# LET THERE BE LIGHTS

Huge crowds turn out in city to see Vicky Phelan and family switch on Christmas lights See pages 20-21

# The tww.limerickleader.ie Wednesday, November 21, 2018 COT LIMERICK'S LEADING TEAM



**COURAGE** Brave Leona waives anonymity to expose rapist **P4** 

Mo







**PROPERTY** We have a 20-page supplement with the best local homes **Inside** 







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# INSIDE THIS WEEK



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HIRLING HEROES Leader book on hurlers is out Page 8



**SIGI'S SUPER GIFT HAUL** Big response to shoebox appeal PAGE 16



HEARTBEAT Warning over too many city offices Page 24

# **ding off** Setting the agenda in Limerick





Families enjoy early

**Christmas feel in city** 

🔻 BAD WEEK Na Piarsaigh A rare flat performance from the Limerick champions saw them lose their Munster crown



NOTE OF THE WEEK

"Ireland and Limerick have given me lots. I think it's time for me to give something hark

Abul Kalam Azad Talukder, Fianna Fail local election candidate

# WEBTOPTEN

**1.** Convicted Limerick sex offender jailed for rape and sexual assault of teen girl

2. Limerick gardai investigating as three cars burnt out in village at same time

3. Catch 22 for County Limerick village as new houses are turned down

4. Fianna Fail to create history in Limerick with Bangladeshi candidate to run in local elections

**5.** Limerick gardai seize 14-year-old car which never passed NCT

6. Crimestoppers launches fresh appeal for information following murder of Limerick man

7. Gardai launch investigation after mass brawl at Shannon hotel

8. Works almost complete as Irish Water pours €450k into County Limerick town

9. State bid to ban 'insane' fatal Limerick crash driver withdrawn

**10.** Limerick van driver claimed he was using phone's sat-nav system



Gardai seized a 14-year-old car which had never passed the NCT and had not been taxed for two years. See our story online now

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There was a great Christmas atmosphere in Limerick on Sunday as Vicky Phelan and her family turned on the lights



EUGENE PHELAN

LEADER EDITOR

IT may have seemed to be a little early to turn on the Christmas lights but Sunday's event in the city centre was a spectacular event enjoyed by all.

Sometimes you have to take with a grain of salt the attendance figures given out for big events.

But on Sunday there was no doubt that the figure of 20.000 was a true reflection

of the numbers that turned out for a great family day.

Families lined O'Connell Street in their thousands in front of the stage which was positioned just up from the Limerick Leader offices.

On a crisp winter's day, snow machines, fireworks and characters from the Disney hit Frozen added to the magical atmosphere. Limerick City and County Council get plenty of flak, so when they do things right they deserve praise and this event is turning out to be a major focus in people's lives each year.

They certainly got it right by asking the most popular person in Limerick, Vicky Phelan, to turn on the lights . It was wonderful to see the warm reception she received.





of 7°c

THURSDAY WEDNESDAY Mostly cloudy, Once again. spotty showers. cloudy with temperature high spotty showers. high off 9°c



FRIDAY Rather cloudy, spotty showers. temperature high of 10°c



SATURDAY Partly sunny with a shower. temperature high of 10°c

SUNDAY Times of cloud and sun with

temperature high of 8°c

MONDAY Partly sunny

again but cool with a high of

iust 7°

www.limerickleader.ie 3

NEWS

# **MyLimerick**

# **Niamh Hourigan**

Vice-President, Academic Affairs at Mary Immaculate College, Limerick

### What's your idea of a perfect day, or a perfect weekend, in Limerick?

I like go to town on Saturday with my children and have coffee in Bean an Tí and wander around the market.

### What's your first Limerick memory?

Going to see Santa in Todds when I was little with my brother and sister.

# What's your favourite part of the county and why?

My dad is from Ahane so I love that part of the county.

### What about a favourite local walk or view?

I like to walk from the Treaty Stone down Clancy and O'Callaghan Strand and then loop around to the wildlife sanctuary in Westfield park.

### What do you think gives Limerick its unique identity?

I think its history, industrial as well as political, also the Shannon itself.

## Do you have a favourite local restaurant? Yes, I love going to the French Table on Steamboat

Ouav

How would you describe the people of Limerick? Friendly but direct, both very positive qualities!

### How important do you think sport is to Limerick? Obviously

hurling has had a huge impact in the last year but rugby also played a significant role in building pride in the city when the local economy

# FRONTPAGESOFTHEPAST

to the paper.

so he and his friends could

drink and smoke in comfort.

## **14 YEARS AGO APRIL 2. 2004**

The city edition of the Limerick Leader reported that 20 soldiers from Sarsfield Barracks were bound for Kosovo to take part in a peacekeeping operation. It came at a time of

heightened tensions between Albanians and Serbs as ethnic

was less buoyant. I also think that the role that soccer and boxing has played in building self-esteem amongst young people in the city cannot be underestimated.

### What's the biggest challenge facing the city/county today?

I think there are two big challenges. The first is housing both in terms of housing everyone who is already here and creating space for those who may wish to live in Limerick as the city grows and the local economy continues to develop. The second challenge is the ever present danger of the hollowing out the city centre due to development in the suburbs, something which always been a particular challenge for Limerick.







Zoe King of Matthew Stephens, The Diamond Specialists, makes her Santa's wish list at last week's Diamond Evening held in the three level store. Don't worry if you have missed out on this amazing roadshow as it continues instore. During this exclusive event, Matthew Stephens will have many of their International Diamond Suppliers Ranges instore showcasing their Beautiful selection of Sparkling Diamond Rings - Wedding Bands and Exquisite Diamond Jewellery. All Diamond purchases, deposits and Christmas orders made during this Diamond Event will be available at amazing tax free prices.

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# Abul aims to become first Muslim on council

# NICK RABBITTS

A CITY businessman is bidding to make a bit of local history by becoming the first Muslim elected to Limerick's local authority.

**4** NEWS

Fifty-year-old Abul Kalam Azad Talukder, who lives in Steamboat Quay, is set to run for Fianna Fail in City West at next's May's local election.

He will be on the party's ticket alongside Mayor James Collins,

councillor Sean Lynch and Young Munster rugby hero Francis Brosnahan. The party is running an ambitious four-man ticket in the seven-seater City West ward - with the selection convention next Monday night in the City West Hotel.

Abul, known as Jackie to his friends, came to Limerick in 2000. He initially worked at the

Stables Bar in the University of Limerick, before opening a number of businesses across the city. The father-of-two also

operates two taxis.

"I came to Limerick empty-handed. After hard work, and Ireland and Limerick have given me lots. I think it's time for me to give something back," he said.

Abul has worked with Fianna Fail since 2004, initially with former TD Peter Power, aiding the migrant community.

'I came for a better life. I am proud to say Limerick is my home. People have treated me very well, and I have tried to involve myself in local politics and the local community," he added, "I try to help all the migrant comunity." With potentially a huge

non-national vote to call upon, Abul has been busy getting people registered ahead of election day, May 24.

Limerick TD Niall Collins said he is delighted with the selection of Abul, saving Limerick is "now a multi cultural society with a very large non Irish and non EU population living and integrated into our local communities."



Fianna Fail candidate Abul Kalam Azad Talukder

# **Convicted** sex offender jailed for 17 years for rape of teen girl

**Court:** Sexual assaults took place in 1990s

# SONYA MCLEAN AND DECLAN BRENNAN

A Limerick man has been jailed for 17 years for rapes and repeated sexual assaults of a teenage girl who he manipulated and groomed.

Leona O'Callaghan told the Central Criminal Court that Patrick O'Dea, now aged 52, "got inside my head and messed it up".

"For a long time you had me scared out of my wits. How I wish I could go back and give that paranoid frightened child a hug," she wrote.

The victim sobbed in court as Ms Justice Deirdre Murphy read excerpts from the victim impact statement

before sentencing O'Dea. O'Dea, also known as Whacker, of Pike Avenue, Limerick, pleaded guilty on the second day of his trial at the Central Criminal Court to charges of sexual assault and rape on dates in 1994 and 1995.

The victim, who was aged 12 to 14 at the time, waived her right to anonymity so O'Dea could be named in reporting the case.

42 O'Dea's previous convictions include a single sexual assault on another girl aged under ten. He received a 15 year sentence for multiple rape and sexual assaults of one girl over a six year period between 1998 and 2004.

He continues to maintain his innocence of these charges.





Left is Patrick Whacker O'Dea from Pike Avenue who was sentenced to eighteen and a half years, with 18 months suspended, for the rape of Limerick woman Leona O'Callaghan when she was a child. Ms O'Callaghan, on the right, waived her right to anonymity so Mr O'Dea could be named PICTURES: PRESS 22

On Monday, Ms Justice Murphy imposed a sentence of 18 and a half years on O'Dea. She suspended the last 18 months in recognition of his plea of guilty and his willingness to take part in a psychological assessment.

This assessment places O'Dea at an above average risk of sexual re-offending and states that he has no real insight into the damage caused by his crimes.

Justice Murphy Mssuspended the 18 months on condition O'Dea engage with the "Building Better Lives" sex offender treatment programme. She imposed a post release supervision order on O'Dea of three years.

The judge said that O'Dea's other offending post-dates

the attacks on MsO'Callaghan but they show an ongoing pattern of offences against young girls. She noted the appalling nature of the damage done to Ms O'Callaghan, who has carried out three suicide attempts.

Ms Justice Murphy said that O'Dea isolated and manipulated the victim. She said his abuse of her has done enormous damage to her

Garda Barry Manton told Orange Limerick.

himself onto the group" and started to focus on her, giving her special attention. He first sexually assaulted her at a local waste ground where he touched her breasts after kissing her. He told her he had wanted to "touch them

O'Dea sexually abused Ms O'Callaghan in a similar way again before he began to worry that they may be seen together and suggested instead they meet in a local graveyard.

Gda Manton said in Halloween 1994 he asked her to perform oral sex on him. She didn't want to do it but he convinced her. She felt she was going to choke and she stopped and refused to do it again and O'Dea stormed off. He then raped her in the

graveyard, after putting his coat under a tree and telling her to lie down on it. He said he was going "to ride the arse" off her. She tried to get back up but he got hold of her hands and she continued to say she didn't want to.

 $On \, one \, occasion \, her \, sister$ became aware they were meeting so he suggested they meet at a shed at the back of his mother's home. He had sex with her there after laying her down on a mattress.

Gda Manton said in 1996 O'Dea told Ms O'Callaghan he wanted to see what it was like to have sex in a bed. He then had sex with her in his bedroom while his mother was in the sitting room. This was the final incident.

Gda Manton said Ms O'Callaghan told a teacher what was going on and her parents were contacted.

Paddy McGrath defending, asked Ms Justice Murphy to accept his client's plea of guilty as an indication of his remorse and "an acceptance of his wrong doing".

He said it is O'Dea's opinion that he was neither physical or emotionally abusive to the victim but accepts that his behaviour was "wholly inappropriate and exploitative".

Mr McGrath said his client grew up in Limerick city and was always small in stature possibly due to malnourishment. It was believed that he had dwarfism which counsel said "affected the way he dealt with people as he grew up".

psyche. Garnet

prosecuting, that O'Dea came into contact with Ms O'Callaghan while she was hanging out with her older sister and that girl's friends in the Garryowen area of

Ms O'Callaghan later told gardaí that Ō'Dea "latched for a long time".

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# NEWS 6 **Children** in care felt like they were in 'vouth prison'

# **JESS CASEY**

E LEADER

CHILDREN living in a special care unit in Limerick felt like "they were living in a youth prison" and "that it  $was hard \, being \, locked \, in \, their \, room$ 

at 9pm", a HIQA inspection has found. Coovagh House, operated by Tusla, the Child and Family Agency, is home to up to four children between the age of 11 and 17 years. The special care unit was inspected by the watchdog in August of this

year. HIQA's inspection found that children's basic needs were met and they were kept safe while living in the care unit.

However, it also found that the best outcome for children could not be achieved due to "a lack of timely

onward placements, restrictive living environments, institutional care practices and a lack of suitable opportunities to develop life skills." Two of the three children living in the unit at the time spoke toinspectors while they visited the centre.

"Some of the comments these children made were that it was stressful to live in the special care unit as it was very hard to stick with the rules," the report states.

"They said it was hard being locked in their room at 9pm and it felt like they were living in a youth prison.

Children also told inspectors that rules in the unit were not applied in the same way each day, which they found unfair. "For example, they said that some staff allowed them to use knives to



Coovagh House, a special care unit in Limerick operated by Tusla, the Child and Family Agency

prepare a meal on a particular day and on the next day they were not allowed which caused them to be confused and frustrated."

They said that sometimes they felt listened to and respected and other times, they did not." Children also told inspectors

that they liked staff and got on really well with their key workers.

"One child said that the person in charge sat and talked with them about how things were going. Children liked going to the psychologist and said that they felt like they could talk about things on

their mind." According to Tusla, staff at the centre will continue to receive training on the attachment, trauma and alternative models of engaging with children. A restrictive practice working group has been established to review all care practices.



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# Souvenir book on hurlers' epic win

### **ÁINE FITZGERALD**

SPECIAL souvenir publication which takes readers on Limerick's epic journey to All-Ireland final glory and beyond has hit shops across the city and county.

Limerick 2018 History Makers, published by the Limerick Leader, catalogues "the pride, passion and glory" of the senior hurlers who lifted the Liam MacCarthy Cup on August 19 after a 45 year wait.

The 156-page publication

includes all the match reports from the thrilling end-to-end action-packed 2018 League and Championship campaign along witĥ exclusive interviews with players, backroom team and county board members.

There's also extensive coverage of all the key moments since the historic victory including splendid photographs and reports from each of the homecoming celebrations along with magical insights into what the return of the Liam MacCarthy Cup means to the people of Limerick.

'There is a great mix between the match reports and glorious homecoming celebrations as well as fabulous human interest stories illustrating just what the win meant for man, woman and child in Limerick," said Eugene Limerick," said Eugene Phelan, editor, Limerick Leader.

Limerick 2018 History Makers priced at €10 is available now in shops where the Limerick Leader is stocked and in the Limerick Leader office at 54 O'Connell Street, Limerick.



Niamh Webb O'Rourke, Lorna Clancy and Tara Cannon of the advertising department of the Limerick Leader with the new publication, Limerick 2018 History Makers, on sale now

# Inspirational Vicky Phelan features on BBC's 100 women

# **JESS CASEY**

LIMERICK campaigner Vicky Phelan is to join trailblazers the world over as she is selected as one of a 100 "inspiring and influential" women for 2018

The BBC 100 Women 2018 lists includes leaders, political figures and everyday heroes from more than 60 countries around the world.

Ms Phelan, a Limerick Person of the Month award winner, who was selected on the high-profile BBC list for her role in exposing the Cervical Check Screening scandal, joins Chelsea Clinton, former Australian prime minister Julia Gillard and actress Jameela Jamil, who also feature.

She said: "To be included alongside some of the women I have read about and what they have achieved is very humbling. I feel so privileged to be named as one of the #BBC100Women."

She added: "I am overwhelmed by all

the awards recently. This one I don't feel worthy of considering some of the other women who have been included. I am so honoured to be in their company.

"The women on our list come from more than 60 countries and while some you will know, others have amazing stories you won't have heard of," the BBC said.

"Some will be telling us about what they will be putting in the Freedom Trash Can - our digital bin for all the items women feel hold them back.

"Others will bring us stories of achievement against the odds - from the British woman who used her jail time to create an inspiring business, to the Afghan girl who was almost swapped for a boy.

Nuala McGovern, the presenter of BBC's Outside Source, tweeted Ms Phelan, saying:"I've been telling the world about you today and we are broadcasting your story later this week."

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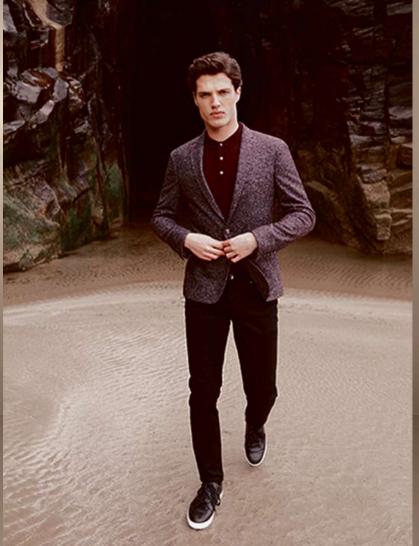
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# **LEADER CRIME BRIEFS BY DAVID HURLEY**

# Shoppers told to be careful when buying goods online

With Black Friday and Cyber Monday fast approaching, gardai are warning shoppers to take basic precautions when buying goods online.

Divisional crime prevention officer, Sergeant Ber Leetch, says people should only buy from trusted websites and should use their credit cards which offer certain levels of protection.

Users should only use secure sites which have the padlock symbol displayed in the URL bar.

"Save all the documents related to your online purchase, they may be needed to establish terms



and conditions of the sale or proof of payment," added Sgt Leetch.

Money should not be sent upfront and shoppers should never disclose their PIN code or CVN security code when online. Credit card details should only be supplied when purchasing a specific item and should not be disclosed prior to the transaction talking place.

# Tools stolen from garden shed during burglary

A QUANTITY of garden tools were stolen at the weekend after a shed was broken into at a house on the outskirts of the city.

According to gardai, the homeowner who lives in the Lisnagry area had left the keys to the shed in the door - giving the intruders easy access.

"I know it's difficult to be on the alert at all times but it is very important to get into the habit of checking your sheds, garages, out houses, cars, windows and doors before you settle down for the night," said Sergeant Ber Leetch.

Gardai at Castleconnell are investigating the incident.

# **Motorists urged to locked** vehicles when parking

GARDAI are appealing to motorists to ensure their vehicles are locked when parked.

It follows a number of break-ins to vehicles over the past week.

In one incident, a homeowner was alerted to a male who was getting into her car at 3am.

"She shouted at him and he ran off but he took her driver's licence and public services card with him. These cards take time and effort to replace and it's very annoying for the lady but if the car had been locked this would not have happened,"



said Sergeant Ber Leetch. In another incident, a

consaw was stolen from the back of a van which was not locked by the owner who was carrying out a job inside the

property. "Park your vehicle in a well lit up place and make sure that the vehicle is locked before you leave it," added Sgt Leetch.

# Be careful with spare keys

GARDAI believe thieves who broke into a house in Bruree used a spare key which has been stolen during a burglary at a neighbouring house.

"If you're the victim of a burglary and your keys are stolen or if you lose your keys consider getting the locks changed. I know its tiresome and an expense we could do without but at least you will have peace of mind," said Sergeant Ber Leetch.



Minister Eoghan Murphy (front, centre) presented the long-service awards at a ceremony in Dublin

Firemen's long service awards

**MEMBERS of Limerick Fire and Rescue** Service - both retained and fulltime were presented with long-service awards at a ceremony in Dublin last week, writes David Hurley.

Awards were also presented by **Minister Eoghan Murphy to several** workers who are based at the Munster **Regional Communications Centre.** The award for 20 years' service is a

medal bearing the traditional logo of the fire service - a helmet and crossed axes; the medal ribbon has the Irish national colours with a central column in red to represent the fire service.

The 30 years award is a pin in the shape of a flame. Each of the recipients also received a certificate to mark the achievement. Long-service awards are presented every second year.

# **Woman died after** vein was 'snagged'

# **Inquest:** Medical misadventure verdict returned

DAVID HURLEY

THE family of an elderly woman who died after her jugular vein was "torn" during a medical procedure at University Hospital Limerick has strongly criticised HSE management over its handling of the case.

A verdict of medical misadventure was recorded this Tuesday following an inquest into the death of Teresa Lyons from Granville Park almost two years ago.

The 76-year-old died at the Intensive Care Unit following her admission to UHL on December 29, 2016.

Mrs Lyons, who suffered from diabetes, was in renal failure when admitted and was transferred to ICU for specialist care a number of hours after she presented at the hospital.

Medical evidence was heard doctors believed a "guide wire" had kinked as efforts were being made to insert a central line into her neck.

Coroner John McNamara was told Mrs Lyons' condition "deteriorated rapidly" after the blood vessel was "snagged" and that efforts to save her were unsuccessful. She was pronounced dead at 8.20pm.

Consultant anaesthetist Andras Mikor. said the procedure to insert the central line was "pretty standard" and that there was a

We've been stonewalled for two vears VALERIE STEWART, DAUGHTERS OF **TERESA LYONS** (PICTURED BELOW)



"less than 1%" risk of serious complications occurring. A different type of wire, which is less likely

to kink, is now used at UHL as an alternative supplier was identified last year.

In a victim impact statement, one of Teresa Lyons daughters – Geraldine O'Brien – said the family feel "hurt and betrayed" by HSE management who were accused of stonewalling the Lyons family in their quest for answers in relation to her mother's death.

She said members of her family were asked to leave the emergency department dueto overcrowding and were not informed that their mother had been transferred to ICU or that her condition had deteriorated.

"The guilt we feel having not been there as she took her last breath through no fault of our own is something each of us has to deal with on a daily basis. It is not a feeling we would like anyone else to experience. We feel our mam was just a number, which she wasn't," she said.

Following the conclusion of the inquest, solicitor Karen Watret of Doyle solicitors apologised on behalf of the HSE and staff at University Hospital Limerick.

Speaking afterwards another of Teresa Lyons daughters – Valerie Stewart – said her family feel they have received some closure. She said the treatment of her and her family by HSE management was "absolutely disgraceful" and that she hopes no other family will have to go through what they did.

In returning his verdict, the coroner stressed the finding has no implications for staff at UHL and that it is not his function to determine criminal or civil liability.



# 45 YEARS SINCE LIAM CAME HOME AND CRESCENT SHOPPING CENTRE OPENED IN LIMERICK

THE LEADED

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See crescentshoppingcentre.ie for more details.

# 14 NEWS

# Cops show off their sweeter side by selling donuts for Special Olympics

## DAVID HURLEY

GARDAI from Roxboro Road raised thousands of euro for Special Olympics Ireland at the weekend by selling donuts at a specially erected stall at the Crescent Shopping Centre.

Around 3,000 freshly-made donuts were sold or eaten throughout the day as part of the Cops and Donuts event which was organised by members of the community policing unit at Roxboro Road.

"The idea came from America initially where cops would sit on the roof of a donut shop until a certain amount of donuts were sold. Special Olympics Ireland is a great cause especially with the World Games taking place in Abu Dhabi next March," said Garda Paul Howard who thanked everyone who supported the event by buying donuts or making donations.

Mary Shiels, who has been volunteering with Special Olympics Ireland for more than 20 years, says Sunday's event was a great success.

"It's absolutely fantastic, it's great to have the guards involved and it's very impressive to have them supporting Special Olympics the way they do through fundraising the torch run," said Mary who has attended three previous Special Olympics World Games and who hopes to attend the games in Abu Dhabi next March.



Garda Paul Howard and Garda Caroline Mulcahy at the Cops and Donuts event at the Crescent Shopping Centre PICTURE: LIAM BURKE

# Visit by hurlers follows Black Friday at Crescent

# Christmas spirit: Packed calendar of events over festive season

### ÁINE FITZGERALD

WITH the Christmas lights now sparkling brightly at The Crescent Shopping Centre, the Limerick hurlers will enjoy the spotlight this Saturday when they pay a visit.

Saturday when they pay a visit. It was 45 years since Liam MacCarthy last came to Limerick and also since the Crescent Shopping Centre opened, and, to celebrate, the Limerick hurling champions will visit the centre at 12.30 on Saturday, signing autographs and taking photos.

Meanwhile, for fashionistas and families alike, Black Friday takes place this Friday and with over 90 retailers, and the new additions of Milano, Vila and Golden Discs, there is plenty of choice.

And that's not all, a very important man, Santa, will be arriving at the Crescent Shopping Centre on Sunday, November 25, at 1pm. He will arrive in a horse-drawn magic sleigh to meet all the children and their families at the Garryowen Mall entrance (next to River Island) before making his way through the malls to Santa's new station located on the City Mall.

Join the parade to lead Santa down to his brand new Santa



Emma O'Driscoll with Alaya Noman and Ger O'Donnell, Clancy Strand at the turning on of the Christmas tree lights in the Crescent Shopping Centre PICTURE BY DAVE GAYNOR

Oluchi and Chioma Egbunam, Dooradoyle, at the Crescent Station while he meets and greets all the children in attendance. There will be lots of family entertainment including the Limerick Panto Society - dressed in colourful costumes and full of fun, handing out sweets and lollipops to children.

The Crescent Shopping Centre will start its Christmas late opening hours from Thursday, December 6. Manager, John Davitt, said: "The Crescent Shopping Centre serves as a place of tradition at Christmas time for many communities and families in the region over the last 45 years.

"We look forward to welcoming Santa, who will be in his new Santa Station on the City Mall from Sunday, November 25 every day until Christmas Eve.

"We look forward to welcoming our customers to the Crescent this Christmas period and to events over the weekend when Christmas officially kicks off at the Crescent Shopping Centre"

"The centre offers great gift ideas along with the Crescent Gift Card for those who like to pick their own present, eateries and of course the 12-screen cinema to entertain young and old this festive season" he added.

For more information on Opening Hours and on all our events, see

www.crescentshoppingcentre.ie or like the Crescent Shopping Centre page on Facebook or Instagram for regular updates.

For more coverage of the turning on of the Christmas lights in the Crescent Shopping Centre, see our weekend editions.

# Call for more electric car spaces

LIMERICK City North Labour Candidate Conor Sheehan says Limerick Smarter Travel should apply for funding under the Better Energy Communities Scheme to provide fast charge electric car charging points on the Northside of the city.

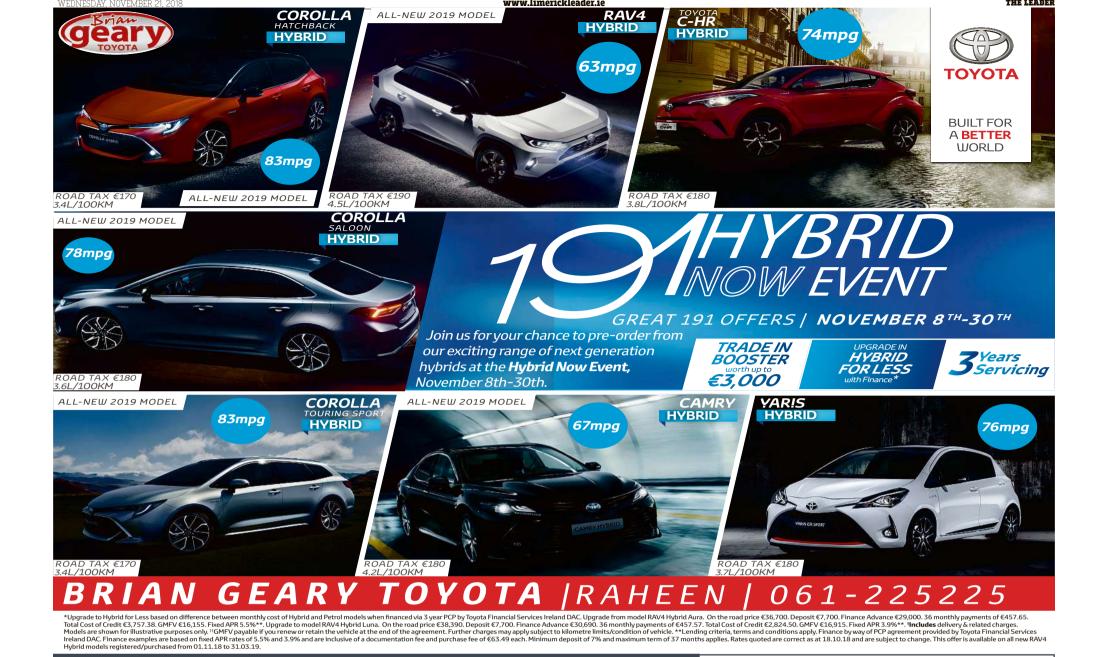
According to the candidate, Ireland has the second worst take-up of electric cars in Europe.

"It has been raised with me by electric car owners that there is no public electric car charging spaces in the Corbally area or on the Ennis Road beyond the Strand Hotel," said Mr Sheehan.

Mr Sheehan believes people need to know if they switch to an electric car, that they will be able to charge their vehicle near their local school or shop.

"One woman who owns an electric car told me she has often had to wait 40 minutes or more to charge her car in Limerick city centre due to the lack of fast charging points.

"More charging points would show that Limerick is serious about promoting alternative and sustainable transport modes," said Mr Sheehan.



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# LEADER BRIFFS

**Zion Vocal choir** to launch CD

Community choir the Zion Vocal Ensemble will launch a charity CD in aid of the Mid-Western Cancer Foundation at the **Castletroy Park hotel on** November 22 at 7pm.

# **Trolley watch at** Hospitals

There were 49 patients on trolleys at University **Hospital Limerick this** Tuesday, according to INMO figures. The admitted patients were waiting for beds in the emergency department and on wards, according to the Trolley Watch.

## **Eimear's concert** for Christmas

**Eimear Quinn returns** for a Christmas concert at the UCH on December 1. She will perform her own special rendition of Christmas songs and carols in a musical experience where her voice will blend with string quartet and guitar. See www.uch.ie.

# **More than 230 Christmas** shoeboxes shipped by Sigi

# Team Hope: Caherdavin woman has delivered hundreds of gifts to kids

# JESS CASEY

LOCAL hero Sigi Murrihy, who has been collecting toys for the last year, has now shipped off more than 230 Christmas shoeboxes packed full of gifts to less fortunate children in developing countries.

The Caherdavin woman has spent the last year lovingly collecting gifts and restoring toys to be added to the 234 shoeboxes she put together as part of the Team Hope Christmas appeal.

A German native, Sigi was inspired to get involved with the annual appeal due to her own experience as a child during World War Two.

'We've nearly been climbing over all the boxes this year," she laughed. Her collection was also given a

boost this year with the help of a local business, she added.

"At the beginning of September, I met a young man called Wesley and I showed him the Limerick Leader article about my shoeboxes," she explained.



Sigi Murrihy with some of her Christmas shoeboxes PICTURE: MICHAEL COWHEY

"He placed it at the entrance of his business and a big bag of toys was collected there. That really helped.'

And like Santa Claus himself, Sigi had her helpers this year to make sure her gifts were shipped out on time.

"I have to say a big thank you to Carmel O'Brien, who wrapped a hundred boxes for me, and a big thank you to Wesley and his colleagues. I have to thank the ICA,

the Active Retirement Group in Caherdavin, Michael Gleeson, the Curiosity Shop, Mary Tuite and Bridie O'Connor. To everyone that helped me, gave a hand or donated; thank you.

"We also collected €800 with the boxes and we received a €50 Lidl voucher."

Sigi was inspired to get involved with the annual appeal due to her own experience as a child, when was forced to leave her home in Freiburg.

After much of her town was destroyed during a series of bombing, she found herself without any of her old toys. Receiving a little doll in a brown paper doll was "like heaven had opened", she said.

Sigi has a winning formula to fill her shoeboxes which includes a piece of clothing, like a t-shirt, gloves or scarf, a big toy, a toothbrush and toothpaste and a small toys. She plans to start her collection for next year's appeal in January, with any toys left over from this year to be gifted locally.

TO PARAMA

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KING JOHN'S



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18

NEWS

# The Magic of Christmas

awaits you in Dreamland Limerick and it's all you've ever dreamed of.....



# Jump on Santa's Flight of Dreams

Meet Mrs Claus and the Elves in the Post Office to write that special letter to Santa ......

Climb to the Tree house to meet Woody & Friends

Meet a Princess in the Castle of Dreams and make your "Christmas Wish"

Have lots of fun role playing in the Fire Station, Supermarket, Toy Hospital, Beauty Parlour, Construction Site and more .......... Then whizz down the magic slide where the big man himself awaits you with a special gift and Santa Cert plus your own digital photo.

We will then set you off home with a sack full of happy memories and some delicious hot chocolate and choc chip cookie



All funds raised will help Share a Dream to continue making dreams come true for terminally ill children all over Ireland. What a beautiful Christmas gift to give to your children knowing they are making dreams come true for seriously ill children

# New appeal is launched into fatal shooting at wedding

**Crimestoppers:** Robert Sheehan died in hotel car park

# DAVID HURLEY

CRIMESTOPPERS has launched a fresh appeal for information in relation to the fatal shooting of Limerick man Robert Sheehan in Bunratty more than six years ago. The 21-year-old

The 21-year-old father-of-one, who was from Moyross, died in the early hours of September 2, 2012 after he was shot several times in the carpark of the Bunratty Castle Hotel where he was attending a family wedding.

A semi-automatic pistol was found at the scene of the shooting which gardai believe was in retaliation for an incident which happened in Limerick city sometime earlier.

While a major investigation was launched following the murder nobody has ever been charged or brought before the courts.

It was reported at the time that the culprits may fled the country in the immediate aftermath of the shooting.

A renewed appeal for information about the killing featured on the Crimecall programme which was broadcast on RTÉ One television on Monday night. "It is now over six years

since Robert's murder. We are appealing for anyone with



Robert Sheehan died after he was shot multiple times while attending a family wedding in Bunratty

information come to forward. Do you have knowledge of the events leading up to the shooting or following the shooting? You might have information that you may previously have felt you could not come forward with but now with the passage of time, you may believe that now the time is right to share that information," said Detective Sergeant Kevin O'Hagan of Shannon garda station.

"Even the smallest piece of information, which may seem insignificant, could help close this case and bring justice to the family. If a member of the public prefers to give the information without identifying themselves, they can call Crimestoppers on 1800 250025," he added.

Crimestoppers chairman John Murphy commented:

"Crimestoppers is here for the public to provide information anonymously that could help solve a crime. You do not need to provide any details about yourself. If you have information in relation to Robert Sheehan's death I would urge you to contact the confidential Crimestoppers number.

Calls to Crimestoppers are completely anonymous and callers do not need to leave their name or address. Callers can claim a reward for information which significantly helps the investigation. If a member of the public prefers to give the information without identifying themselves, they can call Crimestoppers on 1800250025.

Gardai at Shannon say the investigation into the murder of Robert Sheehan remains open.

# Crash repair work was defective

## DAVID HURLEY

A LIMERICK-based auto repair premises was ordered to pay more than €4,000 to a motorist who sued over defective work to his vehicle.

Limerick District Court was told the plaintiff was "rear-ended" while driving in the city earlier this year and that he subsequently presented his car for repair at the behest of a third party insurance company. Sometime after his car was returned, the plaintiff became concerned and consulted a motor assessor who discovered a number of defects which would have resulted in the car failing the NCT.

Judge Mary Dorgan was told additional repair works had to be carried out at a cost of more than €2,600.

Ruling in favour of the plaintiff, the judge expressed concern that other 'defective' cars may be on the road with the knowledge of their owners.

She included depreciation and €500 for inconvenience in the final award.

Solicitor Sean Fitzgerald of Holmes O'Malley Sexton says every motorist involved in road accident is entitled to choose where to get their car repaired.

"It's your vehicle. it's your choice," he said.

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# **20 PICTURE ESSAY** CHRISTMAS LIGHTS SWITCHED ON





Mairead and Suín (2) Mullane – Knockaderry: "We came in for the atmosphere and it's a great family get together. The kids love it and the lights are magic. This is the second time we have been here and there is great excitement ahead of Christmas."

# Countdown to Christmas

More than 20,000 people attended the Light Up Limerick event on Sunday. The Leader spoke to some of those who flocked to the city. Pictures: Kieran Ryan-Benson Words: David Hurley



## Margaret Fitzgerald, Derek Byrnes, Stephanie Ryan and Geraldine Bowes

Derek: "It's really festive, it's great for Limerick, it's great to see such big crowds and people enjoying themselves and getting into the festive spirit."

Geraldine: "We are volunteers with Christmas in Limerick, we are like Santa's little helpers and we are the people who just can't say no!"







Patrick Galway with Natalie Heffernan and Aimee Hennessy-KIlmallock

**Patrick:** "After you get past Halloween you start getting into the Christmas spirit so it's a good time to kick it off and it gets the build up and the atmosphere going. It brings a bit of life into the city too which is what you want."





Nuala Sheedy, Tony Ryan, Dylan Sheehy and Tracey Sheehy - Sixmilebridge

**Dylan (Santa hat):** "I'm looking forward to Christmas, I like everything about it. I'm hoping to get games for my Xbox and other fun stuff in general."



Michael, Mike (7), Maria (5) and Talita Costelloe - SCR

**Michael:** "It's a good day out, it's our first time coming in for the lights but it's a great set up and it's fabulous. I was in Dublin for the (All Blacks) match and you are replicating the atmosphere."



Vicky Phelan, James Collins, Darragh Phelan and Amelia Phelan

**Vicky:** "For me, the biggest reason why I am so exited is I didn't think I would be here at the start of the year so that's what makes it all the more special."

### Fireworks and snow

Festive: The

turning on of the Christmas lights was marked with special snow machines and a fireworks display



• METROPOLITAN mayor Daniel Butler dialled one for politeness this week when he appealed for members to place their phones on silent.

"Out of respect to the speakers, can we have your phones quiet, or can you at least go outside if you need to take a call," he said at the monthly metropolitan meeting in the council chamber.

Right on cue, the phone of Independent councillor John Gilligan buzzed.

"I'm sorry, I'm probably a bad offender. But those two calls came from City Hall officials," the northside councillor pleaded.

Fianna Fail councillor Kieran O'Hanlon was next to dial in.

"You'd make a great parish priest," he told the mayor.

<sup>\*</sup>I know where I'd be sending you anyway," Cllr Butler laughed in response.

• WE all know about the dangers of people driving while on mobile phones. There has been plenty of publicity and fines dished out regularly in court. But what about the hazards now confronted on our footpaths?

It seems that many people can't walk from A to B without texting or looking at their phones.

"Twice in the past week, people have walked straight into me, with their heads down on their phones. It is ludicrous," one angry caller told Spartacus.

A study this week revealed that Irish smartphone users look at their phones 55 times a day on average - down from 57 in 2017, which is something, at least. But 13% admitted to checking their phones over 100 times a day with 20% of adults checking their phones within five minutes of waking up.

Spartacus would argue that there is another danger on our footpaths -aside from potholes - people cycling bikes. But you can hardly blame them, it is so dangerous and some of the roads are so narrow, that they feel forced to cycle on footpaths.

And they say Limerick is a Smarter Travel city.

• There was an invite-only screening of the much anticipated Nightflyers in the UCH this week.

The select crew to see the Troy Studios filmed project - at a reputed €50m cost - included a raft of local politicians, Michael Noonan, Patrick O'Donovan, Mayor James Collins and a deputation from Sinn Fein among them. One wonders what they thought of the show itself, described as "Psycho in space" by Game of Thrones author George RR Martin, who wrote the Nightflyers novella that the Netflix-bound series is based on. It follows eight maverick scientists and a powerful telepath who embark on an expedition to the edge of our solar system when terrifying and violent events begin to take place and surviving the journey proves harder than anyone thought. Sounds just like an

election then!

## • AFTER all the

excitement of Ireland's win over New Zealand at the weekend more and more people are thinking that we could actually have a shot at winning the Rugby World Cup in Japan next year.

With this in mind a friend was onto a few travel agents to see if there was availability for next year's big event. There certainly is...but at a price. And he was warned that the likelihood is that flight prices will go up. The bottom line was that two people sharing could get a 13-night package for €6,335 which includes flights, tickets for the first three games and accommodation on a Bed and Breakfast basis.

And if you want to go on your own the single supplement is another €1,950. Spartacus will be watching on the telly.



# CAROLS BY CANDLELIGHT

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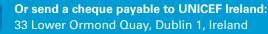
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# **Comments from** online readers

What you're saying about stories on limerickleader.ie and our social media platforms

### **REVEALED: MARKS AND SPENCER TO SKIP** SUBURBS AND HEAD TO CITY LOCATION

LL

# I know people who travel to Cork to buy there.. I think this is great for Limerick city

### **Gerardine Callanan Punch**

**Jackie Kielv** 

I'll believe it when I see it. They are promising for years to come to Limerick

**Alice Styles** So where can we park, the car parks are nearly always full and expensive

# **Caroline McDonagh**

I'm thrilled it's the city centre

### JOHN KIELY: FENWAY CLASSIC TITLE WIN IN WAS 'BONUS' TO INCREDIBLE 2018 SEASON

### **Mary Murphy**

Fantastic day In Boston delighted to have been there. So proud to be from Limerick !!

### Joanne Meyenberg

What a year for Limerick, another win - great bunch of guys well done all

**Jackie Togherlee** Well done Limerick

### FIANNA FAIL TO CREATE HISTORY IN LIMERICK WITH BANGLADESHI CANDIDATE **TO RUN IN LOCAL ELECTIONS**

I've known Jackie since he came to the country and he is an incredibly hard worker good family man and a nice guy. Best of luck to him

### Jimmy Shanahan

I started work in the Stables around the same time as Jackie. I've known him since. He was/is a very hard worker and a great guy. I'll vote for him

### Pá O Briain

**Marc Poole** 

You'd be hard pressed to find a more sincere and hardworking individual. He's a gentleman and I'm delighted to see him doing so well.

### 'LIMERICK'S TOM MORRISSEY DESERVED AN **ALL STAR' - MARTIN KIELY**

### Fiona Ryan

Totally agree Tom Morrissey had a fantastic year and truly deserved an All Star! Well Tom you are a STAR to all us Limerick fans

### **Maria** Allen

I agree wholeheartedly with you Martin as do a lot of people

### **Mary Lenihan**

He def deserved one I was shocked he didn't get one!

### Màry O'Shaughnessy

Tom Morrissey deserved an All-Star he was brilliant the whole vear

## www.limerickleader.ie www.facebook.com/LimerickLeader Limerick Leader

As for the Chamber, its new chief executive



# Jewellers in sparkling form for 70th

Keane's Jewellers 70th anniversary celebrations took place recently in the Dockland Restaurant. Pictured are the directors Gerard Keane Snr, Pat Keane Snr, Patrick Keane and Ger Keane along with all the Keanes staff from the Cork, **Limerick and Killarnev stores** 

# **President: 'The city** needs cultural heart'

# Awards: Dr Shire says training is needed - and fast

NICK RABBITTS

THE Chamber president has warned against putting too many offices in the city centre, saying Limerick needs a "cultural heartbeat."

Dr Mary Shire of the University of Limerick used her keynote address at the Limerick Chamber business awards to also call for more house building in the city centre - but she acknowledged this could only happen if the margins become more attractive to investors.

Saying house prices in Limerick remain below the national average, she said: "It's great to have low house prices, we do have a housing shortage, particularly in the city centre, and low prices don't make the margins attractive for investors.

"The city centre is still lacking the vibrancy we need and Limerick 2030 will help, but we need to make sure we have more than just buildings - but also a cultural heartbeat."

Important to Limerick's renewal, she added, is creating opportunities for people in unemployment blackspots – and key to this is training.

"Technology has and will continue to change areas like transportation, communications, healthcare, manufacturing, retail and education. We need to navigate this complex new world, and we need to do it at pace. Talent will be central to our ability to compete. Already in pretty much full employment, talent has become a challenge for us and when you look at high-tech, the challenge is particularly acute. We need to reskill, upskill, and diversify the workforce," she added.



Chamber president Dr Mary Shire, pictured with the former **Minister for Finance Michael Noonan** ICTURE: SHAUNA KENNEDY

We need to reskill. upskill and diversifv the workforce **CHAMBER PRESIDENT DR MARY SHIRE** 

Dee Ryan is putting in place a new strategy to continue to make the organisation more valuable to its members.

"We will focus on supporting our three strands through bespoke services and aim to be an exemplar in terms of policy development and influencing to ensure Limerick and the Mid-West is represented," Dr Shire said.

More than 400 business and political leaders were at the annual Limerick Chamber business awards in the Strand Hotel.

The overall winner was the Shannon Group, which employs 650 people across its four entities. They won the overall company of the year, as well as the title of best contribution to the region.

There were prizes for Plassey's Electricity Exchange, which won best emerging business. The best SME business was Rathkeale energy company Design Pro.

Optel Group from Raheen won the award for best corporate social responsibility, while Masterchefs took the title for best retail and hospitality business.

The best not-for-profit award went to Novas Ireland, for its sterling work on dealing with homelessness. The award for best employer went to telecommunications giant Three Ireland.









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# **26 YOUR MONEY**



# **Making Cents LIAM CROKE** The Must-Read Guide To Saving Money

Email: Liam@harmonics.ie Twitter: @liam\_croke Linkedin: liamcroke Facebook: liam.croke.96

# Master your spending habits and you too could retire early

was listening to an excellent podcast last week, in which a gentleman was being interviewed about how he achieved financial independence at just 35 years of age.

It was a fascinating insight into how someone, who earned an average salary was able to accumulate enough savings in a relatively short period of time to allow him give up his day job, and pursue other interests, free from money worries.

The number he figured he could safely invest and live off, where he would never fear of running out of money, was €1m.

My definition of financial independence is having enough money to live off the returns without depleting your net worth. Once you reach that number, you can call yourself financially independent.

If you want to work out very quickly what your financially independent number is, look first at what your monthly outgoings are. Then, look at what can be taken away from it i.e. amounts spent on things you wouldn't miss if you gave them up. Then add on costs you may not be paying for right now but can expect to in the future e.g. health insurance costs. Once you arrive at that number (I would suggest you add another €500 to it to be used as a buffer because most people underestimate how much they will spend when they are not working) multiply it by 300 and that is the amount you need to aim for.

If, for example, you worked out that you need €3,000 per month to live the life you'd love to live, then your number is €900,000.

The young man who was being interviewed said his primary motivation for embarking on this journey of reaching financial independence, was because he became disillusioned with his job.

The first thing he did was read was a book called, Your Money Your Life, by Vicki Robin and Joe Dominguez. He read it in one sitting, and the concepts in it made sense to him. His big takeaway from it was you can use money to buy stuff, or you can use it to buy yourself time and freedom to do whatever you wanted to; so he decided to choose the latter. He knew, he had to begin this journey

by changing the way he spent his salary.

But first he had to figure out what he spent it on, so he tracked his spending for a number of months, down to how much he spent each day. It helped him build awareness of his spending habits.

What was interesting for me, rather than using on-line tools that could aggregate the amount he spent and on what, he chose to manually input his spending on a simple excel calculator. He used some on-line tools to begin with, but found they were too automated and when that happens you could forget about what you are doing, whereas when you physically input the data yourself, you become much more aware of your outgoings, which makes changing habits easier. It did for him at least.

Once he got a handle on his outgoings. it became clear that he needed to spend less and save more. But he knew he could only reduce his outgoings by a certain amount, and even if he accelerated the amount he was saving, it wouldn't get to that €1m mark in the time period he set himself.

So, he needed to widen the gap between his outgoings and income, and If you want to achieve financial independence. you have to play the long game

## **DID YOU KNOW?**

If you happen to be passing through Louth, it might be worth stopping and buying a lottery ticket. They boast the most lotto millionaires per head of population since the lottery was launched 30 years ago. And, if you're going through Laois, maybe keep going, because they have the least number of winners.

that meant he needed to earn more. He started off by getting a mentor, someone who was maybe 10 years ahead of where he was at, and find out from them, what they did or didn't do for that matter. He would learn from them. He would also network more, something that didn't come easy to him, but he recognised that it was something he needed to do if he wanted to make that income leap.

He needed to push himself, learn new skills and having that end goal of being able to give up work, was the motivation that kept him going, when it may have been easier to take the easier option of doing nothing or falling back into that trap of mindlessly spending money on nothing.

After a lot of hard work, he reached that €1m mark when he was 35 but it took him another two years before he gave up his job. He said he kept overthinking things and kept saying to himself "one more year", but he realised that can become never-ending as well.

He wasn't mentally ready to leave work at 35, his identity was wrapped up at work, and he wasn't sure what life would be like if he wasn't working anymore. But he knew, if he didn't like it, he could always go back to work.

The skills he developed wouldn't vanish, so he took that leap of faith and left

full time employment at age 37. His final words of advice, were that if you want to achieve financial independence, you have to play the long game. It isn't going to happen overnight.

A word of caution, as well. He said, don't go too extreme with your saving and spending either. Too much of either is not a good thing.

Try strike a balance that works for you.

# ASK LIAM

Our personal finance expert answers your questions ...

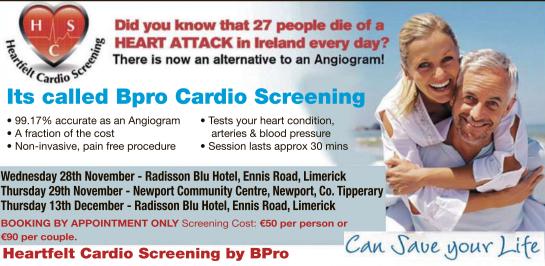
O: Liam, I received an unexpected windfall of €5,000 last week and not sure whether I should pay off my credit card or not? I owe €3,000 and pay €50 each month. Should I pay some or all of it, or should I do nothing an invest the €5,000 instead? Thanks.

A: You should pay it all off, no question. If you put the money on deposit, the best rate you can expect to receive, where you have access to it is c. 0.25%.

So, the amount you can expect to receive if you leave it there for 12 months after accounting for DIRT tax would be €4.88.

If you are being charged a rate of say 18% on your credit card, and continue to pay €50 each month, it will take you 12.9 years before it's paid off in full, and you will have paid c. €1,733 in interest payments in the process.

So, save yourself nearly 13 years of payments, and €1,733 in interest payments and clear it off now, and after you do, cut up the credit card and close your account.



## To book an appointment or for further information call Anna on 086 413 5555 or Jimmy on 086 2566 422 email: heartfeltcardioscreening@gmail.com Web: www.bproheartfeltcardioscreening.com on Facebook: https://www.facebook.com/pages/HEARTFELT-CARDIO-SCREENING/473318246132004

# Cardio screening at Radisson

Heartfelt Cardio Screening is coming to the Radisson Blu Hotel, Ennis Road, Limerick, on Wednesday November 28 and Thursday December 13, with the revolutionary BPro pulse wave analysis device, providing affordable and accurate heart and artery screenings.

The service costs €50 per person or €90 per couple and take about thirty minutes per person. Screenings are carried out by a Healthstats certified technician and a full printout of the results are given on

the day. The BPro and A-Pulse Casp was

developed by Healthstats in Singapore and can calculate a person's Central Aortic Systolic Pressure (CASP) (blood pressure closest to the heart) accurately and non-invasively. The A-Pulse has been validated in

clinical trials to have an accuracy of 99.17%, as compared to the angiogram.

The procedure is non-invasive and completely pain-free.

For further information or to book an appointment please call Anna on 086 413 5555 or Jimmy on 0862 566 422.

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# LEADER BUSINESS

Mortgage specialist hails the city's loan strength

Economy: Applications 'sail through our credit committee', says expert

## NICK RABBITTS

A TOP mortgage expert has hailed the strength of home loan applications from Limerick, saying the "yield" on units is very high here.

Ray McMahon, the chief operating officer of ICS Mortgages, which has studied performance of building to profit across the country, says Limerick always "fascinates" him.

"The yields in Limerick far outperform Dublin, Galway and Cork. Trying to understand why that is the case is a head scratcher," he admitted, "We have a credit committee, we meet every week in ICS Mortgages, and every time we see an application from Limerick, invariably, it sails through. The cashflow, the demand, the proposition is very strong."

Mr McMahon was speaking at a breakfast event held by Riverpoint firm First Choice Financial Services.

The briefing, held at the Savoy Hotel, focused on property, pensions, protections and the economy, and also featured Jim Power, Friends First.

It is a decade since Mr Power, a leading economist, produced a report extolling the virtues of Limerick, but warned that the city was too dependent on the manufacturing and agriculture sector for jobs.

Within a year, this prediction



Friends First economist Jim Power, with Jim Wallace and Thomas Fitz-Gough, First Choice and Ray McMahon, ICS Mortgages at a First Choice Breakfast Briefing which took place at the Strand Hotel PICTURE DON MOLONEY/PRESS22

was borne out with the decision of Dell to shift 1,900 jobs to Lodz in Poland.

But Mr Power said: "We are now back in business as a region. Dublin is becoming increasingly congested. The Mid-West, the stuff it has going for it, is really important. It has an international airport, it has a top level third level educational offering and it has a very good roads infrastructure which will be enhanced when the road to Cork is built."

On the road to Cork, the Friends First economist said he feels it is being built in the wrong place. Taoiseach and former Transport Minister Leo Varadkar confirmed to this newspaper earlier this year that the road will run from the junction with the N21 at Attyflynn, to the proposed Cork northern ring road near Blarney.

This corridor would run to the west of the current N20.

But Waterford man Mr Power said he believes a leg of the road should instead go from Cahir to connect to the road to the south-east.

He said: "From a regional planning perspective, it makes a lot more sense to have a circle around

the country which spurs off to places like Cork."

While a supposed housing shortage across Ireland has been well documented, Mr McMahon told the conference that he believes it is in fact a paucity of apartment complexes which the country is suffering from.

"We have enough houses in Ireland – what we don't have is enough apartments. If you look at the stock of three-to-five bedroom dwellings in the greater Dublin area, there is no stock. The supply of one-to-two bedroom dwellings is chronically mismatched," he said.

# Deal to support women

Edited by Nick Rabbitts

e nick@limerickleader.ie

Twitter @nick468official

**m** ()

NETWORK Ireland Limerick has teamed up with the Local Enterprise Office to promote the personal and professional development of

women in the region. A partnership agreement has been signed between Network Limerick president Valerie Murphy, and Eamon Ryan, the head of Enterprise at the Limerick Local Enterprise Office.

The aim of the deal is to strengthen the women in business network for 2019.



Network Ireland Limerick provides a forum where women in business, the professions and the arts can exchange business ideas and increase their business contacts. It encourages women to achieve more satisfying careers and promotes women as worthy contributors to the economy.

# AddiHive makes it to final

LIMERICK company AddiHive has made it through the final of the Innovation Awards, the winner of which will be announced later this month.

The company, which exists to streamline three-dimensional manufacturing processes, has been nominated in the manufacturing and design category.

As a result of this, the firm, based in Croom, is in line to win the overall Innovation of the Year prize at the Irish Times sponsored event.

Research and development manager Patrick Byrnes says additive manufacturing or 3D printing in metals is disrupting the aerospace and medical device industries at an accelerating pace. The prize for the overall

The prize for the overall winner is a €150,000 public relations package.

# **Getting businesses ready for Brexit**

LIMERICK businesses are being encouraged to attend a special event designed to get local firms ready for Brexit.

An Tanaiste Simon Coveney will be hosting a special briefing this Friday, November 23, at Thomond Park.

Kicking off at 9am, the free morning conference will focus on government supports for small companies put in place ahead of Britain's impending withdrawal from the European Union.

Senator Kieran O'Donnell said: "This is a tremendous opportunity for businesses in Limerick and the mid-west Region to access information, advice, supports and expertise on Brexit."

He added it will represent a "one-stop shop" for businesses. "It combines the expertise of a

"It combines the expertise of a number of government departments in conjunction with the longstanding expertise of our development agencies," the Fine Gael Senator added.

"I am fully aware of the complexities that Brexit brings to the economy and to a growing region such as ours here in Limerick & the Mid-West.

"I believe preparing for all scenarios is best practice and I will offer my fullest support and work for businesses here to get Brexit ready," he pledged.

Meanwhile, this Wednesday, Enterprise Ireland will host a Brexit advisory clinic in Limerick.

These will provide information and practical support to companies to allow them take action to address their exposure to Brexit. For more information on the Brexit events, telephone 01-4082000.



Senator Kieran O'Donnell is asking people to attend Friday's event

# **Conference on Ending Plastic Waste**

South Court Hotel, Limerick

# hosted by: SEÁNKELLY

YOUR MEP for Ireland South and EPP negotiator on the Single Use Plastics Directive

9am – 11am, 23rd November

**Registration from 8.30am** 



Limited spaces, please RSVP to sean.kelly@ep.europa.eu



FINE GAEL

www.eppgroup.eu



# DREEDER DER BERK, NOVEMBER 21, 2018



Extending over three storeys, this superb property is situated in the sought after residential area of O'Connell Avenue and comes to the market retaining its original period features

# Auburn beauty in city

# **0'Connell Avenue:** Magnificent Victorian style family home on large site with seven beds

AT A GLANCE

**Location:** Auburn House, 3 Auburn Villas, O'Connell Avenue

Description: Victorian style family home Price Guide: Excess €750,000 Seller: Rooney Auctioneers Contact: 061-413511

uburn House is a large extended Victorian style family home built in 1904 and located in the heart of Limerick city centre.

The stunning property, located on the popular O'Connell Avenue, is on the market for offers in excess of €750,000 with Rooney Auctioneers.

Rarely does a property with such large garden area and driveway on the much

sought after O'Connell Avenue come to the market.

Situated on a large site with front garden, large side garden with patio area and rear garden area, Auburn House is accessed via a gated cobblelock driveway with parking for numerous cars.

Extending over three storeys, this superb property comes to the market retaining its original features including cornicing, architraves and window shutters to name but a few. It also has feature marble

It also has feature marble fireplaces.

The property has been insulated - pumped and clad and the roof has been replaced as recently as August 2017.

Accommodation consists of three large reception rooms, kitchen, utility room, downstairs bedroom/office with ensuite and a further six bedrooms on the first second floors with main bathroom and separate WC.

The front door has a feature stained glass door leading to a large bright entrance hall. The first reception room has a large bay window with shutters, while there are two large feature windows overlooking the side garden in the second reception room. The third has French doors off to garden area, as does the bedroom/office with ensuite.

The location is very convenient with a host of various amenities nearby including schools, Mary Immaculate College, and sporting and leisure facilities.

It is within easy walking distance of the city and the Crescent Shopping Centre.

Viewing is highly recommended to appreciate this beautiful period property.



The roof of Auburn House was recently replaced. It is an exceptional property in a prime location in the heart of the city on a large site with front garden, large side garden with patio area and rear garden area. Left, one of the three large receptions rooms in the large extended Victorian style family home that was built in 1904





Extended mid terrence house situated within walking distance to Thomond Park Stadium and close to local schools and

amenities. Comprising porch, living room, pathroom/toilet

kitchen and bedroom Upstairs: 2 beds. Oil neating. P.V.C d.g.

This property is externally insulated

€88,500

24 KENYON AVENUE,

**KILEELY, LIMERICK** 

ROSMADDA, PARTEEN,

**CO. CLARE** 

# Jourcy AGENTS ESTATE

'Proudly serving the Mid West for over 70 years'



Detached family home situated in a mature and popular residential area off the Fr. Russell Road comp: Porch, hall, study/office, living room, dining room, conservatory, L-shaped kitchen/dining area, utility, shower/wc, play room/t.v room. Upstairs: 4 beds (1 ensuite), bath/wc. Stairs to attic room. PVC d.g. windows. Gas heating. C. 2,250 sq.ft (excluding attic)

THE LEADER

€425,000



BER D2 Situated in a popular residential area in close proximity to The University Hospital Limerick, schools, shops and all amenities. This 3-bedroomed semi-detached house comprises hall, sitting room, dining room, study, kitchen/dining area. Upstairs: 3 beds, bath/wc. Outside: front and back gardens. Aluminium d.g windows. Oil heating. €165,000

### BALLYBRICKEN SOUTH, **GRANGE, CO. LIMERICK**



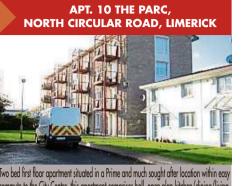
Lands are laid out in 4 divisions • Road frontage 94 metres • 1 roadside field • Good quality lands a bit neglected. Part of lands are lowlying. • From Limerick city proceed out the Old Cork Road, Proceed through Ballyneety village. Turn left at Kirbys Pub. Take next right turn and then next left turn. Proceed to T junction lands are located adjacent. Sign erected.

## €230,000

### CROSSAGALLA, OLD CORK ROAD, LIMERICK - SITE FOR SALE



EXEMPT \* Folio No: LF8377 \* Area of site - C. 0.668 of an acre (0.2707 hectares) \* Frontage - 52 metres (approx.) \* Depth - 48 metres (approx.) \* All main services available \* Zoned Residential \* Expired Planning permission for Four semi- detached houses (Ref: 07/770220) \* Freehold title \* Being sold as is (no planning conditions) €75,000



commute to the City Centre, this apartment comprises hall, open plan kitchen/dining/living room (door to balcony), 2 beds, bath/wc. Aluminium d.g. windows. Electric storage heating Outside: ample car parking. Appliances and contents included.

€150,000



**31 LANAHRONE AVENUE, IRISH ESTATES, CORBALLY, LIMERICK** 



AUCTION WEDNESDAY, DECEMBER 12 AT 3PM Situated in a prime and much sought after Residential area convenient to Super Value, Tesco, Primary and Secondary Schools; this semi-detached 3-bedroomed residence comprises of porch, entrance hall, study, living room, dining room, kitchen. Upstairs: 3 bedrooms, bathroom & toilet. Walk-in hot press. Outside: Private and mature rear garden with garage. Aluminium d.g iwndows. Back boiler heats radiators. Viewing highly recommended. Auction at the Pery Hotel, Glentworth Street, Limerick (unless previously sold)

**88 UPPER CAREYS ROAD, LIMERICK** 

T: 061 415188

€265,000

# AUCTION WEDNESDAY, DECEMBER 12 AT 4PM

- Derelict shed / buildings on site c. 435.129 sq. mtrs.
- Right of way access
  Situated just of Careys Road, Limerick
- Solicitors: Tynan O'Donovan, Solicitors, 78
   O'Connell Street, Limerick
   Auction at The Pery Hotel, Glentworth Street,
- Limerick (unless previously sold)

€50,000



BER EXEMPT \* Half Acre Site \* House destroyed by fire \* For sale sign on site. \* Subject to full planning permission \* Limerick to Ballyneety village, go out Killalock road and turn left at Kirbys pub, next right next left, proceed to T junction, turn right, site is on left hand side.

€70,000

### PAYING TOO MUCH PROPERTY TAX?



Since the introduction of Local Property Tax in 2013 it appears that so appears that so many people have placed themselves in the wrong LPT Tax Band resulting in overpayments. Is that You? Contact de Courcy's on 061 415188 and we can advise you.





PSRA No: 003402

John de Courcy (087) 2565 444 Richard de Courcy (087) 2535740

7-8 Glentworth Street, Limerick City. email: limerick@decourcy.ie

## LEADER PROPERTY 3

EE

# **Penthouse pad** with city view

AT A GLANCE Location: 127 The Strand, Ennis Road, Limerick **Description**:

Penthouse Apartment **Price Guide:** €350,000

Seller: REA O'Connor Murphy, Hibernian House, Henry Street **Contact:** 061-279300

RARELY does an opportunity arise to purchase a truly penthouse stunning apartment set within the exclusive Strand complex in Limerick city.

REA O'Connor Murphy are delighted to present to the market this spacious two fifth bedroom floor penthouse apartment privacy enjoying and spectacular views.

The bright and superbly proportioned

accommodation has been creatively designed and finished to a very high specification throughout and



is perfectly suited to the demand of modern day city living.

Extending to circa 88 sqm /947 sq ft and situated on the fifth floor (top) of The Matthew Block, it has only one other apartment as a neighbour.

The accommodation comprises of a welcoming entrance hall leading to a bright and spacious open plan living, dining, kitchen area, two double bedrooms, the master is en-suite, plus a storage/cloakroom and a bathroom.

apartment also The

benefits from an extremely generously sized dual aspect private south facing balcony. In addition, there is one designated parking space located in the underground car park which is accessed via both lift and stairwell.

No. 127 provides a lavish, tranquil environment and is tastefully designed and finished to the highest of standards with NEFF and Whirlpool appliances in the kitchen, semi solid timber flooring in the living area, porcelain tiles in the hallway and Italian custom-designed fitted kitchens with polished

upstands. Strand Complex The comprises of 136 apartments, is constructed and laid out to the highest of standards with its stunning landscaped internal gardens, the latest in security complex and allocated underground parking. The Matthew block is a five storey building

stone

worktops

and

directly across from the main entrance to the Strand Hotel and is close to a host of amenties in the area. Early viewing is essential as the apartment is sure to

draw huge interest.



The Matthew block is a five storey building directly across from the main entrance to The Strand Hotel

Flawless three bed in Castletroy



GLANCE Location: 30 Glanntan, Golf Links Road, Limerick Description: 3 Bed Semi-Detached Price: €230,000 Seller: Sherry Fitzgerald

**Contact:** 061-418000

FitzGerald Sherry are pleased to introduce 30 Glanntan, Golf Links Road, to the market.

This flawless three bed semi-detached house comes to the market in turn-key condition and ready for immediate occupation.

Glanntan is a secure development positioned just off the highly desirable Golf Links Road in Castletroy. No.30 is ideally located in a

quiet residential cul-de-sac of semi-detached houses.

There is a host of superb amenities on your door step including Castletroy Golf Club, Castletroy College, and a wide range of award winning restaurants and speciality shops.

University The of Limerick and its beautiful riverside walks are just a stone's throw away,

The entrance hallway to number 30 is fitted with solid maple flooring and a very modern clay colour pallet on the walls.

Located at the front of the property is a spacious living room which carries the theme from the entrance hallway with its solid wood flooring and contemporary colour pallet.

The living room is lovely and bright with a bay window allowing natural light flood



Glanntan is a secure development positioned just off the highly desirable Golf Links Road in Castletroy

into the room. French doors allow light flow into an open plan kitchen-diner, which overlooks a beautiful south facing rear garden.

The kitchen is fitted with contemporary base units and

neutral splashback tilling. Located underneath the

stairs is a generously proportioned WC which is fitted with full WHB facilities. On the first floor there are three bedrooms, two doubles

and one single. All of the bedrooms are generously sized and have built in wardrobes.

The master bedroom is located at the front of the property and is serviced by a beautiful designed ensuite. There are cleverly designed slide robes providing plenty of storage in the master bedroom.

There is a main bathroom, which comes finished with contemporary sanitary ware and shower/bath.

The house has gas fired central heating and has a BER C<sub>2</sub> rating.

Viewing recommended.

Rooney

**LETTINGS** 

# PROPERTY LETTING AND MANAGEMENT SERVICES

LIMERICK CITY & COUNTY PROPERTIES MANAGED BY ROONEY AUCTIONEERS



Efficient property management takes experience, expertise, attention to detail, and total commitment to quality service - everything that is associated with the name Rooney Auctioneers (Limerick) Ltd.

Rooney Auctioneers (Limerick) Ltd have in-depth experience in the area of letting and property management. Head of the department within Rooney Auctioneers (Limerick) Ltd is Mr. Tony Wallace who has over 13 years' experience in property management and has a vast knowledge of the regulations and laws pertaining to same.

Recently elected as a committee member to the Southern Region of the Society of Chartered Surveyors Ireland (SCSI), Mr. Wallace holds an Honours Degree in Property Management & Valuations and also lectures in the subject in the Dublin Institute of Technology.

Mr. Wallace is holding an advice clinic on Tuesday the 27th November 2018 at Rooney Auctioneers, 99 O'Connell Street, Limerick between 9am – 1pm.

At the clinic Tony will be available to answer such queries as:

- On what grounds can I terminate a tenancy?
- My tenant is in arrears, what are my options?
- What is a "Part 4" tenancy?
- What are my obligations under the Minimum Housing Standards Regulations and Residential Tenancies Act?
- Do I need to provide a Fire Extinguisher? Carbon Monoxide Detector? Do I need ventilation in all rooms?
- When will Limerick be designated a Rent Pressure Zone?



If you require an appointment during the clinic hours, please contact Tony on Ph: 061- 413511 Email: twallace@rooneys.eu PSRA No.002593-001226

MURROE WOOD

www.limerickleader.ie

BER D1

BER) F

# **O'CONNELL AVE, LIMERICK** "AUBURN HOUSE"

"Auburn House" is a large extended Victorian Style family home built in 1904. Situated on a large site with front garden, large side garden with patio area and rear garden area. Extending over 3 storeys this superb property retains original features such as cornicing, window shutters, etc.

Accommodation consists of 3 large reception rooms, kitchen, utility room, downstairs bedroom /office with ensuite and a further 6 bedrooms on the 1st and 2nd floors with main bathroom & separate wc. OFCH. Insulated (pumped and clad). Roof replaced in 2017. Viewing is highly recommended to appreciate this beautiful period property. BER No.111291050

### Lisa Kearney 087 2633422

BER C3



### OLD CRATLOE ROAD, 33 SHANNONVALE.

Spacious 3 bedroom semi-detached home in the popular residential area of Shannonvale. Walking distance to amenities, Hall, living room, playroom/study, kitchen-diner downstairs wc, 3 bedrooms upstairs with ensuite & main bathroom. The house is in excellent condition and would make an ideal home or investment property. Approx. size 103 sq/m. (1,108 sq/ft.) GFCH. Ber No. 111464087



Fantastic home close to the Crescent Shopping Centre, schools, M7/M20 Motorway connections etc. Situated in a quiet cul de sac comprising of Hall, living room, kitchen-diner, utility room, playroom/study, guest wc, three bedrooms, ensuite & main bathroom Large enclosed garden to the rear and a driveway to the front. GFCH. Approx. size 122 sq/m (1,313

# LOUGHILL

For Sale – Exclusive residential development site of approx 1.54 hectares (3.80 acres) located in the village of Loughill, Co. Limerick. The site is situated on an elevated position permission for 9 no. serviced sites. Guide price - €280,000 €280,000 Briain Considine 085 2894166

# Rooney

THE LEADER

**MONALEEN, LIMERICK** "LAVELLA LODGE", BALLYSIMON

"Lavella Lodge" is a beautiful detached property of approx. 108 sq.m. (1,163 sq.ft.) full off charm and appeal with a lovely balance of the old and the new. Renovated & extended and beautifully maintained. Kitchen (newly fitted), utility, living room, living room/dining room, 3 bedrooms, bathroom. OFCH. "Lavella Lodge "is situated on a private 0.5 acre of landscaped gardens and has a detached garage to rear. BER No. 110513306. €235 000 Lisa Kearney 087 2633422



33 WALNUT DRIVE

BER E2

3 bedroom semi-detached house of approx. 1,076 sq.ft. (100 sq.m.) within walking distance to schools, shops, LIT, Thomond Park etc. The house is in excellent condition and has been upgraded and renovated recently having been rewired, replumbed, insulated and decorated. Hall, living room, kitchen/diner, playroom, utility room, garage, 3 bedrooms upstairs & main bathroom. Landscaped garden with large patio area. OFCH. BER No.100987650.

# THOMONDGATE, LIMERICK BER B3 UNIT 2 & UNIT 3 NEW RD ENTERPRISE CENTRE, For sale - 2 warehouses. Unit 2 extends to approx. 381 sq.m. (4,105 sq.ft.) comprising open plan manufacturing/ storage area, mezzanine floor with reception area and a

number of offices. Unit 3 extends to approx. 218 sq.m. (2,347 sq.ft.) with 7 offices on ground floor & office, canteen, tea station & toilets on mezzanine. Communal car parking. Unit 3 currently occupied. BER No.800644361. €220,000 Tony Wallace 087 2621760



€750,000

village of Murroe being only a 10 minute drive from Castletroy and easy access to the M7 motorway. Hall, living room, kitchen-dining room, 4 bedrooms, ensuite, main bathroom & utility. Triple glazed windows. OFCH. Situated on a very private landscaped site of approx. 0.37 of an acre & with picturesque views of the surrounding countryside. Murroe Village is only a short stroll where there is a local shop, school, creche, pub etc. BER No.104854815. Briain Considine 085 2894166 €240.000



### **O'BRIENSBRIDGE, CO CLARE** BER C2 14 COIS NA SIONNA

Spacious 4 bedroom semi-detached home located in the picturesque village of O'Briensbridge, Co. Clare. Approx. 1,474 sq/ft. (137 sq/m.) comprising of hall, living room, playroom/study, kitchen-diner, utility room, 4 bedrooms, ensuite & main bathroom. O'Briensbridge is within easy commuting distance of Limerick City and only 9 km from Castletroy/Annacotty and access to the M7 motorway. It is also only 10 kms from the popular lakeside town of Killaloe. OFCH. BER No. 102437506.

€185 000 Briain Considine 085 2894166



### **BUNRATTY CO CLARE** DÚN RÍ

Next & final phase of Dún Rí comprising of 2 detached properties only. Ideal family homes of outstanding excellence. ON SITE VIEWINGS CAN NOW BE ARRANGED. Situated in the picturesque village of Bunratty and within walking distance to Bunratty Castle and Folk Park. It is within easy access and a short distance of Limerick City Centre and Shannon Town and Shannon Airport and all local amenities such as well renowned Gallaghers Restaurant, Durty Nellies Pub, Bunratty Woollen Mills , Meadows and Byrnes and all public transport systems. €470 000 Lisa Kearney 087 2633422



### ST. PATRICK'S ROAD, LIMERICK BER D1 **59 ASPEN GARDENS.**

Turn-key property located close to many shopping centres, schools, University of Limerick & all major motorways. Ent hall with guest WC off. Large bright and open plan livingroom/diningroom/ kitchen,3 bedrooms & main bathroom. Large deck area to rear GFCH. BER No. 111328001.

€195,000

Lisa Kearney 087 2633422



## 86 MEADOWVALE

OFF WOLFE TONE ST.

No. 102186145.

€135.000

16 MOUNT PLEASANT AVENUE,

2 bedroom property located in a residential street

Immaculate College, the People's Park and all local

bathroom. PVC windows, Gas heating, rear patio. BER

amenities. Spacious accommodation comprising:

Kitchen/dining room, living room, 2 bedrooms,

within walking distance of the city centre, Mary

Substantial extended detached property with beautifully landscaped gardens. Located close to the Crescent Shopping Centre, Raheen Business Park, University Hospital Limerick, schools, shops etc. This beautifully maintained property comprises of Hall. 2 reception rooms. Dining room. Kitchen/diner: Utility. Office. Guest wc. 4 bedrooms. En suite Main bathroom. OFCH. BER No. 107815953. €395 000



IA THE SANCTUARY, CHURCHILL MEADOWS Spacious 5 bedroom, 3 bathroom, 3 storey property of approx.134.70m2. (1,450 sq.ft.) located in the popular Churchill

Meadows area of Raheen. Ground floor: Hall, reception room kitchen-dining room. 3 double bedrooms, ensuite & main bathroom on the 1st floor. 2 double bedrooms & bathroom o the 2nd floor. GFCH. Newly renovated throughout with all new carpets, painted etc. BER No.111308904 €250,000 Lisa Kearney 087 2633422







CAHERDAVIN, LIMERICK

### BER C3

€210.000 Briain Considine 085 2894166

99 O'Connell St, Limerick, V94 P8CY = 061 413511 = www.rooneys.eu = info@rooneys.eu = PSRA 002593 🗊 📷



BER A3

## Lisa Kearney 087 2633422



RAHEEN, LIMERICK BER C3

€255 000

**DOORADOYLE, LIMERICK** 4 THE CLOSE, HUNTSFIELD

Briain Considine 085 2894166



with spectacular views of the Shannon estuary and surrounding countryside. The site comes with planning permission for site development works and outline

# Heavenly haven in Castletroy

AT A GLANCE Location: 90 Dromroe Avenue, Woodhaven, Castletov **Description:** Three hedroom semidetached home **Price:** Guide €245,000 Seller: GVM Auctioneers Contact: 061-413522

GVM Auctioneers present to the market this exceptional three bedroom semi detached perfectly positioned home in a popular residential development. 90 Dromroe Avenue in

Woodhaven, Castletroy is in a superb location and has a great finish throughout.

The property is in a fantastic location in a quiet cul-de-sac and is located adjacent to a host of amenities.

It is on the market with the guide price of €245,000.

The entrance hallway to 90 Dromroe Avenue has tiled



flooring and points for alarm and phone, while the sitting room has a gas fireplace, recess lighting and timber flooring. There is a fully fitted

kitchen with patio door to the rear, a built in oven and hob and tiled flooring. The toilet is tiled and fully

plumbed for washing machine.

Upstairs, there are three bedrooms, one en-suite, a bathroom and hotpress. The main bedroom is carpeted with built-in wardrobes, three double built-in

sockets and a TV point.

The en-suite has a Mira electric shower and is fully tiled, while the main bathroom has bath and electric shower fitted.

The second bedroom is a double with built in wardrobes and is carpeted, while the third bedroom also has built in wardrobes with sockets and TV points.

There is gas fired central heating with mains water and mains sewage. There is amble storage space and a Stira attic staircase, while it is also fully alarmed.

Outside, there is side access to a landscaped



No 90 Dromroe Avenue, Woodhaven, Castletroy is located on a quiet cul-de-sac

garden which has a garden shed and there is tarmac drivewav.

Woodhaven has a host of amenities on its doorstep such as primary, secondary schools, University of Limerick, Castletroy Shopping Centre and Plassey Technological Park. There are also a vast array of excellent sporting facilities, all within walking distance.

Viewing recommended.



# Distinctive family home in Corbally



AT A GLANCE

Location: 31 Lanahrone Avenue, Irish Estates, Corbally, Limerick Description: Three bed semi-detached **Price Guide:** €265,000. Auction: Wednesday December 12 at 3pm at the Pery's Hotel, Glentworth Street, Limerick (unless previously sold)

Seller: De Courcy Estate Agents Contact: 061 415188

THREE bedroom А semi-detached residence in Corbally has come to the market with De Courcy Estate Agents and will go for auction next month.

31 Lanahrone Avenue, Irish Estates, Corbally, is on

the market with the guide price of €265,000. Irish Estates comprises of

140 flat-roofed, concrete-built, semi-detached houses which are very distinctive and popular residential area in Corbally.

De Courcy Auctioneers are the agents for 31 Lanahrone Avenue which will go to auction on December 12,unless previously sold.

31 Lanahrone Avenue is a ree bedroomed three semi-detached residence 126.36 sq metres (1,348 sq ft).

There is a PVC front door and porch with Terrazzo floor, while there is a cloakroom in the entrance hall.

The study has a tiled fireplace, while the living



Number 31 Lanahrone, Irish Estates, Corbally will go for auction on December 12, if not previously sold

room has a marble fireplace and the dining room has a tiled fireplace.

A back boiler heats the radiators in the house.

There is a fitted kitchen with stove and a stainless steel sink unit and walk-in pantry.

There is a timber and glass back door to private mature back garden which boasts three apple trees and one pear tree.

The garage has a sliding door and coal house. There is an open plan front garden with car parking.

all Upstairs. three bedrooms have wardrobes, while one has a tiled fireplace and there is walk-in hot press on this level. The bathroom has wash

hand basin and a bath with shower attachment.

The windows are all

aluminium double-glazed.

Irish Estates is situated in a prime location in the Corbally area, within walking distance of the city centre andless than 10 minutes from shopping facilities and is close to primary and secondary schools.





KILMALLOCK OFFICE: Tel: (063) 98555 • Email: kilmallock@gvm.ie

# Two gems in need of a tender touch

#### AT A GLANCE

THE LEADER

Location: 3 Summerville Terrace, South Circular Road -€250,000 Sylvania, South Circular Road - €230,000 Description: Interesting refurbishment properties Seller: Sherry FitzGerald Contact: 061-418000

SHERRY FitzGerald have two properties on South Circular Road in Limerick city which offer very interesting refurbishment opportunities.

Both are prime properties that need a little tender care and restoration.

Number 3 Summerville Terrace is an original Georgian two storey home on the market for  $\epsilon_{250,000}$ , while Sylvania, offering an opportunity to acquire a substantial period building with clear development potential, is on the market for  $\epsilon_{230,000}$ .

Period renovation projects within this highly prized residential location are becoming increasingly rare and both properties offer an opportunity to acquire one of the few remaining untouched homes within the locality.

South Circular Road connects the suburb of



Dooradoyle with upper Henry Street. Centrally positioned between the city and county, the area offers an idyllic setting in which to establish a family home.

Within walking distance are a wealth of residential amenities afforded by the city and the area offers immediate transport links to the wider Limerick region, Crescent Shopping Centre and University Hospital Limerick.

A handful of Limerick's most renowned educational institutions are set within minutes by car or on foot, namely Mary Immaculate College, The Model School, St Clement's College and Laurel Hill Colaiste and Secondary School.

#### 3 SUMMERVILLE TCE

Number 3 Summerville Terrace offers off street parking to its front, with an elevated first floor entrance. The property comes to the market as a blank canvas in need of restoration, offering superb period style living space on its first floor, two to three bedrooms/study in addition to a main bathroom and kitchen at ground level.

The elevated upper level is flooded with natural light, facing toward the leafy confines of the SCR to the front and over the southerly garden to the rear.

Viewers will consider a generous extension to the rear, where a walled patio opens to an exceptionally large and lengthy garden. Neighbouring properties have utilised their outdoor space in this manner, creating superb south-facing open plan spaces while retaining a substantial rear lawn.

It will charm any viewer with an appreciation of period properties and viewing is essential.

SYLVANIA, SCR



No 3 Summerville Terrace is a charming period residence. Left, its substantial rear garden



Sylvania is a substantial period building with clear development potential

Sylvania offers anywhere from four to six large bedrooms, beautiful reception spaces, a kitchen and rear patio garden –Sylvania is a versatile restoration project which will suit those with a creative streak.

It is situated just minutes

from the Gardens International development and city centre.

Entering the property from the street front, a generous hall leads to two exceptionally large reception rooms to the left.

Should developers wish to transform this property into

a house of multiple occupancy (subject to p.p), these rooms could form two very spacious double bedrooms or a segregated apartment at ground level.

Features include Georgian window frames and inset fireplaces. The central entrance hall opens to a kitchen and additional reception room to the right, with access to the private yard at the rear of the hall. On the first-floor there are a total of four superb double bedrooms, in addition to a main bath and separate shower room.

Again, developers will note the obvious potential for multiple occupancy here, while individuals seeking a substantial private home will appreciate the versatile floorspace and stately dimensions of each room.

Two bed apartment on North Circular



#### AT A GLANCE Location:

Apartment 10, The Parc, North Circular Road, Limerick **Description:** Two bedroom first floor

apartment **Price Guide:** €150,000 **Seller:** De Courcy Estate Agents, 7/8 Glentworth Street **Contact:** 061-415188 DE COURCY Estate Agents have this two bedroom, first floor apartment, situated in a prime and much sought after location within easy commute to the city centre.

Apartment 10, in The Parc complex on North Circular Road, is on the market for €150,000.

This apartment comprises hall, open plan kitchen/dining/living room (door to balcony), two bedrooms, bathroom and toilet.

The open plan area has a sink unit with double press, worktop with one press and three presses overhead. Appliances and contents are included in the price.

There are built-in wardrobes in both bedrooms and a hot press in the apartment.

Total floor area is 615 sq.ft (57 sq. mtrs). There are aluminium double glazed windows and electric storage heating, while outside there is ample car parking.

There is a service charge €1,000 per annum, which includes bins, insurance, maintenance of grounds and commons areas and lights. North Circular Road is

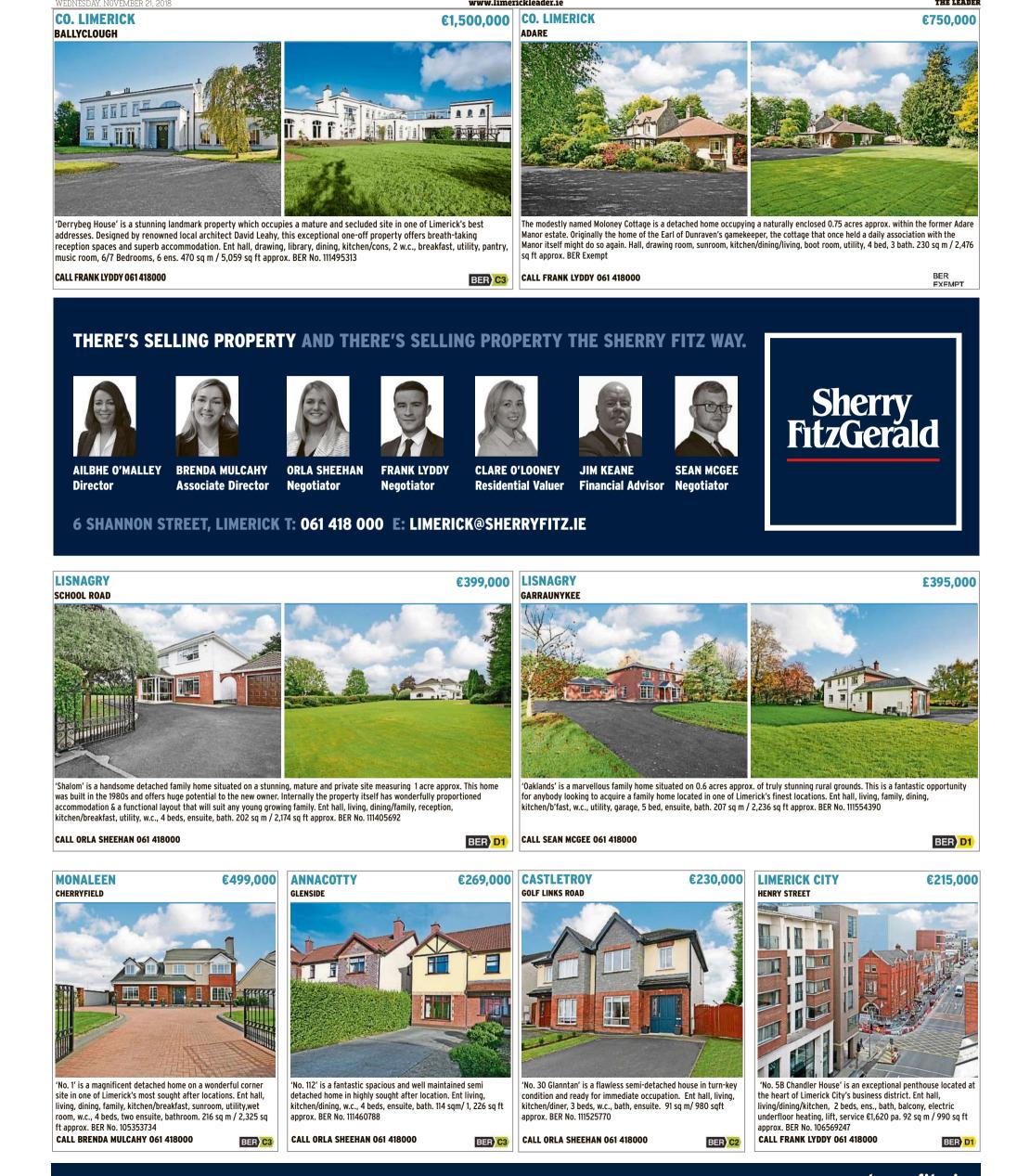
close to all amenities and a

Viewing is recommended.

short distance to the city.



The Parc, North Circular Road, where Apartment No 10 is for sale



**CUSHMAN &** WAKEFIELD

## **6 SHANNON STREET, LIMERICK**

## T: 061 418 111

TO LET



**C7 Annacotty Business Park, Limerick** 

Opportunity to sub-lease a modern end of terrace industrial warehouse located in Annacotty Buisness Park. Annacotty Business Park is located approximately 8 km east of Limerick City Centre on the Cappamore Road (R506) just off the main Dublin Road. The park benefits from excellent access onto the M7 Motorway. The property comprises a modern warehouse extending to approx. 469.3 sq m (5,052 sq ft). The warehouse extends to a full internal eaves height of 6.7 metres which provides for a roller shutter door and ample surface parking. The property is of steel portal frame construction with double skin metal deck insulated roof incorporating Perspex roof lights. Exterior walls comprise vertical profile cladding and glazing and the property is finished with concrete BER Nos.

#### CONTACT: JOHN MURRAY 061418111

800614620

#### INVESTMENT OPPORTUNITY FOR SALE

800359283

CONTACT: JOHN MURRAY / DEIRDRE O'BRIEN 061 418111

Office/Business Space opportunity extending to a floor area of approximately 170.4 sq.m.

(1,834 sq.ft.) IPMS 3. Located within the National Technology Park - the principal business

park in the Mid-West region in close proximity to the University of Limerick. Surface car parking to the front of the building. Electric storage heating. The existing layout provides for a predominately open plan workspace in addition to meeting rooms and ancillary

facilities such as canteen space. High profile occupiers in the immediate area including

Johnson & Johnson, Cook Medical, DAA plc, Icon, Enet, Gilt Groupe and QAD. BER No.

#### Ground & First Floor. Theatre Court. Lower Mallow Street, Limerick

Prime office investment opportunity located in Limerick City Centre. The property comprises two office suites and a vacant commercial unit located over ground and first floor extending to a combined floor area of 394.6 sq m (4,247 sq ft). The ground floor is partially let to Cantor FitzGerald producing an annual rent of €21,195 (Ex Vat) The first floor is let to the Office of Public Works producing an annual rent of €45,262 (Ex Vat) Asset management opportunities exist to increase the rental income in the short-term.

BER Nos Available upon request

BER C3 BER B2

CONTACT JOHN MURRAY / JOHN BUCKLEY 061 418111



#### cushmanwakefield.ie



- High profile LEED Gold Grade A office building
- Landmark 4 Storey Office Block located in Limerick's premier business park
- Excellent on site parking
- Accommodation available from approx. 11,840 sq ft – 50,000 sq ft
- BER details available upon request

#### BER A2



Patrick Seymour 061 318 770 patrick@ppg.ie

#### www.hawthornhouse.ie

CUSHMAN & John Buckley 061 418 111 john.buckley@cushwake.ie

Floor	SQ M	SQ FT
Ground	1,100	11,840
First	1,181	12,712
Second	1,181	12,712
Third	1,181	12,712
Total	4,643	49,976

Developed by



1297

PSRA No. 00222

#### www.limerickleader.ie

# Two prime development sites in Bunratty

Tourist destination: Sites zoned for commercial, residential, agricultural and tourist hostel

AT A GLANCE Location: Bunratty

Description: Prime development site opportunities Price Guide: Asking price €1,000,000.

Seller: Costelloe Estate Agents 5 Abbey Street, Ennis Co.Clare Contact: 065-6821299.

Costelloe Estate Agents are offering two strategically located development sites in the bustling tourist hub of Bunratty.

The sites occupy very prominent positions within Bunratty village.

The large site fronts the M18 Dual Carriageway and adjoins Bunratty Castle Hotel, while the second site again adjoining the Bunratty Castle Hotel, is opposite the former Shannon Shamrock Hotel.

Bunratty is superbly situated in south County Clare, just 15km northwest of Limerick city centre, 13km east of Shannon International Airport and 30km south of Ennis Town Centre, the administrative centre of County Clare. Bunratty is a major tourist destination based around Bunratty Castle and Folk Park. As well as a thriving tourism business it is considered a gourmet food destination. Nearly 350,000 people visited Bunratty Castle and Folk Park in 2016,

popular tourist attraction in Ireland. Site one comprises approximately 8.9 hectares (22.5 acres) of mainly top quality elevated land.

making it the tenth most

The zoning features seven acres commercial, 6.25 acres residential and four acres agricultural. It enjoys over 600m of road frontage to three roads.

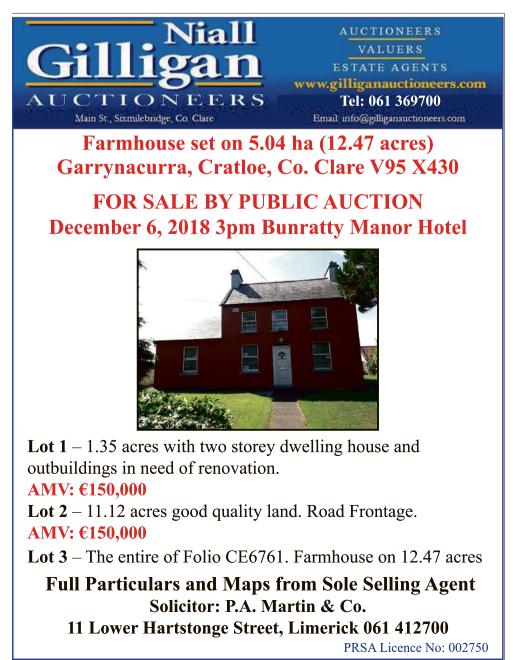
The asking price for this is €1,000,000.

In the same location the second site, with outline planning permission for a tourist hostel is on the market for €100,000. This site may suit other uses.

For further details please contact David Costelloe of Costelloe Estate Agents on 065-6821299.



Site one is on 22.5 acres. The zoning features 7 acres commercial, 6.25 acres residential and four acres agricultural. It enjoys over 600m of road frontage to three roads



# ennisgough

# FOR SALE

#### Development Land with OPP for 130 bed Nursing Home Glenconnor, Clonmel, Co. Tipperary

- C.2 acre site with Outline Planning Permission for 130 bed nursing home
- Planning number 18600418
- Excellent location c.500 metres from South Tipperary General Hospital
- Title freehold
- Area of high nursing home demand



PRICE ON APPLICATION Contact: Deirdre Gough 051 851166 / 087 2411719

auctioneers • letting agents • valuers • sales • advisors EnnisGough Property, 52 Fountain Street, Ferrybank, Waterford t: 051 85 11 66 f: 051 83 33 78 e: info@ennisgough.ie w: www.ennisgough.ie PSR No:001197





Licence Number: 002313

THE LEADER

## 71 O'CONNELL STREET, ENNIS, CO. CLARE

## FOR SALE BY PUBLIC AUCTION ON FRIDAY 14TH DECEMBER, 2018 AT THE OLD GROUND HOTEL PRIME RETAIL INVESTMENT OPPORTUNITY

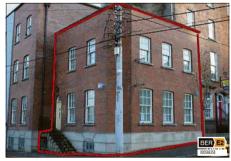


- Outstanding retail location, in the heart of Ennis.
- Close to The Old Ground Hotel, Dunnes Stores etc.
- For Sale in one or two lots
  - Lot 1 71 O'Connell Street.
  - Lot 2 Shop unit plus yard and store at Barrack Square, Ennis.
- F.P.P. for retail (7,000 sq ft) and
- residential (5,000 sq ft) scheme.
- Very rare investment/development opportunity.
- Solicitor Opren Franks, Burlington Street, Dublin 4

## **OFFERS IN EXCESS OF €500,000**

### 1A BINDON COURT, HARMONY ROW ENNIS, CO. CLARE

#### **FOR SALE BY PRIVATE TREATY** MODERN TWO STOREY OVER BASEMENT OFFICE BUILDING



Centrally located on the south sides of Harmony Row, at its junction with Bindon Street and just 250 meters from O'Connell Square.
This modern 3 storey building was constructed in the early 2000's.
Total net internal floor area 93.8 sq mtrs (1,006 sq ft).
The property is laid out to provide office and toilet facilities at each

together with a kitchenette at garden level • Perfectly presented boasting modern finishes, this building is

excellent value.

#### Offers in excess of €100,000

### CE54237F BUNRATTY, CO. CLARE

### FOR SALE BY PRIVATE TREATY \*\*PRIME DEVELOPMENT OPPORTUNITY\*\*

SITE WITH OUTLINE PLANNING FOR A HOLIDAY HOSTEL (MAY SUIT OTHER USES)

- Canada Canada da Sanara Canada Canada da Sanara Canada Canad
- Superb and prolific location in the heart of the thriving village of Bunratty,
   Buntatty is one of Irelands loading tourist destinations
- Buntatty is one of Irelands leading tourist destinations with over 350,000 visitors annually.
- Strategic site of approx. 0.35 hectares (0.87 acres)
   Outline Planning Permission for a Holiday Hostel &
- Outline Planning Permission for a holiday Hoster of ancillary works
   Scope other tourism uses, s.p.p.
- Scope other tourism uses, s.p.p.
  An opportunity not to be missed

#### €100,000



55/56 BRU NA SIONNA, SHANNON, CO. CLARE

#### FOR SALE BY PRIVATE TREATY RESIDENTAIL INVESTMENT OPPORTUNITY 2, TWO BEDROOM APARTMENTS

- Exceptional location, adjoining Shannon Town Centre.
  2 spacious, two bedroom, end apartments with balconies,
- Modern well finished units of 66.90 sq. m (720 sq. ft.)
  Each apartment accommodates entrance hall, open plan kitchen/dining/living room, bathroom & two bedrooms
- (master ensuite) • Potential rental income €20,400 per annum.
- Price to sell in one lot, only €75,000 per unit.

### Offers in Excess of €150,000

### VARIOUS PROPERTIES AT MERCHANTS SQUARE, ENNIS, CO. CLARE

#### **TO LET** SUPERBLY LOCATED RETAIL/OFFICE UNITS VERY COMPETITIVE RATES



Merchants Square is a busy commercial paracde site around a central cobbled square,
Merchant's Square linking the bustling Market Area and Parnell Street, is in the heart of Ennis Town Centre
No.'s 2 & 7, both ground floor retail units, extend to 652 sq. ft and 291 sq. ft respectively
No.'s 26/27/29 & 32, both first floor office suites, extend to 1,283 sq. ft and 1,200 sq. ft respectively,
Very competitive rates available

### Rents from €9,000 p.a.

info@costelloe.com | www.costelloe.com | 5 Abbey Street | Ennis | Co Clare | 065 6821 299

#### LEADER PROPERTY 14

# More families moving to scenic Clare

**Clarecastle:** Limerick couples buying energy-efficient homes in tranquil setting

#### AT A GLANCE Location: Creggaun

na Hilla, Clarecastle, Co Clare **Description:** new development of spacious detached and semi-detached homes by M. Fitzgibbon Contractors Ltd. **Price:** From €212,500 Seller: Helen Gallery Auctioneers & Valuers, 68 Parnell St. Ennis, Co Clare Contact: 065 682 9481

M. Fitzgibbon Contractors Ltd. have been building new homes in Creggaun na Hilla, Clarecastle for the past three years and were delighted this week to be handing over keys to the 100th family of buyers.

Creggaun na Hilla is a well located, quality new development of spacious detached and semi-detached homes by M. Fitzgibbon Contractors Ltd. in the centre of the village of Clarecastle approximately two miles from Ennis town. Clarecastle which recently won an endeavour award in the tidy towns is a popular location for families and investors alike with its local primary



Above: Jason Fletcher & Karolina Wozna receiving their keys to 41 Meadow View from Michael Fitzgibbon and Helen Gallery. Right: a view of one area in the brand new development

with both young families and

people wishing to down size.

Park View.

school, church, shops, doctor's surgery, pharmacy, high speed broadband and G.A.A. Sporting grounds. Clarecastle boasts one of

the best daycare centres in Clare and is an ever expanding village just a stone's throw from the interchange for the M17 &M18 to Limerick & Shannon and Galway.

M.Fitzgibbon

The A rated bungalows are Contractors. Ltd completed the popular development of fully finished including bungalows in Haggart view in timber flooring and tiling March 2018 and due to the throughout, modern choices high demand for these homes of built-in kitchen, stylish they have now commenced fireplace with multifuel stove in living room, built-in another ten bungalows in wardrobes in all bedrooms, tiled bathrooms and air to These two and three water under floor heating. bedroomed bungalows have proved to be very popular

There are just a couple of two and three bedroomed bungalows still for sale in this



development. Prices are from €212,500.

M.Fitzgibbon Contractors are also now building three and four bedroomed semi detached family homes in Meadow View and Orchard View. The final phase in Meadow View comprises just four-bedroomed seven spacious homes and Orchard view is a development of just ten homes in a small cul de sac off Roughan Avenue.

The homes have been energy efficiently designed and have an A3 BER rating. The properties are finished to the highest standard and offers bright, spacious family accommodation with lots of open spaces in the development making it ideal

for modern day living.

Finishes including timber flooring and tiling throughout, modern choices of built-in kitchen, stylish fireplace with multifuel stove in living room, built-in wardrobes in all bedrooms, tiled bathrooms and under floor heating on the ground floor.

Prices start at €227,500 and they qualify for up to €14,950 in the government Help to Buy scheme.

Viewing of this new development by is appointment with the selling agent Helen Gallery Auctioneers and Valuers (065 682 9481) or by attending the show house this Saturday between 2-4pm.

MFC

**New Energy Efficient Homes** Creggaun na Hilla, Clarecastle, Co. Clare. M. Fitzgibbon Contractors Ltd. **Stunning Design With Spacious Layout** .



## **New Development of Superior Built** 2, 3, & 4 Bedroom Homes by

- Stylish Modern Kitchens, Wardrobes, Flooring And Tiled Bathrooms
- **Energy Efficient Design With Reduced Running Costs**
- Exceptional Quality Finish Inside And Out By M. Fitzgibbon Contractors Ltd.
- Outstanding Location Within Minutes' Drive Of M18 And M17
- Air To Water Heat Pump And Multi-Fuel Insert Stove
- Part L Compliant With An A3 BER Rating

Helen Gallery

#### **Prices from €212,500**

Qualifies for up to €14,950 in the 'Help to Buy' Scheme

For more info contact HELEN GALLERY AUCTIONEERS & VALUERS 086 250 4671 & 065 682 9481 | info@helengallery.ie | PSRA Licence No. 002433

#### LEADER PROPERTY 15



A further four homes have been released in Arda Na Deirge, located in magical Killaloe

# Exciting, energy efficient homes by Lough Derg

#### AT A GLANCE

Location: Arda Na Deirge, Killaloe Description: 4 Bed Detached Home **Price Guide:** €395,000

Seller: Harry Brann Auctioneers, Limerick Road. Killaloe Contact: 061 375 951 & 376 380.

twin towns The of Ballina/Killaloe, nestled at the southern tip of Ireland's largest lake, Lough Derg, have, for many, been the place

to aspire to live in. Ideally situated within short commuting distances of Limerick city, Shannon and Nenagh, the area offers a wealth of activities that include water sports, cycling, horse-riding, GAA, soccer and rugby, to mention just a few. And now, the opportunity of a lifetime is at hand for those wishing to relocate here.

Cherryfox Developments has just announced a further release of 4 A3 energy rated homes in Phase 5 of their talked much about

development at Arda Na Deirge in magical Killaloe. The new release includes

4 circa 1,735 ft2 4 bedroomed detached houses with accommodation to include; entrance hall, lounge, kitchen/dining area, 4 bedrooms - one en-suite, family bathroom, guest WC, utility and hot press. The accommodation also includes the provision of an attic storage room, accessed via a Stira stairs.

Energy efficiency is the order of the day with a number of notable features included as standard to support the excellent A3 BER rating, namely; solar panels, stove in the lounge, energy efficient windows and mains gas central heating.

The generous house specification also includes; a choice of colour and worktop kitchen, tiling in the kitchen, utility and bathrooms, choice of timber flooring or carpet in the entrance lounge hallway, and bedrooms and full painting in a choice of two colours. The front and rear gardens will be fully landscaped and seeded, while the driveway will have a tarmac finish. These detached properties come to the market at €395,000. Local agents, Harry Brann Auctioneers are handling the sale of the units and auctioneer John Phelan noted that the 46 completed houses in Phases 1 - 4 proved extremely popular and sold out within a short period of the launch dates.

Mr Phelan said that developer John Walsh of Cherryfox Developments has been involved in the construction industry for over 19 years and received many plaudits for the successful completion of 4. phases to date, with all purchasers moved into their new homes within the target dates." Mr Phelan also noted that this new phase is already attracting attention.

Contact John Phelan at Harry Brann Auctioneers on 061-376380 or 086-8181583 or view further photographs and details on their website at www.harrybrann.com.

# HARRY BRANN

**Certified Auctioneers and Valuers** Serving the Lough Derg area



## ARDA NA DEIRGE, KILLALOE, **CO. CLARE**

PHASE 5 - RELEASE OF **4 NEW DETACHED HOUSES** 4 BED DETACHED – 1,735 ft2 BY CHERRYFOX DEVELOPMENTS LTD.

## **PRICE €395,000**

## **FEATURES**

A3 Energy Rated timber frame construction **Solar Panels** Wood burning stove in Lounge **Energy Efficient Windows** Mains gas central heating Generous choice of kitchen, tiling & timber floor/carpets Fully painted in choice of 2 colours **Provision for Attic Storage room** Natural limestone feature on front façade **Tarmacadam driveways** Fully landscaped front & rear gardens to include seeded lawns Located within easy walking distance of all amenities in the popular lakeside towns of Ballina & Killaloe. **Creche facility & Killaloe Tennis Courts located opposite** the entrance to the development.

For Further Details, Contact John Phelan, on 061-376380 or 086-8181583 Harry Brann Auctioneers & Valuers, Limerick Road, Killaloe, Co. Clare Tel: 061-376380 or 061-375951. Email: info@harrybrann.com

# Ideal starter home in **Dooradoyle**

AT A GLANCE Location:42 Tara Crea, Kilteragh, Dooradovle Description: 3 bed terraced home **Price Guide:** Seller: Wheeler Auctioneers, Main St, Hospital **Contact:** 061 383403

THE LEADER

16

THIS three bed terraced home at Kilteragh is great value for money and would make an ideal starter home.

The house has been lovingly refurbished and decorated by its current owners and can be sold fully furnished.

Keenly priced at around €207,000 this property represents great value for money.

This is a turnkey opportunity for either an investor or first-time buyer.

Accommodation consists of entrance hall with wood flooring. The kitchen/dining room has a combination of

Location: Castle

Lodge, Castleroberts,

Description: 4 Bed

Seller: GVM Auctioneers,

25/26 Glentworth Street

Auctioneers

Contact: 061 413522

Bungalow

E390 000

GVM

**Price Guide:** 



tiled and wood floors and has fitted units.

The living room features a bay window and also has wood floors and a fitted unit. The carpeted landing area leads

to the living

accommodation.

The bathroom is tiled and has the usual fittings, while bedrooms all have wood floors and fitted wardrobes. The main bedroom has an

ensuite bathroom.



Number 42 Tara Crea, Kilteragh is in turnkey condition



# Your own castle in tranquil Adare





This property is constructed and completed to a high standard and specification. Feature walled entrance with automated gates

be suitable for conversion (subject to

The well-lit hallway leads to a fully fitted kitchen with built-in oven and hob.

and timber flooring.

currently in use as a playroom just off the kitchen with solid timber flooring, double sockets. The utility is tiled and fully

plumbed. The sitting room boasts a bay window, TV point, Telephone point, open fireplace and six double

sockets and has solid timber

flooring. There is a fully tiled bathroom with separate shower unit with Triton electric show.

Four bedrooms each have solid timber flooring and two double sockets.

The main room has six double sockets and a TV point.

The property is heated via oil fired central heating system. There is a septic tank on site and it is mains water connected.

The house is situated one mile from Colaiste Chiarain Secondary School which is construction under at present.

Travelling from Limerick proceed out the Lantern Lodge roundabout and take 1st exit left and proceed for 1.5 miles. Property is located on the right hand side. GVM sign thereon

delighted to present to the drive and landscaped market this superb family gardens. home which boasts spacious

specification.

gates.

are

The spacious attic would

It has a feature walled

Outside there is also a

entrance with automated

detached garage, tarmac

a mature site in this much

sought after location just 10

minutes' drive from the picturesque village of Adare. This property is constructed and completed permission). to a very high standard and

There is a spacious room

planning

entrance

There are also stylish recessed lights and French doors to the rear of property with a combination of tiled

#### www.limerickleader.ie

THE LEADE

# Wheeler AUCTIONEERS

#### Kilmallock, Co. Limerick, Co.Limerick Commercial Yard & Buildings

- Workshop/Warehouse extending to Circa 8000 sq. ft.

- Spacious Yard

- Office Building

- Ideal Manufactoring or Retail Unit

- Adjacent to Local Services

Further deatils on Request

#### Caherguillamore, Bruff, Limerick Circa 11 Acres

Roadside Holding
Located on Holycross, Meanus Road

Top Quality Land
In One Main Division

Sone Wallk Boundary on Entire Field

Mains Water Supply
Realistic Reserve

#### Meelick, Co. Clare Circa 16 Acres

#### **By Private Treaty**

On the Instructions of the Receiver Brian McEnery, BDO

- Roadside Holding

- Derelict House & Out-Offices

- Good Quality Lands

- Development Potenetial

Full Details from Wheeler Auctioneers

#### Kildromin, Kilteely, Co.Limerick



Dormer Bungalow Residence on 0.5 Acre Site

Acc Comp:Ent Hall, SittingRoom, Kitchen/Living, Utility, 4 Bedrooms, 2 Ensuite Bathrooms, Main Bathroom

Outside: Garage 20' x 15'3

Features Include: Floored Attic, Private Well, Boiler House, Pine Stairs Licence No: 002095

We'll get you Home

#### Shannon Road, Sixmilebridge, Co. Clare Development Lands - Circa 15 Acres

#### **By Private Treaty**

On the Instructions of the Receiver Brian McEnery, BDO - Roadside Holding - Located within Town Environs - Adjacent to All Services & Amenities - In 4 Main Divisions

- Obvious Development Potenetial (Adjacent to Housing Estate) Full Details Maps etc from Wheeler Auctioneers

#### Killonan, Ballysimon, Co.Limerick Bungalow on Circa 6 Acres

#### **By Private Treaty**

On the Instructions of the Receiver Brian McEnery, BDO

- Roadside Holding

- House in Need of Refurbishment

- Good Quality Land in One Main Division

- Located Just of N24 Limerick- Tipperary Road

Realistic Reserve

#### Bawntard South, Kilmallock, Co. Limerick



#### Detached 5 Bedroom Bungalow on 1/2 Acre Site

Located on a Quiet Road about 2 Miles from Kilmallock

Acc Comp: Ent Hall, Living Room, Kitchen, Dining Room, 5 Bedrooms, Ensuite Bathroom, Main Bathroom

> Outside: Lawns front and rear, Patio area, Garden shed

*Wheeler Auctioneers,* Main St. Hospital, Co Limerick. Telephone: *061 383403/383010* Fax: *061 383616* Mobile: *086 8584409* Email: *info@wheelerauctioneers.com* Web: *www.wheelerauctioneers.com* 



# Stunning homes in Slí Na Manach

AT A GLANCE Location: Phase 3, Clós Molua, Slí Na Manach launched in Mungret Description: 3 bed semi-detached, 4 bed semi-detached and 5 exclusive 4 bed detached homes Price Guide: Prices starting from €287,500 Seller: REA O'Connor Murphy,Hibernian House, Henry Street, Limerick Contact: 061 279300

ON Sunday, November 11, REA O'Connor Murphy along with Genesis Homes hosted the launch of Phase 3, Clós Molua, Slí Na Manach in Mungret.

Over 100 people turned out to see this stunning show house. Beautifully decorated and furnished by Casey's Furniture, this three bed semi-detached property was a huge hit.

Complete with under floor heating and air to water, efficient heating system this



house provided comfort, warmth and style to those who were lucky to come along on a rainy, lazy Sunday afternoon.

There are three types of house on offer in the new phase, three bed semi-detached, four bed semi-detached and five exclusive four bed detached homes, with prices starting from €287,500.

The event was hugely

successful with many houses selling on the day and many more since the launch.

REA O'Connor Murphy will host a showhouse every Sunday for the next four weeks from 2-4pm. Come along and meet the professional new homes team or call 061 279300 today to avoid disappointment.

Brochure and virtual tour available to view on www.slinamanach.ie.



#### Important Preliminary Notice PROPERTY AUCTION

LOT 1.

Suburbs of Limerick

NO. 4 LANSDOWNE PARK, ENNIS ROAD, LIMERICK To be sold by Public Auction On Friday 14th December 2018 at 3pm At the Strand Hotel, Ennis Road, Limerick On he instructions of the Exors. Mary Ambrose Decd. *(Full details in next week's issue)* SOLICITORS: Leahy & Partners, Park Manor,

Mallow Street, Limerick

#### LOT 2.

Suburbs of Limerick

NO. 3 DAVITT STREET, LIMERICK To be sold by Public Auction On Friday 14th December 2018 at 3.30pm At the Strand Hotel, Ennis Road, Limerick On he instructions of the registered owner. *(Full details in next week's issue)* SOLICITORS: Holmes O'Malley Sexton, Bishopsgate, Limerick

> Tel: 061 311133. E-mail john@johnshawauctioneers.com PSR Licence Number: 003819



There are a number of three and four bed detached and semi detached homes in Sli na Manach





Sitting on a half acre, this six-bedroom house in Newport has a log cabin and swim spa

# Stunning Newport home is loaded with special features

AT A GLANCE Location: Scrageen, Newport, Co.Tipperary Description: Six bedroom family

home **Price:** Excess €360,000 **Seller:** REA John Lee Main Street, Newport **Contact:** 061 378121

REA John Lee are delighted to present Scrageen, Newport, a quite unique six bedroom family home loaded with special features to the market.

Extending to around 2,600 square feet and

occupying a spacious half acre landscaped site, it comes with log cabin, swim spa, BBQ area, integrated playground with astroturf and water features. It is on the market for offers in excess of  $\epsilon$ 360,000 with REA John Lee, who are based on Main Street in Newport.

Some of the features in Scrageen include Kingspan insulation in all walls and ceilings internally, solar panels, central vacuum system and CCTV, while it is fully alarmed with oil fired central heating.

The attic is floored with Stira access, while there are Marble window boards throughout. The gardens are fully landscaped with stone boundary walls and emergency lighting and L.E.D under mounted lights.

Other extras inside include a fitted Aga, solid fuel stove, while there is also a wall mounted feature solid fuel fire with external ashbox extractor.

There is also a glass stairs surround with L.E.D. lighting, while the log cabin could be used as a granny flat. There is a large BBQ area outside also.

outside also. Scrageen is in a beautifully scenic location convenient to the Clare Glens.

Viewing is by appointment.





• Showhouse open Sunday 2-4pm

THE LEADER

- Launch of new phase
- 3 & 4 Bed Semi-Detached
- 4 Bed Detached
- Prices From €287,500

## **SHOWHOUSE OPEN SUNDAY 2-4PM**



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# MUNSTER & CONNACHT AUCTION

## AUCTION DATE... WEDNESDAY, 12th DECEMBER, 2018

To include properties in... LIMERICK, CLARE, TIPPERARY, KERRY, WATERFORD, CORK, GALWAY, MAYO, ROSCOMMON,DONEGAL

FULL LIST OF AUCTION PROPERTIES AVAILABLE AT... WWW.**regocm**.

# **VENUE:** Limerick Strand Hotel

AUCTION START TIME: 11am

register your interest at... auctions@reaocm.ie

www.**reaocm**.ie



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## TO WHAT'S GOING ON IN LIMERICK YOUR WEEKIN GUIDE

## **Ross O'Carroll Kelly's Postcards from the Ledge at UCH**

ROBERT C KELLY AND UNIVERSITY CONCERT HALL PRESENT

Starring

Katherine Lynch • Richie Hayes

Dayl Cronin • David Crowley • Myles Breen • Tom O'Mahony

John Sharpson • Richard Lynch • Hayley-Jo Murphy • Jacqueline Brunton

THE wonderfully titled Postcards from the Ledge, starring comic icon Ross O'Carroll Kelly, is coming to Limerick.

The show - starring the superb Rory Nolan as the Rossmeister - is going out on tour due to phenomenal public demand after playing to rave reviews and standing ovations at the Gaiety Theatre and is the very first time that O'Carroll-Kelly has brought any of his stage plays on a full nationwide tour.

Postcards from the Ledge will run at the University Concert Hall from February 12-16 and the man himself said he was "excited in a big-time way to be bringing my act to Cork and Limerick in the New Year. These are heady times indeed for the people of Munster. They've got Joey Corbery, they've got Donnybrook Fair - and now they're getting me.

"The Lambo is fully fuelled and ready to drive. I just can't wait," O'Carroll Kelly added.

See www.uch.ie for bookings and more information.



### Queen of the stage and screen at the Belltable this week

QUEEN of Technicolor, a new show by a Limerick woman charting the life of Maureen O'Hara, premieres in the Belltable this week.

Elaine O'Dwyer, originally from Pallasgreen but now based in London, has created the new stage production focusing on the

life of the iconic actress. The one woman show written and performed by Elaine,



Immaculate College and the Guildford School of Acting in London, premieres on Thursday and Friday night at the Belltable.

Elaine portrays more than 20 characters and Queen of Technicolour sets out to take audiences on a 'emotional roller coaster', revealing the woman and the extraordinary talent, behind Hollywood's brightest star.



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MYTH'S, DOLAN'S HE COMMERCIAL PICTURES: PHOTOGRAPHER





Ciara Cullen, Kate Garczynski and Brighid Williams at Smyth's Bar



Cian Molloy and Julia Rodriguez at Dolan's



Leanne Power, Dawn McCarthy and Stephanie O'Keeffe at The Commercial Bar



 With the second secon

Damien Enright and Gemma Reilly at The Commercial Bar



Cassie Miller and Hannah Grivers at Smyth's Bar



Diane Harvey and Margaret O'Connor at The Commercial Bar



Shane Eades and Caoimhe Mahon at The Commercial Bar



Ultan McAvinue and Tracey Collins at The Commercial Bar



Michael McCurtin and Lyndsey O'Brien at The Commercial Bar

# **EIMEAR QUINN**

A Christmas Concert



UNIVERSITY CONCERT HALL, LIMERICK Saturday 01 December, 8pm

Booking: 061 331549 / www.uch.ie

Tickets: €20/18

## **34 ENTERTAINMENT**



Junk Ensemble's Soldier Still is in Dance Limerick on Thursday

It's another #WeekendInLimerick and what a weekend! Seamus Ryan has the lowdown on what to expect

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"Delicious Food, great local beer selection and friendly staff" Sarah G 03/06/2018

"Very happy customer"

Pat O 25/04/2018

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**The Glen Tavern 1-2 Lower Glentworth Street, Limerick** 061 411380 tripadvisor



here's a nice spread of comedy, dance and theatre in Limerick this weekend.

Add some great music gigs and the beginning of the Christmas movie screenings and you're not short for choice in things to do over the coming days.

#### Thursday(Nov 22 Comedians Julie Jay and

Emma Doran bring their Emma and Julie Show to the Kasbah Social Club this Thursday night. Their act is based around a nostalgic tour of the 1990s, a dark era where people spent months making sure that their Tamagotchis were alive. Being permanent slaves to an electronic device in our pockets isn't something that any of us would know anything about these days, of course. Doors at 7.30pm, tickets are €12.

Soldier Still, at Dance Limerick this Thursday, is a searing indictment of the consequences and cyclical brutality of war, all done through the medium of contemporary dance. It's performed by dance-theatre company Junk Ensemble. It's inspired by interviews with dozens of soldiers and civilians caught in military conflict and even features a performance by Irish army whistleblower Tom Clonan. 8pm, tickets are €12/€10 online or €14 on the door.

**Queen Of Technicolour** is a theatre piece at the **Belltable** this Thursday and Friday about Maureen O'Hara - Hollywood actress and once the world's most famous ginger. It's the world premiere of the show, performed by Pallasgreen native Elaine O'Dwyer. Maureen O'Hara was as feisty off-screen as she was when



Queen Of Technicolour is at the Belltable this week

acting, refusing to suffer fools, foolishness or sexual harassment at the hand of movie producers. Doors 8pm each night - tickets are €13 on Thursday and €17/€15 concession on Friday.

## Friday (Nov 23) Stanzas host their

monthly night of poetry and spoken-word performance in **Ormston House** this Friday evening. The theme for this month is Cúpla Focail, so you can expect some of the readings to be as Gaeilge. It's also the final Stanzas to be hosted by Ormston House - the future of Limerick's best meeting place for the arts remains insecure so they're not scheduling any events after the beginning of December. 7pm and it's a free event.

Irish Times columnist Michael Harding is back in the Lime Tree Theatre on Friday night. Ireland's answer to Peter Ustinov is on a national tour to promote his On Tuesdays I'm A Buddhist book. He'll be reading from the book and switching into raconteur mode to talk about his life over the past two years and his search for meaning to existence. As the event is on a Friday rather than a Tuesday, you'll also get to find out what he is when he isn't a Tuesday Buddhist. My money's on Zoroastrianism - they have marvellous funerals. 8pm, tickets are €18.

Kiran Leonard plays the Kasbah Social Club this Friday, bringing his wonderful take on chamber pop to the Dock Road venue. The Manchester singer-songwriter has just released his latest album, his first recorded in a professional studio, and isn't likely to stay under the radar for long. It's a stunning record from someone who's just 23. His Western Culture tour comes with a full live band. Doors at 9pm, tickets are €12.

Limerick's Blake family are best known for being half of the Brad Pitt Light Orchestra but this Friday the Brad Pitters are joined by their siblings for an acoustic night Upstairs in Dolan's. Too many events are touted as special occasions but as the five Blakes haven't shared a stage in years, Friday's gig actually is rather a special occasion. They're more talented than the Kelly

family and more personable than the Black family. I'd jump at this gig if I were you. Doors at 8.30pm, tickets are €12.

Saturday (Nov 24) Limerick's Boherbuoy Brass & Reed Band are joining forces with the Dublin Concert Band for a  $concert \, in \, \textbf{St} \, \textbf{Mary's}$ Cathedral this Saturday evening. It's a free gig but there will be collection buckets there for Mid-West Simon. It starts at 7.30pm.

Laurie Shaw headlines a DIY LK night at Pharmacia this Saturday. Somehow, the Kenmare-based singer has churned out 30 albums of garage rock, most of which are worth a listen. He'll be supported by Arthur Itis and Rumi. Doors at 9pm, tickets are a fiver.

Sunday (Nov 25) There are two screenings of The Polar Express at the University Concert Hall this Sunday. It's a magical tale of a train full of children on a trip to the North Pole to see Santa, with shocking disregard for health and safety regulations. The animation has dated a bit since it was released in 2004 but it remains a charming antidote for anyone reluctant to believe in Santa Claus or steam trains. There's a sensory screening with reduced volume and ambient lighting at midday and a regular screening at 3pm. Tickets are a fiver if you book them online.

Dead Horse Jive play an afternoon gig at **Chez le Fab** this Sunday. The Galway quintet have a rather pronounced rock and roll swagger about them but manage to back that up with some really catchy tunes. They're definitely worth seeing, especially as Sunday's gig is free. It'll be an acoustic set, starting at 4pm.

#### All weekend

Agora is at Ormston House till December 8. The Maud Cotter and Anita Groener exhibitions run at Limerick City Gallery until January 6. Blurring The Edge is at the Hunt Museum until January 20. All free to visit.

That's your lot for this weekend and, as always, if you go to things, there will be more things!

## Sparkle & Glamour at a Matthew Stephens TAX FREE Diamond Evening







THE LEADER



MATTHEW Stephens Jewellers was the epitome of glitz, glamour and grace last Thursday evening as they kicked off Limerick's busy Christmas shopping season with their Direct from Dealer Tax Free Diamond Events.

The much anticipated annual event took place last Thursday for the ninth year in a row and has become "THE" event for those who are in the market to purchase fine diamonds. Some of the world's biggest diamond firms were represented by the best International Diamond Experts who showcased not only their exquisite Diamond Jewellery Collections but also their extensive diamond knowledge, making it a thoroughly enjoyable evening for all.

The entire night was a glittering affair, customers were blown away by the astonishing wealth of breathtaking diamonds, which they admired whilst sipping on a glass of Moet De Chandon champagne.

Don't worry if you missed out on this incredible evening, as Matthew Stephens' Tax Free Direct from Dealer Diamond Event continues instore until Friday 30th November, when international diamond suppliers will be showcasing their magnificent ranges, in what will be the Largest Selection of the Finest Quality Diamond Rings, Earrings, Pendants, Bracelets and Precious Coloured Stone Jewellery to come to Ireland this year, all available to buy at Direct from Diamond Dealer prices.

All Diamond deposits, orders and purchases made during this event will be available to buy direct from suppliers - all at unbeatable Tax Free prices.

If you are in the market for a Fine Diamond - the Matthew Stephens Tax Free Direct from Dealer event is one not to be missed. See instore or check out Matthew Stephens Jewellers on Instagram for further details. This collection of exquisite diamonds are available from €1,000 upwards.





1. Isobel Cox, Dillon Heaney and Emma O'Reilly, 2. Clodagh Ryan and Zoe King, 3. Grace Walsh, 4. Moet Champagne, 5. Amazing Diamonds & Gem Stones, 6. Red Carpet Welcome 7. Zoe King, Ivanna Brasil and Grace Sheahan, 8. Isobel Cox, 9. Isobel Cox and Emma Aherne, 10. Ivanna Brasil.





5



















# Mr. Binman **Christmas Racing Festival**

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# **A Day In My Shoes**

### **Claire Coughlan**

Deputy manager, Inn at Dromoland

# Netflix takes over when the emails aren't being checked

What time do you get up? This all depends on what shift I am working that day. If I am on an early shift I will be up at 7am, if its an evening shift its a little bit later (I like a lie in!).

#### What is your normal breakfast?

I'm not great to eat a breakfast but if I was to have a breakfast I'll eat a bowl of cereal but the milk has to be very cold.

#### Do you go for a walk or to the gym before/after the office?

No, I am very lazy. On my days off I do like to go for a walk but find if I am working I don't really have the time.

#### You arrive at office at what time?

This depends on what shift I am working. An early starts at 8am, a late starts at 4pm and on the day of a wedding I start at 1pm.

#### What are your first duties?

It depends on the day. On the day of a wedding I will always check on the wedding set up and any additional items that the bride & groom have left in.

On a different day I will always check the business for the day and see what needs to be done for the day ahead.

How many cups of coffee/tea would you drink a day?

I don't drink tea/coffee but I will always have at least one can of diet coke a day.

#### What is normal lunch - do you have a favourite place?

I love the Buttery in Limerick if I am eating out, their chicken Caesar wrap is my favourite

Do you have many meetings during the



Claire Coughlan has a lot of wedding appointments in her role at the Inn At Dromoland

#### day?

I would have a lot of wedding appointments throughout the week but on a weekend it is busier with people looking to view the venue and discuss information.

#### What time do you finish up at?

It depends on the day. If I was on an early I finish at 4pm, the late I would finish at midnight and on the night of a wedding it is normally about midnight also. That is of course if I get to finish on time!

#### Do you watch much television?

I watch Netflix more, I get hooked on series and they take over my evenings!

Do you read the newspapers? Yes

#### What do you do to relax?

I like to watch tv series if I have an evening to myself, or if there is a few of us who are on a day off its nice to meet up and maybe go for a drink or go to the cinema.

#### Are you able to leave the office behind?

No! I am always checking my emails and wondering about things that are happening in the hotel. I definitely need to improve on that.

#### What is a perfect work day?

A day where everything goes smoothly, when everything runs as it should, all guests are happy and the staff are happy.

Do you ever lose 'the cool' and if so what would make you annoyed? It is very very rare that I would lose my cool. I like to think that I cope well under pressure and it is very rare that anyone would notice if I ever felt under pressure





COUDBAL **GOOD LUCK?** Dr Eddie on phones in schools PAGE 38



**GETTING XMAS** READY Leanne on motivation PAGE 40



WRAP UP IN STYLE Man about town on winter coats

PAGE 44

## Magic of Christmas in Share A Dream - Dreamland

DREAMLAND was inspired by the dreams of two terminally ill children, who sadly passed away and whose dreams Shay Kinsella, founder of Share a Dream Foundation couldn't realise because of their terrible illness and lack of suitable play facilities.

Dreamland is truly a magic place where no child feels different regardless of their ability or disability, where all children play together as children like to do and challenge themselves to the best of their ability. Dreamland is not a disabled play centre, but it is the first accessible fully and inclusive indoor play centre in Ireland.

Shay designed Dreamland to reflect a child's idea of a magical place, the kind you can only find in story books or a child's wonderful imagination with a real Minnie in the Pirate Cove, be

"WOW" factor and where adults can play with their children and become kids again.

Now you can enjoy the magic of Christmas in the amazing Dreamland where dreams really do come true.....

Where else can you get the Snow Queen in the Castle of Dreams, take a flight on the Flight of Dreams, meet Mickey and a builder, hair dresser, policeman, doctor or just shop in the supermarket and café, play football, burst the balloons etc etc before going down the magic slide (build for adults and kids) to meet the main man himself -Santa in the beautiful room of dreams - it's magic..... www.dreamland.ie

All funds raised in Dreamland go to make dreams come true for very sick and disabled children.

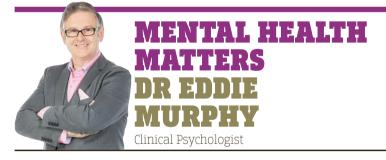


The Shannon group at Dreamland



Dr Eddie Murphy says the government should support parents and impose a blanket ban on phones in all primary schools in Ireland

# Phone ban for kids in school



AM a big fan of social media, you can follow me on Twitter and Facebook for loads of wellbeing and mental health tips. But as I sit here on a few days break my children have to be chased off tablets and phones regularly, despite having some agreed contracts in place! Often I talk about perseverance but if all our kids could develop their pestering power into perseverance for music, maths, and languages then they would truly thrive.

I have recently talked to primary schools about staying safe on social media and cyberbullying. Parents are overwhelmed. Now is the time for action. I was so impressed recently in schools in Clare and Kerry where parents and school have joined forces to set a healthy boundary on students' use of smartphones, tablets and social media both inside and outside school hours. Necessity created theneed as there were incidents occurring on messaging groups set up within our 6th class students on Snapchat, Instagram, these kind of groups, and it was affecting

Up and down the country teachers can attest to how social media is negatively impacting on school life; class dynamics and the children emotionally

friendships, leading to arguments. Up and down the country teachers can attest to how social media is negatively impacting on school life; class dynamics and the children emotionally.

#### CYBERBULLYING

Cyberbullying is common with brutal negative outcome.

Cyberbullying is bullying that takes place over digital devices like mobile phones, computers, and tablets. Cyberbullying can occur through SMS, Text, and apps, or online in social media, forums, or gaming where people can view, participate in, or share content. Cyberbullying includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation.

Cyberbullying can harm the online reputations of everyone involved – not just the person being bullied, but those doing the bullying or participating in it. Cyberbullying has unique concerns in that it can be:

**Persistent** – Digital devices offer an ability to immediately and continuously communicate 24 hours a day, so it can be difficult for children experiencing cyberbullying to find relief. Permanent – Most information

Permanent – Most information communicated electronically is permanent and public, if not reported and removed. Hard to Notice – Because

**Hard to Notice** – Because teachers and parents may not overhear or see cyberbullying taking place, it is harder to recognise.

#### DIGITAL AWARENESS FOR PARENTS The digital world is constantly evolving with new social media platforms, apps, and devices, and

children and teens are often the first to use them. Parents need to wise up on social media

## 5 HELPFUL THINGS FOR PARENTS TO GET DIGITALLY WISE

Monitor your child's social media site, apps and browsing history, if you have concerns that cyberbullying may be occurring.

Review or re-set your child's phone location and privacy settings.

Follow: Have a trusted adult to follow or friend your child/teen on social media sites.

Know your child's user names and passwords for email and social media.

Establish ground rules about appropriate digital behaviour, content, and apps.

Setting Boundaries on

Appropriate Digital Behaviour Check in frequently with your children about their digital experiences to address any potential risk of cyberbullying and harm. Be clear that your intention is to look out for their wellbeing, and that you want open communication. Listen to their concerns and express your own view after all you are more than likely paying the bill.

To minimise the risk of cyberbullying or harm from digital behavior, parents can:

Set clear expectations about online and texting behaviour.

Be clear about what content can

be viewed or shared. Identify which apps are

appropriate for your child's use and which are not.

Establish rules about the amount of time that a child can spend online or on their devices.

The Golden Rule is; 'Never text or post - words, pictures, videos, links, emails, blogs, comments and tweets — that you're not happy for the whole wide world to view. And that you are comfortable able to say it out loud to the face of the other person'

#### NO PHONES IN PRIMARY SCHOOLS

My view is that government policy needs to support parents by having a blanket ban on phones in all primary schools in Ireland. When children go to 1st year in secondary school then that's a good enough time to get a smart device.

Up to then children can use their parents devices. It's time to give parents a true break. Banning phone's would be a real positive statement of support to the parents of Ireland and children would know the score very quickly. Heading into 1st year you will know their first request!

\* Dr Eddie Murphy is a clinical psychologist, author and mental health expert. ONLINE CBT -STOP DEPRESSION - STOP ANXIETY - available at https://stratushealthcare.ie/mental-wellbeing/



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## FIT4LIFE **LEANNE MOORE**

#### CONTACT LEANNE

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## Getting read y season

t's very nearly silly season and chances are you are getting ready to sparkle in your Christmas party dress. Now I know I'm not much of a girly girl but actually when it comes to getting dolled up for a night out - I really enjoy it.

Knowing that your Christmas party is a mere weeks away is the perfect motivation to make a little change. Get that dress out or at least get a picture of the one you are going to buy and put it someplace you see it everyday. A Crash diet is never the answer so instead my advice is to find specific things that will help keep your motivation. Having goals – no matter what they are – will help you live a healthier lifestyle. And if looking amazing in your Christmas party dress is a goal you have in mind – well this is the perfect challenge for you!

Now the challenge has been set here's what you have to do!

#### 1: CLEAN UP THE DIET

Right it's time to get serious about your diet. With only weeks to go you need to start now to reap the benefits. Are you willing to give it 100% effort? It will mean the following:

Do not skip meals. That's a sure fire way to ensure you hold onto body fat. By doing that you are messing up your metabolism when you should be aiming to correct it.

Eat 4-5 small meals a day – this will make sure you metabolism stays fired up. Three meals and a couple of snacks is perfect. Steer clear of artificial sugar



#### Get motivated in the run-up to Christmas and enjoy the parties looking your best!

altogether.

Drink plenty of water. And if you really want to get serious about it, try avoid alcohol as well. It'll be worth it when you slip

into your party dress on the night. Have a cheat meal (to keep you sane) but not a cheat day. Don't go overboard splashing out on thousands of calories. Think about what you fancy and treat yourself to it at the end of the week in one sitting then leave it there.

#### 2: GET SOME WORKOUTS IN

If you have a gym membership use it. Ask one of the fitness instructors for a plan and go to the gym with a purpose. Never arrive at the gym not knowing what you are going to do. That way – nothing will actually get done. If a plan is not an option – book into a class, try something new and challenge yourself. If you are enjoying what you are doing in the gym – whether

its a class, a challenge, a program or social meet - you will stick with it. Make time for it. Get up an hour earlier or get home an hour later. Make it you time. If you don't have a gym membership look up some fitness moves you can do at home, get outside (I know it's cold) but wrap up and take a power walk or a jog, you'll be warm in no time!

3: STICK IT OUT AND MARK YOUR PROGRESS

#### More often than not we give up on something at the first blip. Don't. Sit down and create a calendar marking out the days till your chosen date. At the end of each day give your self a percentage. Divide it into say 15% segments. Your five small meals will add to 75% and allow the remaining 25% to your workout. Score yourself. If three of your meals were completely on point but you skipped your two snacks and got a workout in - you'd score 70%. Aim for that 100% every time. Share you scores on social media. Tag me and let me in on the progress!

#### 4: REWARD YOURSELF

For the next few weeks - each time you get a workout in – pop €1 into the "Christmas Party" jar. When the night finally arrives you'll have a little cash to get the perfect lippie, get that up style you wanted or treat yourself to a little shellac manicure for the night. It sounds a little funny but having a physical reminder of your hard work will make you feel amazing.

Short term goals are the best goals – because they appear more doable.

#### If you are taking the #ChristmasDressChallenge tag me in your social media posts using the hashtag #LeanneMooreFitness. You'll find me on Instagram, Twitter, Facebook and Snapchat: Leanneacmoore Stick with it - we can ALL sparkle this Christmas..

### **Healthy Recipe**

### Jamie Oliver's smoky veggie chilli

#### What You Need:

2 onions; olive oil; 1 heaped teaspoon cumin seeds; 2 heaped teaspoons smoked sweet potatoes , (300g each); 1 bunch of fresh coriander , (30g); 2 x 400 g tins of butter beans; 3 x 400 g tins of plum tomatoes; 8 small jacket potatoes; 140 g Cheddar cheese; 4 little gen lettuces; 8 tbs natural yoghurt What To Do:

Put a large casserole pan on a medium-low heat and a griddle pan beside it on a high heat. The idea here is to work in batches, starting by charring the veg on the griddle to add a smoky flavour dimension.

char on the griddle for 3 minutes, then place in the casserole pan with 2 tablespoons of

peanut butter, stirring occasionally. Slice the chilli(es) 1cm thick and griddle while and chop the sweet potatoes into rough 2cm chunks (leave the skin on for extra nutritional benefit, just give them a wash).

Preheat the oven to 180°C/350°F/gas 4. pan so the juices go in, then tip the beans faith and leave them without stirring until they start to char and burst, then add to the veg. Pour in the tinned tomatoes, breaking them up with a wooden spoon. Stir well, then pop the lid on ajar and leave for 1 hour,

### **Moore2Life**

What I'm loving this week

#### Feeling on top of world after Go excursion

On Sunday 19 members of Go Gym Limerick took part in our second Go Events excursion. This time we ventured to Torc Mountain in Killarney to climb to the top - taking in both the infamous "cardiac steps" and the gorgeous views of Co. Kerry. It was incredible Our Go Events days out are a great way to take in the great outdoors and get moving. Keep your eves peeled to the Go



Black Friday deal

This weekend we are going Black Friday crazy at Go Gym and offering €25 off any Go Gym membership. We are running the offer on Friday 23, Saturday 24 and Sunday November 25 only so call in and avail of this amazing offer!



HEALTHY LIVING **EVA HILL HAMILTON** 

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## Five tips for winter wellness

S the darker days of winter are  $\Box$  approaching, both our children and our own diet seem to be saturated with sweet treats and comfort foods, when all our immune system needs now is support and support.

We go out to the fresh air less and less due to the cold, dark and wet weather, the dry air of the heated houses and over-heated offices along with coughing-sneezing colleagues and class mates make a fine welcome for microbes. It is time to take action and get your immune system into fighting condition for the winter!

1, Avoid sugar -Concentrated sugars of all types suppresses the immune system for hours after ingestion - with the exception of raw honey. Make your own treats, such as stewed apple or dark berries topped with live yoghurt and nuts, or blend dried fruits with nuts, seeds, coconut oil and raw cacao powder to supply plenty of antioxidants to repair and defend.

2, Eat protein in every meal and snack – Your immune system is an army and its soldiers, the white blood cells are made out of protein. Vegan-vegetarian



Eat well, exercise and take time to relax this winter

diets are especially in risk of being deficient. The best proteins are eggs, fish, meats - but there is also a good amount in nuts, seeds, legumes, halloumi cheese and Greek yoghurt.

3, Supply immune supporting co-factor nutrients to make sure the white blood cells are in

fighting form: Zinc from fish, pecans, pumpkin seeds Selenium from Brazil

nuts Vitamin C from fresh fruits and vegetables - a

fresh vegetable-lemon-ginger juice would supply a good punch of vitamin C and a variety of phytonutrients

Vitamin D from the skin of pasture raised animals and wild-caught fish such as sardines - and cod liver oil and other supplements

4, Take a diverse probiotic supplement and eat a variety of fermented foods - live yoghurt, crème fresh, kefir, sauerkraut, kimchi, kombucha are good examples. I cannot emphasize the importance of probiotics - or beneficial bacteria, in the fight against the winter bugs.

These tiny microbes nourish your digestive system to help you absorb nutrients and support the immune system of which over 70% resides in your gut and it is regulated from there under the influence of the bacteria. A good diverse microbiome keeps the immune system in balance; lactobacilli boost virus fighting white blood cell

production, whilst bifidobacteria help to calm down an over-reaction and keep the integrity of the intestinal membranes tight, reducing your exposure to toxins and inflammatory messages.

5, Eat a great variety of plants to build a diverse microbiome – studies show that healthy people tend to have a greater variety of good bacteria in their gut. Our diet determines that diversity the more types of vegetable fibers we introduce, the more diverse it will become. Salads, soups, sprouts, sautéed, steamed or baked any which way, but try to eat all the vegetables that are in offer in farmers markets and supermarkets. Add plenty of herbs, spices and garlic to make them tasty and introduce even more immune-supporting antioxidants.

## **NEED A LOAN FOR A BIG ADVENTURE OR JUST THE ESSENTIALS?** Enquire about how you can get your loan today! Visit your local

branch or pick up the phone! Call **0818 222 919** or visit our website www.affinitvcu.ie



**NOW TAKING DEPOSITS** FOR CHRISTMAS





## **STYLE&FASHION** CELIA HOLMAN LEE

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# Make yourself at home in Vila

HIMMERING maxi dresses, midi skirts, satin trousers and sequin tops you can expect them all at the brand new Vila store which opens its doors in the Crescent Shopping Centre this Thursday.

One of the country's top influencers, the beautiful Louise Cooney will be on hand on Thursday morning from 11am to greet you and there will be a mini fashion show with yours truly between 6.15pm and 7.15pm with great giveaways. Besides the winter party wear, Vila's new store also stocks jackets, coats, trousers, knitwear and on trend seasonal looks.

You will have no difficulty in finding winter looks for your wardrobe in the fabulous new Vila store at the Crescent.



I love this winter look which combines a knit blazer with matching loose fit trousers



Here's a stunning shimmering number that you are sure to get plenty of wear out of over the Christmas



Team a sparkly singlet with green trousers for an edgy look this party season



This funky black wrap dress is a Christmas party winner!



This sparkly midi skirt and white sweater strikes the perfect balance of cool chic!

## **CELIA SPOTTED** Looking good out and about in Limerick

Name: Tegan Hurley Occupation: Student From: Old Cratloe Road

like to shop in River Island and Topshop. I also shop a lot at The Edge as well because I like their funky stock and it has loads of trendy and vintage styles that are all really affordable. Style-wise I really like Aoife McNamara. She's so young and from Limerick as well. Her designs are very stylish.

#### CELIA SAYS

**Top from Penneys:** I say it over and over again - you cannot go wrong with a variety of black tops in your wardrobe. Wear a little chain to add some sparkle and away you go!

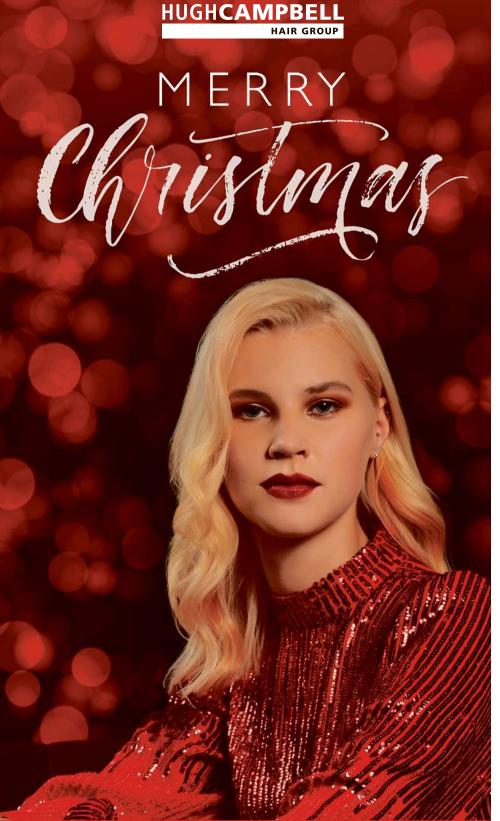
**Pants from Topshop:** Tegan is sporting a very funky double zipped mid-length trousers from Topshop which are very proving very popular on the catwalk this season.

#### **Shoes from Penneys:**

Tegan picks up the colour black again in her casual footwear from Penneys and again in her stylish tote. It's all about letting the funky trousers do the talking!



## Look out for Celia's 'My Week' column in the Limerick Leader every Thursday



## Book your christmas appointment

## LIMERICK

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www.hughcampbellhairgroup.com

# PATRICK MCLOUGHNEY

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# Winter is here, so wrap up in style

hen it comes to shopping for a good winter jacket, the task can seem a bit overwhelming due to the sheer amount of options available.

Some guys will say to themselves, "I'll be grand with my windbreaker and my bomber," but these are the guys you'll see desperately rooting through sale rails to get the last decent coat when the mercury takes a nose-dive.

Now is the ideal time to have your pick of this season's finest outerwear. To make things a little easier I've created a list of the best winter coats and jackets for the stylish modern man that will keep them safe from the cold (and the sale rails).

#### THE PARKA JACKET

My own personal favourite and one of the most popular winter coats for men is the Parka. The Parka was invented by Inuit tribes to combat extreme weather conditions and originally made from sealskin. Most modern Parkas are made from a combination of a waterproof outer layer and a duck down feather or warm synthetic fibre stuffing which is what makes it an ideal choice for freezing winter days. Parkas usually tend to be worn as part of a casual outfit but in recent years we've seen the emergence of the 'designer Parka' with slimmer silhouettes and luxury fur-lined hoods among the many modern design features. Of course, the traditional bulky designs are still available and still

look great with everything from chinos and check shirts to jumpers and jeans. As you can tell from the image accompanying this article, I'm a big Parka fan. The Parka is a classic wardrobe staple that every man should own and if you like the one I'm wearing then check out Bobbi Parka online.

#### THE QUILTED JACKET

Another highly popular choice, diamond quilted jackets are as versatile as they are stylish. The iconic Barbour jacket has a traditional formal feel that can give a simple casual outfit a more dressed up tailored feel. Perfect for throwing over your suit on a brisk December day, or as a mid layer in a winter-ready casual look. A quilted jacket makes for a perfect Christmas gift for any of the men in your life. My own brother gets a new Barbour style as a gift from me every Christmas and it's always the gift he looks forward to the most (at least that's what he tells me).

#### THE WATERPROOF JACKET

As opposed to the Parka and the quilted jacket, the waterproof jacket (or raincoat) is typically designed for keeping out water without the added insulation. For this reason, layering is usually necessary when wearing a raincoat in winter because typically you're dealing with a light waterproof material that doesn't do a lot to keep the heat in. As long as it's fit for its purpose then you'll get exactly what the name suggests - a waterproof jacket. but consider going up a size or choosing a looser fitting style so that you can add some extra layers underneath without looking and feeling restricted.

#### THE PUFFER JACKET

Once a staple of fishermen and mountaineers, the puffer jacket (or technical jacket) is now a streetwear necessity. Monclear, Stone Island, Canada Goose and North Face puffers are everywhere from the runway to The Parkway (Limerick joke) with bright colours and high-gloss finishes bringing life to even the greyest of winter evenings. You'd be forgiven for thinking that a puffer might not be one of the best coats to wear to a fancier occasion, but its evolution from cliff face necessity to designer brand statement piece means it can be worn like any other coat would be - equally good over a suit during the week, or with a sweatshirt and jeans at the weekend.

#### THE OVERCOAT

While the overcoat is most popularly associated with tailoring, these days the relaxing of fashion norms has seen them take on a more casual incarnation - even being worn over hoodies and sweatpants. The overcoat is now an extremely versatile 'one-stop-shop' of multi-purpose outerwear. Shades of brown (light and dark) have been popular for a few years now but this season has seen the rise in popularity of the check overcoat. Check designs are everywhere from shirts to trousers to tailoring this season, but it's the outerwear that provides the most bang for your patterned buck as it can transform an otherwise simple



#### (boring) outfit into a Savile Row-inspired statement. Go double-breasted to really heat things up.

#### THE TRENCH COAT

The trench is easily one of the most iconic jacket designs of all time. Waterproof, full-length and belted, the trench coat offers form, function and class along with old-fashioned masculinity thanks to the wide upward pointing lapels, which give the appearance of broader shoulders. While trench coats come in a variety of materials, for winter it's best to go for a wool or wool blend in order to keep the heat in. Its form-fitting design makes it an ideal choice if you're looking for a smart coat that can match up with a wide range of outfits, from formal to casual. A classic camel coloured trench is a

great addition to any man's wardrobe and they never go out of style so a good trench coat is something you'll have for years.

#### THE SHEARLING COAT

Once a stable of Match of the Day commentators, shearling coats are now seen as a luxurious statement piece. As the word luxurious would suggest, they are also very expensive to buy. One way to swerve the cost is to opt for a jacket with just a shearling collar. Faux shearling is also a fraction of the cost of the real deal. A shearling coat will add a classy yet rugged feel to any outfit and works especially well with a check shirt, jeans and Chelsea boots. You're not limited to the cowboy look however as a shearling coat will work equally well with tailored trousers and a pair of smart Derbies.

### Look of the Week Be selective at the Crescent S.C.

My look of the week is from one of my favourite stores in The Crescent Shopping Centre - Selected Homme. In keeping with this week's theme, it's a layered look featuring a check overcoat. My Brove Wool Overcoat costs €169.99, my New Jeff Crew Neck costs €39.99, my Slim Preston-clean shirt costs €49.99, my Skinny Pete 1001 Jeans cost €69.99 and my David White Sneakers cost €89.99. The Selected Homme/Femme store in the Crescent has some amazing pieces for guys and girls so call into Podge and the team and check out their amazing range. Photo by Paudie Bourke.



## Male grooming

## Nourish your beard and skin at the same time

This week I was given some beard oil from 0xmantown Skincare to try out. 0xmantown are a natural, ethical & environmentally friendly skincare company based in Stoneybatter in Dublin. They only use high quality natural, organic & cold pressed oils, chosen for their therapeutic properties. They use no chemicals and do not



test on animals. The Rosemary and Cedarwood Beard Oil is a highly nourishing blend of botanical oils that hydrate & condition the facial hair while nourishing the skin beneath. Helping to promote a healthy beard & skin. Support this Irish owned company by checking them out at www.oxmantownskincare.ie.

Patrick's favourite is the parka. Guaranteed to keep out the cold, but stylish and versatile tooo



## BEAUTY&MAKE-UP JESSICA HOCKEDY

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# Full smokes in the Strand at the Limerick regional business awards

imerick Chamber of Commerce had its big night last Friday in the Strand Hotel.

The president's dinner coincides with the regional business awards that are given out by Limerick Chamber.

The night is run with the support of their main award sponsor, Limerick Institute of Technology, which assists in the overall facilitation and administration of the awards process, and AIB.

The awards are available to companies of all sizes and sectors in the Mid-West region and are adjudicated by an independent judging panel.

The awards committee is made up of three board members and the CEO. The committee members are Ken Johnson of PwC (chair), with the support of Graham Burns, CPL, Liam Flannery, Flannerys Bar and the Limerick Chamber CEO, Dee Ryan.

The awards committee provides an all-embracing framework which ensures the integrity of the awards system from the application stage through to the announcement of the winners at the annual President's dinner.

The dinner, which was held in the beautiful Shannon suite in the Strand Hotel, is a very glamorous affair, black tie for the men and some wonderful evening wear for the ladies.

I was invited by my uncle, John Hartnett. He would be one of my biggest inspirations when it comes to working hard and being successful.

John is the founder and CEO of SVG Partners a Silicon Valley investment,



I've tried many eyeliners, but always go back to Catrice liquid liner - Dating Joe Black, in this instance

technology and advisory firm that works with Fortune 500 Corporations, investors and global start-ups.

He is also founder of Thrive AgTech, a venture and innovation platform working with start-ups, growers and corporations from around the world advancing the future of food and agriculture.

At the dinner, he was so highly regarded which always makes us feel so proud as a family. His ever growing success and hard work is so admirable. He really loves what he does!

I knew I wanted to look my best to represent John as a guest so I needed to pull out the classics when it comes to make up - the smokey eye and winged liner.

This is a look when practised and mastered, can be worn to any occasion to make a huge impact without looking too overdone.

As you can tell from the photo, I didn't go too heavy with the eyeshadow to stick with the 'elegant' theme of the event.

I let the winged liner and

wispy lashes do the talking. The liquid liner I have been obsessed with since I started my make-up artistry career has always been the same. I have tried and tested so many different formulas and brands but I always seem to come crawling back to the Catrice liquid liner.

It is so pigmented and so smooth. It also doesn't crack as the night goes on which was something I found with a lot of other brands!

On my lips I knew exactly what I wanted to rock, which was the bPerfect collab with Ellie Kelly's lip kit in Secret. It lasted so well from the drinks reception at the start of the night, to the meal to the gin and tonics when the band came on! Highly recommended!

My foundation is one I have had a strange experience with, but I absolutely love it.

I had heard so many mixed reviews throughout the years so I was a little apprehensive to try it about five years ago. I didn't like it at all back then.

I have since dabbled with





Above: Before the meal with my aunt Helen, cousin Jennifer, myself and my uncle John

Left: As you can see I didn't go too heavy on the eyeshadow. I let the winged liner and wispy lashes to the talking

the Esteé Lauder Double wear foundation again and now, I absolutely ADORE it! The main point to keep in mind when applying this to

mind when applying this to yourself or clients is 'less is most definitely more'! Apply small amounts of

Apply small amounts of this foundation and make sure to apply in sections as it does set quite quickly! When applied the right

When applied the right way, it is an absolutely flawless formula and will not budge until you cleanse it off! Just be very careful as it can look very cakey very quickly! **I VIMERICH** 

**LEADER LIFE** 46



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# Limerick's budding film-makers urged to air their Fresh talents

**RICHARD LYNCH** 

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The closing date for entries to the 22nd Fresh Film festival is January 25, so get those cameras rolling, kids!

ow in its 22nd year, the Fresh Film Festival was founded by art teacher Jayne Foley and encourages young people from Ireland and overseas to create, exhibit and share films.

The festival provides an opportunity for these young filmmakers to see their work on the big screen and to compete for the title of Ireland's Young Filmmaker of the Year and to win €1000 towards their next film.

Fresh Film Festival 2019 will be held in Limerick from March 25 - 30 and is open to young people from 7-18 years of age and the closing date for entries is January 25, 2019.

All films submitted are also considered for a range of Specialist Awards including the Radharc Trust Award for documentaries, the Boulder Media Animation Award, the RTE 60 Second Short Film Award, the TG4 Film in the Irish Language award and

the RTE Factual Award, in addition to the International and Audience awards.

Filmmakers can enter as independents, as part of their school or in a group. Films must be original and can be up to 15 minutes duration for Seniors or 10 minutes duration for Juniors. Senior films will be screened at one of the regional heats, which take place in Dublin, Cork, Galway, and Limerick during February and early March. The winners will be announced at the final screenings on March 27 and 28.

Fresh Film Festival runs a number of initiatives throughout the year, including a Hothouse programme designed to bring young people together to share their film experiences and create new work. It also distributes Irish films made by young people to festivals all over the world and has devised film



Pictured is Jayne Foley, Founder and Creative Director of Fresh Film Festival on O' Connell Avenue surrounded by young filmmakers from all over Ireland PICTURE: DERMOT CULHANE

programmes for the classroom. **Fresh Film Festival** 

**Director and Founder Jayne** Foley tells me, "We have met young filmmakers through

our workshops and our other projects and we have seen them come up through the Junior and Senior competitions and we think they are ready to knock us

out with their next production. We are seeking filmmakers, the makers of dreams, and the ones who challenge us with their alternative vision and the

ones who show a mastery of the art. Write your story. Grab your camera. Get your friends or your classmates or do it on your own." See www.freshfilmfestival.com.

CHARITY **Keeva's help for Clionas** 

Hot off the press and ready to hit the shelves in Dunnes Stores nationwide is "The Dolls Complaints", a fantastic book written by the very talented 11-year-old Keeva Delaney.

What is extra special about the book is that all proceeds from its sale will go to Cliona's Foundation.

"I wanted to bring toys to life," Keeva tells me, "and thought that dolls could have some very funny stories to tell to tell about how they feel and how they are treated." The book centres on an 8-year-old girl who finds herself in hospital and her sister brings her in letters of complaint from her dolls at home, who miss her terribly.

'I had picked up information leaflet on Clionas Foundation two years ago while visiting Kilkenny Hospital," said Keeva's mum Maurita "and I was very struck by the real practical support they provide to families nationwide. I remember saying at the time that I would love to do something for them."



Keeva with brendan Ring and Miriam O'Callaghan launching her book

Patron of Cliona's Foundation Miriam O' Callaghan was blown away by the book when she met the Delaney family and tweeted "Just had the joy of meeting the uber talented writer 11-year-old Keeva Delaney who has just written her first children's book

The book is on sale in Dunnes Stores nationwide. See www.clionasfoundation.ie.

## **EDUCATION McManus Foundation gets** behind CBS bright sparks

JP McManus scholarship awards 2018 saw eight young recipients embark upon the next stage of their scholarship lives. The scheme is run on behalf of JP McManus, who is a past pupil of CBS Sexton Street. The JP McManus scholarship awards 2018 provides recipients with €6,750 a year for the duration of their third level studies. Now in their 22nd year, the awards see eight students from Colaiste Mhichil, CBS Sexton Street, funded for third level education each year. 177 scholarships have now been awarded since inception in 1997, with donations passing the €2.5 million mark Congratulating the winning students, JP McManus said: "The awards are very much about recognising the students' hard work and attainments. I hope the scholarships will serve them well as they now face the challenge of third level education. I also congratulate their parents and teachers for providing the necessary guidance for these fine young men and I wish them all well in their

future endeavours." Con-

grats to all!

**IP McManus** Scholarship Award winners Adam 0'Mahony, Dylan Hughes, Andrew Hayes, Rokas Jesevicius, Alejandro De Los Santos Puerto, Dawid Polit, Michael **McInerney and** Ben Kirkland ALAN







Amanda Sawyer of Irish Girl in Brooklyn picture: ken coleman

### INTERIORS Amanda's emporium of the unexpected

Irish Girl in Brooklyn was inspired by the life of co-founder, Amanda Sawyer.

Originally from Limerick, Amanda spent over 30 years in the cultural capital of the world, New York City.

She worked in real estate, selling lofts in the avant-garde areas of SoHo and TriBeCa.

Through the regeneration of these districts, Amanda developed a taste for industrial architecture and the reclamation of buildings and apartments for contemporary use.

Living in Brooklyn and experiencing firsthand the renaissance happening there over the past 20 years, seeing design and creativity flourish in the most unlikely of places, encouraged Amanda to return to her hometown of Limerick to establish Irish Girl in Brooklyn together with her

sister, Siobhan, and partner, David.

Amanda's love for interiors, art and furniture began years ago with flea markets, graduating later to auctions and design shows.

Her passions are antiques, mid-century furniture, and lighting and she is a keen proponent of the "reduce, re-use, recycle" philosophy.

Comprising an online shop and a showroom on Thomas Street in Limerick city, Irish Girl in Brooklyn specialises in hard to find, one-off objects chosen for aesthetic purposes, but that also embrace the founder's core beliefs of sustainability and value.

"An emporium of the unexpected," is how Amanda describes the showroom on Thomas Street, Check it out at www. irishgirlinbrooklyn.com.



Pictured at the launch of Alice in Wonderland are Limerick Mayor Cllr James Collins with cast members Emma O'Driscoll, Tim Cusack and Danielle McCarthy picture: BAOYAN ZHANG/ILOVELIMERICK

## Future starlets to make bow in Alice panto

Limerick Panto Society is bringing 'Alice in Wonderland' to the people of Limerick this Christmas at the Lime Tree Theatre from December 28 to January 6, and it will be the society's 34th annual production. The group will be producing this timeless classic for the first time.

Starring the amazing Emma O'Driscoll as Alice with a fantastic

### **HERO OF** THE WEEK **Brave Aine is** an inspiration

Aine Ryan a high spirited and brave-hearted 11-year-old girl will be one of the eight children to receive recognition for her immense courage at the 13th annual Dream Ball and National Children of Courage Awards. Organised by the Share a Dream Foundation the awards recognise the undying courage in young hearts battling a serious illness. Last year, Aine from Raheen was diagnosed with a brain tumour which led her to a seven-hour long operation to remove the tumour at Beaumont Hospital Dublin. Sending love to you Aine. You are an amazing inspiration to all of us!



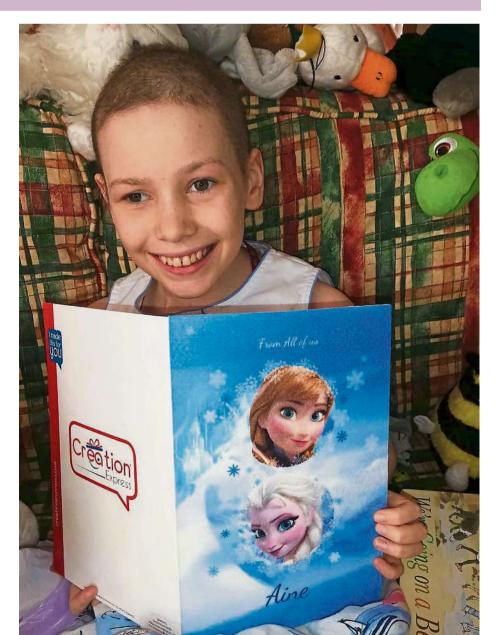
Love to all, Richard x

supporting cast, this is one trip down the rabbit hole everyone should take! The Panto will include many contemporary songs from the charts and hit musical shows and promises something for all tastes.

The Limerick Panto Society has had the support of local stage and dance schools all through the years. Performing in Alice In Wonderland will be Spotlight Stage School, Expressive

Arts and making their panto debut shall be Limerick's newest stage school Gemstars run by Emma O'Driscoll and Georgina O'Driscoll. Many of Alice's little friends will be the children of the stage schools and indeed it is wonderful to see the talent being produced by all these hard-working schools.

For tickets visit www.limetreetheatre.ie.







# MEGHANN SCULLY CONTACT MEGHANN

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### **Pick'n'Mix** Happenings about town



#### Munster men back in action

The Red Army are back in action this Sunday. They play Zebre away from home in round 9 of the PR014. Great news is that Conor Murray is set to return from injury and is back training.

#### New venue opens its doors

Night Life: Limerick has a new bar and venue. The Establishment opens this week in Bishops Quay. Live music, DJ's and a large smoking area is the city's latest addition to the nightlife scene.



#### Metis Music for Mental Health

Metis Music for Mental Health is coming back. On the night, local musicians will come together to raise money for Pieta House, Limerick Suicide Watch and the Corpus Christi School. It happens in Dolan's on January 11th at 8pm. Above; Emma Langford performing at the first Metis Music

# Thanksgiving concert puts the focus on homelessness

HIS Thursday Focus Ireland presents the 20th Anniversary Thanksgiving Choral Concert in St Mary's Cathedral.

Focus Ireland has been in existence in Limerick since 1998 and has been working with homeless people to try find them homes and get them off the streets. From 7.30pm this Thursday, a

number of local choirs will join forces for a very special night.

Performers on the night include soprano Sinead O'Brien who will be accompanied by Tenor Derek Moloney.

Limerick's Unity Gospel Choir, Mary Immaculate College Community Choir, Cantette Children's Choir, Parteen NS Choir, and St. Mary's NS Choir will also perform on the night.

There will be music to suit everyone from modern hits from The Greatest Showman to Abba, classical choral hits and musical favourites.

There will be a number of spot prizes to be won on the night as well. Focus Ireland ambassador Celia

Holman Lee will be there on the night to host the event alongside me.

Speaking about the night, the modelling agent said, "It breaks my heart to see that the number of homeless children has continued to rise.

"To be given an opportunity to raise awareness and much-needed funds so we can challenge this crisis is something that I feel very passionate about."

Over 3,500 children are



At the launch of the Focus Ireland 20th Anniversary Thanksgiving Choral concert which takes place on this Thursday, November 22 at St Mary's Cathedral were tenor Derek Moloney, Soprano Sinead O'Brien, Mayor James Collins, Focus Ireland Ambassador Celia Holman Lee, Triona O'Connor, manager Midwest Services Focus Ireland, Richard Lynch, ilovelimerick, with members of MIC Community Choir, Parteen NS Choir, and Unity Gospel Choir Limerick

PICTURE: CIAN REINHARDT/ILOVELIMERICK

homeless across Ireland. That's a staggering number.

There is currently 81 families homeless in Limerick. Events like this will raise much needed funds for such families effected by

#### homelessness.

I was involved in a fundraising campaign for Focus Ireland last year and the work they do is phenomenal and vital especially as it approaches Christmas. This night will not only be very beneficial, it will be entertaining and a lovely way to kick off the festive season. Tickets are on sale for  $\epsilon_{10}$  and can be purchased on the door on the night.

### **Incredible weekend for Irish rugby**

WHAT a weekend for Irish rugby. We beatothe All Blacks in a great match in Dublin.JIt was the most hotly anticipated gameA

of the year and it certainly didn't disappoint. Ireland stood strong from the Haka,

taking a step forward, not letting the Kiwis intimidate them with their ceremonial dance.

Not only did we beat them on a scoreline of 16-09 but we kept the All Blacks tryless.

Jacob Stockdale crossed the try line for us in the second half sealing the victory

for the men in green. Munster's Peter O'Mahony, pictured, was Man of the Match and was incredible on the day. Other notable players were Johnny Sexton kicking 11 points, Bundee Aki who played a key part in Jacob Stockdale's try and Rob Kearney who had been battling an injury.

Stockdale's try and Rob Kearney who had been battling an injury. All players stood up and fought during that game and it has to be noted that they were missing Conor Murray, Robbie Henshaw, Sean O'Brien and Dan Leavy.

While we still lie in second place in the world rankings behind the All Blacks, we are hotly tipped for the World Cup in Japan and having beaten the World Number Ones basically means we are the best team in the World.

Ireland now face USA on November 24 in The Aviva Stadium.





## FAMILY ANNOUNCEMENTS

#### IN MEMORIAM

† WYSE

(12th Anniversary)

In loving memory of a dear

mother and grandmother,

Ann Wyse, late of 14,

Moylish Crescent,

**Ballynanty**, whose

anniversary occurs on 23rd

November. Mass offered

Mam, it's hard to believe Twelve years have passed

Since that sad day I saw you

last.

Your happy face went out that door,

Your loving smile I saw no more.

I didn't get to say goodbye

Just thinking of that makes me

crv.

I miss our talks, your morning

cheer; If I had one wish, It would be to have you here.

Just one more kiss, just one more smile,

Just one last hug, would make it all worthwhile.

I miss you, mam and love you

so It breaks my heart, Knowing I have to let you go. Sadly missed and always

remembered by your daughter Louise xx

We hold you close within our

And there you shall remain, To walk with us throughout our

lives.

Until we meet again. Rest in peace dear mother,

And thanks for all you've done, We pray that God has given you,

The crown that you've truly won. We sat beside our bedside,

Our hearts were crushed and

Sore, We did our duty 'till the end, Until we could do no more. You had a smile for everyone,

You had a heart of gold, You left behind the sweetest

memories, This world could ever hold.

In tears we watched you sinking, We watched you fade away,

And though our hearts were breaking, We knew you could not stay. You left behind some aching

hearts, That loved you most sincere,

We never shall and never will.

Forget you mother dear. Sadly missed by your

daughter Mandy.

The Angles sang amazing grace, God came down and touched

your face, Then He whispered soft and low, Come with me Ann it's time to

go, The gates of Heaven opened

The Angels lined up side by side. A special guest was on her way, The day God took my Mam

away. Sadly missed by your loving daughter Leanne x

Look around your garden Lord, For a lady with a beautiful smile. That will be my mother,

She must stand out a mile. Find the softest pillow, To rest her head upon, Give her a kiss on her cheek,

And tell her who it's from

Love from your son Danny,

grandsons James and Danny XX

#### IN MEMORIAM

Mam I never took the time to say I love you, I was always in a hurry I seldom put my arm around you And let you know, how much I

care I never stopped to think That someday you would not be here And now its too late

I talk to you now everyday And I know you are helping me I have to believe that You're in a beautiful place And this helps a little, Keep you eyes on me please

You are so deeply missed by me. Sadly missed and always remembered by your loving son Mark, Tyreke and Faith

No longer in our lives to share But in my heart you are always there. In Heaven you rest, no worry, no In God's own home, we will

meet again. Sadly missed and always remembered by your grandchildren Nicole, Chelsey, Jordan, Michael, Annaleice

and John and greatgranddaughter Lacieann

To us you were someone special, But words could never say, How much we love and miss Today and every day. Sadly missed by your grandkids John and

Georgina.

Your name is often spoken, We talk about you still; You haven't been forgotten You know you never will, No words or verse could ever say, How much we miss you every day; Deep in our hearts your memory

is kept, We love you too dearly to ever

forget. From Brid and the girls xx

May the winds of love blow gen-

And whisper for you to hear, That I will always love miss you Each day of the year. Happy Birthday Nana love from Lauren xxx



IN MEMORIAM

#### † WYSE

(12th Anniversary) Anna Wyse, late of **Ballynanty Beg, Limerick** who died on November 23, 2006.

A Special Friend: You've touched my heart, You've helped me through, My pain and sorrow, Which weren't too few, You shared my smiles, and my

tears, You were always there, to squelch my fears. To you my friend and confidant, I give my heart of love, My smiles of laughter, And the hope that we will

remain friends. Forever and after

From your best friend Mary Casey. xxxxxx

A sudden call from God on high You had no chance to say

November comes with sad regret,

It brings a month we won't forget, You left so quickly without a

fuss, And broke the hearts of all of

us. A special Friend,a gentle face,

A special Friend, a genite face, Our precious Anna, we can never replace. Rest in Peace Anna, from your friends Jackie Casey and Maggie Lee. xxxxxx

Limerick's Newspaper since 1889 📕



IN MEMORIAM

#### **† O'BRIEN**

(14th Anniversary) In loving memory of a wonderful mother, grandmother, sister and friend Madeline O'Brien (nee Ryan), late of 50 Delemge Park, Moyross, whose 14th anniversary occurs on the 25th November. Mass offered.

Someday we hope to see you, The face we loved so well, Someday we'll clasp those

loving hands. And never say farewell. You were someone we could

talk to, On whom we could depend, You were more than just our mother, You were also our best friend. All our lives we turned to you, Whenever things were wrong, We never thought the day would

When we would see you gone. This day we will always remember, With heartache and regret,

It was the day you were taken

from us. How could we ever forget. So on this your anniversary Mam, As we walk down memory lane,

We are wishing with all our

hearts, We could have those times again. Sadly missed and always

remembered by your sons, daughters, brother, grandchildren, nieces

† MILLS

(Fourth Anniversary)

In loving memory of a dear

mother and grandmother

Ann Mills, late of

Rathgoggin, Co Charleville,

whose third anniversary

occurs on 25th November.

**Rest In Peace.** 

Memories are precious no- one can steal,

Death is a heartache no one can

heal,

Some may forget you, Now that you're gone,

But we will remember you no

matter how long, No length of time can take

Thoughts of you from day to day, Though absent you are always

near, Still loved still missed still very

dear, Sadly missed and always

remembered by your son Bryan, Grace and Josh

nephews and a large circle of friends. P.S. give Joanne a kiss from us. xxxxxxx



IN MEMORIAM

#### **† HANNAN**

(11th Anniversary) In loving memory of a beloved son, brother, uncle and father, Jeffrey Hannan, late of 37 **Ballyclough Avenue**, Ballinacurra Weston, Limerick who was taken away from us on November 22nd 2007. Mass offered. Eleven years have passed

already. aiready, We can not believe it's true, We thought about you lots today, But then we always do, We wander to your grave side, And place your flowers with care,

But no one knows the heartache, As we turn and leave you there,

You went from us so suddenly, You did not say goodbye, You left us here behind you,

To grieve and wonder why, It broke our hearts to lose you, But you did not go alone, For part of us went with you,

The day God called you home, Our hearts are full of memories, With pride we speak your name, Though life goes on without

you, It will never be the same. It will never be the same. Sadly missed by your heartbroken parents, brother Alan and daughters Nikita-Lee and Tianna xxx Also remembering William and Teresa Hannon and Esther and William Dillon at this time xxxxx

You left me just your photograph Daddy et your smile still seems to say, "Don't cry, I'm only sleeping -Yet We'll meet again some day I miss you everyday dad

There's not one day I don't think about you Love your first baby girl Nikita-Lee xxxxxxx love you dad so much xxxxx

Have you ever lost your brother, Or ever felt the pain, Or ever felt the bitter tears, That dropped like falling rain? If you never had that feeling, Then I hope you never do, For when I lost my brother, My heart just broke in two, I often sit and think of you, And think of how you died, To think you could not say goodbye, Before you closed your eyes,

I hold you close within my heart,

And there you will remain, To be thought about through my life,

Until we meet again. Sadly missed by your heartbroken sister Emily, partner David, nieces Abbie, Aaliyah, baby Nevaeh, nephews Jeffrey, David, Scott and Bradley xxxx

#### THANKSGIVINGS

#### **GRATEFUL THANKS** to The

Sacred Heart and Our Blessed Lady for all favours received and also thanks to St. Padre Pio. M.J.M; A.A.A.A.S



IN MEMORIAM

#### **† LYONS**

(25th Anniversary) In loving memory of a treasured son, brother, uncle and granuncle

William Lyons, late of 33, St Ita's St. St.Mary's Park Limerick who was so sadly

taken from us, aged just 17 years on the 24th November 1993. Williams 25th

Anniversary Mass will be offered in St.Mary's Church on Saturday 24th November

**at 7.30pm.** A date that's filled with sadness

To mark the day you left us In such a sad way Quickly and quietly came the call Without farewell you left us all Without farewell you left us all No one knew that morning the sorrow the day would bring When a heart of gold stopped beating And we could not do a thing In the quiet of the evening, William

William, We sit and think of you, Nicky and Dad Turning the pages of memories of all we used to do

As we turn the pages our eyes are filled with tears Knowing we have memories But can't bring back those years

We were an ordinary family Always united with love

Now we're only half that family Because the other half are in heaven up above

You are gone longer than you were ever alive William

We will never forget the 17 years we had We miss you Dad and Nicky more and more each day So dearly loved and missed by your heartbroken Mother, vour brothers James, John

your brothers James, John and Anthony, your sister Catriona, your sisters in law and brother in law, your nieces, nephews and grandnephew. Also thinking and missing my dear son and our brother Nicky, my brotherd and com forther busband and our father Jimmy. Also Nana and Granda Lyons, Nancy Mary William and Michael Lyons.

Also Nana P and all our loved ones in heaven xxxx



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## goodbye, Without farewell you fell asleep, But memories of you I will always keep. Rest in peace Anna, from your friend Donna O'Shea. XXXXXX

## **FAMILY ANNOUNCEMENTS**

#### IN MEMORIAM

**† HIGGINS** 

(38th Anniversary)

In loving memory of a dear

father. son and brother.

Christy Higgins, late of 42 Cliona Park, Movross

whose anniversary occurs on 22nd November. Mass

offered on Saturday 24th

**November in Corpus** 

Christi Church at 6pm

38 years have passed already, I cannot believe it's true,

I thought about you lots today But then I always do,

I wander to your grave side, And place your flowers with

care, But no one knows the heartache, As I turn and leave you there,

You went from me so suddenly,

You did not say goodbye,

You left me here behind you, To grieve and wonder why,

It broke my heart to lose you, But you did not go alone,

For part of me went with you, The day God called you home,

My heart is full of memories, With pride I speak your name

Though life goes on without you, It will never be the same.

There is nothing now but

memories.

With sadness through and through, To where you rest I wander, It's where I feel most near,

I place flowers around you Whisper I'm here.

Love from your daughter Colette and son in law Joe

The moment that you died

My heart was torn in two One side filled with heartache And the other side died with you

Remembering you is easy I do it everyday

Missing you is a heartache That never goes away I hold you tight within my heart And there you shall remain

Until the joyous day arrives That we will meet again

Dad, To me to were so special Dad

So special in every way I only wish with a broken heart That you were here today I feel you all around me Your always on my mind And when I talk about you I remember happy times The thoughts I hold most dearly Are the times I spent with you

The laughs, the jokes, the silly things Are memories fond and true It broke my heart to lose you

Your parting caused much pain But the greatest day is yet to come When we will meet again

Sadly missed by your heartbroken son Keith and daughter in law Liz xx

Thank you Dad for the years we The love you gave and the way

You left a place no one can fill I loved you Dad and always will You had a smile to share

Time to give and time to care Someone to talk to kind and true One in a million that was you I cannot bring the old days back When we were altogether

The family chain is broken now

Sadly missed your heartbroken daughter Tanya and son in law Alan

#### **IN MEMORIAM**

But memories last forever If only I could see you For just a minute of two You could tell me if your happy I could be happy too I would put my arms around you And kiss your loving face And the pieces of my broken heart Would fall back into place Sadly missed by your heartbroken son Christy.

The heartache and the sadness might not always show People say it lessens, how little do

they know They say I have my memories But they just don't understand I cannot kiss a memories face, or hold a memories hand

On the outside it seems im healing But God if they could see inside The pain and the sadness of losing

you Hasn't changed since the died But when I'm sad and lonely

And everything goes wrong I seem to hear you whisper Cheer up and carry on You were so special, what more

can I say Except I wish with all my heart

That you were here today Sadly missed by your heartbroken son Gordan and daughter in law Jessica

Gentle Jesus up above, Give our Granda all our love Love, your grandchildren Hayden, Stuart, Tori, Courtney, Jodie, Ben, Sommer, Sam, AJ, Charlie, Joe, Alex, Sean and great grandchildren Madisson-Rae, JJ and Kaydeece XX

There were no goodbyes when you fell asleep Our memories of you we will always keep Quietly today your memory is kept No need for words we will never

The heartache and the sadness Might not always show

People say it lessens, how little do they know They say we have our memories

But they don't understand We cannot kiss a memories face Or hold a memories hand

On the outside it seems I'm heal-

But God if they could see inside The pain and the sadness of loos-ing you Hasn't changed since the day you died

Sadly missed and never forgotten by your loving Mam, sister Teresa, brothers Gerry and Michael, brother in law, sisters in law, nephews and nieces xx



Those we love,

We never lose.

For always they will be,

Loved, remembered, treasured

Always in our memory.

### AFTER GLOW

I'd Like The Memory Of Me To Be A Happy One.

I'd Like To Leave An After **Glow Of Smiles When** Life Is Done.

I'd Like To Leave An Echo Whispering Softly Down The Ways.

**Of Happy Times And** Laughing Times And Bright And Sunny Days.

I'd Like The Tears Of Those Who Grieve, To Dry Before The Sun

> **Of Happy Memories That I** Leave When Life Is Done.

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David Thomas, MD of Volvo Car Ireland, pictured with the winning XC40 model; Tom Dennigan of sponsor Continental Tyres; Bob Flavin and Mark Gallivan, chairpersons of Irish Car of the Year committee

# XC40 earns top accolade

## Irish Car of the Year: Judges name Volvo SUV as Ireland best for 2019

#### **TRISH WHELAN**

THE Irish Car of the Year Awards in association with Continental Tyres took place recently at the Gibson Hotel in Dublin.

Motoring journalists from print, online and broadcasting hosted a gala black tie event attended by Ireland's leading car brands, importers, distributors and other motoring dignitaries and invited guests.

The Volvo XC40 took the top award and was also named as Irish Compact Crossover of the Year category winner.

Tom Dennigan of sponsor Continental Tyres said: "The choices of the Irish Car of the Year jury provide a great helping hand to Irish consumers in navigating their way through the bewildering array of high tech vehicles that are launched in Ireland each year and in this regard, Continental is delighted to be associated with the Irish Car of the Year awards."

Apart from the Innovation category award winner, the nine other category winners were all in the running for the top honour with the judging panel of some 33 journalists electing the Volvo

#### AND THE WINNER IS...

Ford Focus: Irish Small / Compact Car of the Year 2019 SEAT Arona: Irish Small Crossover of the Year 2019 Volvo XC40: Irish Compact Crossover of the Year 2019 Skoda Karoq: Irish Medium Crossover of the Year 2019 Volkswagen Touareg: Irish Large Crossover of the Year 2019 Mercedes Benz CLS: Irish Executive / Premium Car of the Year 2019 Ford Fiesta ST: Irish Hot Hatchback of the Year 2019 BMW M5: Irish Performance Car of the Year 2019 Nissan Leaf: Irish Green / Efficient Car of the Year 2019 Nissan Leaf E-Pedal: Irish Car of the Year Innovation Award 2019

XC40 by a very slim margin. The 2018 Irish Car of the Year award was won by the Peugeot 3008.

The Mercedes-Benz Sprinter was voted as Irish Van of the Year 2019.

## **Stay ahead** of the game with Brian Geary Toyota

THOUSANDS of Irish drivers are making the switch to self-charging Hybrid cars. Since July 2018, more than 55% of Toyota buyers have opted for Hybrid. From 2019, eight out of ten Toyota buyers will be driving Hybrid.

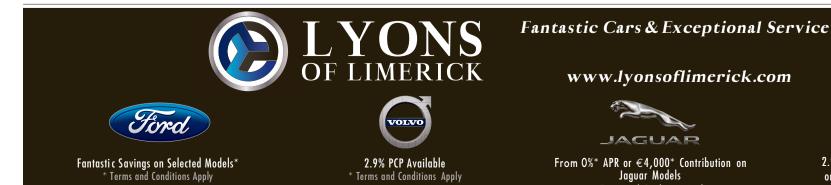
Join the team at Brian Geary Toyota, Raheen, for their Hybrid Now Event from November 8 - 30, to find out whv.

It's time to discover why Hybrid is the only choice for you to stay ahead of the game.

It has been well documented how governments across Europe made the mistake of promoting diesel for its low CO2 advantage over petrol and how they are now reversing this, due to the NOx and particulate emissions of diesel. As diesel sales fall in Ireland and across Europe, drivers are looking to Hybrid as the ideal replacement.

Toyota really are ahead of the game as they have been selling Hybrids since 1999 and next year will have 10 Hybrid models available. No other brand comes close. Indeed, as other brands launch their first-generation Hybrid or 48volt mild-Hybrids, Toyota are launching their fourth-generation Full-Hybrids with improved performance, styling, specification and economy.

Right now, all new passenger cars will come with three free services and with Toyota Financial Services, finance offers start with APRs from 2.9%. The advice is before you purchase your next new car give a call to Brian Geary Toyota - the dealership has served customers in Limerick for almost 40 years. See www.briangeary.ie or call 061-225225



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## **WEEKEND SOCCER**

PREVIEWS

League action takes centre stage

Boxing

See Page 77

Conor Murray is pictured during Munster Rugby squad training at the University of Limerick this week. The Ireland star has

Leader



# **Murray could make return** in Munster's trip to Italy

## **PRO 14:**Conor Murray has resumed full training with Munster

#### **COLM KINSELLA**

SCRUM-HALF Conor Murray is in line to make his long-awaited return to action for Munster this weekend should he come through training successfully.

Murray recently returned to full training with the province having been sidelined since Ireland's corrice win in Australia in series win in Australia in June due to a neck injury.

The IRFU ruled Murray out of featuring in Ireland's final two autumn internationals, including this Saturday's clash with the USA in the Aviva Stadium, 6.30pm.

Munster travel to Parma this weekend to face Zebre in a crucial Guinness PRO14 fixture this Sunday, 3.30pm, as the competition resumes.

The province's defence coach JP Ferreira indicated that a decision on whether Murray would feature against Zebre will be made after he participates in squad training this week. The same applied to centre Chris Farrell who has not featured for the province since sustaining a knee injury while in Ireland camp last February. Ferreira said: "He's (Conor

Murray) in the same boat as Chris Farrell, training, he's on the pitch. He has gone through extensive rehab, and getting him physically ready and getting him contact ready.

"Ŵe haven't made a call on that, he's just got to get through training an it's got to be the all clear for him from us and then obviously the

Irish camp has got a big say in that as well.

"He (Chris Farrell) is certainly training and he is training well. We haven't made any final calls on him, he has just got to get through training and we'll see what comes. That will be up to the medical staff, they'll give us that picture when we select the team and Johann (van Graan) will obviously have the call on that."

Irish rugby remains on a high this week following Saturday's historic first ever home win over New Zealand in their autumn international fixture at the Aviva Stadium on Saturday.

Just four Munster players were included in the Ireland 23-strong match-day squad for the game. In contrast, 14 Leinster players made the

match-day squad for the Aviva Stadium showdown.

Asked how close other Munster players were to being involved in Ireland squad for marquee fixtures such as last weekend, South African Ferreira said: "That is a tough question. Why I say it is tough is just because it is Joe's (Schmidt's) prerogative to make his decision on who he wants to pick and who not.

"For me, I cannot say that a guy like Billy Holland is close. It is who Joe prefers. Certainly he will be knocking if he is going to have good performances for Munster. I think that is the big thing.

PRO14 - their last outing on "For us as coaches, for me the road against the Cheetahs specifically, I would love to in South Africa - currently sit see more Munster guys in the in the second place in the set up, but it is my responsibility to get them Conference A table.

there, to get them in the green

jumper and they can only do

that once they perform for

Munster and once they put in

the hard work for Munster

and through that they will be

their previous meetings with

Zebre. However, the Italian

side has lost just one of their

last seven home fixtures at

Stadio Sergio Lanfranchi in

trip to Parma, Munster host Edinburgh at Musgrave Park

on Friday, November 30.

Following this weekend's

Munster, who have won

just once away from home

this season in the Guinness

all competitions.

Munster have won all 12 of

picked."

Back in July, the 30 year old beat Radoslav Mitev in a light middleweight contest in the Good Counsel GAA Club in Drimnagh on the 'Celtic Clash 6' card.

The Limerick man only made his pro debut in December but continues to impress in the paid ranks – he trains in Dublin under coaches Eddie Hyland and Tommy McCormack.



Limerick's Lee Reeves won his first pro fight in Canada

Pro debut victory for Lee Reeves in Canada

JEROME O'CONNELL

LIMERICK'S Lee Reeves made a winning debut to life as a pro-boxer over the weekend.

The 23 year old former Corpus Christi southpaw defeated Mexican Benito Aburto in Toronto. A native of Lelia St in

Limerick city, Reeves has linked up with Canadian promoter Lee Baxter and the welterweight made his debut in the paid ranks on the 'Next Generation' card at The Danforth Music Hall.

The duo were scheduled to contest four rounds, but Reeves won with a TKO in the third round.

A two-time national underage champion, Reeves has brought his former amateur coach Declan Fitzgerald to assist his Declan

professional progress. Meanwhile Limerick's other pro-boxer, Raheen's Graham McCormack will face Cork based, Jade Karam in a light middleweight bout on December 7 in Mayo. McCormack has won his three outings to-date.





#### AER LINGUS FENWAY HURLING CLASSIC

#### **JEROME O'CONNELL**

ALL-IRELAND winning manager John Kiely has described his Limerick heroes as "competitive animals" after they tasted more success in Boston.

The first Limerick team to journey across the Atlantic in 44-years, Limerick added the Players' Champions Cup to their roll of honour with victory over Wexford and

Cork securing the Fenway Classic title on Sunday.

> Playing in Boston for the first time since 1936, Limerick two victories in the famed home ground of baseball's Red Sox, Fenway Park, brought their trophy haul to three in 2018 - the Munster League, the Liam MacCarthy and now the Players' Champions Cup. Added into that was promotion in the league as Division 1B winners - this doesn't include a trophy but there was much joy to ending an eight year stay outside of

the top flight in the league.

"It's been a great year and this is just a bonus - we were coming here to enjoy ourselves and be part of the occasion," said Limerick manager John Kiely. Over 12,000 attended the

11S Super exhibition tournament on Sunday as Limerick continued their winning run.

"All the teams did a little bit of preparation for this with a couple of training sessions - this is our off-season so players just got used to the format and they

play a lot of similar type games in training so they enjoyed this format, explained Kiely.

"They are delighted to be away for a few days in Boston and meeting up with the other players and that is all part of it. They love travelling and being away from home and they have had a great time," added the Limerick manager.

Limerick didn't have the preparation of the other counties, but Kiely was confident that the competitive nature of his

players would stand to them. "All the players are competitive animals and there were a couple of shots there that grazed the crossbar and posts and brilliant saves. I think the goalkeepers were stars of the show - some of the saves and skill were top drawer and I take my hat off to them," he said of the modified format.

'There are a couple of small bits, like kicking the ball on the ground, but small things," he said of potential changes to the Super 11s format.

"I think it is great for the lads to get abroad - a lot of our lads had played here in 2016 when they were over after being beaten in the U-21s and they have a lot of friends over here and it's great for them to meet-up. For every Irish person, when four teams come to town, they just want to see top quality hurling and all the stars they see on TV throughout the Summer. It's a great occasion for them," said Kiely, who had 24-man panel togged out for the games, where unlimited substitutions were allowed.

# Na Piarsaigh hurlers vow to bounce back

Alan Dempsey of Na Piarsaigh looks on following his side's Munster club final defeat on Sunday

The pain of defeat:

#### **JEROME O'CONNELL**

WE'LL be back again," vowed Na Piarsaigh manager Paul Beary after his side suffered Munster club SHC final.

"We have lost to 2-14 on the day and 2-8 is a poor return from us-it is our lowest score for quite a while but look, it has been a long year for our lads involved with Limerick and maybe it was one step too far," said Beary after Sunday's loss to Ballygunner.

"I was wary, I felt it was going to catch up with us at some stage, I was just hoping it wouldn't be today," said Beary after the Thurles defeat - the first loss in 13 Munster club SHC games for Na Piarsaigh.

"We had gone (from the) county final straight into the Munster club which we are not used to, we normally have a bit of a break," said Beary.

While defeated last March in the All-Ireland club SHC final, Na Piarsaigh bounced back to win back-to-back county titles for the first time just fell short of a fifth provincial title when losing to the Waterford champions.

2018 also saw six from the club win All-Ireland medals

with Limerick; Mike and Peter Casey, Shane Dowling, William O'Donoghue, David Dempsey and Kevin Downes. The one silver lining from

the Na Piarsaigh defeat will see the inter-county contingent available from the outset of Limerick's 2019 season.

That season starts on Friday December 14 when Limerick play Tipperary in the Gaelic Grounds in the Munster League. Limerick then depart on their team holiday before preparations for their Liam MacCarthy Cup title defence begin in earnest in mid-January.

## 56 SPORT SPORTS ROUND UP

# Mr Binman named official sponsor of Limerick's Christmas **Racing Festival**



#### **Horse Racing**

MR BINMAN, the Limerick head-quartered waste recycling business, has come together with Limerick Racecourse to sign a three-year agreement as the title sponsor of the popular Christmas Racing Festival. The iconic four-day

festival which commences on Wednesday 26th December will be known as the Mr Binman Christmas Racing Festival and the waste recycling company will also sponsor the Mr Binman Handicap Steeplechase on St. Stephen's Day.

O'Callaghan, Patrick General Manager of Limerick

Racecourse, said: "I am delighted to welcome Mr Binman on board as the title sponsor of the four-day Christmas Racing Festival. Mr Binman have been great supporters of Limerick Racecourse for a number of years now and will also continue to sponsor the Mr Binman Handicap Steeplechase on St Stephens Day. Mr Binman is an established household name in both Limerick and Munster and we feel that it is essential for us to engage with businesses within the community. We look forward to making this a successful partnership for both parties and for the benefit of the racing public."

In other racing news, Enda Bolger had a weekend to remember as he won cross-country chases at both Cheltenham and Punchestown in less than 24 hours.

Old favourite Josies Orders was the toast of the Irish at Cheltenham on Friday when battling well to deny Fact Of The Matter in the Glenfarclas Cross Country Handicap Chase.

Punchestown has been even kinder to Bolger and My Hometown was the all-the-way winner of the EMS Copier Risk Of Thunder Chase on Saturday. Donie McInerney was the man in the saddle on this occasion, owned by JP McManus.

## Men's sides look to bounce back as UL Huskies seal first win



#### Basketball

IN THE Men's Division One, despite a 39-point display from Matt Scamuffo, LIT had to settle for second best against conference leaders and unbeaten Tradehouse Central Ballincollig on Saturday night, losing out 83-104 on the night.

It was also a tough day at the office for UL Sports Eagles, who lost out to Scotts Lakers St Paul's Killarney. Despite the sides being level on 41 points apiece at half time, a big third quarter push from the visitors saw them begin to edge in front and they drove on from there to win out 71-89 in the end.

It was a high-scoring battle in Cork meanwhile as Fr Mathews ran out 109-100 point winners over Limerick Celtics. Deon Baker Jr and Daragh Fleming chipped in for 38 points for the hosts who had to contend with the big scoring of Turrell Morris (41 points) for Celtics at the

#### other end in a super display of basketball.

Meanwhile in the Women's National League Division One, UL Huskies got their first win of the season on the board in a big Limerick derby with Limerick Celtics on Saturday evening.

A nail-biting clash between the two sides saw nothing between them throughout, with Celtics holding a one-point lead at half time thanks to big scoring from Frannie Frazier.

A big push from Celtics in the third saw them lead by 46-40 going into the last, but Huskies were not going down without a fight, and a massive fourth quarter battle ensued with huge scoring at both ends.

Big displays from Huskies' Katie Whelan, Orlaith Woods and Abigail Jeffrey saw them close the gap back down, and managed to edge in front by one point at the death - a lead they held on to by the final buzzer to win out 56-57.

"That was an important win for us, we had a few close losses this season," admitted Huskies' head coach, David Keogh. "The team showed a lot character to come back from 11 down to close out the game. Frannie Frazier played great for Celtics, and we're very happy with the way our defence played in the last quarter limiting her to tough shots."

This weekend, another Men's derby tops the bill as the UL Eagles host LIT in the PESS Building on Saturday night at 7.30pm.

Completing the list of Men's Division One fixtures is the meeting of LIT Celtics and undefeated Ballincollig in St Munchin's gym at 6pm on Saturday evening.

In the women's division one league, Limerick Celtics make the trip north to take on the Ulster University Elks at 5pm on Saturday, while the UL Huskies, fresh from their first win of the season, will host the Swords Thunder at the PESS building at 5pm.

## 'Friday Night Lights' derby tops bill of fare in AIL

#### Rugby

ACTION in Division 1A of the Ulster Bank league resumes this Friday night with the crucial derby clash of local rivals Garryowen and Young Munster at Dooradoyle, 8pm.

Also in Division 1Å, in-form Shannon travel to College Park to take on Dublin University on Saturday, 2.30pm.

Both Garryowen and

Young Munster will be desperate to record victory in Friday night's derby. Neither side will be happy

with their league position after five series of AIL games. Both have won just two of their five opening league games.

Munsters' currently sit in seventh place in the table, just ahead of eighth placed Garryowen by virtue of their superior points difference. Gearóid Prendergast's

Young Munster side have lost each of their last two AIL fixtures, while Garryowen will be aiming to ended a three-game losing run in the

top flight. Whichever side loses Friday night's fixture will need an significant turnaround in fortunes over the remaining two thirds of the regular season if they are to make the top four play-offs.

Meanwhile, third-placed

Shannon have made an impressive transition to life in 1A after winning the Division 1B title at the end of last season.

Three wins in their opening five league games has seen Tom Hayes' side lie within five points of table toppers Clontarf and four points adrift of second-placed Cork Constitution.

Shannon scored an impressive 31-20 win over UCC last time out.



Local rivals: Young Munster's and Garryowen meet on Friday night as the AIL returns to the top of rugby bill

THE LEADE

# **Junior league action returns**



Hyde Rangers' Brian Slattery and Prospect Priory's Derek Hanlon tussle for possession during their Munster Junior Cup clash last Sunday morning PICTURE: DERMOT LYNCH

#### TURLOUGH MCNAMARA

LEAGUE action tops the bill for most clubs this coming weekend with some Cup games also penciled in.

In the Premier league, the big clash of the weekend will see Ballynanty Rovers host Fairview Rangers.

With both clubs having met twice in the last three weeks it's a win apiece with the 'View' winning on penalties in the Touhy Cup, while 'Balla' ousted Fairview 3-2 in the FAI Junior cup. Judging by those last two recent encounters, this game is well worth a visit.

Nenagh against Prospect is a game each team will be looking for victory in, a win would see either side move out of the relegation places.

Carew Park host the impressive Regional. With the home side recently putting out most of their Youths in the junior side, the free scoring Dooradoyle will be fancied to bag full points.

In a change of fixtures published earlier this week, Janesboro will now face Geraldines in the Munster impressive in all their games

Junior Cup on Sunday at 2.15pm. Geraldines were down to play Charleville in the Premier League, but now face the champions instead, in what should be perfect preparation for this FAI Cup trip to Donegal on Sunday week.

In Division 1A, Moyross at home to Corbally have to be at their best to win this clash.

In the same Division, Holycross are at home to Murroe as Fairview Rangers are at home to Summerville with the hosts expected to notch up victories.

The big game in Division 1B is the clash of the top two in this league with Kilfrush hosting Newport.

While in Division 2A, current leaders Hyde Rangers will be favourites to see off Glenview as Cals will be at home to Corbally.

Pallasgreen, who lead Division 2B, will be hoping for a home victory against Aisling Annacotty B to keep their good run going. There are also some Cup

games down for decision. In the Touhy Cup, Pike

Rovers, who have been

to date, will host Kilmallock. The county side made

Janesboro work to annex the points from their recent outing but in this game the 'Hoops' will be odds on to advance.

In the Open Cup, Fairview Rangers are at home to either Prospect or Murroe will be

slight favourites to go around further.

Also penciled in are some interesting U-17 games with the top game being Fairview Rangers hosting Nenagh.

FIXTURES

ТИОНУ СИР

Keogh

McCann

SATURDDAY NOV 24

Aisling v Mungret Reg, 7.00, D Power

Pike Rvs v Kilmallock, 11.00, K Gorman

**PJ MATTHEWS PREMIER LEAGUE** 

Ballynanty Rvs v Fairview Rgs, 11.00, A

Carew Park v Regional Utd, 11.00, R

Nenagh v Prospect, 11.00, B Higgins

Moyross v Corbally Utd, 11.00T Duggan,

Fairview Rgs v Summerville Rvs, 11.00, J

Holycross v Murroe, 11.00, R Broe,

Kilfrush v Newport, 11.00, G Clancy,

Caherdavin v Granville Rgs, 11.00, D

Caledonians v Corbally Utd, 11.00, M

Glenview Rvs v Hyde Rgs, 11.00, M Kiely

Pallasgreen v Aisling, 11.00, S Rooney,

Hill Celtic v Knockainey, 11.00, R Peiper

MUNSTER JUNIOR CUP

GALTEE FUELS DIV 1A

**GALTEE FUELS DIV 1B** 

**MCGETTIGANS DIV 2A** 

**MCGETTIGANS DIV 2B** 

Broughton,

Bourke.

Janesboro v Geraldines 2.15pm

**GALTEE FUELS DIV 1A** 

SUNDAY NOV 25

For more junior soccer news see limerickleader.ie or use #LLSport on social media.



Prospect Priory's Derek Hanlon puts the ball past the Hyde **Rangers keeper Ronan Power after a defensive error** 

## **JUNIOR FIXTURES**

Ballynanty Rvs v Holycross, 2.15, M Kavanagh

**STA FURNITURE DIV 3A** Knockainey v Abbey Rvs, 2.15, P O'Brien

ALL TAN SUNBED DIV 3B Coonagh Utd B v Brazuca Utd, 11.00, M Monahan Kilfrush v Weston Villa, 2.15, K McCormack. Mungret Reg C v Hyde Rgs, 2.15, J Clancy, Herbertstown v Cappamore, 2.15, T 0'Sullivan

EDEN HAIR SALON DIV 4 Shelbourne v Murroe, 11.00, J Clancy, Newport v Lisnagry, 2.15, F O'Neill

**OPEN CUP** Fairview Rgs v Prospect or Murroe, 2.15, E Kenny

**BALON SPORT UNDER 17 DIV ONE** Fairview v Nenagh, 2.15, R Broe, Newport v Aisling, 2.15, J McNamara

**BALON SPORT UNDER 17 DIV TWO** Geraldines v Kilfrush, 2.15, M Kennedy, Cappamore v Shelbourne, 2.15, M Murphy

#### WEDNE<u>SDAY NOV 28</u>

DIV 1A O'HALLORAN CUP Q-FINAL Mungret Reg v Castle Rvs, 7.00, Jackman Park, G Clancy

For more see #LLSport

## SPORT OPINIONS

IE LEADER

58 Limerick • > to the core... 🤊 **JEROME O'CONNELL** DONN

# The Fenway Classic can have future role to play



HE GPA and GAA brought the Fenway Hurling Classic to Boston last Sunday.

Both the idea of four counties travelling across the Atlantic and the structure of the game itself have been the centre of much debate.

Last Sunday was the third running of the Fenway Classic - 2015 and 2017 the previous years and just like this year there are those that are totally against 'money' being spent on the exhibition style format abroad.

The criticism is that the money should be spent developing hurling across Ireland and not in the US. Without the actual figures it hard to be definitive. Aer Lingus and Fenway Sports were backers of the exhibition this year but would they be prepared to divert this money elsewhere into the GAA - it's probably unlikely as both were targetted sponsors for this event.

"It's important these things

HIFTING uncomfortably in

my press box seat as those excruciating final phases of

Saturday's seismic clash were

played out with New Zealand

menacingly grinding forward, memories of their incredible

finish to the 2013 clash with

Ireland at Lansdowne Road

Then, a last gasp try from the

Afterwards, I recall sitting in

the post-match press conference

still in a state of shock at how the

All-Blacks scuppered Ireland's

venue came flooding back.

dreams of history.

**COLM KINSELLA** 

wash their face, that they pay for themselves," said GAA President John Horan after Sunday's final in Fenway Park.

"Fenway Sports are very keen to keep this going and the critical thing from our point of view is that it is washing its face and it is not taking money away from any of the clubs or the development programmes we are carrying out," added Horan.

So it appears that the GAA President does see a future for the event as long as it doesn't cost the GAA and rightly so.

On top of the games on Sunday, there were also a number of fund-raising ventures across the weekend - by the respective counties and the GPA themselves.

I was in Boston for the weekend, so there may be unease with me articulating the positives, but the welcome was broad for all the visiting teams and I encountered Limerick people from across the US who journeyed to Boston for the

#### weekend.

"It's a good opportunity for the players to come out here and mix with the Irish community out here. I was out in Canton on Saturday morning where Limerick trained and they did a meet and greet with the locals. That's key that we meet with the local GAA out here and that's where I see the big benefit," said Horan.

"It's a chance for them to meet the stars, many of them can't go home, and as I always say at home as an amateur organisation our stars are very touchable in the sense that you meet them in your local club or local shop and they are not like the professional stars who have become nearly icons at a distance," he added.

The games were also broadcast across the US on NESN and there is a potential TV audience there certainly work exploring. There is a history of GAA teams going to Boston, tracing back to the 19th century and for what I saw the weekend, it's certainly well received in the US, albeit the attendance was down.

As long as the event doesn't cost the GAA money, and targetted sponsors can be sourced, well then it's worth-while.

As for the format itself, well I wouldn't be a fan. If hurling is to be brought across the

Atlantic or indeed any part of the world, then it should be hurling. The Fenway Classic is played under modified rules of Super11s.

Yes, its pacy and there's plenty goal-mouth action but far too complicated for any instant recognition.

Give me a 15-a-side game of hurling any day but of course the issue is finding a playing surface big enough and one with the necessary stadium capacity.

The players certainly enjoyed the format, saying it's even more physical and pacy than regular hurling. But of course they were taking it for what it is – an exhibition format.

When viewed as just that, Super11s can be entertaining but not a patch on the real thing.

## **O'SULLIVAN** Chalk and cheese for Aviva roommates

his week, the Aviva Stadium say both sides \_ of the current sporting landscape.

The Republic of Ireland and Northern Ireland played out a bore draw in front of some empty seats in soccer, just days before a sell out crowd came to watch Ireland defeat the All Blacks at the same venue in a rugby international.

I am not going to compare both sports or their supporters, that would be futile. Both have beaten the current World Champions in front of a packed house, but one thing that can be compared is the governing bodies.

The IRFU are masters at making money. Second only, in this country, to the GAA in terms of their business acumen.

The GAA and the IRFU have a knack of seeing a sponsorship opportunity and running with it.

The 'Guinness Series' and the Aer Lingus Fenway classic for example.

The FAI, on the other hand, seem to have dropped the ball on this one. Yes, it is easier to sell a winning side, but soccer is the most played sport in this country.

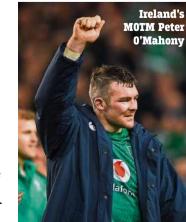
We all see what the fan base, die hard or not, is like when the side qualifies for a tournament.

So the question is then to be asked of the FAI, why are you not tapping into this cash flow more regularly? Everyone else is.



Michael Obafemi with manager Martin O'Neill at the Denmark game on Monday. A new 'money' approach is needed from the FAI for them to compete

All-Blacks had wrenched victory from the jaws of defeat, and hearing two visiting New Zealand journalists matter-of-factly discuss how their side always find a way to win. Their tone was one of 'well, Ireland were plucky, but let's face it, New Zealand don't lose to Ireland. We just don't.'



Ireland finally seen as 'rivals' by New Zealand fans and press

To earn the respect of the New Zealand rugby public and their media you need to beat them and do so regularly. It's the only

way. The 'moral victories, tight calls, unfortunate refereeing decisions'

from the opposition point of view don't wash with them. Ireland has earned

New Zealand's respect. New Zealand finally see a 'rivalry' developing between the two countries. The Irish rugby public may have viewed it a 'rivalry for many years, but a true sporting rivalry needs both sides to beat each other regularly.

With two Irish wins in the last three meetings the landscape has changed. Ireland will now be taken seriously by New Zealand.

The challenge facing Ireland now is to carry their outstanding form into the 2019 Rugby World Cup in Japan.

We've been here before only to flatter to deceive. Roll on 2019.

## **COLM KINSELLA** River to be in full flow in Haydock's prized Betfair Chase

ATIONAL Hunt racing fans are salivating this week at the thoughts of Saturday's eagerly anticipated stg£200,000 Grade 1 Betfair Chase Haydock Park, 3pm. at The 2018 Cheltenham Gold Cup

winner Native River, Nicky Henderson's Might Bite, runner-up in that Cheltenham

CRICKET

CURLING

AUSTRALIA V INDIA

EUROSPORT 12N00N

GATORS @ SOONERS

BASKETBALL

BT ESPN 5PM

**BASKETRALL** 

SOCCER

BT ESPN 7.30PM

BT SPORT 7.45PM

EUROPEAN CHAMPIONSHIP

STANDFORD V WISCONSIN

SALFORD V SHREWSBURY

BT SPORT 7.50AM

showpiece and last year's winner Bristol De Mai all have their eyes on this year's Betfair Chase.

The sense of excitement is added to further this weekend by the fact that the 2018/19 Jump season will also see the return of the Jockey Club stg£1million Chase Triple Crown, a prize awarded to connections of any horse that wins

the Betfair Chase, the 32Red King George VI Chase at Kempton Park and the Magners Cheltenham Gold Cup next March.

Cheltenham Gold Cup runner-up Might Bite currently tops the betting mark with bookies at 1/1, while Native River is available at 3/1. Bristol de Mai is next best in the betting.

To date, the Colin Tizzard-trained Native River has won at seven different racetracks and will have no problem with the anticipated good-to-soft ground. Native River was

four-and-a-half lengths too good for Might Bite in the Cheltenham Gold Cup and at 3/1 is a good bet to prevail again.

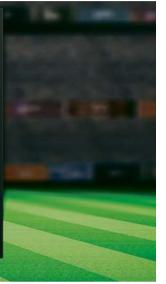


THE LEADER

Native River, our tip this weekend







**RUGBY UNION** 

SKY SPORTS 3PM

**US FOOTBALL** 

BT SPORT 3 5PM

**RUGBY UNION** 

SPURS V CHELSEA

**WOMEN'S RUGBY** 

ENGLAND V IRELAND

WALES V SOUTH AFRICA

SKY SPORTS 5.40PM

**RUGBY UNION** 

**RUGBY UNION** 

IRELAND V USA

BBC1 5.30PM

BT SPORT 5.30PM

ENGLAND V AUSTRALIA

FLORIDA V FLORIDA STATE

## Sundav



Will Munster add to Zebre's woes this Sunday?

**RUGBY UNION** S FRANCAIS V LA ROCHELLE SKY SPORTS 11.30AM

SOCCER A VILLA V BIRMINGHAM SKY SPORTS 12NOON

GOLF OPEN DE ESPANA SKY SPORTS 1PM

**RUGBY UNION** S KINGS V CONNACHT EIR SPORT 1PM

GOLF OPEN DE ESPANA SKY SPORTS 1PM

SOCCER BOURNMOUTH V ARSENAL SKY SPORTS 1.30PM

**RUGBY UNION** LEICESTER V SARACENS BT SPORTS 1 3PM

**RUGBY UNION** ZEBRE V MUNSTER EIR SPORT 3.30PM

**RUGBY UNION** CLERMONT V LYON SKY SPORTS 3.30PM

**RUGBY UNION** WOLVES V HUDDERSFIELD SKY SPORTS 4PM

**RUGBY UNION** DRAGONS V EDINBURGH S4C 5.30PM

NFL NFL REDZONE SKY SPORTS 6PM

ICE HOCKEY COYOTES V FLAMES FREE SPORTS 8PM

#### Wednesday Thursday

GOLF HONG KONG OPEN SKY SPORTS 6AM

GOLF OPEN DE ESPANA SKY SPORTS 2PM

CURLING EUROPEAN CHAMPIONSHIPS EUROSPORT 5PM

NFL BEARS @ LIONS SKY SPORTS 6PM

NFL. REDSKINS @ COWBOYS SKY SPORTS 9.30PM



Thanksgiving in the US means two things, turkey and football. Whether you want turkey is up to you, but who doesn't love football and Thursday is the day for it. Enjoy!

## **Friday**

GOLF HONG KONG OPEN SKY SPORTS 6AM

CRICKET AUSTRALIA V INDIA BT SPORT 7.50AM

**HORSE RACING** ASCOT ITV1 1PM

FORMULA 1 ABU DHABI GRAND PRIX CHANNEL 4/S SPORTS 1PM

GOLF OPEN DE ESPANA SKY SPORTS 2PM

**RUGBY UNION** GLASGOW V CARDIFF EIR SPORT 7.35PM

**RUGBY UNION** LEINSTER V OSPREYS TG4 7.35PM

**RUGBY UNION** SCARLETS V ULSTER EIR SPORT 7.45PM

**RUGBY UNION** WORCESTER V HARLEQUINS BT SPORT 7.45PM

SOCCER IPSWICH V WEST BROM SKY SPORTS 7.45PM

**US FOOTBALL** VIRGINIA V VIRGINA TECH BT ESPN 8.30PM

ICE HOCKEY DEVILS V ISLANDERS ESPN 9PM

## **Saturday**

GOLF HONG KONG SKY SPORTS 6AM

SOCCER ROAR V MELBOURNE CITY BT SPORT 1 8.50AM

HOCKEY G BRITAIN V ARGENTINA BT SPORT 1 10AM

**HORSE RACING** ITV 1 12.10PM

HORSE RACING ITV 1 12.30PM

open de espana SKY SPORTS 1PM

SCOTLAND V ARGENTINA BBC1 2.30PM

Tadhg Beirne will be hoping to get the nod this weekend for Ireland against the USA

GOLF

**RUGBY UNION** 

RTE/CHANNEL 4 6.30PM SOCCER RIVER PLATE V BOCA JNR BT ESPN 8PM



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