louise Nolan



Abh, Lua, Cuan Ceitin with Kerrie Louise Nolan at the launch of Daffodil Day



Alanah Kirby, Jane O'Brien, Francis Hourigan, Maura O'Flathery, co-ordinator of Daffodil Day in Limerick; Mayor of Limerick, James Collins, Bernard Lynch, Katie Graham and Ciara O'Brien



Bernard Lynch and Francis Hourigan



Alanah Kirby, Jane O'Brien, Katie Graham and Ciara O'Brien





# I ♥ LIMERICK

## RICHARD LYNCH

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# BNest Social Incubator Showcase gives a voice to social enterprises

**B**Nest, the first dedicated Social Enterprise Incubator, is an initiative created specifically to support social entrepreneurs nurture their start-ups, and caters to all types of organisations from charities to businesses with a social conscience.

Last week, BNest held their annual Showcase Day to highlight these enterprises.

Eamon Ryan who founded and self-funded BNest since 2016 said: "We are the first fully-fledged social incubator in Ireland, and the idea was to create a peer group which shared experiences that could help one another. BNest has been given a home by the University of Limerick, where participants have access to the full facilities of the Nexus Innovation Centre. Last year, eight enterprises completed the programme, and this year another ten enterprises took part."

At the showcase, the graduates showcased their enterprises, which are achieving real social impact across the Midwest, dealing with various issues from mental health to the environment.

In addition to the display booths, a short informal presentation was made by each enterprise including Bereft.ie, a support service



**Pictured at the BNest Social Enterprise Incubator Showcase 2019 at Nexus Innovation Centre, UL was Eamon Ryan and Kasia Zabinska, BNest (4th and 5th back row left) with the graduates of the BNest 2018-2019 programme. Picture: Conor Owens/ilovelimerick**

for families that provides an online resource, and Thinking Jobs, a specialist recruitment agency aimed at getting a significant number of adults with disabilities into sustainable and long-term employment.

Guest speakers included Shay Kinsella, founder, and CEO of Share a Dream Foundation, Dr Sarah Miller, CEO of The Rediscovery Centre, a creative space connecting people, ideas and resources for greener living in Ireland and Professor Kerstin Mey, Vice President

for Academic Affairs and Student Engagement at University of Limerick.

Current BNest Incubator participant, Project Inspire, led by Kelly Fitzgerald of Tait's House Community Enterprise, helps young people to prepare for their future. Kelly says that working with BNest has, "Given us more confidence in how to grow our initiative. The ongoing support for our project will continue to be invaluable as we move into a brighter future."

Eamon concluded,

"These passionate people have worked on their projects for the past 6 months and it was so exciting to have a showcase event, so people could learn about each of the projects and meet the people behind them. It was a privilege to have people in this group working on real issues and problems facing our community and society in general."

For more information visit [www.bnest.ie](http://www.bnest.ie) or email Kasia Zabinska, BNest Manager at [kasia@bnest.ie](mailto:kasia@bnest.ie).



**Pictured at the BNest Social Enterprise Incubator Showcase 2019 at Nexus Innovation Centre, UL was Eamon Ryan, BNest Founder, Dr Sarah Miller, CEO of The Rediscovery Centre and Gert O'Rourke, Centre Manager, Nexus Innovation Centre**  
PICTURE: ORLA MCLAUGHLIN/ILOVELIMERICK

## Song and dance: MIDAS celebrate 20th anniversary

MARY Immaculate College Dramatic Arts Society (MIDAS) is a well-established society in Mary Immaculate College (MIC), Limerick. For over 20 years the society has aimed to introduce students to the world of the dramatic arts and to help students to discover, to develop and to share their talents in all

aspects of theatre life.

The current members of MIDAS will stage the 20th anniversary production of A Chorus Line from March 20 to 23 at 8 pm in the Lime Tree Theatre. Tickets are €19/€10 (conc.) There will also be a Saturday Matinee performance on March 23.

If you were a member or

currently are a member of MIDAS, they would like to extend an invite to their 20th Anniversary Ball, which is taking place at the Strand Hotel, Limerick, on Thursday, April 18. Doors will open at 7 pm, followed by a meal at 8 pm. Tickets are €50 and can be bought at eventbrite.



**MIDAS are doing 'A Chorus Line'**



# THINGS I ♥ THIS WEEK

## NEW MUSIC FROM LIMERICK BAND



Fox Jaw release Madeline

## Fox Jaw release single Madeline

Limerick band Fox Jaw, return to form with their brand new single Madeline, a modern strutting alt-rock groove anthem with hints of a New Romantics past. The new single comes accompanied by a full Technicolor audio-visual experience shot and directed by the band's drummer, Shane Serrano.

The music video follows the

misadventures of a sexual predator and his prey while paying homage to the cinematic styles of Tarantino and Rodriguez.

See them Live on their UK & Irish tour on Saturday, April 13 for Record Store Day at Steamboat on Steamboat Quay and that night at Kasbah Social Club at Dolans. See [www.foxjaw.ie](http://www.foxjaw.ie).

## HILARIOUS HOLY SHOW



Emma Moore, Chairperson Limerick Musical Society pictured with Mayor James Collins at the launch of "Sister Act" PICTURE: CONOR OWENS/ILOVELIMERICK.

## Sister Act takes to the UCH stage

THE Limerick Musical Society presents 'Sister Act' from March 21 to 23 in the University Concert Hall. Emma Moore, Society Chairperson tells me, "We wanted to do a show that was different to our last few performances,

that capitalised on the strong female chorus that we have and to put on a show that was very lively."

Ticket prices for the show are €23 plus booking fees at [www.uch.ie](http://www.uch.ie) or by calling 061 331549.



Manjinder Singh and Chirag Sharma from India, Limerick Camogie Player Katie Hennessy, Matt Scamuffo from America and Jieyun Lu from China pictured at the launch of the Hurling Guinness World Record attempt at LIT PICTURE: BRIAN ARTHUR

## Hurling match Guinness World Record attempt

Sports Management students from LIT are vying for a double Guinness World Record as they attempt to break the record for the most players ever to play a hurling match, while also setting a new world record for the most nationalities participating in a game of hurling.

On March 21, more than 1,000 male and female hurlers of all ages will gather at LIT, Moylish Campus GAA grounds to break the record set by Meelin GAA Club from Cork in 2013 of 911 players in one exhibition game.

International players from more than 30 countries will also participate, in an attempt to set a new record of the most international players in one hurling game.

Inter County hurlers and camogie players from Limerick, Clare, and Tipperary are lending their support to the event, as are secondary and primary schools across Limerick with the support of some schools in Clare and Tipperary.

Katie Molloy, Event Co-Ordinator and Sports Management Student at LIT tells me, "This is a great

opportunity for social inclusion and the integration of international students. Many of the international students are demonstrating a flair for hurling having previously played cricket, hockey, basketball, and baseball."

The sliothar will be thrown in at 9 am on March 21 for one of the longest hurling games ever played and with the most players ever to take the field. The celebratory atmosphere on the day will be supported by numerous hurling activities and food stalls.

## HEROES OF THE WEEK

### Limerick Solicitors Bar Association

LAST week, the Children's Grief Centre received a generous donation of €10,000 from Limerick Solicitors Bar Association (LSBA). The money is from the funds raised from LSBA's Strictly Legal Eagles event held last November.

Sr Helen Culhane, Limerick Person of the Year 2017, founded the centre in 2009 and it has been providing support services for school-aged children and young people affected by loss through death, separation, and divorce in the Mid-West Region.

Sr Helen is delighted to receive the generous donation, saying 'we are planning to build a new premises and we start fundraising for that this coming September so this will go towards our new building.' Well done to all!



Pictured at the donation of €10,000 euros to the Children's Grief Centre in Limerick by Limerick Citizen's Bar Association are Anne English, Breda O'Driscoll, Theresa Kavanagh, Kieren O'Donovan, Lisa O'Brien, Niamh White, (back) and Robert Kennedy, president of Limerick Solicitors Bar Association, Sr Helen Culhane and Derek Walsh, secretary of Limerick Solicitors Bar Association (front) PICTURE: ORLA MCLOUGHLIN/ILOVELIMERICK



Love  
to all,  
Richard x





# LOUISE LOVES

## LOUISE CANTILLON

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## Rogha na Seachtaine



### TO DO:

#### Plassey Glow Run

The Jacinta O'Brien memorial run is organised by second year Sports Science students in UL and all funds raised go to Limerick Suicide Watch and Limerick Special Olympics. The run in the dark takes place on Tuesday, April 2 on UL campus!



### TO LISTEN:

#### Track of the week

Hot off the back of his headline US tour Lost Frequencies returns with the irresistible 'Recognise' featuring new Irish artist FLYNN.

Irish alt-pop artist FLYNN is known for his powerful vocals and has been doing rounds at festivals like Longitude and Forbidden Fruit!

### TOO SEE:

#### Limerick wheel

The Panoramic Wheel has arrived the Arthurs Quay Park, Limerick until April 2! Towering over 40 metres into the sky, this impressive structure is one of the tallest transportable attractions of its type currently available in Ireland and UK. Open for action daily from 12pm - 9pm. Also, I have free passes to giveaway on Spin Hits every day next week from 10:45 AM! Tune in to win!



# Enjoy a Pota Pádraig on Limerick's Craft Beer Trail!

St Patrick's festivities always bring out the most cliché Irish folklore tales! We've all heard of the 'pota óir' at the end of the rainbow guarded by the fiddly Irish leprechaun but have you ever heard of the 'Pota Pádraig'? A sporadically used term these days, the 'Pota Padraig' was the traditional toast to St Patrick or first drink Irish men would have at the local pub after St Patricks Day Mass as their wives prepared the evening spread!

I came across the phrase earlier in the week and loved how it worked with my St Patricks Day experience this year!

As I've mentioned previously I am a massive fan of supporting local, and when better to do it than on a day that celebrates our joyful culture!

Limerick's Treaty City Brewery along with some of Limericks finest watering holes has come up with an ingenious way to celebrate our nations love of a good tippie!

Last weekend The Treaty City Brewery released six experimental beers, never before tasted in six Limerick bars. All of which can be found along Limerick's Craft Beer Trail! A new beer in every bar, for two days only!

Punters filled out scorecards and the highest rated beer will go into production for release later in the year. The novelty alone of putting on the connoisseur hat was enough for me!

I sat down with Michael McMahon owner of Mother Mac's pub, High Street Limerick.



### Pulling pints at Mother Mac's

He took me through all of the craft beers that they are currently serving on draft and helped me to decipher a variety of tastes.

I loved hearing the stories behind each unique beer and the craftsmanship with which they are made. My favourite was a beer called 'Hells Gate' named after a

narrowing of the Shannon River between The Curragower and King John's Castle. It is an aromatic beer with biscuit and caramel tones, finished with light spicy hops!

Treaty City Brewery strive to share their revolutionary beer from the streets of Limerick with as many people as possible with a

brewing philosophy that combines unparalleled flavour with exceptional quality to deliver the best possible beers. I highly recommend a trip along Limericks craft beer trail! Put your taste buds to the test and as our forefathers did enjoy a 'Pota Padraig'. Don't forget to support your own.

## Electric Picnic line-up

THE most anticipated music festival of the year returns this September with a line up that is bigger and better than ever at Electric Picnic.

The Strokes, Florence and The Machine, Hozier and The 1975 have been announced as headline acts. While thousands of people will flock to the main stages each night the festival boasts so much more than just music. Attendees can enjoy art, comedy, food

and even exercise! The festivals ever expanding site caters for all ages and interests.

One of my favourite underrated spots at the festival is 'The Mindfield'. The Mindfield is a spoken word arena that boasts a stimulating spark-filled programme designed to entertain, inform and inflame (Oh lala!). Set among the ancient trees on the lawns of Stradbally Hall one can enjoy an oasis of literary readings, political

debate, performance poetry, inspiring talks, news quizzes, public conversations and much more.

An exciting new addition to this area is a podcast stage called 'Ah, Hear!' where Limerick's own Blindboy Boatclub, will present live editions of his massively popular podcast. Other features include 'Soundings' hosted by Lisa Hannigan and Dylan Haskins with special guests Marian Keyes and Ships, and a special An Irishman Abroad podcast with Jarlath Regan.





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A complete version of our Terms & Conditions can be found online at [www.limerickleader.ie](http://www.limerickleader.ie)

**FAIRVIEW RANGERS**

Lotto results 11th March 2019

Jackpot €11,200  
Numbers Drawn 17-24-25-26  
No Winner  
Joe Bowe c/o N Whyte, Sean Lipper Fairgreen, Michael Power c/o N Lee, Bomber Hehir c/o C Team, Roger Connolly c/o Club Jackpot €11,300  
Promoters Prize: Niall Lee

**Richmond R.F.C**

Weekly Lotto Draw  
Jackpot €900

Date 14th March 2019  
Lucky Numbers 5-10-22-23  
No Winner  
Lucky Dips O'Gallagher c/o Deirdre, Marie Fitzgerald c/o Connie, Grace Carther c/o Connie, A O'Flynn c/o J Hinchy  
Next draw in the Clubhouse 21st March 2019  
Next weeks Jackpot €1000



**YOUNG MUNSTER RFC**

No jackpot winner  
Next week's Jackpot remains at €10,000 and the Rollover balance is: €3400

Lucky dip winners of €40: John Reddan c/o F O'Driscoll, Mike Murphy c/o J Purcell, Siobhan Talbot c/o Anne Marie Galvin, Liam Kennedy c/o T Monahan  
Promoter's Prize: John Purcell €40  
The numbers drawn: 4-9-10-22  
As always, thank you for your support.

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**DANCING**

**DANCING** at the Longcourt House Hotel, Newcastle West - Friday March 22nd. PJ Murrhy Band. Thursday 28th March, Finbar Dennehy Band. Thursday April 4th Bernie Heaney Band. Thursday April 11th Michael Collins Band. 9pm to 11.30pm  
Phone 087 9735113.

**GERALDINES A.F.C.**

WEEKLY LOTTO DRAW HELD ON 18/3/19

This Week's Jackpot: €6300 No's: 7-12-17-27 no winner  
Lucky Dips: Leanne Quinn c/o Dave Connolly, Dolores Condon c/o Dave Connolly, Gorey Dempsey c/o Square Bar  
Promoters Prize Rose Nugent and Mick O'Halloran  
NEXT Draw held 25th March 2019  
Next Week's Jackpot: €6400

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**PLANNING NOTICES**

**APPLICATION TO PLANNING AUTHORITY**

LIMERICK CITY & COUNTY COUNCIL, Tracey Moran, intend to apply to Limerick City & County Council for Permission for Retention of the amalgamation of two separate dwelling houses into a single dwelling house at Nos. 29 & 30 Johnsgate, Limerick.  
The planning application may be inspected or purchased at a fee not exceeding the reasonable cost of making a copy, at the offices of the Planning Authority, Limerick City & County Council Offices, Dooradoyle Road, Limerick during its public opening hours and a submission or observation in relation to the application may be made to the Authority in writing on payment of the prescribed fee within the period of 5 weeks beginning on the date of receipt by the Authority of the application.

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## PUBLIC NOTICES

### THE COMMISSIONERS OF PUBLIC WORKS IN IRELAND

The Commissioners of Public Works in Ireland, in accordance with Part 9 of S.I. No: 600 of 2001, Local Government Planning and Development Regulations 2001, (as amended) give notice that they propose to carry out Works at: Henry Street Garda Station, Henry Street, Limerick.

The proposed works consist of demolition of 2no. existing detached single-storey prefab units used as locker/toilet/shower facilities to the rear compound of Henry Street Garda Station accessed via an existing vehicular gate off Bishop's Quay, Limerick and the installation of 2no. proposed detached single-storey prefab units of the very same size as the prefabs being demolished that will be used as locker/toilet/shower facilities. The proposed development will be clad in external timber sheeting and will incorporate a grass sedum roof and roof lighting, at Henry Street Garda Station, Henry Street, Limerick, Co. Limerick.

The proposed scheme includes:

1. Demolition of 2no. existing detached single-storey prefab units
2. the installation of 2no. proposed detached single-storey prefab

Drawings and particulars of the proposed development will be available for inspection between the hours of 9.30am and 12.30pm and between 2.30pm and 5.00pm Monday to Friday (excluding bank holidays) for a period of six weeks, beginning on the date of publication of this notice;

At: Office of Public Works, Head Office, Jonathan Swift Street, Trim, Co Meath

and

Henry Street Garda Station, Henry Street, Limerick

Submissions and/or observations with respect to the proposed development, dealing with the proper planning and sustainable development of the area, may be made in writing during the period of six weeks beginning on the date of publication of this notice,

To: Office of Public Works,  
Property Maintenance  
Services, Head Office,  
Jonathan Swift Street, Trim,  
Co Meath, C15 NX36.



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# BREAKING NEWS

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## OPERA SITE – NEWSPAPER NOTICE

Limerick City and County Council intends to seek the approval of An Bord Pleanála, in accordance with Section 175 of the Planning and Development Act 2000, for the redevelopment of the c. 2.35 Hectare 'Opera Site' in Limerick City Centre. The development site is bound by Patrick Street, Rutland Street, Bank Place, Michael Street and Ellen Street, comprising; 1-8 Patrick Street, 3-9 Ellen Street (including 9a), Watch House Lane, Michael Street Car Park, The Granary, Oscail House, 4-9 Rutland Street and the Town Hall, Patrick Street.

A 10 year permission is being sought.

The site includes 3 No. Protected Structures; the former Town Hall (Record of Protected Structures (RPS) Ref. No. 014), the Granary on Michael Street (RPS Ref. No. 272), and a protected doorway at Bruce House on Rutland Street (RPS Ref. No. 317), and other structures of heritage value.

The development provides, the demolition of all Twentieth Century buildings and later additions to include; No.6 and No. 7 Rutland Street, the rear returns of the retained heritage buildings, the library extension to the Granary Building on Michael Street, and the side and rear extensions to the Town Hall on Rutland Street totalling c.13,960 m2. The development also provides the redevelopment of the surface level car park on Michael Street.

The development comprises the construction of c.53,532 m2 Gross Floor Area (GFA) mixed-use scheme comprising:

The erection of a landmark office building which is principally 14-storeys, with a 15-storey element providing for an enclosed plant room (and solar panels above on roof) at Bank Place comprising c. 13,264 sq m office floorspace;

The erection of a 6-storey over basement building, replacing the existing car park at the corner of Michael Street and Ellen Street, providing c.12,654 m2 office use, with c.960 m2 retail, and, c.430 m2 restaurant/café use at ground level;

The erection of a 5-storey building at the corner of Patrick St. and Ellen St. comprising; a 57 No. room apart-hotel (c.5,151 m2), including balconies to the rear at 7-8 Ellen Street.

The provision of 9 no. apartments at 1st to 3rd floor levels (6 No. 2 bed apartments; 1 No. 3 bed; and 2 No. 4 bed apartments) with balconies to the rear and c.655 m2 of retail use at ground and basement levels of 1-5 Patrick Street.

The provision of 4 No. 2 Bed apartments at 1st to 3rd floor levels with balconies to the rear and c.360 m2 of retail use at ground and basement levels of 7-8 Ellen Street.

The provision of 3 No. residential dwellings at 1st to 3rd floor levels (3 No. 1 Bed apartments), with balconies to the rear and c.445 m2 of retail use at ground and basement levels at the existing buildings 4-5 Rutland Street;

The refurbishment of the 3-storey over basement building at No. 9-9a Ellen Street (the former Quinn's pub) to provide a c.1,261 m2 licenced bar and restaurant.

The renovation and adaptation of the 4-storey former Town Hall (a Protected Structure RPS Ref. No. 014), including the demolition of the existing single storey, building adjoining to the rear and the two-bay four-storey end of terrace building adjoining to the south side. Retention of and conservation works to the Town Hall building to include the roof, façade, windows, principal rooms and open well staircase. Integration at ground and top floor level of the Town Hall with Nos. 8 & 9 Rutland Street which will form part of the proposed Library development. The Bruce House Doorway (a Protected Structure, RPS Ref. No. 317) will be relocated at the internal gable of number 8 Rutland Street, within the new library building atrium. The new building will provide a public library of c.4,515 m2, c.2,981 m2 of office floorspace, and, c.197 m2 of retail and c.446 m2 of café/restaurant floorspace in the basement.

The refurbishment and adaptive re-use of the 4-storey over basement Granary Building on Michael Street (a Protected Structure, RPS Ref. No. 272), including; the change of use of the former Library space within the Protected Structure to office use, the demolition of the existing modern library extension to the west and provision of a new glazed vertical circulation block to the west elevation. The building will provide c.2,303 m2 office floorspace. No change is proposed to the existing basement restaurant and separate licenced premises (c. 579 m2).

The construction of a basement car park at Opera Square, accessed from Michael Street, comprising 155 no. car parking spaces.

The provision of a total of 495 cycle parking spaces. These include 311 no. secure cycle parking spaces, together with shower and changing facilities at basement level; 40 no. secure cycle parking spaces and 120 no. public cycle spaces at ground level throughout the proposed development and the provision for a 24-space cycle hire scheme at Bank Place.

The development will also include improvement works to the adjacent public streets, hard and soft landscaping changes, public realm seating, roof gardens/terraces, signage, lighting, change in levels, 4 No. ESB substations, attenuation and site wide piped services, set-down areas and all related site development and excavation works above and below ground. In addition, 3 no. new public squares/plazas will be created to comprise; The Central Plaza c.3,700 m2 with a mirror pool water feature; the Granary Courtyard c.778 m2; and Bank Place c.1,775 m2.

An Environmental Impact Assessment Report (EIAR) and a Natura Impact Statement (NIS) has been prepared in respect of the Proposed Development.

This application for permission, EIAR and NIS will be available for inspection free of charge, or may be purchased on payment of a specified fee (which fee shall not exceed the reasonable cost of making such a copy) during public opening hours excluding Bank Holidays, at the following locations.

The Offices of An Bord Pleanála, 64 Marlborough Street, Dublin 1, Limerick City and County Council, Dooradoyle Road, Dooradoyle, Limerick, V94 WV78.

The application plans and particulars and the EIAR may also be viewed at or downloaded from the following website: <https://www.limerick.ie/council/services/planning-and-property/opera-site-planning-application/opera-site-planning>.

Submissions or observations may be made in writing only to An Bord Pleanála ("the Board"), 64 Marlborough Street, Dublin 1 in respect of:

- i. The likely effects on the environment of the Proposed Development.
- ii. The implications of the Proposed Development for proper planning and sustainable development of the area concerned, if carried out.

Any submissions / observations must be accompanied by a fee of €50 (except for certain prescribed bodies) and must be received by the Board not later than 5.30 p.m. on 10th May 2019 and must include the following information:

1. The name of the person making the submission or observation, the name of the person acting on his or her behalf, if any, and the address to which any correspondence relating to the application should be sent,
2. The subject matter of the submission or observation, and
3. The reasons, considerations and arguments on which the submission or observation is based in full.

Any submissions or observations which do not comply with the above requirements cannot be considered by the Board.

The Board may at its absolute discretion hold an Oral Hearing on the application. (For further details see 'A Guide to Public Participation in Strategic Infrastructure Development' on the Board's website [www.pleanala.ie](http://www.pleanala.ie)).

The Board may in respect of an application for permission decide to:

- a) (i) grant the permission, or (ii) make such modifications to the Proposed Development as it specifies in its decision and grant permission in respect of the Proposed Development as so modified, or (iii) grant permission in respect of part of the Proposed Development with or without specified modifications of it of the forgoing kind and any of the above decisions may be subject to or without conditions or
- b) Refuse to grant the permission.

Any enquiries relating to the application process should be directed to the Strategic Infrastructure Section of the Board (Telephone No. 01-8588100).

Any person may question the validity of any such decision of the Board by way of an application for judicial review, under Order 84 of the Rules of the Superior Courts (S.I. No. 15 of 1986, as amended by S.I. No. 691 of 2011), in accordance with Section 50 of the Planning and Development Act, 2000 as amended. Practical information on the review mechanism can be accessed under the heading 'information on cases/weekly lists – Judicial Review of Planning Decisions' on the Board's website, [www.pleanala.ie](http://www.pleanala.ie) or on the Citizens Information Service website [www.citizensinformation.ie](http://www.citizensinformation.ie)



## IN MEMORIAM



### † KENNEDY, WILLIAMS & GRAY

(20th Anniversary & Birthday Remembrances)

**In loving memory of a dear husband William Joseph Kennedy, late of 31 Galvone Road, Kennedy Park and Old Ellen Street, whose anniversary occurs on Friday March 22nd. Also remembering my Father Thomas Williams whose birthday occurs March 23rd and my good friend Patrick Gray, late of Clarina Ave, Ballinacurra Weston whose birthday occurs March 21st. Also remembering my niece Mary D Brosnahan (nee Donnellan) late of Walnut Court, Kennedy Park and Garryowen whose third anniversary occurred on 17th March. Rest in Peace. Mass offered.**

Will those who think of them today

A little prayer to Jesus say  
Always loved, remembered  
and never forgotten by  
Theresa Williams Kennedy,  
Michael Hartnett, Edel,  
Andrew and Sabrina

No birthday cards can I send  
For there is no address  
Just a beautiful garden where  
my granda now rests

**Hppy birthday Granda love  
and miss you loads love  
Edward xx**

### Afterglow

I'd like the memory of me  
to be a happy one.

I'd like to leave an afterglow  
of smiles when life is done.

I'd like to leave an echo  
whispering softly down  
the ways.

Of happy times and  
laughing times and bright  
and sunny days.

I'd like the tears of those  
who grieve to dry before  
the sun.

Of happy memories that  
I leave when life on  
earth is done.

## IN MEMORIAM



### † O'KEEFFE

(Fourth Anniversary)

**In loving memory of a dear son, brother, father, uncle and godfather David (Keeffo) O'Keefe, late of Moyross, Limerick whose anniversary occurs on March 15th and also whose birthday occurs on April 5th. Also thinking of my son, brother and uncle Michael at this time.**

A million hugs and kisses sent  
to you up above,  
Carried with care on the wings  
of a dove,

A prayer, a Mass, these are all I  
can give,

But these you will have for as  
long as I live,

No words can say or tears  
express,

The loss the love the emptiness  
Missed forever until we meet  
again, David

Also wishing you a happy  
birthday

**From your loving Mam xxx**

Beautiful memories are  
treasured forever,  
Of the happy days  
when we were together.

**Love from your one and only  
daughter Jade xxx**

**A MUCH LOVED BROTHER**  
The day god called your name  
It broke my heart in two  
But heaven needed and angel  
And the one he picked was you  
I just wish he could have waited  
And let you stay with me  
But you have memories left in  
my heart

And that's where you'll always be  
I just wish I could rewind the  
clock

Or make it turn real slow  
I could have hugged you one  
more time

Before you had to go  
No matter how much time will  
pass

I'll miss you everyday  
Keep shining bright in heaven  
So you can light my way  
**Sadly missed and always  
remembered by your loving  
sister Denise and your niece  
and goddaughter Chelsea  
Also thinking of Michael at  
this time**

I often talk about you,  
I never cease to care  
I wish I could go home again,  
And find you waiting there.  
I want to tell you something,  
So there can be no doubt -  
You're so wonderful to think of  
And so hard to be without.  
**Love from your brother  
Christy, Edel, Courtney, Levi  
and Taylor xxx**

*"Please God, Take this cloud  
of darkness away.  
Shine your light upon me.  
Give me the  
courage and strength to start  
to feel the joy in my life  
again."*

## IN MEMORIAM

Never more than a thought away,  
You meant so much to us,  
But nothing we can say,  
Can tell of the love,  
That is in our hearts today.  
**Love and miss you always  
your baby sister Chan, your  
friend Sean & Kids xxx**

Words are few, feelings are deep,  
Memories of you,  
we will always keep.  
**Love Dad xxx**

A kiss blown to the sky so blue  
Catch it David it's just for you.  
**Love your sisters Nickita,  
Sophie & Kids xxx**

Miss You Always  
Your Cousin Wayne



### † REDDAN

(10th Anniversary)

**In loving memory of a  
beloved mother,  
grandmother and  
great-grandmother,  
Mary Reddan,  
late of, 12 Meelick Road,  
Ballynanty, Limerick  
who died**

**23rd March, 2009. R.I.P.  
Mass Offered.**

If I listen really close in the  
silence of the night  
I hear your voice to comfort me  
and say that you're alright  
But it's often hard to understand  
why certain things must be and  
the reasons why they happen are  
so often hard to see

But I find comfort in the  
knowledge that God is always  
there to keep the one I loved so  
much for ever in His care

In our home you are remembered  
sweet memories cling to your  
name those who loved you in life  
sincerely still love you in death  
just the same

**Sadly missed by your loving  
daughter Margaret  
and son-in-law Martin.**

We miss your smile  
your joking ways  
We miss the things  
you used to say  
And when the olde times  
we do recall, its then we miss you  
most of all

**Sadly missed by your  
granddaughter Rachel,  
Ross, Ellie and James.**

Those we hold most dear never  
truly leave us, they live on in the  
kindness they showed  
the comfort they shared and the  
love they brought into our lives

**Sadly missed by your  
granddaughter Lisa,  
Colm, Aoife**

## THANKSGIVINGS

## NOVENA TO THE SACRED HEART

Dear Heart of Jesus, in the past I  
have asked for many favours.  
This time I ask you this very  
special one (mention favour).  
Take it dear Jesus and place it  
within your broken heart  
where your holy Father sees it.  
Then in His merciful eyes it  
will become your favour, not  
mine. Amen. Say prayer for 3  
days. Promise publication and  
favour will be granted.DF

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## Super Swiss showcase

**Geneva Motor Show:** Small brands shine as some of the big boys stay at home this year

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THE annual Geneva Motor Show is one of the favourite automotive events for Irish car companies. Although many of the big-name, mainstream car manufacturers didn't attend this year, there was still much to whet the appetite. Absent were Ford, Hyundai, Jaguar Land Rover, Opel and Volvo.

This is a snapshot of some of the important reveals.

### AUDI

Audi unveiled four all-electric drive cars; the Audi 3-tron, the coupe equivalent of the SUV; the e-tron Sportback, the Q4 e-tron concept and the European debut of the e-tron GT concept. The German brand also World Premiered a fully electric Formula E race car as well as plug-in hybrid versions for its A6, A7, A8 and Q5. The Q4 e-tron concept car has a claimed range of more than 450kms and a production version is to be launched at the end of 2020. It will be the fifth electric car from the brand.

### BMW

BMW's latest 7 Series made its public show debut with a taller front end and a rather massive kidney grille giving it more presence. Inside is new equipment and an even quieter cabin. A more advanced lineup of engines include a revised V12, a new V8, and three diesel sixes. There are three plug-in hybrid options. In a very electrified lineup, BMW also showed the X3 plug-in hybrid which has a total power output of 250hp and a 6.5s sprint capability. It has 50km of electric only driving range and will share its powertrain in the new 330e.

### HONDA

Honda World Premiered a new electric car prototype model evolved from its Urban EV Concept with a clean, uncluttered profile. It will have a range of over 200km and a 'fast charge' of 80pc battery charge



Skoda highlighted its concept Vision iV to an impressed crowd



Skoda showed off its Klement concept, all electric bicycle, that doesn't have pedals!

in 30 minutes, ideal for everyday commuting. Production will begin later this year.

### KIA

Kia had the World Debut of its 'Imagine by Kia' all-electric concept car, it's first pure electric four-door passenger car. A large C-segment car with a single sheet of glass used for both the windscreen and roof giving a vast sky roof. There is also the European Debut of the new e-Soul with its distinctive, box-fresh design, and long range, fully electric powertrains. It has a fully-electric driving range of up to 452kms from a single charge. On sale in Europe from early 2019. Kia also revealed an upgraded Niro hybrid and plug-in hybrid.



SEAT's el-Born is all electric

possibilities, there's a fully-electric version with a claimed 340km range.

### RENAULT

Renault debuted its new Clio which is a real honey. It's the fifth generation of the best selling car in Europe. While it is new from platform up, they have kept the important exterior Clio cues and draws on four previous generations of the French icon. The interior is a huge step up. There are also new engines. A hybrid is coming down the road.

### SEAT

The SEAT el-Born is an electric car from the Spanish carmaker which will be the second car on the MEB platform designed by Volkswagen Group. Due to go on sale in 2020, it will have a range of around 420m and 204hp. The company's standalone Cupra performance brand was represented by the Formentor coupe crossover concept with a plug-in 245hp powertrain.

### SKODA

Skoda highlighted its concept Vision iV, a city SUV looking ahead at the future of its family of cars running purely on electric batteries. It's also AWD and with a range of up to 500kms according to the WLTP cycle. There's also a futuristic Klement concept, an electric 'mobility solution' for city transport which is an electric bicycle ... without any pedals!

### SUBARU

Subaru showed their Viziv Adrenaline concept which certainly got a rise in temperature with its strong and futuristic styling. The powertrain is an e-Boxer hybrid which the brand has also used this show to launch in its electrified XV and Forester models for Europe. Apart from the electric motor boost, the powertrain provides better weight balance.



The next generation Peugeot 208 was launched at the show

### MAZDA

Mazda World Premiered its CX-30 compact crossover SUV aimed at filling a space between the CX-3 and the CX-5. It will share the mild hybrid powertrains available for the recently launched Mazda3. It has been designed to be easy to drive. The cabin will comfortably seat four adults. It will be rolled out to global markets starting from Europe this summer.

### MERCEDES-BENZ

The Mercedes-Benz CLA Shooting Brake is one of six World Premieres at the show. Others are a facelifted GLC mid-size SUV, a Formula E showcar, Concept V-Class and two high-performance

AMG models - a GLE 53 SUV and GT R Roadster. A facelift 300d V-Class MPV is also on show, which arrives here later this year.

### MITSUBISHI

Mitsubishi had the Global Premier of its Engleberg Tourer crossover SUV Concept which comes with a nice blocky look that could well transfer into a production version. The concept uses an all-electric drivetrain and is AWD.

### PEUGEOT

Peugeot launched its new 208, a completely new generation of the brand's popular small car. This time in addition to the familiar and improved petrol and diesel power



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# SPORT

Leader

## LAWSON CUP BACK ON TRACK

Pike Rovers look to add to Tuohy Cup

See Page 50 for more



Up the Dubs: Limerick face Dublin in this Sunday's Allianz Hurling league semi final. Their first league meeting since last season in 13



# Hurlers seek capital gains in their league final bid

**GAA:** Limerick must jump Dublin hurdle to end 13-year league wait

**JEROME O'CONNELL**  
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LIMERICK bid to bridge a 13-year gap on Sunday and reach a hurling league final.

Dublin stand between John Kiely's heroes and another national final – a first Allianz Hurling League decider since 2006.

For the fifth time in seven league games Limerick are on their travels for the semi final.

It's back to Nowlan Park in Kilkenny for the semi final with Dublin. The Kilkenny venue hosts a semi final double-header with All-Ireland champions Limerick up first at 1.30, following by Galway v Waterford at 3.30. Both games will be live on TG4.

Limerick are the 10/11

favourites to win a first league title since 1997.

Twenty two years ago the semi final was also won in Nowlan Park and Limerick progressed to beat Galway in the final in Ennis.

The bookies suggest another Limerick-Galway league final, which would of course be a repeat of last August's All-Ireland SHC final. Limerick and Waterford have never met in a league final.

But first, Limerick must win a first ever semi final meeting with Dublin. The sides have met in quarters finals in recent times and in the final of 1934, but Sunday will be the first semi final tie.

Back in 2015, Dublin were 12-points winners in Croke Park in a quarter final tie and 10 of the current Limerick

panel saw action in that disappointing defeat. Limerick did regroup to win a Parnell Park quarter final 12-months later and were also winners last year when the sides met in a Gaelic Grounds group game.

For Sunday, the bookies make Limerick the 3/10 favourites with Dublin available at 3/1.

The league semi final will be exactly a year to the day of the 2018 All-Ireland club SHC final replay between Dublin champions Cuala and Na Piarsaigh. Five of that victorious Cuala team played in Dublin's quarter final win over Tipperary last Saturday; Darragh O'Donnell, Sean Moran, Sean Treacy, Jake Malone and David Treacy.

Limerick have used 32 players in their six league



**Billy Lee's men take on Antrim this Sunday in NFL**

game to-date and five are from Na Piarsaigh; Shane Dowling, Peter Casey, David Dempsey, Conor Boylan and Kevin Downes.

However, key Na Piarsaigh duo Mike Casey and William O'Donoghue has missed the entire league so far with injury.

Sunday will be the first Limerick-Dublin meeting in Nowlan Park since a 2005 All-Ireland minor hurling semi final. Tom Condon and the currently injured Richie McCarthy remain in the green of Limerick 14-years later, while Dublin have no survivors.

The league final will most likely be played on Sunday March 24 with Semple Stadium the likely venues. Croke Park would be a possibility, if Galway were to be involved in both the hurling and football league finals that day.

Elsewhere, Limerick conclude their Allianz Football League with a Sunday (1pm) tie with Antrim in Newcastle West. Limerick will be bidding to end a four game losing run.

## Soccer News

Limerick eye trip to Cabo' boosted by Cobh victory

**COLM KINSELLA**

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LIMERICK FC return to action in the SSE Airtricity League First Division this Saturday afternoon when facing fourth-placed Cabinteely at Stradbroom, 2.30pm.

Limerick secured their first league win of the campaign when easing past Cobh Ramblers 3-1 at the Markets Field on Friday night before an official attendance of just 355.

A much-changed Limerick side then exited the EA Sports Cup at the first round stage to Cobh just 72 hours later at St Colman's Park on Bank Holiday Monday.

'Blues' boss Tommy Barrett will be relieved that Limerick managed to finally break their scoring duck in the league Friday night's win over Cobh.

Kieran Hanlon netted twice for the Blues, while Connor Ellis was also on target in the timely win over their Munster rivals.

The win saw Limerick move up to sixth place in the First Division table, two points behind Saturday's opponents, fourth-placed Cabinteely.

'Blues' Manager Tommy Barrett said: "People were looking at the two draws with Longford and Drogheda as poor ones. I never thought that. This is a difficult league. You look at Cabinteely putting four past Drogheda on Friday night. It is tough"



**Limerick FC's Tommy Barrett happy with first win**



SPORT  
SNIPPETS

## Kate Russell

The 2019 Kate Russell Hockey All-Ireland tournament will be hosted by St Andrews College, Booterstown from March 21-22 with Limerick's Crescent College once more representing Munster.

The Cathal Duggan and Gary Kirby coached side will face hosts St Andrews College, Banbridge Academy, Colaiste Iognaid and Kilkenny College in a busy schedule.

The tournament is hosted on a league basis, so Crescent know a good start is vital if they are to win the title they last took home in 2015.

## Prendergast to Toulon?

This week French newspaper Midi Olympique has linked Mike Prendergast with a role at Toulon RC for next season.

Prendergast, currently the attack coach at Stade Francais, is expected to be offered a role at the Southern rugby giants this summer.

Toulon, owned by controversial character Mourad Boudjellal, are currently captained by Mathieu Bastareaud and coached by Patrice Collazo.

## League win for Limerick Ladies football

LIMERICK kept alive their push for promotion from the Lidl Ladies National Football Division 4 with a more than comfortable win (Limerick 7-21 Kilkenny 1-3) over a depleted Kilkenny side in Askeaton on Saturday afternoon.

The outcome of this Round 5 league game was decided well before it began, as Martin Dowd's visiting side arrived in a rain-soaked Askeaton with just 11 players.

Limerick, who agreed to start the game 13 players, completely outclassed the Division 4 basement side, as those who braved the difficult conditions got more than their monies worth.

## Podcast

The Limerick Leader Sports Podcast is now live on our website [www.limerickleader.ie](http://www.limerickleader.ie)

The ninth episode is jam packed with sports opinion from the Limerick Leader Sports team.

## Munster set for Zebre visit as AIL returns

## COLM KINSELLA

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MUNSTER resume action in the Guinness PRO14 this Saturday against Zebre in their final fixture before the mammoth Heineken Champions Cup fixture against Edinburgh.

Johann van Graan's Munster, currently three points behind PRO14 Conference A table toppers Glasgow Warriors, will lock horns with the Conference's basement side at Thomond Park this Saturday, 7.45pm.

Munster are set to line out minus their Ireland stars who started in Saturday's disappointing Six Nations defeat to Wales in Cardiff.

Meanwhile, the third last series of regular season fixtures in the All-Ireland League take place on Saturday.

In Division 1A, fifth-placed Garryowen sit just one point off the play-off places following recent victory over UCD at Belfield.

Garryowen will face Clontarf at Dooradoyle this Saturday, 2.30pm, Lansdowne, away, and Dublin University, away, in their three final AIL fixtures.

Young Munster boosted their survival hopes in Division 1A, moving out of the relegation zone when scoring their first win in six attempts against Trinity last time out.

The win sees Munsters' move up to seventh-place in the 1A table, but just one

point ahead of both UCC and Shannon.

Intriguingly, Munsters' face UCC and Shannon in their next two AIL fixtures, beginning with that trip to Cork on Saturday at the Mardyke.

Shannon dropped into the relegation play-off position following their fifth defeat on the bounce in 1A, this time a 45-14 loss away to Clontarf.

Shannon face a crucial fixture against fellow strugglers Terenure College on the back pitch at Thomond Park this Saturday, 1.30pm.

In Division 2A, UL-Bohs sit four points off the promotion play-off positions following their bonus point home win over Blackrock College.

UL-Bohs face a trip to Nenagh Ormond this Friday night, 8pm.

Also in 2A, sixth-placed Old Crescent also remain in the promotion play-off mix after defeating Navan.

The Rosbrien side host Munster rivals Dolphin this Saturday, 2.30pm.

In Division 2C, Bruff remain well in the promotion hunt despite losing out to high-flying Ballina.

Bruff host Tullamore this Saturday at Kilballyowen Park, 2.30pm.

Also in 2C, Thomond remain rooted to the foot of the table, four points off Seapoint following their 11-point defeat to Malahide.

Thomond will look to boost their survival hopes when travelling to Omagh this Saturday.



Former Munster number nine and now Zebre Head Coach, Michael Bradley will bring his side to Thomond Park this Saturday

## St Munchin's look to secure second successive Schools Junior Cup title



St Munchin's Gus Harrington finds a gap in the Castletroy defence during his side's semi final win at Thomond Park PICTURE: DERMOT LYNCH

**HOLDERS** St Munchin's College will be looking to retain their Clayton Hotels Munster Schools Junior Cup title in Cork next week when facing Rockwell College.

The province's top U16

schools decider will take place at the Musgrave Park on Wednesday, March 27 at 2pm.

The Corbally side lifted the trophy for the first time in 20 years when edging past CBC, of

Cork, in the 2018 final. Munchin's reached the final with two exciting wins, firstly over CBC and then against local rivals Castletroy College in the semi-final at Thomond Park.

## Reeves wins in 'The Garden'

LIMERICK boxer Lee Reeves continued his professional career at famed Madison Square Garden, New York on St Patrick's Night when recording his third win.

Twenty four year old Reeves defeated American Edward Torres in a four-round welterweight contest, which is part of the undercard of Michael Conlan's big 10 round Featherweight clash against Ruben Garcia Hernandez.

The Limerick southpaw had been preparing for his

third professional fight at a training camp in Los Angeles. Reeves won the contest on a unanimous decision over Torres, with the Limerick man winning all four rounds.

Reeves, who made his professional boxing debut on November 7 last in Canada, had a successful first foray into the squared circle.

The former Corpus Christi welterweight defeated Mexican Benito Aburto with a TKO in the third round.

He then followed up by

beating Canadian Maged Hammo in his second professional fight in the Coca-Cola Coliseum, Toronto, in December.

A former national underage champions, Reeves had a familiar face in his corner with Declan Fitzgerald.

As an amateur, Reeves won eight Limerick championships and eight Munster championships and is a two-time Irish underage champion.

For more see #LLSport

## Lee Reeves pictured in Madison Square Garden

PICTURE: UK TRIBE





# Youths fly Limerick flag

**PAT SHEEHAN**  
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FOCUS this weekend rightfully goes to the Inter County Youth squad who welcome the Inishowen League to Jackman Park where they will battle it out for a place in the final of the competition.

Manager Martin Sugrue is attempting to bring his side to the final for the third time in four seasons, still waiting to collect a winners medal.

Defeat in Blarney in 2016 was followed up a year later with a 3-1 defeat at home to Waterford which means it is now 15 years since Limerick brought home the trophy, ironically also managed by a Janesboro trio of Malachy Cosgrove, Derek Braddish and Gary Murphy.

It is a poor return for a League like Limerick, considering the players we have produced over the years.

Limerick won the competition in 1968 and 1972 and there was a thirty year gap before we won it again in 2002.

Further success two years later was the last time we won it and defeats in the final in 1969, 1977, 1978, 1981, 1987, 1993, 2016 and 2017 has us thirsting for more success.

Limerick topped their group with wins over Galway and Carlow and in the quarter final they romped to a 10 -0 win over the North Dublin Schoolboy League.

The Manager has assembled a strong squad with quite a few players who are prolific in front of goal.

Home advantage could play a role but the side need to avoid complacency and stick to their game plan to date which has seen them impress hugely.

The game has a 1pm kick

off and it is hoped a big crowd will turn out to support the side.

**THE FOLLOWING IS THE SQUAD FOR THE GAME;** Kevin Walsh (Regional), David Parajnak (Charleville), Frankie Hehir (Kilfrush), Dean McNamara (Fairview), Craig Carew (Caledonians), Darren Collins (Newport), Jack Noble (Newport), Scott Kirwin (Fairview), David O'Connell (Regional), Kyle Duhig (Fairview), Sean Erasmus (Regional), Ewan O'Brien (Regional), Shay McCarthy (Fairview), Paudie Hartigan (Regional), Jamie Greaves (Regional), Tyrique Leamy (Kilfrush), James Whyte (Aisling Annacotty), Tommy Canty (Aisling Annacotty), Jorge Gustavo (Charleville), Ronan O'Dwyer (Aisling Annacotty)

Two outstanding games in the Lawson Cup are scheduled with Pike and Prospect vying for a place in the last eight of the competition while Hill Celtic and Newport battle it out for a semi final slot.

Ballynanty Rvs await the winners of Pike and Prospect at the Pike Club and the home side are strong favourites coming into the tie on the back of winning the Tuohy Cup last weekend with a 2-1 win over Janesboro.

Prospect's last outing was nearly a month ago when they were far from impressive in a 2-0 win over Carew Park. Since then, Manager Derek Braddish will have had time to work out the kinks and they will be well prepared for Sunday but whether that can halt the Hoops remains to be seen.

Kudos to Division 1B where one of their number will make up the semi final line up.

Hill Celtic and Newport have been two of the top form sides in the League, along with leaders Kilfrush and it's fitting that one of them will get the opportunity to test their wits against Balla and either Pike or Prospect for a place in the final of the Lawson Cup.



**Cup winners: Pike Rovers' goal scorer Jonathon Grant is congratulated by his team mates after scoring the winner in the 2019 Tuohy Cup final against Janesboro**

The sides have met once already this season when the Tipperary side scored a 2-1 win. Expect this game to be similarly close.

In the PJ Matthews Premier League Janesboro will open a seven point gap at the top of the table if they take the points at home to v Kilmallock.

Regional Utd will know their FAI fate going into their game with Carew Park which they are expected to win comfortably.

Nenagh and Fairview Rgs

cross swords in a game of little relevance while Ballynanty Rvs take on Geraldines, still not willing to concede that their title hopes are over.

In Division 1A the promotion battle is tightening. While they will not give up quite yet, it looks like Athlunkard Villa may have too much ground to make up (Although Mungret and Coonagh still have to play each other).

Moyross are six points

behind leaders Coonagh with two games less played. You feel a win for Coonagh on Sunday will make them strong favourites to reach the top flight.

Mungret, in second place, face a difficult run in beginning on Sunday with a trip to Fairview Rgs. Likewise, a win here will leave the chasing pack with a big gap to close.

## JUNIOR SOCCER FIXTURES

### SUNDAY MARCH 24

**INTER COUNTY YOUTH TROPHY SEMI-FINAL**  
Limerick DL v Inishowen, 1.00,

#### LAWSON CUP

Hill Celtic v Newport, 11.00, M Cuddihy, Pike Rvs v Prospect, 11.00, D Power

#### PJ MATTHEWS PREMIER LEAGUE

Janesboro v Kilmallock, 11.00, R McCann, Nenagh v Fairview Rgs, 11.00, B Higgins, Ballynanty Rvs v Geraldines, 11.00, A Keogh, Regional Utd v Carew Park, 11.00, R Broe

#### GALTEE FUELS DIV 1A

Cappamore v Holycross, 11.00, J McNamara, Coonagh Utd v Moyross, 11.00, R McCann, Fairview Rgs v Mungret Reg, 11.00, N Casey, Murroe v Corbally Utd, 11.00, G Clancy

#### DIV 1B CALVERT CUP

Southend v Ballylanders, 2.15, S Rooney, Shelbourne v Caherdavin, 2.15, R McCann

#### DIV 2A LIPPER CUP

Corbally Utd v Kennedy Park, 2.15, D Downing, Caledonians v Glenview, 11.00, A Galvin, Star Rvs v Charleville, 11.00, M Kiely

#### MCGETTIGANS DIV 2B

Parkville v Holycross, 2.15, M Bourke, Mungret Reg v Newport, M Monaghan, Pallasgreen v Athlunkard Villa, 11.00, A Whelan

#### STA FURNITURE DIV 3A

Murroe v Wembley Rvs, 11.00, P O'Brien

#### DIV 3A POWER CUP

Knockainey v Meanus, 11.00, K McNamara, Castle Utd v Abbey Rvs, 2.15, P O'Brien

#### ALL TAN SUNBED DIV 3B

Northside v Kilfrush, 11.00, J Clancy, Herbertstown v Brazuca, 11.00, F O'Neill, Mungret Reg v Cappamore, 11.00, PJ Walsh, Weston Villa v Hyde Rgs, 11.00, E

Kenny

#### DIV 4 HAYES CUP

Parkville v Murroe, 2.15, M Monahan

#### UNDER 17 LEAGUE DIV TWO

Shelbourne v Caherdavin, 2.15, M Kavanagh, Kilfrush v Geraldines, 2.15, M Murphy, Corbally Utd B v Aisling B, 2.15, M Kennedy

### WED MARCH 27

#### DIV 1A O'HALLORAN CUP

Aisling v Moyross, 7.00, Jackman Park, G Clancy

DIVISION 3B	P	W	D	L	Pts
Herbertstown	13	10	3	0	33
Northside	12	7	1	4	22
Brazuca United	13	6	3	4	21
Weston Villa	12	7	0	5	21
Hyde Rgs B	12	6	2	4	20
Cappamore B	12	5	3	4	18
Kilfrush B	13	5	2	6	17
Coonagh Utd B	13	5	0	8	15
Dromore Celtic	11	3	1	7	10
Mungret Reg C	13	0	1	12	1

DIVISION 4	P	W	D	L	Pts
Lisnagry	13	11	1	1	34
Fairview Rgs C	13	10	1	2	31
Coonagh Utd C	12	7	1	4	22
Shelbourne B	13	6	1	6	19
Parkville B	12	5	3	4	18
Aisling E	13	3	3	7	12
Athlunkard Villa C	12	2	4	6	10
Murroe C	12	2	2	8	8
Newport	12	1	2	9	5

### JUNIOR SOCCER

PREMIER DIVISION	P	W	D	L	Pts
Janesboro	17	15	1	1	46
Pike Rovers	16	13	3	0	42
Ballynanty Rovers	15	12	1	2	37
Regional Utd	14	9	2	3	29
Fairview Rgs	15	7	5	3	26
Aisling Annacotty	15	7	2	6	23
Geraldines	16	6	2	8	20
Nenagh AFC	17	5	0	12	15
Kilmallock	16	5	0	10	15
Prospect Priory	15	3	5	8	14
Charleville	18	3	1	14	7
Carew Park	18	0	0	18	-3*

DIVISION 1A	P	W	D	L	Pts
Coonagh Utd	18	11	5	2	38
Mungret Reg	17	11	4	2	37
Moyross	16	10	2	4	32
Fairview Rgs B	17	8	5	4	29
Athlunkard Villa	17	8	5	4	29
Holycross	16	8	3	5	27
Murroe	17	8	2	7	26
Corbally Utd	17	6	2	9	20
Cappamore	18	5	4	9	19
Aisling Ann B	17	3	5	9	14
Castle Rvs	18	2	3	13	9
Summerville Rvs	18	3	0	15	9

DIVISION 1B	P	W	D	L	Pts
Kilfrush	18	15	1	2	46
Hill Celtic	17	14	1	2	43
Newport	15	11	1	3	34
Knockainey	19	9	5	5	32
Geraldines B	18	9	2	7	39
Shelbourne	17	7	5	5	26
Southend	18	6	4	8	22
Caherdavin Celtic	17	6	1	10	19
Ballylanders	16	5	0	11	15
Granville Rgs	18	3	2	13	11
Regional Utd B	17	3	1	13	10

DIVISION 2A	P	W	D	L	Pts
Hyde Rgs	11	10	0	1	30
Star Rvs	11	9	1	1	27
Patrickswell	10	6	1	3	19
Caledonians	11	5	0	6	15
Kennedy Park	11	4	0	7	12
Glenview Rvs	11	3	1	7	10
Charleville	11	2	1	8	7
Corbally Utd B	12	2	2	8	5*

DIVISION 2B	P	W	D	L	Pts
Pallagreen	13	9	4	0	31
Mungret Reg	13	9	1	3	28
Parkville	14	6	4	4	22
Athlunkard Villa B	13	6	2	5	20
Newport	14	5	3	6	18
Holycross B	13	6	0	7	18
Aisling Annacotty C	13	4	4	5	16
Caherdavin Cel B	13	3	2	8	11
Ballynanty Rvs B	14	1	2	11	5

DIVISION 3A	P	W	D	L	Pts
Kilmallock B	14	11	2	1	35
Castle Utd	15	8	4	3	28
Meanus	15	7	5	3	26
Murroe B	14	8	2	4	26
Wembley Rvs	14	7	4	3	25
Janesboro B	14	7	1	6	22
Prospect Priory B	14	5	1	8	16
Knockainey B	14	3	3	8	12
Abbey Rvs	14	1	3	10	6
Aisling Annacotty D	14	1	1	12	4



# ON THE BALL

“Limerick to the core...”

JEROME O'CONNELL

## Limerick hurlers under pressure for the first time

SEVEN months after Declan Hannon lifted the Liam MacCarthy Cup on the steps of the Hogan Stand, Sunday feels like the first big test for All-Ireland champions Limerick.

Yes, Limerick have already played eight competitive fixtures in the 2019 season but Sunday is knockout hurling in a neutral ground with a place in the final of the secondary national competition at place.

The Division 1A group phase of the league felt somewhat like a victory lap for Limerick. I am not dismissing the contests – there were some great games and key indicators for John Kiely's men ahead of the Munster SHC.

But at the end of the day there was little on the line in those five league games with no relegation from the top flight this Spring. It's hard to know where any team was at in their training programme on any given day and I doubt most teams would have used about the 30-player mark had relegation been an issue.

The games were fast and furious but still something was lacking in the games – the real cut and trust of championship with a real tangible prize on offer.

Nonetheless, Limerick went about their business in a professional manner – on the field

continuing where they left off last August and at time looked like a side that have added to their armoury. Off the field, they were just as impressive – top ambassadors for Limerick GAA with their supporter inaction after the final whistle.

Limerick have played six Allianz Hurling League games with 32 different players getting game time – all bar three in starting roles.

What is impressive is that the spread of players didn't halt the Limerick rhythm – even in defeat to Cork and the draw with Clare, performance was maintained for periods in both games.

The league quarter final was knockout but given that Laois were the opposition, it felt very much like a foregone conclusion and that's what materialised in Portlaoise.

Sunday should be different. No matter how a county approached the league heretofore, all will want to make the step from semi final to final.

There are five in the Limerick set-up that will potentially be starting a fourth successive league semi final and yet to taste success – Nickie Quaid, Richie English, Diarmaid Byrnes, Gearoid Hegarty and Cian Lynch.

The simply reality is that Limerick are 70-minutes away from ending a 13 year wait to reach a league final. None



**Thou shall not pass: Donal Burke of Dublin in action against Sean Finn of Limerick when the two sides met last season in the league**

of the 42-man panel have played in a league final and surely would love to add a league medal to their Celtic Cross of last August.

Dublin, Galway and Waterford stand between Limerick and more silverware.

Pressure can bring strange results and for the first time since last August, Limerick will be under pressure on Sunday – the hottest of 3/10 favourites to reach the final but playing a team that have already beaten Tipperary and Waterford and have nothing to lose against the All-Ireland champions.

The Limerick set-up will say that there is no greater pressure or expectation than the one they place on themselves but Joe-Public can sense more silverware and will be

expectant.

Limerick preparation should be ideal – St Patricks Bank Holiday weekend free from competitive fare as part of a two week build-up to the semi final.

After much experimentation, Limerick will surely go fully loaded to Nowlan Park and much interest will centre on the team announcement on Friday night.

To-date, the tag of champions has rested softly on the shoulders of the Limerick players and management and I do expect normal service to continue on Sunday against Dublin and send the men in green and white into a league final but it will be interesting to see if any dynamic changes given that something tangible is now on the line.

COLM KINSELLA

Welsh eye World Cup as Irish set for Europe

SO how does a team made up of players who are playing for regions struggling in the Guinness PRO14 and Heineken Champions Cup stuff a side leaden with players flying high in both competitions?

Perhaps the best person to answer that question is Wales head coach Warren Gatland who masterminded a third Grand Slam success since he took the reins in 2008.

Three Grand Slams is as many as Ireland has won in their entire rugby history. Just think about it.

So while the Ireland players from Munster, Leinster and Ulster drift back to their provinces this week to begin preparations for mammoth Heineken Champions Cup quarter-finals on Saturday week, Welsh players bask in the glory of another Grand Slam success and start to contemplate a few weeks downtime as none of their regions will be involved in Champions Cup last eight action.

The Welsh players will be solely involved in PRO14 fixtures for the remainder of the season before their focus switches to the World Cup.

Ireland players will be knocking – and having lumps knocked out of themselves – in huge Champions and Challenge Cup fixtures. Perhaps it's the best way to get over a bitterly disappointing Six Nations campaign.

DONN O'SULLIVAN

It is impossible to defend Limerick hurling parade snub

Where are you from? Limerick? Oh, ya, 'STAB CITY' - Sound familiar?

Everywhere you go, people are willing to have a crack off of Limerick. It is an easy shot. A handy slag.

Everywhere Limerick people go, they defend their city as much as they can.

It is not an easy task, but one that Limerick natives take huge pride in.

Indeed, there is that old rule. I (from Limerick) can slag off Limerick, but someone from

outside dare not.

This week however, there is no defending Limerick.

Well, there is no defending Limerick Council's decision to leave the All-Ireland winning hurlers of 2018, out of the parade.

There was an in house joke in the Limerick Leader offices following



**Declan Hannon and Liam - Both should have been in parade**

their win in August.

'Well at least we know who is turning on the Christmas Light and who will be the Grand Marshall of the Parade'

The hurlers were neither.

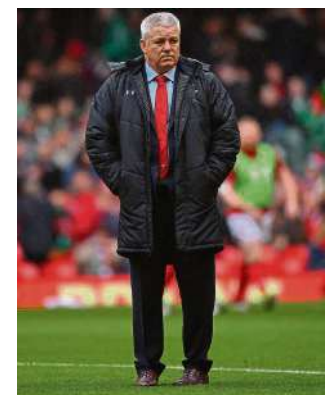
The snub, (a source close to the team told the Limerick Leader that no one from the panel was even invited to attend the parade) is

hard to fathom. The team brought such joy to thousands of Limerick people all over the World.

The Liam MacCarthy Cup brought thousands to the streets of the city, just for a glimpse of the famous silverware.

The one year, we, as a county, actually won something, something to be 'over the moon' with pride about, we didn't think to have them in the parade.

It is not often I am stuck for words, if ever, but this decision has to go down as one of the biggest own goals in the history of sport.



**Winner - Warren Gatland**



**COLM KINSELLA**

## Ireland remain good bet to reach World Cup final at 12/5

THE on-field action may be over for another year in the Guinness Six Nations Championship, but the fall-out and debate is set to continue for several more weeks and months.

Indeed, in the case of Ireland, the debate over the team's disappointing display looks set to last right up to the start of the

Rugby World Cup.

Sport is fickle and so are supporters. The sense of excitement and anticipation was sky high following Ireland's historic win over New Zealand last November.

But two defeats in five Six Nations games has dampened that enthusiasm significantly ahead of

this autumn's Rugby World Cup in Japan.

Bookmakers have New Zealand as the 11/10 favourites to retain the trophy, with England on offer at 5/1 and Ireland next best at 6/1.

Ireland are 1/100 to qualify from their pool and reach the quarter-finals, with Scotland available at 1/7 and hosts Japan

priced up at 10/3.

Ireland are 12/5 to make the final. It looks a decent bet still, despite the misgivings of many Irish fans. The key for Ireland's prospects at the World Cup is to top Pool A and so avoid a likely quarter-final meeting with New Zealand. Joe Schmidt's side are 2/9 to top Pool A.



**Can Ireland make the World Cup final, we think they can**

# IS THAT ON THE BOX?

**Sunday**

**Limerick face Dublin on TG4 this Sunday at 1.30pm**

**Wednesday****BASEBALL**

MARINERS @ OAKLAND  
BT ESPN 9.35AM

**CYCLING**

NOKERE KOERSE  
EUROSPORT 2PM

**TENNIS**

MIAMI MASTERS  
BT SPORT 3PM

**SOCCER**

GERMANY V SERBIA  
SKY SPORTS 7.45PM

**BASKETBALL**

76ERS @ CELTICS  
SKY SPORTS 11PM

**Thursday****GOLF**

MAYBANK CHAMPS  
SKY SPORTS 3.30AM

**GOLF**

VALSPAR CHAMPIONSHIPS  
SKY SPORTS 1PM

**SOCCER**

KAZAKHSTAN V SCOTLAND  
SKY SPORTS 3PM

**SOCCER**

N IRELAND V ESTONIA  
SKY SPORTS 7.45PM

**SOCCER**

HOLLAND V BELARUS  
SKY SPORTS 7.45PM

**Friday****GOLF**

MAYBANK CHAMPS  
SKY SPORTS 3.30AM

**RUGBY UNION**

BLUES V HIGHLANDERS  
SKY SPORTS 6.35AM

**AFL**

COLLINGWOOD V GEELONG  
BT SPORT 8.50AM

**GOLF**

VALSPAR CHAMPIONSHIPS  
SKY SPORTS 1PM

**TENNIS**

MIAMI MASTERS  
BT SPORT 3PM

**RUGBY UNION**

CARDIFF V SCARLETS  
EIR SPORTS 7.35PM

**RUGBY UNION**

EDINBURGH V LEINSTER  
PREMIER SPORT 7.35PM

**RUGBY UNION**

CONNACHT V TREVISO  
TG4 7.35PM

**SOCCER**

MOLDOVA V FRANCE  
SKY SPORTS 7.45PM

**SOCCER**

PORTUGAL V UKRAINE  
SKY SPORTS 7.45PM

**SOCCER**

ENGLAND V CZECH REPUB  
ITV 1 7.45PM

**BASKETBALL**

RAPTORS @ THUNDER  
SKY SPORTS 11.35PM

**Saturday****GOLF**

MAYBANK CHAMPIONSHIP  
SKY SPORTS 2.30AM

**RUGBY UNION**

HURRICANES V STORMERS  
SKY SPORTS 6.35AM

**RUGBY UNION**

WARATAHS V CRUSADERS  
SKY SPORTS 8.45AM

**RUGBY UNION**

SUNWOLVES V LIONS  
SKY SPORTS 10.55AM

**SOCCER**

CHESTERFIELD V SUTTON  
BT SPORT 12.30PM

**GOLF**

VALSPAR CHAMPIONSHIP  
SKY SPORTS 1PM

**RUGBY UNION**

BULLS V CHIEFS  
SKY SPORTS 1PM

**RUGBY UNION**

OSPREYS V DRAGONS  
PREMIER SPORT 3PM

**SOCCER**

GIBRALTAR V IRELAND  
SKY SPORTS 5PM

**RUGBY UNION**

NEWCASTLE V SALE  
BT SPORT 5.30PM

**RUGBY UNION**

ULSTER V KINGS  
PREMIER SPORTS 5.30PM

**RUGBY UNION**

MUNSTER V ZEBRE  
EIR SPORT 7.35PM

**RUGBY UNION**

GLASGOW V CHEETAHS  
EIR SPORT 7.35PM

**BASKETBALL**

HORNETS @ CELTICS  
SKY SPORTS 10PM



**The Boston Celtics, with Kyrie Irving, host the 76ers on Sky**



**Zebre travel to Thomond Park this Saturday**

**GOLF**

MAYBANK CHAMPIONSHIP  
SKY SPORTS 2.30AM

**RUGBY UNION**

REDS V BRUMBIES  
SKY SPORTS 5AM

**GOLF**

VALSPAR CHAMPIONSHIPS  
SKY SPORTS 1PM

**HURLING**

DUBLIN V LIMERICK  
TG4 1.30PM

**SOCCER**

WALES V SLOVAKIA  
SKY SPORTS 2PM

**RUGBY UNION**

EXETER V BATH  
BT SPORT 3PM

**HURLING**

GALWAY V WATERFORD  
TG4 3.30PM

**GAELIC FOOTBALL**

TYRONE V GALWAY  
TG4 3.30PM DEFERRED

**SOCCER**

HUNGARY V CROATIA  
SKY SPORTS RB 5PM

**SOCCER**

SAN MARINO V SCOTLAND  
SKY SPORTS 5PM

**SOCCER**

N IRELAND V BELARUS  
SKY SPORTS 7.45PM

**SOCCER**

HOLLAND V GERMANY  
SKY SPORTS 7.45PM

**GOLF**

BANK OF HOPE FOUNDERS  
SKY SPORTS 11PM





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